

Event #	Time		Event	# Skaters	Allow this time	Chris Handt	Colleen Bohunicky	Susan Demeniuk	Kim Hayes	David Kaumeyer	Kendra Wright
	Begin	End									
			D1-1								
	4:00 PM	4:45 PM	Practice Ice	45							
	4:45 PM	5:00 PM	Resurface	15							
1	5:00 PM	5:10 PM	Level A Jumps	6	10	R	2	3	4	5	6
2	5:10 PM	5:38 PM	Level A Moves	6	28	R	2	3	4	5	6
3	5:38 PM	5:49 PM	Level A Spins	6	12	R	2	3	4	5	6
	5:49 PM	5:59 PM	Break - NO RESURFACE	10							
4	5:59 PM	6:09 PM	Level B Jumps	6	10	1	2	R	4	5	6
5	6:09 PM	6:37 PM	Level B Moves	6	28	1	2	R	4	5	6
6	6:37 PM	6:48 PM	Level B Spins	6	12	1	2	R	4	5	6
	6:48 PM	6:58 PM	Break - NO RESURFACE	10							
7	6:58 PM	7:08 PM	Level C Jumps	6	10	1	2	3	4	5	R
8	7:08 PM	7:36 PM	Level C Moves	6	28	1	2	3	4	5	R
9	7:36 PM	7:47 PM	Level C Spins	6	12	1	2	3	4	5	R
Competition Ends											

Hosted by: PCEP

Sanction: 32049

At this competition, for each level (A, B, C) all skaters that will actually skate at that level in any of the 3 disciplines may be at rinkside. No skaters not participating in that level are allowed at rinkside.

When the teams enter the ice at the start of each new LEVEL (ie events 1, 4, 7) there is a 2 minute stroking-only warmup for all participating skaters.

Then each element gets a 30-second warmup for all skaters participating in that element followed by skating of the elements. Competition moves directly from Jumps to Moves, to Spins with no additional warmups

Skating order proceeds "down one team" at each element

Format will be re-evaluated after first round of competitions.

Note these are in SKATING order

	A	B	C	
United Farmington/Mercy ABC 1				1
Livonia ABC 2				2
Novi ABC 3				3
Plymouth/Canton ABC 4				4
Birmingham Varsity Skating ABC 5				5
Northville ABC 6				6
				7

Each team is permitted ONE reskated element per level, per competition.

Warm up - 2 minute stroking-only w/u before events 1, 4, 7; 30 second w/u for each element