



**Tri-State Memorial Figure Skating Championship
presented by Arctic Figure Skating Club
April 27-28, 2019**

The Tri-State Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

SERIES INFORMATION: This competition has been approved by U.S. Figure Skating as part of a Exel series. Tri-State Memorial Figure Skating competition is a designated Excel Series competition for the 2019 Excel Series. As an Excel Series event, skaters entered in the Series at eligible levels will earn points for their placement here in order to qualify for the National Festival to be held in Coral Springs, Florida, June 7 – 9, 2019. Skaters must registered for the Excel Series prior to competing at designated competition or by March 1; registration is available by [clicking here](#) and additional information is available on U.S. Figure Skating's [Excel webpage](#). For any questions related to the Excel Series, please contact ExcelSeries@usfigureskating.org.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline, in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Age restrictions/requirements: Singles free skate events (Well Balanced Program) have the following requirements.

Juvenile: Girls – 12 years of age or younger; Boys – 13 years of age or younger

Open Juvenile: Girls – 13 years of age or older; Boys – 14 years of age or older

Intermediate must be under the age of 18

Adults must be 21 years of age or older

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age, should the number of entries warrant more than one group.

ENTRIES: Entry to the competition must be submitted through EMS system.

FEES:

- \$95 First IJS Event, \$50 each additional event
- \$85 First 6.0 event, \$40 each additional 6.0 event.

REFUND POLICY: Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events.

REGISTRATION INSTRUCTIONS:

1. Go to www.usfsaonline.org
 - a. For best experience, the Google Chrome browser is recommended
2. Enter your U.S. Figure Skating or Learn to Skate Member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click the blue EMS button
4. Click "Competition Registration"
5. Choose Tri-State Memorial from the list of competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

SCHEDULE: Competitors may be scheduled on any day or time for the announced dates of the competition. Notification of competition and practice ice times will be available by official competition website.

FACILITIES: The competition will be held at Arctic Edge Ice Arena located at 46615 Michigan Ave, Canton MI 48188.

MUSIC: The official competition music must be uploaded at the time of the registration. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the Arctic Figure Skating Club cannot be responsible for CDs left at the end of the competition. Please have separate CDs for practice and competition.

LIABILITY: U.S. Figure Skating, Arctic Figure Skating Club, and Arctic Edge Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The International Judging System (IJS) will be used for the following events:

- all Preliminary through Senior "Well Balanced Program" free skate events
- all Preliminary through Senior "Excel" events
- all Excel Plus events
- all Juvenile through Senior Short Program events

- Juvenile through Senior Jumps events
- Adult Free Skate events Silver and above

EMS SKATER PORTAL:

Once online registration has been completed, skaters will gain access to the EMS Skater Portal for this competition. This is where you will manage music and PPC upload as well as purchase practice ice, view the competition schedule (once available) and update coach information. To access your skater portal, click the **BLUE** Event Management System button on the [Members Only](#) landing page then select the competition name from options at the bottom of the screen.

MUSIC UPLOAD:

DEADLINE: 4/19/19. Submissions after deadline will be assessed a \$10.00 late fee

All competition music must be electronically submitted via the EMS Skater Portal through the Music & Program Content tab no later than 4/19/19. All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

CLICK HERE FOR MUSIC UPLOAD HOW TO

If you need assistance, email productsupport@usfigureskating.org

MUSIC CRITERIA:

- File Format: MP3 (only format EMS will accept)
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
 - This will be verified by the music chair and they may request you upload a corrected file
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time.

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***IF COMPETING IJS* PLANNED PROGRAM CONTENT (PPC):**

DEADLINE: 4/19/19. Submissions after deadline will be assessed a \$10.00 late fee

Competitors participating in IJS events must submit their PPC via the EMS Skater Portal no later than 4/19/19. Program content must be entered under the Music & Program Content tab of your EMS for this competition.

CLICK HERE FOR PPC SUBMISSION HOW TO

If you need assistance, email productsupport@usfigureskating.org

ONSITE REGISTRATION: Registration will begin on March 1, 2019 at 12:00 PM and end at April 1, 2019 at 5:00PM on EMS registration system.

Check-in and registration at the rink table on April 27-28, 2019 will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in the front of entry door of the rink lobby. Please register promptly upon arrival.

