

2023 Michigan Compete with Us Series Competition Mission Statement

To give our skaters a chance to develop their Learn to Skate USA basic skills in a fun competitive environment. During the competition season skaters will have the chance to compete at different clubs and arenas earning points for a final standing. A skater may participate in either Freeskating and/or Compulsory/Element events in any of the Michigan Compete USA Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place on the ice at the Midland Competition – November 4, 2023.

<u>Series Point System</u>

Program with Music (Freeskate) and Compulsory/Element events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. Scoring for the final award will be as follows:

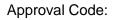
1 st Place – 6 points	2 nd Place - 5 points	3 rd Place - 4 points
4 th Place - 3 points	5 th Place - 2 points	6 th Place - 1 point

Skaters must participate in at least 3 of the 15 series events to be eligible to win an award with an overall placement at the finale. Skaters receive bonus points for moving up a level during the course of the series season (bonus points only awarded once each season). Events eligible for a series finale award are:

Element and Basic Programs w/Music Events - Learn to Skate Curriculum (Snowplow Sam thru Pre-Free Skate, Beginner and High Beginner)

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken. Points are accumulated for Compulsory and Program with Music (Freeskate) events separately. Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basic <u>will NOT</u> be counted in the Program with Music (Freeskate) and Elements/Compulsory Program Series for the 2023 season. Spins, Dance, Pairs, Theatre on Ice, Synchronized Teams, and Showcase Events <u>will NOT</u> be counted for the 2023 season. At the end of the 2023 Series Season, any skaters who moved up a level will be awarded 6 bonus points (6 points only whether they move up one level or more). All points follow the skater throughout the year.

Please Note: The Michigan Compete USA Series is sponsored equally by all the participating ice rinks and/or U.S. Figure Skating members clubs. Competition announcements will be available on <u>www.sk8stuff.com</u>. Each competition will have its own entry forms and specific rules. Please make sure to read the entire announcement for each competition.





2023 Michigan Compete USA Series - Like us on



<u>15th Michigan Compete USA Series [formerly Basic Skills Series]</u> – Hosted by the following:

	- nosted by the following.	
Event 1 Onyx-Suburban B/S	Event 2 Mountain Town Classic	Event 3 Tuxedo Invitational
Challenge	March 11, 2023	March 25, 2023
February 4, 2023	Entry Deadline – February 25, 2023	Entry Deadline – March 11, 2023
Entry Deadline – January 19, 2023	The I.C.E. Arena	Slater Family Ice Arena
Suburban Ice Macomb	Mt Pleasant MI	Bowling Green, OH
Macomb, MI	Contact: Ginni Phillips	Contact: Merissa Rojas
Contact Jeanette Daskas	Phone: 989-560-3871	Phone: 419-345-0766
Phone: 248-917-9544	gpsk8r@gmail.com	billmerrojas@gmail.com
jendaskas@aol.com		<u>Similarofuo e ginamooni</u>
Event 4 Arctic Basic Skills	Event 5 Iceland Spring Fling	Event 6 TAFS Basic Skills Comp
April 23, 2023	May 7, 2023	June 3, 2023
Entry Deadline – April 8, 2023	Entry Deadline – April 22, 2023	Entry Deadline – May 20, 2023
Arctic Edge Ice Arena	Flint Iceland Arena	Troy Sports Center
Canton, MI	Flint, MI	Troy MI
Contact Stephen Scanio	Contact Cristy Bosley	Contact: Lindsey Vincent
Phone: 248-635-4541	Phone: 810-814-1081	Phone: 248-709-2946
	Chix44ever44@gmail.com	
stephenscanio@hotmail.com		glinzlinz@yahoo.com
Event 7 Ann Arbor Skills/Showcase	Event 8 Summer Swizzle	Event 9 Skate the Shores
June 10, 2023	June 17, 2023	July 15, 2023
Entry Deadline - May 24, 2023	Entry Deadline – May 31, 2023	Entry Deadline - June 30, 2023
Ann Arbor Ice Cube	Farmington Hills Ice Arena	St Clair Shores Civic Arena
Ann Arbor MI	Farmington Hills, MI	St Clair Shores, MI
Contact: Craig Forsyth	Contact: Ilyssa Cimmino	Contact Lindsay O'Donoghue
Phone: 734-213-6768	Phone: 248-891-9153	Phone: 586-774-7530
Aafsc.officemanager@gmail.com	summerswizzle@fhfsc.org	odonoghuelindsay@gmail.com
Event 10 Summer Chill Basic Skills	Event 11 Skate the Zoo	Event 12 Skate the Lakeshore
August 5, 2023	July 29, 2023	August 19, 2023
Entry Deadline – July 22, 2023	Entry Deadline – July 15, 2023	Entry Deadline August 5, 2023
Novi Ice Arena	Wings West	Griff's Ice House West
Novi, MI	Kalamazoo MI	Holland MI
Contact: Laura Paredes	Contact Cheryl Pickett	Contact: Jacqueline Alimpich
lamarlau@hotmail.com	Phone: 616-901-6607	Phone: 517-518-1210
	cpickett@ghgkz.com	skatethelakeshore@gmail.com
Event 13 Skate the Gate	Event 14 Skate Midland	SERIES AWARDS
October 8, 2023	November 4, 2023	
Entry Deadline – September 25, 2023	Entry Deadline – October 18, 2023	CEREMONY
Southgate Civic Arena	Midland Civic Arena	AT THE MIDLAND
Southgate MI	Midland MI	
Contact: Jackie Timm	Contact Karen Boswell	COMPETITION
Phone: 734-771-7247	Phone: 989-751-6603	
ms.j.timm@gmail.com	Kboswell99@gmail.com	



Approval Code:



Iceland Spring Fling – Compete USA Competition Iceland Competitive Edge FSC Flint Iceland Arenas ◆ 1160 S Elms Road ◆ Flint, MI, 48532 810-635-8487 / www.flinticeland.com Sunday, May 7, 2023 Entry Deadline: April 22, 2023

The Iceland Spring Fling, sponsored by the Iceland Competitive Edge FSC, will be held at Flint Iceland Arenas on May 7, 2023. The ice surface measures 200 x 85 feet. This is a United State Figure Skating approved Basic Skills Competition. The approvals will be posted on the official competition bulletin board. Questions regarding this competition should be direct to Cristy Bosley, <u>chix44ever44@gmail.com</u> or (810) 814-1081. <u>Email communications are preferred.</u>

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition is open to ALL skaters who are current, eligible (ER 100) members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible, a skater must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher. NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Pre-Free Skate, Excel, Well Balanced, and Adult levels eligibility will be based only upon highest free skate test level passed. Moves in the Field test level will not determine a skater's competitive level. Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type of event at the same competition.

Rules – The competition will be conducted under the rules set forth by the US Figure Skating Learn to Skate USA "Compete USA Competition Manual" program.

Entry Fees – The first event is \$50, the second event is \$20, and each additional event after that is \$10. All entries must be postmarked no later than April 22, 2023. Late entries will be accepted at the discretion of the organizer and are subject to a possible \$15 late fee. Entry fees are per person, payable in U.S. dollars.

Entry forms must be filled out LEGIBLY and completely and mailed with a check made payable to ICEFSC to: Cristy Bosley

6478 Luanne Drive Flushing, MI 48433

There will be a \$35 fee for returned checks. Please contact Cristy Bosley if interested in paying with a credit card.

Awards – <u>All competitors will receive a medal.</u> All events are final rounds. ALL awards will be made at appropriate times throughout the competition. A podium will be available for group and individual photos.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. *Please register at least one hour before your competition time.*

Schedule of Events - Schedule will be posted on the Internet at the Figure Skater's Website - www.sk8stuff.com

Music - The music for all free skating programs with music will be supplied by the skater. Music should be provided on CD or uploaded via the music link at <u>www.sk8stuff.com</u>. If music is not uploaded, a CD is to be turned into registration at the competition. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

Practice Ice – Practice ice will be available in 20 minute sessions. Details will be provided either online or via email prior to the competition date. Sign-in and pay \$8 at the door.

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2023 Michigan Compete USA Series - *Like us on*

Events listed on this page are eligible for Michigan Compete with Us Series Points

SNOWPLOW SAM – BASIC 6 ELEMENTS

- Each skater will perform each element when directed by a judge/referee. Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.
- To be skated on 1/3 to 1/2 ice (determined by the LOC)
- No music
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

LEVEL	TIME	SKATING RULES/STANDARDS
SNOWPLOW SAM	1:00 max	 March followed by a two-foot glide and dip Forward swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row
BASIC 1	1:00 max	 Forward two-foot glide and dip Forward swizzles, 6-8 in a row Beginning snowplow stop on one or two feet Backward wiggles, 6-8 in a row
BASIC 2	1:00 max	 Forward one-foot glide (no variations), either foot Scooter pushes, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward swizzles, 6-8 in a row
BASIC 3	1:00 max	 Beginning forward stroking showing correct use of blade Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4- 6 consecutive Forward slalom Moving forward to backward two-foot turn on a circle Beginning backward one-foot glide, either foot
BASIC 4	1:00 max	 Forward outside edge on a circle, clockwise or counterclockwise Forward crossovers, clockwise and counterclockwise, 4-6 consecutive Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Backward one-foot glides (no variations), right and left Beginning two-foot spin, maximum 4 revolutions
BASIC 5	1:00 max	 Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, clockwise and counterclockwise, 4-6 consecutive Forward outside three-turn, right and left Advanced two-foot spin, minimum 4 revolutions Hockey stop
BASIC 6	1:00 max	 Forward inside three-turn, right and left Mohawk, right to left and left to right Bunny hop Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position T-stop, right or left



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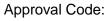
<u>Events listed on this page are eligible for Michigan Compete with Us Series Points</u> SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

LEVEL	TIME	SKATING RULES/STANDARDS
SNOWPLOW SAM	1:10 max	 March followed by a two-foot glide and dip Forward swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row
BASIC 1	1:10 max	 Forward two-foot glide and dip Forward swizzles, 6-8 in a row Beginning snowplow stop on one or two feet Backward wiggles, 6-8 in a row
BASIC 2	1:10 max	 Forward one-foot glide (no variations), either foot Scooter pushes, right and left foot, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward swizzles, 6-8 in a row
BASIC 3	1:10 max	 Beginning forward stroking showing correct use of blade Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Forward slalom Moving forward to backward two-foot turn on a circle Beginning backward one-foot glide, either foot
BASIC 4	1:10 max	 Forward outside edge on a circle, clockwise or counterclockwise Forward crossovers, clockwise and counterclockwise, 4-6 consecutive Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Backward one-foot glides (no variations), right and left Beginning two-foot spin, maximum 4 revolutions
BASIC 5	1:10 max	 Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, clockwise and counterclockwise, 4-6 consecutive Forward outside three-turn, right and left Advanced two-foot spin, minimum 4 revolutions Hockey stop
BASIC 6	1:10 max	 Forward inside three-turn, right and left Mohawk, right to left and left to right Bunny hop Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position T-stop, right or left





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Events listed on this page are eligible for Michigan Compete with Us Series Points

PRE-FREE SKATE COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music.
- The skater must demonstrate the required elements listed.
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

Level	Time	Skating rules/standards
Pre- Free Skate	1:15 max.	 Two forward crossovers into a forward inside mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counterclockwise One-foot upright spin, optional entry and free foot position, minimum 3 revolutions Mazurka – right or left Waltz jump

PRE-FREE SKATE PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:40 maximum

Level	Time	Skating rules/standards
Pre- Free Skate	1:40 max.	 Two forward crossovers into a forward inside mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counterclockwise One-foot upright spin, optional entry and free, foot position, minimum 3 revolutions Mazurka, right or left Waltz jump NOT ALLOWED – Waltz jump-side toe hop-waltz jump



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EXCEL COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on $\frac{1}{2}$ ice.
- No music.
- The skater must demonstrate the required elements listed.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than free skate program.

Excel Beginner/High Beginner Compulsory Events are eligible for			
		Michigan Compete with Us Series Points	
Level	Time	Skating rules/standards	
Excel Beginner	1:15 max.	 Waltz jump Salchow jump One-foot upright spin - minimum 3 revolutions Choreographic step sequence 	
Excel High Beginner	1:15 max.	 Loop jump Salchow/toe loop combination Sit spin - minimum 3 revolutions Choreographic step sequence 	
<u>Ex</u>	<u>Excel Pre-Preliminary/Preliminary Compulsory Events are NOT eligible for</u> Michigan Compete with Us Series Points		
Level	Time	Skating rules/standards	
Excel Pre- Preliminary	1:15 max.	 Flip jump Loop/loop jump combination Camel spin – minimum 3 revolutions Choreographic step sequence 	
Excel Preliminary	1:15 max.	 Lutz jump Flip/loop jump combination Camel, sit combination spin – minimum 6 revolutions total Choreographic step sequence 	



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EXCEL FREE SKATE

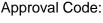
General event parameters:

- Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest Free Skate test passed.
- Skaters may compete at the highest level they have passed, or skate up one level higher.

Excel Beginner and Excel High Beginner Free Skate are eligible for Michigan Compete with Us Series Points

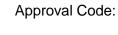
EXCEL BEGINNER - 1:40 MAX Maximum 4 jump elements: Maximum 2 spins: Maximum 1 Sequence: Jumps with no more than one-half rotation • Two upright spins Choreographic step (front to back or back to front) No change of foot sequence* (ChSt) • Single rotation jumps: Salchow, toe loop only Must use one-half of the No flving entry • Eulers (half loops) are not allowed ice surface Maximum 2 jump combinations or Minimum 3 revolutions Moves in the field and sequences. Combination jumps Max Level: Base spiral sequences are allowed but will not be permitted: counted as elements Waltz jump/toe loop and/or Salchow/toe loop • Jumps may be included in • Sequence permitted: the step sequence • Waltz jump/ waltz jump (no turns or hops in between) • Maximum 2 of any same jump EXCEL HIGH BEGINNER - 1:40 MAX Maximum 5 jump elements: Maximum 2 spins: Maximum 1 Sequence: Jumps with no more than one-half rotation Choreographic step • Both spins must be in a (front to back or back to front) single position sequence* (ChSt) • Single rotation jumps: toe loop, Salchow, • No change of foot Must use one-half of the Euler (half loop), loop No flving entry ice surface • Flip, Lutz, and Axel NOT permitted • Permitted forward · Moves in the field and Maximum 2 jump combinations or spiral sequences are spins: upright, sit, sequences. One 3-jump combination is camel allowed but will not be allowed • Permitted back spins: counted as elements Jump sequence is any listed jump Jumps may be included upright immediately followed by a waltz jump in the step sequence Maximum 2 of any same jump Minimum 3 revolutions Max Level: Base Both spins may be of the same character





EXCEL PRE-PRELIMINARY – 1:40 MAX	{	
Must not have passed higher than U.S. Figure SI	kating pre- preliminary free skate test	
*means required element		
Learn to Skate USA membership <u>OR</u> full U.S. Fig	ure Skating membership required	
 Maximum 5 jump elements: Only single jumps allowed No single Axels Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or jump sequences Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump immediately followed by a waltz jump 	 Maximum 2 spins: One spin must be in a single position with no change of foot* One spin may change feet or position, but not both No flying entry Minimum 3 revolutions Spins must be of a different character Max Level: 1 	Maximum 1 Sequence: • Choreographic step sequence* (ChSt) • Must use one- half of the ice surface • Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence
EXCEL PRELIMINARY - 2:00 +/- 10 SE	CONDS	
Must not have passed higher than U.S. Figure Sl	kating preliminary free skate test	
*means required element		
Learn to Skate USA membership <u>OR</u> full U.S. Fig	ure Skating membership required	
 Maximum 5 jump elements: Only single jumps allowed No single Axels Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or jump sequences Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump immediately followed by a waltz jump 	 Maximum 2 spins: One spin must be a camel or layback spin with no change of foot and no change of position* One spin may change feet and/ or position No flying entry Minimum 3 revolutions Spins must be of a different character Max Level: 1 	Maximum 1 Sequence: • Choreographic step sequence* (ChSt) o Full ice o Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence





EXCEL PRELIMINARY PLUS – 2:00 +/- 10 SE <u>Must not</u> have passed higher than U.S. Figure Skating p *means required element Full U.S. Figure Skating membership required		
 Maximum 5 jump elements: All single jumps allowed, including single Axel No double or higher jumps allowed Single Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels) Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or jump sequences All single jumps, including the single Axel, are allowed as part of a jumps) Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump immediately followed by an Axel-type jump. 	 Maximum 2 spins: One spin must be in a single position* No change of foot No flying entry One spin may change feet and/or position No flying entry Minimum 3 revolutions Spins must be of a different character Max Level: 1 	Maximum 1 Sequence: • Choreographic step sequence* (ChSt) o Full ice o Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence



Approval Code:

WELL BALANCED COMPULSORY

Format:

- To be skated on half-ice
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level
- Skaters may have the option to skate one level higher in compulsories than free skate program

NO TEST	1:15 max	 Loop jump Jump combination to include a toe loop (may not use a loop or Axel) Upright spin with change of foot, minimum 3 revolutions on each foot Choreographic step sequence
PRE- PRELIMINARY	1:15 max	 Lutz jump Single jump-single jump (no Axel) combination Spin with one change of position and no change of foot, minimum 6 revolutions total Choreographic step sequence
PRELIMINARY	1:15 max	 Axel jump Single jump-single jump (may <u>not</u> include Axel) combination Spin combination with one change of foot, minimum 3 revolutions on each foot Choreographic step sequence



Approval Code:

WELL BALANCED FREE SKATE PROGRAM

- Skaters may not enter both a well-balanced free skate event and an excel free skate event at the same competition
- Skaters will skate to the music of their choice
- Level will be determined by the highest free skate test passed; skaters may compete at the highest level they have passed or skate up one level higher.
- Skaters with physical disabilities may register for standard track or Skate United Track for events

NO TEST - 1:40 MAX

JUMPS	SPINS	STEP SEQUENCES
 Max 5 Jump Elements Only single jumps allowed except single Axel No single Axels Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequence is any listed jump immediately followed by a waltz jump 	 Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 6103 (E)) 	 Max 1 Sequence Step sequence Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence If IJS is used, then ChSt

PRE-PRELIMINARY — 1:40 MAX

JUMPS	SPINS	STEP SEQUENCES
 Max 5 Jump Elements All single jumps, including single Axel, allowed No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump or part of a jump sequence or combination (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequence is any listed jump immediately followed by an Axel-type jump 	 Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 6103 (E)) 	 Max 1 Sequence Step sequence Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence If IJS is used, then ChSt

PRELIMINARY - 2:00 +/- 10 SECONDS

JUMPS	SPINS	STEP SEQUENCES
 Max 5 Jump Elements 1 must be an Axel-type jump or a waltz jump* All single jumps, including single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) 0 Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed 0 An Axel plus up to two different, allowed double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or combination 0 Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or sequences 0 Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed 0 Jump sequence is any listed jump immediately followed by an Axel-type jump 	Max 2 Spins • Spins may change feet and/or position • Spins may start with a flying entry • Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule	Max 1 Sequence • Step sequence • Choreographic step sequence full ice • Moves in the field and spiral sequences are allowed but will not be counted as elements • Jumps may be included in the step sequence If IJS is used, then ChSt
	6103 (Ĕ))	



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ADULT 1-6, BEGINNER-BRONZE COMPULSORY

- The skating order of the elements is optional. Element may only be attempted once.
- To be skated in simple program format with limited connecting steps, 1/2 ice.

• A 0	1.2 deduction will be taken for each element MISSING, REPEATED or from a higher level
Level	Elements
	Forward Marching
Adult 1	Forward two-foot glide
Time:	Forward swizzle (4-6 in a row)
1:30 Max.	Forward snowplow stop – two feet or one foot
	Forward skating across the width of the ice
Adult 2	Forward one-foot glides
Time:	Forward slalom
1:30 Max.	Backward skating
	Backward swizzles, 4-6 in a row
	Forward stroking using the blade properly
Adult 3.	Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise
Time:	Forward chasses on a circle, clockwise and counterclockwise
1:30 Max.	Backward skating to a long two-foot glide
	Backward snowplow stop, Right and Left
	Forward outside edge on a circle, right and left
Adult 4	Forward inside edge on a circle, right and left
Time:	Forward crossovers, clockwise and counterclockwise
1:30 Max.	Hockey stop, both directions
	Backward one-foot glides, right and left
	Backward outside edge and backward inside edge on a circle, right and left
Adult 5	Backward crossovers, clockwise and counterclockwise
Time:	Forward outside three-turn, right and left
1:30 Max.	Beginning two-foot spin (min 2 revs)
	 Forward stroking with crossover end patterns – <u>utilizing only ½ sheet of ice surface</u>
Adult 6	 Backward stroking with crossover end patterns – <u>utilizing only ½ sheet of ice surface</u>
Time:	Forward inside three-turn, right and left
1:30 Max.	• T-stop
	Lunge
	Two-foot spin into one-foot spin (min 2 revs on 1 foot)
	Waltz Jump
Adult	Mazurka
Beginner	Forward beginning one-foot spin from backward crossovers (min 2 revs)
Time:	Forward moving inside open Mohawk (right and left) – heel to instep
1:30 Max.	• Alternating right and left forward outside and inside edges across the width of the ice (one outside edge, right and left, one inside
	edge, right and left)
	Waltz Jump
Adult High	• ½ Flip
Beginner	Forward upright spin – minimum 3 revolutions
Time:	Backward outside three- turn, right and left
1:30 Max.	Alternating right and left backward outside and inside edges across the width of the ice (one outside edge, right and left, one inside
	edge, right and left)
	Single Toe loop jump
Adult Pre-	• Jump combination or sequence consisting of half revolution jumps (1/2 flip, 1/2 Lutz, 1/2 loop, waltz), toe loop, or Salchow – maximum of
Bronze	2 jumps in combination and 3 jumps in a sequence
Time:	Forward upright spin - minimum 3 revolutions
1:30 Max.	Two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a
	forward inside edge, clockwise and counterclockwise
	Forward spiral (any edge)
۵ مار بال	Single Salchow jump
Adult	 Jump combination or sequence consisting of ½ revolution jumps and/or full revolution jumps (no Lutz or Axel) – maximum 2 jumps in combination and 2 jumps in a computer.
Bronze Time:	combination and 3 jumps in a sequence
1:30 Max.	Solo spin with no change of foot (min. 3 revolutions)
1.50 Wax.	Backward inside three-turn, right and left
	Spiral sequence (Minimum 2 spirals)- must change edge or foot





Approval Code:

ADULT 1-6 FREE SKATE WITH MUSIC

General event parameters:

- The skating order of the required elements is optional.
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels.
- A 0.2 deduction will be taken for each required element MISSING and for those elements performed from a higher level.

Level	Time	Elements
Adult 1	1:40 Max	 Forward Marching Forward two-foot glide Forward swizzle (4-6 in a row) Forward snowplow stop – two feet or one foot
Adult 2	1:40 Max	 Forward sharing across the width of the ice Forward one-foot glides Forward slalom Backward skating Backward swizzles, 4-6 in a row
Adult 3	1:40 Max	 Forward stroking using the blade properly Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise Backward skating to a long two-foot glide Forward chasses on a circle, clockwise and counterclockwise Backward snowplow stop, Right and Left
Adult 4	1:40 Max	 Forward outside edge on a circle, right and left Forward inside edge on a circle, right and left Forward crossovers, clockwise and counterclockwise Backward one-foot glides, right and left Hockey stop, both directions
Adult 5	1:40 Max	 Backward outside edge on a circle, right and left Backward inside edge on a circle, right and left Backward crossovers, clockwise and counterclockwise Forward outside three-turn, right and left Beginning two-foot spin
Adult 6	1:40 Max	 Forward stroking with crossover end patterns Backward stroking with crossover end patterns Forward inside three-turn, right and left T-stop Lunge Two-foot spin into one-foot spin (min 2 revs on 1 foot)



Approval Code:

ADULT BEGINNER – BRONZE FREE SKATE PROGRAM WITH MUSIC

General event parameters:

- Skaters will skate to the music of their choice and vocal music is allowed
- To be skated on full ice
- The minimum number of required spin revolutions is indicated in parentheses following the spin description.
 Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner 1:40 Maximum	 Max. 4 jump elements Jumps limited to bunny hop, mazurka, ballet and Waltz jump Max 1 combination or sequence consisting of only the allowed listed jumps Max. 2 of any same jump 	Max. 2 spins • Two forward upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1
Adult High Beginner 1:40 Maximum	 Max 4 jump elements: Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, ½ loop, ½ flip, ½ Lutz, toe loop, salchow Max 1 combination or sequence consisting of only the allowed listed jumps Max. 2 of any same type jump. 	Max 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating Free Skate tests
Adult Pre- Bronze 1:40 Maximum	 Max 4 Jump Elements: Max 2 combinations or sequences 1 jump combination may contain 3 jumps, and the other may contain only 2 jumps Jump sequence is any listed jump immediately followed by an Axel-type jump Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) Only single and half-revolution jumps are permitted No single Lutz, single Axel, double or triple jumps are permitted 	Max 2 Spins: Max Level 1 Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 E)	Connecting steps throughout the program are required	Skaters may not have passed tests higher than U.S. Figure Skating Adult Pre-Bronze or Pre-Preliminary Free Skate
Adult Bronze 1:50 maximum	 Max 4 Jump Elements: Max 2 combinations or sequences [Jump sequence is any listed jump immediately followed by an Axel- type jump]; 1 combination/sequence may consist of three jumps, and the other may have only two jumps Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) All single jumps are permitted (except single Axel) No single Axel, double or triple jumps are permitted 	 Max 2 Spins: Max Level 1 Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) Min 3 revs total if no change of foot Min 3 revs each foot if change of foot Min 2 revs in each position No flying spins are permitted 	Max 1 Sequence: 1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals) Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transi- tions and marked as	Skaters may not have passed tests higher than U.S. Figure Skating Adult Bronze or Preliminary Free Skate





<u>SPECIAL OLYMPICS EVENTS ARE ELIGIBLE FOR</u> <u>MICHIGAN COMPETE WITH US SERIES POINTS</u>

SPECIAL OLYMPICS BADGE 1-12

Competition hosts can use the skills listed below to create either an elements event or program event for Special Olympics competitors. If doing a program, music can be used and will be 1:10 max.

Badge 1

- A. Stand unassisted for five seconds
- **B.** Sit on ice or fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

Badge 2

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- **C.** Backward wiggle or march assisted
- D. Two foot glide forward for distance of at least length of body

Badge 3

- A. Backward wiggle or march
- B. Five forward swizzles covering at least ten feet
- C. Forward skating across the rink
- D. Forward gliding dip covering at least length of body: left and right

Badge 4

- A. Backward two-foot glide covering at least length of body
- **B.** Two foot jump in place
- C. One foot snowplow stop: left and right
- D. Forward one foot glide covering at least length of body: left and right

Badge 5

- A. Forward stroking across rink
- B. Five backward swizzles covering at least ten feet
- C. Forward two-foot curves left and right across rink
- D. Two-foot turn front to back, on the spot

Badge 6

- A. Gliding forward to backward two-foot turn
- **B.** Five consecutive forward one-foot swizzles on circle: left and right
- C. Backward one foot glide length of body: left and right
- D. Forward pivot

Badge 7

- A. Backward stroking across the rink
- B. Gliding backward to forward two-foot turn
- C. T-stop left or right
- D. Forward two foot turn on a circle: left and right

Badge 8

- A. Five consecutive forward crossovers: left and right
- B. Forward outside edge: left and right
- **C.** Five consecutive backward ½ swizzles on a circle: left and right
- D. Two-foot spin

Badge 9

- A. Forward outside 3 turn: left and right
- B. Forward inside edge: left and right
- C. Forward lunge or shoot the duck at any depth
- D. Bunny hop

Badge 10

- A. Forward inside three-turn: left and right
- B. Five consecutive backward crossovers: left and right
- C. Hockey stop
- D. Forward spiral three times length of body

Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: left and right
- D. Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

Badge 12

- A. Waltz jump
- **B.** One foot spin: minimum of three revolutions
- **C.** Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- D. Combination of three moves chosen from badges 9-12



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Showcase Events

Showcase events are open to skaters in the Basic, Free Skate, Limited Beginner, Preliminary and Adult Bronze levels. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher.

Show costumes are permitted if they do not touch or drag on the ice. Costuming and make up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feathers, hair accessories or anything else that may fall to the ice and be hazardous to the skaters are allowed. (a 0.1 deduction will be taken). Props and scenery must be placed and removed by unaided singles andduet competitors within one minute on and off, and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for every 10 seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical qualities. Technical skating skills and difficulty willnot be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements, and obvious loss of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore, jumps, if choreographed, should be performed with style, flow, and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension, and the use of props and ice. The 6.0 judging system will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

LEVEL	<u>ELEMENTS</u>	QUALIFICATIONS	<u>LENGTH</u>
BASIC 1-6	Elements only from Basic 1-6 curriculum	Must not have passed any higher than Basic 6 level	Time: 1:00max
PRE-FREE SKATE – FREE SKATE 6/ BEGINNER/HIGH BEGINNER/ADULT 1-6/ ADULT BEGINNER/ADULT HIGH BEGINNER	3 jump maximum. Half- rotation jumps only, plus the following full rotation jumps: Salchow and toe loop	May not have passed any official U.S. Figure Skating free skate or free dance tests	Time: 1:20max
NO TEST	No prescribed or restricted elements	Must not have passed pre-preliminary free skate or any free dance tests	Time: 1:20max
PRE-PRELIMINARY	No prescribed or restricted elements	Must have passed no higher than U.S. Figure Skating pre-preliminary or any free dance test	Time: 1:20max
PRELIMINARY /	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating preliminary free skate or adult bronzefree skate or free dance test; see National Showcase guidelines for more specific information regarding adults	Time: 1:30max
ADULT PRE-BRONZE	No prescribed or restricted elements	Must have passed no higher than adult pre- bronze free skate test; see National Showcaseguidelines for more specific information regarding adults	Time: 1:40max

For more information refer to the Compete USA Competition Manual [2022-2023] page 21.





Solo Pattern Dance

GENERAL EVENT PARAMETERS:

- · Levels are based upon the skaters' highest pattern dance test passed
- A solo pattern dance competition event will consist of the skater performing two solo pattern dances
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for his/her level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30–July 2), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the second quarter).
- Skaters will complete both dances at each level. Dances will be scheduled at the discretion of the chief referee for each competition and may be competed consecutively or with a break inbetween pattern dance groupings.

PRELIMINARY

JANUARY 1–MARCH	APRIL 1–JUNE 30	JULY 1–SEPTEMBER	OCTOBER 1–
31		30	DECEMBER 31
 Dutch Waltz Canasta Tango 	 Rhythm Blues Dutch Waltz 	 Canasta Tango Rhythm Blues 	1.Rhythm Blues 2. Dutch Waltz

PRE-BRONZE

JANUARY 1–MARCH	APRIL 1–JUNE 30	JULY 1–SEPTEMBER	OCTOBER 1–
31		30	DECEMBER 31
 Swing Dance Cha-Cha 	 Fiesta Tango Swing Dance 		 Swing Dance Cha-Cha



Approval Code:

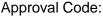
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EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN COMPETE WITH US SERIES POINTS Additional Event INTERPRETIVE PROGRAM

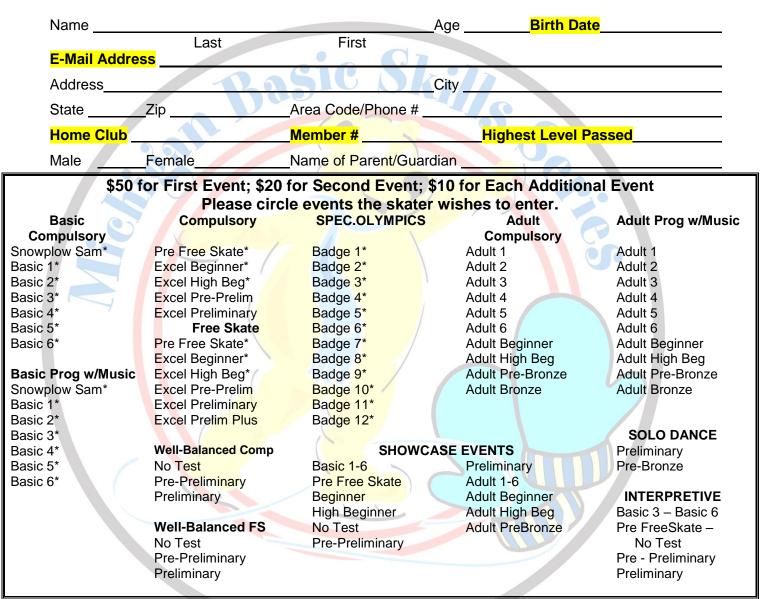
- All competitors (Basic 3-Preliminary) will skate to the same recording, unless the TOTAL number of
 interpretive competitors exceeds10. If there are more than 10 skaters, the lower 2 groups and higher two
 groups will each have their own recordings.
- If the number of competitors exceeds 20, the groups will be split in the same fashion as before.
- After the standard warmup (5-minutes), all interpretive competitors will line up along the back wall of the sheet and remain there for the first playing of the interpretive recording. No skating during the first playing of the recording.
- After the first playing of the interpretive recording, competitors will skate to a starting position, and practice their routine as the recording plays once more.
- Following the first two plays of the recording, all skaters (except for the first skater) will be escorted to the arena lobby (or otherwise soundproof area). The first skater will hear the music one more time (while standing by the ice monitor), and then skate to a starting position. As the first competitor skates to a starting position, the next competitor will be escorted to the ice monitor and instructed to face away from the ice. The first competitor will then perform the routine they have created, while the interpretive recording plays.
- The cycle will continue, with the next competitor being escorted to the ice monitor as the skater before them skates to their starting position, and the skater who just finished skates off the ice.
- While all skaters may (and likely will) skate to the same recording, flights will be adjudicated by ability level, and medals will be assigned for each of the levels outlined below.
- Judging: Skaters are judged on originality, pattern, technical (the ability to include jumps and spins), and music interpretation/expression. Spins and jumps performed must be appropriate to competition level.
- Coaching: No instruction is allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor. Coaches are prohibited from standing with their skaters once the initial playing of the interpretive recording has commenced, until their skater(s) has/have concluded with their routines.

LEVEL	ELEMENTS	QUALIFICATIONS	PROG LENGTH
Basic 3 – Basic 6	Elements only from Basic 1-6 curriculum	Passed no higher than Basic 6 test	1:00 minute
Pre-FreeSkate – No Test	No flying spins or combination spins	Pre-FreeSkate – No Test	1:00 minute
Pre-Preliminary	No flying spins, axels, or double jumps	Passed no higher than Pre-Preliminary FS test	1:00 minute
Preliminary	No double jumps	Passed no higher than Preliminary FS test	1:00 minute





Iceland Competitive Edge Spring Fling, Event #5 Entry Form (PLEASE PRINT CLEARLY)



Events listed above with an * after them will be eligible for Michigan Compete with Us Series Points Entry Fees are not refundable after the entry deadline unless an event is cancelled. If you are not a U.S. Figure Skating member add \$15 to fee / enter through our Basic Skills Program

First Event	<u>\$</u>	ENTRIES MUST BE POST MARKED BY April 22, 2023
Additional Event	<u>\$</u>	Mail form and fees to: Cristy Bosley
Additional Event	\$	6478 Luanne Drive, Flushing, MI, 48433
Additional Event	\$	Make check or money order payable to: ICEFSC
Join USFS	<u>\$</u>	INTERESTED IN PAYING BY CREDIT CARD?
TOTAL:	\$	CONTACT: Cristy Bosley



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Certification of Competitor

Competitor Name:

- 1. The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Iceland Competitive Edge FSC and Flint Iceland Arenas harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.
- 2. As a participant, or parent/guardian of a minor participant, in the Iceland Spring Fling Basic Skills Series, I understand that the Iceland Spring Fling/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at the Iceland Spring Fling/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Iceland Spring Fling/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media.
- I have read the Concussion Awareness Information located on <u>www.sk8stuff.com</u> and by signing below, I am agreeing to the terms and conditions.

Parent/Guardian Signature	<u>D</u> ate	
Club Officer/Program Director		
Title	Date	
COMPETITOR SIGNATURE	Date	
Coach Signature:	Print Name: Please print clearly	
If you are not registered, go to www.usfigureskati the instruction for registration.	enease print clearly stry for the current season? Yes □ # ng.org , click on the Coaches Registration button and f ECK IN AT REGISTRATION AT EACH EVENT	ollow
Phone E-mail Addre	ess: Please print clearly	
HECKLIST [please be sure the following is incl	uded]:	
Entry form with USFS Number	Club Officer/Program Director Signature	
Check payable to ICEFSC	Events to be entered checked properly	
COMPETE 2023 Michigan	ہ Compete USA Series - <u>Like us on</u>	Approval Code: