

Michigan High School Series

Dearborn		4:00 PM Tuesday, December 18, 2018		5		1	2	3	4	5	6	7	8	
Event #	Time	Event	# Skaters	Allow this time	Phyllis Little	Flo Abke	Colleen Bohunicky	Eden Chrostowski	William Lindsay	Danielle McFarlane	Sherry Redmond	Bill Ziegler		
Begin		End	D5-1											
4:00 PM		4:45 PM	Practice Ice											45
4:45 PM		5:00 PM	Resurface											15
1	5:00 PM	Level A Jumps		4	R		3	4	5	6	7			
2	5:00 PM	Level B Jumps		5	R	2		4		6	7	8		
3	5:00 PM	5:31 PM	Level C Jumps		6	32	R	2	3		5		7	
5:31 PM		5:36 PM	Break - NO RESURFACE											5
4	5:36 PM	Level A Moves		4	R	2	3	4		6	7			
5	5:36 PM	Level B Moves		5	R	2		4	5		7	8		
6	5:36 PM	6:28 PM	Level C Moves		6	53	R	2	3		5	6	8	
6:28 PM		6:43 PM	Ice Make											15
7	6:43 PM	6:43 PM	Level A Spins		4	R		3	4	5	6		8	
8	6:43 PM	6:43 PM	Level B Spins		5	R	2			5	6	7	8	
9	6:43 PM	7:16 PM	Level C Spins		6	33	R	2	3	4		6	7	
Competition Ends														

Hosted by: **GIC-DBN United**

Sanction: 28077

Note these are in SKATING order

At this competition, for each discipline the first 3 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat, except that we start the next element "one team down". After all teams have skated, they leave the ice and the next set of teams enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as indicated on the order list on the next page

		A	B	C	
	Grosse Pointe Unified ABC				1
	Blue Water United BC	X			2
	West Bloomfield Co AC		X		3
	Macomb United ABC				4
	Divine Child ABC				5
	Dearborn Unified BC	X			6

Each team is permitted ONE reskated element per level, per competition.

r1: 11/30/2018

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

First Group

Jumps Element 1

Grosse Pointe Unified ABC
 Blue Water United BC
 West Bloomfield Co AC

Jumps Element 2

Blue Water United BC
 West Bloomfield Co AC
 Grosse Pointe Unified ABC

Jumps Element 3

West Bloomfield Co AC
 Grosse Pointe Unified ABC
 Blue Water United BC

Jumps Element 4

Grosse Pointe Unified ABC
 Blue Water United BC
 West Bloomfield Co AC

First Group

Moves Element 1

Blue Water United BC
 West Bloomfield Co AC
 Grosse Pointe Unified ABC

Moves Element 2

West Bloomfield Co AC
 Grosse Pointe Unified ABC
 Blue Water United BC

Moves Element 3

Grosse Pointe Unified ABC
 Blue Water United BC
 West Bloomfield Co AC

Moves Element 4

Blue Water United BC
 West Bloomfield Co AC
 Grosse Pointe Unified ABC

First Group

Spins Element 1

West Bloomfield Co AC
 Grosse Pointe Unified ABC
 Blue Water United BC

Spins Element 2

Grosse Pointe Unified ABC
 Blue Water United BC
 West Bloomfield Co AC

Spins Element 3

Blue Water United BC
 West Bloomfield Co AC
 Grosse Pointe Unified ABC

Spins Element 4

West Bloomfield Co AC
 Grosse Pointe Unified ABC
 Blue Water United BC

Second Group

Jumps Element 1

Macomb United ABC
 Divine Child ABC
 Dearborn Unified BC

Jumps Element 2

Divine Child ABC
 Dearborn Unified BC
 Macomb United ABC

Jumps Element 3

Dearborn Unified BC
 Macomb United ABC
 Divine Child ABC

Jumps Element 4

Macomb United ABC
 Divine Child ABC
 Dearborn Unified BC

Second Group

Moves Element 1

Divine Child ABC
 Dearborn Unified BC
 Macomb United ABC

Moves Element 2

Dearborn Unified BC
 Macomb United ABC
 Divine Child ABC

Moves Element 3

Macomb United ABC
 Divine Child ABC
 Dearborn Unified BC

Moves Element 4

Divine Child ABC
 Dearborn Unified BC
 Macomb United ABC

Second Group

Spins Element 1

Dearborn Unified BC
 Macomb United ABC
 Divine Child ABC

Spins Element 2

Macomb United ABC
 Divine Child ABC
 Dearborn Unified BC

Spins Element 3

Divine Child ABC
 Dearborn Unified BC
 Macomb United ABC

Spins Element 4

Dearborn Unified BC
 Macomb United ABC
 Divine Child ABC

Reskates Log

			A	B	C	
Grosse Pointe Unified	ABC	1				1
Blue Water United	BC	2	X			2
West Bloomfield Co	AC	3		X		3
Macomb United	ABC	4				4
Divine Child	ABC	5				5
Dearborn Unified	BC	6	X			6