





Event #10 – Skate the Zoo July 29th, 2023

2023 Michigan Compete with Us Series Competition Mission Statement

To give our skaters a chance to develop their Learn to Skate USA basic skills in a fun competitive environment. During the competition season skaters will have the chance to compete at different clubs and arenas earning points for a final standing. A skater may participate in either Freeskating and/or Compulsory/Element events in any of the Michigan Compete USA Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place on the ice at the Midland Competition - November 4, 2023.

Series Point System

Program with Music [Freeskate] and Compulsory/Element events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. Scoring for the final award will be as follows:

 1^{st} Place - 6 points 2^{nd} Place - 5 points 3^{rd} Place - 4 points 4^{th} Place - 3 points 5^{th} Place - 2 points 6^{th} Place - 1 point

Skaters must participate in at least 3 of the 15 series events to be eligible to win an award with an overall placement at the finale. Skaters receive bonus points for moving up a level during the course of the series season [bonus points only awarded once each season]. Events eligible for a series finale award are:

Element & Basic Programs w/Music Events - Learn to Skate Curriculum [Snowplow Sam thru Pre-Free Skate, Beginner & High Beginner

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken.

Points are accumulated for Compulsory and Program with Music [Freeskate] events separately.

Medals will be awarded [1-3 Place] in each level as highlighted in each announcement. Beyond the Basic <u>will NOT</u> be counted in the Program with Music [Freeskate] and Elements/Compulsory Program Series for this 2022 season. Spins, Dance, Pairs, Theatre on Ice, Synchronized Teams, and Showcase Events <u>will NOT</u> be counted for this 2022 season. At the end of the 2022 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The Michigan Compete USA Series is sponsored equally by all the participating ice rinks and/or U.S. Figure Skating members clubs. Competition announcements will be available on www.sk8stuff.com. Each competition will have its own entry forms and specific rules. Please make sure to read the entire announcement for each competition.





15th Michigan Compete USA Series [formerly Basic Skills Series] - Hosted by the following:

	– Hosted by the following:	
Event 1 Onyx-Suburban B/S	Event 2 Mountain Town Classic	Event 3 Tuxedo Invitational
Challenge	March 11, 2023	March 25, 2023
February 4, 2023	Entry Deadline – February 25, 2023	Entry Deadline – March 11, 2023
Entry Deadline – January 19, 2023	The I.C.E. Arena	Slater Family Ice Arena
Suburban Ice Macomb	Mt Pleasant MI	Bowling Green, OH
Macomb, MI	Contact: Ginni Phillips	Contact: Merissa Rojas
Contact Jeanette Daskas	Phone: 989-560-3871	Phone: 419-345-0766
Phone: 248-917-9544	gpsk8r@gmail.com	billmerrojas@gmail.com
jendaskas@aol.com		<u></u>
Event 4 Arctic Basic Skills	Event 5 Iceland Spring Fling	Event 6 TAFS Basic Skills Comp
April 23, 2023	May 7, 2023	June 3, 2023
Entry Deadline – April 8, 2023	Entry Deadline - April 22, 2023	Entry Deadline – May 20, 2023
Arctic Edge Ice Arena	Flint Iceland Arena	Troy Sports Center
Canton, MI	Flint, MI	Troy MI
Contact Stephen Scanio	Contact Cristy Bosley	Contact: Lindsey Vincent
Phone: 248-635-4541	Phone: 810-814-1081	Phone: 248-709-2946
stephenscanio@hotmail.com	Chix44ever44@gmail.com	glinzlinz@yahoo.com
Event 7 Ann Arbor Skills/Showcase	Event 8 Summer Swizzle	Event 9 Skate the Shores
June 10, 2023	June 17, 2023	July 15, 2022
Entry Deadline - May 24, 2023	Entry Deadline - May 31, 2023	Entry Deadline - June 30, 2023
Ann Arbor Ice Cube	Farmington Hills Ice Arena	St Clair Shores Civic Arena
Ann Arbor MI	Farmington Hills, MI	St Clair Shores, MI
Contact: Craig Forsyth	Contact: Ilyssa Cimmino	Contact Lindsay O'Donoghue
Phone: 734-213-6768	Phone: 248-891-9153	Phone: 586-774-7530
Aafsc.officemanager@gmail.com	summerswizzle@fhfsc.org	odonoghuelindsay@gmail.com
Event 10 Skate the Zoo	Event 11 Summer Chill Basic Skills	Event 12 Skate the Lakeshore
July 29, 2023	August 5, 2023	August 19, 2023
Entry Deadline - July 14, 2023	Entry Deadline - July 22, 2023	Entry Deadline August 5, 2023
Wings West	Novi Ice Arena	Griff's Ice House West
Kalamazoo MI	Novi, MI	Holland MI
Contact Cheryl Pickett	Contact: Laura	Contact: Jacqueline Alimpich
Phone: 616-901-6607	Paredes	Phone: 517-518-1210
cpickett@ghgkz.com	lamarlau@hotmail.co	skatethelakeshore@gmail.com
Event 13 Skate the Gate	Event 14 Skate Midland	SERIES AWARDS
October 8, 2023	November 4, 2023	
Entry Deadline – September 25, 2023	Entry Deadline - October 18, 2023	CEREMONY
Southgate Civic Arena	Midland Civic Arena	
Southgate MI	Midland MI	AT THE MIDLAND
Contact: Jackie Timm	Contact Karen Boswell	COMPETITION
Phone: 734-771-7247	Phone: 989-751-6603	
ms.j.timm@gmail.com	Kboswell99@gmail.com	







Event #10 Skate the Zoo – Compete USA Competition Greater Kalamazoo Skating Association Wings West ◆ 5076 Sports Drive ◆ Kalamazoo, MI 49009 (269) 978-0118 / https://skatekalamazoo.org

EVENT DATE = Saturday, July 29th, 2023 Entry Deadline = Friday, July 14th, 2023

The Skate the Zoo, sponsored by the Greater Kalamazoo Skating Association will be held at the Wings West on July 29th. The ice surface measures 200 x 85 feet. This is a United State Figure Skating Basic Skills Competition. The approvals will be posted on the official competition bulletin board. Questions regarding this competition should be direct to Jessica LaPorte, j8houk@hotmail.com or (269) 720-6370. Email communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition **is** open to ALL skaters who are current eligible [ER 100] members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible skater must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher. NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Pre-Free Skate, Excel, Well Balanced, and Adult levels eligibility will be based only upon highest free skate test level passed. Moves in the Field test level will not determine skater's competitive level. Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition

Rules – The competition will be conducted under the rules set forth by the US Figure Skating Learn to Skate USA "Compete USA Competition Manual" program.

Entry Fees – The first event is \$50, the second event is \$20 and each additional event after that is \$10. All entries must be postmarked no later than July 14th. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out LEGIBLY and completely and mailed with a check made payable to GKSA to:

Jessica LaPorte 2100 N 9th Street Kalamazoo, MI 49009

There will be a \$35 fee for returned checks.

Awards – <u>All competitors will receive a medal.</u> All events are final rounds. ALL awards will be made at appropriate times throughout the competition. A podium will be available for group and individual photos.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. *Please register at least one hour before your competition time.*

Schedule of Events - Schedule will be posted on the Internet at the Figure Skater's Website - www.sk8stuff.com

Music - We will be sending out an email communication about uploading your music using a Google form. Please stay tuned for details once registration closes. Please have a CD available in case there are technical difficulties.

Practice Ice – Practice ice will be available in 20 minutes sessions. Details will be provided either online or via email prior to the competition date. Sign-in and pay \$8 at the door.





Approval Code:

Events listed on this page are eligible for Michigan Compete with Us Series Points

SNOWPLOW SAM – BASIC 6 ELEMENTS

Each skater will perform each element when directed by a judge/referee. Judge/referee directed example: all
skaters perform first element before moving on to the next and so on, or each skater performs all of the required
elements before moving on to the next skater.
To be skated on 1/3 to 1/2 ice (determined by the LOC)
No music
Divide Snowplow Sam skaters by level (1-4), if registrations warrant

LEVEL	TIME	SKATING RULES/STANDARDS
SNOWPLOW SAM	1:00 max	 March followed by a two-foot glide and dip Forward swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row
BASIC 1	1:00 max	 □ Forward two-foot glide and dip □ Forward swizzles, 6-8 in a row □ Beginning snowplow stop on one or two feet □ Backward wiggles, 6-8 in a row
BASIC 2	1:00 max	 □ Forward one-foot glide (no variations), either foot □ Scooter pushes, 2-3 each foot □ Moving snowplow stop □ Two-foot turn in place, forward to backward □ Backward swizzles, 6-8 in a row
BASIC 3	1:00 max	 Beginning forward stroking showing correct use of blade Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Forward slalom Moving forward to backward two-foot turn on a circle Beginning backward one-foot glide, either foot
BASIC 4	1:00 max	 □ Forward outside edge on a circle, clockwise or counterclockwise □ Forward crossovers, clockwise and counterclockwise, 4-6 consecutive □ Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive □ Backward one-foot glides (no variations), right and left □ Beginning two-foot spin, maximum 4 revolutions
BASIC 5	1:00 max	 □ Backward outside edge on a circle, clockwise or counterclockwise □ Backward crossovers, clockwise and counterclockwise, 4-6 consecutive □ Forward outside three-turn, right and left □ Advanced two-foot spin, minimum 4 revolutions □ Hockey stop
BASIC 6	1:00 max	 Forward inside three-turn, right and left Mohawk, right to left and left to right Bunny hop Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position T-stop, right or left





Events listed on this page are eligible for Michigan Compete with Us Series Points SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required e	lements is optional. The elements	are not restricted as to the number of
times the element is executed or length of o	glides, number of revolutions, etc.	unless otherwise specified.

To be skated on full ice with music.
The skater may use elements from a previous level.
A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level
or below are allowed but will not be judged elements.
Divide Snowplow Sam skaters by level (1-4), if registrations warrant

LEVEL	TIME	SKATING RULES/STANDARDS
SNOWPLOW SAM	1:10 max	 March followed by a two-foot glide and dip Forward swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row
BASIC 1	1:10 max	 □ Forward two-foot glide and dip □ Forward swizzles, 6-8 in a row □ Beginning snowplow stop on one or two feet □ Backward wiggles, 6-8 in a row
BASIC 2	1:10 max	 □ Forward one-foot glide (no variations), either foot □ Scooter pushes, right and left foot, 2-3 each foot □ Moving snowplow stop □ Two-foot turn in place, forward to backward □ Backward swizzles, 6-8 in a row
BASIC 3	1:10 max	 Beginning forward stroking showing correct use of blade Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Forward slalom Moving forward to backward two-foot turn on a circle Beginning backward one-foot glide, either foot
BASIC 4	1:10 max	 Forward outside edge on a circle, clockwise or counterclockwise Forward crossovers, clockwise and counterclockwise, 4-6 consecutive Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Backward one-foot glides (no variations), right and left Beginning two-foot spin, maximum 4 revolutions
BASIC 5	1:10 max	 □ Backward outside edge on a circle, clockwise or counterclockwise □ Backward crossovers, clockwise and counterclockwise, 4-6 consecutive □ Forward outside three-turn, right and left □ Advanced two-foot spin, minimum 4 revolutions □ Hockey stop
BASIC 6	1:10 max	 Forward inside three-turn, right and left Mohawk, right to left and left to right Bunny hop Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position T-stop, right or left





Events listed on this page are eligible for Michigan Compete with Us Series Points

PRE-FREE SKATE COMPULSORY

	4				
elements is optional. □ To be skated on ½ ice.					
The skater must demonstrate the required elements listed					
Bonus skills from the same level or below are allowed but will not be judged elements.					
□ A 0.2 deduction will be taken for each element performed from a higher level.					
□ Time: 1:15 maximum					
Level Time Skating rules/standards					
Pre- Free Skate	1:15 max.	 Two forward crossovers into a forward inside mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counterclockwise One-foot upright spin, optional entry and free foot position, minimum 3 revolutions Mazurka – right or left Waltz jump 			
number o	f times an	PRE-FREE SKATE PROGRAM WITH MUSIC g order of the required elements is optional. The elements are not restricted as to the element is executed, length of glides, number of revolutions, etc., unless otherwise steps and transitions should be demonstrated throughout the program.			
number o stated. Co To be The s eleme Bonu A 0.2	of times and onnecting a skated or other skater must ents from pass skills from the skills fro	g order of the required elements is optional. The elements are not restricted as to the element is executed, length of glides, number of revolutions, etc., unless otherwise steps and transitions should be demonstrated throughout the program. In full ice. It demonstrate the required elements and may use but is not required to use any addition previous levels. It will be taken for each element performed from a higher level.			
number o stated. Co To be The s eleme Bonu A 0.2 Time	of times and onnecting a skated or other skater must ents from pass skills from deduction 1:40 max.	g order of the required elements is optional. The elements are not restricted as to the element is executed, length of glides, number of revolutions, etc., unless otherwise steps and transitions should be demonstrated throughout the program. In full ice. It demonstrate the required elements and may use but is not required to use any addition previous levels. It will be taken for each element performed from a higher level.			
number o stated. Co To be The s eleme Bonu A 0.2	of times and connecting a skated or classification of the content	g order of the required elements is optional. The elements are not restricted as to the element is executed, length of glides, number of revolutions, etc., unless otherwise steps and transitions should be demonstrated throughout the program. In full ice. It demonstrate the required elements and may use but is not required to use any addition previous levels. It will be taken for each element performed from a higher level.			





EXCEL COMPULSORY

Format: In simple pro	ogram form, using	ı a limited num	ber of connecting	g steps, the skating	g order of the re	equired
elements is optional.						
☐ To be skated	on ½ ice.					

To be skated on ½ ice.
No music
The skater must demonstrate the required elements listed
A 0.2 deduction will be taken for each element performed from a higher level.
Skaters may have the option to skate one level higher in compulsories than free skate program.

Excel Beginner/High Beginner Compulsory Events are eligible for				
Michigan Compete with Us Series Points				
Level	Time	Skating rules/standards		
		□ Waltz jump		
Excel	1:15	□ Salchow jump		
Beginner	max.	☐ One-foot upright spin - minimum 3 revolutions		
		☐ Choreographic step sequence		
		☐ Loop jump		
Excel High	1:15	□ Salchow/toe loop combination		
Beginner	max.	☐ Sit spin - minimum 3 revolutions		
		☐ Choreographic step sequence		
<u>E</u> 2	ccel Pre-Pr	eliminary/Preliminary Compulsory Events are NOT eligible for		
		Michigan Compete with Us Series Points		
Level	Time	☐ Skating rules/standards		
		□ Flip jump		
Excel Pre-	1:15	☐ Loop/loop jump combination		
Preliminary	max.	□ Camel spin – minimum 3 revolutions		
		☐ Choreographic step sequence		
		□ Lutz jump		
Excel	1:15	□ Flip/loop jump combination		
Preliminary	max.	☐ Camel, sit combination spin – minimum 6 revolutions total		
		□ Choreographic step sequence		





EXCEL FREE SKATE

General event parameters:

Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the
same competition.
Skaters will skate to the music of their choice.
Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest
level they have passed, or skate up one level higher.

Excel Beginner and Excel High Beginner Free Skate are eligible for Michigan Compete with Us Series Points

EXCEL BEGINNER – 1:40 MAX

Maximum 4 jump elements:

- Jumps with no more than one-half rotation (front to back or back to front)
- Single rotation jumps: Salchow, toe loop only
- · Eulers (half loops) are not allowed
- Maximum 2 jump combinations or sequences. Combination jumps permitted
- Waltz jump/toe loop and/or
- · Salchow/toe

loop Sequence permitted

Waltz jump/ waltz jump (no turns or hops in between) Maximum 2 of any same jump

Maximum 2 spins:

- Two upright spins
- No change of foot No flying entry Minimum 3 revolutions Max Level: Base

Maximum 1 Sequence:

- Choreographic step sequence* (ChSt)
 - Must use one-half of the ice surface
 - Moves in the field and spiral sequences are allowed but will not be counted as elements

Jumps may be included in the step sequence

EXCEL HIGH BEGINNER - 1:40 MAX

Maximum 5 jump elements:

- Jumps with no more than one-half rotation (front to back or back to front)
- Single rotation jumps: toe loop, Salchow, Euler (half loop), loop
- Flip, Lutz, and Axel NOT permitted Maximum 2 jump combinations or sequences. One 3-jump combination is allowed
- Jump sequence is any listed jump immediately followed by a waltz jump
 Maximum 2 of any same jump

Maximum 2 spins:

- Both spins must be in a single position
- No change of foot
- No flying entry
- Permitted forward spins: upright, sit, camel
- Permitted back spins: upright

Minimum 3 revolutions Max Level: Base

Both spins may be of the same character

Maximum 1 Sequence:

- Choreographic step sequence* (ChSt)
 - Must use one-half of the ice surface
 - Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be

included in the step sequence





EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES POINTS

EXCEL PRE-PRELIMINARY – 1:40 MAX

<u>Must not</u> have passed higher than U.S. Figure Skating pre- preliminary free skate test *means required element

Learn to Skate USA membership OR full U.S. Figure Skating membership required

Maximum 5 jump elements:

- Only single jumps allowed
- No single Axels
- Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded

Maximum 2 jump combinations or jump sequences

 Jump combinations limited to 2 jumps. One 3-jump combination is allowed

Jump sequence is any listed jump immediately followed by a waltz jump

Maximum 2 spins:

- One spin must be in a single position with no change of foot*
- One spin may change feet or position, but not both
- No flying entry Minimum 3 revolutions Spins must be of a different character

Max Level: 1

Maximum 1 Sequence:

- Choreographic step sequence* (ChSt)
 - Must use onehalf of the ice surface
 - Moves in the field and spiral sequences are allowed but will not be counted as elements

Jumps may be included in the step sequence

EXCEL PRELIMINARY - 2:00 +/- 10 SECONDS

<u>Must not</u> have passed higher than U.S. Figure Skating preliminary free skate test *means required element

Learn to Skate USA membership <u>OR</u> full U.S. Figure Skating membership required

Maximum 5 jump elements:

- Only single jumps allowed
- No single Axels
- Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded

Maximum 2 jump combinations or jump sequences Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump immediately followed by a waltz jump

Maximum 2 spins:

- One spin must be a camel or layback spin with no change of foot and no change of position*
- One spin may change feet and/ or position
- No flying entry Minimum 3 revolutions Spins must be of a different character

☐ Max Level: 1

Maximum 1 Sequence:

- Choreographic step sequence* (ChSt)
 - o Full ice
 - o Moves in the field and spiral sequences are allowed but will not be counted as elements

Jumps may be included in the step sequence





<u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR</u> MICHIGAN COMPETE WITH US SERIES POINTS

EXCEL PRELIMINARY PLUS - 2:00 +/- 10 SECONDS

Must not have passed higher than U.S. Figure Skating preliminary free skate test

*means required element

Full U.S. Figure Skating membership required

Maximum 5 jump elements:

- · All single jumps allowed, including single Axel
- No double or higher jumps allowed
- Single Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels)
- Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded

Maximum 2 jump combinations or jump sequences

All single jumps, including the single Axel, are allowed as part of a jump combination or sequence (no double jumps)

Jump combinations limited to 2 jumps. One 3-jump combination is allowed

Jump sequence is any listed jump immediately followed by an Axel-type jump.

Maximum 2 spins:

- One spin must be in a single position*
- No change of foot
- No flying entry
- One spin may change feet and/or position
- No flying entry Minimum 3 revolutions Spins must be of a different character

Max Level: 1

Maximum 1 Sequence:

- Choreographic step sequence* (ChSt)
 - oFull ice
 - o Moves in the field and spiral sequences are allowed but will not be counted as
 - elements Jumps may be included in the step sequence





EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES POINTS

WELL BALANCED COMPULSORY

Format:: To be skated on half-ice

- No music
- · The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level
- Skaters may have the option to skate one level higher in compulsories than free skate program

NO TEST	1:15 max	 Loop jump Jump combination to include a toe loop (may not use a loop or Axel) Upright spin with change of foot, minimum 3 revolutions on each foot Choreographic step sequence
PRE- PRELIMINARY	1:15 max	 Lutz jump Single jump-single jump (no Axel) combination Spin with one change of position and no change of foot, minimum 6 revolutions total Choreographic step sequence
PRELIMINARY	1:15 max	 Axel jump Single jump-single jump (may not include Axel) combination Spin combination with one change of foot, minimum 3 revolutions on each foot Choreographic step sequence





<u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES POINTS</u> WELL BALANCED FREE SKATE PROGRAM

- · Skaters may not enter both a well-balanced free skate event and an excel free skate event at the same competition
- · Skaters will skate to the music of their choice
- Level will be determined by the highest free skate test passed; skaters may compete at the highest level they have passed or skate
 up one level higher.
- Skaters with physical disabilities may register for standard track or Skate United Track for events

NO TEST — 1:40 MAX		
JUMPS	SPINS	STEP SEQUENCES
Max 5 Jump Elements Only single jumps allowed except single Axel No single Axels Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequence is any listed jump immediately followed by a waltz jump	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 6103 (E))	Max 1 Sequence • Step sequence • Must use one-half the ice surface • Moves in the field and spiral sequences are allowed but will not be counted as elements • Jumps may be included in the step sequence If IJS is used, then ChSt

PRE-PRELIMINARY — 1:40 MAX		
JUMPS	SPINS	STEP SEQUENCES
Max 5 Jump Elements • All single jumps, including single Axel, allowed o No double, triple or quadruple jumps allowed o Axel may be repeated once as a solo jump or part of a jump sequence or combination (maximum of 2 single Axels) o Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs.	Max 1 Sequence • Step sequence • Must use one-half the ice surface • Moves in the field and spiral sequences are allowed but will not be
 Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequence is any listed jump immediately followed by an Axeltype jump 	These spins must be of a different character (For definition see U.S. Figure Skating rule 6103 (E))	counted as elements Jumps may be included in the step sequence If IJS is used, then ChSt

PRELIMINARY — 2:00 +/- 10 SECONDS		
JUMPS	SPINS	STEP SEQUENCES
 Max 5 Jump Elements 1 must be an Axel-type jump or a waltz jump* All single jumps, including single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed An Axel plus up to two different, allowed double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed Jump sequence is any listed jump immediately followed by an Axel-type jump 	Max 2 Spins	Max 1 Sequence • Step sequence o Choreographic step sequence full ice o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the step sequence If IJS is used, then ChSt





EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES POINTS

ADULT BEGINNER-BRONZE COMPULSORY

The skating order of the elements is optional. Element may only be attempted once.
To be skated in simple program format with limited connecting steps, ½ ice.
A 0.2 deduction will be taken for each element MISSING REPEATED or from a higher level

Level	Elements				
A 1 1	□ Waltz Jump				
Adult	□ Mazurka				
Beginner	☐ Forward beginning one-foot spin from backward crossovers (min 2 revs)				
Time:	□ Forward moving inside open Mohawk (right and left) – heel to instep				
1:30 Max.	 Alternating right and left forward outside and inside edges across the width of the ice (one outside edge, right and left, one inside edge, right and left) 				
	□ Waltz Jump				
Adult High	□ ½ Flip				
Beginner	□ Forward upright spin – minimum 3 revolutions				
Time:	□ Backward outside three- turn, right and left				
1:30 Max.	 Alternating right and left backward outside and inside edges across the width of the ice (one outside edge, right and left, one inside edge, right and left) 				
	Single Toe loop jump				
Adult Pre-	Jump combination or sequence consisting of half revolution jumps (½ flip, ½ Lutz, ½ loop, waltz), toe loop, or Salchow – maximum of				
Bronze	2 jumps in combination and 3 jumps in a sequence				
Time:	□ Forward upright spin - minimum 3 revolutions				
1:30 Max.	 Two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise 				
	□ Forward spiral (any edge)				
	□ Single Salchow jump				
Adult	☐ Jump combination or sequence consisting of ½ revolution jumps and/or full revolution jumps (no Lutz or Axel) — maximum 2 jumps in				
Bronze	combination and 3 jumps in a sequence				
Time:	□ Solo spin with no change of foot (min. 3 revolutions)				
1:30 Max.	□ Backward inside three-turn, right and left				
	□ Spiral sequence (Minimum 2 spirals)- must change edge or foot				





<u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES</u> <u>POINTS</u>

ADULT BEGINNER - BRONZE FREE SKATE PROGRAM WITH MUSIC

General event parameters:

Skaters will	CVOID ID ID	2 mileie (at thair	Chaica and	VACAL	mileie ie	
OKALCIO WIII	SKALE LU III	z muaic u	JI 1111511	CHOICE and	vocai	HIUSIC IS	alloweu

To be skated on full ice

The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner	Max. 4 jump elements Umps limited to bunny hop,	Max. 2 spins Two forward	Connecting moves	Skaters may not
1:40 Maximum	mazurka, ballet and Waltz jump Max 1 combination or sequence consisting of only the allowed listed jumps Max. 2 of any same jump	upright spins, no change of foot, no flying entry (Min. 3 revolutions)	and steps should be demonstrated throughout the program	have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1
Adult High Beginner	Max 4 jump elements: ☐ Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, ½	Max 2 spins: ☐ Two upright spins, change	Connecting moves and steps should be	Skaters may not have passed any U.S. Figure
1:40 Maximum	loop, ½ flip, ½ Lutz, toe loop, salchow Max 1 combination or sequence consisting of only the allowed listed jumps Max. 2 of any same type jump.	of foot optional, no flying entry (Min. 3 revolutions)	demonstrated throughout the program	Skating Free Skate tests
Adult Pre- Bronze	Max 4 Jump Elements: Max 2 combinations or sequences 1 jump combination may contain 3	Max 2 Spins: Max Level 1 Spins must be	Connecting steps throughout the	Skaters may not have passed tests
1:40 Maximum	jumps, and the other may contain only 2 jumps Jump sequence is any listed jump immediately followed by an Axel-type jump	of different character (for definition, see U.S. Figure Skating rule	program are required	higher than U.S. Figure Skating Adult Pre-Bronze or Pre-Preliminary Free Skate
	 Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) Only single and half-revolution jumps are permitted 	4103 E)		Tiee Skale
	 No single Lutz, single Axel, double or triple jumps are permitted 			
Adult Bronze	Max 4 Jump Elements: ☐ Max 2 combinations or sequences [Jump sequence is any listed jump	Max 2 Spins: • Max Level 1 • Spins must be of	Max 1 Sequence: 1 choreographic step sequence, fully	Skaters may not have passed tests
1:50 maximum	immediately followed by an Axel- type jump]; 1 combination/sequence may consist of three jumps, and the other may have only two jumps	different character (for definition, see U.S. Figure Skating rule 4103 (E)) Min 3 revs total if no	utilizing at least ½ of the ice surface (may include moves in the field and spirals)	higher than U.S. Figure Skating Adult Bronze or Preliminary Free Skate
	 □ Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) □ All single jumps are permitted (except single Axel) □ No single Axel, double or triple jumps are permitted 	change of foot Min 3 revs each foot if change of foot Min 2 revs in each position No flying spins are permitted	Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transi- tions and marked as	





Approval Code:

SPECIAL OLYMPICS EVENTS ARE ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES POINTS

SPECIAL OLYMPICS BADGE 1-12

Competition hosts can use the skills listed below to create either an elements event or program event for Special Olympics competitors. If doing a program, music can be used and will be 1:10 max.

Badge 1

- A. Stand unassisted for five seconds
- B. Sit on ice or fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

Badge 2

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- **D.** Two foot glide forward for distance of at least length of body

Badge 3

- A. Backward wiggle or march
- B. Five forward swizzles covering at least ten feet
- **C.** Forward skating across the rink
- Forward gliding dip covering at least length of body: left and right

Badge 4

- Backward two-foot glide covering at least length of body
- B. Two foot jump in place
- C. One foot snowplow stop: left and right
- **D.** Forward one foot glide covering at least length of body: left and right

Badge 5

- A. Forward stroking across rink
- B. Five backward swizzles covering at least ten feet
- C. Forward two-foot curves left and right across rink
- D. Two-foot turn front to back, on the spot

Badge 6

- **A.** Gliding forward to backward two-foot turn
- **B.** Five consecutive forward one-foot swizzles on circle: left and right
- C. Backward one foot glide length of body: left and right
- **D.** Forward pivot

Badge 7

- A. Backward stroking across the rink
- **B.** Gliding backward to forward two-foot turn
- **C.** T-stop left or right
- D. Forward two foot turn on a circle: left and right

Badge 8

- A. Five consecutive forward crossovers: left and right
- **B.** Forward outside edge: left and right
- C. Five consecutive backward ½ swizzles on a circle: left and right
- D. Two-foot spin

Badge 9

- **A.** Forward outside 3 turn: left and right
- B. Forward inside edge: left and right
- C. Forward lunge or shoot the duck at any depth
- **D.** Bunny hop

Badge 10

- A. Forward inside three-turn: left and right
- B. Five consecutive backward crossovers: left and right
- C. Hockey stop
- **D.** Forward spiral three times length of body

Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- **C.** Forward inside Mohawk: left and right
- D. Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

Badge 12

- **A.** Waltz jump
- **B.** One foot spin: minimum of three revolutions
- C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- Combination of three moves chosen from badges 9-12



f

Approval Code:

EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES

<u>POINTS</u> Solo Pattern Dance

GENERAL EVENT PARAMETERS:

- · Levels are based upon the skaters' highest pattern dance test passed
- · A solo pattern dance competition event will consist of the skater performing two solo pattern dances
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for his/her level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30–July 2), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the second quarter).
- Skaters will complete both dances at each level. Dances will be scheduled at the discretion of the chief referee for each competi-tion and may be competed consecutively or with a break in-between pattern dance groupings.

PRELIMINARY			
JANUARY 1-MARCH 31	APRIL 1–JUNE 30	JULY 1-SEPTEMBER 30	OCTOBER 1-DECEMBER 31
Dutch Waltz Canasta Tango	Rhythm Blues Dutch Waltz	Canasta Tango Rhythm Blues	1.Rhythm Blues 2. Dutch Waltz

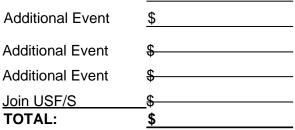
PRE-BRONZE			
JANUARY 1-MARCH 31	APRIL 1–JUNE 30	JULY 1-SEPTEMBER 30	OCTOBER 1-DECEMBER 31
Swing Dance Cha-Cha	1 Fiesta Tango2 Swing Dance	Cha-Cha Fiesta Tango	Swing Dance Cha-Cha

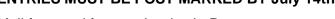




Approval Code: Skate the Zoo – Event #10 Entry Form [PLEASE PRINT CLEARLY]

Name			Age _	Birth I	Date
E-Mail Addre	Last	First	27		
E-IVIAII AUUI E	555		14 1		
Address		000	_City _		
State	Zip	_Area Code/Phone #			
Home Club_		Member #		_Highest Leve	Passed
Male	_Female	_Name o <mark>f Pare</mark> nt/Gua	ırdian _		
\$50	for First Event; \$20) for Sec <mark>ond Event:</mark>	\$10 fc	or Each Additi	onal Event
Basic Compulsory	Compulsory	Adult Compulsory		Solo Dance	Special Olympics
Snowplow Sam*	Pre Free Skate*	Adult Beginner		Preliminary	Badge 1*
Basic 1*	Excel Beginner*	Adult High Beg		Pre-Bronze	Badge 2*
Basic 2*	Excel High Beg*	Adult Pre-Bronze		\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Badge 3*
Basic 3*	Excel Pre-Prelim	Adult Bronze	1		Badge 4*
Basic 4*	Excel Preliminary				
Basic 5*	1	Adult Prog w/Music	: /		Badge 5*
Basic 6*	Free Skate	Adult Beginner	/		Badge 6*
	Pre Free Skate*	Adult High Beg	/		Badge 7*
Basic Prog w/Music	Excel Beginner*	Adult Pre-Bronze	/		Badge 8*
Snowplow Sam*	Excel High Beg*	Adult Bronze	/		Badge 9*
Basic 1*	Excel Pre-Prelim				Badge 10*
Basic 2*	Excel Preliminary				Badge 11*
Basic 3*	Excel Prelim Plus				
Basic 4*					Badge 12*
Basic 5*	Well- <mark>Balanced Comp</mark>		1		
Basic 6*	No Test				
	Pre-Preli <mark>minary</mark>				
	Preliminary				
	W !! D !	11			
	Well-Balanced FS				V /
	No Test				
	Pre-Preliminary				
	Preliminary				
Cuanta lia	to all all and a with an * af	ta v tla a va	- f \ \ 1:.	-hi O	with Ha Carias Bairta
					with Us Series Points
Entry Fee	es are not refundable a	ting mombar add 645	to foo /	an event is can	<u>Uellea.</u> ur Booio Skillo Brogram
<u>ıı you are</u>	riot a U.S. rigure Ska	ung member aud \$15	to ree /	enter unough o	ur Basic Skills Program
First Event	\$	ENTF	≀IES MU	JST BE POST I	MARKED BY July 14th





Mail form and fees to: Jessica LaPorte

2100 N 9th Street, Kalamazoo, MI, 49009

Make check or money order payable to GKSA

INTERESTED IN PAYING BY CREDIT CARD?

CONTACT: j8houk@hotmail.com or (269) 720-6370





<u>Ce</u>	Certification of Competitor Competitor Name:				
1.	 The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Greater Kalamazoo Skating Association and Wings West harmless from any and all liability either during practi or the competition, from any and all liability for damages to or loss of property. 				
2.	2. As a participant, or parent/guardian of a minor participant, in the Skate	the Zoo/Basic Skills Series, I understand			
3.	that the Skate the Zoo/Basic Skills Series, or its agents, may take phorminor's and/or my family's involvement, participation, viewing or interactivities and its time, activities, classes or events. I hereby authorize the video, film or likeness of myself, my minor child (or children), and/or manners, including composite or other representations, for any lawful a Series purpose, including dissemination and distribution of the same; a object to any finished, modified or derivative product or media 3. I have read the Concussion Awareness Information located on				





HAPPY AD ADVERTISING FORM

[Put an encouraging note to your skater or entire club in our program]

	# of Business Card ads X \$5 = \$	
	Please include payment with your copy	
Contact Name		
Phone Number		
	Insert Ad apply have or attach gamera ready artificial to this form	
	Insert Ad copy here or attach camera-ready artwork to this form.	



Approval Code:

ad to make

