CHAPARRAL

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# THE WINNER’S CIRCLE 

## Basic Skills Competition

Saturday, April 13, 2019
3:15-8:00 p.m.
Sponsored by
Austin Figure Skating Club and Chaparral Ice
2525 West Anderson Lane
Austin, Texas 78757
The Winner's Circle Compete USA Competition, sponsored by Austin Figure Skating Club and Chaparral Ice, will be held at Chaparral Ice, 2525 West Anderson Lane, Austin, Texas 78757, on Saturday, April 13, 2019, from 3:15-8:00 p.m.

## ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA program/club or any other Learn to Skate USA program/club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM AND LEARN TO SKATE USA SKATERS THROUGH BASIC 6 must skate at highest level passed or one higher and NO official U.S. Figure Skating tests may have been passed including Moves in the Field or individual dances. Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

ENTRIES AND FEES: All entries must be received no later than Sunday, March 24, 2019. Late entries will be accepted at the discretion of the organizers. Entry fees are per person, U.S. dollars. The first event is $\mathbf{\$ 5 0}$ and each additional event is $\mathbf{\$ 1 5}$. NO refunds after closing date unless event is canceled by Chaparral Ice.

## REGISTRATION:

- Register events online at http://www.sk8stuff.com. After online event registration at sk8stuff.com, click the payment link provided on the registration page to process payment.
- If you prefer to register with a paper entry form, there is one provided at the end of this packet. BOTH PAGES OF THE PAPER ENTRY FORM MUST BE FILLED OUT COMPLETELY and returned with fee check made payable to Chaparral Ice, or by credit card as stated on the entry form. There will be a $\$ 25$ fee for returned checks.

AWARDS: Everyone will receive an award. All events will be final rounds. Medals will be awarded to first, second, and third places. ALL other places will receive ribbons. ALL awards will be given at appropriate times throughout the competition.

SCHEDULE OF EVENTS: Will be posted at Chaparral Ice approximately four days prior to competition. Information regarding groups and skating times will be available prior to the beginning of competition.

PRACTICE ICE: Practice ice will be available during the public session prior to the competition on Saturday, April 13, from 12-3:00 p.m. Skaters entered in the competition may skate on the public session for $\$ 5.00$ admission. Chaparral Ice will have a list of skaters registered for the competition. No competitor music programs may be played on the public address system during this public session.

MUSIC: The music for all free skating, showcase, and Theatre on Ice programs must be provided in digital mp3 format. Please email music to smith.jessk8@gmail.com. Music file must include the name of the skater, event entered, and length of music (not skating time). Competition music must be received a minimum of 72 hours prior to the start of competition. Please see individual event information for time/music duration and whether or not a 10 second leeway applies. Music for ice dancing events will be provided by Chaparral Ice.

VIDEOGRAPHY AND PHOTOGRAPHS: Videography and awards photography information is TBD. Personal photography and videography of skating events both on-ice and at the awards stand are permitted, however parents may not enter the hockey box or skater entrance areas for these activities.

COMPETITION DIRECTOR: Questions about this event should be directed to the competition director, Kathy Goeke, at Kathy@chaparralice.com.

## EVENTS OFFERED: See below.

LIM/PETE
COMPETITIVE PROGRESSION THROUGH THE LEVELS OF U.S FIGURE SKATING

Singles athletes begin with Compete USA competitions. Once athletes begin the official U.S. Figure Skating test structure, they can choose to enter the Excel, Well-Balanced or Adult levels as appropriate for their ability, test level, and age. Test requirements are the same for the Excel and Well-Balanced levels. It is completely the choice of the athlete which track to follow; athletes may switch between tracks as best suits their development, but may not enter the same type of event in multiple tracks. Competitive level is determined by highest free skate test passed.


## SNOWPLOW SAM - BASIC 6 ELEMENTS

Two format options for the Elements Event:

1. Each skater will perform each element when directed by a judge/referee OR
2. Skater will perform one element at a time in the order listed below (no excessive connecting steps or choreography)
Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on $1 / 3$ to $1 / 2$ ice (determined by the LOC)
- No music
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant
- All elements must be skated in the order listed.

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| Snowplow Sam | 1:00 max. | - March followed by a two-foot glide and dip <br> - Forward two-foot swizzles, 2-3 in a row <br> - Forward snowplow stop <br> - Backward wiggles, 2-6 in a row |
| Basic 1 | 1:00 max. | - Forward two-foot glide and dip <br> - Forward two-foot swizzles, 6-8 in a row <br> - Beginning snowplow stop on two-feet or one-foot <br> - Backward wiggles, 6-8 in a row |
| Basic 2 | 1:00 max. | - Forward one-foot glide (no variations), either foot <br> - Scooter pushes, right and left foot, 2-3 each foot <br> - Moving snowplow stop <br> - Two-foot turn in place, forward to backward <br> - Backward two-foot swizzles, 6-8 in a row |
| Basic 3 | 1:00 max. | - Beginning forward stroking showing correct use of blade <br> - Forward $1 / 2$ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive <br> - Forward slalom <br> - Moving forward to backward two-foot turn on a circle <br> - Beginning backward one-foot glide, either foot |
| Basic 4 | 1:00 max. | - Forward outside edge on a circle, clockwise or counterclockwise <br> - Forward crossovers, 4-6 consecutive, clockwise and counterclockwise <br> - Backward $1 / 2$ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive <br> - Backward one-foot glides (no variations), right and left <br> - Beginning two-foot spin, maximum 4 revolutions |
| Basic 5 | 1:00 max. | - Backward outside edge on a circle, clockwise or counterclockwise <br> - Backward crossovers, 4-6 consecutive, clockwise and counterclockwise <br> - Forward outside three-turn, right and left <br> - Advanced two-foot spin, minimum 4 revolutions <br> - Hockey stop |
| Basic 6 | 1:00 max. | - Forward inside three-turn, right and left <br> - Bunny Hop <br> - Basic forward spiral on a straight line (no variations), right or left <br> - Beginning one-foot spin, maximum 3 revolutions, optional free leg held position and entry <br> - T-stop, right or left |

## SNOWPLOW SAM - BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| Snowplow Sam | 1:10 max. | - March followed by a two-foot glide and dip <br> - Forward two-foot swizzles, 2-3 in a row <br> - Forward snowplow stop <br> - Backward wiggles, 2-6 in a row |
| Basic 1 | 1:10 max. | - Forward two-foot glide and dip <br> - Forward two-foot swizzles, 6-8 in a row <br> - Beginning snowplow stop on two-feet or one-foot <br> - Backward wiggles, 6-8 in a row |
| Basic 2 | 1:10 max. | - Forward one-foot glide (no variations), either foot <br> - Scooter pushes, right and left foot, 2-3 each foot <br> - Moving snowplow stop <br> - Two-foot turn in place, forward to backward <br> - Backward two-foot swizzles, 6-8 in a row |
| Basic 3 | 1:10 max. | - Beginning forward stroking showing correct use of blade <br> - Forward $1 / 2$ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive <br> - Forward slalom <br> - Moving forward to backward two-foot turn on a circle <br> - Beginning backward one-foot glide, either foot |
| Basic 4 | 1:10 max. | - Forward outside edge on a circle, clockwise or counterclockwise <br> - Forward crossovers, 4-6 consecutive, clockwise and counterclockwise <br> - Backward $1 / 2$ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive <br> - Backward one-foot glides (no variations), right and left <br> - Beginning two-foot spin, maximum 4 revolutions |
| Basic 5 | 1:10 max. | - Backward outside edge on a circle, clockwise or counterclockwise <br> - Backward crossovers, 4-6 consecutive, clockwise and counterclockwise <br> - Forward outside three-turn, right and left <br> - Advanced two-foot spin, minimum 4 revolutions <br> - Hockey stop |
| Basic 6 | 1:10 max. | - Forward inside three-turn, right and left <br> - Bunny Hop <br> - Basic forward spiral on a straight line (no variations), right or left <br> - Beginning one-foot spin, maximum 3 revolutions, optional entry and free leg position <br> - T-stop, right or left |

## PRE-FREE SKATE - FREE SKATE 1-6 COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on $1 / 2$ ice.
- No music
- The skater must demonstrate the required elements listed
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| Pre-Free Skate | 1:15 max. | - Forward inside open Mohawk from a standstill position ( $R$ to $L$ and $L$ to $R$ ) <br> - Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise <br> - Basic one-foot upright spin, optional entry and free-foot position minimum 3 revolutions <br> - Mazurka <br> - Waltz jump |
| Free Skate 1 | 1:15 max. | - Forward stroking, 4-6 consecutive powerful strokes <br> - Backward outside three-turns, right and left <br> - One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions <br> - Toe loop <br> - Half flip jump |
| Free Skate 2 | 1:15 max. | - Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis <br> - Backward inside three-turns, right and left <br> - Beginning back spin- maximum 2 revolutions <br> - Half Lutz <br> - Salchow jump |
| Free Skate 3 | 1:15 max. | - Alternating Mohawk/crossover sequence, right to left and left to right <br> - Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise <br> - Advanced back spin with free foot in crossed leg position- minimum 3 revolutions <br> - Loop jump <br> - Waltz jump/toe loop or Salchow/toe loop jump combination |
| Free Skate 4 | 1:15 max. | - Forward power 3's, 2-3 consecutive sets, right or left <br> - Sit spin - minimum 3 revolutions <br> - Half loop jump <br> - Flip jump |
| Free Skate 5 | 1:15 max. | - Backward outside three-turn, Mohawk (backward power three-turn), both directions <br> - Camel spin - minimum 3 revolutions <br> - Waltz jump-loop jump combination <br> - Lutz jump |
| Free Skate 6 | 1:15 max. | - Forward power pulls, minimum 3 on each foot <br> - Camel, sit spin combination - minimum of 4 revolutions total <br> - Waltz jump, $1 / 2$ loop, Salchow jump sequence <br> - Beginning Axel jump |

## PRE-FREE SKATE - FREE SKATE 1-6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| Pre-Free Skate | 1:40 max. | - Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise <br> - Basic one-foot upright spin, optional entry and free-foot position- minimum 3 revolutions <br> - Mazurka <br> - Waltz jump <br> - NOT ALLOWED -Waltz jump, side toe hop, waltz jump |
| Free Skate 1 | 1:40 max. | - Forward stroking, 4-6 consecutive powerful strokes <br> - One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions <br> - Toe loop jump <br> - Half flip jump <br> - NOT ALLOWED - Waltz jump/toe loop combination |
| Free Skate 2 | 1:40 max. | - Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis <br> - Beginning back spin- maximum 2 revolutions <br> - Half Lutz <br> - Salchow jump <br> - NOT ALLOWED - Salchow/toe loop combination |
| Free Skate 3 | 1:40 max. | - Alternating Mohawk/crossover sequence, right to left and left to right <br> - Advanced back spin with free foot in crossed leg position, minimum 3 revolutions <br> - Loop jump <br> - Waltz jump/toe loop or Salchow/toe loop jump combination <br> - NOT ALLOWED - Waltz/loop combination |
| Free Skate 4 | 1:40 max. | - Forward power 3's, 2-3 consecutive sets, right or left <br> - Sit spin - minimum 3 revolutions <br> - Half Loop jump <br> - Flip jump <br> - NOT ALLOWED - Waltz/half-loop/Salchow sequence |
| Free Skate 5 | 1:40 max. | - Backward outside three-turn, Mohawk (backward power three-turn), both directions <br> - Camel spin - minimum 3 revolutions <br> - Waltz-loop jump combination <br> - Lutz jump |
| Free Skate 6 | 1:40 max. | - Creative step sequence using a variety of three turns, Mohawks and toe steps <br> - Camel, sit spin combination - minimum of 4 revolutions total <br> - Waltz jump/ half-loop/Salchow jump sequence <br> - Beginning Axel jump |

## EXCEL COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on $1 / 2$ ice.
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum
- Skaters may have the option to skate one level higher in compulsories than free skate program.

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| Excel Beginner | 1:15 max. | - Toe loop jump <br> - Salchow jump <br> - One-foot upright spin - minimum 3 revolutions <br> - Choreographic step sequence |
| Excel High Beginner | 1:15 max. | - Loop jump <br> - Salchow/toe loop combination <br> - Sit spin - minimum 3 revolutions <br> - Choreographic step sequence |
| Excel PrePreliminary | 1:15 max. | - Flip jump <br> - Loop/loop jump combination <br> - Upright spin with change of foot - minimum 3 revolutions on each foot <br> - Choreographic step sequence |
| Excel Preliminary | 1:15 max. | - Lutz jump <br> - Flip/loop jump combination <br> - Camel, sit combination spin - minimum 6 revolutions total <br> - Choreographic step sequence |

## WELL BALANCED LEVELS COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on $1 / 2$ ice.
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum
- Skaters may have the option to skate one level higher in compulsories than free skate program.

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| No-Test | 1:15 max. | - Loop jump <br> - Jump combination to include a toe loop (may not use a loop or Axel) <br> - Upright spin with change of foot - minimum 3 revolutions on each foot <br> - Choreographic step sequence |
| Pre-Preliminary | 1:15 max. | - Lutz jump <br> - Jump combination: single/single (no Axel) <br> - Spin with one change of position and no change of foot - minimum 6 revolutions total <br> - Choreographic step sequence |
| Preliminary | 1:15 max. | - Axel jump <br> - Jump combination: single/single (may include Axel) <br> - Spin with one change of foot and one change of position - minimum 3 revolutions on each foot <br> - Choreographic step sequence |

## EXCEL FREE SKATE

General event parameters:

- Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up one level higher.

| Excel Beginner Free Skate 1:40 Max. <br> Must not have passed higher than Learn to Skate USA Free Skate 2 | Maximum 4 jump elements: <br> - Jumps with no more than one-half rotation (front to back or back to front) <br> - Single rotation jumps: Salchow, toe loop only <br> - Half Loops are not allowed. <br> - Maximum 2 jump combinations or sequences <br> - Maximum 2 of any same jump | Maximum 2 spins: <br> - Two upright spins <br> - No change of foot <br> - No flying entry <br> - Minimum 3 revolutions | Maximum 1 Sequence: <br> Choreographic Step <br> Sequence* (ChSt) <br> - Must use one-half of the ice surface <br> - Moves in the field and spiral sequences are allowed but will not be counted as elements <br> - Jumps may be included in the step sequence |
| :---: | :---: | :---: | :---: |
| Excel High Beginner Free Skate 1:40 Max. <br> Must not have passed higher than Learn to Skate USA Free Skate 4 | Maximum 5 jump elements: <br> - Jumps with no more than one-half rotation (front to back or back to front) <br> - Single rotation jumps: toe loop, Salchow, half-loop, loop <br> - Flip, Lutz, \& Axel NOT permitted <br> - Maximum 2 jump combinations or sequences <br> - Maximum 2 of any same jump | Maximum 2 spins: <br> - Both spins must be in a single position <br> - No flying entry <br> - Permitted forward spins: upright, sit, camel <br> - Permitted back spins: upright <br> - Minimum 3 revolutions <br> - Spins must be of a different character | Maximum 1 Sequence: <br> Choreographic Step <br> Sequence* (ChSt) <br> - Must use one-half of the ice surface <br> - Moves in the field and spiral sequences are allowed but will not be counted as elements <br> - Jumps may be included in the step sequence |
| Excel Pre-Preliminary <br> 1:40 Max. <br> Must not have passed higher than U.S. Figure Skating Prepreliminary free skate test <br> *means required element <br> Full U.S. Figure Skating membership required | Maximum 5 jump elements: <br> - All single jumps allowed, except for the Axel <br> - No single Axels, double, or higher jumps allowed <br> - Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded <br> - Maximum 2 jump combinations or jump sequences <br> - Jump combinations limited to 2 jumps. One 3-jump combination is allowed <br> - Jump sequences are limited to a maximum of 3 single jumps | Maximum 2 spins: <br> - One spin must be in a single position* <br> - One spin may change feet and/or position <br> - No flying entry <br> - Minimum 3 revolutions <br> - Spins must be of a different character | Maximum 1 Sequence: <br> Choreographic Step <br> Sequence* (ChSt) <br> - Must use one-half of the ice surface <br> - Moves in the field and spiral sequences are allowed but will not be counted as elements <br> - Jumps may be included in the step sequence |
| Excel Preliminary $\text { 1:30 +/- } 10 \mathrm{sec} .$ <br> Must not have passed higher than U.S. Figure Skating Preliminary free skate test <br> *means required element <br> Full U.S. Figure Skating membership required | Maximum 5 jump elements: <br> - All single jumps allowed, except for the Axel <br> - No single Axels, double, or higher jumps allowed <br> - $\quad$ Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded <br> - Maximum 2 jump combinations or jump sequences <br> - Jump combinations limited to 2 jumps. One 3-jump combination is allowed <br> - Jump sequences are limited to a maximum of 3 single jumps | Maximum 2 spins: <br> - One spin must be in a single position* <br> - One spin may change feet and/or position <br> - No flying entry <br> - Minimum 3 revolutions <br> - Spins must be of a different character | Maximum 1 Sequence: <br> Choreographic Step <br> Sequence* (ChSt) <br> - Must use one-half of the ice surface <br> - Moves in the field and spiral sequences are allowed but will not be counted as elements <br> - Jumps may be included in the step sequence |


