





2024 Michigan Compete with Us Series Competition Mission Statement

To give our skaters a chance to develop their Learn to Skate USA basic skills in a fun competitive environment. During the competition season skaters will have the chance to compete at different clubs and arenas earning points for a final standing. A skater may participate in either Freeskating and/or Compulsory/Element events in any of the Michigan Compete USA Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place on the ice at the Midland Competition - November 9, 2024.

Series Point System

Program with Music [Freeskate] and Compulsory/Element events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. Scoring for the final award will be as follows:

 1^{st} Place - 6 points 2^{nd} Place - 5 points 3^{rd} Place - 4 points 4^{th} Place - 3 points 5^{th} Place - 2 points 6^{th} Place - 1 point

Skaters must participate in at least 3 of the 14 series events to be eligible to win an award with an overall placement at the finale. Skaters receive bonus points for moving up a level during the course of the series season [bonus points only awarded once each season]. Events eligible for a series finale award are:

Element & Basic Programs w/Music Events - Learn to Skate Curriculum
[Snowplow Sam thru Aspire 1-4]

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken. Points are accumulated for Elemet/Compulsory and Program with Music [Freeskate] events separately.

Medals will be awarded [1-3 Place] in each level as highlighted in each announcement. Beyond the Basic <u>will NOT</u> be counted in the Program with Music [Freeskate] and Elements/Compulsory Program Series for this 2024 season. Spins, Dance, Pairs, Theatre on Ice, Synchronized Teams, and Showcase Events <u>will NOT</u> be counted for this 2024 season. At the end of the 2024 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The Michigan Compete USA Series is sponsored equally by all the participating ice rinks and/or U.S. Figure Skating members clubs. Competition announcements will be available on www.sk8stuff.com. Each competition will have its own entry forms and specific rules. Please make sure to read the entire announcement for each competition.



16th Michigan Compete USA Series [formerly Basic Skills Series] - Hosted by the following:

	– Hosted by the following:	
Event 1 Onyx-Suburban B/S	Event 2 Mountain Town Classic	Event 3 Tuxedo Invitational
Challenge	March 9, 2024	March 23, 2024
February 3, 2024	Entry Deadline – February 22, 2024	Entry Deadline - March 11, 2024
Entry Deadline – January 19, 2024	The I.C.E. Arena	Slater Family Ice Arena
Suburban Ice Macomb	Mt Pleasant MI	Bowling Green, OH
Macomb, MI	Contact: Ginni Phillips	Contact: Merissa Rojas
Contact Jeanette Daskas	Phone: 989-560-3871	Phone: 419-345-0766
Phone: 248-917-9544	gpsk8r@gmail.com	bgsk8testcompchair@gmail.com
jendaskas@aol.com		
Event 4 Arctic Basic Skills	Event 5 Iceland Spring Fling	Event 6 TAFS Basic Skills Comp
April 21, 2024	May 5, 2024	June 1, 2024
Entry Deadline – April 8, 2024	Entry Deadline – April 22, 2024	Entry Deadline – May 20, 2024
Arctic Edge Ice Arena	Flint Iceland Arena	Buffalo Wild Wings Arena
Canton, MI	Flint, MI	Troy MI
Contact Stephen Scanio	Contact Cristy Bosley	Contact: Lindsey Vincent
Phone: 248-635-4541	Phone: 810-814-1081	Phone: 248-709-2946
stephenscanio@hotmail.com	Chix44ever44@gmail.com	glinzlinz@yahoo.com
Event 7 Ann Arbor Skills/Showcase	Event 8 Summer Swizzle	Event 9 Skate the Shores
June 8, 2024	June 15, 2024	July 13, 2024
Entry Deadline - May 24, 2024	Entry Deadline - May 31, 2024	Entry Deadline - June 30, 2024
Ann Arbor Ice Cube	Farmington Hills Ice Arena	St Clair Shores Civic Arena
Ann Arbor MI	Farmington Hills, MI	St Clair Shores, MI
Contact: Craig Forsyth	Contact: Janelle Woodruff	Contact Lindsay O'Donoghue
Phone: 734-213-6768	Phone: 248-613-8122	odonoghuelindsay@gmail.com
Aafsc.officemanager@gmail.com	summerswizzle@fhfsc.org	
Event 10 Skate the Zoo	Event 11 Summer Chill Basic Skills	Event 12 Skate the Lakeshore
July 27, 2024	August 3, 2024	September 14, 2024
Entry Deadline - July 9, 2024	Entry Deadline - July 22, 2024	Entry Deadline August 25, 2024
Wings West	Novi Ice Arena	Griff's Ice House West
Kalamazoo, MI	Novi, MI	Holland MI
Contact: Jessica LaPorte	Contact: Laura Paredes	Contact: Jacqueline Alimpich
Phone: 269-720-6370	lamarlau@hotmail.com	Phone: 517-518-1210
j8houk@hotmail.com		coach.jay@lefsc.org
Event 13 Skate the Gate	Event 14 Skate Midland	SERIES AWARDS
October 6, 2024	November 9, 2024	
Entry Deadline - September 15, 2024	Entry Deadline - October 22, 2024	CEREMONY
Southgate Civic Arena	Midland Civic Arena	
Southgate MI	Midland MI	AT THE MIDLAND
Contact: Jackie Timm	Contact Karen Boswell	COMPETITION
Phone: 734-771-7247	Phone: 989-751-6603	
ms.j.timm@gmail.com	Kboswell99@gmail.com	