LOCKER ROOMS AND CHANGING AREAS: U.S. Figure Skating Locker Rooms/Changing Areas Policy for Figure Skating Competitions

Only athletes competing at the figure skating event are allowed in the Locker Rooms/Changing Areas. An exception may be allowed for an athlete age 11 years or younger to be accompanied by one parent of the same sex to assist their child immediately prior to and after their skating event(s), unless otherwise specified.

In the event of a medical situation or emergency, U.S. Figure Skating officials working on behalf of the event (such as doctor, physical therapist, chief referee) or emergency medical personnel will be permitted into the Locker Room/Changing Area.

All Locker Rooms/Changing Areas will be monitored. If any concerns arise, the Locker Room/Changing Area monitor must be contacted immediately. If the monitor ascertains that anyone inside the Locker Room/Changing Area has engaged in any form of sexual misconduct, that person will be removed immediately and local law enforcement will be contacted.

If there are concerns regarding this policy, an athlete should change prior to arriving at the competition.

The use of any recording and photographic devices inside a Locker Room/Changing Area is strictly prohibited.

Any violation of this policy will be addressed under the U.S. Figure Skating SafeSport Program and U.S. Figure Skating Ethics/Grievance procedures.

More detailed information can be found in the [SafeSport Handbook](#).

PRACTICE ICE: Practice Ice will be available for sale after the close of entries. An email will be sent to all registered competitors with detailed information.

PHOTOGRAPHY/VIDEOGRAPHY: Photography and video services will be offered at this event. Free video of your flight will be included in your registration price.

AWARDS: Awards/ medals ceremony will be held after each event as soon as the results will be officially posted.

OFFICIAL NOTICES: An official bulletin board will be maintained along the wall leading to the locker rooms.

It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

TEST CREDIT: Skaters that meet the requirements for test credit may request their test credit

forms at registration. Forms must be picked up at the registration desk prior to the end of the competition. The additional fee of \$6 will be charged for this service.

IMPORTANT NOTICE FOR ALL COACHES:

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must be included within a skater's registration or updated through their EMS Skater Portal. All coach compliance is verified via EMS and is connected to the U.S. Figure Skating database.

Coaching U.S. Figure Skating athletes:

- Current member in good standing with U.S. Figure Skating
- Completed background check (green light status)
- Completed SafeSport Training*
- Continuing Education Requirements (CERs) for the 2018-19 Competition Season
- Proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

Coaching Compete USA athletes:

- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Completed SafeSport Training* (for coaches 18 years old and over)
- Completed background check (green light status) (for coaches 18 years old and over)
- Learn to Skate USA Instructor Certification completed (for coaches under 18 years old)

*SafeSport training is available through www.usfsaonline.org for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons

The LOC will have a list of compliant coaches who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy.

If a foreign coach has only foreign athletes at your competition, a background check and SafeSport Training is not required. Instead, the coach must submit a letter from their Federation stating they are a member in good standing.

For more information regarding Coach Compliance, please visit:

<http://usfsa.org/content/Coaches%20Requirements%20Chart.pdf>

CONTACT INFO: If you have questions, please contact: Lauren Cialella at 734-754-7352 or e-mail lcialella@hotmail.com or Elizabeth Taylor at taylor3mom@live.com

- **Airport Information:**
- [Detroit Metropolitan Airport](#)
- metroairport.com
- [11050 Rogell Drive #602, Detroit, MI 48242](#) · ~8.5 mi
- (734) 247-7678
- Code: DTW

- **Hotel Information:**

- Ann Arbor Marriott Ypsilanti at the Eagle Crest
1275 S. Huron St., Ypsilanti, MI 48197
(734)487-2000
- Fairfield Inn and Suites by Marriott Detroit Canton
North Haggerty Road, Canton, MI 48187
(855)873-6565
- Holiday Inn Express & Suites Canton
3950 S Lotz Rd, Canton, MI 48188
(734) 721-5500

FREE SKATE & SHORT PROGRAM SINGLES

Excel free skate: Beginner, High Beginner, Pre-Preliminary, Preliminary, Preliminary Plus, Pre-Juvenile, Pre-Juvenile Plus, Juvenile, Juvenile Plus, Intermediate, Novice, Junior, Senior. Click here for [technical requirements](#)

For singles short program (Juvenile-Senior) please follow this link- [Singles Short Program \(Juvenile - Senior\)](#)

For Well-Balanced Free Skate program (Juvenile - Senior) please follow this link- [Singles Well Balanced Free Skate \(No Test - Senior\)](#)

COMPULSORY MOVES – SINGLES

EXCEL COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum
- *Skaters may have the option to skate one level higher in compulsories than free skate program.*

Level	Time	Skating rules/standards
Excel Beginner	1:15 max.	<ul style="list-style-type: none"> • Toe loop jump • Salchow jump • One-foot upright spin - minimum 3 revolutions • Choreographic step sequence
	1:15 max.	<ul style="list-style-type: none"> • Loop jump • Salchow/toe loop combination

Excel High Beginner		<ul style="list-style-type: none"> • Sit spin - minimum 3 revolutions • Choreographic step sequence
Excel Pre-Preliminary	1:15 max.	<ul style="list-style-type: none"> • Flip jump • Loop/loop jump combination • Upright spin with change of foot – minimum 3 revolutions on each foot • Choreographic step sequence
Excel Preliminary	1:15 max.	<ul style="list-style-type: none"> • Lutz jump • Flip/loop jump combination • Camel, sit combination spin – minimum 6 revolutions total • Choreographic step sequence

EVENT: COMPULSORY MOVES

General event parameters:

1. No Test – Pre-Juvenile: Elements skated on ½ ice
2. Juvenile – Senior: Elements skated on full-ice
3. The skater must demonstrate the required elements (performed once only) and may use any additional elements from previous levels.
4. A 0.2 deduction will be taken for each element performed from a higher level.
5. Music is not allowed.
6. Skaters may compete at their test level or one level higher.

Level	Time	Skating rules/standards
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Upright spin with change of foot – minimum 3 revolutions on each foot 4. Choreographic step sequence
Pre-Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Lutz jump 2. Jump combination: single/single (no Axel) 3. Spin with one change of position and no change of foot – minimum 6 revolutions total 4. Choreographic step sequence
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Axel jump 2. Jump combination: single/single (may include Axel) 3. Spin with one change of foot and one change of position – minimum 3 revolutions on each foot 4. Choreographic step sequence
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> 1. Axel or double Salchow 2. Jump combination: single/single (may include Axel) 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence – must include rotating in both directions
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> 1. Double Salchow or double toe loop 2. Jump combination: single/single or double/single 3. Layback spin or camel spin - minimum four revolutions 4. Step sequence – must include 3 difficult turns and rotating in both directions

Intermediate	1:30 max.	<ol style="list-style-type: none"> 1. Double Salchow, double toe loop or double loop 2. Jump combination: single/single or double/single, double/double 3. Flying spin, minimum five revolutions 4. Step sequence – must include 4 difficult turns and rotations in both directions
Novice	1:30 max.	<ol style="list-style-type: none"> 1. Double loop or double flip 2. Jump combination: double/single or double/double 3. Flying spin - minimum six revolutions 4. Step sequence – must include 5 difficult turns and rotations in both directions
Junior	1:30 max.	<ol style="list-style-type: none"> 1. Double flip or double Lutz 2. Jump combination: double/double or triple/double 3. Combination spin - minimum 10 revolutions all 3 basic positions required (min 5 on each foot) 4. Step sequence – must include 7 difficult turns and rotations in both directions
Senior	1:30 max.	<ol style="list-style-type: none"> 1. Double Lutz or double Axel 2. Jump combination: double/double or triple/double 3. Combination spin - all 3 basic positions required (min. 6 on each foot) 4. Step sequence – must include 7 difficult turns and rotations in both directions

SPECIALITY EVENTS – SINGLES

EVENT: Jumps Challenge

General event parameters:

1. Each jump may be attempted twice; the best attempt will be counted.
2. Pre-juvenile and lower will be skated $\frac{1}{2}$ ice; Juvenile – senior will be skated on full ice

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. $\frac{1}{2}$ flip or $\frac{1}{2}$ Lutz 3. Single Salchow
High Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. Single Salchow 3. Jump combination – waltz jump-toe loop
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single loop 3. Jump combination – Any two $\frac{1}{2}$ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single flip 3. Jump combination - Any two $\frac{1}{2}$ or single revolution jumps (no Axel)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single flip 2. Single Lutz

This event is a standard U.S. Figure Skating Nonqualifying Competition
LE/9/1/18



		3. Jump combination – Any single jump + single loop (may include Axel)
Pre – Juvenile	1:15 max.	1. Single Axel or double Salchow 2. Single or double jump 3. Jump combination – single/single (may include Axel)
Juvenile & Open Juv.	1:15 max.	1. Single Axel 2. Double Salchow or double toe loop 3. Jump combination – single/single or double/single (may include single Axel)
Intermediate	1:30 max.	1. Single Axel 2. Double toe loop or double loop 3. Jump combination – double/single or double/double (may include single Axel)
Novice	1:30 max.	1. Double loop 2. Double flip 3. Jump combination – double/double (may include double Axel)
Junior	1:30 max.	1. Choice of double or triple jump (Salchow, toe loop, loop, Lutz) 2. Double or triple flip 3. Jump combination – double/double (may include double Axel)
Senior	1:30 max.	1. Choice of double or triple jump (Salchow, toe loop, loop, flip) 2. Double or triple Lutz 3. Jump combination – double/double or triple/double (may include double Axel)

EVENT: Spins Challenge

General event parameters:

1. Spins may be skated in any order. Connecting steps are allowed but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
2. All events are skated on ½ ice.
3. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	1. Upright one-foot spin (3 revs) 2. Upright back spin (3 revs) 3. Sit spin (3 revs)
High Beginner	1:30 max.	1. Upright one-foot spin (4 revs) 2. Upright spin with change of foot (3 revs on each foot) 3. Sit spin (3 revs)
No-Test	1:30 max.	1. Upright spin with change of foot (3 revs on each foot) 2. Sit spin (3 revs) 3. Camel spin (3 revs)
Pre – Preliminary	1:30 max.	1. Spin with one change of position* and no change of foot (6 revs) 2. Backward sit spin (3 revs) 3. Camel spin (4 revs)

Preliminary	1:30 max.	<ol style="list-style-type: none"> 1. Spin with one change of foot and one change of position* (min. 3 revs each foot) 2. Combination sit spin with change of foot (min. 3 revs each foot) 3. One position spin – skater's choice (upright, sit or camel), (4 revs)
Pre – Juvenile	1:30 max.	<ol style="list-style-type: none"> 1. Backward entry Camel spin (4 revs) 2. Combination spin – All 3 basic positions are required (camel, sit, upright), (2 revs in each position) 3. Forward to backward scratch spin (min 4 revs per foot)
Juvenile & Open Juv.	1:30 max.	<ol style="list-style-type: none"> 1. Sit spin (4) 2. Combination spin – with change of foot; all 3 basic positions required 2 revs in each position (min. 4 revs per foot) 3. Girls – layback spin (6 revs); Boys – camel spin (5 revs)
Intermediate	1:30 max.	<ol style="list-style-type: none"> 1. Flying camel spin-basic camel position required (5 revs) 2. Sit spin to backward sit spin-basic sit position required (4 revs per foot) 3. Combination spin – change of foot & all 3 basic positions required <ol style="list-style-type: none"> a. (2 revs in each position & min 5 revs per foot)
Novice	1:30 max.	<ol style="list-style-type: none"> 1. Illusion to back scratch spin; may change feet (6 revs) 2. Camel spin to backward camel spin (4 revs per foot) 3. Combination spin – change of foot, all 3 basic positions required (2 revs in each position & min 6 revs per foot)
Junior	1:30 max.	<ol style="list-style-type: none"> 1. Flying sit spin or flying reverse sit spin (6 revs) 2. Solo spin of choice – may not fly (8 revs) 3. Combination spin – with change of foot, all 3 basic positions required <ol style="list-style-type: none"> a. (2 revs in each position & min 6 revs per foot)
Senior	1:30 max.	<ol style="list-style-type: none"> 1. Flying spin of choice (8 revs) 2. Solo spin of choice (8 revs) – may not fly 3. Combination spin – with change of foot, all 3 basic positions required (2 revs in each position & min 6 revs per foot)

* There are 3 basic spin positions: Upright, Sit and Camel. Any variation of these positions is still considered the same position (i.e. a broken leg spin is still a sit position. A camel-sit-broken leg spin has one change of position).

EVENT: Adult Singles Free Skate Program

-please follow this link - [Adult Singles Free Skate](#)