| Excel Preliminary Plus $\text { 1:30 +/- } 10 \text { sec. }$ <br> Must not have passed higher than U.S. Figure Skating preliminary free skate test <br> *means required element <br> Full U.S. Figure Skating membership required | Maximum 5 jump elements: <br> - All single jumps allowed, including single Axel <br> - No double, or higher jumps allowed <br> - $\quad$ Single Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels) <br> - Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded <br> - Maximum 2 jump combinations or jump sequences <br> - All single jumps, including the single Axel are allowed as part of a jump combination or sequence (no double jumps) <br> - Jump combinations limited to 2 jumps. One 3jump combination is allowed <br> - Jump sequences limited to a maximum of 3 single jumps | Maximum 2 spins: <br> - One spin must be in a single position* <br> - One spin may change feet and/or position <br> - No flying entry <br> - Minimum 3 revolutions <br> - Spins must be of a different character | Maximum 1 Sequence: <br> Choreographic Step <br> Sequence* (ChSt) <br> - Must use one-half of the ice surface <br> - Moves in the field and spiral sequences are allowed but will not be counted as elements <br> - Jumps may be included in the step sequence |
| :---: | :---: | :---: | :---: |

## WELL BALANCED FREE SKATE PROGRAM

General event parameters:

- Skaters may not enter both a Well Balanced Free Skate event and an Excel Free Skate event at the same competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up one level higher.

| Level | Time | Jumps | Spins | Step Sequences |
| :---: | :---: | :---: | :---: | :---: |
| No-Test | 1:40 Max. | Max 5 Jump Elements <br> - All single jumps allowed except for the single Axel <br> - No single Axels, double, triple or quadruple jumps allowed <br> - Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded <br> - Max 2 jump combinations or jump sequences <br> - Jump combinations limited to 2 jumps except that one 3 -jump combination with a maximum of 3 single jumps is allowed <br> Jump sequences limited to a maximum of 3 single jumps | Max 2 Spins <br> - Spins may change feet and/or position <br> - Spins may start with a flying entry <br> - Min 3 revs. <br> These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E)) | Max 1 Sequence <br> - Step Sequence Must use onehalf the ice surface <br> - Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence |
| PrePreliminary | 1:40 Max. | Max 5 Jump Elements <br> - All single jumps, including the single Axel, allowed <br> - No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels) <br> - Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded <br> - Max 2 jump combinations or jump sequences <br> - Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed <br> - Jump sequences limited to a maximum of 3 single jumps | Max 2 Spins <br> - Spins may change feet and/or position <br> - Spins may start with a flying entry <br> - Min 3 revs. <br> These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E)) | Max 1 Sequence <br> - Step Sequence <br> - Must use onehalf the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence |
| Preliminary | 1:40 Max. | Max 5 Jump Elements <br> - 1 must be an Axel-type jump or a waltz jump* <br> - All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) <br> - Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed <br> - An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination <br> - Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded <br> - Max 2 jump combinations or sequences <br> - Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed <br> - Jump sequences limited to a maximum of 3 single or double jumps | Max 2 Spins <br> - Spins may change feet and/or position <br> - Spins may start with a flying entry <br> - Min 3 revs. <br> These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E)) | Max 1 Sequence <br> - Step Sequence <br> - Must use onehalf the ice surface <br> - Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence |

## ADULT 1-6, BEGINNER-BRONZE COMPULSORY

- The skating order of the elements is optional. Element may only be attempted once.
- To be skated in simple program format with limited connecting steps, $1 / 2$ ice.
- A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

| Level | Time | Elements |
| :---: | :---: | :---: |
| Adult 1 | $\begin{aligned} & \text { 1:30 } \\ & \text { Max. } \end{aligned}$ | - Forward Marching <br> - Forward two-foot glide <br> - Forward swizzle (4-6 in a row) <br> - Forward snowplow stop - two feet or one foot |
| Adult 2 | $\begin{aligned} & \text { 1:30 } \\ & \text { Max. } \end{aligned}$ | - Forward skating across the width of the ice <br> - Forward one-foot glides <br> - Forward slalom <br> - Backward skating <br> - Backward swizzles, 4-6 in a row |
| Adult 3 | $\begin{aligned} & 1: 30 \\ & \text { Max. } \end{aligned}$ | - Forward stroking using the blade properly <br> - Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise <br> - Forward chasses on a circle, clockwise and counterclockwise <br> - Backward skating to a long two-foot glide <br> - Backward snowplow stop, Right and Left |
| Adult 4 | $\begin{aligned} & \text { 1:30 } \\ & \text { Max. } \end{aligned}$ | - Forward outside edge on a circle, right and left <br> - Forward inside edge on a circle, right and left <br> - Forward crossovers, clockwise and counterclockwise <br> - Hockey stop, both directions <br> - Backward one-foot glides, right and left |
| Adult 5 | $\begin{aligned} & \text { 1:30 } \\ & \text { Max. } \end{aligned}$ | - Backward outside edge and backward inside edge on a circle, right and left <br> - Backward crossovers, clockwise and counterclockwise <br> - Forward outside three-turn, right and left <br> - Beginning two-foot spin (min 2 revs) |
| Adult 6 | $\begin{aligned} & \text { 1:30 } \\ & \text { Max. } \end{aligned}$ | - Forward stroking with crossover end patterns <br> - Backward stroking with crossover end patterns <br> - Forward inside three-turn, right and left <br> - T-stop <br> - Lunge <br> - Two-foot spin into one-foot spin ( $\min 2$ revs on 1 foot) |
| Adult Beginner | $\begin{aligned} & \text { 1:30 } \\ & \text { Max. } \end{aligned}$ | - Bunny hop <br> - Mazurka <br> - Forward beginning one-foot spin from backward crossovers (min 2 revs) <br> - Forward moving inside open Mohawk (right and left) - heel to instep <br> - Alternating right and left forward outside and inside edges across the width of the ice (one outside edge, right and left, one inside edge, right and left) |
| Adult High Beginner | $\begin{aligned} & 1: 30 \\ & \text { Max. } \end{aligned}$ | - Waltz Jump <br> - $1 / 2$ Flip <br> - Forward upright spin - minimum 3 revolutions <br> - Backward outside three- turn, right and left <br> - Alternating right and left backward outside and inside edges across the width of the ice (one outside edge, right and left, one inside edge, right and left) |
| Adult Pre- <br> Bronze | $\begin{aligned} & \text { 1:30 } \\ & \text { Max. } \end{aligned}$ | - Toe loop jump <br> - Jump combination or sequence consisting of only $1 / 2$ revolution jumps (half loop is considered a full revolution jump) - maximum of 2 jumps in combination and 3 jumps in a sequence <br> - Forward upright spin - minimum 3 revolutions <br> - Two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise <br> - Forward spiral (any edge) |
| Adult Bronze | $\begin{aligned} & 1: 30 \\ & \text { Max. } \end{aligned}$ | - Salchow jump <br> - Waltz jump - toe loop combination jump <br> - Backward Upright Spin - entry optional (Min. 3 revolutions) <br> - Backward inside three-turn, right and left <br> - Spiral sequence (Minimum 2 spirals)- must change edge or foot |

