



Event #10 – Skate the Zoo July 29th, 2023

2023 Michigan Compete with Us Series Competition Mission Statement

To give our skaters a chance to develop their Learn to Skate USA basic skills in a fun competitive environment. During the competition season skaters will have the chance to compete at different clubs and arenas earning points for a final standing. A skater may participate in either Freeskating and/or Compulsory/Element events in any of the Michigan Compete USA Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place on the ice at the Midland Competition - November 4, 2023.

Series Point System

Program with Music [Freeskate] and Compulsory/Element events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. Scoring for the final award will be as follows:

1st Place - 6 points

2nd Place - 5 points

3rd Place - 4 points

4th Place - 3 points

5th Place - 2 points

6th Place - 1 point

Skaters must participate in at least 3 of the 15 series events to be eligible to win an award with an overall placement at the finale. Skaters receive bonus points for moving up a level during the course of the series season [bonus points only awarded once each season]. Events eligible for a series finale award are:

Element & Basic Programs w/Music Events - Learn to Skate Curriculum
[Snowplow Sam thru Pre-Free Skate, Beginner & High Beginner]

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken.

Points are accumulated for Compulsory and Program with Music [Freeskate] events separately.

Medals will be awarded [1-3 Place] in each level as highlighted in each announcement. Beyond the Basic **will NOT** be counted in the Program with Music [Freeskate] and Elements/Compulsory Program Series for this 2022 season. Spins, Dance, Pairs, Theatre on Ice, Synchronized Teams, and Showcase Events **will NOT** be counted for this 2022 season. At the end of the 2022 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The Michigan Compete USA Series is sponsored equally by all the participating ice rinks and/or U.S. Figure Skating members clubs. Competition announcements will be available on www.sk8stuff.com. Each competition will have its own entry forms and specific rules. Please make sure to read the entire announcement for each competition.



2023 Michigan Compete USA Series - [Like us on](#)



Approval Code:

15th Michigan Compete USA Series [formerly Basic Skills Series]

– Hosted by the following:

<p>Event 1 Onyx-Suburban B/S Challenge February 4, 2023 Entry Deadline – January 19, 2023 Suburban Ice Macomb Macomb, MI Contact Jeanette Daskas Phone: 248-917-9544 jendaskas@aol.com</p>	<p>Event 2 Mountain Town Classic March 11, 2023 Entry Deadline – February 25, 2023 The I.C.E. Arena Mt Pleasant MI Contact: Ginni Phillips Phone: 989-560-3871 gpsk8r@gmail.com</p>	<p>Event 3 Tuxedo Invitational March 25, 2023 Entry Deadline – March 11, 2023 Slater Family Ice Arena Bowling Green, OH Contact: Merissa Rojas Phone: 419-345-0766 billmerrojas@gmail.com</p>
<p>Event 4 Arctic Basic Skills April 23, 2023 Entry Deadline – April 8, 2023 Arctic Edge Ice Arena Canton, MI Contact Stephen Scanio Phone: 248-635-4541 stephenscanio@hotmail.com</p>	<p>Event 5 Iceland Spring Fling May 7, 2023 Entry Deadline – April 22, 2023 Flint Iceland Arena Flint, MI Contact Cristy Bosley Phone: 810-814-1081 Chix44ever44@gmail.com</p>	<p>Event 6 TAFS Basic Skills Comp June 3, 2023 Entry Deadline – May 20, 2023 Troy Sports Center Troy MI Contact: Lindsey Vincent Phone: 248-709-2946 qlinzlinz@yahoo.com</p>
<p>Event 7 Ann Arbor Skills/Showcase June 10, 2023 Entry Deadline - May 24, 2023 Ann Arbor Ice Cube Ann Arbor MI Contact: Craig Forsyth Phone: 734-213-6768 Aafsc.officemanager@gmail.com</p>	<p>Event 8 Summer Swizzle June 17, 2023 Entry Deadline – May 31, 2023 Farmington Hills Ice Arena Farmington Hills, MI Contact: Ilyssa Cimmino Phone: 248-891-9153 summerswizzle@fhfsc.org</p>	<p>Event 9 Skate the Shores July 15, 2022 Entry Deadline - June 30, 2023 St Clair Shores Civic Arena St Clair Shores, MI Contact Lindsay O'Donoghue Phone: 586-774-7530 odonoghuelindsay@gmail.com</p>
<p>Event 10 Skate the Zoo July 29, 2023 Entry Deadline – July 14, 2023 Wings West Kalamazoo MI Contact Cheryl Pickett Phone: 616-901-6607 cpickett@ghqkz.com</p>	<p>Event 11 Summer Chill Basic Skills August 5, 2023 Entry Deadline – July 22, 2023 Novi Ice Arena Novi, MI Contact: Laura Paredes lamarlau@hotmail.co</p>	<p>Event 12 Skate the Lakeshore August 19, 2023 Entry Deadline August 5, 2023 Griff's Ice House West Holland MI Contact: Jacqueline Alimpich Phone: 517-518-1210 skatethelakeshore@gmail.com</p>
<p>Event 13 Skate the Gate October 8, 2023 Entry Deadline – September 25, 2023 Southgate Civic Arena Southgate MI Contact: Jackie Timm Phone: 734-771-7247 ms.j.timm@gmail.com</p>	<p>Event 14 Skate Midland November 4, 2023 Entry Deadline – October 18, 2023 Midland Civic Arena Midland MI Contact Karen Boswell Phone: 989-751-6603 Kboswell99@gmail.com</p>	<p>SERIES AWARDS CEREMONY AT THE MIDLAND COMPETITION</p>