Skate Midland 2024 – Compete USA Competition Midland Figure Skating Club

Midland Civic Arena ♦ 405 Fast Ice Drive ♦ Midland, MI

www.midlandfigureskatingclub.org

November 9, 2024

Entry Deadline: October 22, 2024

The Skate Midland 2024, sponsored by the Midland Figure Skating Club, will be held at the Midland Civic Arena on November 9, 2024. The event will be split on two ice surfaces; one measures 200 feet by 100 feet and the other measures 200 feet by 85 feet. This is a United States Figure Skating approved Basic Skills Competition. The approvals will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Karen Boswell, kboswell99@gmail.com, or 989-695-4832. Email communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition is open to ALL skaters who are current eligible [ER 100] members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher. NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Aspire 1-4, Excel, Well Balanced, and Adult levels, eligibility will be based only upon highest free skate test level passed. Moves in the Field test level will not determine skater's competitive level. Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition

Rules – The competition will be conducted under the rules set forth by the US Figure Skating Learn to Skate USA "Compete USA Competition Manual" program.

Entry Fees – The first event is \$60, each additional event after that is \$20. All entries must be postmarked no later than October 22, 2024. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out LEGIBLY and completely and mailed with a check made payable to: MFSC - Competitions

c/o Sue Bakke 2907 Valorie Lane Midland, MI 48640

There will be a \$35 fee for returned checks.

Awards – <u>All competitors will receive a medal.</u> All events are final rounds. ALL awards will be made at appropriate times throughout the competition. A podium will be available for group and individual photos.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. *Please register at least one hour before your competition time.*

Livestream – The Midland Civic Arena currently has LiveBarn available. Skate Midland will have the system "password enabled" for this event. Only registered parents/guardians will be e-mailed the password upon request. Those desiring to livestream will need to have a personal subscription with LiveBarn to view.

Schedule of Events - Schedule will be posted on the Internet at the Figure Skater's Website - www.sk8stuff.com

Music – For all programs with music, music must be uploaded online by the skater before October 28, 2024. The link is provided below. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

https://forms.gle/YZiGGuZEdfH25F5Q7

Practice Ice – Practice ice will be available in 20 minutes sessions. Details will be provided either online or via email prior to the competition date. Sign-in and pay \$10 at the door or pre-register using the attached form.



Events listed on this page ARE ELIGIBLE for Michigan Compete with Us Series Points

SNOWPLOW SAM - BASIC 6 ELEMENTS

- Each skater will perform each element when directed by a judge/referee. Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.
- To be skated on 1/3 to 1/2 ice (determined by the LOC)
- No music
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

LEVEL	TIME	SKATING RULES/STANDARDS
SNOWPLOW SAM	1:00 max	 March followed by a two-foot glide and dip Forward swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row
BASIC 1	1:00 max	 Forward two-foot glide and dip Forward swizzles, 6-8 in a row Beginning snowplow stop on one or two feet Backward wiggles, 6-8 in a row
BASIC 2	1:00 max	 Forward one-foot glide (no variations), either foot Scooter pushes, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward swizzles, 6-8 in a row
BASIC 3	1:00 max	 Beginning forward stroking showing correct use of blade Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Forward slalom Moving forward to backward two-foot turn on a circle Beginning backward one-foot glide, either foot
BASIC 4	1:00 max	 Forward outside edge on a circle, clockwise or counterclockwise Forward crossovers, clockwise and counterclockwise, 4-6 consecutive Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Backward one-foot glides (no variations), right and left Beginning two-foot spin, maximum 4 revolutions
BASIC 5	1:00 max	 Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, clockwise and counterclockwise, 4-6 consecutive Forward outside three-turn, right and left Advanced two-foot spin, minimum 4 revolutions Hockey stop
BASIC 6	1:00 max	 Forward inside three-turn, right and left Mohawk, right to left and left to right Bunny hop Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position T-stop, right or left



Events listed on this page are eligible for Michigan Compete with Us Series Points SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. To be skated on full ice with music.

- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

LEVEL	TIME	SKATING RULES/STANDARDS
SNOWPLOW SAM	1:10 max	 March followed by a two-foot glide and dip Forward swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row
BASIC 1	1:10 max	 Forward two-foot glide and dip Forward swizzles, 6-8 in a row Beginning snowplow stop on one or two feet Backward wiggles, 6-8 in a row
BASIC 2	1:10 max	 Forward one-foot glide (no variations), either foot Scooter pushes, right and left foot, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward swizzles, 6-8 in a row
BASIC 3	1:10 max	 Beginning forward stroking showing correct use of blade Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Forward slalom Moving forward to backward two-foot turn on a circle Beginning backward one-foot glide, either foot
BASIC 4	1:10 max	 Forward outside edge on a circle, clockwise or counterclockwise Forward crossovers, clockwise and counterclockwise, 4-6 consecutive Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Backward one-foot glides (no variations), right and left Beginning two-foot spin, maximum 4 revolutions
BASIC 5	1:10 max	 Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, clockwise and counterclockwise, 4-6 consecutive Forward outside three-turn, right and left Advanced two-foot spin, minimum 4 revolutions Hockey stop
BASIC 6	1:10 max	 Forward inside three-turn, right and left Mohawk, right to left and left to right Bunny hop Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position T-stop, right or left



<u>Events listed on this page ARE ELIGIBLE for</u> <u>Michigan Compete with Us Series Points</u>

ASPIRE COMPULSORY

Simple program form, using limited connecting steps, skating order of required elements optional

- Skated on ½ ice / no music
- Deduction for each element from a higher level

Level	Time	Skating rules/standards		
		Waltz jump		
Aspire 1	1:15	• ½ Flip		
	max.	 One-foot upright spin – minimum 3 revolutions 		
		Choreographic step sequence		
		Single Salchow		
Aspire 2	1:15	Single toe loop		
	max.	Sit spin – minimum 3 revolutions		
		Choreographic step sequence		
		Single Loop		
Aspire 3	1:15	Salchow/Toe Loop jump combination		
	max.	 Forward upright to back upright Spin – minimum 3 		
		revolutions		
		Choreographic step sequence		
		Single Flip		
Aspire 4	1:15	Waltz Jump-Euler-Salchow jump combination		
	max.	Camel, sit combination spin –		
		Choreographic step sequence		



Events listed on this page ARE ELIGIBLE for Michigan Compete with Us Series Points

Aspire 1 Free Skate – 1:40 MAX		
 Maximum 5 jump elements-Permitted jumps: Waltz Jump ½ Flip ½ Lutz Max 1 jump sequence – Waltz jump/waltz jump with no turns or hops in between 	Maximum 2 spin: Two-foot spin Forward 1 foot spin [optional free foot]	Maximum 1 Sequence: Choreographic Step Sequence [ChSt] • ½ of the ice
Aspire 2 Free Skate – 1:40 MAX		
Maximum 5 jump elements-Permitted jumps:	Maximum 2 spin: • Any spin from Aspire 1 • Back upright spin • Sit spin]	Maximum 1 Sequence: Choreographic Step Sequence [ChSt] ½ of the ice
Aspire 3 Free Skate – 1:40 MAX		10
 Maximum 5 jump elements-Permitted jumps: Any jump from Aspire 1 & 2 Euler [1/2 loop] Single loop Max 2 jump combinations or 1 combination & 1 sequence 	Maximum 2 spin: Required – Forward upright to back upright spin combo Permitted: Any spin from Aspire 1 & 2; Camel Spin	Maximum 1 Sequence: Choreographic Step Sequence [ChSt] ½ of the ice
Aspire 4 Free Skate – 1:40 MAX		
 Maximum 5 jump elements-Permitted jumps: Any jump from Aspire 1, 2 & 3 Single Flip Single Lutz Max 2 jump combinations or 1 combination & 1 sequence 	Maximum 2 spin: Required – Forward camel to sit spin combo Permitted: Any spin from Aspire 1, 2 & 3	Maximum 1 Sequence: Choreographic Step Sequence [ChSt] ½ of the ice

CLARIFICATIONS

Jumps:

All levels – max 2 of any same jump Aspire 1 & 2 – Euler is not permitted

Jump Sequence:

Aspire 3 & 4 – Consists of 2 or 3 jumps in which the second and/or third jump is a waltz jump with a direct step from the landing curve of the first/second jump

Jump Combinations:

Aspire 3 & 4 – Jump combinations & sequences Limited to 2 jumps except one jump combo or one Jump sequence may include 3 jumps

Spins:

All levels

- *Minimum 3 revolutions
- *No flying entry
- *A spin may not be repeated
- *Basic positions only

Aspire 3 & 4

- *One spin must be the required spin
- *Second spin must a spin in one position

Step Sequence:

All Levels

- *Jumps may be included
- *MIF & spirals allowed but not counted as elements



<u>SPECIAL OLYMPICS EVENTS ARE ELIGIBLE FOR</u> <u>MICHIGAN COMPETE WITH US SERIES POINTS</u>

SPECIAL OLYMPICS BADGE 1-12

Competition hosts can use the skills listed below to create either an elements event or program event for Special Olympics competitors. If doing a program, music can be used and will be 1:10 max.