## ADULT 1-6 FREE SKATE WITH MUSIC

General event parameters:

- The skating order of the required elements is optional.
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels.
- A 0.2 deduction will be taken for each required element MISSING and for those elements performed from a higher level.

| Level | Time | Elements |
| :---: | :---: | :---: |
| Adult 1 | 1:40 Max | - Forward Marching <br> - Forward two-foot glide <br> - Forward swizzle (4-6 in a row) <br> - Forward snowplow stop - two feet or one foot |
| Adult 2 | 1:40 Max | - Forward skating across the width of the ice <br> - Forward one-foot glides <br> - Forward slalom <br> - Backward skating <br> - Backward swizzles, 4-6 in a row |
| Adult 3 | 1:40 Max | - Forward stroking using the blade properly <br> - Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise <br> - Backward skating to a long two-foot glide <br> - Forward chasses on a circle, clockwise and counterclockwise <br> - Backward snowplow stop, Right and Left |
| Adult 4 | 1:40 Max | - Forward outside edge on a circle, right and left <br> - Forward inside edge on a circle, right and left <br> - Forward crossovers, clockwise and counterclockwise <br> - Backward one-foot glides, right and left <br> - Hockey stop, both directions |
| Adult 5 | 1:40 Max | - Backward outside edge on a circle, right and left <br> - Backward inside edge on a circle, right and left <br> - Backward crossovers, clockwise and counterclockwise <br> - Forward outside three-turn, right and left <br> - Beginning two-foot spin |
| Adult 6 | 1:40 Max | - Forward stroking with crossover end patterns <br> - Backward stroking with crossover end patterns <br> - Forward inside three-turn, right and left <br> - T-stop <br> - Lunge <br> - Two-foot spin into one-foot spin (min 2 revs on 1 foot) |

## ADULT BEGINNER - BRONZE FREE SKATE PROGRAM WITH MUSIC

General event parameters:

- Skaters will skate to the music of their choice and vocal music is allowed
- To be skated on full ice
- The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

| Level | Jumps | Spins | Step Sequences | Qualifications |
| :---: | :---: | :---: | :---: | :---: |
| Adult Beginner <br> 1:40 Maximum | Max. 4 jump elements <br> - Jumps limited to bunny hop, mazurka, ballet and Waltz jump <br> - Max 1 combination or sequence consisting of only the allowed listed jumps <br> - Max. 2 of any same jump | Max. 2 spins <br> - Two forward upright spins, no change of foot, no flying entry (Min. 3 revolutions) | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1 |
| Adult High Beginner <br> 1:40 Maximum | Max 4 jump elements: <br> - Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, $1 / 2$ flip, $1 / 2$ Lutz <br> - Max 1 combination or sequence consisting of only the allowed listed jumps <br> - Max. 2 of any same type jump. | Max 2 spins: <br> - Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed any U.S. Figure Skating Free Skate tests |
| Adult PreBronze 1:40 Maximum | Max 4 Jump Elements: <br> - Jump combinations and sequences are optional, but no more than 2 combinations or sequences may be included <br> - 1 jump combination/sequence may consist of three jumps, and the other may have only two jumps. <br> - Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) <br> - Only single and half-revolution jumps are allowed <br> - No single Lutz, single Axel or double jumps are allowed | Max 2 Spins: <br> - Max Level 1 <br> - Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 E) | Connecting steps throughout the program are required | Skaters may not have passed tests higher than U.S. <br> Figure Skating Adult Pre-Bronze or PrePreliminary Free Skate |
| Adult Bronze 1:50 maximum | Max 4 Jump Elements: <br> - Max 2 combinations or sequences; <br> - 1 combination/sequence may consist of three jumps, and the other may have only two jumps <br> - Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) <br> - All single jumps are permitted (except single Axel) <br> - No single Axel, double or triple jumps are permitted | Max 2 Spins: <br> - Max Level 1 <br> - Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) <br> - Min 3 revs total if no change of foot <br> - Min 3 revs each foot if change of foot <br> - Min 2 revs in each position <br> - No flying spins are permitted | Max 1 Sequence: <br> - Choreographic Step Sequence <br> Must use at least $1 / 2$ ice surface <br> May include Moves in the Field and spirals | Skaters may not have passed tests higher than U.S. <br> Figure Skating Adult <br> Bronze or <br> Preliminary Free <br> Skate |

## SHOWCASE EVENTS

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Costuming and make-up for showcase programs should enhance the feeling created by the performance, and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feathers, hair accessories, or anything else that may fall to the ice and be hazardous to the skaters are allowed. A 0.1 deduction will be taken. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for each ten seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.
6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on www.usfigureskating.org.

Showcase categories may include:

- Levels can be subdivided, if necessary, depending on entry numbers and event set up
- Dramatic entertainment: Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness. Dramatic programs should not be depressing. Even if the emotion is sadness, there should be an enlivened feeling given to the audience.
- Light entertainment: Programs should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.


## SHOWCASE EVENTS

| LEVEL | ELEMENTS | QUALIFICATIONS | PROGRAM <br> LENGTH |
| :--- | :--- | :--- | :--- |
| Basic 1-6 | Elements only from Basic 1-6 curriculum | May not have passed any higher than <br> Basic 6 level. | Time: 1:00 max. |
| Pre-Free Skate-Free <br> Skate 6/ <br> Beginner/High <br> Beginner/ Adult 1-6/ <br> Adult Beginner/Adult <br> High Beginner | 3 jump maximum. $1 / 2$ rotation jumps <br> only, plus the following full rotation <br> jumps: Salchow and toe loop. | May not have passed any official U.S. <br> Figure Skating free skate or free dance <br> tests. | Time: 1:30 max. |
| No Test | No prescribed or restricted elements. | Must not have passed Pre-Preliminary <br> Free Skate or any Free Dance tests. | Time: 1:30 max. |
| Pre-Preliminary | No prescribed or restricted elements. | Must have passed no higher than U.S. <br> Figure Skating Pre-Preliminary May not <br> have passed any free dance test. | Time: 1:30 max. |
| Adult Pre-Bronze | No prescribed or restricted elements. | Must have passed no higher than Adult <br> pre-Bronze free skate test. See <br> National Showcase guidelines for more <br> specific information regarding adults. | Time: 1:40 max. |
| Preliminary/ | No prescribed or restricted elements. | Must have passed no higher than U.S. <br> Figure Skating Preliminary free skate or <br> Adult Bronze Free Skate or Free Dance <br> test. See National Showcase guidelines <br> for more specific information regarding <br> adults. | Time: 1:40 max. |

## SPINS CHALLENGE

General event parameters:

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on $1 / 2$ ice.
- Minimum number of revolutions are noted in parentheses.

| Level | Time | Skating rules / standards |
| :--- | :--- | :--- |
| 1. Beginner | $1: 30$ max. | Upright one-foot spin (3) <br> Upright back spin (3) <br> Sit spin (3) |
| 2.High Beginner | $1: 30$ max. | Upright one-foot spin (4) <br> Upright spin with change of foot (3 each foot) <br> Sit spin (3) |
| 3.No Test | 1:30 max. | Upright spin with change of foot (3 each foot) <br> Sit spin (3) <br> Camel spin (3) |
| 4.Pre - Preliminary | $1: 30$ max. | Spin with one change of position and no change of foot (6) <br> Backward sit spin (3) <br> Camel spin (4) |
| 5.Preliminary | $1: 30$ max. | Spin with one change of foot and one change of position (min. 3 each foot) <br> Change sit spin (min 3. each foot) <br> One position spin - skater's choice (upright, sit or camel) (4) |
| 6.Adult Beginner | 1:30 max. | Pivot <br> Two-foot upright spin (2) |
| 7.Adult Pre-Bronze | 1:30 max. | One-foot upright spin (3) <br> Two-foot upright spin (3) |
| 8.Adult Bronze | 1:30 max. | One-foot upright spin (4) <br> One-foot back spin (3) <br> Sit spin (3) |

## JUMPS CHALLENGE

## General event parameters:

- Each jump may be attempted twice; the best attempt will be counted.
- To be skated on $1 / 2$ ice

| Level | Time | Skating rules / standards |
| :--- | :--- | :--- |
| 1.Beginner | $1: 15$ max. | Waltz jump (from backward crossovers) <br> $1 / 2$ flip or $1 / 2$ <br> Single Salchow |
| 2.High <br> Beginner | $1: 15$ max. | Waltz jump (from backward crossovers) <br> Single Salchow <br> Jump combination - Waltz jump-toe loop |
| 3.No Test | $1: 15$ max. | Single toe loop <br> Single loop <br> Jump combination - Any two $1 / 2$ or single revolution jumps (no Axel) |
| 4.Pre - <br> Preliminary | $1: 15$ max. | Single toe loop <br> Single flip <br> Jump combination - Any two $1 / 2$ or single revolution jumps (no Axel) |
| 5.Preliminary | $1: 15$ max. | Single flip <br> Single Lutz <br> Jump combination - Any single jump + single loop (may be Axel) |
| 6.Adult <br> Beginner | $1: 15$ max. | Bunny hop <br> Mazurka or ballet jump |
| 7.Adult Pre- <br> Bronze | $1: 15$ max. | Waltz or toe loop jump <br> $1 / 2$ flip, $1 / 2 / 2$ Lutz or $1 / 2$ loop |
| 8.Adult <br> Bronze | $1: 15$ max. | Salchow <br> Toe loop <br> Any single jump plus a toe loop combination (no Axels allowed) |

## SOLO PATTERN DANCE

General event parameters:

- Levels are based upon the skaters' highest pattern dance test passed.
- A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for his/her level, based upon the date of the competition. If the competition falls over two quarters (for example, June $30^{\text {th }}-$ July $2^{\text {nd }}$ ), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the $2^{\text {nd }}$ quarter).
- Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

| Level | January $\mathbf{1}^{\text {st }}$ - <br> March 31 ${ }^{\text {st }}$ | April $1^{\text {st }}-$ June $30^{\text {th }}$ | July $1^{\text {st }}$ - <br> September $\mathbf{3 0}^{\text {th }}$ | October $1^{\text {st }}-$ December 31 ${ }^{\text {st }}$ |
| :---: | :---: | :---: | :---: | :---: |
| Preliminary | 1. Dutch Waltz <br> 2. Canasta Tango | 1. Rhythm Blues <br> 2. Dutch Waltz | 1. Canasta Tango <br> 2. Rhythm Blues | 1. Rhythm Blues <br> 2. Dutch Waltz |
| Pre-Bronze | 1. Swing Dance <br> 2. Cha-Cha | 1 Fiesta Tango <br> 2 Swing Dance | 1. Cha-Cha <br> 2. Fiesta Tango | 1. Swing Dance <br> 2. Cha-Cha |

## TEAM COMPULSORY

Format: The designated skater from each team will perform their chosen element in sequence on full ice, with no music, and will follow this format:

1. Minimum of three skaters on a team; each skater will do at least one required element.
2. When the event is called, all skaters will take the ice for a two (2) minute STROKING ONLY warm-up.
3. This will be followed by a one (1) minute individual warm-up for the elements.
4. Teams will be directed to find a "base" for their team along the boards on the ice where they will stay for the remainder of the event.
5. The announcer, referee or judge-in-charge will call the first element (e.g. jump or stop) to be performed.
6. The team member performing the element will step forward and execute the skill, with the element first being performed by the skater on team one, then team two, then team three and so on
7. Once all the teams have had their skaters complete the element, the next element will be called.
8. Judging is done with one mark for each element (skater) for total team points.
9. Repeat \#4-7 above as this will be done in sequence until all the elements at each level are completed.

| Level | Jumps / Stops | Spins / Turns / Glides | Spiral or Step Sequences |
| :---: | :---: | :---: | :---: |
| 1.Snowplow Sam Basic 3, Hockey 1-4 | -Wiggles, two-foot swizzles, forward or backward, (4-8 in a row) <br> -Snowplow stop (one or both feet) or hockey stop (with skid) | -Curves, glide turns, or hockey turns (right and left, forward) -March then glide on two feet or forward one-foot glide on left and right foot (one time skater's height, forward) | Forward $1 ⁄ 2$ swizzle pumps or forward c-cuts on a circle (right and left, 6-8 consecutive) |
| 2.Basic 4-Basic 6 | -Side-toe hop, bunny hop, ballet jump, mazurka -Waltz jump | -Forward inside pivot or two-foot spin (min. 3 revs.) <br> -One-foot upright spin, optional entry \& free foot position (min. 3 revs.) | Moving forward to backward two-foot turns on a circle, clockwise and counterclockwise (from Basic 3) |
| 3.Pre-Free Skate and Free Skate 1-6 levels | -Single jump (no Axel) -Jump combination or jump sequence (no Axel allowed) | -Solo spin (scratch spin, layback, camel or sit, min. 3 revs, no flying entry) <br> -Combo Spin: One change of foot, change of position optional (min. 3 revs. on each foot) | Spiral Sequence (from Free Skate 2) |
| 4.Adult 1-6 | -Forward Snowplow stop -Lunge | -Forward swizzles - 4-6 in a row -Backward one-foot glide, right and left | -Forward chasses on a circle clockwise and counterclockwise |
| 5.Adult Beginner/Adult High Beginner | -Bunny hop <br> -Waltz jump | -Beginning one foot spin from backward crossovers -Backward inside three turn, right and left | Alternating right and left forward outside edges across width of the rink |
| 6.Adult PreBronze/Adult Bronze | -1/2 Flip <br> -Salchow jump | -Forward upright spin -Backward upright spin | Two forward crossovers into a forward inside Mohawk, step down and cross behind, one backward crossover and step to a forward inside edge, clockwise and counterclockwise |

## THEATRE ON ICE

In order to safely practice and compete at the various levels, it is strongly recommended that skaters have mastered the elements of the Learn to Skate USA level at which they are skating. (See program requirements.) Props, scenery and theatrical makeup are not allowed.

Eligibility Rules: All skaters on the team must either be full U.S. Figure Skating members or members of Learn to Skate USA. It is strongly suggested that teams register with U.S. Figure Skating, but this is not required.

Members of other organizations are eligible to compete, but must be registered with a Learn to Skate USA program or as full members of U.S. Figure Skating.

In order for the team to be eligible for this event, no skaters on the team may have passed higher than the pre-preliminary Moves in the Field or adult pre-bronze test in any discipline.

Age/Number of Skaters: Skaters may not have reached 18 years of age as of September 1 of the current skating season. Teams should be comprised of 8-16 skaters.

Program Duration: Teams will skate a program to music of their choice (vocals are allowed) $11 / 2$ $\mathrm{min} .+/-10 \mathrm{sec}$. There are no restrictions or requirements on music choice but each level has a different THEME, CHOREOGRAPHIC PROCESS and MOVEMENT or GESTURE (see program requirements).

Judging Notes: The main emphasis of each level is mastering the Learn to Skate USA of Theatre On Ice and showing control in the skating skills from the badge levels required. The focus is not difficulty, but the performance and expression of the three required elements.

When possible, judges should be selected from those who have participated in a U.S. Figure Skating or PSA seminar where Theatre On Ice has been discussed, or have some familiarity with the discipline of Theatre On Ice.

## THEATRE ON ICE EVENTS

Format: The competitive programs shall create a story based on the theme while demonstrating the choreographic process and gesture or movement.

- Programs should contain skating skills from the Learn to Skate USA program levels listed.
- Elements from higher levels are not allowed.
- Elements from lower levels are encouraged.
- Coaches should refer to the U.S. Figure Skating Learn to Skate USA Instructor's Manual for further details on the elements.
- Props, scenery and theatrical makeup are not allowed.

Please refer to the Learn to Skate USA Instructor's Manual for more detailed information on Theatre On Ice 1-4.

| Level | Program Length | Test, Team Size and Age Requirements |
| :---: | :---: | :---: |
| TOI/CE 1 | 1:30 +/- 10 seconds | - Theme: Joy (emotion) <br> - Choreographic process: Repetition <br> - Movement or gesture: Allegro (fast movement) <br> Skaters should demonstrate elements from Learn to Skate USA <br> Basic 1-4. <br> Elements from higher levels are not allowed. |
| TOI/CE 2 | 1:30 +/- 10 seconds | - Theme: Body as an instrument <br> - Choreographic process: Canon <br> - Movement or gesture: Soft movement (fluid and light) <br> Skaters should demonstrate elements from Learn to Skate USA Basic 5-6 <br> Elements from higher levels are not allowed. |
| TOI/CE 3 | 1:30 +/- 10 seconds | - Theme: Traveling through space <br> - Choreographic process: Mirroring <br> - Movement or gesture: Unison <br> Skaters should demonstrate elements from Learn to Skate USA <br> Pre-Free Skate - Free Skate 3. <br> Elements from higher levels are not allowed. |
| TOI/CE 4 | 1:30 +/- 10 seconds | - Theme: Rhythm <br> - Choreographic process: Call and response <br> - Movement or gesture: Percussive (sharp, fast movement) <br> Skaters should demonstrate elements from Learn to Skate USA Free Skate 4-6. <br> Elements from higher levels are not allowed. |

# 2019 WINNER’S CIRCLE COMPETE USA COMPETITION ENTRY FORM <br> DEADLINE: SUNDAY, MARCH 24, 2019 <br> (Please complete both sides of this form.) 

Name (last, first) $\qquad$ Age $\qquad$ Sex $\qquad$

Address $\qquad$ City $\qquad$

State $\qquad$ Zip $\qquad$ Email Address $\qquad$

Area Code/Phone \# $\qquad$ Birth Date $\qquad$
Learn to Skate USA or USFSA Number $\qquad$ Highest Level Passed $\qquad$
Program/Club Affiliation $\qquad$ Director's/Coach's Name $\qquad$
Please check the event(s) you are entering:

| BASIC ELEMENTS | BASIC PROGRAM | FREE SKATE COMPULSORY | FREE SKATE PROGRAM | EXCEL COMPULSORY | ADULT COMPULSORY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| _ Snowplow | _ Snowplow | ___Pre-Free Skate | ___Pre-Free Skate | __Beginner | $\qquad$ (enter level) |
| $\qquad$ Basic 1-6 (enter level) | $\qquad$ Basic 1-6 (enter level) | $\qquad$ Free Skate 1-6 (enter level) | $\qquad$ Free Skate 1-6 (enter level) | _ Hi Beginner | __Adult Beg. |
|  |  |  |  | __Pre-Prelim | __Adult Hi Beg. |
|  |  |  |  | __ Preliminary | ___Adult Pre-Bronze |
|  |  |  |  |  | __Adult Bronze |


| ADULT FREE SKATE | EXCEL FREE SKATE | WELL BALANCED FREE SKATE | JUMP CHALLENGE | SOLO DANCE |
| :---: | :---: | :---: | :---: | :---: |
| $\qquad$ Adult 1-6 (enter level) | _Beginner | ___ No Test | $\qquad$ (Enter level <br> 1-8 per description above) | _ Preliminary (RB\&DW) |
|  | __ Hi Beginner | _ Pre-Prelim. |  | _ Pre-Bronze (FT\&SD) |
| ___ Adult Beginner | __Pre-Prelim | __Preliminary |  | THEATRE ON ICE |
| ___Adult Hi Beginner | __Preliminary | SPIN CHALLENGE | SHOWCASE | TOI 1-4 |
| ___ Ad. Pre-Bronze | __Prelim. Plus | $\qquad$ (Enter level <br> 1-8 per description above) | Showcase (indicate $A, B, C, D)$ | (indicate TOI 1,2,3,4) |
| __ Ad. Bronze | WELL BALANCED COMPULSORY |  |  | TEAM COMPULSORY |
|  | _ No Test |  |  | _ (Enter level |
|  | __Pre-Prelim. |  |  | 1-6 per description |
|  | __ Prelim. |  |  |  |

ENTRY FEE IS $\$ 50$ for first event, $\$ 15$ PER EACH ADDITIONAL EVENT

First Event (\$50)
Additional Event (\$15)
Additional Event (\$15)
Additional Event (\$15)
\$
\$
Team Members: (TOI, TC)
$\qquad$
$\qquad$
Total Due: \$

Skaters must be current members of the Chaparral Ice Learn to Skate USA program or full members of U.S. Figure Skating. If your Learn to Skate USA membership is not current, contact Kathy Goeke for information. For full members with questions about their membership status, contact the Austin Figure Skating Club.

The completed entry form, with fees, must be received by Chaparral Ice no later than Sunday, March 24, 2019. If using this form, make check or money order payable to Chaparral Ice. For credit card payment, please complete the form at the bottom of this page.

For more information, contact the Competition Director at Kathy@chaparralice.com.

## ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELED. ACCEPTANCE OF LATE ENTRIES IS AT THE DISCRETION OF THE COMPETITION DIRECTOR.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds Chaparral Ice Center, the Austin Figure Skating Club, and the United States Figure Skating Association harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.
Parent/Guardian Signature

$\qquad$
Date
$\qquad$
Competitor Signature $\qquad$ Date $\qquad$
Instructor/Coach Signature $\qquad$ Date $\qquad$
Program Director/Club Officer $\qquad$ Date $\qquad$

## LIABILITY WAIVER

Ice Skating and ice sports involve certain inherent risks, dangers, and hazards which can result in serious personal injury. Use of rental equipment for ice skating and other ice sports involves risks, dangers, and hazards which can result in serious personal injury. The skater/participant and/or skater's/participant's parent or legal guardian assume and accept all risk of injury while in the Chaparral facility. All skaters agree to abide by the posted Skater's Responsibility Code and acknowledge that all skaters skate at your own risk. At all times the skater/participant and/or the skater's/participant's parent or legal guardian shall be fully liable for personal injury and property damage incurred while on the premises. And, the skater/participant and/or the skater's/participant's parent or legal guardian agree to hold Chaparral, its officers, agents and employees harmless against any and all liability for claims, demands and causes of action asserted against Chaparral arising from skater's/participant's use of the facilities or otherwise, upon the premises.
By signing below, I am agreeing that I have read, understand, and agree to abide by the statement above.

Skater's Name
Signature (Parent's signature required for minors)
PAYMENT INFORMATION AND AUTHORIZATION: By signing below, I authorize my credit card to be charged as payment for the competition entries as indicated above.

Credit Card \# $\qquad$ Exp. $\qquad$
Name on Card $\qquad$ Signature $\qquad$

