## Michigan High School Series

Mt Pleasant Marti	12:00 PM St	ınday, February 04, 2024		12	1	2	3	4	5	6	7
Event #	Time	Event	# Skaters	Allow this time	Melissa Garland	Barry Doren	<b>Chris Handt</b>	Lynmarie Posey	Ellen Siu	Val Terry	
<u> </u>	Begin	End <b>D4-3</b>									
	12:00 PM	12:45 PM Practice Ice		45							
	12:45 PM	1:00 PM Resurface		15							
. 1	1:00 PM	1:08 PM Level C Jumps	4	8	R1	2	3	4	5	6	
. 2	1:08 PM	1:28 PM Level C Moves	4	20	R1	2	3	4	5	6	
. 3	1:28 PM	1:37 PM Level C Spins	4	9.3	R1	2	3	4	5	6	
	1:37 PM	1:47 PM Break - NO RESURFACE		10							
. 4	1:47 PM	1:55 PM Level A Jumps	4	8	R1	2	3	4	5	6	
. 5	1:55 PM	2:15 PM Level A Moves	4	20	R1	2	3	4	5	6	
. 6	2:15 PM	2:24 PM Level A Spins	4	9.3	R1	2	3	4	5	6	
	2:24 PM	2:34 PM Break - NO RESURFACE		10							
. 7	2:34 PM	2:45 PM Level B Jumps	7	11	R1	2	3	4	5	6	
. 8	2:45 PM	3:17 PM Level B Moves (see note below)	7	32	R1	2	3	4	5	6	
. 9	3:17 PM	3:30 PM Level B Spins	7	13	R1	2	3	4	5	6	
•		Competition Ends									

### Updated 1/24 r11

allowed at rinkside.

participating skaters.

warmups

#### Middle of the Mitt

At this competition, for each level (A, B, C) all skaters that will actually skate at that level in any of the 3 disciplines may be at rinkside. No skaters not participating in that level are

When the teams enter the ice at the start of each new LEVEL (ie events 1, 4, 7) there is a 2 minute stroking-only warmup for all

Then each element gets a 45-second warmup for all skaters participating in that element followed tyy skating of the elements. Competition moves directly from Jumps to Moves, to Spins with no additional

#### Sanction: 38890

Note these are in SKATING order	А	В	С	
Capital Area ABC 1				1
Alpena <sub>BC 2</sub>	х			2
Kalamazoo AB 3			х	3
Traverse City AB 4			х	4
West Michigan United AB 5			х	5
Middle of the Mitt BC 6	х			6
Midland Area BC 7	х			7

Skating order proceeds "down one team" at each element

Format will be re-evaluated after first round of competitions.

# Each team is permitted ONE reskated element per level, per competition.

IMPORTANT NOTE: Due to the large size of the Level B group, all 4 element warmups for **Level B Moves ONLY** will have (2) 45 second groups – the first 4 teams from the top of the list (Capital, Alpena, Kalamazoo, Traverse City) get 45 sec to warm up, then they return to the wall and the final 3 teams (West MI, Mitt, Midland) warmup, then all 7 teams perform their element in the prescribed skating order. All 7 teams remain on the ice and all 7 teams perform their actual competition elements within a single group. This is as performed at Alpena.