







# 2024 Michigan Compete USA Series Competition Mission Statement

To give our skaters a chance to develop their Learn to Skate USA basic skills in a fun competitive environment. During the competition season skaters will have the chance to compete at different clubs and arenas earning points for a final standing. A skater may participate in either Freeskating and/or Compulsory/Element events in any of the Michigan Compete USA Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place on the ice at the Midland Competition - November 3, 2024.

## Series Point System

Program with Music [Freeskate] and Compulsory/Element events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. Scoring for the final award will be as follows:

 $1^{st}$  Place - 6 points  $2^{nd}$  Place - 5 points  $3^{rd}$  Place - 4 points  $4^{th}$  Place - 3 points  $5^{th}$  Place - 2 points  $6^{th}$  Place - 1 point

Skaters must participate in at least 3 of the 14 series events to be eligible to win an award with an overall placement at the finale. Skaters receive bonus points for moving up a level during the course of the series season [bonus points only awarded once each season]. Events eligible for a series finale award are:

Element & Basic Programs w/Music Events - Learn to Skate Curriculum
[Snowplow Sam thru Aspire 1-4]

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken. Points are accumulated for Element/Compulsory and Program with Music [Freeskate] events separately.

Medals will be awarded [1-3 Place] in each level as highlighted in each announcement. Beyond the Basic <u>will NOT</u> be counted in the Program with Music [Freeskate] and Elements/Compulsory Program Series for this 2024 season. Spins, Dance, Pairs, Theatre on Ice, Synchronized Teams, and Showcase Events <u>will NOT</u> be counted for this 2024 season. At the end of the 2024 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The Michigan Compete USA Series is sponsored equally by all the participating ice rinks and/or U.S. Figure Skating members clubs. Competition announcements will be available on <a href="https://www.sk8stuff.com">www.sk8stuff.com</a>. Each competition will have its own entry forms and specific rules. Please make sure to read the entire announcement for each competition.



Approval Code: 34218

# 16<sup>th</sup> Michigan Compete USA Series [formerly Basic Skills Series] - Hosted by the following:

- Hosted by the following:						
Event 1 Onyx-Suburban B/S	Event 2 Mountain Town Classic	Event 3 Tuxedo Invitational				
Challenge	March 9, 2024	March 23, 2024				
February 3, 2024	Entry Deadline – February 22, 2024	Entry Deadline - March 11, 2024				
Entry Deadline – January 19, 2024	The I.C.E. Arena	Slater Family Ice Arena				
Suburban Ice Macomb	Mt Pleasant MI	Bowling Green, OH				
Macomb, MI	Contact: Ginni Phillips	Contact: Merissa Rojas				
Contact Jeanette Daskas	Phone: 989-560-3871	Phone: 419-345-0766				
Phone: 248-917-9544	gpsk8r@gmail.com	Bgsk8testcompchair@gmail.com				
jendaskas@aol.com	<u> </u>	<del>2ganataan panan ganamaan</del>				
Event 4 Arctic Basic Skills	Event 5 Iceland Spring Fling	Event 6 TAFS Basic Skills Comp				
April 21, 2024	May 5, 2024	June 1, 2024				
Entry Deadline – April 8, 2024	Entry Deadline – April 22, 2024	Entry Deadline – May 20, 2024				
Arctic Edge Ice Arena	Flint Iceland Arena	Buffalo Wild Wings Arena				
Canton, MI	Flint, MI	Troy MI				
Contact Stephen Scanio	Contact Cristy Bosley	Contact: Lindsey Vincent				
Phone: 248-635-4541	Phone: 810-814-1081	Phone: 248-709-2946				
	Chix44ever44@gmail.com					
stephenscanio@hotmail.com		glinzlinz@yahoo.com				
Event 7 Ann Arbor Skills/Showcase	Event 8 Summer Swizzle	Event 9 Skate the Shores				
June 8, 2024	June 15, 2024	July 13, 2024				
Entry Deadline - May 24, 2024	Entry Deadline – May 31, 2024	Entry Deadline - June 30, 2024				
Ann Arbor Ice Cube	Farmington Hills Ice Arena	St Clair Shores Civic Arena				
Ann Arbor, MI	Farmington Hills, MI	St Clair Shores, MI				
Contact: Craig Forsyth	Contact: Janelle Woodruff	Contact Lindsay O'Donoghue				
Phone: 734-213-6768	Phone: 248-613-8122	odonoghuelindsay@gmail.com				
aafsc.officemanager@gmail.com	summerswizzle@fhfsc.org					
Event 10 Skate the Zoo	Event 11 Summer Chill Basic Skills	Event 12 Skate the Lakeshore				
July 27, 2024	August 3, 2024	September 14, 2024				
Entry Deadline – July 9, 2024	Entry Deadline – July 22, 2024	Entry Deadline August 25, 2024				
Wings West	Novi Ice Arena	Griff's Ice House West				
Kalamazoo MI	Novi, MI	Holland MI				
Contact: Jessica LaPorte	Contact: Laura Paredes	Contact: Jacqueline Alimpich				
Phone: 269-720-6370	lamarlau@hotmail.com	Phone: 517-518-1210				
J8houk@hotmail.com		coach.jay@lefsc.org				
Event 13 Skate the Gate	Event 14 Skate Midland	SERIES AWARDS				
October 6, 2024	November 9, 2024					
Entry Deadline – September 15, 2024	Entry Deadline – October 22, 2024	CEREMONY				
Southgate Civic Arena	Midland Civic Arena	AT THE MIDLAND				
Southgate MI	Midland MI	AT THE MIDLAND				
Contact: Jackie Timm	Contact Karen Boswell	COMPETITION				
Phone: 734-771-7247	Phone: 989-751-6603					
ms.j.timm@gmail.com	Kboswell99@gmail.com					







