



2020-2021 MICHIGAN HIGH SCHOOL FIGURE SKATING SEASON

December 1, 2020 through March 28, 2021

TO: ALL MICHIGAN HIGH SCHOOL SKATING TEAMS

MASKS are MANDATORY in all indoor and outdoor pre-event spaces during this skating season or until further notice.

Michigan High School Figure Skating appreciates your cooperation in advance! Please note that the Michigan High School Figure Skating season (December 1, 2020 through March 28, 2021) will be following the current Health and Safety Protocols based upon the current Federal, State of Michigan, Michigan High School Athletic Association, and Local Governments and Health Agencies recommendations and guidelines during this COVID-19 pandemic. They are subject to change as the state and local mandates evolve. High School Skating will also comply with any additional individual rink mandates for each district meet. Michigan High School Skating is fully committed to the health, safety and well-being of your skater.

The Michigan High School Skating Committee and Detroit Metro Council

Marjorie Banner, Chair
Don Korte, Referee
Dorothy Estey, Accountant
Mary Moss, Schedules
Ellen Kolarik Treasurer
Donna Haller, Finance
Bill Estey, Medals



TEAM GUIDELINES

2020-2021

MICHIGAN HIGH SCHOOL FIGURE SKATING DISTRICT MEET PROTOCOL FOR 2020-2021 SEASON

THESE GUIDELINES ARE BASED ON THE STATE OF MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES EMERGENCY ORDERS, GATHERING PROHIBITION AND FACE COVERING ORDER, AS WELL AS USFSA GUIDELINES.

TEAM GUIDELINES:

- I. Self-Health Screening – Paper check-in. Check-in sheets will be provided for teams by the High School Skating Committee. The sheets must be filled out by all team members/coaches/managers/guests and handed in when checking into the rink on meet day.
 - A. All persons checking in on district meet day must have their temperature taken (nothing over 100.4) and truthfully answer no (on the sheets provided) to the following questions (just like at a hospital or doctor's office):
 1. Have you been diagnosed with COVID-19 or shown symptoms of COVID-19 in the past 14 days?
 2. Have you knowingly been exposed to anyone who might have COVID-19 in the last 14 days?
 3. Fever or chills?
 4. Shortness of breath or difficulty breathing?
 5. Fatigue?
 6. Muscle or body aches?
 7. Headaches?
 8. New loss of taste or smell?
 9. Sore throat?
 10. Congestion or runny nose?
 11. Nausea or vomiting?
 12. Diarrhea?
 13. Have you traveled out-of-state or internationally in the last 14 days?
- II. **Teams will be limited to those skaters participating at a meet on the scheduled day.**
- III. Guests are discouraged, but limited to two/skater, due to occupancy restrictions, unless individual rinks have stricter limits. Only skaters, coaches and/or team managers are encouraged to attend.
- IV. Officials will be limited to those assigned to the meets and must adhere to the same restrictions as skaters.
- V. Teams MUST provide skater/coach/manager contact information to the host team and rink upon entry. Guests must also provide name and contact information upon entry.
- VI. Masks are REQUIRED of ALL who enter the rink. The only mask exception will be for the individual skater when he/she attempts an element on the ice during the competition.
- VII. Social distancing must be maintained at 6' or greater, including guests in the stands and between officials.
- VIII. Skaters and officials should bring their own water bottles, as drinking fountains, filling stations and concessions are closed.
- IX. Teams should enter the rink no more than 20 minutes prior to their scheduled meet. Teams may arrive earlier, but must remain in the parking lot until allowed to enter.
- X. Pre-game meetings and stretching must take place in the parking lot.
- XI. Skaters should enter the rinks dressed for the meet, as locker room access will not be allowed for high school meets. SKATERS SHOULD NOT BRING VALUABLES into the rink. Showers are not available.
- XII. Skating bags must be left in the open staging area.
- XIII. Skating participants waiting to compete shall sit in the stands, safely socially distanced until it is their turn (team level or element).
- XIV. Skaters and guests must maintain safe social distancing. There should be no congregating in the lobby either before or after the meets.
- XV. Teams must leave the facility within 10 minutes of the meet. Medals earned at the meets will be mailed to the team coach or manager after the last February meet. Teams must provide a current address for the medals to be mailed. Please send a current address where medals should be mailed to mihighschoolskating@gmail.com.
- XVI. There will be no lost-and-found at the rinks. Items left behind will be discarded.
- XVII. No team banners will be allowed. No sales of items (food, clothing, etc.) will be allowed.

