

Event #11, Skate the Zoo and July 30, 2022



2022 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season skaters will have the chance to compete at different clubs and arenas earning points for a final standing. A skater may participate in either Freeskating and/or Compulsory/Element events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place on the ice at the Midland Competition - November 5, 2022.

Series Point System

Program with Music [Freeskate] and Compulsory/Element events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. Scoring for the final award will be as follows:

 1^{st} Place - 6 points 2^{nd} Place - 5 points 3^{rd} Place - 4 points 4^{th} Place - 3 points 5^{th} Place - 2 points 6^{th} Place - 1 point

Skaters must participate in at least 3 of the 15 series events to be eligible to win an award with an overall placement at the finale. Skaters receive bonus points for moving up a level during the course of the series season [bonus points only awarded once each season]. Events eligible for a series finale award are:

Element & Basic Programs w/Music Events - Learn to Skate Curriculum [Snowplow Sam thru Pre-Free Skate, Beginner & High Beginner

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken.

Points are accumulated for Compulsory and Program with Music [Freeskate] events separately.

Medals will be awarded [1-3 Place] in each level as highlighted in each announcement. Beyond the Basic <u>will NOT</u> be counted in the Program with Music [Freeskate] and Elements/Compulsory Program Series for this 2022 season. Spins, Dance, Pairs, Theatre on Ice, Synchronized Teams, and Showcase Events <u>will NOT</u> be counted for this 2022 season. At the end of the 2022 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS members clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as www.sk8stuff.com. Each competition will have its own entry forms and specific rules. Please make sure to read the entire announcement for each competition.



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14 th USFS Michigan Basic Skills Series – Hosted by the following:				
Event 1 Onyx-Suburban B/S	Event 2 Mountain Town Classic	Event 3 Tuxedo Invitational		
Challenge	March 12, 2022	March 26, 2022		
February 5, 2022	Entry Deadline – February 18, 2022	Entry Deadline – March 11, 2022		
Entry Deadline – January 20, 2022	The I.C.E. Arena	Slater Family Ice Arena		
Suburban Ice Macomb	Mt Pleasant MI	Bowling Green, OH		
Macomb, MI	Contact: Ginni Phillips	Contact: Merissa Rojas		
Contact Jeanette Daskas	Phone: 989-560-3871	Phone: 419-345-0766		
Phone: 248-917-9544	gpsk8r@gmail.com	perabb59@gmail.com		
jendaskas@aol.com				
Event 4 Arctic Basic Skills	Event 5 Iceland Spring Fling	Event 6 TAFS Basic Skills Comp		
April 24, 2022	May 1, 2022	June 4, 2022		
Entry Deadline – April 1, 2022	Entry Deadline – April 15, 2022	Entry Deadline – May 18, 2022		
Arctic Edge Ice Arena	Flint Iceland Arena	Troy Sports Center		
Canton, MI	Flint, MI	Troy MI		
Contact Stephan Scanio	Contact Cristy Bosley	Contact: Lindsey Vincent		
Phone: 248-635-4541	Phone: 810-814-1081	Phone: 248-709-2946		
stephanscanio@hotmail.com	Chix44ever44@gmail.com	glinzlinz@yahoo.com		
Event 7 Ann Arbor Skills/Showcase	Event 8 Summer Swizzle	Event 9 Skate the Shores		
June 11, 2022	June 18, 2022	July 16, 2022		
Entry Deadline - May 25, 2022	Entry Deadline – June 1, 2022	Entry Deadline - June 30, 2022		
Ann Arbor Ice Cube	Farmington Hills Ice Arena	St Clair Shores Civic Arena		
Ann Arbor MI	Farmington Hills, MI	St Clair Shores, MI		
Contact: Craig Forsyth	Contact: Ilyssa Cimmino	Contact Lindsay O'Donoghue		
Phone: 734-213-6768	Phone: 248-891-9153	Phone: 586-774-7530		
Aafsc.officemanager@gmail.com	summerswizzle@fhfsc.org	odonoghuelindsay@gmail.com		
Event 10 Summer Chill Basic Skills	Event 11 Skate the Zoo	Event 12 Skate the Lakeshore		
July 23, 2022	July 30, 2022	August 20, 2022		
Entry Deadline – July 2, 2022	Entry Deadline – July 15, 2022	Entry Deadline August 1, 2022		
Novi Ice Arena	Wings West	Griff's Ice House West		
Novi, MI	Kalamazoo MI	Holland MI		
Contact: Laura Paredes	Contact Cheryl Pickett	Contact: Jacqueline Alimpich		
lamarlau@hotmail.com	Phone: 616-901-6607	Phone: 517-518-1210		
	clpickett@gmail.com	jalimpich@gmail.com		
Event 13 Skate the Gate	Event 14 Skate Midland	SERIES AWARDS		
October 15, 2022	November 5, 2022			
Entry Deadline – October 1, 2022	Entry Deadline – October 18, 2022	CEREMONY		
Southgate Civic Arena	Midland Civic Arena	AT THE MIDLAND		
Southgate MI	Midland MI			
Contact: Jackie Timm	Contact Karen Boswell	COMPETITION		
Phone: 734-771-7247	Phone: 989-751-6603			
ms.j.timm@gmail.com	Kboswell99@gmail.com			