# Event #2 Mountain Town Classic – Compete USA Competition Hostetd by the Mt Pleasant FSC

Martin Ice Arena ♦ 5165 E Remus Rd ♦ Mt Pleasant MI 48858 989-772-9623/ mpicearena.com

# **MARCH 9, 2024**

Entry Deadline - February 22, 2024

The Mountain Town Classic, sponsored by the Mt Pleasant FSC will be held at the Martin Ice Arena on March 9, 2024. The ice surface measures 200 x85 feet. This is a United State Figure Skating approved Basic Skills Competition. The approvals will be posted on the official competition bulletin board. Questions regarding this competition should be direct to Ginni Phillips 989/560-3871 or gpsk8r@gmail.com. **Email communications are preferred**.

**Mission Statement –** The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

**Eligibility -** The Competition **is** open to ALL skaters who are current eligible [ER 100] members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible skater must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher. NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Pre-Free Skate, Excel, Well Balanced, and Adult levels eligibility will be based only upon highest free skate test level passed. Moves in the Field test level will not determine skater's competitive level. Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition

**Rules** – The competition will be conducted under the rules set forth by the US Figure Skating Learn to Skate USA "Compete USA Competition Manual" program.

**Entry Fees** – The first event is \$60, each additional event after that is \$20. All entries must be postmarked no later than February 22, 2024. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out LEGIBLY and completely and mailed with a check made payable to MPFSC to:

Ginni Phillips 207 E High Street Mt Pleasant MI 48858

There will be a \$35 fee for returned checks

**Awards – <u>All competitors will receive a medal.</u>** All events are final rounds. ALL awards will be made at appropriate times throughout the competition. A podium will be available for group and individual photos.

**Registration** – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. *Please register at least one hour before your competition time.* 

Schedule of Events - Schedule will be posted on the Internet at the Figure Skater's Website - www.sk8stuff.com

**Music** - For most events a music upload link for programs with music will be supplied on <a href="www.sk8stuff.com">www.sk8stuff.com</a>. If no link is provided, skater should provide a CD to be turned into registration. Competitors must have a spare CD or a digital recording at rink side to be used in case of technical difficulties.

**Practice Ice** – Practice ice will be available in 20 minutes sessions. Details will be provided either online or via email prior to the competition date. Sign-in and pay \$10 at the door.





# Events listed on this page ARE ELIGIBLE for Michigan Compete with Us Series Points

### **SNOWPLOW SAM - BASIC 6 ELEMENTS**

- Each skater will perform each element when directed by a judge/referee. Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.
- To be skated on 1/3 to 1/2 ice (determined by the LOC)
- No music
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

LEVEL	TIME	SKATING RULES/STANDARDS
SNOWPLOW SAM	1:00 max	<ul> <li>March followed by a two-foot glide and dip</li> <li>Forward swizzles, 2-3 in a row</li> <li>Forward snowplow stop</li> <li>Backward wiggles, 2-6 in a row</li> </ul>
BASIC 1	1:00 max	<ul> <li>Forward two-foot glide and dip</li> <li>Forward swizzles, 6-8 in a row</li> <li>Beginning snowplow stop on one or two feet</li> <li>Backward wiggles, 6-8 in a row</li> </ul>
BASIC 2	1:00 max	<ul> <li>Forward one-foot glide (no variations), either foot</li> <li>Scooter pushes, 2-3 each foot</li> <li>Moving snowplow stop</li> <li>Two-foot turn in place, forward to backward</li> <li>Backward swizzles, 6-8 in a row</li> </ul>
BASIC 3	1:00 max	<ul> <li>Beginning forward stroking showing correct use of blade</li> <li>Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>Forward slalom</li> <li>Moving forward to backward two-foot turn on a circle</li> <li>Beginning backward one-foot glide, either foot</li> </ul>
BASIC 4	1:00 max	<ul> <li>Forward outside edge on a circle, clockwise or counterclockwise</li> <li>Forward crossovers, clockwise and counterclockwise, 4-6 consecutive</li> <li>Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>Backward one-foot glides (no variations), right and left</li> <li>Beginning two-foot spin, maximum 4 revolutions</li> </ul>
BASIC 5	1:00 max	<ul> <li>Backward outside edge on a circle, clockwise or counterclockwise</li> <li>Backward crossovers, clockwise and counterclockwise, 4-6 consecutive</li> <li>Forward outside three-turn, right and left</li> <li>Advanced two-foot spin, minimum 4 revolutions</li> <li>Hockey stop</li> </ul>
BASIC 6	1:00 max	<ul> <li>Forward inside three-turn, right and left</li> <li>Mohawk, right to left and left to right</li> <li>Bunny hop</li> <li>Basic forward spiral on a straight line (no variations), right or left</li> <li>Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position</li> <li>T-stop, right or left</li> </ul>





# Events listed on this page ARE ELIGIBLE for Michigan Compete with Us Series Points SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level
  or below are allowed but will not be judged elements.
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

LEVEL	TIME	SKATING RULES/STANDARDS
SNOWPLOW SAM	1:10 max	<ul> <li>March followed by a two-foot glide and dip</li> <li>Forward swizzles, 2-3 in a row</li> <li>Forward snowplow stop</li> <li>Backward wiggles, 2-6 in a row</li> </ul>
BASIC 1	1:10 max	<ul> <li>Forward two-foot glide and dip</li> <li>Forward swizzles, 6-8 in a row</li> <li>Beginning snowplow stop on one or two feet</li> <li>Backward wiggles, 6-8 in a row</li> </ul>
BASIC 2	1:10 max	<ul> <li>Forward one-foot glide (no variations), either foot</li> <li>Scooter pushes, right and left foot, 2-3 each foot</li> <li>Moving snowplow stop</li> <li>Two-foot turn in place, forward to backward</li> <li>Backward swizzles, 6-8 in a row</li> </ul>
BASIC 3	1:10 max	<ul> <li>Beginning forward stroking showing correct use of blade</li> <li>Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>Forward slalom</li> <li>Moving forward to backward two-foot turn on a circle</li> <li>Beginning backward one-foot glide, either foot</li> </ul>
BASIC 4	1:10 max	<ul> <li>Forward outside edge on a circle, clockwise or counterclockwise</li> <li>Forward crossovers, clockwise and counterclockwise, 4-6 consecutive</li> <li>Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>Backward one-foot glides (no variations), right and left</li> <li>Beginning two-foot spin, maximum 4 revolutions</li> </ul>
BASIC 5	1:10 max	<ul> <li>Backward outside edge on a circle, clockwise or counterclockwise</li> <li>Backward crossovers, clockwise and counterclockwise, 4-6 consecutive</li> <li>Forward outside three-turn, right and left</li> <li>Advanced two-foot spin, minimum 4 revolutions</li> <li>Hockey stop</li> </ul>
BASIC 6	1:10 max	<ul> <li>Forward inside three-turn, right and left</li> <li>Mohawk, right to left and left to right</li> <li>Bunny hop</li> <li>Basic forward spiral on a straight line (no variations), right or left</li> <li>Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position</li> <li>T-stop, right or left</li> </ul>





# Events listed on this page ARE ELIGIBLE for Michigan Compete with Us Series Points

# **ASPIRE COMPULSORY**

Simple program form, using limited connecting steps, skating order of required elements optional

- Skated on ½ ice / no music
- Deduction for each element from a higher level

Level	Time	Skating rules/standards		
		Waltz jump		
Aspire 1	1:15	• ½ Flip		
	max.	<ul> <li>One-foot upright spin – minimum 3 revolutions</li> </ul>		
		Choreographic step sequence		
		Single Salchow		
Aspire 2	1:15	Single toe loop		
	max.	<ul> <li>Sit spin – minimum 3 revolutions</li> </ul>		
		Choreographic step sequence		
		Single Loop		
Aspire 3	1:15	<ul> <li>Salchow/Toe Loop jump combination</li> </ul>		
	max.	<ul> <li>Forward upright to back upright Spin – minimum 3</li> </ul>		
		revolutions		
		Choreographic step sequence		
		Single Flip		
Aspire 4	1:15	<ul> <li>Waltz Jump-Euler-Salchow jump combination</li> </ul>		
	max.	<ul> <li>Camel, sit combination spin –</li> </ul>		
		Choreographic step sequence		





# Events listed on this page ARE ELIGIBLE for Michigan Compete with Us Series Points

Aspire 1 Free Skate – 1:40 MAX					
Maximum 5 jump elements-Permitted jumps:	Maximum 2 spin:	Maximum 1 Sequence:			
Waltz Jump	Two-foot spin	Choreographic Step			
• ½ Flip	Forward 1 foot spin	Sequence [ChSt]			
• ½ Lutz	[optional free foot]	• ½ of the ice			
Max 1 jump sequence – Waltz jump/waltz jump with no					
turns or hops in between					
Aspire 2 Free Skate – 1:40 MAX	1				
Maximum 5 jump elements-Permitted jumps:	Maximum 2 spin:	Maximum 1 Sequence:			
Any jump from Aspire 1	<ul> <li>Any spin from Aspire</li> </ul>	Choreographic Step			
Single sallchow	1	Sequence [ChSt]			
Single toe loop	Back upright spin	½ of the ice			
Max 2 jump combinations or 1 combination & 1	Sit spin]				
sequence – Waltz jump/waltz jump with no turns or					
hops in between					
Aspire 3 Free Skate – 1:40 MAX					
Maximum 5 jump elements-Permitted jumps:	Maximum 2 spin:	Maximum 1 Sequence:			
Any jump from Aspire 1 & 2	Required – Forward	Choreographic Step			
• Euler [1/2 loop]	upright to back upright	Sequence [ChSt]			
Single loop	spin combo	½ of the ice			
Max 2 jump combinations or 1 combination & 1	Permitted: Any spin				
sequence	from Aspire 1 & 2;				
	Camel Spin				
Aspire 4 Free Skate – 1:40 MAX					
Maximum 5 jump elements-Permitted jumps:	Maximum 2 spin:	Maximum 1 Sequence:			
Any jump from Aspire 1, 2 & 3	Required – Forward	Choreographic Step			
Single Flip	camel to sit spin combo	Sequence [ChSt]			
Single Lutz	Permitted: Any spin	½ of the ice			
Max 2 jump combinations or 1 combination & 1	from Aspire 1, 2 & 3				
sequence	FICATIONS				

### **CLARIFICATIONS**

#### Jumps:

All levels – max 2 of any same jump Aspire 1 & 2 – Euler is not permitted

### **Jump Sequence:**

Aspire 3 & 4 – Consists of 2 or 3 jumps in which the second and/or third jump is a waltz jump with a direct step from the landing curve of the first/ second jump

## **Jump Combinations:**

Aspire 3 & 4 – Jump combinations & sequences Limited to 2 jumps except one jump combo or one Jump sequence may include 3 jumps

## Spins:

All levels

- \*Minimum 3 revolutions
- \*No flying entry
- \*A spin may not be repeated
- \*Basic positions only

Aspire 3 & 4

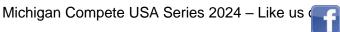
- \*One spin must be the required spin
- \*Second spin must a spin in one position

## **Step Sequence:**

All Levels

- \*Jumps may be included
- \*MIF & spirals allowed but not counted as elements





# SPECIAL OLYMPICS EVENTS ARE ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES POINTS

#### SPECIAL OLYMPICS BADGE 1-12

Competition hosts can use the skills listed below to create either an elements event or program event for Special Olympics competitors. If doing a program, music can be used and will be 1:10 max.

#### Badge 1

- A. Stand unassisted for five seconds
- B. Sit on ice or fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

#### Badge 2

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- Two foot glide forward for distance of at least length of body

#### Badge 3

- A. Backward wiggle or march
- B. Five forward swizzles covering at least ten feet
- C. Forward skating across the rink
- Forward gliding dip covering at least length of body: left and right

#### Badge 4

- A. Backward two-foot glide covering at least length of body
- B. Two foot jump in place
- C. One foot snowplow stop: left and right
- Forward one foot glide covering at least length of body: left and right

#### Badge 5

- **A.** Forward stroking across rink
- B. Five backward swizzles covering at least ten feet
- C. Forward two-foot curves left and right across rink
- D. Two-foot turn front to back, on the spot

#### Badge 6

- A. Gliding forward to backward two-foot turn
- B. Five consecutive forward one-foot swizzles on circle: left and right
- C. Backward one foot glide length of body: left and right
- D. Forward pivot

#### Badge 7

- A. Backward stroking across the rink
- B. Gliding backward to forward two-foot turn
- C. T-stop left or right
- D. Forward two foot turn on a circle: left and right

#### Badge 8

- A. Five consecutive forward crossovers: left and right
- **B.** Forward outside edge: left and right
- C. Five consecutive backward ½ swizzles on a circle: left and right
- D. Two-foot spin

#### Badge 9

- A. Forward outside 3 turn: left and right
- B. Forward inside edge: left and right
- C. Forward lunge or shoot the duck at any depth
- D. Bunny hop

#### Badge 10

- A. Forward inside three-turn: left and right
- B. Five consecutive backward crossovers: left and right
- C. Hockey stop
- D. Forward spiral three times length of body

#### Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: left and right
- D. Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

#### Badge 12

- A. Waltz jump
- B. One foot spin: minimum of three revolutions
- C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- D. Combination of three moves chosen from badges 9-12





### **EXCEL COMPULSORY**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice. No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than free skate program

Excel Pre-Preliminary/Preliminary Compulsory Events are NOT eligible for					
		Michigan Compete with Us Series Points			
Level	Level Time • Skating rules/standards				
		Flip jump			
Excel Pre-	1:15	<ul> <li>Loop/loop jump combination</li> </ul>			
Preliminary	minary max. • Camel spin – minimum 3 revolutions				
	Choreographic step sequence				
		Lutz jump			
Excel	1:15	Flip/loop jump combination			
Preliminary max. • Camel, sit combination spin – minimum 6 revolutio					
Choreographic step sequence					





# EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR Michigan Compete with Us Series Points

#### **EXCEL FREE SKATE**

- Skaters may not enter both a Well-Balaned Free Skate event and an Excel Free Skate event at the same competition
- Skaters will skate to the music of their choice
- Level determined by highest Free Skate test passed. Skater may compete at that level or one level higher

#### EXCEL PRE-PRELIMINARY - 1:40 MAX

<u>Must not</u> have passed higher than U.S. Figure Skating pre- preliminary free skate test - \* **means required element** Learn to Skate USA membership <u>OR</u> full U.S. Figure Skating membership required

Maximum 5 jump elements:

- All single jumps allowed, except for the Axel
  - o No single Axels, double, or higher iumps allowed
  - o Maximum of two of any of the same jump, may be as solo jumps or part of jump combinations/sequence
- Max 2 jump combinations, or 1 jump combination and 1 jump sequence
- o Jump combinations and jump sequences are limited to two jumps except that one jump combination or one jump sequence may include three jumps
- o A jump sequence consists of two or three jumps in which the second and/or the third jump is a waltz jump with a direct step from the landing curve of the first/second jump into the take-off curve of the waltz jump

Maximum 2 spins:

- One spin must be in a single position with no change of foot\*
- o No flying entry o Minimum 3 revolutions
- One spin may be either a single position spin with no change of foot or a combination spin with or without a change of foot
  - o No flying entry
- Spins must be of a different character

Maximum 1 Sequence: One Choreographic Sequence (pChSq)

o Must be clearly visible

Max Level: 1

## EXCEL PRELIMINARY - 2:00 +/- 10 SECONDS

<u>Must not</u> have passed higher than U.S. Figure Skating preliminary free skate test - \* **means required element** Learn to Skate USA membership <u>OR</u> full U.S. Figure Skating membership required

Maximum 5 jump elements:

- All single jumps allowed, except for the Axel o No single Axels, double, or higher jumps allowed
- o Maximum of two of any of the same jump, may be as solo jumps or part of jump combinations/sequence
- Max 2 jump combinations, or 1 jump combination and 1 jump sequence
- o Jump combinations and jump sequences are limited to two jumps except that one jump combination or one jump sequence may include three jumps
- o A jump sequence consists of two or three jumps in which the second and/or the third jump is a waltz jump with a direct step from the landing curve of the first/second jump into the take-off curve of the waltz jump

Maximum 2 spins:

- One spin must be a camel or layback spin with no change of foot and no change of position\*
  - o No flying entry
  - o Minimum 3 revolutions
- 1 spin combination, with or without change of foot\*
- o Minimum 6 revolutions o No flying entry

Maximum 1 Sequence: One Choreographic Sequence (pChSq)

o Must be clearly visible

Max Level: 1





# <u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES POINTS</u> WELL BALANCED NO TEST TO PRELIMINARY FREE SKATE PROGRAM

- Skaters may not enter both a well-balanced free skate event and an excel free skate event at the same competition
- Skaters will skate to the music of their choice
- Level will be determined by the highest free skate test passed; skaters may compete at the highest level they have passed or skate up one level higher.

#### NO TEST — 1:40 MAX

OTED OFOLIENOFO
STEP SEQUENCES
Max 1 Sequence  • Step sequence  • Must use one-half the ice surface  • Moves in the field and spiral sequences are allowed but will not be counted as elements  • Jumps may be included in the step sequence  If IJS is used, then pChSq

#### PRE-PRELIMINARY — 1:40 MAX

JUMPS	SPINS	STEP SEQUENCES
Max 5 Jump Elements  All single jumps, including single Axel, allowed  No double, triple or quadruple jumps allowed  Axel may be repeated once as a solo jump or part of a jump sequence or combination (maximum of 2 single Axels)  Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded  Max 2 jump combinations or jump sequences  Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed  Jump sequence is any listed jump immediately followed by	Max 2 Spins One spin MUST be in one position One Spin may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure	Max 1 Sequence  Step sequence  Must use one-half the ice surface  Moves in the field and spiral sequences are allowed but will not be counted as elements  Jumps may be included in the step sequence  If IJS is used, then CphSq
an Axel-type jump	Skating rule 6103 (E))	

### PRELIMINARY — 2:00 +/- 10 SECONDS

Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
<ul> <li>1 must be an Axel-type jump or a waltz jump*</li> </ul>	One spin MUST be in	Step sequence o
<ul> <li>All single jumps, including single Axel, allowed. Only 2 different double jumps</li> </ul>	one position	Choreographic
may be attempted (limited to double Salchow, double toe loop and double loop)	One Spin may change	step sequence full
<ul> <li>Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed</li> </ul>	feet and/or position	ice
<ul> <li>o An Axel plus up to two different, allowed double jumps may be repeated</li> </ul>	Spins may start with a	o Moves in the
once (but not more) as solo jumps or part of a jump sequence or	flying entry	field and spiral
combination	Min 3 revs.	sequences are
<ul> <li>Number of single jumps is not limited provided the maximum number of jump</li> </ul>		allowed but will
elements allowed is not exceeded	These spins must be of a	not be counted
Max 2 jump combinations or sequences	different character	as elements
o Jump combinations limited to 2 jumps except that one three jump	(For definition see	o Jumps may be
combination with a maximum of 2 double jumps and 1 single jump is	U.S. Figure Skating rule	included in the
allowed	6103 (E))	step sequence
o Jump sequence is any listed jump immediately followed by an Axel-type jump		If IJS is used, then pChSq



**JUMPS** 



**SPINS** 

STEP SEQUENCES

**APPROVAL CODE: 34218** 

# <u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR</u> <u>MICHIGAN COMPETE WITH US SERIES POINTS</u>

## **ADULT 1-6, BEGINNER-BRONZE COMPULSORY**

- The skating order of the elements is optional. Element may only be attempted once.
- To be skated in simple program format with limited connecting steps, ½ ice.
- A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

Level	Elements			
	Forward Marching			
Adult 1	Forward two-foot glide			
Time:	Forward swizzle (4-6 in a row)			
1:30 Max.	Forward snowplow stop – two feet or one foot			
	Forward skating across the width of the ice			
Adult 2	Forward one-foot glides			
Time:	Forward slalom			
1:30 Max.	Backward skating			
	Backward swizzles, 4-6 in a row			
	Forward stroking using the blade properly			
Adult 3.	Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise			
Time:	Forward chasses on a circle, clockwise and counterclockwise			
1:30 Max.	Backward skating to a long two-foot glide			
	Backward snowplow stop, Right and Left			
	Forward outside edge on a circle, right and left			
Adult 4	Forward inside edge on a circle, right and left			
Time:	Forward crossovers, clockwise and counterclockwise			
1:30 Max.	Hockey stop, both directions			
	Backward one-foot glides, right and left			
	Backward outside edge and backward inside edge on a circle, right and left			
Adult 5	Backward crossovers, clockwise and counterclockwise			
Time:	Forward outside three-turn, right and left			
1:30 Max.	Beginning two-foot spin (min 2 revs)			
	<ul> <li>Forward stroking with crossover end patterns – <u>utilizing only ½ sheet of ice surface</u></li> </ul>			
Adult 6	Backward stroking with crossover end patterns – <u>utilizing only ½ sheet of ice surface</u>			
Time:	Forward inside three-turn, right and left			
1:30 Max.	• T-stop			
	• Lunge			
	Two-foot spin into one-foot spin (min 2 revs on 1 foot)			
	Waltz Jump			
Adult	Mazurka			
Beginner	Forward beginning one-foot spin from backward crossovers (min 2 revs)			
Time:	Forward moving inside open Mohawk (right and left) – heel to instep			
1:30 Max.	Alternating right and left forward outside and inside edges across the width of the ice (one outside edge, right and left, one inside			
	edge, right and left)			
	Waltz Jump			
Adult High	• ½ Flip			
Beginner Time:	Forward upright spin – minimum 3 revolutions			
1:30 Max.	Backward outside three- turn, right and left			
1.50 Max.	Alternating right and left backward outside and inside edges across the width of the ice (one outside edge, right and left, one inside			
	edge, right and left)			
Adult Dro	Single Toe loop jump			
Adult Pre- Bronze	Jump combination or sequence consisting of half revolution jumps (½ flip, ½ Lutz, ½ loop, waltz), toe loop, or Salchow – maximum of 2 jumps in a combination and 3 jumps in a conjugate.			
Time:	2 jumps in combination and 3 jumps in a sequence			
1:30 Max.	Forward upright spin - minimum 3 revolutions     True forward preserves into a farward inside Mahaulk, stan dawn, gross habited atom into one haskward preserves and stan to a			
1.00 Max.	<ul> <li>Two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> </ul>			
	Forward spiral (any edge)			
Adult	<ul> <li>Single Salchow jump</li> <li>Jump combination or sequence consisting of ½ revolution jumps and/or full revolution jumps (no Lutz or Axel) – maximum 2 jumps in</li> </ul>			
Bronze	combination and 3 jumps in a sequence			
Time:	Solo spin with no change of foot (min. 3 revolutions)			
1:30 Max.	Backward inside three-turn, right and left			
	Spiral sequence (Minimum 2 spirals)- must change edge or foot			
L	- Opinal doquation (minimum 2 opinals) inductionality days of foot			





# <u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR</u> MICHIGAN COMPETE WITH US SERIES POINTS

#### **ADULT 1-6 FREE SKATE WITH MUSIC**

General event parameters:

- The skating order of the required elements is optional.
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels.
- A 0.2 deduction will be taken for each required element MISSING and for those elements performed from a higher level.

Level	Time	Elements
Adult 1	1:40 Max	<ul> <li>Forward Marching</li> <li>Forward two-foot glide</li> <li>Forward swizzle (4-6 in a row)</li> <li>Forward snowplow stop – two feet or one foot</li> </ul>
Adult 2	1:40 Max	<ul> <li>Forward skating across the width of the ice</li> <li>Forward one-foot glides</li> <li>Forward slalom</li> <li>Backward skating</li> <li>Backward swizzles, 4-6 in a row</li> </ul>
Adult 3	1:40 Max	<ul> <li>Forward stroking using the blade properly</li> <li>Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>Backward skating to a long two-foot glide</li> <li>Forward chasses on a circle, clockwise and counterclockwise</li> <li>Backward snowplow stop, Right and Left</li> </ul>
Adult 4	1:40 Max	<ul> <li>Forward outside edge on a circle, right and left</li> <li>Forward inside edge on a circle, right and left</li> <li>Forward crossovers, clockwise and counterclockwise</li> <li>Backward one-foot glides, right and left</li> <li>Hockey stop, both directions</li> </ul>
Adult 5	1:40 Max	<ul> <li>Backward outside edge on a circle, right and left</li> <li>Backward inside edge on a circle, right and left</li> <li>Backward crossovers, clockwise and counterclockwise</li> <li>Forward outside three-turn, right and left</li> <li>Beginning two-foot spin</li> </ul>
Adult 6	1:40 Max	<ul> <li>Forward stroking with crossover end patterns</li> <li>Backward stroking with crossover end patterns</li> <li>Forward inside three-turn, right and left</li> <li>T-stop</li> <li>Lunge</li> <li>Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ul>





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## ADULT BEGINNER - BRONZE FREE SKATE PROGRAM WITH MUSIC

General event parameters:

- Skaters will skate to the music of their choice and vocal music is allowed
- To be skated on full ice
- The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins		Qualifications	
Adult Beginner 1:40 Maximum	Max. 4 jump elements  Jumps limited to bunny hop, mazurka, ballet and Waltz jump  Max 1 combination or sequence consisting of only the allowed listed jumps  Max. 2 of any same jump	Max. 2 spins  • Two forward upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1	
Adult High Beginner 1:40 Maximum	<ul> <li>Max 4 jump elements:         <ul> <li>Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, ½ loop, ½ flip, ½ Lutz, toe loop, salchow</li> <li>Max 1 combination or sequence consisting of only the allowed listed jumps</li> <li>Max. 2 of any same type jump.</li> </ul> </li> </ul>	Max 2 spins:  Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating Free Skate tests	
Adult Pre- Bronze 1:40 Maximum	Max 4 Jump Elements:  Max 2 combinations or sequences  1 jump combination may contain 3 jumps, and the other may contain only 2 jumps  Jump sequence is any listed jump immediately followed by an Axel-type jump  Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump)  Only single and half-revolution jumps are permitted  No single Lutz, single Axel, double or triple jumps are permitted	Max 2 Spins:  Max Level 1  Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 E)  No flying entry spins  2-foot spin permitted and considered of a different character	Connecting steps throughout the program are required	Skaters may not have passed tests higher than U.S. Figure Skating Adult Pre-Bronze or Pre-Preliminary Free Skate	
Adult Bronze 1:50 maximum	Max 4 Jump Elements:  Max 2 combinations or sequences [Jump sequence is any listed jump immediately followed by an Axeltype jump];  1 combination/sequence may consist of three jumps, and the other may have only two jumps  Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump)  All single jumps are permitted (except single Axel)  No single Axel, double or triple jumps are permitted	Max 2 Spins:  Max Level 1  Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))  Min 3 revs total if no change of foot  Min 3 revs each foot if change of foot  Min 2 revs in each position  No flying spins are permitted	Max 1 Sequence:  1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals) Additional moves spiral and step sequences will not be counted as elements but will be counted as transi- tions and marked as	Skaters may not have passed tests higher than U.S. Figure Skating Adult Bronze or Preliminary Free Skate	





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#### **Showcase Events**

Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher.

Show costumes are permitted if they do not touch or drag on the ice. Costuming and make up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feathers, hair accessories or anything else that may fall to the ice and be hazardous to the skaters are allowed. (a 0.1 deduction will be taken). Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for every 10 seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to sup- port the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious loss of control will re- duce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. The 6.0 judging system will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

LEVEL	ELEMENTS	QUALIFICATIONS	LENGTH
BASIC 1-6	Elements only from Basic 1-6 curriculum	Must not have passed any higher than Basic 6level	Time: 1:00 max
ASPIRE 1 TO 4 / ADULT 1-6/ ADULT BEGINNER/ADULT HIGH BEGINNER	3 jump maximum. Half- rotation jumps only, plus the following full rotation jumps: Salchow and toe loop	May not have passed any official U.S. Figure Skating free skate or free dance tests	Time: 1:20 max
NO TEST	No prescribed or restricted elements	Must not have passed pre-preliminary free skateor any free dance tests	Time: 1:20 max
PRE-PRELIMINARY	No prescribed or restricted elements	Must have passed no higher than U.S. Figure Skating pre-preliminary or any free dance test	Time: 1:20 max
PRELIMINARY	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating preliminary free skate or adult bronzefree skate or free dance test; see National Showcase guidelines for more specific information regarding adults	Time: 1:30 max
ADULT PRE-BRONZE	No prescribed or restricted elements	Must have passed no higher than adult pre- bronze free skate test; see National Showcase guidelines for more specific information regarding adults	Time: 1:40 max
MINI PRODUCTION ENSEMBLE [4 TO 8 SKATERS]/ PRODUCTION ENSEMBLE [9 OR MORE SKATERS]	No prescribed or restricted elements		Time: 3:00 max





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## EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES POINTS

#### **Solo Pattern Dance**

#### GENERAL EVENT PARAMETERS:

- · Levels are based upon the skaters' highest pattern dance test passed
- A solo pattern dance competition event will consist of the skater performing two solo pattern dances
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for his/her level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30-July 2), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the second quarter).
- · Skaters will complete both dances at each level. Dances will be scheduled at the discretion of the chief referee for each competi-tion and may be competed consecutively or with a break in-between pattern dance groupings.

#### **PRELIMINARY** PRE-BRONZE

Canasta Tango	January 1 to March 31	Cha-Cha	January 1 to March 31
Rhythm Blues	April 1 to June 30	Fiesta Tango	April 1 to June 30
Canasta Tango	July 1 to September 30	Cha-Cha	July 1 to September 30
Rhythm Blues	October 1 to December 31	Fiesta Tango	October 1 to December 31





### NAME AND NUMBER OF YOUR EVENT HERE

	En		PRINT CLEARLY]	
Name		,	_AgeBirth Date	
	Last	First		
E-Mail Addres	S	. 07		
Address	Pa	City	StateZip _	
Area Code/Pho	one #	Home Club	Member #	
<b>Highest Level</b>	Passed N	<u>Male Female Na</u>	me Parent/Guardian	
	\$60 for First	Event: \$20 Each	Additional Event	
Basic Elements	Aspire Compulsory	SPEC.OLYMPICS		Adult Prog w/Music
			Compulsory	
Snowplow Sam*	Aspire 1*	Badge 1*	Adult 1	Adult 1
Basic 1*	Aspire 2*	Badge 2*	Adult 2	Adult 2
Basic 2*	Aspire 3*	Badge 3*	Adult 3	Adult 3
Basic 3*	Aspire 4*	Badge 4*	Adult 4	Adult 4
Basic 4*		Badge 5*	Adult 5	Adult 5
Basic 5*	Aspire Free Skate	Badge 6*	Adult 6	Adult 6
Basic 6*	Aspire FS 1*	Badge 7*	Adult Beginner	Adult Beginner
	Aspire FS 2*	Badge 8*	Adult High Beg	Adult High Beg
Basic Prog w/Music	Aspire FS 3*	Badge 9*	Adult Pre-Bronze	Adult Pre-Bronze
Snowplow Sam*	Aspire FS 4*	Badge 10*	Adult Bronze	Adult Bronze
Basic 1*		Badge 11*		
Basic 2*	EXEL COMULSORY	Badge 12*		SOLO DANCE
Basic 3*	Excel Pre-Prelim	PAIN 1		Preliminary
Basic 4*	Excel Preliminary		CASE EVENTS	Pre-Bronze
Basic 5*		Basic 1-6	Adult 1-6	
Basic 6*	EXCEL Free Skate	A <mark>spire 1-4</mark>	Adult Beginner	Well-Balanced FS
	Excel Pre-Prelim	No Test	Adult High Beg	No Test
	Exc <mark>el Prelimin</mark> ary	Pre-Preliminary	Adult PreBronze	Pre-Preliminary
		P <mark>reliminary</mark>		Preliminary
	PRODUCTION ENSEMBLES			
		Mini [4-8 skaters]	Standard [9 or	
		1	more]	
		PRODUCTION	ON ENSEBLE COST	
	\$100 PER TEAM			
		φ <i>10</i> 0	/ LIX I LAW	

<u>Events listed above with an \* after them will be eligible for Michigan Compete with Us Series Points Entry Fees are not refundable after the entry deadline unless an event is cancelled.</u>

If you are not a U.S. Figure Skating member add \$15 to fee / enter through our Basic Skills Program

First Event \$ ENTRIES MUST BE POST MARKED BY Due Date

First Event	\$	ENTRIES MUST BE POST MARKED BY Due Date
Additional Event	\$	Mail form and fees to: Name
Additional Event	\$	Street Address, City, State, Zip
Additional Event	\$	Make check or money order payable to ???????
Join USF/S	\$	INTERESTED IN PAYING BY CREDIT CARD?
TOTAL:	\$ ification of Competitor	CONTACT: ????????????????????????????????????





- The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the ENTER NAME OF YOUR CLUB AND ARENA WHERE EVENT IS BEING HELD HERE harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.
- 2. As a participant, or parent/guardian of a minor participant, in the NAME OF YOUR EVENT/Basic Skills Series, I understand that the NAME OF YOUR EVENT/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at NAME OF YOUR EVENT/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate NAME OF YOUR EVENT/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media

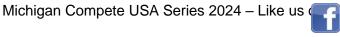
3. I have read the Concussion Awareness Information located on www.sk8stuff.com and by signing below, I am

agreeing to the terms and conditions.

Parent/Guardian Signature	<u>D</u> ate	
Club Officer/Program Director		
<u>Title</u>	Date	
COMPETITOR SIGNATURE	Date	
Coach Signature: Print Name: Please print clearly  Registered on U.S.Figure Skating Coaches Registry for the current season? Yes # If you are not registered, go to www.usfigureskating.org , click on the Coaches Registration button and follow the instruction for registration.  COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT  Phone E-mail Address: Please print clearly		
CHECKLIST [please be sure the following is included the control of	ded]:	
Entry form with U.S. F/S Number	Club Officer/Program Director Signature	



Check payable to ?????????



Events to be entered checked properly

#### HAPPY AD ADVERTISING FORM

[Put an encouraging note to your skater or entire club in our program]

Ad sizes available: Ads are available in business card size only however you may purchase more than one ad to make a larger tribute to your skater. \_\_\_\_\_ # of Business Card ads X \$5 = \$\_\_ Please include payment with your copy Contact Name\_\_\_\_\_ Address Phone Number\_ Insert Ad copy here or attach camera-ready artwork to this form.