- XVIII. For this year, senior skater recognition will be done at the State Championships (if possible) and should be a responsibility of the individual teams.



THESE GUIDELINES ARE SUBJECT TO CHANGE AS THE SEASON PROGRESSES

DISTRICT MEET

SCHEDULE OF

EVENTS

2020-2021 District Team Meet Schedules

Due to the COVID pandemic, high school skating meets will be conducted with the following protocol:

Meets are scheduled for four hours maximum. There will be no on-ice team warm ups. **If possible**, the host team should provide a separate warm-up area where skaters can put their skates on and stretch. This area should be limited to those skaters participating by level. Masks must be worn and safe-distancing must be adhered to. Skaters will be allowed to warm up on-ice prior to each element. The events will begin no later than 30 minutes from the scheduled meet time.

No team will be allowed to compete unless full skater, coach and guest information is provided to the referee and ice arena. **Teams not following COVID restrictions will be deemed ineligible to continue for the season.**

Level A, B, or C shall compete with the following protocol:

Level A will compete, followed by Level B, followed by Level C utilizing the following protocol for each level. Each level will take approximately 60-75 minutes to complete, depending on the number of teams participating.

Team members and coaches not on the ice should separate themselves in the stands safely distanced 6' apart.

- I. The coach **or** manager and four members of the team skating jumps will take the ice – likely a maximum of 30 skaters (with 6 teams). Teams should separate along the boards. Within each team, safe distancing shall be practiced around the edges of the boards. All team participants should enter from the **“lobby end”*** and exit from the **“Zamboni end”*** to maintain maximum safe distancing.
- II. All jumps skaters will be allowed a two (2) minute stroking warm-up with a maximum of 8 skaters/warm up. Two warm-ups will be available, if necessary. There will be a one (1) minute warm-up per element for skaters competing that single element.
- III. A skater, when called to perform for his/her high school, may remove his/her mask during performance only.
- IV. When the jump round is completed by all schools, skaters not competing in moves should exit the ice at the **“Zamboni door”** and take their places in the stands.
- V. All skaters performing moves should take the ice for a two (2) minute stroking warm-up with a maximum of 8 skaters/warm-up. Two warm-ups will be available, if necessary. Moves skaters will be allowed a one (1) minute warm-up before each element. Maximum eight skaters/warm-up.
- VI. Skaters will perform their moves. Mask may be removed by the skater while performing.
- VII. When finished, skaters not competing for spins should exit the ice at the **“Zamboni door”**.
- VIII. All skaters performing spins should enter the ice from the **“lobby door”** for a two (2) minute stroking warm-up. Skaters will be allowed a one (1) minute warm-up before each element. Two warm-ups will be available, if necessary.
- IX. Skater will perform their spins, which can be done by performing skaters without masks.
- X. When completed, all skaters should exit the ice via the **“Zamboni door”**.

Results will be posted when completed by accounting. Only coaches shall remain inside the arena to view results.

No medals will be mailed following the end of the District meets. Teams must send appropriate mailing information to mihighschoolskating@gmail.com, so the medals can be mailed.

Skaters and guests should leave the rink within 10 minutes of the finish of the meet.

***Rink diagram provided is general in nature and should give each host team an idea of how to set up the meet. If officials' stands are not available, they should be provided a roped off space in the stands where they can safely distance at 6' intervals. “Lobby end” and “Zamboni end” are designated as an example only. Host rinks need to have separate ice ingress and egress.**

HOST TEAM

REQUIREMENTS

AND

GUIDELINES

Michigan High School Figure Skating 2020-2021 Host Team Guidelines

COVID ADDENDUMS: All officials food should be ordered take out from a restaurant individually packaged. Please select 3 entrees for officials to choose from and solicit choices from the officials by emailing them at least 3 days before the event. All utensils, plates, cups, etc. should be disposable. Teams will be emailed their list of judges and contact information a week before the event.

Officials must bring their own clipboard, pens, and beverages or pop that they will use. There will be no locker rooms. Ample space must be provided for officials to socially distance.

Thank you for hosting our district meets this season. We hope these reminders/guidelines will assist you in making your preparations. Please make sure you accomplish the following for your meet:

1. Host teams of district meets can deduct \$350 from their season costs for the meet they host. State Championship host team may deduct \$750 from its season costs. Remember, you are receiving a team fee deduction, plus up to \$25/official (receipts required) for hosting a district meet. Your host duties require you to treat your officials as SPECIAL GUESTS.
2. Reserve a judge's hospitality room. The number of officials will usually be 8, but no more than 10. You will be emailed the list of officials before your meet. Your reimbursement for host food costs does not include feeding your volunteers.
3. Reserve a room for the accountant, and make sure there is access to a copier, and a ream of paper for copies, including enough for sale of results.
4. Appropriate roped off area in the rink for officials so they can be socially distanced 6' apart. If your rink is very cold, please provide blankets and/or bleacher pads for them.
5. A sufficient hot, restaurant **MEAL (NOT SANDWICHES AND GRANOLA BARS)** must be provided. Please make sure the food is available at least one hour **before** the start of the meet and kept warm throughout the event. Sealed snacks and beverages should also be provided, including bottled water/soda, dessert. For those officials who leave directly after the event is over, it is nice to offer a "doggie bag" in the event they are in a hurry to return to their homes. Remember, your officials are there for four hours and some travel that far to get to your meet.
6. Any hotel reservations required for your meet will be handled by the high school committee.

7. Host team will be reimbursed up to \$25 per official for food costs. **Receipts must be provided.** Submit your receipts to Ellen Kolarik (ekolarik@comcast.net) for reimbursement. If you need to mail them, send to E. Kolarik at: 7479 W. White Birch Avenue, Lake City, MI 49651. Please provide a name and address for the person who should get the check reimbursement.
8. You will require ice monitors, runners, announcer, judge's room monitor, sign-in table volunteer, and a volunteer(s) to sell copies of results following the meet (any \$'s made on copies belongs to the host team). **Your volunteers need to respect the privacy of results until they are posted.**
9. **All host teams must comply with the SafeSport and background check requirements from USFSA (attached).**
10. Gifts for the judges will be taken care of by the high school skating committee.
11. The sanction number for your meet has been provided on the schedule of meets included in the district announcements. A copy of that sanction is available from mihighschoolskating@gmail.com.
12. ANY QUESTIONS, contact Ellen Kolarik at ekolarik@comcast.net or Margie Banner mihighschoolskating@gmail.com.

Michigan High School Protocol Worker Assignments and Set-Up for District Meets

AT ALL TIMES, SANITIZERS MUST BE AVAILABLE. CLEAN-UP OF TABLES/CONTACT SURFACES NEEDS TO BE DONE FREQUENTLY.