Event #10 Skate the Zoo – Compete USA Competition
Greater Kalamazoo Skating Association
Wings West ♦ 5076 Sports Drive ♦ Kalamazoo, MI 49009
(269) 978-0118 / <https://skatekalamazoo.org>

EVENT DATE = Saturday, July 29th, 2023
Entry Deadline = Friday, July 14th, 2023

The Skate the Zoo, sponsored by the Greater Kalamazoo Skating Association will be held at the Wings West on July 29th. The ice surface measures 200 x 85 feet. This is a United State Figure Skating Basic Skills Competition. The approvals will be posted on the official competition bulletin board. Questions regarding this competition should be direct to Jessica LaPorte, j8houk@hotmail.com or (269) 720-6370. Email communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition **is** open to ALL skaters who are current eligible [ER 100] members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible skater must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher. NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Pre-Free Skate, Excel, Well Balanced, and Adult levels eligibility will be based only upon highest free skate test level passed. Moves in the Field test level will not determine skater's competitive level. Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition

Rules – The competition will be conducted under the rules set forth by the US Figure Skating Learn to Skate USA “Compete USA Competition Manual” program.

Entry Fees – The first event is \$50, the second event is \$20 and each additional event after that is \$10. All entries must be postmarked no later than July 14th. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out LEGIBLY and completely and mailed with a check made payable to GKSA to:

Jessica LaPorte
2001 N 9th Street
Kalamazoo, MI 49009

There will be a \$35 fee for returned checks.

Awards – All competitors will receive a medal. All events are final rounds. ALL awards will be made at appropriate times throughout the competition. A podium will be available for group and individual photos.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. ***Please register at least one hour before your competition time.***

Schedule of Events - Schedule will be posted on the Internet at the Figure Skater's Website – www.sk8stuff.com

Music - We will be sending out an email communication about uploading your music using a Google form. Please stay tuned for details once registration closes. Please have a CD available in case there are technical difficulties.

Practice Ice – Practice ice will be available in 20 minutes sessions. Details will be provided either online or via email prior to the competition date. Sign-in and pay \$8 at the door.



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Approval Code:

Events listed on this page are eligible for Michigan Compete with Us Series Points

SNOWPLOW SAM – BASIC 6 ELEMENTS

- ☐ Each skater will perform each element when directed by a judge/referee. Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.
- ☐ To be skated on 1/3 to 1/2 ice (determined by the LOC)
- ☐ No music
- ☐ Divide Snowplow Sam skaters by level (1-4), if registrations warrant

LEVEL	TIME	SKATING RULES/STANDARDS
SNOWPLOW SAM	1:00 max	<ul style="list-style-type: none"><input type="checkbox"/> March followed by a two-foot glide and dip<input type="checkbox"/> Forward swizzles, 2-3 in a row<input type="checkbox"/> Forward snowplow stop<input type="checkbox"/> Backward wiggles, 2-6 in a row
BASIC 1	1:00 max	<ul style="list-style-type: none"><input type="checkbox"/> Forward two-foot glide and dip<input type="checkbox"/> Forward swizzles, 6-8 in a row<input type="checkbox"/> Beginning snowplow stop on one or two feet<input type="checkbox"/> Backward wiggles, 6-8 in a row
BASIC 2	1:00 max	<ul style="list-style-type: none"><input type="checkbox"/> Forward one-foot glide (no variations), either foot<input type="checkbox"/> Scooter pushes, 2-3 each foot<input type="checkbox"/> Moving snowplow stop<input type="checkbox"/> Two-foot turn in place, forward to backward<input type="checkbox"/> Backward swizzles, 6-8 in a row
BASIC 3	1:00 max	<ul style="list-style-type: none"><input type="checkbox"/> Beginning forward stroking showing correct use of blade<input type="checkbox"/> Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive<input type="checkbox"/> Forward slalom<input type="checkbox"/> Moving forward to backward two-foot turn on a circle<input type="checkbox"/> Beginning backward one-foot glide, either foot
BASIC 4	1:00 max	<ul style="list-style-type: none"><input type="checkbox"/> Forward outside edge on a circle, clockwise or counterclockwise<input type="checkbox"/> Forward crossovers, clockwise and counterclockwise, 4-6 consecutive<input type="checkbox"/> Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive<input type="checkbox"/> Backward one-foot glides (no variations), right and left<input type="checkbox"/> Beginning two-foot spin, maximum 4 revolutions
BASIC 5	1:00 max	<ul style="list-style-type: none"><input type="checkbox"/> Backward outside edge on a circle, clockwise or counterclockwise<input type="checkbox"/> Backward crossovers, clockwise and counterclockwise, 4-6 consecutive<input type="checkbox"/> Forward outside three-turn, right and left<input type="checkbox"/> Advanced two-foot spin, minimum 4 revolutions<input type="checkbox"/> Hockey stop
BASIC 6	1:00 max	<ul style="list-style-type: none"><input type="checkbox"/> Forward inside three-turn, right and left<input type="checkbox"/> Mohawk, right to left and left to right<input type="checkbox"/> Bunny hop<input type="checkbox"/> Basic forward spiral on a straight line (no variations), right or left<input type="checkbox"/> Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position<input type="checkbox"/> T-stop, right or left

Events listed on this page are eligible for Michigan Compete with Us Series Points

SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- ☐ To be skated on full ice with music.
- ☐ The skater may use elements from a previous level.
- ☐ A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
- ☐ Divide Snowplow Sam skaters by level (1-4), if registrations warrant

LEVEL	TIME	SKATING RULES/STANDARDS
SNOWPLOW SAM	1:10 max	<input type="checkbox"/> March followed by a two-foot glide and dip <input type="checkbox"/> Forward swizzles, 2-3 in a row <input type="checkbox"/> Forward snowplow stop <input type="checkbox"/> Backward wiggles, 2-6 in a row
BASIC 1	1:10 max	<input type="checkbox"/> Forward two-foot glide and dip <input type="checkbox"/> Forward swizzles, 6-8 in a row <input type="checkbox"/> Beginning snowplow stop on one or two feet <input type="checkbox"/> Backward wiggles, 6-8 in a row
BASIC 2	1:10 max	<input type="checkbox"/> Forward one-foot glide (no variations), either foot <input type="checkbox"/> Scooter pushes, right and left foot, 2-3 each foot <input type="checkbox"/> Moving snowplow stop <input type="checkbox"/> Two-foot turn in place, forward to backward <input type="checkbox"/> Backward swizzles, 6-8 in a row
BASIC 3	1:10 max	<input type="checkbox"/> Beginning forward stroking showing correct use of blade <input type="checkbox"/> Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive <input type="checkbox"/> Forward slalom <input type="checkbox"/> Moving forward to backward two-foot turn on a circle <input type="checkbox"/> Beginning backward one-foot glide, either foot
BASIC 4	1:10 max	<input type="checkbox"/> Forward outside edge on a circle, clockwise or counterclockwise <input type="checkbox"/> Forward crossovers, clockwise and counterclockwise, 4-6 consecutive <input type="checkbox"/> Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive <input type="checkbox"/> Backward one-foot glides (no variations), right and left <input type="checkbox"/> Beginning two-foot spin, maximum 4 revolutions
BASIC 5	1:10 max	<input type="checkbox"/> Backward outside edge on a circle, clockwise or counterclockwise <input type="checkbox"/> Backward crossovers, clockwise and counterclockwise, 4-6 consecutive <input type="checkbox"/> Forward outside three-turn, right and left <input type="checkbox"/> Advanced two-foot spin, minimum 4 revolutions <input type="checkbox"/> Hockey stop
BASIC 6	1:10 max	<input type="checkbox"/> Forward inside three-turn, right and left <input type="checkbox"/> Mohawk, right to left and left to right <input type="checkbox"/> Bunny hop <input type="checkbox"/> Basic forward spiral on a straight line (no variations), right or left <input type="checkbox"/> Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position <input type="checkbox"/> T-stop, right or left

Events listed on this page are eligible for Michigan Compete with Us Series Points

PRE-FREE SKATE COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- ☐ To be skated on ½ ice.
- ☐ No music
- ☐ The skater must demonstrate the required elements listed
- ☐ **Bonus skills from the same level or below are allowed but will not be judged elements.**
- ☐ A 0.2 deduction will be taken for each element performed from a higher level.
- ☐ Time: 1:15 maximum

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max.	<ul style="list-style-type: none"><input type="checkbox"/> Two forward crossovers into a forward inside mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counterclockwise<input type="checkbox"/> One-foot upright spin, optional entry and free foot position, minimum 3 revolutions<input type="checkbox"/> Mazurka – right or left<input type="checkbox"/> Waltz jump