PRECAUTIONARY MEASURES AND RISK ASSESSMENTS

With the COVID-19 pandemic, it is important to outline measures that will be taken at the competition. While these don't have to be specific, add a statement to the announcement that the competition will follow local and state guidelines current at the time of the competition. Include a communication plan to inform participants about specifics (i.e., mask required inside except when on ice, etc.) at least a week prior to the competition so they are prepared when coming to the rink.

U.S. Figure Skating recommends that hosts have a short (two-week) registration period once the application is published. This is helpful as skaters often register at the last minute, and the LOC won't have to process as many refunds if the competition date has to move or be canceled.

HERE ARE THE USFS GUIDELINES CURRENTLY IN EFFECT:

As of March 15, 2022, and consistent with updated CDC guidance on mask use, face coverings are no longer required to be worn indoors at U.S. Figure Skating-sanctioned events or activity if your community levels are Low or Medium. We do encourage masks to be worn indoors if your community is in the High category based on the **CDC Community Levels by County Map** as announced on Feb. 25. Sanctioned activities include competitions (U.S. Figure Skating and Compete USA), exhibitions/performances and test sessions.







Skate the Zoo – Basic Skills Competition Greater Kalamazoo Skating Association Wings West ♦ 5076 Sports Dr ♦ Kalamazoo, MI 49009

(269) 978.0118/ greaterkzooskate.org
Saturday, July 30, 2022
Registration Due by:
Post Marked by Wednesday, July 13 or,
Online by Friday, July 15, 2022

The Skate the Zoo, sponsored by the Greater Kalamazoo Skating Association will be held at the Wings West on Saturday, July 30, 2022. The ice surface measures [200'x85'] feet. This is a United State Figure Skating approved Basic Skills Competition. The approvals will be posted on the official competition bulletin board. Questions regarding this competition should be direct to Cheryl Pickett, clpickett@gmail.com or 616-901-6607. Email communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition **is** open to ALL skaters who are current eligible [ER 100] members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible skater must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher. NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Pre-Free Skate, Excel, Well Balanced, and Adult levels eligibility will be based only upon highest free skate test level passed. Moves in the Field test level will not determine skater's competitive level. Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition

Rules – The competition will be conducted under the rules set forth by the US Figure Skating Learn to Skate USA "Compete USA Competition Manual" program.

Entry Fees – The first event is \$50, the second event is \$20 and each additional event after that is \$10. All entries must be postmarked no later than **Wednesday**, **7/13/2022 or online by July 15**, **2022**. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out LEGIBLY and completely and mailed with a check made payable to Greater Kalamazoo Skating Association to:

Cheryl Pickett 2422 Rambling Rd. Kalamazoo, MI 49008

There will be a \$35 fee for returned checks.

Awards – <u>All competitors will receive a medal.</u> All events are final rounds. ALL awards will be made at appropriate times throughout the competition. A podium will be available for group and individual photos.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. *Please register at least one hour before your competition time.*

Schedule of Events - Schedule will be posted on the Internet at the Figure Skater's Website - www.sk8stuff.com

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Music - The music for all free skating programs with music will be supplied by skater should be provided on CD. The CD is to be turned into registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties. We are working toward an online music upload. Details will be emailed to the email address on sign up.

Practice Ice – Practice ice will be available in 20 minutes sessions. Details will be provided either online or via email prior to the competition date. Sign-in and pay \$8 at the door.

Events listed on this page are eligible for Michigan Basic Skills Series Points

SNOWPLOW SAM - BASIC 6 ELEMENTS

- Each skater will perform each element when directed by a judge/referee. Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.
- To be skated on 1/3 to 1/2 ice (determined by the LOC)
- No music
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

Level	Skating rules/standards		
	March followed by a two-foot glide and dip		
Snowplow	Forward two-foot swizzles, 2-3 in a row		
Sam	Forward snowplow stop		
	Backward wiggles, 2-6 in a row		
	Forward two-foot glide and dip		
Basic 1	Forward two-foot swizzles, 6-8 in a row		
	Beginning snowplow stop on two-feet or one-foot		
	Backward wiggles, 6-8 in a row		
	Forward one-foot glide (no variations), either foot		
Basic 2	Scooter pushes, right and left foot, 2-3 each foot		
	Moving snowplow stop		
	Two-foot turn in place, forward to backward		
	Backward two-foot swizzles, 6-8 in a row		
	Beginning forward stroking showing correct use of blade		
Basic 3	• Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6		
	consecutive		
	Forward slalom Moving forward to backward two foot turn on a circle		
	Moving forward to backward two-foot turn on a circle Deginging backward and foot glide, either foot		
	 Beginning backward one-foot glide, either foot Forward outside edge on a circle, clockwise or counterclockwise 		
Basic 4			
Dasic 4	 Forward crossovers, 4-6 consecutive, clockwise and counterclockwise Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 		
	consecutive		
	Backward one-foot glides (no variations), right and left		
	Beginning two-foot spin, maximum 4 revolutions		
	Backward outside edge on a circle, clockwise or counterclockwise		
	Backward cutside edge on a clicic, clockwise of counterclockwise Backward crossovers, 4-6 consecutive, clockwise and counterclockwise		
Basic 5	Forward outside three-turn, right and left		
= 2.0.0	Advanced two-foot spin, minimum 4 revolutions		
	Hockey stop		
	Forward inside three-turn, right and left		
Basic 6	Mohawk, right to left and left to right		





Approval Code:

 Basic forward spiral on a straight line (no variations), right or left
 Beginning one-foot spin, maximum 3 revolutions, optional free leg held position and
entry
T stop right or left

<u>Events listed on this page are eligible for Michigan Basic Skills Series Points</u> SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

• To be skated on full ice with music.

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- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

Level	Time	Skating rules/standards		
		March followed by a two-foot glide and dip		
Snowplow	1:10	Forward two-foot swizzles, 2-3 in a row		
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		Backward wiggles, 2-6 in a row		
		Forward two-foot glide and dip		
Basic 1	1:10	Forward two-foot swizzles, 6-8 in a row		
	max.	Beginning snowplow stop on two-feet or one-foot		
		Backward wiggles, 6-8 in a row		
		Forward one-foot glide (no variations), either foot		
Basic 2	1:10	 Scooter pushes, right and left foot, 2-3 each foot 		
	max.	Moving snowplow stop		
		Two-foot turn in place, forward to backward		
		Backward two-foot swizzles, 6-8 in a row		
		Beginning forward stroking showing correct use of blade		
Basic 3	1:10	 Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 		
	max.	consecutive		
		Forward slalom		
		Moving forward to backward two-foot turn on a circle		
		Beginning backward one-foot glide, either foot		
		Forward outside edge on a circle, clockwise or counterclockwise		
Basic 4	1:10	Forward crossovers, 4-6 consecutive, clockwise and counterclockwise		
	max.	Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise,		
		4-6 consecutive		
		Backward one-foot glides (no variations), right and left		
		Beginning two-foot spin, maximum 4 revolutions		
		Backward outside edge on a circle, clockwise or counterclockwise		
		Backward crossovers, 4-6 consecutive, clockwise and counterclockwise		
Basic 5	1:10	Forward outside three-turn, right and left		
	max.	Advanced two-foot spin, minimum 4 revolutions		
		Hockey stop		
		Forward inside three-turn, right and left		
Basic 6	1:10	Mohawk right to left and left to right		
	max.	Bunny Hop		





 Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, maximum 3 revolutions, optional entry and free leg
position T-stop, right or left

Events listed on this page are eligible for Michigan Basic Skills Series Points

PRE-FREE SKATE COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

Level	Time	Skating rules/standards
Pre- Free Skat e	1:15 max.	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise Basic one-foot upright spin, optional entry and free-foot position - minimum 3 revolutions Mazurka [right or left] Waltz jump

PRE-FREE SKATE PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards	
Pre-Free Skate	1:40 max.	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise Basic one-foot upright spin, optional entry and free-foot position- minimum 3 revolutions Mazurka Waltz jump NOT ALLOWED -Waltz jump, side toe hop, waltz jump 	





EXCEL COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than free skate program.

Excel Beginner/High Beginner Compulsory Events are eligible for Michigan Basic Skills Series Points			
Level	Time	Skating rules/standards	
	Waltz jump		
Excel	1:15	Salchow jump	
Beginner	max.	 One-foot upright spin - minimum 3 revolutions 	
		Choreographic step sequence	
		Loop jump	
Excel High	1:15	Salchow/toe loop combination	
Beginner	max.	Sit spin - minimum 3 revolutions	
		Choreographic step sequence	
<u>Ex</u>	<u>cel Pre-Pr</u>	eliminary/Preliminary Compulsory Events are NOT eligible for	
		Michigan Basic Skills Series Points	
Level	Time	Skating rules/standards	
		Flip jump	
Excel	1:15	 Loop/loop jump combination 	
Pre-Prelimi	max.	Camel spin – minimum 3 revolutions	
nary		Choreographic step sequence	
		Lutz jump	
Excel	1:15	Flip/loop jump combination	
Preliminary	Preliminary max. • Camel, sit combination spin – minimum 6 revolutions total		
		Choreographic step sequence	





EXCEL FREE SKATE

General event parameters:

- Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up one level higher.

le	evel they have passed, or skate up one lev	vel higher.		
Excel Beginner and Excel High Beginner Free Skate are eligible for				
	<u>Michigan Basic Ski</u>	ills Series Points		
Excel Beginner Free Skate 1:40 Max.	Maximum 4 jump elements: Jumps with no more than one-half rotation (front to back or back to front) Single rotation jumps: Salchow, toe loop only Eulers (half loops) are not allowed. Maximum 2 jump combinations or sequences Combination jumps permitted – Waltz jump/toe loop or salchow/toe loop Sequence permitted – Waltz jump/waltz jump [no turnsor hops in between] Maximum 2 of any same jump	Maximum 2 spins: Two upright spins No change of foot No flying entry Minimum 3 revolutions	Maximum 1 Sequence: Choreographic Step Sequence* (ChSt) Must use one-half of the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence	
Excel High Beginner Free Skate 1:40 Max.	Maximum 5 jump elements:	 Maximum 2 spins: Both spins must be in a single position [no change of foot] No flying entry Permitted forward spins: upright, sit, camel Permitted back spins: upright Minimum 3 revolutions Spins may be of the same character 	Maximum 1 Sequence: Choreographic Step Sequence* (ChSt) Must use one-half of the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence	

Excel Pre-Preliminary, Excel Preliminary and Excel Preliminary Plus Free Skate are NOT eligible for Michigan Basic Skills Series Points

Maximum 2 of any same jump





Maximum 5 jump elements: Maximum 2 spins: Maximum 1 Sequence: Excel All single jumps allowed, except for the Axel Choreographic Step One spin must be **Pre-Preliminary** No single Axels, double, or higher jumps in a single Sequence* (ChSt) Must use one-half of allowed position with no 1:40 Max. Number of single jumps (except single Axel) change of foot* the ice surface is not limited provided the maximum number One spin may Moves in the field and Must not have passed of jump elements allowed is not exceeded change feet or spiral sequences are higher than U.S. Figure Maximum 2 jump combinations or jump position, but not allowed but will not be Skating Pre- preliminary sequences **both** counted as elements free skate test Jump combinations limited to 2 jumps. One No flying entry Jumps may be included 3-jump combination is allowed Minimum 3 in the step sequence Jump sequence is any listed jump revolutions *means required immediately followed by a waltz jump Spins must be of element a different character Full U.S. Figure Skating membership required Max Level: 1 Maximum 2 spins: Maximum 5 jump elements: Maximum 1 Sequence: **Excel** All single jumps allowed, except for the Axel One spin must be a Choreographic Step **Preliminary** camel or layback spin Sequence* (ChSt) No single Axels, double, or higher jumps with no change of foot Choreographic Step 2:00 +/- 10 sec. and no change of Sequence must now Number of single jumps (except single Axel) position* be full length of the is not limited provided the maximum number One spin may change ice surface Must not have passed of jump elements allowed is not exceeded feet and/or position Moves in the field and higher than U.S. Figure Maximum 2 jump combinations or jump No flying entry spiral sequences are Skating Preliminary free Minimum 3 revolutions sequences allowed but will not be skate test Spins must be of a Jump combinations limited to 2 jumps. One counted as elements different character 3-jump combination is allowed Jumps may be included in the step sequence *means required Jump sequence is any listed jump Max Level: 1 immediately followed by a waltz jump element Max Level 1 Full U.S. Figure Skating membership required Maximum 5 jump elements: Maximum 2 spins: Maximum 1 Sequence: **Excel Preliminary** All single jumps allowed, including single Axel One spin must be in Choreographic Step Sequence* Plus No double, or higher jumps allowed a single position* (ChSt) Single Axel may be repeated once (but not more) One spin may Choreographic Step 2:00 +/- 10 sec. as a solo jump or part of a jump sequence or jump change feet and/or Sequence must now combination (maximum 2 single Axels) position be full length of the Must not have passed Number of remaining single jumps is not limited No flying entry ice surface higher than U.S. Figure provided the maximum number of jump elements Minimum 3 Moves in the field and Skating preliminary free allowed is not exceeded revolutions spiral sequences are Maximum 2 jump combinations or jump sequences skate test allowed but will not be All single jumps, including the single Axel are

allowed as part of a jump combination or sequence

Jump combinations limited to 2 jumps. One 3-jump

immediately followed by an Axel-type jump

Jump sequence is any listed jump

(no double jumps)

combination is allowed



*means required element

Full U.S. Figure Skating

membership required



Max Level 1

counted as elements

the step sequence

Jumps may be included in

EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN BASIC SKILLS SERIES POINTS

WELL BALANCED COMPULSORY

Format:: To be skated on half-ice

- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level
- Skaters may have the option to skate one level higher in compulsories than free skate program

NO TEST	1:15 max	 Loop jump Jump combination to include a toe loop (may not use a loop or Axel) Upright spin with change of foot, minimum 3 revolutions on each foot Choreographic step sequence
PRE- PRELIMINARY	1:15 max	 Lutz jump Single jump-single jump (no Axel) combination Spin with one change of position and no change of foot, minimum 6 revolutions total Choreographic step sequence
PRELIMINARY	1:15 max	 Axel jump Single jump-single jump (may <u>not</u> include Axel) combination Spin with one change of foot and one change of position, minimum 3 revolutions on each foot Choreographic step sequence





<u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN BASIC SKILLS SERIES POINTS</u> WELL BALANCED FREE SKATE PROGRAM

General event parameters:

- Skaters may not enter both a Well Balanced Free Skate event and an Excel Free Skate event at the same competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up one level higher.

Level	evei nigner. Jumps	Spins	Step Sequences
LCVCI	Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
No-Test Time: 1:40 Max	All single jumps allowed except for the single Axel No single Axels, double, triple or quadruple jumps allowed Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences o Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequence is any listed jump immediately followed by an Axel-type jump [waltz jump]	 Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E)) 	Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence
Pre-Prelimin ary Time: 1:40 Max	 Max 5 Jump Elements All single jumps, including the single Axel, allowed No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequence is any listed jump immediately followed by an Axel-type jump 	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence
Preliminary Time: 2:00 +/- 10	Max 5 Jump Elements 1 must be an Axel-type jump or a waltz jump* All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed Jump sequence is any listed jump immediately followed by an Axel-type jump	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence Step Sequence Requires the use of full ice Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence





EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN BASIC SKILLS SERIES POINTS

ADULT 1-6, BEGINNER-BRONZE COMPULSORY

- The skating order of the elements is optional. Element may only be attempted once.
- To be skated in simple program format with limited connecting steps, ½ ice. A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

	0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level
Level	Elements
	Forward Marching
Adult 1	Forward two-foot glide
Time:	Forward swizzle (4-6 in a row)
1:30 Max.	Forward snowplow stop – two feet or one foot
1.50 Max.	
A 1 11 0	Forward skating across the width of the ice
Adult 2	Forward one-foot glides
Time:	Forward slalom
1:30 Max.	Backward skating
	Backward swizzles, 4-6 in a row
	Forward stroking using the blade properly
Adult 3.	Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise
Time:	Forward chasses on a circle, clockwise and counterclockwise
1:30 Max.	Backward skating to a long two-foot glide
1.50 Max.	Padward spanish water Dight word of
	Backward snowplow stop, Right and Left
	Forward outside edge on a circle, right and left
Adult 4	Forward inside edge on a circle, right and left
Time:	Forward crossovers, clockwise and counterclockwise
1:30 Max.	Hockey stop, both directions
	Backward one-foot glides, right and left
	Backward outside edge and backward inside edge on a circle, right and left
Adult 5	Backward crossovers, clockwise and counterclockwise
Time:	
-	
1:30 Max.	Beginning two-foot spin (min 2 revs)
	● Forward stroking with crossover end patterns – <u>utilizing only ½ sheet of ice surface</u>
Adult 6	 Backward stroking with crossover end patterns – <u>utilizing only ½ sheet of ice surface</u>
Time:	Forward inside three-turn, right and left
1:30 Max.	T-stop
	Lunge
	Two-foot spin into one-foot spin (min 2 revs on 1 foot)
	Waltz Jump
Adult	Mazurka
Beginner	
Time:	Forward moving inside open Mohawk (right and left) – heel to instep
1:30 Max.	Alternating right and left forward outside and inside edges across the width of the ice (one outside edge, right and left, one inside
	edge, right and left)
	Waltz Jump
Adult High	• ½ Flip
Beginner	Forward upright spin – minimum 3 revolutions
Time:	Backward outside three- turn, right and left
1:30 Max.	Alternating right and left backward outside and inside edges across the width of the ice (one outside edge, right and left, one inside
1.00 Max.	edge, right and left)
۸ ۵۰۰۰۱۴	Single Toe loop jump Single Toe loop jump Single Toe loop jump Single Toe loop on Solehour Soleh
Adult	• Jump combination or sequence consisting of half revolution jumps (½ flip, ½ Lutz, ½ loop, waltz), toe loop, or Salchow – maximum
Pre-Bronz	of 2 jumps in combination and 3 jumps in a sequence
е	Forward upright spin - minimum 3 revolutions
Time:	Two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a
1:30 Max.	forward inside edge, clockwise and counterclockwise
	Forward spiral (any edge)
	Single Salchow jump
Adult	
Bronze	combination and 3 jumps in a sequence
Time:	Solo spin with no change of foot (min. 3 revolutions)
1:30 Max.	Backward inside three-turn, right and left
	Spiral sequence (Minimum 2 spirals)- must change edge or foot





Approval Code:

<u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR</u> <u>MICHIGAN BASIC SKILLS SERIES POINTS</u>

ADULT 1-6 FREE SKATE WITH MUSIC

General event parameters:

- The skating order of the required elements is optional.
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels.
- A 0.2 deduction will be taken for each required element MISSING and for those elements performed from a higher level.

Level	Time	Elements
		Forward Marching
Adult 1 1:40 • Forward two-foot glide		Forward two-foot glide
	Max	Forward swizzle (4-6 in a row)
		Forward snowplow stop – two feet or one foot
		Forward skating across the width of the ice
Adult 2	1:40	Forward one-foot glides
	Max	Forward slalom
		Backward skating
		Backward swizzles, 4-6 in a row
		Forward stroking using the blade properly
Adult 3	1:40	 Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and
	Max	counterclockwise
		Backward skating to a long two-foot glide
		Forward chasses on a circle, clockwise and counterclockwise
		Backward snowplow stop, Right and Left
	1	Forward outside edge on a circle, right and left
Adult 4	1:40	Forward inside edge on a circle, right and left
	Max	Forward crossovers, clockwise and counterclockwise
		Backward one-foot glides, right and left
		Hockey stop, both directions
A 1 11 E	4.40	Backward outside edge on a circle, right and left
Adult 5	1:40	Backward inside edge on a circle, right and left
	Max	Backward crossovers, clockwise and counterclockwise
		Forward outside three-turn, right and left Paringing two feet anim.
		Beginning two-foot spin Formula to big on with a reason and a strong and a st
۸ طرباله ۵	1.40	Forward stroking with crossover end patterns Reclayard stroking with crossover and patterns
Adult 6	1:40	Backward stroking with crossover end patterns Forward incide three turn right and left.
	Max	Forward inside three-turn, right and left Tatan
		• T-stop
		 Lunge Two-foot spin into one-foot spin (min 2 revs on 1 foot)
		1 wo-100t spin linto one-100t spin (min 2 revs on 1 100t)





EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN BASIC SKILLS SERIES POINTS

ADULT BEGINNER - BRONZE FREE SKATE PROGRAM WITH MUSIC

General event parameters:

- Skaters will skate to the music of their choice and vocal music is allowed
- To be skated on full ice

• The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner 1:40 Maximum	Max. 4 jump elements Jumps limited to bunny hop, mazurka, ballet and Waltz jump Max 1 combination or sequence consisting of only the allowed listed jumps Max. 2 of any same jump	Max. 2 spins Two forward upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1
Adult High Beginner 1:40 Maximum	Max 4 jump elements: • Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, ½ loop, ½ flip, ½ Lutz, toe loop, salchow • Max 1 combination or sequence consisting of only the allowed listed jumps • Max. 2 of any same type jump.	Max 2 spins: Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating Free Skate tests
Adult Pre-Bronze 1:40 Maximum	Max 4 Jump Elements: Max 2 combinations or sequences 1 jump combination may contain 3 jumps, and the other may contain only 2 jumps Jump sequence is any listed jump immediately followed by an Axel-type jump Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) Only single and half-revolution jumps are permitted No single Lutz, single Axel, double or triple jumps are permitted	Max 2 Spins: Max Level 1 Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 E)	Connecting steps throughout the program are required	Skaters may not have passed tests higher than U.S. Figure Skating Adult Pre-Bronze or Pre-Preliminary Free Skate
Adult Bronze 1:50 maximum	Max 4 Jump Elements: Max 2 combinations or sequences [Jump sequence is any listed jump immediately followed by an Axel-type jump]; 1 combination/sequence may consist of three jumps, and the other may have only two jumps Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) All single jumps are permitted (except single Axel) No single Axel, double or triple jumps are permitted	Max 2 Spins: Max Level 1 Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) Min 3 revs total if no change of foot Min 3 revs each foot if change of foot Min 2 revs in each position No flying spins are permitted	Max 1 Sequence: Choreographic Step Sequence Must use at least ½ ice surface May include Moves in the Field and spirals	Skaters may not have passed tests higher than U.S. Figure Skating Adult Bronze or Preliminary Free Skate





SPECIAL OLYMPICS EVENTS ARE ELIGIBLE FOR MICHIGAN BASIC SKILLS SERIES POINTS

SPECIAL OLYMPICS BADGE 1-12

Competition hosts can use the skills listed below to create either an elements event or program event for Special Olympics competitors. If doing a program, music can be used and will be 1:10 max.

Badge 1

- A. Stand unassisted for five seconds
- B. Sit on ice or fall and stand up unassisted
- **C.** Knee dip standing still unassisted
- D. March forward ten steps assisted

Badge 2

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- Two foot glide forward for distance of at least length of body

Badge 3

- A. Backward wiggle or march
- B. Five forward swizzles covering at least ten feet
- **C.** Forward skating across the rink
- D. Forward gliding dip covering at least length of body: left and right

Badge 4

- Backward two-foot glide covering at least length of body
- B. Two foot jump in place
- C. One foot snowplow stop: left and right
- Forward one foot glide covering at least length of body: left and right

Badge 7

- A. Backward stroking across the rink
- **B.** Gliding backward to forward two-foot turn
- C. T-stop left or right
- **D.** Forward two foot turn on a circle: left and right

Badge 8

- A. Five consecutive forward crossovers: left and right
- B. Forward outside edge: left and right
- **C.** Five consecutive backward ½ swizzles on a circle: left and right
- D. Two-foot spin

Badge 9

- **A.** Forward outside 3 turn: left and right
- **B.** Forward inside edge: left and right
- C. Forward lunge or shoot the duck at any depth
- **D.** Bunny hop

Badge 10

- A. Forward inside three-turn: left and right
- **B.** Five consecutive backward crossovers: left and right
- C. Hockey stop
- D. Forward spiral three times length of body





Badge 5

- **A.** Forward stroking across rink
- B. Five backward swizzles covering at least ten feet
- C. Forward two-foot curves left and right across rink
- **D.** Two-foot turn front to back, on the spot

Badge 6

- A. Gliding forward to backward two-foot turn
- **B.** Five consecutive forward one-foot swizzles on circle: left and right
- C. Backward one foot glide length of body: left and right
- **D.** Forward pivot

Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- **B.** Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: left and right
- D. Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

Badge 12

- A. Waltz jump
- **B.** One foot spin: minimum of three revolutions
- **C.** Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- D. Combination of three moves chosen from badges 9-12





EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN BASIC SKILLS SERIES POINTS

Showcase Events

Showcase events are open to skaters in the Basic, Free Skate, limited beginner, preliminary and adult bronze levels. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher.

Show costumes are permitted if they do not touch or drag on the ice. Costuming and make up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair access- sories must be secure. No bobby pins, feathers, hair accessories or anything else that may fall to the ice and be hazardous to the skaters are allowed. (a 0.1 deduction will be taken). Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for every 10 seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to sup- port the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious loss of control will re- duce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. The 6.0 judging system will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

LEVEL	ELEMENTS	QUALIFICATIONS	LENGT H
BASIC 1-6	Elements only from Basic 1-6 curriculum	Must not have passed any higher than Basic 6 level	Time: 1:00 max
PRE-FREE SKATE – FREE SKATE 6/ BEGINNER/HIGH BEGINNER/ADULT 1-6/ ADULT BEGINNER/ADULT HIGH BEGINNER	3 jump maximum. Half- rotation jumps only, plus the following full rotation jumps: Salchow and toe loop	May not have passed any official U.S. Figure Skating free skate or free dance tests	Time: 1:30 max
NO TEST	No prescribed or restricted elements	Must not have passed pre-preliminary free skate or any free dance tests	Time: 1:30 max
PRE-PRELIMINARY	No prescribed or restricted elements	Must have passed no higher than U.S. Figure Skating pre-preliminary or any free dance test	Time: 1:30 max
ADULT PRE-BRONZE	No prescribed or restricted elements	Must have passed no higher than adult pre- bronze free skate test; see National Showcase guidelines for more specific information regarding adults	Time: 1:40 max
PRELIMINARY / ADULT BRONZE	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating preliminary free skate or adult bronze free skate or free dance test; see National Showcase guidelines for more specific information regarding adults	Time: 1:40 max





<u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN BASIC SKILLS SERIES POINTS</u> Solo Pattern Dance

GENERAL EVENT PARAMETERS:

- · Levels are based upon the skaters' highest pattern dance test passed
- · A solo pattern dance competition event will consist of the skater performing two solo pattern dances
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for his/her level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30–July 2), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the second quarter).
- Skaters will complete both dances at each level. Dances will be scheduled at the discretion of the chief referee for each competi- tion and may be competed consecutively or with a break in-between pattern dance groupings.

PRELIMINARY

JANUARY 1-MARCH 31	APRIL 1–JUNE 30	JULY 1-SEPTEMBER 30	OCTOBER 1-DECEMBER 31
Dutch Waltz Canasta Tango	Rhythm Blues Dutch Waltz	Canasta Tango Rhythm Blues	Rhythm Blues Dutch Waltz

PRE-BRONZE

JANUARY 1-MARCH 31	APRIL 1–JUNE 30	JULY 1-SEPTEMBER 30	OCTOBER 1-DECEMBER 31
Swing Dance Cha-Cha	Fiesta Tango Swing Dance	Cha-Cha Fiesta Tango	Swing Dance Cha-Cha





Skate the Zoo, Kalamazoo MI Event #11 Entry Form [PLEASE PRINT CLEARLY]

Name		Age	Birth Date	
	Last Fire	st		
E-Mail Address _				
Address	Pasic	City		
StateZip	Area Code	e/Phone #		
Home Club	USFSA#	H	lighest Level Passed	

\$50 f	or First Event; \$20 fo	or Se <mark>cond Event;</mark> S	\$10 for Each Addition	al Event
Basic	Compulsory	SPEC.OLYMPICS	Adult	Adult Prog w/Music
Compulsory			Compulsory	
Snowplow Sam*	Pre Free Skate*	Badge 1*	Adult 1	Adult 1
Basic 1*	Excel Beginner*	Badge 2*	Adult 2	Adult 2
Basic 2*	Excel High Beg*	Badge 3*	Adult 3	Adult 3
Basic 3*	Excel Pre-Prelim	Badge 4*	Adult 4	Adult 4
Basic 4*	Excel Preliminary	Badge 5*	Adult 5	Adult 5
Basic 5*	Free Skate	Badge 6*	Adult 6	Adult 6
Basic 6*	Pre Free Skate* /	Badge 7*	Adult Beginner	Adult Beginner
· ·	Excel Beginner*	Badge 8*	Adult High Beg	Adult High Beg
Basic Prog w/Music	Excel High Beg*	Badge 9*	Adult Pre-Bronze	Adult Pre-Bronze
Snowplow Sam*	Excel Pre-Prelim	Badge 10*	Adult Bronze	Adult Bronze
Basic 1*	Excel Preliminary	Badge 11*		
Basic 2*	Excel Prelim Plus	Badge 12*		
Basic 3*				SOLO DANCE
Basic 4*	Well-Balanced Comp	SHOWC	ASE EVENTS	Preliminary
Basic 5*	No Test	Basic 1-6	Preliminary	Pre-Bronze
Basic 6*	Pre-Preli <mark>minary</mark>	Pre Free Skate	Adult 1-6	
	Preliminary Preliminary	Be <mark>ginner</mark>	Adult Beginner	
		Hig <mark>h Beginner</mark>	Adult High Beg	
	Well-Ba <mark>lanced</mark> FS	No Test	Adult PreBronze	
	No Test	Pre-Preliminary	Adult Bronze	
	Pre-Preliminary			
	Preliminary			
,				
Male	Female	Name of Parent/Gua	rdian	

Events listed above with an * after them will be eligible for Michigan Basic Skills Series Points Entry Fees are not refundable after the entry deadline unless an event is cancelled. If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

First Event	\$ ENTRIES MUST BE POST MARKED BY July 13
Additional Event	\$ Mail form and fees to: Cheryl Pickett
Additional Event	\$ 2422 Rambling Rd. Kalamazoo, MI 49008
Additional Event	\$ Make check or money order payable to GKSA
Join USFSA	\$ INTERESTED IN PAYING BY CREDIT CARD?
TOTAL:	\$ Sign up online at Sk8stuff.com





<u>Ce</u>	rtification of Competitor	Competitor Name:
1.	the Zoo, Greater Kalamazoo Skating	events checked. It is agreed that the competitor and family hold the Skate Association or Wings West harmless from any and all liability either during and all liability for damages to or loss of property.
2.	that the Skate the Zoo/Basic Skills S minor's and/or my family's involvement scheduled ice time, activities, classed video, film or likeness of myself, my manners, including composite or oth	of a minor participant, in the Skate the Zoo/Basic Skills Series, I understand eries, or its agents, may take photographs, video and/or film of my, my ant, participation, viewing or interaction at Skate the Zoo/Basic Skills Series is or events. I hereby authorize the taking and use of such photographs, minor child (or children), and/or my family in all forms and media and in all er representations, for any lawful and legitimate Skate the Zoo/Basic Skills ion and distribution of the same; and further waive any right to approve or rivative product or media
3.	I have read the Concussion Awarene agreeing to the terms and conditions	ss Information located on www.sk8stuff.com and by signing below, I am
	Parent/Guardian Signature	<u>D</u> ate
	Club Officer/Program Director	
	Title	Date
	COMPETITOR SIGNATURE	Date
	instruction for registration.	Print Name: Please print clearly for the current season? Yes USFS # figureskating.org , click on the Coaches Registration button and follow the RED TO CHECK IN AT REGISTRATION AT EACH EVENT
	Phone E	mail Address: Please print clearly
EC	KLIST [please be sure the following	is included]:
6	Entry form with USFSA Number	Club Officer/Program Director Signature
C	heck payable to GKSAE	vents to be entered checked properly





HAPPY AD ADVERTISING FORM

[Put an encouraging note to your skater or entire club in our program]