Badge 1

- A. Stand unassisted for five seconds
- B. Sit on ice or fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

Badge 2

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- D. Two foot glide forward for distance of at least length of body

Badge 3

- A. Backward wiggle or march
- B. Five forward swizzles covering at least ten feet
- C. Forward skating across the rink
- Forward gliding dip covering at least length of body: left and right

Badge 4

- Backward two-foot glide covering at least length of body
- B. Two foot jump in place
- C. One foot snowplow stop: left and right
- **D.** Forward one foot glide covering at least length of body: left and right

Badge 5

- A. Forward stroking across rink
- B. Five backward swizzles covering at least ten feet
- C. Forward two-foot curves left and right across rink
- D. Two-foot turn front to back, on the spot

Badge 6

- A. Gliding forward to backward two-foot turn
- **B.** Five consecutive forward one-foot swizzles on circle: left and right
- C. Backward one foot glide length of body: left and right
- D. Forward pivot

Badge 7

- A. Backward stroking across the rink
- B. Gliding backward to forward two-foot turn
- **C.** T-stop left or right
- **D.** Forward two foot turn on a circle: left and right

Badge 8

- A. Five consecutive forward crossovers: left and right
- B. Forward outside edge: left and right
- C. Five consecutive backward ½ swizzles on a circle: left and right
- **D.** Two-foot spin

Badge 9

- A. Forward outside 3 turn: left and right
- **B.** Forward inside edge: left and right
- C. Forward lunge or shoot the duck at any depth
- D. Bunny hop

Badge 10

- A. Forward inside three-turn: left and right
- B. Five consecutive backward crossovers: left and right
- C. Hockey stop
- D. Forward spiral three times length of body

Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: left and right
- D. Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

Badge 12

- A. Waltz jump
- B. One foot spin: minimum of three revolutions
- **C.** Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- **D.** Combination of three moves chosen from badges 9-12



EXCEL COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice. No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than free skate program.

Ex	Excel Pre-Preliminary/Preliminary Compulsory Events are NOT eligible for			
		Michigan Compete with Us Series Points		
Level	Time	Skating rules/standards		
		Flip jump		
Excel Pre-	1:15	 Loop/loop jump combination 		
Preliminary	max.	 Camel spin – minimum 3 revolutions 		
		Choreographic step sequence		
		Lutz jump		
Excel	1:15	Flip/loop jump combination		
Preliminary max. • Camel, sit combination spin – minimu		 Camel, sit combination spin – minimum 6 revolutions total 		
Choreographic step sequence				



EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR Michigan Compete with Us Series Points

EXCEL FREE SKATE

EXCEL PRE-PRELIMINARY - 1:40 MAX

<u>Must not</u> have passed higher than U.S. Figure Skating pre- preliminary free skate test - * **means required element** Learn to Skate USA membership <u>OR</u> full U.S. Figure Skating membership required

Maximum 5 jump elements:

- All single jumps allowed, except for the Axel
 - o No single Axels, double, or higher jumps allowed
 - o Maximum of two of any of the same jump, may be as solo jumps or part of jump combinations/sequence
- Max 2 jump combinations, or 1 jump combination and 1 jump sequence
- o Jump combinations and jump sequences are limited to two jumps except that one jump combination or one jump sequence may include three jumps
- o A jump sequence consists of two or three jumps in which the second and/or the third jump is a waltz jump with a direct step from the landing curve of the first/second jump into the take-off curve of the waltz jump

Maximum 2 spins:

- One spin must be in a single position with no change of foot*
- o No flying entry o Minimum 3 revolutions
- One spin may be either a single position spin with no change of foot or a combination spin with or without a change of foot
 - o No flying entry
- Spins must be of a different character

Maximum 1 Sequence: One Choreographic Sequence (pChSq)

o Must be clearly visible

Max Level: 1

EXCEL PRELIMINARY - 2:00 +/- 10 SECONDS

<u>Must not</u> have passed higher than U.S. Figure Skating preliminary free skate test - * **means required element** Learn to Skate USA membership <u>OR</u> full U.S. Figure Skating membership required

Maximum 5 jump elements:

- All single jumps allowed, except for the Axel o No single Axels, double, or higher jumps allowed
- o Maximum of two of any of the same jump, may be as solo jumps or part of jump combinations/sequence
- Max 2 jump combinations, or 1 jump combination and 1 jump sequence
- o Jump combinations and jump sequences are limited to two jumps except that one jump combination or one jump sequence may include three jumps
- o A jump sequence consists of two or three jumps in which the second and/or the third jump is a waltz jump with a direct step from the landing curve of the first/second jump into the take-off curve of the waltz jump

Maximum 2 spins:

- One spin must be a camel or layback spin with no change of foot and no change of position*
 - o No flying entry
 - o Minimum 3 revolutions
- 1 spin combination, with or without change of foot*
- o Minimum 6 revolutions o No flying entry

Maximum 1 Sequence: One Choreographic Sequence (pChSq)

o Must be clearly visible

Max Level: 1

- Skaters may <u>not</u> enter both a Well-Balaned Free Skate event and an Excel Free Skate event at the same competition
- Skaters will skate to the music of their choice
- Level determined by highest Free Skate test passed. Skater may compete at that level or one level higher

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<u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES POINTS</u> WELL BALANCED TO PRELIMINARY FREE SKATE PROGRAM

- Skaters may not enter both a well-balanced free skate event and an excel free skate event at the same competition
- Skaters will skate to the music of their choice
- Level will be determined by the highest free skate test passed; skaters may compete at the highest level they have passed or skate up one level higher.

PRE-PRELIMINARY — 1:40 MAX

JUMPS	SPINS	STEP SEQUENCES
Max 5 Jump Elements All single jumps, including single Axel, allowed No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump or part of a jump sequence or combination (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences	 Max 2 Spins One spin MUST be in one position One Spin may change feet and/or position Spins may start with a flying entry Min 3 revs. 	Max 1 Sequence • Step sequence • Must use one-half the ice surface • Moves in the field and spiral sequences are allowed but will not be counted as elements • Jumps may be
 Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequence is any listed jump immediately followed by an Axel-type jump 	These spins must be of a different character (For definition see U.S. Figure Skating rule 6103 (E))	included in the step sequence If IJS is used, then CphSq

PRELIMINARY — 2:00 +/- 10 SECONDS

JUMPS SF	SPINS	STEP SEQUENCES
 1 must be an Axel-type jump or a waltz jump* All single jumps, including single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed An Axel plus up to two different, allowed double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is 	Max 2 Spins One spin MUST be in one position One Spin may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character For definition see J.S. Figure Skating rule	Max 1 Sequence • Step sequence o Choreographic step sequence full ice o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the step sequence If IJS is used, then pChSq



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<u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR</u> <u>MICHIGAN COMPETE WITH US SERIES POINTS</u>

ADULT 1-6, BEGINNER-BRONZE COMPULSORY

- The skating order of the elements is optional. Element may only be attempted once.
- To be skated in simple program format with limited connecting steps, ½ ice.
- A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

	i.2 deduction will be taken for each element MISSING, REPEATED or from a higher level
Level	Elements
	Forward Marching
Adult 1	Forward two-foot glide
Time:	Forward swizzle (4-6 in a row)
1:30 Max.	Forward snowplow stop – two feet or one foot
	Forward skating across the width of the ice
Adult 2	Forward one-foot glides
Time:	Forward slalom
1:30 Max.	Backward skating
	Backward swizzles, 4-6 in a row
	Forward stroking using the blade properly
Adult 3.	
Time:	
1:30 Max.	Forward chasses on a circle, clockwise and counterclockwise Profugery algebra to a length to feet alide.
1.50 Max.	Backward skating to a long two-foot glide Backward specific and the fit
	Backward snowplow stop, Right and Left
	Forward outside edge on a circle, right and left
Adult 4	Forward inside edge on a circle, right and left
Time:	Forward crossovers, clockwise and counterclockwise
1:30 Max.	Hockey stop, both directions
	Backward one-foot glides, right and left
	Backward outside edge and backward inside edge on a circle, right and left
Adult 5	Backward crossovers, clockwise and counterclockwise
Time:	Forward outside three-turn, right and left
1:30 Max.	Beginning two-foot spin (min 2 revs)
	Forward stroking with crossover end patterns – <u>utilizing only ½ sheet of ice surface</u>
Adult 6	Backward stroking with crossover end patterns – <u>utilizing only ½ sheet of ice surface</u>
Time:	Forward inside three-turn, right and left
1:30 Max.	
1.00 Max.	• T-stop
	• Lunge
	Two-foot spin into one-foot spin (min 2 revs on 1 foot)
	Waltz Jump
Adult	Mazurka
Beginner	Forward beginning one-foot spin from backward crossovers (min 2 revs)
Time:	Forward moving inside open Mohawk (right and left) – heel to instep
1:30 Max.	Alternating right and left forward outside and inside edges across the width of the ice (one outside edge, right and left, one inside
	edge, right and left)
	Waltz Jump
Adult High	• ½ Flip
Beginner	Forward upright spin – minimum 3 revolutions
Time:	Backward outside three- turn, right and left
1:30 Max.	Alternating right and left backward outside and inside edges across the width of the ice (one outside edge, right and left, one inside
	edge, right and left)
	Single Toe loop jump
Adult Pre-	Jump combination or sequence consisting of half revolution jumps (½ flip, ½ Lutz, ½ loop, waltz), toe loop, or Salchow – maximum of
Bronze	2 jumps in combination and 3 jumps in a sequence
Time:	Forward upright spin - minimum 3 revolutions
1:30 Max.	Two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a
iviax.	forward inside edge, clockwise and counterclockwise
-	Forward spiral (any edge) Circle Calabase in any edge
۸ مار باله	Single Salchow jump
Adult	• Jump combination or sequence consisting of ½ revolution jumps and/or full revolution jumps (no Lutz or Axel) – maximum 2 jumps in
Bronze	combination and 3 jumps in a sequence
Time:	Solo spin with no change of foot (min. 3 revolutions)
1:30 Max.	Backward inside three-turn, right and left
	Spiral sequence (Minimum 2 spirals)- must change edge or foot





<u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR</u> <u>MICHIGAN COMPETE WITH US SERIES POINTS</u>

ADULT 1-6 FREE SKATE WITH MUSIC

General event parameters:

- The skating order of the required elements is optional.
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels.
- A 0.2 deduction will be taken for each required element MISSING and for those elements performed from a higher level.

Level	Time	Elements		
Adult 1	1:40	Forward Marching Forward two-foot glide		
710011	Max	Forward swizzle (4-6 in a row)		
		Forward snowplow stop – two feet or one foot		
Adult 2	1:40 Max	 Forward skating across the width of the ice Forward one-foot glides Forward slalom Backward skating 		
		 Backward swizzles, 4-6 in a row Forward stroking using the blade properly 		
Adult 3	1:40 Max	 Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise 		
		 Backward skating to a long two-foot glide Forward chasses on a circle, clockwise and counterclockwise 		
		Backward snowplow stop, Right and Left		
Adult 4	1:40 Max	 Forward outside edge on a circle, right and left Forward inside edge on a circle, right and left Forward crossovers, clockwise and counterclockwise Backward one-foot glides, right and left 		
		Hockey stop, both directions		
Adult 5	1:40 Max	 Backward outside edge on a circle, right and left Backward inside edge on a circle, right and left Backward crossovers, clockwise and counterclockwise Forward outside three-turn, right and left Beginning two-foot spin 		
Adult 6	1:40 Max	 Forward stroking with crossover end patterns Backward stroking with crossover end patterns Forward inside three-turn, right and left T-stop Lunge Two-foot spin into one-foot spin (min 2 revs on 1 foot) 		



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ADULT BEGINNER - BRONZE FREE SKATE PROGRAM WITH MUSIC

General event parameters:

- Skaters will skate to the music of their choice and vocal music is allowed
- To be skated on full ice
- The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner 1:40 Maximum	Max. 4 jump elements Jumps limited to bunny hop, mazurka, ballet and Waltz jump Max 1 combination or sequence consisting of only the allowed listed jumps Max. 2 of any same jump	Max. 2 spins Two forward upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1
Adult High Beginner 1:40 Maximum	 Max 4 jump elements: Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, ½ loop, ½ flip, ½ Lutz, toe loop, salchow Max 1 combination or sequence consisting of only the allowed listed jumps Max. 2 of any same type jump. 	Max 2 spins: Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating Free Skate tests
Adult Pre- Bronze 1:40 Maximum	Max 4 Jump Elements: Max 2 combinations or sequences 1 jump combination may contain 3 jumps, and the other may contain only 2 jumps Jump sequence is any listed jump immediately followed by an Axel-type jump Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) Only single and half-revolution jumps are permitted No single Lutz, single Axel, double or triple jumps are permitted	Max 2 Spins: Max Level 1 Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 E) No flying entry spins 2-foot spin permitted and considered of a different character	Connecting steps throughout the program are required	Skaters may not have passed tests higher than U.S. Figure Skating Adult Pre-Bronze or Pre-Preliminary Free Skate
Adult Bronze 1:50 maximum	Max 4 Jump Elements: Max 2 combinations or sequences [Jump sequence is any listed jump immediately followed by an Axeltype jump]; 1 combination/sequence may consist of three jumps, and the other may have only two jumps Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) All single jumps are permitted (except single Axel) No single Axel, double or triple jumps are permitted	Max 2 Spins: • Max Level 1 • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 3 revs total if no change of foot • Min 3 revs each foot if change of foot • Min 2 revs in each position • No flying spins are permitted	Max 1 Sequence: 1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals) Additional moves spiral and step sequences will not be counted as elements but will be counted as transitions and marked as	Skaters may not have passed tests higher than U.S. Figure Skating Adult Bronze or Preliminary Free Skate





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Showcase Events

Showcase events are open to skaters in the Basic, Free Skate, limited beginner, preliminary and adult bronze levels. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skaters in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher.

Show costumes are permitted if they do not touch or drag on the ice. Costuming and make up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feathers, hair accessories or anything else that may fall to the ice and be hazardous to the skaters are allowed. (a 0.1 deduction will be taken). Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for every 10 seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to sup- port the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious loss of control will re- duce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. The 6.0 judging system will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

For more information refer to the Compete USA Competition Manual [2023-2024].

LEVEL	ELEMENTS	QUALIFICATIONS	LENGTH
BASIC 1-6	Elements only from Basic 1-6 curriculum	Must not have passed any higher than Basic 6 level	Time: 1:00max
ASPIRE 1 TO 4/ADULT 1-6/ ADULT BEGINNER/ADULT HIGH BEGINNER	3 jump maximum. Half- rotation jumps only, plus the following full rotation jumps: Salchow and toe loop	May not have passed any official U.S. Figure Skating free skate or free dance tests	Time: 1:20max
PRE-PRELIMINARY	No prescribed or restricted elements	Must have passed no higher than U.S. Figure Skating pre-preliminary or any free dance test	Time: 1:20max
PRELIMINARY	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating preliminary free skate or adult bronzefree skate or free dance test; see National Showcase guidelines for more specific information regarding adults	Time: 1:30max
ADULT PRE-BRONZE	No prescribed or restricted elements	Must have passed no higher than adult pre- bronze free skate test; see National Showcaseguidelines for more specific information regarding adults	Time: 1:40max

Please indicate on form if this is a Duet performance by selecting level and "Duet"



<u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR</u> <u>MICHIGAN COMPETE WITH US SERIES POINTS</u>

Solo Pattern Dance

GENERAL EVENT PARAMETERS:

- · Levels are based upon the skaters' highest pattern dance test passed
- A solo pattern dance competition event will consist of the skater performing two solo pattern dances
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for his/her level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30–July 2), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the second quarter).
- Skaters will compete both dances at each level. Dances will be scheduled at the discretion of the chief referee for each competition and may be competed consecutively or with a break in-between pattern dance groupings.

PRELIMINARY		PRE-BRONZE	
Rhythm Blues	October 1 to December 1	Swing Dance	October 1 to December 1
Dutch Waltz		Cha-Cha	

HOCKEY 1- 4 Elements Events

Hockey 1- 4 Elements: Each skater will perform each element when directed by a judge or referee.

- To be skated on 1/2 ice
- All elements must be skated in the order listed
- Time: 1:00 or less

Hockey 1	Hockey 2
 Proper basic hockey stance, forward and backward March forward across the ice, 8-10 steps Two-foot glides and dips from forward marching Forward swizzles/double C-cuts (4-6 in a row) Stationary Snowplow Stop 	 Forward strides using 45-degree V-push, focus on good recovery and alternating arm drive Forward C-cuts: single leg and alternating feet in a straight line Backward hustle or march, then glide on two feet Backward swizzles/double C-cuts (4-6) Two-foot moving Snowplow stop
Hockey 3	Hockey 4
 Forward C-cuts (half swizzle pumps) on a circle, both directions Forward outside edges on half circles, alternating feet on the axis Forward inside edges on half circles, alternating feet on the axis Backward C-cuts on a circle, both directions Backward snowplow stops, one foot and two feet V-stop 	 Quick starts using forward V-Start Backward one-foot glide, right and left Forward crossovers on a circle, clockwise and counterclockwise Backward crossovers on a circle, clockwise and counterclockwise Hockey stops (to right and left, with speed)





SKATE MIDLAND Event #14 Entry Form [PLEASE PRINT CLEARLY]

Entry Form [PLEASE PRINT CLEARLY]				
Name		Age	Birth Date	
Last	First			
E-Mail Address				
Address	120	City	StateZip	
Area Code/Phone # _		Home Club	Member #	
Highest Level Passe	d Male	<u>Female</u> Name Pare	ent/Guardian	_
	\$60 for Firs	t Ev <mark>ent; \$20 Eac</mark> h A	dditional Event	
Basic Elements	Aspire Compulsory	SPEC.OLYMPICS	Adult	Adult Prog w/Music
			Compulsory	
Snowplow Sam*	Aspire 1*	Badge 1*	Adult 1	Adult 1
Basic 1*	Aspire 2*	Badge 2*	Adult 2	Adult 2
Basic 2*	Aspire 3*	Badge 3*	Adult 3	Adult 3
Basic 3*	Aspire 4*	Badge 4*	Adult 4	Adult 4
Basic 4*		Badge 5*	Adult 5	Adult 5
Basic 5*	Aspire Free Skate	Badge 6*	Adult 6	Adult 6
Basic 6*	Aspire FS 1*	Badge 7*	Adult Beginner	Adult Beginner
	Aspire FS 2*	Badge 8*	Adult High Beg	Adult High Beg
Basic Prog w/Music	Aspire FS 3*	Badge 9*	Adult Pre-Bronze	Adult Pre-Bronze
Snowplow Sam*	Aspire FS 4*	Badge 1 <mark>0*</mark>	Adult Bronze	Adult Bronze
Basic 1*		Badge 11*		
Basic 2*	EXEL COMULSORY	Badge 12*		SOLO DANCE
Basic 3*	Excel Pre-Prelim			Preliminary
Basic 4*	Excel Preliminary		SE EVENTS	Pre-Bronze
Basic 5*		Ba <mark>sic 1-6</mark>	Adult 1-6	
Basic 6*	EXCEL Free Skate	A <mark>spire 1-4</mark>	Adult Beginner	Well-Balanced FS
	Excel Pre-Prelim	Pr <mark>e-Prelim</mark> inary	Adult High Beg	Pre-Preliminary
Hockey Elements	Excel Preliminary	Preliminary Preliminary	Adult Pre-Bronze	Preliminary
Hockey 1		D <mark>uet (indicate le</mark> vel		
		above as well)		
Hockey 2				
Hockey 3				
Hockey 4				

Events listed above with an * after them will be eligible for Michigan Compete with Us Series Points

Entry Fees are not refundable after the entry deadline unless an event is cancelled.

If you are not a U.S. Figure Skating member add \$15 to fee / enter through our Basic Skills Program

<u>11 you c</u>	ile not a 0.5. I igule skatilig i	<u>member add \$15 to lee / enter through our basic Skills i rogram</u>
First Event	\$	ENTRIES MUST BE POST MARKED BY October 22, 2024
Additional Event	\$	Mail form and fees to: Sue Bakke
Additional Event	\$	2907 Valorie Lane, Midland MI 48640
Additional Event	\$	Make check or money order payable to MFSC Competitions
Join USF/S	\$	INTERESTED IN PAYING BY CREDIT CARD?
TOTAL ·	\$	CONTACT: Karen Boswell 989-695-4832

YPETE USA

1.	The competitor is eligible to enter the ev	rents checked. It is agreed that the competitor and family h	old the	
	Midland Figure Skating Club and the Mi	dland Civic Arena harmless from any and all liability either	during practice	
	or the competition, from any and all liabi	lity for damages to or loss of property.		
2.	As a participant, or parent/guardian of a	minor participant, in the SKATE MIDLAND 2024/Basic Ski	lls Series, I	
	understand that the SKATE MIDLAND 2	2024/Basic Skills Series, or its agents, may take photograpl	ns, video	
	and/or film of my, my minor's and/or my	family's involvement, participation, viewing or interaction a	t SKATE	
	MIDLAND 2024/Basic Skills Series sche	eduled ice time, activities, classes or events. I hereby author	orize the taking	
	and use of such photographs, video, filn	n or likeness of myself, my minor child (or children), and/or	my family in all	
	forms and media and in all manners, inc	cluding composite or other representations, for any lawful a	nd legitimate	
	SKATE MIDLAND 2024/Basic Skills Sei	ries purpose, including dissemination and distribution of the	same; and	
	further waive any right to approve or obj	ect to any finished, modified or derivative product or media	l	
3.	I have read the Concussion Awareness	Information located on www.sk8stuff.com and by signing b	elow, I am	
	agreeing to the terms and conditions.			
	Parent/Guardian Signature	<u>D</u> ate		
	Club Officer/Program Director			
	Title	Date		
	COMPETITOR SIGNATURE	Date		
Coa	ach Signature:	Print Name:		
		Please print clearly	-	
	gistered on U.S. Figure Skating Coaches ou are not registered, go to www.usfigure	Registry for the current season? Yes □ #_skating.org, click on the Coaches Registration button and	follow	
	instruction for registration.			
		CHECK IN AT REGISTRATION AT EACH EVENT		
Pho	one E-mail /	Address:Please print clearly	-	
		Please print clearly		
HEC	KLIST [please be sure the following is	included]:		
E	Entry form with U.S. F/S Number	Club Officer/Program Director Signature		
_	Chook payable to MESC Competitions	Events to be entered absolved preparly		
	Practice Ice/Happy Ad Form (optional)	Events to be entered checked properly		
'	Skate Midland 2024 Compete with Us Competition			
	Skate Midian	·	al Code: 34382	

Competitor Name:



Certification of Competitor

Midland Figure Skating Club Midland Civic Arena ♦ 405 Fast Ice Drive ♦ Midland, MI 48642 Competition to be held on November 9, 2024

PRACTICE ICE: Practice Ice will be available on Saturday prior to the start of the competition and mid-day. Practice ice for those competing in events eligible for the Michigan Basic Skills Series points will be scheduled for practice ice prior to the start of the competition. The cost is \$10 for 20 minutes of ice time. Please reserve a spot for practice ice below. Only one (1) session may be reserved per skater. Practice ice will also be sold the day of the competition on a first come first serve basis.

Practice Ice Reservation (\$10 for 20 minutes of ice time)	
Skater's Name: E-mai	<u>:</u>
Include payment for practice ice: \$10.00	
HAPPY AD: Send a message to a fellow skater fun message to support your skater. You may submit card size (2"x3") (e-mail: suebakke@yahoo.com) or purchase more than one ad to make a larger tribute. electronically in the MCA Lobby.	t .jpeg ready artwork electronically in business add two lines of message below. You may
# of Business Card ads X \$5 = \$ (r	nust be submitted by October 22, 2024)
Line 1:	(25 characters)
Line 2:	(25 characters)
Contact Name	
Phone Number	
Practice Ice: \$ Happy Ad: \$	
Total: \$ Check or Money O	der payable to MFSC-Competitions
Mail check for Practice Ice Reservation and/or Happy Ad	form to: Sue Bakke 2907 Valorie Lane

COMPETEUSA

Approval Code: 34382

Midland, MI 48640

Postmarked by October 22, 2024. This form may be submitted with entry forms