PRE-FREE SKATE PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- ☐ To be skated on full ice.
- ☐ The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- ☐ **Bonus skills from the same level or below are allowed but will not be judged elements.**
- ☐ A 0.2 deduction will be taken for each element performed from a higher level.
- ☐ Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max.	<ul style="list-style-type: none"><input type="checkbox"/> Two forward crossovers into a forward inside mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counterclockwise<input type="checkbox"/> One-foot upright spin, optional entry and free, foot position, minimum 3 revolutions<input type="checkbox"/> Mazurka, right or left<input type="checkbox"/> Waltz jump<input type="checkbox"/> NOT ALLOWED – Waltz jump-side toe hop-waltz jump

EXCEL COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- ☐ To be skated on ½ ice.
- ☐ No music
- ☐ The skater must demonstrate the required elements listed
- ☐ A 0.2 deduction will be taken for each element performed from a higher level.
- ☐ *Skaters may have the option to skate one level higher in compulsories than free skate program.*

<u>Excel Beginner/High Beginner Compulsory Events are eligible for Michigan Compete with Us Series Points</u>		
Level	Time	Skating rules/standards
Excel Beginner	1:15 max.	<input type="checkbox"/> Waltz jump <input type="checkbox"/> Salchow jump <input type="checkbox"/> One-foot upright spin - minimum 3 revolutions <input type="checkbox"/> Choreographic step sequence
Excel High Beginner	1:15 max.	<input type="checkbox"/> Loop jump <input type="checkbox"/> Salchow/toe loop combination <input type="checkbox"/> Sit spin - minimum 3 revolutions <input type="checkbox"/> Choreographic step sequence
<u>Excel Pre-Preliminary/Preliminary Compulsory Events are NOT eligible for Michigan Compete with Us Series Points</u>		
Level	Time	Skating rules/standards
Excel Pre-Preliminary	1:15 max.	<input type="checkbox"/> Flip jump <input type="checkbox"/> Loop/loop jump combination <input type="checkbox"/> Camel spin – minimum 3 revolutions <input type="checkbox"/> Choreographic step sequence
Excel Preliminary	1:15 max.	<input type="checkbox"/> Lutz jump <input type="checkbox"/> Flip/loop jump combination <input type="checkbox"/> Camel, sit combination spin – minimum 6 revolutions total <input type="checkbox"/> Choreographic step sequence

EXCEL FREE SKATE

General event parameters:

- ☐ Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same competition.
- ☐ Skaters will skate to the music of their choice.
- ☐ Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up one level higher.

Excel Beginner and Excel High Beginner Free Skate are eligible for Michigan Compete with Us Series Points

EXCEL BEGINNER – 1:40 MAX		
<p>Maximum 4 jump elements:</p> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front) • Single rotation jumps: Salchow, toe loop only • Eulers (half loops) are not allowed • Maximum 2 jump combinations or sequences. Combination jumps permitted • Waltz jump/toe loop and/or • Salchow/toe loop Sequence permitted <p>Waltz jump/ waltz jump (no turns or hops in between) Maximum 2 of any same jump</p>	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • Two upright spins • No change of foot <p>No flying entry Minimum 3 revolutions Max Level: Base</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic step sequence* (ChSt) <ul style="list-style-type: none"> ◦ Must use one-half of the ice surface ◦ Moves in the field and spiral sequences are allowed but will not be counted as elements <p>Jumps may be included in the step sequence</p>
EXCEL HIGH BEGINNER - 1:40 MAX		
<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front) • Single rotation jumps: toe loop, Salchow, Euler (half loop), loop • Flip, Lutz, and Axel NOT permitted <p>Maximum 2 jump combinations or sequences. One 3-jump combination is allowed</p> <ul style="list-style-type: none"> • Jump sequence is any listed jump immediately followed by a waltz jump <p>Maximum 2 of any same jump</p>	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • Both spins must be in a single position • No change of foot • No flying entry • Permitted forward spins: upright, sit, camel • Permitted back spins: upright <p>Minimum 3 revolutions Max Level: Base</p> <p>Both spins may be of the same character</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic step sequence* (ChSt) <ul style="list-style-type: none"> ◦ Must use one-half of the ice surface ◦ Moves in the field and spiral sequences are allowed but will not be counted as elements <p>Jumps may be included in the step sequence</p>

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MICHIGAN COMPETE WITH US SERIES POINTS**

EXCEL PRE-PRELIMINARY – 1:40 MAX <i>Must not have passed higher than U.S. Figure Skating pre- preliminary free skate test</i> <i>*means required element</i> <i>Learn to Skate USA membership <u>OR</u> full U.S. Figure Skating membership required</i>		
<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • Only single jumps allowed • No single Axels • Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded <p>Maximum 2 jump combinations or jump sequences</p> <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3-jump combination is allowed <p>Jump sequence is any listed jump immediately followed by a waltz jump</p>	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • One spin must be in a single position with no change of foot* • One spin may change feet or position, but not both • No flying entry Minimum 3 revolutions Spins must be of a different character <p style="text-align: center;">Max Level: 1</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic step sequence* (ChSt) <ul style="list-style-type: none"> ◦ Must use one-half of the ice surface ◦ Moves in the field and spiral sequences are allowed but will not be counted as elements <p>Jumps may be included in the step sequence</p>
EXCEL PRELIMINARY – 2:00 +/- 10 SECONDS <i>Must not have passed higher than U.S. Figure Skating preliminary free skate test</i> <i>*means required element</i> <i>Learn to Skate USA membership <u>OR</u> full U.S. Figure Skating membership required</i>		
<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • Only single jumps allowed • No single Axels • Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded <p>Maximum 2 jump combinations or jump sequences Jump combinations limited to 2 jumps. One 3-jump combination is allowed</p> <p>Jump sequence is any listed jump immediately followed by a waltz jump</p>	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • One spin must be a camel or layback spin with no change of foot and no change of position* • One spin may change feet and/ or position • No flying entry Minimum 3 revolutions Spins must be of a different character <p>□ Max Level: 1</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic step sequence* (ChSt) <ul style="list-style-type: none"> ◦ Full ice ◦ Moves in the field and spiral sequences are allowed but will not be counted as elements <p>Jumps may be included in the step sequence</p>

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MICHIGAN COMPETE WITH US SERIES POINTS**

EXCEL PRELIMINARY PLUS – 2:00 +/- 10 SECONDS <i>Must not have passed higher than U.S. Figure Skating preliminary free skate test</i> <i>*means required element</i> <i>Full U.S. Figure Skating membership required</i>		
<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • All single jumps allowed, including single Axel • No double or higher jumps allowed • Single Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels) • Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded <p>Maximum 2 jump combinations or jump sequences</p> <p>All single jumps, including the single Axel, are allowed as part of a jump combination or sequence (no double jumps)</p> <p>Jump combinations limited to 2 jumps. One 3-jump combination is allowed</p> <p>Jump sequence is any listed jump immediately followed by an Axel-type jump.</p>	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • One spin must be in a single position* • No change of foot • No flying entry • One spin may change feet and/or position • No flying entry Minimum 3 revolutions Spins must be of a different character <p style="text-align: center;">Max Level: 1</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic step sequence* (ChSt) <ul style="list-style-type: none"> o Full ice o Moves in the field and spiral sequences are allowed but will not be counted as elements <p>Jumps may be included in the step sequence</p>

**EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR
MICHIGAN COMPETE WITH US SERIES POINTS**

WELL BALANCED COMPULSORY

Format: To be skated on half-ice

- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than free skate program*

NO TEST	1:15 max	<input type="checkbox"/> Loop jump <input type="checkbox"/> Jump combination to include a toe loop (may not use a loop or Axel) <input type="checkbox"/> Upright spin with change of foot, minimum 3 revolutions on each foot <ul style="list-style-type: none"> • Choreographic step sequence
PRE- PRELIMINARY	1:15 max	<input type="checkbox"/> Lutz jump <input type="checkbox"/> Single jump-single jump (no Axel) combination <input type="checkbox"/> Spin with one change of position and no change of foot, minimum 6 revolutions total <ul style="list-style-type: none"> • Choreographic step sequence
PRELIMINARY	1:15 max	<input type="checkbox"/> Axel jump <input type="checkbox"/> Single jump-single jump (may <u>not</u> include Axel) combination <input type="checkbox"/> Spin combination with one change of foot, minimum 3 revolutions on each foot <ul style="list-style-type: none"> • Choreographic step sequence

EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES POINTS
WELL BALANCED FREE SKATE PROGRAM

- Skaters may not enter both a well-balanced free skate event and an excel free skate event at the same competition
- Skaters will skate to the music of their choice
- Level will be determined by the highest free skate test passed; skaters may compete at the highest level they have passed or skate up one level higher.
- Skaters with physical disabilities may register for standard track or Skate United Track for events

NO TEST — 1:40 MAX		
JUMPS	SPINS	STEP SEQUENCES
Max 5 Jump Elements <ul style="list-style-type: none"> • Only single jumps allowed except single Axel <ul style="list-style-type: none"> o No single Axels o Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded • Max 2 jump combinations or jump sequences <ul style="list-style-type: none"> o Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed o Jump sequence is any listed jump immediately followed by a waltz jump 	Max 2 Spins <ul style="list-style-type: none"> • Spins may change feet and/or position • Spins may start with a flying entry • Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 6103 (E))	Max 1 Sequence <ul style="list-style-type: none"> • Step sequence <ul style="list-style-type: none"> o Must use one-half the ice surface o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the step sequence If IJS is used, then ChSt

PRE-PRELIMINARY — 1:40 MAX		
JUMPS	SPINS	STEP SEQUENCES
Max 5 Jump Elements <ul style="list-style-type: none"> • All single jumps, including single Axel, allowed <ul style="list-style-type: none"> o No double, triple or quadruple jumps allowed o Axel may be repeated once as a solo jump or part of a jump sequence or combination (maximum of 2 single Axels) o Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • Max 2 jump combinations or jump sequences <ul style="list-style-type: none"> o Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed o Jump sequence is any listed jump immediately followed by an Axel-type jump 	Max 2 Spins <ul style="list-style-type: none"> • Spins may change feet and/or position • Spins may start with a flying entry • Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 6103 (E))	Max 1 Sequence <ul style="list-style-type: none"> • Step sequence <ul style="list-style-type: none"> o Must use one-half the ice surface o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the step sequence If IJS is used, then ChSt

PRELIMINARY — 2:00 +/- 10 SECONDS		
JUMPS	SPINS	STEP SEQUENCES
Max 5 Jump Elements <ul style="list-style-type: none"> • 1 must be an Axel-type jump or a waltz jump* • All single jumps, including single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) <ul style="list-style-type: none"> o Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed o An Axel plus up to two different, allowed double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or combination o Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • Max 2 jump combinations or sequences <ul style="list-style-type: none"> o Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed o Jump sequence is any listed jump immediately followed by an Axel-type jump 	Max 2 Spins <ul style="list-style-type: none"> • Spins may change feet and/or position • Spins may start with a flying entry • Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 6103 (E))	Max 1 Sequence <ul style="list-style-type: none"> • Step sequence <ul style="list-style-type: none"> o Choreographic step sequence full ice o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the step sequence If IJS is used, then ChSt

**EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR
MICHIGAN COMPETE WITH US SERIES POINTS**

ADULT BEGINNER-BRONZE COMPULSORY

- ☐ The skating order of the elements is optional. Element may only be attempted once.
- ☐ To be skated in simple program format with limited connecting steps, ½ ice.
- ☐ A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

Level	Elements
Adult Beginner Time: 1:30 Max.	<input type="checkbox"/> Waltz Jump <input type="checkbox"/> Mazurka <input type="checkbox"/> Forward beginning one-foot spin from backward crossovers (min 2 revs) <input type="checkbox"/> Forward moving inside open Mohawk (right and left) – heel to instep <input type="checkbox"/> Alternating right and left forward outside and inside edges across the width of the ice (one outside edge, right and left, one inside edge, right and left)
Adult High Beginner Time: 1:30 Max.	<input type="checkbox"/> Waltz Jump <input type="checkbox"/> ½ Flip <input type="checkbox"/> Forward upright spin – minimum 3 revolutions <input type="checkbox"/> Backward outside three- turn, right and left <input type="checkbox"/> Alternating right and left backward outside and inside edges across the width of the ice (one outside edge, right and left, one inside edge, right and left)
Adult Pre-Bronze Time: 1:30 Max.	<input type="checkbox"/> Single Toe loop jump <input type="checkbox"/> Jump combination or sequence consisting of half revolution jumps (½ flip, ½ Lutz, ½ loop, waltz), toe loop, or Salchow – maximum of 2 jumps in combination and 3 jumps in a sequence <input type="checkbox"/> Forward upright spin - minimum 3 revolutions <input type="checkbox"/> Two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise <input type="checkbox"/> Forward spiral (any edge)
Adult Bronze Time: 1:30 Max.	<input type="checkbox"/> Single Salchow jump <input type="checkbox"/> Jump combination or sequence consisting of ½ revolution jumps and/or full revolution jumps (no Lutz or Axel) – maximum 2 jumps in combination and 3 jumps in a sequence <input type="checkbox"/> Solo spin with no change of foot (min. 3 revolutions) <input type="checkbox"/> Backward inside three-turn, right and left <input type="checkbox"/> Spiral sequence (Minimum 2 spirals)- must change edge or foot

EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES POINTS

ADULT BEGINNER – BRONZE FREE SKATE PROGRAM WITH MUSIC

General event parameters:

- ☐ Skaters will skate to the music of their choice and vocal music is allowed
- ☐ To be skated on full ice
- ☐ The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner 1:40 Maximum	Max. 4 jump elements <ul style="list-style-type: none"> <input type="checkbox"/> Jumps limited to bunny hop, mazurka, ballet and Waltz jump <input type="checkbox"/> Max 1 combination or sequence consisting of only the allowed listed jumps <input type="checkbox"/> Max. 2 of any same jump 	Max. 2 spins <ul style="list-style-type: none"> <input type="checkbox"/> Two forward upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1
Adult High Beginner 1:40 Maximum	Max 4 jump elements: <ul style="list-style-type: none"> <input type="checkbox"/> Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, ½ loop, ½ flip, ½ Lutz, toe loop, salchow <input type="checkbox"/> Max 1 combination or sequence consisting of only the allowed listed jumps <input type="checkbox"/> Max. 2 of any same type jump. 	Max 2 spins: <ul style="list-style-type: none"> <input type="checkbox"/> Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating Free Skate tests
Adult Pre-Bronze 1:40 Maximum	Max 4 Jump Elements: Max 2 combinations or sequences <ul style="list-style-type: none"> <input type="checkbox"/> 1 jump combination may contain 3 jumps, and the other may contain only 2 jumps <input type="checkbox"/> Jump sequence is any listed jump immediately followed by an Axel-type jump <input type="checkbox"/> Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) <input type="checkbox"/> Only single and half-revolution jumps are permitted <input type="checkbox"/> No single Lutz, single Axel, double or triple jumps are permitted 	Max 2 Spins: <ul style="list-style-type: none"> <input type="checkbox"/> Max Level 1 <input type="checkbox"/> Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 E) 	Connecting steps throughout the program are required	Skaters may not have passed tests higher than U.S. Figure Skating Adult Pre-Bronze or Pre-Preliminary Free Skate
Adult Bronze 1:50 maximum	Max 4 Jump Elements: <ul style="list-style-type: none"> <input type="checkbox"/> Max 2 combinations or sequences [Jump sequence is any listed jump immediately followed by an Axel-type jump]; <input type="checkbox"/> 1 combination/sequence may consist of three jumps, and the other may have only two jumps <input type="checkbox"/> Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) <input type="checkbox"/> All single jumps are permitted (except single Axel) <input type="checkbox"/> No single Axel, double or triple jumps are permitted 	Max 2 Spins: <ul style="list-style-type: none"> • Max Level 1 • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 3 revs total if no change of foot • Min 3 revs each foot if change of foot • Min 2 revs in each position • No flying spins are permitted 	Max 1 Sequence: 1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals) Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as	Skaters may not have passed tests higher than U.S. Figure Skating Adult Bronze or Preliminary Free Skate

SPECIAL OLYMPICS EVENTS ARE ELIGIBLE FOR
MICHIGAN COMPETE WITH US SERIES POINTS

SPECIAL OLYMPICS BADGE 1-12

Competition hosts can use the skills listed below to create either an elements event or program event for Special Olympics competitors. If doing a program, music can be used and will be 1:10 max.

Badge 1

- A. Stand unassisted for five seconds
- B. Sit on ice or fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

Badge 2

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- D. Two foot glide forward for distance of at least length of body

Badge 3

- A. Backward wiggle or march
- B. Five forward swizzles covering at least ten feet
- C. Forward skating across the rink
- D. Forward gliding dip covering at least length of body: left and right

Badge 4

- A. Backward two-foot glide covering at least length of body
- B. Two foot jump in place
- C. One foot snowplow stop: left and right
- D. Forward one foot glide covering at least length of body: left and right

Badge 5

- A. Forward stroking across rink
- B. Five backward swizzles covering at least ten feet
- C. Forward two-foot curves left and right across rink
- D. Two-foot turn front to back, on the spot

Badge 6

- A. Gliding forward to backward two-foot turn
- B. Five consecutive forward one-foot swizzles on circle: left and right
- C. Backward one foot glide length of body: left and right
- D. Forward pivot

Badge 7

- A. Backward stroking across the rink
- B. Gliding backward to forward two-foot turn
- C. T-stop left or right
- D. Forward two foot turn on a circle: left and right

Badge 8

- A. Five consecutive forward crossovers: left and right
- B. Forward outside edge: left and right
- C. Five consecutive backward ½ swizzles on a circle: left and right
- D. Two-foot spin

Badge 9

- A. Forward outside 3 turn: left and right
- B. Forward inside edge: left and right
- C. Forward lunge or shoot the duck at any depth
- D. Bunny hop

Badge 10

- A. Forward inside three-turn: left and right
- B. Five consecutive backward crossovers: left and right
- C. Hockey stop
- D. Forward spiral three times length of body

Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: left and right
- D. Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

Badge 12

- A. Waltz jump
- B. One foot spin: minimum of three revolutions
- C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- D. Combination of three moves chosen from badges 9-12

EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES

POINTS
Solo Pattern Dance

GENERAL EVENT PARAMETERS:

- Levels are based upon the skaters' highest pattern dance test passed
- A solo pattern dance competition event will consist of the skater performing two solo pattern dances
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for his/her level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30–July 2), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the second quarter).
- Skaters will complete both dances at each level. Dances will be scheduled at the discretion of the chief referee for each competition and may be competed consecutively or with a break in-between pattern dance groupings.

<i>PRELIMINARY</i>			
<i>JANUARY 1–MARCH 31</i>	<i>APRIL 1–JUNE 30</i>	<i>JULY 1–SEPTEMBER 30</i>	<i>OCTOBER 1–DECEMBER 31</i>
1. Dutch Waltz 2. Canasta Tango	1. Rhythm Blues 2. Dutch Waltz	1. Canasta Tango 2. Rhythm Blues	1. Rhythm Blues 2. Dutch Waltz

<i>PRE-BRONZE</i>			
<i>JANUARY 1–MARCH 31</i>	<i>APRIL 1–JUNE 30</i>	<i>JULY 1–SEPTEMBER 30</i>	<i>OCTOBER 1–DECEMBER 31</i>
1. Swing Dance 2. Cha-Cha	1. Fiesta Tango 2. Swing Dance	1. Cha-Cha 2. Fiesta Tango	1. Swing Dance 2. Cha-Cha

Approval Code: **Skate the Zoo – Event #10**

Entry Form [PLEASE PRINT CLEARLY]

Name _____ Age _____ **Birth Date** _____
Last First

E-Mail Address _____

Address _____ City _____

State _____ Zip _____ Area Code/Phone # _____

Home Club _____ **Member #** _____ **Highest Level Passed** _____

Male _____ Female _____ Name of Parent/Guardian _____

\$50 for First Event; \$20 for Second Event; \$10 for Each Additional Event

Basic Compulsory	Compulsory	Adult Compulsory	Solo Dance	Special Olympics
Snowplow Sam*	Pre Free Skate*	Adult Beginner	Preliminary	Badge 1*
Basic 1*	Excel Beginner*	Adult High Beg	Pre-Bronze	Badge 2*
Basic 2*	Excel High Beg*	Adult Pre-Bronze		Badge 3*
Basic 3*	Excel Pre-Prelim	Adult Bronze		Badge 4*
Basic 4*	Excel Preliminary			Badge 5*
Basic 5*				Badge 6*
Basic 6*				Badge 7*
	Free Skate	Adult Prog w/Music		Badge 8*
Basic Prog w/Music	Pre Free Skate*	Adult Beginner		Badge 9*
Snowplow Sam*	Excel Beginner*	Adult High Beg		Badge 10*
Basic 1*	Excel High Beg*	Adult Pre-Bronze		Badge 11*
Basic 2*	Excel Pre-Prelim	Adult Bronze		Badge 12*
Basic 3*	Excel Preliminary			
Basic 4*	Excel Prelim Plus			
Basic 5*				
Basic 6*	Well-Balanced Comp			
	No Test			
	Pre-Preliminary			
	Preliminary			
	Well-Balanced FS			
	No Test			
	Pre-Preliminary			
	Preliminary			

Events listed above with an * after them will be eligible for Michigan Compete with Us Series Points

Entry Fees are not refundable after the entry deadline unless an event is cancelled.

If you are not a U.S. Figure Skating member add \$15 to fee / enter through our Basic Skills Program

First Event \$ _____
Additional Event \$ _____
Additional Event \$ _____
Additional Event \$ _____
Join USF/S \$ _____
TOTAL: \$ _____

ENTRIES MUST BE POST MARKED BY July 14th

Mail form and fees to: Jessica LaPorte

2001 N 9th Street, Kalamazoo, MI, 49009

Make check or money order payable **to GKSA**

INTERESTED IN PAYING BY CREDIT CARD?

CONTACT: j8houk@hotmail.com or (269) 720-6370



2023 Michigan Compete USA Series - Like us on



Approval Code:

Certification of Competitor _____ Competitor Name: _____

1. The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Greater Kalamazoo Skating Association and Wings West harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.
2. As a participant, or parent/guardian of a minor participant, in the Skate the Zoo/Basic Skills Series, I understand that the Skate the Zoo/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at Skate the Zoo/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Skate the Zoo/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media
3. I have read the Concussion Awareness Information located on www.sk8stuff.com and by signing below, I am agreeing to the terms and conditions.

Parent/Guardian Signature _____ Date _____

Club Officer/Program Director _____
Title _____ Date _____

COMPETITOR SIGNATURE _____ Date _____

Coach Signature: _____ Print Name: _____

Please print clearly

Registered on U.S. Figure Skating Coaches Registry for the current season? Yes ☐ # _____

If you are not registered, go to www.usfigureskating.org, click on the Coaches Registration button and follow the instruction for registration.

COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT

Phone _____ E-mail Address: _____

Please print clearly

CHECKLIST [please be sure the following is included]:

____ Entry form with U.S. F/S Number

____ Club Officer/Program Director Signature

____ Check payable to GKSA

____ Events to be entered checked properly



2023 Michigan Compete with Us Series - Like us on



Approval Code: _____

HAPPY AD ADVERTISING FORM

[Put an encouraging note to your skater or entire club in our program]

Ad sizes available: Ads are available in business card size only however you may purchase more than one ad to make a larger tribute to your skater.

_____ # of Business Card ads X \$5 = \$_____

Please include payment with your copy

Contact Name _____

Address _____

Phone Number _____

Insert Ad copy here or attach camera-ready artwork to this form.



Approval Code: