



Michigan Basic Skills Series - Event #4
Arctic Figure Skating Club – Arctic Flurry
Arctic Edge Ice Arena
46615 Michigan Ave, Canton, MI 48188
www.arcticfsc.org
April 10, 2022

Entry Deadline: March 25, 2022

# 2022 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season skaters will have the chance to compete at different clubs and arenas earning points for a final standing. A skater may participate in either Freeskating and/or Compulsory/Element events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place on the ice at the Midland Competition - November 5, 2022.

## Series Point System

Program with Music [Freeskate] and Compulsory/Element events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. Scoring for the final award will be as follows:

 $1^{st}$  Place - 6 points  $2^{nd}$  Place - 5 points  $3^{rd}$  Place - 4 points  $4^{th}$  Place - 3 points  $5^{th}$  Place - 2 points  $6^{th}$  Place - 1 point

Skaters must participate in at least 3 of the 15 series events to be eligible to win an award with an overall placement at the finale. Skaters receive bonus points for moving up a level during the course of the series season [bonus points only awarded once each season]. Events eligible for a series finale award are:

Element & Basic Programs w/Music Events - Learn to Skate Curriculum [Snowplow Sam thru Pre-Free Skate, Beginner & High Beginner

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken.

Points are accumulated for Compulsory and Program with Music [Freeskate] events separately.

Medals will be awarded [1-3 Place] in each level as highlighted in each announcement. Beyond the Basic <u>will NOT</u> be counted in the Program with Music [Freeskate] and Elements/Compulsory Program Series for this 2022 season. Spins, Dance, Pairs, Theatre on Ice, Synchronized Teams, and Showcase Events <u>will NOT</u> be counted for this 2022 season. At the end of the 2022 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.





Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS members clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as <a href="https://www.sk8stuff.com">www.sk8stuff.com</a>. Each competition will have its own entry forms and specific rules. Please make sure to read the entire announcement for each competition.

14th USFS Michigan Basic Skills Series – Hosted by the following:

	Event 2 Mountain Town Classic	Event 3 Tuxedo Invitational	
Event 1 Onyx-Suburban B/S			
Challenge	March 12, 2022	March 26, 2022	
February 5, 2022	Entry Deadline – February 18, 2022	Entry Deadline – March 11, 2022	
Entry Deadline – January 20, 2022	The I.C.E. Arena	Slater Family Ice Arena	
Suburban Ice Macomb	Mt Pleasant MI	Bowling Green, OH	
Macomb, MI	Contact: Ginni Phillips	Contact: Merissa Rojas	
Contact Jeanette Daskas	Phone: 989-560-3871	Phone: 419-345-0766	
Phone: 248-917-9544	gpsk8r@gmail.com	perabb59@gmail.com	
jendaskas@aol.com			
Event 4 Arctic Basic Skills	Event 5 Iceland Spring Fling	Event 6 TAFS Basic Skills Comp	
April 10, 2022	May 1, 2022	June 4, 2022	
Entry Deadline – March 25, 2022	Entry Deadline – April 15, 2022	Entry Deadline – May 18, 2022	
Arctic Edge Ice Arena	Flint Iceland Arena	Troy Sports Center	
Canton, MI	Flint, MI	Troy MI	
Contact Stephen Scanio	Contact Cristy Bosley	Contact: Lindsey Vincent	
Phone: 248-635-4541	Phone: 810-814-1081	Phone: 248-709-2946	
stephenscanio@hotmail.com	Chix44ever44@gmail.com	glinzlinz@yahoo.com	
Event 7 Ann Arbor Skills/Showcase	Event 8 Summer Swizzle	Event 9 Skate the Shores	
June 11, 2022	June 18, 2022	July 16, 2022	
Entry Deadline - May 25, 2022	Entry Deadline – June 1, 2022	Entry Deadline - June 30, 2022	
Ann Arbor Ice Cube	Farmington Hills Ice Arena	St Clair Shores Civic Arena	
Ann Arbor MI	Farmington Hills, MI	St Clair Shores, MI	
Contact: Craig Forsyth	Contact: Ilyssa Cimmino	Contact Lindsay O'Donoghue	
Phone: 734-213-6768	Phone: 248-891-9153	Phone: 586-774-7530	
Aafsc.officemanager@gmail.com	summerswizzle@fhfsc.org	odonoghuelindsay@gmail.com	
Event 10 Summer Chill Basic Skills	Event 11 Skate the Zoo	Event 12 Skate the Lakeshore	
July 23, 2022	July 30, 2022	August 20, 2022	
Entry Deadline – July 2, 2022	Entry Deadline – July 15, 2022	Entry Deadline August 1, 2022	
Novi Ice Arena	Wings West	Griff's Ice House West	
Novi, MI	Kalamazoo MI	Holland MI	
Contact: Laura Paredes	Contact Cheryl Pickett	Contact: Jacqueline Alimpich	
lamarlau@hotmail.com	Phone: 616-901-6607	Phone: 517-518-1210	
<u></u>	clpickett@gmail.com	jalimpich@gmail.com	
Event 13 Skate the Gate	Event 14 Skate Midland		
October 22, 2022	November 5, 2022	SERIES AWARDS	
Entry Deadline - October 1, 2022	Entry Deadline - October 18, 2022	CEREMONY	
Southgate Civic Arena	Midland Civic Arena		
Southgate MI	Midland MI	AT THE MIDLAND	
Contact: Jackie Timm	Contact Karen Boswell	COMPETITION	
Phone: 734-771-7247	Phone: 989-751-6603		
ms.j.timm@gmail.com	Kboswell99@gmail.com		
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## **COVID-19 SAFETY REQUIREMENTS**

## **CURRENT USFS POLICY IN EFFECT:**

## **Effective August 2, 2021**

Masks are required to be worn indoors by <u>ALL</u> people (including fully vaccinated people) attending any U.S. Figure Skating-sanctioned event or activity despite local, state or facility policies. Sanctioned activities include competitions (U.S. Figure Skating and Compete USA), exhibitions/performances and test sessions.

## **Exceptions:**

- Athletes practicing or competing on the ice.
- Warming up outside the building.







# Arctic Flurry – Basic Skills Competition #4 Arctic Figure Skating Club

Arctic Edge Ice Arena ♦ 46615 Michigan Ave. ♦ Canton, MI, 48188 (734) 487-7777 / www.arcticfsc.org

**EVENT DATE = April 10, 2022** 

Entry Deadline = March 25, 2022

The Arctic Flurry, sponsored by the Arctic Figure Skating Club will be held at the Arctic Edge Ice Arena on April 10, 2022. The ice surface measures 200 feet x 85 feet. This is a United State Figure Skating approved Basic Skills Competition. The approvals will be posted on the official competition bulletin board. Questions regarding this competition should be direct to Stephen Scanio at stephenscanio@hotmail.com or (248) 635-4541. Email communications are preferred.

Mission Statement - The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition is open to ALL skaters who are current eligible members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible skater must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher. NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Pre-Free Skate, Excel, Well Balanced, and Adult levels eligibility will be based only upon highest free skate test level passed. Moves in the Field test level will not determine skater's competitive level. Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition

Rules - The competition will be conducted under the rules set forth by the US Figure Skating Learn to Skate USA "Compete USA Competition Manual" program.

Entry Fees – The first event is \$50, the second event is \$20 and each additional event after that is \$10. All entries must be postmarked no later than March 25, 2022. Late entries will be accepted at the discretion of the organizers and are subject to a possible \$15 late fee. Entry fees are per person, U.S. dollars.

Registration - It is preferred that entries to be completed online thru www.sk8stuff.com. If paper entry forms are used, then Entry forms must be filled out LEGIBLY and completely and mailed with a check made payable to Arctic Figure Skating Club to:

Stephen Scanio 6201 Beachwood Ct. West Bloomfield, MI 48324

There will be a \$35 fee for returned checks.

Awards - All competitors will receive a medal. All events are final rounds. ALL awards will be made at appropriate times throughout the competition. A podium will be available for group and individual photos.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. Please register at least one hour before your competition time.

Schedule of Events - Schedule will be posted on the Internet at the Figure Skater's Website - www.sk8stuff.com

Music - Competitors participating in events with music are required to upload their music to EntryEeze no later than April 3, 2022, at 11:59 PM ET. After this date, skaters will be locked out of this feature and subject to a \$20 music late fee. After skaters have successfully registered through www.sk8stuff.com, skater information will be provided to EntryEeze and the skater will receive an email from EntryEeze with a PIN number to upload music to EntryEeze. Please have a CD backup available rinkside.

Practice Ice - Practice ice will be available in 20 minutes sessions. Details will be provided either online or via email prior to the competition date. Sign-in and pay \$10 at the door.





## Events listed on this page are eligible for Michigan Basic Skills Series Points

## **SNOWPLOW SAM - BASIC 6 ELEMENTS**

- Each skater will perform each element when directed by a judge/referee. Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.
- To be skated on 1/3 to 1/2 ice (determined by the LOC)
- No music
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

Level	Skating rules/standards				
	March followed by a two-foot glide and dip				
Snowplow	Forward two-foot swizzles, 2-3 in a row				
Sam	Forward snowplow stop				
	Backward wiggles, 2-6 in a row				
	Forward two-foot glide and dip				
Basic 1	Forward two-foot swizzles, 6-8 in a row				
	Beginning snowplow stop on two-feet or one-foot				
	Backward wiggles, 6-8 in a row				
	Forward one-foot glide (no variations), either foot				
Basic 2	Scooter pushes, right and left foot, 2-3 each foot				
	Moving snowplow stop				
	Two-foot turn in place, forward to backward				
	Backward two-foot swizzles, 6-8 in a row				
	Beginning forward stroking showing correct use of blade				
Basic 3	<ul> <li>Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6</li> </ul>				
	consecutive				
	Forward slalom				
	Moving forward to backward two-foot turn on a circle				
	Beginning backward one-foot glide, either foot				
Daria 4	Forward outside edge on a circle, clockwise or counterclockwise				
Basic 4	Forward crossovers, 4-6 consecutive, clockwise and counterclockwise				
	Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6				
	<ul> <li>consecutive</li> <li>Backward one-foot glides (no variations), right and left</li> </ul>				
	Beginning two-foot spin, maximum 4 revolutions				
	Backward outside edge on a circle, clockwise or counterclockwise				
Basic 5	Backward crossovers, 4-6 consecutive, clockwise and counterclockwise				
	Forward outside three-turn, right and left				
	Advanced two-foot spin, minimum 4 revolutions				
	Hockey stop				
	Forward inside three-turn, right and left				
Basic 6	Mohawk, right to left and left to right				
	Bunny Hop				
	Basic forward spiral on a straight line (no variations), right or left				
	Beginning one-foot spin, maximum 3 revolutions, optional free leg held position and				
	entry				
	T-stop, right or left				

## Events listed on this page are eligible for Michigan Basic Skills Series Points





## **SNOWPLOW SAM - BASIC 6 PROGRAM WITH MUSIC**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

Level	Time	Skating rules/standards			
		March followed by a two-foot glide and dip			
Snowplow	Snowplow 1:10 • Forward two-foot swizzles, 2-3 in a row				
Sam	max.	Forward snowplow stop			
		Backward wiggles, 2-6 in a row			
		Forward two-foot glide and dip			
Basic 1	1:10	Forward two-foot swizzles, 6-8 in a row			
	max.	Beginning snowplow stop on two-feet or one-foot			
		Backward wiggles, 6-8 in a row			
		Forward one-foot glide (no variations), either foot			
Basic 2	1:10	Scooter pushes, right and left foot, 2-3 each foot			
	max.	Moving snowplow stop			
		Two-foot turn in place, forward to backward			
		Backward two-foot swizzles, 6-8 in a row			
		Beginning forward stroking showing correct use of blade			
Basic 3	1:10	<ul> <li>Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6</li> </ul>			
	max.	consecutive			
		Forward slalom			
		Moving forward to backward two-foot turn on a circle			
		Beginning backward one-foot glide, either foot			
Dania 4	4.40	Forward outside edge on a circle, clockwise or counterclockwise			
Basic 4	1:10	Forward crossovers, 4-6 consecutive, clockwise and counterclockwise			
	max.	<ul> <li>Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-</li> <li>6 consecutive</li> </ul>			
		Backward one-foot glides (no variations), right and left			
		Beginning two-foot spin, maximum 4 revolutions			
		Backward outside edge on a circle, clockwise or counterclockwise			
		Backward crossovers, 4-6 consecutive, clockwise and counterclockwise			
Basic 5	1:10	Forward outside three-turn, right and left			
	max.	Advanced two-foot spin, minimum 4 revolutions			
		Hockey stop			
		Forward inside three-turn, right and left			
Basic 6	1:10	Mohawk right to left and left to right			
	max.	Bunny Hop			
		Basic forward spiral on a straight line (no variations), right or left			
		Beginning one-foot spin, maximum 3 revolutions, optional entry and free leg			
		position			
		T-stop, right or left			

Events listed on this page are eligible for Michigan Basic Skills Series Points





## PRE-FREE SKATE COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

Level	Time	Skating rules/standards			
Pre- Free Skate	1:15 max.	<ul> <li>Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>Basic one-foot upright spin, optional entry and free-foot position - minimum 3 revolutions</li> <li>Mazurka [right or left]</li> <li>Waltz jump</li> </ul>			

## PRE-FREE SKATE PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max.	<ul> <li>Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>Basic one-foot upright spin, optional entry and free-foot position- minimum 3 revolutions</li> <li>Mazurka</li> <li>Waltz jump</li> <li>NOT ALLOWED -Waltz jump, side toe hop, waltz jump</li> </ul>





## **EXCEL COMPULSORY**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than free skate program.

	Excel Beginner/High Beginner Compulsory Events are eligible for Michigan Basic Skills Series Points				
Level					
	Waltz jump				
Excel	1:15	Salchow jump			
Beginner	max.	One-foot upright spin - minimum 3 revolutions			
		Choreographic step sequence			
		Loop jump			
Excel High	1:15	Salchow/toe loop combination			
Beginner	max.	Sit spin - minimum 3 revolutions			
		Choreographic step sequence			
<u>Ex</u>	cel Pre-Pr	eliminary/Preliminary Compulsory Events are NOT eligible for			
	1	Michigan Basic Skills Series Points			
Level	Time	Skating rules/standards			
	Flip jump				
Excel Pre-	1:15	Loop/loop jump combination			
Preliminary	max.	Camel spin – minimum 3 revolutions			
	Choreographic step sequence				
	Lutz jump				
Excel	Excel 1:15 • Flip/loop jump combination				
Preliminary	Preliminary max. • Camel, sit combination spin – minimum 6 revolutions total				
	Choreographic step sequence				





## **EXCEL FREE SKATE**

General event parameters:

- Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up one level higher.

Exc	Excel Beginner and Excel High Beginner Free Skate are eligible for Michigan Basic Skills Series Points					
Excel Beginner Free Skate 1:40 Max.	<ul> <li>Maximum 4 jump elements:         <ul> <li>Jumps with no more than one-half rotation (front to back or back to front)</li> <li>Single rotation jumps:</li></ul></li></ul>	<ul> <li>Maximum 2 spins:</li> <li>Two upright spins</li> <li>No change of foot</li> <li>No flying entry</li> <li>Minimum 3 revolutions</li> </ul>	Maximum 1 Sequence: Choreographic Step Sequence* (ChSt)  Must use one-half of the ice surface  Moves in the field and spiral sequences are allowed but will not be counted as elements  Jumps may be included in the step sequence			
Excel High Beginner Free Skate 1:40 Max.	<ul> <li>Maximum 5 jump elements:         <ul> <li>Jumps with no more than one-half rotation (front to back or back to front)</li> <li>Single rotation jumps: toe loop, Salchow, Euler (half loop), loop</li> <li>Flip, Lutz, &amp; Axel NOT permitted</li> <li>Maximum 2 jump combinations or sequences. One 3-jump combination is allowed [Jump sequence is any listed jump immediately followed by a waltz jump]</li> </ul> </li> </ul>	<ul> <li>Maximum 2 spins:</li> <li>Both spins must be in a single position [no change of foot]</li> <li>No flying entry</li> <li>Permitted forward spins: upright, sit, camel</li> <li>Permitted back spins: upright</li> <li>Minimum 3 revolutions</li> <li>Spins may be of the same character</li> </ul>	Maximum 1 Sequence: Choreographic Step Sequence* (ChSt)  Must use one-half of the ice surface  Moves in the field and spiral sequences are allowed but will not be counted as elements  Jumps may be included in the step sequence			





Maximum 2 of any same jump

# Excel Pre-Preliminary, Excel Preliminary and Excel Preliminary Plus Free Skate are NOT eligible for Michigan Basic Skills Series Points

# **Excel Pre-Preliminary**

1:40 Max.

Must not have passed higher than U.S. Figure Skating Pre- preliminary free skate test

\*means required element

Full U.S. Figure Skating membership required

#### Maximum 5 iump elements:

- All single jumps allowed, except for the Axel
- No single Axels, double, or higher jumps
- Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded
- Maximum 2 jump combinations or jump sequences
- Jump combinations limited to 2 jumps. One 3jump combination is allowed
- Jump sequence is any listed jump immediately followed by a waltz jump

#### Maximum 2 spins:

- One spin must be in a single position with no change of foot\*
- One spin may change feet or position, but not both
- No flying entry
- Minimum 3 revolutions
- Spins must be of a different character

Max Level: 1

### Maximum 1 Sequence: Choreographic Step

Sequence\* (ChSt) Must use one-half of the ice surface

- Moves in the field and spiral sequences are allowed but will not be counted as elements
- Jumps may be included in the step sequence

# Excel **Preliminary**

2:00 +/- 10 sec.

Must not have passed higher than U.S. Figure Skating Preliminary free skate test

\*means required element

Full U.S. Figure Skating membership required

## Maximum 5 jump elements:

- All single jumps allowed, except for the Axel
- No single Axels, double, or higher jumps allowed
- Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded
- Maximum 2 jump combinations or jump sequences
- Jump combinations limited to 2 jumps. One 3jump combination is allowed
- Jump sequence is any listed jump immediately followed by a waltz jump

## Maximum 2 spins:

One spin must be a camel or layback spin with no change of foot and no change of position\* One spin may change feet and/or position No flying entry Minimum 3 revolutions

Max Level: 1

Max Level 1

### Maximum 1 Sequence: Choreographic Step

- Sequence\* (ChSt) Must use the full ice surface
- Moves in the field and spiral sequences are allowed but will not be counted as elements
- Jumps may be included in the step sequence

## **Excel Preliminary** Plus

2:00 +/- 10 sec.

Must not have passed higher than U.S. Figure Skating preliminary free skate test

\*means required element

Full U.S. Figure Skating membership required

## Maximum 5 jump elements:

- All single jumps allowed, including single Axel
- No double, or higher jumps allowed
- Single Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels)
- Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded
- Maximum 2 jump combinations or jump sequences
- All single jumps, including the single Axel are allowed as part of a jump combination or sequence (no double jumps)
- Jump combinations limited to 2 jumps. One 3-jump combination is allowed Jump sequence is any listed jump
- immediately followed by an Axel-type jump

## Maximum 2 spins:

Spins must be of a

different character

- One spin must be in a single position\*
- One spin may change feet and/or position
- No flying entry
- Minimum 3 revolutions

#### Max Level 1

# Maximum 1 Sequence:

Choreographic Step Sequence\* (ChSt)

- Must use the full ice surface
- Moves in the field and spiral sequences are allowed but will not be counted as elements
- Jumps may be included in the step sequence





## WELL BALANCED COMPULSORY

Format:: To be skated on half-ice

- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level
- Skaters may have the option to skate one level higher in compulsories than free skate program

NO TEST	1:15 max	<ul> <li>Loop jump</li> <li>Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>Upright spin with change of foot, minimum 3 revolutions on each foot</li> <li>Choreographic step sequence</li> </ul>
PRE- PRELIMINARY	1:15 max	<ul> <li>Lutz jump</li> <li>Single jump-single jump (no Axel) combination</li> <li>Spin with one change of position and no change of foot, minimum 6 revolutions total</li> <li>Choreographic step sequence</li> </ul>
PRELIMINARY	1:15 max	<ul> <li>Axel jump</li> <li>Single jump-single jump (may <u>not</u> include Axel) combination</li> <li>Spin with one change of foot and one change of position, minimum 3 revolutions on each foot</li> <li>Choreographic step sequence</li> </ul>





## **WELL BALANCED FREE SKATE PROGRAM**

General event parameters:

- Skaters may not enter both a Well Balanced Free Skate event and an Excel Free Skate event at the same competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up one level higher.

	one level higher.					
Level	Jumps	Spins	Step Sequences			
No-Test Time: 1:40 Max	Max 5 Jump Elements	<ul> <li>Max 2 Spins</li> <li>Spins may change feet and/or position</li> <li>Spins may start with a flying entry</li> <li>Min 3 revs.</li> <li>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</li> </ul>	Step Sequence     Must use one-half the ice surface     Moves in the field and spiral sequences are allowed but will not be counted as elements     Jumps may be included in the step sequence			
Pre-Preliminary Time: 1:40 Max	<ul> <li>Max 5 Jump Elements</li> <li>All single jumps, including the single Axel, allowed         <ul> <li>No double, triple or quadruple jumps allowed</li> <li>Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels)</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>Max 2 jump combinations or jump sequences         <ul> <li>Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed</li> <li>Jump sequence is any listed jump immediately followed by an Axel-type jump</li> </ul> </li> </ul>	<ul> <li>Max 2 Spins</li> <li>Spins may change feet and/or position</li> <li>Spins may start with a flying entry</li> <li>Min 3 revs.</li> <li>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</li> </ul>	Step Sequence     Must use one-half the ice surface     Moves in the field and spiral sequences are allowed but will not be counted as elements     Jumps may be included in the step sequence			
Preliminary Time: 2:00 +/- 10 sec	<ul> <li>Max 5 Jump Elements</li> <li>1 must be an Axel-type jump or a waltz jump*</li> <li>All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop)         <ul> <li>Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed</li> <li>An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>Max 2 jump combinations or sequences         <ul> <li>Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed</li> <li>Jump sequence is any listed jump immediately followed by an Axel-type jump</li> </ul> </li> </ul>	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs.  These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence  Step Sequence  Must use the full ice surface  Moves in the field and spiral sequences are allowed but will not be counted as elements  Jumps may be included in the step sequence			





## **ADULT 1-6, BEGINNER-BRONZE COMPULSORY**

- The skating order of the elements is optional. Element may only be attempted once.
- To be skated in simple program format with limited connecting steps, ½ ice.
- A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

Level	Elements
LCVCI	
Adult 1	
Time:	Forward two-foot glide     Forward twisted (4.0 in a rest)
1:30 Max.	Forward swizzle (4-6 in a row)
1.50 Max.	Forward snowplow stop – two feet or one foot
A -114 O	Forward skating across the width of the ice
Adult 2	Forward one-foot glides
Time:	Forward slalom
1:30 Max.	Backward skating
	Backward swizzles, 4-6 in a row
	Forward stroking using the blade properly
Adult 3.	Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise
Time:	Forward chasses on a circle, clockwise and counterclockwise
1:30 Max.	Backward skating to a long two-foot glide
	Backward snowplow stop, Right and Left
	Forward outside edge on a circle, right and left
Adult 4	Forward inside edge on a circle, right and left
Time:	Forward crossovers, clockwise and counterclockwise
1:30 Max.	Hockey stop, both directions
	Backward one-foot glides, right and left
	Backward outside edge and backward inside edge on a circle, right and left
Adult 5	Backward crossovers, clockwise and counterclockwise
Time:	Forward outside three-turn, right and left
1:30 Max.	Beginning two-foot spin (min 2 revs)
	Forward stroking with crossover end patterns – <u>utilizing only ½ sheet of ice surface</u>
Adult 6	Backward stroking with crossover end patterns – <u>utilizing only ½ sheet of ice surface</u>
Time:	Forward inside three-turn, right and left
1:30 Max.	T-stop
	Lunge
	Two-foot spin into one-foot spin (min 2 revs on 1 foot)
	Waltz Jump
Adult	Mazurka
Beginner	Forward beginning one-foot spin from backward crossovers (min 2 revs)
Time:	Forward moving inside open Mohawk (right and left) – heel to instep
1:30 Max.	Alternating right and left forward outside and inside edges across the width of the ice (one outside edge, right and left, one inside)
	edge, right and left)
	Waltz Jump
Adult High	• ½ Flip
Beginner	Forward upright spin – minimum 3 revolutions
Time:	Backward outside three- turn, right and left
1:30 Max.	Alternating right and left backward outside and inside edges across the width of the ice (one outside edge, right and left, one inside
	edge, right and left)
	Single Toe loop jump
Adult Pre-	Jump combination or sequence consisting of half revolution jumps (½ flip, ½ Lutz, ½ loop, waltz), toe loop, or Salchow – maximum of
Bronze	2 jumps in combination and 3 jumps in a sequence
Time:	Forward upright spin - minimum 3 revolutions
1:30 Max.	Two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a
	forward inside edge, clockwise and counterclockwise
	Forward spiral (any edge)
	Single Salchow jump
Adult	<ul> <li>Jump combination or sequence consisting of ½ revolution jumps and/or full revolution jumps (no Lutz or Axel) – maximum 2 jumps in</li> </ul>
Bronze	combination and 3 jumps in a sequence
Time:	Solo spin with no change of foot (min. 3 revolutions)
1:30 Max.	Backward inside three-turn, right and left
	Spiral sequence (Minimum 2 spirals)- must change edge or foot
<u> </u>	ynai sequence (iviiiliituiti 2 spirais): titust charige euge or toot





## **ADULT 1-6 FREE SKATE WITH MUSIC**

General event parameters:

- The skating order of the required elements is optional.
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels.
- A 0.2 deduction will be taken for each required element MISSING and for those elements performed from a higher level.

Level	Time	Elements
Adult 1	1:40 Max	<ul> <li>Forward Marching</li> <li>Forward two-foot glide</li> <li>Forward swizzle (4-6 in a row)</li> </ul>
		Forward snowplow stop – two feet or one foot
Adult 2	1:40 Max	<ul> <li>Forward skating across the width of the ice</li> <li>Forward one-foot glides</li> <li>Forward slalom</li> <li>Backward skating</li> <li>Backward swizzles, 4-6 in a row</li> </ul>
Adult 3	1:40 Max	<ul> <li>Forward stroking using the blade properly</li> <li>Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>Backward skating to a long two-foot glide</li> <li>Forward chasses on a circle, clockwise and counterclockwise</li> <li>Backward snowplow stop, Right and Left</li> </ul>
Adult 4	1:40 Max	<ul> <li>Forward outside edge on a circle, right and left</li> <li>Forward inside edge on a circle, right and left</li> <li>Forward crossovers, clockwise and counterclockwise</li> <li>Backward one-foot glides, right and left</li> <li>Hockey stop, both directions</li> </ul>
Adult 5	1:40 Max	<ul> <li>Backward outside edge on a circle, right and left</li> <li>Backward inside edge on a circle, right and left</li> <li>Backward crossovers, clockwise and counterclockwise</li> <li>Forward outside three-turn, right and left</li> <li>Beginning two-foot spin</li> </ul>
Adult 6	1:40 Max	<ul> <li>Forward stroking with crossover end patterns</li> <li>Backward stroking with crossover end patterns</li> <li>Forward inside three-turn, right and left</li> <li>T-stop</li> <li>Lunge</li> <li>Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ul>





## ADULT BEGINNER - BRONZE FREE SKATE PROGRAM WITH MUSIC

General event parameters:

- Skaters will skate to the music of their choice and vocal music is allowed
- To be skated on full ice
- The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner 1:40 Maximum	Max. 4 jump elements  Jumps limited to bunny hop, mazurka, ballet and Waltz jump  Max 1 combination or sequence consisting of only the allowed listed jumps  Max. 2 of any same jump	Max. 2 spins  Two forward upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1
Adult High Beginner 1:40 Maximum	Max 4 jump elements:  • Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, ½ loop, ½ flip, ½ Lutz, toe loop, salchow  • Max 1 combination or sequence consisting of only the allowed listed jumps • Max. 2 of any same type jump.	Max 2 spins:  Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating Free Skate tests
Adult Pre-Bronze 1:40 Maximum	Max 4 Jump Elements:  Max 2 combinations or sequences  1 jump combination may contain 3 jumps, and the other may contain only 2 jumps  Jump sequence is any listed jump immediately followed by an Axel-type jump  Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump)  Only single and half-revolution jumps are permitted  No single Lutz, single Axel, double or triple jumps are permitted	Max 2 Spins:  Max Level 1  Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 E)	Connecting steps throughout the program are required	Skaters may not have passed tests higher than U.S. Figure Skating Adult Pre-Bronze or Pre-Preliminary Free Skate
Adult Bronze 1:50 maximum	Max 4 Jump Elements:  Max 2 combinations or sequences [Jump sequence is any listed jump immediately followed by an Axeltype jump];  1 combination/sequence may consist of three jumps, and the other may have only two jumps  Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump)  All single jumps are permitted (except single Axel)  No single Axel, double or triple jumps are permitted	Max 2 Spins:  Max Level 1  Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))  Min 3 revs total if no change of foot  Min 3 revs each foot if change of foot  Min 2 revs in each position  No flying spins are permitted	Max 1 Sequence:  • Choreographic Step Sequence  Must use at least ½ ice surface  May include Moves in the Field and spirals	Skaters may not have passed tests higher than U.S. Figure Skating Adult Bronze or Preliminary Free Skate





## SPECIAL OLYMPICS EVENTS ARE ELIGIBLE FOR MICHIGAN BASIC SKILLS SERIES POINTS

### SPECIAL OLYMPICS BADGE 1-12

Competition hosts can use the skills listed below to create either an elements event or program event for Special Olympics competitors. If doing a program, music can be used and will be 1:10 max.

#### Badge 1

- A. Stand unassisted for five seconds
- B. Sit on ice or fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

#### Badge 2

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- **D.** Two foot glide forward for distance of at least length of body

#### Badge 3

- A. Backward wiggle or march
- B. Five forward swizzles covering at least ten feet
- C. Forward skating across the rink
- Forward gliding dip covering at least length of body: left and right

#### Badge 4

- A. Backward two-foot glide covering at least length of body
- B. Two foot jump in place
- C. One foot snowplow stop: left and right
- D. Forward one foot glide covering at least length of body: left and right

#### Badge 5

- A. Forward stroking across rink
- B. Five backward swizzles covering at least ten feet
- C. Forward two-foot curves left and right across rink
- D. Two-foot turn front to back, on the spot

#### Badge 6

- **A.** Gliding forward to backward two-foot turn
- **B.** Five consecutive forward one-foot swizzles on circle: left and right
- C. Backward one foot glide length of body: left and right
- **D.** Forward pivot

#### Badge 7

- A. Backward stroking across the rink
- B. Gliding backward to forward two-foot turn
- **C.** T-stop left or right
- D. Forward two foot turn on a circle: left and right

#### Badge 8

- **A.** Five consecutive forward crossovers: left and right
- B. Forward outside edge: left and right
- C. Five consecutive backward ½ swizzles on a circle: left and right
- D. Two-foot spin

## Badge 9

- A. Forward outside 3 turn: left and right
- **B.** Forward inside edge: left and right
- C. Forward lunge or shoot the duck at any depth
- D. Bunny hop

#### Badge 10

- A. Forward inside three-turn: left and right
- B. Five consecutive backward crossovers: left and right
- C. Hockey stop
- **D.** Forward spiral three times length of body

### Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: left and right
- **D.** Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

### Badge 12

- A. Waltz jump
- B. One foot spin: minimum of three revolutions
- C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- D. Combination of three moves chosen from badges 9-12





## **Showcase Events**

Showcase events are open to skaters in the Basic, Free Skate, limited beginner, preliminary and adult bronze levels. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skaters in the group ensemble or production number. If a free skate event is not being entered, skaters must enterat their current test level or one level higher.

Show costumes are permitted if they do not touch or drag on the ice. Costuming and make up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feathers, hair accessories or anything else that may fall to the ice and be hazardous to the skaters are allowed. (a 0.1 deduction will be taken). Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for every 10 seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to sup- port the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious loss of control will re- duce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. The 6.0 judging system will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

**ELEMENTS** 

		~	
BASIC 1-6	Elements only from Basic 1-6 curriculum	Must not have passed any higher than Basic 6level	Time: 1:00 max
PRE-FREE SKATE – FREE SKATE 6/ BEGINNER/HIGH BEGINNER/ADULT 1-6/ ADULT BEGINNER/ADULT HIGH BEGINNER	3 jump maximum. Half- rotation jumps only, plus the following full rotation jumps: Salchow and toe loop	May not have passed any official U.S. Figure Skating free skate or free dance tests	Time: 1:30max
NO TEST	No prescribed or restricted elements	Must not have passed pre-preliminary free skate or any free dance tests	Time: 1:30max
PRE-PRELIMINARY	No prescribed or restricted elements	Must have passed no higher than U.S. Figure Skating pre-preliminary or any free dance test	Time: 1:30 max
ADULT PRE-BRONZE	No prescribed or restricted elements	Must have passed no higher than adult pre- bronze free skate test; see National Showcaseguidelines for more specific information regarding adults	Time: 1:40max
PRELIMINARY / ADULT BRONZE	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating preliminary free skate or adult bronze free skate or free dance test; see National Showcase guidelines for more specific	Time: 1:40max

**QUALIFICATIONS** 

information regarding adults



LEVEL



**LENGTH** 

#### GENERAL EVENT PARAMETERS:

- · Levels are based upon the skaters' highest pattern dance test passed
- · A solo pattern dance competition event will consist of the skater performing two solo pattern dances
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for his/her level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30–July 2), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the second guarter).
- Skaters will complete both dances at each level. Dances will be scheduled at the discretion of the chief referee for each competi-tion and may be competed consecutively or with a break in-between pattern dance groupings.

#### **PRELIMINARY**

JANUARY 1-MARCH 31	APRIL 1–JUNE 30	JULY 1-SEPTEMBER 30	OCTOBER 1-DECEMBER 31
Dutch Waltz     Canasta Tango	<ol> <li>Rhythm Blues</li> <li>Dutch Waltz</li> </ol>	Canasta Tango     Rhythm Blues	1.Rhythm Blues 2. Dutch Waltz

#### PRE-BRONZE

JANUARY 1-MARCH 31	APRIL 1–JUNE 30	JULY 1-SEPTEMBER 30	OCTOBER 1-DECEMBER 31
<ol> <li>Swing Dance</li> <li>Cha-Cha</li> </ol>	<ul><li>1 Fiesta Tango</li><li>2 Swing Dance</li></ul>		<ol> <li>Swing Dance</li> <li>Cha-Cha</li> </ol>

### MOVES IN THE FIELD TO MUSIC

- Each level will skate a program consisting of specified moves in the field elements skated to music of the skater's choice.
- Each program must contain the specified moves within the required time duration.
  - o Note: The time duration is maximum time no deduction will be given for being under the specified time.
- The moves may be skated in any order.
- Music may be vocal or instrumental.
- Skaters must wear all black skating attire or costume
- This will be judged on the 6.0 system. Skaters receive two marks.
  - o The technical mark will be based on the focuses of the specified moves. Difficulty of transitional elements will not be rewarded in the technical mark.
  - o The presentation mark will be based on carriage, projection, style, ice coverage, phrasing of movements to music and creativity of transitional elements.

Level	Time	Required Elements	
Pre –	2:10 max	Forward perimeter stroking – Clockwise direction only	
Preliminary		2. Backward inside consecutive edges	
		3. Forward left foot spiral	ļ
		4. Waltz Eight	
Preliminary	2:20 max.	1. Forward and Backward Crossovers	
,		2. Consecutive inside spirals	ļ
		3. Forward power three-turns – Right foot only	ļ
		4. Forward circle eight	ļ





# ARCTIC FLURRY – Michigan Basic Skills Series Event #4 Entry Form [PLEASE PRINT CLEARLY]

Name			Age	Birth Date	
	La	st First			
E-Mail Addre	ss	•			
Address		Casic	City		
State	_Zip	Area Code/Ph	none #		
Home Club _		USFSA #		Highest Level Passed	
Male	Female	Name of Pare	ent/Guardian		

0505	First F and Acc	See Occasion Front	040 C. F. L A.L.	-1 F 1
			\$10 for Each Addition	
Basic	Compulsory	SPEC.OLYMPICS		Adult Prog w/Music
Compulsory			Compulsory	
Snowplow Sam*	Pre Free Skate*	Badge 1*	Adult 1	Adult 1
Basic 1*	Excel Beginner*	Badge 2*	Adult 2	Adult 2
Basic 2*	Excel High Beg*	Badge 3*	Adult 3	Adult 3
Basic 3*	Excel Pre-Prelim	Badge 4*	Adult 4	Adult 4
Basic 4*	Excel Preliminary	Badge 5*	Adult 5	Adult 5
Basic 5*	Free Skate	Badge 6*	Adult 6	Adult 6
Basic 6*	Pre Free Skate*	Badge 7*	Adult Beginner	Adult Beginner
	Excel Beginner*	Badge 8*	Adult High Beg	Adult High Beg
Basic Prog w/Music	Excel High Beg*	Badge 9*	Adult Pre-Bronze	Adult Pre-Bronze
Snowplow Sam*	Excel Pre-Prelim	Badge 10*	Adult Bronze	Adult Bronze
Basic 1*	Excel Preliminary	Badge 11* /		
Basic 2*	Excel Prelim Plus	Ba <mark>dge 12*</mark>		
Basic 3*				SOLO DANCE
Basic 4*	Well-Balanced Comp	SHOWO	ASE EVENTS	Preliminary
Basic 5*	No Test	B <mark>asic 1-6</mark>	Preliminary	Pre-Bronze
Basic 6*	Pre-Preliminary	Pr <mark>e Free</mark> Skate	Adult 1-6	
	Preli <mark>minary</mark>	Beginner	Adult Beginner	MIF to MUSIC
		High Beginner	Adult High Beg	Pre-Preliminary
	Well-Balanced FS	No Test	Adult PreBronze	Preliminary
	No Test	Pre-Preliminary	Adult Bronze	
	Pre-Preliminary			7
	Preliminary			

Events listed above with an \* after them will be eligible for Michigan Basic Skills Series Points
Entry Fees are not refundable after the entry deadline unless an event is cancelled.

If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

First Event	\$ ENTRIES MUST BE POST MARKED BY March 25, 2022
Additional Event	\$ Mail form and fees to:
Additional Event	\$ Stephen Scanio / AFSC - President
Additional Event	\$ 6201 Beachwood Ct.
Join USFSA	\$ West Bloomfield, MI 48324
TOTAL:	\$ Make check payable to: Arctic Figure Skating Club





Competitor Name:	

- 1. The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Arctic Figure Skating Club and Arctic Edge Ice Arena harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.
- 2. As a participant, or parent/guardian of a minor participant, in the Arctic Flurry/Basic Skills Series, I understand that the Arctic Flurry/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at Arctic Flurry/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Arctic Flurry/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media
- 3. I have read the Concussion Awareness Information located on <a href="www.sk8stuff.com">www.sk8stuff.com</a> and by signing below, I am agreeing to the terms and conditions.

Parent/Guardian Signature	<u>D</u> ate
Club Officer/Program Director	
Title	Date
COMPETITOR SIGNATURE	Date
Registered on USFS Coaches Regist If you are not registered, go to www.u the instruction for registration. COACHES WILL BE REQUIR	Print Name:  Please print clearly ry for the current season? Yes □ USFS #_ sfigureskating.org , click on the Coaches Registration button and follow  RED TO CHECK IN AT REGISTRATION AT EACH EVENT  E-mail Address:  Please print clearly

# CHECKLIST [please be sure the following is included]:

Entry form with USFSA Number	Club Officer/Program Director Signature
Check payable to: Arctic Figure Skating Club	Events to be entered checked properly