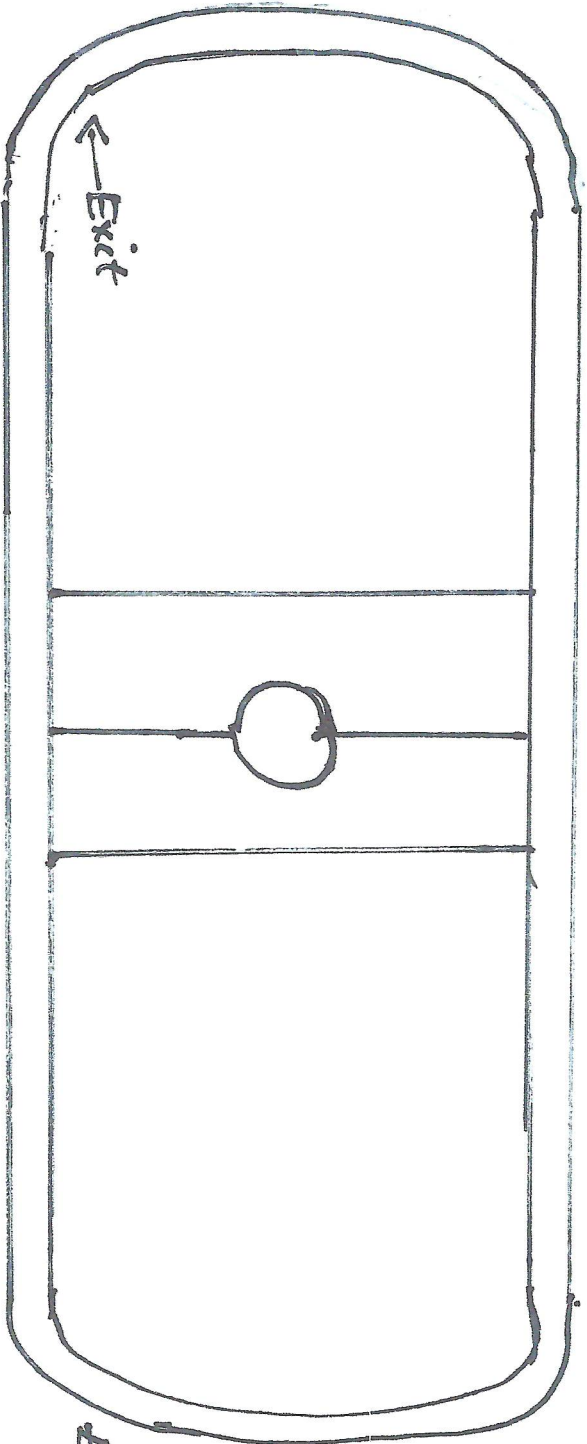
Compliance with individual arena requirement is mandatory. Host team must provide participating teams with rink requirements. Sanitizing between events is mandatory and should be provided by the rink or host team (using adults or teens)

Position	Description	# of Workers	Who Can Work
Outside Greeter	Meet people as they walk up. Make sure they are coming at the correct time. Line them up 6' apart and direct coaches/participants to waiting area	1	Adult
Arena and Competition Check-in	Teams must turn in their forms and contact information for participants. Check temperatures. Forms to be given to District Meet Referee	1	Adult
Group Escort & Stands Monitor	Skater must be directed to waiting area. Guests must be directed to viewing area.	2	Adult
Ice Monitor	Gather participating skaters and direct to ice entry area. Skaters to be spaced 6' apart while waiting.	1	Adult
	Container for skate blades or other skater items should be provided for retrieval after the event is done	1	Teen or Adult
Awards	Results will be posted at the end of the event. Medals will be mailed to teams after the third district meet. Teams must provide contact information for mailing. Email information to: mhighschoolskating@gmail.com.	1	Adult
Officials' Runners	Retrieve papers from the judges' platform and give to referee (depending on set up at individual rinks). If referee gathers the papers, retrieve from referee. Take full set of papers to the accounting room. Once accountant has finished with results, take to referee for signatures. Return	2	Adults

	one copy to accounting and second to person posting results		
Officials' Platform Cleaning	Officials' platform must be wiped down between panel changes.	1	Teen or Adult
Officials' Room	Support officials in any manner needed. Place dinners for officials at appropriate time.	2	Adults
Officials' Check-in	Officials are subject to the same check-in requirements as skaters, coaches/managers, including temperature check and contact information	1	Adult
Monitor to Direct Skaters On/Off ice	Monitors should direct skating participants when it is their turn to skate, and direct them to separate exit from ice. One ice monitor for each door, lobby & Zamboni.	2	Teen or Adult

JUBBES STANDS

7. Ambaru
Door



Lobby
Door
Entry

STANDS

This is an "example" only. Every rink
will have different names and/or locations
for "entry" and "exits".