



**2022 Ice House Skating Academy
WINTERFEST CHALLENGE
February 6th, 2022
Ice House Skating Academy
Hartland Ice House | 2755 Arena Drive | Hartland, MI 48356
<https://miskate.org/>
Sanction #: 30525**

The 2022 Winterfest Challenge will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all current members of USFSA, Ice House Skating Academy and Harmony House Skating School whom are also eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. citizens.

COVID-19 EVENT POLICIES:

EFFECTIVE MONDAY, AUGUST 2, face coverings are required to be worn indoors by ALL persons (including fully vaccinated persons) attending any U.S. Figure Skating sanctioned event or activity despite of local, state or facility policies. Review the full update [here](#). Exceptions:

- Athletes practicing or competing on the ice.
- Warming up outside.

ELIGIBILITY/TEST LEVEL:

Test Level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Skaters are allowed to skate up one level, but may not skate down.

All age classes may be divided or combined depending on the number of entries and at the discretion of the chief referee and/or the competition committee.

COMPETITION REGISTRATION:

Please sign up here: <https://www.signupgenius.com/go/70A0C4FA9AA2EA64-2022>

Registration Deadline: 01/09/2022 at 11:59PMET

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Mandatory Athletes:

Athletes age 18+ as of the competition start date who will be competing on a team (i.e. synchro, dance, pairs, shadow dance, theatre, etc.) with at least one minor athlete must complete SkateSafe training. *

Minor Athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SafeSport compliant until they have completed the training and their Members Only portal reflects completion. Please email safesport@usfigureskating.org for instructions or questions regarding parental consent.

REFUND POLICY: Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

SCHEDULE: Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

FACILITIES: The competition will be held at Hartland Ice House. 2755 Arena Drive, Hartland MI 48353. The competition will be held on the Stadium rink. There will be 5 locker rooms available for athletes to tie skates only.

MUSIC UPLOAD:**DEADLINE: 1/9/2022**

Competitors participating in events with music will have their music transferred from club ipad to the club computer. Out of club competitors will email music to winterfestchallenge@gmail.com by 1/9/2022. Please list skater name, level and event on message portion.

MUSIC CRITERIA:

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
 - This will be verified by the music chair and they may request you upload a corrected file.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD or digital copy (if you are accepting digital back up such as on a phone or memory stick) as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time.

LIABILITY: U.S. Figure Skating, (Ice House Skating Academy) and (Hartland Ice Arena) accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

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ONSITE CHECK-IN: Check-in will open on Sunday at 6:00am till the conclusion of competition on February 6th, 2022. Check in will be located in the new addition by the Harmony House Skating School Office.

LOCKER ROOMS AND CHANGING AREAS:

Locker rooms (NO CHANGING) at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes 11 years old and younger that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SafeSport Handbook (both found on the [U.S. Figure Skating SafeSport](#) page).

PRACTICE ICE: Practice ice will be available for purchase at the conclusion of the entry deadline. A sign up email will go out where you can register and pay for practice ice.

Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited.

AWARDS: Skaters placing 1st through 4th receive a placed medal, those placing 5th and higher will receive a participation medal.

OFFICIAL NOTICES: An official bulletin board will be maintained at the check in table. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

IMPORTANT NOTICE FOR ALL COACHES:

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and verified by the U.S. Figure Skating.

Coach/Choreographer (domestic/non-foreign):

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the [Professional Skaters Association \(PSA\)](#).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. *

- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. *
- ✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the [Professional Skaters Association \(PSA\)](#).

Learn to Skate USA Coach:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

For more information regarding Coach Compliance, please visit the [Coach Compliance](#) page.

CONTACT INFO: If you have questions, please contact Amanda Goetz at winterfestchallenge@gmail.com

SECTION 2: Events Offered and Entry Fees:

SEE CURRENT [RULEBOOK](#) OR [U.S. FIGURE SKATING WEBSITE](#) FOR RULES/REQUIREMENTS.

| U.S. FIGURE SKATING EVENTS | | | | |
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| SINGLES | IJS/6.0 | 1st EVENT | 2nd EVENT | 3rd + EVENT |
| Excel Free Skate (valid through September 2021) | <i>6.0</i> | \$100 | N/A | N/A |
| SPECIALTY | JUDGING | 1st EVENT | 2nd EVENT | 3rd + EVENT |
| Compulsory Moves (Elements) – NO MUSIC) | <i>6.0</i> | \$100 | N/A | N/A |

EXCEL Competition Levels

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| <p>Excel Beginner Free Skate 1:40 Max Must not have passed U.S. Figure Skating pre-preliminary free skate test</p> | <p>Maximum 4 jump elements:</p> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front) • Single rotation jumps: Salchow, toe loop only • Eulers (half loops) are not allowed. • Maximum 2 jump combinations or sequences. <ul style="list-style-type: none"> o Permitted combinations: waltz jump/toe loop and/or salchow/toe loops o Permitted jump sequence: waltz jump/waltz jump with no turns or hops in between • Maximum 2 of any same jump | <p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • Two upright spins • No change of foot • No flying entry • Minimum 3 revolutions <p>Max Level: Base</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> o Must use one-half of the ice surface o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the step sequence |
| <p>Excel High Beginner Free Skate 1:40 Max Must not have passed U.S. Figure Skating pre-preliminary free skate test</p> | <p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front) • Single rotation jumps: toe loop, Salchow, Euler (half-loop), loop • Flip, Lutz, & Axel NOT permitted • Maximum 2 jump combinations or sequences. One 3-jump combination is allowed <ul style="list-style-type: none"> o Jump sequence is any listed jump immediately followed by a waltz jump • Maximum 2 of any same jump | <p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • Both spins must be in a single position • No change of foot • No flying entry • Permitted forward spins: upright, sit, camel • Permitted back spins: upright • Minimum 3 revolutions • Spins may be the same character <p>Max Level: Base</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> o Must use one-half of the ice surface o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the step sequence |
| <p>Excel Pre-Preliminary 1:40 Max Must not have passed higher than U.S. Figure Skating pre-preliminary free skate test</p> | <p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • All single jumps allowed, except for the Axel <ul style="list-style-type: none"> o No single Axels, double, or higher jumps allowed o Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> o Jump combinations limited to 2 jumps. One 3-jump combination is allowed o Jump sequence is any listed jump immediately followed by a waltz jump | <p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • One spin must be in a single position with no change of foot* • One spin may change feet or position, but not both. • No flying entry • Minimum 3 revolutions • Spins must be of a different character <p>Max Level: 1</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> o Must use one-half of the ice surface o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the step sequence |

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| <p>Excel Preliminary 1:30 +/- 10 sec Must not have passed higher than U.S. Figure Skating preliminary free skate test</p> | <p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • All single jumps allowed, except for the Axel o No single Axels, double, or higher jumps allowed o Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 2 jump combinations or jump sequences o Jump combinations limited to 2 jumps. One 3-jump combination is allowed o Jump sequence is any listed jump immediately followed by a waltz jump | <p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • One spin must be a camel or layback spin with no change of foot and no change of position* • One spin may change feet and/or position • No flying entry • Minimum 3 revolutions • Spins must be of a different character <p>Max Level: 1</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) o Must fully utilize the ice surface o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the choreographic |
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| <p>Excel Preliminary Plus 1:30 +/- 10 sec Must not have passed higher than U.S. Figure Skating preliminary free skate test</p> | <p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • All single jumps allowed, including single Axel o No double, or higher jumps allowed o Single Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels) o Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 2 jump combinations or jump sequences o All single jumps, including the single Axel are allowed as part of a jump combination or sequence (no double jumps) o Jump combinations limited to 2 jumps. One 3-jump combination is allowed o Jump sequence is any listed jump immediately followed by an axel type jump. | <p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • One spin must be in a single position* o No change of foot o No flying entry • One spin may change feet and/or position • No flying entry • Minimum 3 revolutions • Spins must be of a different character <p>Max Level: 1</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) o Must fully utilize the ice surface o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the choreographic step sequence |
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| <p>Excel Pre-Juvenile 2:00 +/- 10 sec Must not have passed higher than U.S. Figure Skating pre-juvenile free skate test</p> | <p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • All single jumps allowed, except for the Axel • No single Axels, double, or higher jumps allowed • Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> o Jump combinations limited to 2 jumps. One 3-jump combination is allowed o Jump sequence is any listed jump immediately followed by a waltz jump. | <p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> o Minimum 6 revolutions o No flying entry • 1 spin with only 1 position* <ul style="list-style-type: none"> o No change of foot o No flying entry o Minimum 4 revolutions <p>Spins must be of a different character Max Level: 1</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> o Must fully utilize the ice surface o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the choreographic step sequence |
| <p>Excel Pre-Juvenile Plus 2:00 +/- 10 sec Must not have passed higher than U.S. Figure Skating pre-juvenile free skate test</p> | <p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump or a waltz jump* • All single jumps, including the single Axel, allowed. • Only 1 double jump may be attempted (limited to double Salchow or double toe loop) <ul style="list-style-type: none"> o Double loop, double flip, double Lutz, double Axel and higher jumps not allowed. o Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination. o No double jump can be included more than twice, and if repeated, at least 1 attempt must be part of a jump combination or sequence. o Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 2 jump combinations or sequences <ul style="list-style-type: none"> o Jump combination limited to 2 jumps. One 3 jump combination is allowed o Jump sequence is any listed jump immediately followed by an axel type jump. | <p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> o Minimum 6 revolutions o No flying entry • 1 spin with only 1 position* <ul style="list-style-type: none"> o No change of foot o Spin may start with flying entry o Minimum 4 revolutions <p>Spins must be of a different character Max Level: 1</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> o Must fully utilize the ice surface o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the choreographic step sequence |

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| <p>Excel Juvenile 2:30 +/- 10 sec 2nd half bonus: 1:15 Must not have passed higher than U.S. Figure Skating juvenile free skate test U.S. Figure Skating membership required</p> | <p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • All single jumps allowed, including Axel o No double or higher jumps allowed o Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels) o Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 2 jump combinations or jump sequences o All single jumps, including the single Axel are allowed as part of a jump combination or sequence (no double jumps) o Jump combinations limited to 2 jumps. One 3-jump combination is allowed o Jump sequence is any listed jump immediately followed by an axel type jump. | <p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* o Minimum 6 revolutions in each position • 1 spin with only 1 position* o No change of foot o Minimum 5 revolutions <p>Both Spins may start with a flying entry Spins must be of a different character Max Level: 2</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) o Must fully utilize the ice surface |
| <p>Excel Juvenile Plus 2:30 +/- 10 sec 2nd half bonus: 1:15 Must not have passed higher than U.S. Figure Skating juvenile free skate test U.S. Figure Skating membership required</p> | <p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single jumps, including the single Axel, allowed. • Only 2 different double jumps may be attempted (limited to double Salchow and double toe loop) o Double loop, double flip, double Lutz, double Axel and higher jumps not allowed o No double jump can be included more than twice, and if repeated, at least 1 attempt must be part of a jump combination or sequence o Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 2 jump combinations or sequences o Jump combination limited to 2 jumps. One 3 jump combination is allowed o Jump sequence is any listed jump immediately followed by an axel type jump | <p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* o Minimum 6 revolutions in each position • 1 spin with only 1 position* o No change of foot o Minimum 5 revolutions <p>Both Spins may start with a flying entry Spins must be of a different character Max Level: 2</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) o Must fully utilize the ice surface |

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| <p>Excel Intermediate Plus 3:00 +/- 10 sec 2nd half bonus: 1:30 Must not have passed higher than U.S. Figure Skating intermediate free skate test</p> | <p>Maximum 6 jump elements:</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single jumps, including the single Axel, allowed. • Only 3 different double jumps may be attempted (limited to double Salchow, double toe loop, double loop and double flip) <ul style="list-style-type: none"> o Double Lutz, double Axel and higher jumps not allowed o Only 2 different double jumps may be repeated once (but not more), and if repeated, must be part of a jump sequence or jump combination o Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 3 jump combinations or sequences <ul style="list-style-type: none"> o Jump combinations limited to 2 jumps. One 3 jump combination is permitted. o Jump sequence is any listed jump immediately followed by an axel type jump. | <p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> o Minimum 8 revolutions o Minimum 2 revolutions in each position • 1 spin with only 1 position* <ul style="list-style-type: none"> o No change of foot o Minimum 5 revolutions <p>Both Spins may start with a flying entry Spins must be of a different character Max Level: 3</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> o Must fully utilize the ice surface |
| <p>Excel Intermediate 3:00 +/- 10 sec 2nd half bonus: 1:30 Must not have passed higher than U.S. Figure Skating intermediate free skate test U.S. Figure Skating membership required</p> | <p>Maximum 6 jump elements:</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single jumps, including the single Axel, allowed. • Only 2 different double jumps may be attempted (limited to double Salchow and double toe loop) <ul style="list-style-type: none"> o Double loop, double flip, double Lutz, double Axel and higher jumps not allowed o Single Axel and only 1 double jump may be repeated once (but not more), and if repeated, must be part of a jump sequence or jump combination o Number of single jumps, excluding single axel, is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 3 jump combinations or sequences <ul style="list-style-type: none"> o Jump combinations limited to 2 jumps. One 3 jump combination is permitted. o Jump sequence is any listed jump immediately followed by an axel type jump. | <p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> o Minimum 6 revolutions o Minimum 2 revolutions in each position • 1 spin with only 1 position* <ul style="list-style-type: none"> o No change of foot o Minimum 5 revolutions <p>Both Spins may start with a flying entry Spins must be of a different character Max Level: 3</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> o Must fully utilize |

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| <p>Excel Novice 3:30 +/- 10 sec 2nd half bonus: 1:45 Must not have passed higher than U.S. Figure Skating novice free skate test</p> | <p>Maximum 7 jump elements:</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • All single jumps, including the single Axel, allowed. • Only 4 different double jumps may be attempted (limited to double Salchow, double toe loop, double loop, double flip and double lutz) <p>o Double Axel and higher jumps not allowed o Only 3 different double jumps may be repeated once (but not more), and if repeated, must be part of a jump sequence or jump combination o Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</p> <ul style="list-style-type: none"> • Maximum 3 jump combinations or sequences <p>o Jump combinations limited to 2 jumps. One 3 jump combination is permitted. o Jump sequence is any listed jump immediately followed by an axel type jump.</p> | <p>Maximum 3 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <p>o Minimum 10 revolutions o Minimum 2 revolutions in each position</p> <ul style="list-style-type: none"> • 1 flying spin with no change of foot or position* <p>o Minimum 6 revolutions • 3rd spin is option of skater All spins may start with a flying entry Spins must be of a different character Max Level: 3</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • One leveled step sequence* <p>o Only Minimum Variety (5 turns) & Simple Variety (7 turns) and rotation in each direction covering at least 1/3 of the pattern in each direction will be evaluated for the level o Must fully utilize the ice surface Max Level: 2</p> |
| <p>Excel Junior 3:30 +/- 10 sec 2nd half bonus: 1:45 Must not have passed higher than U.S. Figure Skating junior free skate test U.S. Figure Skating membership</p> | <p>Maximum 7 jump elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* <p>o All single and double jumps allowed, except the double Axel. o Double Axel and higher jumps not allowed o No double jump can be included more than twice, and if repeated, at least 1 attempt must be as part of a jump combination or sequence o Maximum 3 jump combinations or sequences. Jump combinations limited to 2 jumps. One 3-jump combination is allowed o Jump sequence is any listed jump immediately followed by an axel type jump.</p> | <p>Maximum 3 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <p>o Minimum 10 revolutions o All 3 basic positions with minimum 2 revolutions in each position for highest base value</p> <ul style="list-style-type: none"> • 1 spin with a flying entry* <p>o Minimum 6 revolutions • 1 spin with only one position*</p> <p>o Minimum 6 revolutions All spins may change feet and start with a flying entry Spins must be of a different character Max Level: 4</p> | <p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • One leveled step sequence* <p>o Only Minimum Variety (5 turns) & Simple Variety (7 turns) and rotation in each direction covering at least 1/3 of the pattern in each direction will be evaluated for the level o Must fully utilize the ice surface Max Level: 2</p> |

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| <p>Excel Senior</p> | <p>Maximum 7 jump elements</p> <ul style="list-style-type: none"> • 1 must be an Axel-type jump* o All single and double jumps allowed, including the double Axel. o Triple and higher jumps not allowed o No double jump can be included more than twice, and if repeated, at least 1 attempt must be as part of a jump combination or sequence o Maximum 3 jump combinations or sequences o Jump combinations limited to 2 jumps. One 3-jump combination is allowed o Jump sequence is any listed jump immediately followed by an axel type jump. | <p>Maximum 3 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* o Minimum 10 revolutions o All 3 basic positions with minimum 2 revs in each position for highest base value • 1 spin with a flying entry* o Minimum 6 revolutions • 1 spin with only one position* o Minimum 6 revolutions <p>All spins may change feet and start with a flying entry Spins must be of a different character Max Level: 4</p> | <p>Maximum 2 Sequences:</p> <ul style="list-style-type: none"> • One leveled step sequence* o Must fully utilize the ice surface Max Level: 4 • One Choreographic Sequence* (ChSq) o Must be clearly visible |
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SNOWPLOW SAM – BASIC 6 ELEMENTS

Each skater will perform each element when directed by a judge/referee

- To be skated on 1/3 to 1/2 ice (determined by the LOC)
- No music
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant
- *All elements must be skated in the order listed.*

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| SNOWPLOW SAM | 1:00 max | March followed by a two-foot glide and dip Forward swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row |
| BASIC 1 | 1:00 max | Forward two-foot glide and dip Forward swizzles, 6-8 in a row Beginning snowplow stop on one or two feet Backward wiggles, 6-8 in a row |
| BASIC 2 | 1:00 max | Forward one-foot glide (no variations), either foot Scooter pushes, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward swizzles, 6-8 in a row |
| BASIC 3 | 1:00 max | Beginning forward stroking showing correct use of blade Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Forward slalom Moving forward to backward two-foot turn on a circle Beginning backward one-foot glide, either foot |
| BASIC 4 | 1:00 max | Forward outside edge on a circle, clockwise or counterclockwise Forward crossovers, clockwise and counterclockwise, 4-6 consecutive Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Backward one-foot glides (no variations), right and left Beginning two-foot spin, maximum 4 revolutions |
| BASIC 5 | 1:00 max | Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, clockwise and counterclockwise, 4-6 consecutive Forward outside three-turn, right and left Advanced two-foot spin, minimum 4 revolutions Hockey stop |
| BASIC 6 | 1:00 max | Forward inside three-turn, right and left Mohawk, right to left and left to right Bunny hop Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position T-stop, right or left |