



Event 8, Summer Swizzle June 18, 2022

2022 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season skaters will have the chance to compete at different clubs and arenas earning points for a final standing. A skater may participate in either Freeskating and/or Compulsory/Element events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place on the ice at the Midland Competition - November 5, 2022.

Series Point System

Program with Music [Freeskate] and Compulsory/Element events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. Scoring for the final award will be as follows:

1st Place - 6 points 2nd Place - 5 points 3rd Place - 4 points 4th Place - 3 points 5th Place - 2 points 6th Place - 1 point

Skaters must participate in at least 3 of the 15 series events to be eligible to win an award with an overall placement at the finale. Skaters receive bonus points for moving up a level during the course of the series season [bonus points only awarded once each season]. Events eligible for a series finale award are:

Element & Basic Programs w/Music Events - Learn to Skate Curriculum [Snowplow Sam thru Pre-Free Skate, Beginner & High Beginner

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken.

Points are accumulated for Compulsory and Program with Music [Freeskate] events separately.

Medals will be awarded [1-3 Place] in each level as highlighted in each announcement. Beyond the Basic <u>will NOT</u> be counted in the Program with Music [Freeskate] and Elements/Compulsory Program Series for this 2022 season. Spins, Dance, Pairs, Theatre on Ice, Synchronized Teams, and Showcase Events <u>will NOT</u> be counted for this 2022 season. At the end of the 2022 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.



Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS members clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as www.sk8stuff.com. Each competition will have its own entry forms and specific rules. Please make sure to read the entire announcement for each competition.

14th USFS Michigan Basic Skills Series – Hosted by the following:

	III Dasic Okilis Octics — Hoste	
Event 1 Onyx-Suburban B/S	Event 2 Mountain Town Classic	Event 3 Tuxedo Invitational
Challenge	March 12, 2022	March 26, 2022
February 5, 2022	Entry Deadline – February 18, 2022	Entry Deadline – March 11, 2022
Entry Deadline – January 20, 2022	The I.C.E. Arena	Slater Family Ice Arena
Suburban Ice Macomb	Mt Pleasant MI	Bowling Green, OH
Macomb, MI	Contact: Ginni Phillips	Contact: Merissa Rojas
Contact Jeanette Daskas	Phone: 989-560-3871	Phone: 419-345-0766
Phone: 248-917-9544	gpsk8r@gmail.com	perabb59@gmail.com
jendaskas@aol.com		<u> </u>
Event 4 Arctic Basic Skills	Event 5 Iceland Spring Fling	Event 6 TAFS Basic Skills Comp
April 10, 2022	May 1, 2022	June 4, 2022
Entry Deadline - March 25, 2022	Entry Deadline - April 15, 2022	Entry Deadline – May 18, 2022
Arctic Edge Ice Arena	Flint Iceland Arena	Troy Sports Center
Canton, MI	Flint, MI	Troy MI
Contact Stephan Scanio	Contact Cristy Bosley	Contact: Lindsey Vincent
Phone: 248-635-4541	Phone: 810-814-1081	Phone: 248-709-2946
stephanscanio@hotmail.com	Chix44ever44@gmail.com	glinzlinz@yahoo.com
Event 7 Ann Arbor Skills/Showcase	Event 8 Summer Swizzle	Event 9 Skate the Shores
June 11, 2022	June 18, 2022	July 16, 2022
Entry Deadline - May 25, 2022	Entry Deadline – June 1, 2022	Entry Deadline - June 30, 2022
Ann Arbor Ice Cube	Farmington Hills Ice Arena	St Clair Shores Civic Arena
Ann Arbor MI	Farmington Hills, MI	St Clair Shores, MI
Contact: Craig Forsyth	Contact: Ilyssa Cimmino	Contact Lindsay O'Donoghue
Phone: 734-213-6768	Phone: 248-891-9153	, ,
Aafsc.officemanager@gmail.com	summerswizzle@fhfsc.org	odonoghuelindsay@gmail.com
Event 10 Summer Chill Basic Skills	Event 11 Skate the Zoo	Event 12 Skate the Lakeshore
July 23, 2022	July 30, 2022	August 20, 2022
Entry Deadline - July 2, 2022	Entry Deadline - July 15, 2022	Entry Deadline August 1, 2022
Novi Ice Arena	Wings West	Griff's Ice House West
Novi, MI	Kalamazoo MI	Holland MI
Contact: Laura Paredes	Contact Cheryl Pickett	Contact: Jacqueline Alimpich
lamarlau@hotmail.com	Phone: 616-901-6607	Phone: 517-518-1210
	clpickett@gmail.com	jalimpich@gmail.com
Event 13 Skate the Gate	Event 14 Skate Midland	SERIES AWARDS
October 22, 2022	November 5, 2022	
Entry Deadline - October 1, 2022	Entry Deadline - October 18, 2022	CEREMONY
Southgate Civic Arena	Midland Civic Arena	AT THE MIDLAND
Southgate MI	Midland MI	AT THE MIDLAND
Contact: Jackie Timm	Contact Karen Boswell	COMPETITION
Phone: 734-771-7247	Phone: 989-751-6603	
ms.j.timm@gmail.com	Kboswell99@gmail.com	
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PRECAUTIONARY MEASURES AND RISK ASSESSMENTS

With the COVID-19 pandemic, it is important to outline measures that will be taken at the competition. While these don't have to be specific, add a statement to the announcement that the competition will follow local and state guidelines current at the time of the competition. Include a communication plan to inform participants about specifics (i.e., mask required inside except when on ice, etc.) at least a week prior to the competition so they are prepared when coming to the rink.

U.S. Figure Skating recommends that hosts have a short (two-week) registration periodonce the application is published. This is helpful as skaters often register at the last minute, and the LOC won't have to process as many refunds if the competition date hasto move or be canceled.

HERE ARE THE USFS GUIDELINES CURRENTLY IN EFFECT:

Effective August 2, 2021

Masks are required to be worn indoors by ALL people (including fully vaccinated people) attending any U.S. Figure Skating-sanctioned event or activity despite local, state or facility policies. Sanctioned activities include competitions (U.S. Figure Skating and Compete USA), exhibitions/performances and test sessions.

Exceptions:

- Athletes practicing or competing on the ice.
- · Warming up outside.



Approve



Summer Swizzle – Basic Skills Competition
Farmington Hills Figure Skating Club
Farmington Hills Ice Arena ◆ 35500 Eight Mile Rd
Farmington Hills MI 48335 (248) 478-8800
www.fhfsc.org

EVENT DATE June 18, 2022 Entry Deadline June 1, 2022

The Summer Swizzle, sponsored by the Farmington Hills Figure Skating Club will be held at the Farmington Hills Ice Arena on June 18, 2022. The ice surface measures 85 x 200 feet. This is a United State Figure approved Basic Skills Competition. The approvals will be posted on the official competition bulletin board. Questions regarding this competition should be direct to Ilyssa Cimmino, summerswizzle@fhfsc.org or 248/891-9153. Email communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition **is** open to ALL skaters who are current eligible [ER 100] members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible skater must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher. NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Pre-Free Skate, Excel, Well Balanced, and Adult levels eligibility will be based only upon highest free skate test level passed. Moves in the Field test level will not determine skater's competitive level. Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition

Rules – The competition will be conducted under the rules set forth by the US Figure Skating Learn to Skate USA "Compete USA Competition Manual" program.

Entry Fees – The first event is \$50, the second event is \$20 and each additional event after that is \$10. All entries must be postmarked no later than June 1, 2022. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out LEGIBLY and completely and mailed with a check made payable to Farmington Hills Figure Skating Club to: FHFSC c/o Summer Swizzle 35500 Eight Mile Road Farmington Hills MI 48335

There will be a \$35 fee for returned checks.

Awards – <u>All competitors will receive a medal.</u> All events are final rounds. ALL awards will be made at appropriate times throughout the competition. A podium will be available for group and individual photos.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. *Please register at least one hour before your competition time.*

Schedule of Events - Schedule will be posted on the Internet at the Figure Skater's Website - www.sk8stuff.com

Music - The music for all free skating programs with music will be supplied by skater should be provided on CD. The CD is to be turned into registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

Practice Ice – Practice ice will be available in 20 minutes sessions. Details will be provided either online or via email prior to the competition date. Sign-in and pay \$8 at the door.



Approval Code: 30758

Events listed on this page are eligible for Michigan Basic Skills Series Points SNOWPLOW SAM – BASIC 6 ELEMENTS

- Each skater will perform each element when directed by a judge/referee. Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.
- To be skated on 1/3 to 1/2 ice (determined by the LOC)
- No music
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

Level	Skating rules/standards
	March followed by a two-foot glide and dip
Snowplow	Forward two-foot swizzles, 2-3 in a row
Sam	Forward snowplow stop
	Backward wiggles, 2-6 in a row
	Forward two-foot glide and dip
Basic 1	 Forward two-foot swizzles, 6-8 in a row
	 Beginning snowplow stop on two-feet or one-foot
	Backward wiggles, 6-8 in a row
	 Forward one-foot glide (no variations), either foot
Basic 2	 Scooter pushes, right and left foot, 2-3 each foot
	Moving snowplow stop
	 Two-foot turn in place, forward to backward
	Backward two-foot swizzles, 6-8 in a row
	 Beginning forward stroking showing correct use of blade
Basic 3	 Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6
	consecutive
	Forward slalom
	Moving forward to backward two-foot turn on a circle
	Beginning backward one-foot glide, either foot
Dania 4	Forward outside edge on a circle, clockwise or counterclockwise
Basic 4	Forward crossovers, 4-6 consecutive, clockwise and counterclockwise
	 Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive
	 Backward one-foot glides (no variations), right and left
	Beginning two-foot spin, maximum 4 revolutions
	Backward outside edge on a circle, clockwise or counterclockwise
	Backward crossovers, 4-6 consecutive, clockwise and counterclockwise
Basic 5	 Forward outside three-turn, right and left
	 Advanced two-foot spin, minimum 4 revolutions
	Hockey stop
	Forward inside three-turn, right and left
Basic 6	Mohawk, right to left and left to right
	Bunny Hop
	 Basic forward spiral on a straight line (no variations), right or left
	 Beginning one-foot spin, maximum 3 revolutions, optional free leg held position and
	entry
	T-stop, right or left





<u>Events listed on this page are eligible for Michigan Basic Skills Series Points</u> SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level
 or below are allowed but will not be judged elements.
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

Level	Time	Skating rules/standards			
		March followed by a two-foot glide and dip			
Snowplow 1:10 • Forward two-foot swizzles, 2-3 in a row		Forward two-foot swizzles, 2-3 in a row			
Sam max. • Forward snowplow stop		Forward snowplow stop			
		Backward wiggles, 2-6 in a row			
		Forward two-foot glide and dip			
Basic 1	1:10	 Forward two-foot swizzles, 6-8 in a row 			
	max. • Beginning snowplow stop on two-feet or one-foot				
		Backward wiggles, 6-8 in a row			
		Forward one-foot glide (no variations), either foot			
Basic 2	1:10	Scooter pushes, right and left foot, 2-3 each foot			
	max.	Moving snowplow stop			
		Two-foot turn in place, forward to backward			
		Backward two-foot swizzles, 6-8 in a row			
D	4.40	Beginning forward stroking showing correct use of blade			
Basic 3	1:10	• Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6			
	max.	consecutive			
		Forward slalom			
		Moving forward to backward two-foot turn on a circle			
		Beginning backward one-foot glide, either foot			
Basic 4	1.10	Forward outside edge on a circle, clockwise or counterclockwise			
Dasic 4	To mana di dedetto i o, i i o dell'oddanto, di donne di la dell'incidentino				
	IIIax.	 Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4- 6 consecutive 			
		Backward one-foot glides (no variations), right and left			
		Beginning two-foot spin, maximum 4 revolutions			
		Backward outside edge on a circle, clockwise or counterclockwise			
		Backward crossovers, 4-6 consecutive, clockwise and counterclockwise			
Basic 5	1:10	Forward outside three-turn, right and left			
	max.	Advanced two-foot spin, minimum 4 revolutions			
		Hockey stop			
		Forward inside three-turn, right and left			
Basic 6	1:10	Mohawk right to left and left to right			
	max.	Bunny Hop			
		Basic forward spiral on a straight line (no variations), right or left			
		Beginning one-foot spin, maximum 3 revolutions, optional entry and free leg			
		position			
		T-stop, right or left			



Approval Code: 30758

Events listed on this page are eligible for Michigan Basic Skills Series Points

PRE-FREE SKATE COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

Level	Time	Skating rules/standards
Pre- Free Skate	1:15 max.	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise Basic one-foot upright spin, optional entry and free-foot position - minimum 3 revolutions Mazurka [right or left] Waltz jump

PRE-FREE SKATE PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max.	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise Basic one-foot upright spin, optional entry and free-foot position- minimum 3 revolutions Mazurka Waltz jump
		 NOT ALLOWED -Waltz jump, side toe hop, waltz jump



EXCEL COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than free skate program.

Excel Beginner/High Beginner Compulsory Events are eligible for Michigan Basic Skills Series Points					
Level					
		Waltz jump			
Excel	1:15	Salchow jump			
Beginner	max.	 One-foot upright spin - minimum 3 revolutions 			
		Choreographic step sequence			
		Loop jump			
Excel High	1:15	Salchow/toe loop combination			
Beginner	max.	Sit spin - minimum 3 revolutions			
		Choreographic step sequence			
<u>Ex</u>	<u>ccel Pre-Pr</u>	reliminary/Preliminary Compulsory Events are NOT eligible for			
		Michigan Basic Skills Series Points			
Level	Time	Skating rules/standards			
		Flip jump			
Excel Pre-	1:15	Loop/loop jump combination			
Preliminary	max.	Camel spin – minimum 3 revolutions			
	Choreographic step sequence				
Lutz jump					
Excel	1:15	Flip/loop jump combination			
Preliminary	max.	Camel, sit combination spin – minimum 6 revolutions total			
		Choreographic step sequence			





EXCEL FREE SKATE

General event parameters:

- Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up one level higher.

Excel Beginner and Excel High Beginner Free Skate are eligible for							
	Michigan Basic Skills Series Points						
Excel Beginner Free Skate 1:40 Max.	 Maximum 4 jump elements: Jumps with no more than one-half rotation (front to back or back to front) Single rotation jumps:	 Maximum 2 spins: Two upright spins No change of foot No flying entry Minimum 3 revolutions 	Choreographic Step Sequence* (ChSt) Must use one-half of the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence				
Excel High Beginner Free Skate 1:40 Max.	 Maximum 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front) Single rotation jumps: toe loop, Salchow, Euler (half loop), loop Flip, Lutz, & Axel NOT permitted Maximum 2 jump combinations or sequences. One 3-jump combination is allowed [Jump sequence is any listed jump immediately followed by a waltz jump] Maximum 2 of any same jump 	 Maximum 2 spins: Both spins must be in a single position [no change of foot] No flying entry Permitted forward spins: upright, sit, camel Permitted back spins: upright Minimum 3 revolutions Spins may be of the same character 	Maximum 1 Sequence: Choreographic Step Sequence* (ChSt)				





Excel Pre-Preliminary, Excel Preliminary and Excel Preliminary Plus Free Skate are NOT eligible for Michigan Basic Skills Series Points

Excel Pre-Preliminary

1:40 Max.

Must not have passed higher than U.S. Figure Skating Pre- preliminary free skate test

*means required element

Full U.S. Figure Skating membership required

Maximum 5 jump elements:

- All single jumps allowed, except for the Axel
- No single Axels, double, or higher jumps allowed
- Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded
- Maximum 2 jump combinations or jump sequences
- Jump combinations limited to 2 jumps. One 3jump combination is allowed
- Jump sequence is any listed jump immediately followed by a waltz jump

Maximum 2 spins:

- One spin must be in a single position with no change of foot*
- One spin may change feet or position, <u>but not</u> <u>both</u>
- No flying entry
- Minimum 3 revolutions
- Spins must be of a different character

Sequence* (ChSt)

• Must use one-half

Choreographic Step

Maximum 1 Sequence:

- Must use one-half of the ice surface
- Moves in the field and spiral sequences are allowed but will not be counted as elements
- Jumps may be included in the step sequence

Max Level: 1

Excel Preliminary

2:00 +/- 10 sec.

Must not have passed higher than U.S. Figure Skating Preliminary free skate test

*means required element

Full U.S. Figure Skating membership required

Maximum 5 jump elements:

- All single jumps allowed, except for the Axel
- No single Axels, double, or higher jumps allowed
- Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded
- Maximum 2 jump combinations or jump sequences
- Jump combinations limited to 2 jumps. One 3jump combination is allowed
- Jump sequence is any listed jump immediately followed by a waltz jump

Maximum 2 spins:

One spin must be a camel or layback spin with no change of foot and no change of position*
One spin may change feet and/or position
No flying entry
Minimum 3 revolutions

Max Level: 1

Max Level 1

Maximum 1 Sequence: Choreographic Step

- Sequence* (ChSt)
 Must use full length of the ice surface
- Moves in the field and spiral sequences are allowed but will not be counted as elements
- Jumps may be included in the step sequence

Excel Preliminary Plus

2:00 +/- 10 sec.

Must not have passed higher than U.S. Figure Skating preliminary free skate test

*means required element

Full U.S. Figure Skating membership required

Maximum 5 jump elements:

- All single jumps allowed, including single Axel
- No double, or higher jumps allowed
- Single Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels)
- Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded
- Maximum 2 jump combinations or jump sequences
- All single jumps, including the single Axel are allowed as part of a jump combination or sequence (no double jumps)
- Jump combinations limited to 2 jumps. One 3-jump combination is allowed
- Jump sequence is any listed jump immediately followed by an Axel-type jump

Maximum 2 spins:

Spins must be of a

different character

- One spin must be in a single position*
- One spin may change feet and/or position
- No flying entry
- Minimum 3 revolutions

Max Level 1

Maximum 1 Sequence:

Choreographic Step Sequence* (ChSt)

- Must use full length of the ice surface
- Moves in the field and spiral sequences are allowed but will not be counted as elements
- Jumps may be included in the step sequence





WELL BALANCED COMPULSORY

Format:: To be skated on half-ice

- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level
- Skaters may have the option to skate one level higher in compulsories than free skate program

NO TEST	1:15 max	 Loop jump Jump combination to include a toe loop (may not use a loop or Axel) Upright spin with change of foot, minimum 3 revolutions on each foot Choreographic step sequence
PRE- PRELIMINARY	1:15 max	 Lutz jump Single jump-single jump (no Axel) combination Spin with one change of position and no change of foot, minimum 6 revolutions total Choreographic step sequence
PRELIMINARY	1:15 max	 Axel jump Single jump-single jump (may <u>not</u> include Axel) combination Spin with one change of foot and one change of position, minimum 3 revolutions on each foot Choreographic step sequence





<u>EVENTS LISTED ON THIS PAGE ARE NOT ELIGIBLE FOR MICHIGAN BASIC SKILLS SERIES POINTS</u> WELL BALANCED FREE SKATE PROGRAM

General event parameters:

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and an Excel Free Skate event at the same competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up
 one level higher.

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Level	Jumps	Spins	Step Sequences
No-Test Time: 1:40 Max	 Max 5 Jump Elements All single jumps allowed except for the single Axel No single Axels, double, triple or quadruple jumps allowed Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequence is any listed jump immediately followed by an Axel-type jump [waltz jump] 	 Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E)) 	Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence
Pre- Preliminary Time: 1:40 Max	 Max 5 Jump Elements All single jumps, including the single Axel, allowed No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequence is any listed jump immediately followed by an Axel-type jump 	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence
Preliminary Time: 2:00 +/- 10 secs Max	 Max 5 Jump Elements 1 must be an Axel-type jump or a waltz jump* All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed Jump sequence is any listed jump immediately followed by an Axel-type jump 	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence Step Sequence Must use full ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence





ADULT 1-6, BEGINNER-BRONZE COMPULSORY

- The skating order of the elements is optional. Element may only be attempted once.
- To be skated in simple program format with limited connecting steps, $\frac{1}{2}$ ice.
 - A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

• A 0	2 deduction will be taken for each element MISSING, REPEATED or from a higher level
Level	Elements
	Forward Marching
Adult 1	Forward two-foot glide
Time:	Forward swizzle (4-6 in a row)
1:30 Max.	Forward snowplow stop – two feet or one foot
	Forward skating across the width of the ice
Adult 2	Forward one-foot glides
Time:	Forward slalom
1:30 Max.	
1.00 Max.	· · · · · · · · · · · · · · · · · · ·
	Backward swizzles, 4-6 in a row
۵ ماریاد ۵	Forward stroking using the blade properly
Adult 3.	Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise
Time:	Forward chasses on a circle, clockwise and counterclockwise
1:30 Max.	Backward skating to a long two-foot glide
	Backward snowplow stop, Right and Left
	Forward outside edge on a circle, right and left
Adult 4	Forward inside edge on a circle, right and left
Time:	Forward crossovers, clockwise and counterclockwise
1:30 Max.	Hockey stop, both directions
	Backward one-foot glides, right and left
	Backward outside edge and backward inside edge on a circle, right and left
Adult 5	Backward crossovers, clockwise and counterclockwise
Time:	Forward outside three-turn, right and left
1:30 Max.	Beginning two-foot spin (min 2 revs)
	Forward stroking with crossover end patterns – <u>utilizing only ½ sheet of ice surface</u>
Adult 6	
Time:	Backward stroking with crossover end patterns – <u>utilizing only ½ sheet of ice surface</u> Forward is ideal to be a stable and left.
1:30 Max.	Forward inside three-turn, right and left
1.30 IVIAX.	• T-stop
	• Lunge
	Two-foot spin into one-foot spin (min 2 revs on 1 foot)
	Waltz Jump
Adult	Mazurka
Beginner	 Forward beginning one-foot spin from backward crossovers (min 2 revs)
Time:	Forward moving inside open Mohawk (right and left) – heel to instep
1:30 Max.	 Alternating right and left forward outside and inside edges across the width of the ice (one outside edge, right and left, one inside
	edge, right and left)
	Waltz Jump
Adult High	• ½ Flip
Beginner	Forward upright spin – minimum 3 revolutions
Time:	Backward outside three- turn, right and left
1:30 Max.	Alternating right and left backward outside and inside edges across the width of the ice (one outside edge, right and left, one inside
	edge, right and left)
	Single Toe loop jump
Adult Pre-	 Jump combination or sequence consisting of half revolution jumps (½ flip, ½ Lutz, ½ loop, waltz), toe loop, or Salchow – maximum of
Bronze	2 jumps in combination and 3 jumps in a sequence
Time:	Forward upright spin - minimum 3 revolutions
1:30 Max.	Two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a
	forward inside edge, clockwise and counterclockwise
	Forward spiral (any edge)
	Single Salchow jump
Adult	 Jump combination or sequence consisting of ½ revolution jumps and/or full revolution jumps (no Lutz or Axel) – maximum 2 jumps in
Bronze	combination and 3 jumps in a sequence
Time:	 Solo spin with no change of foot (min. 3 revolutions)
1:30 Max.	
	Backward inside three-turn, right and left Spiral agruphs (Minimum 3 aprirals), must shappe adds or feet.
	Spiral sequence (Minimum 2 spirals)- must change edge or foot



ADULT 1-6 FREE SKATE WITH MUSIC

General event parameters:

- The skating order of the required elements is optional.
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels.
- A 0.2 deduction will be taken for each required element MISSING and for those elements performed from a higher level.

Level	Time	Elements
Adult 1	1:40 Max	 Forward Marching Forward two-foot glide Forward swizzle (4-6 in a row)
		Forward snowplow stop – two feet or one foot
Adult 2	1:40 Max	 Forward skating across the width of the ice Forward one-foot glides Forward slalom Backward skating Backward swizzles, 4-6 in a row
Adult 3	1:40 Max	 Forward stroking using the blade properly Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise Backward skating to a long two-foot glide Forward chasses on a circle, clockwise and counterclockwise Backward snowplow stop, Right and Left
Adult 4	1:40 Max	 Forward outside edge on a circle, right and left Forward inside edge on a circle, right and left Forward crossovers, clockwise and counterclockwise Backward one-foot glides, right and left Hockey stop, both directions
Adult 5	1:40 Max	 Backward outside edge on a circle, right and left Backward inside edge on a circle, right and left Backward crossovers, clockwise and counterclockwise Forward outside three-turn, right and left Beginning two-foot spin
Adult 6	1:40 Max	 Forward stroking with crossover end patterns Backward stroking with crossover end patterns Forward inside three-turn, right and left T-stop Lunge Two-foot spin into one-foot spin (min 2 revs on 1 foot)



ADULT BEGINNER - BRONZE FREE SKATE PROGRAM WITH MUSIC

General event parameters:

- Skaters will skate to the music of their choice and vocal music is allowed
- To be skated on full ice
- The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner 1:40 Maximum	Max. 4 jump elements Jumps limited to bunny hop, mazurka, ballet and Waltz jump Max 1 combination or sequence consisting of only the allowed listed jumps Max. 2 of any same jump	Max. 2 spins Two forward upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1
Adult High Beginner 1:40 Maximum	 Max 4 jump elements: Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, ½ loop, ½ flip, ½ Lutz, toe loop, salchow Max 1 combination or sequence consisting of only the allowed listed jumps Max. 2 of any same type jump. 	Max 2 spins: Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating Free Skate tests
Adult Pre- Bronze 1:40 Maximum	Max 4 Jump Elements: Max 2 combinations or sequences 1 jump combination may contain 3 jumps, and the other may contain only 2 jumps Jump sequence is any listed jump immediately followed by an Axel-type jump Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) Only single and half-revolution jumps are permitted No single Lutz, single Axel, double or triple jumps are permitted	Max 2 Spins: Max Level 1 Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 E)	Connecting steps throughout the program are required	Skaters may not have passed tests higher than U.S. Figure Skating Adult Pre-Bronze or Pre-Preliminary Free Skate
Adult Bronze 1:50 maximum	Max 4 Jump Elements: Max 2 combinations or sequences [Jump sequence is any listed jump immediately followed by an Axeltype jump]; 1 combination/sequence may consist of three jumps, and the other may have only two jumps Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) All single jumps are permitted (except single Axel) No single Axel, double or triple jumps are permitted	Max 2 Spins: Max Level 1 Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) Min 3 revs total if no change of foot Min 3 revs each foot if change of foot Min 2 revs in each position No flying spins are permitted	Max 1 Sequence: • Choreographic Step Sequence Must use at least ½ ice surface May include Moves in the Field and spirals	Skaters may not have passed tests higher than U.S. Figure Skating Adult Bronze or Preliminary Free Skate





SPECIAL OLYMPICS EVENTS ARE ELIGIBLE FOR MICHIGAN BASIC SKILLS SERIES POINTS

SPECIAL OLYMPICS BADGE 1-12

Competition hosts can use the skills listed below to create either an elements event or program event for Special Olympics competitors. If doing a program, music can be used and will be 1:10 max.

Badge 1

- A. Stand unassisted for five seconds
- B. Sit on ice or fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

Badge 2

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- Two foot glide forward for distance of at least length of body

Badge 3

- A. Backward wiggle or march
- B. Five forward swizzles covering at least ten feet
- **C.** Forward skating across the rink
- D. Forward gliding dip covering at least length of body: left and right

Badge 4

- A. Backward two-foot glide covering at least length of body
- B. Two foot jump in place
- C. One foot snowplow stop: left and right
- **D.** Forward one foot glide covering at least length of body: left and right

Badge 5

- A. Forward stroking across rink
- B. Five backward swizzles covering at least ten feet
- C. Forward two-foot curves left and right across rink
- D. Two-foot turn front to back, on the spot

Badge 6

- A. Gliding forward to backward two-foot turn
- **B.** Five consecutive forward one-foot swizzles on circle: left and right
- **C.** Backward one foot glide length of body: left and right
- **D.** Forward pivot

Badge 7

- A. Backward stroking across the rink
- B. Gliding backward to forward two-foot turn
- C. T-stop left or right
- D. Forward two foot turn on a circle: left and right

Badge 8

- A. Five consecutive forward crossovers: left and right
- B. Forward outside edge: left and right
- C. Five consecutive backward ½ swizzles on a circle: left and right
- **D.** Two-foot spin

Badge 9

- A. Forward outside 3 turn: left and right
- B. Forward inside edge: left and right
- C. Forward lunge or shoot the duck at any depth
- **D.** Bunny hop

Badge 10

- A. Forward inside three-turn: left and right
- B. Five consecutive backward crossovers: left and right
- C. Hockey stop
- **D.** Forward spiral three times length of body

Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: left and right
- D. Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

Badge 12

- A. Waltz jump
- **B.** One foot spin: minimum of three revolutions
- **C.** Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- D. Combination of three moves chosen from badges 9-12



Showcase Events

Showcase events are open to skaters in the Basic, Free Skate, limited beginner, preliminary and adult bronze levels. Groups willbe divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher.

Show costumes are permitted if they do not touch or drag on the ice. Costuming and make up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair access ories must be secure. No bobby pins, feathers, hair accessories or anything else that may fall to the ice and be hazardous to the skaters are allowed. (a 0.1 deduction will be taken). Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for every 10 seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to sup- port the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious loss of control will re- duce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. The 6.0 judging system will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

LEVEL	ELEMENTS	QUALIFICATIONS	LENGT H
BASIC 1-6	Elements only from Basic 1-6 curriculum	Must not have passed any higher than Basic 6level	Time: 1:00 max
PRE-FREE SKATE – FREE SKATE 6/ BEGINNER/HIGH BEGINNER/ADULT 1-6/ ADULT BEGINNER/ADULT HIGH BEGINNER	3 jump maximum. Half- rotation jumps only, plus the following full rotation jumps: Salchow and toe loop	May not have passed any official U.S. Figure Skating free skate or free dance tests	Time: 1:30 max
NO TEST	No prescribed or restricted elements	Must not have passed pre-preliminary free skate or any free dance tests	Time: 1:30 max
PRE-PRELIMINARY	No prescribed or restricted elements	Must have passed no higher than U.S. Figure Skating pre-preliminary or any free dance test	Time: 1:30 max
ADULT PRE-BRONZE	No prescribed or restricted elements	Must have passed no higher than adult pre- bronze free skate test; see National Showcaseguidelines for more specific information regarding adults	Time: 1:40 max
PRELIMINARY / ADULT BRONZE	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating preliminary free skate or adult bronzefree skate or free dance test; see National Showcase guidelines for more specific information regarding adults	Time: 1:40 max



Solo Pattern Dance

GENERAL EVENT PARAMETERS:

- Levels are based upon the skaters' highest pattern dance test passed
- · A solo pattern dance competition event will consist of the skater performing two solo pattern dances
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for his/her level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30–July 2), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the second quarter).
- Skaters will complete both dances at each level. Dances will be scheduled at the discretion of the chief referee for each competi-tion and may be competed consecutively or with a break in-between pattern dance groupings.

PRELIMINARY

JANUARY 1-MARCH 31	APRIL 1-JUNE 30	JULY 1-SEPTEMBER 30	OCTOBER 1-DECEMBER 31
Dutch Waltz Canasta Tango	Rhythm Blues Dutch Waltz	Canasta Tango Rhythm Blues	1.Rhythm Blues 2. Dutch Waltz

PRE-BRONZE

JANUARY 1-MARCH 31	APRIL 1–JUNE 30	JULY 1-SEPTEMBER 30	OCTOBER 1-DECEMBER 31
 Swing Dance Cha-Cha 	1 Fiesta Tango2 Swing Dance	Cha-Cha Fiesta Tango	Swing Dance Cha-Cha

MOVES IN THE FIELD TO MUSIC

- Each level will skate a program consisting of specified moves in the field elements skated to music of the skater's choice.
- Each program must contain the specified moves within the required time duration.
 - o Note: The time duration is maximum time no deduction will be given for being under the specified time.
- The moves may be skated in any order.
- Music may be vocal or instrumental.
- Skaters must wear all black skating attire or costume
- This will be judged on the 6.0 system. Skaters receive two marks.
 - o The technical mark will be based on the focuses of the specified moves. Difficulty of transitional elements will not be rewarded in the technical mark.
 - o The presentation mark will be based on carriage, projection, style, ice coverage, phrasing of movements to music and creativity of transitional elements.

Level	Time	Required Elements	
Pre –	2:10 max	Forward perimeter stroking – Clockwise direction only	
Preliminary		2. Backward inside consecutive edges	
		3. Forward left foot spiral	
		4. Waltz Eight	
Preliminary	2:20 max.	Forward and Backward Crossovers	
		2. Consecutive inside spirals	
		3. Forward power three-turns – Right foot only	
		4. Forward circle eight	



Approval Code: 30758

Event #8 Summer Swizzle Entry Form [PLEASE PRINT CLEARLY]

Name			Age	Birth Date	
	Last	First			
E-Mail Add	ress				
Address	1	Casic o	City		
State	Zip	Area Code/Phone	;#		
Home Club		USFSA #	H	ighest Level Passed	
Male	Female	Name of Parent/G	uardian		

¢E0.4	or First Event, 620 d	for Cooped Fronts &	40 for Fook Addition	al Event
			10 for Each Addition	
Basic	Compulsory	SPEC.OLYMPICS	Adult	Adult Prog w/Music
Compulsory			Compulsory	
Snowplow Sam*	Pre Free Skate*	Badge 1*	Adult 1	Adult 1
Basic 1*	Excel Beginner*	Badge 2*	Adult 2	Adult 2
Basic 2*	Excel High Beg*	Badge 3*	Adult 3	Adult 3
Basic 3*	Excel Pre-Prelim	Badge 4*	Adult 4	Adult 4
Basic 4*	Excel Preliminary	Badge 5*	Adult 5	Adult 5
Basic 5*	Free Skate	Badge 6*	Adult 6	Adult 6
Basic 6*	Pre Free Skate*	Badge 7*	Adult Beginner	Adult Beginner
	Excel Beginner*	Badge 8*	Adult High Beg	Adult High Beg
Basic Prog w/Music	Excel High Beg*	Badge 9*	Adult Pre-Bronze	Adult Pre-Bronze
Snowplow Sam*	Excel Pre-Prelim	Badge 10*	Adult Bronze	Adult Bronze
Basic 1*	Excel Preliminary	Badge 11*		
Basic 2*	Excel Prelim Plus	Badge 12*		
Basic 3*				SOLO DANCE
Basic 4*	Well-Balanced Comp	SHOWCA	SE EVENTS	Preliminary
Basic 5*	No Test	B <mark>asic 1-6</mark>	Preliminary	Pre-Bronze
Basic 6*	Pre-Preliminary	Pr <mark>e Free</mark> Skate	Adult 1-6	
	Preliminary	Beginner	Adult Beginner	MIF to MUSIC
		High Beginner	Adult High Beg	Pre-Preliminary
	Well-Balanced FS	No Test	Adult PreBronze	Preliminary
	No Test	Pre-Preliminary	Adult Bronze	
	Pre-Preliminary			
	Preliminary			

Events listed above with an * after them will be eligible for Michigan Basic Skills Series Points

Entry Fees are not refundable after the entry deadline unless an event is cancelled.

If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

First Event	\$ ENTRIES MUST BE POST MARKED BY June 1, 2022
Additional Event	\$ Mail form and fees to: FHFSC c/o Summer Swizzle
Additional Event	\$ 35500 Eight Mile Rd, Farmington Hills MI 48335
Additional Event	\$ Make check or money order payable to FHFSC
Join USFSA	\$
TOTAL:	\$





<u>Ce</u>	ertification of Competitor	Competitor Name:	
1.	Farmington Hills Figure Skating Club and the	checked. It is agreed that the competitor and family hold the Farmington Hills Ice Arena harmless from any and all liability either and all liability for damages to or loss of property.	
2.	As a participant, or parent/guardian of a minor participant, in the Summer Swizzle/Basic Skills Series, I understand that the Summer Swizzle/Basic Skills Series, or its agents, may take photographs, video and/or film or my, my minor's and/or my family's involvement, participation, viewing or interaction at Summer Swizzle/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Summer Swizzle/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media		
3.		mation located on <u>www.sk8stuff.com</u> and by signing below, I am	
	Parent/Guardian Signature	<u>D</u> ate	
	Club Officer/Program Director		
	Title	Date	
	COMPETITOR SIGNATURE	Date	
Rec f yo he	instruction for registration.	Please print clearly rrent season? Yes □ USFS # ng.org , click on the Coaches Registration button and follow ECK IN AT REGISTRATION AT EACH EVENT	
	EKLIST [please be sure the following is included in the sure that th	uded]:Club Officer/Program Director Signature	



Check payable to FHFSC



of

____ Events to be entered checked properly