

Michigan High School Series

Dearborn		11:30 AM Sunday, February 17, 2019		18	1	2	3	4	5	6	7	8
Event #	Time	Event	# Skaters	Allow this time	William Lindsay	Mary Chapman	Melissa Garland	Phyllis Little	Sherry Redmond	Mark Reina	Kendra Wright	
					Begin	End	D1-3					
	11:30 AM	12:15 PM	Practice Ice	45								
	12:15 PM	12:30 PM	Resurface	15								
1	12:30 PM		Level A Jumps	5	R		3	4	5	6	7	
2	12:30 PM		Level B Jumps	6	R	2		4	5	6	7	
3	12:30 PM	1:05 PM	Level C Jumps	6	R	2	3		5	6	7	
	1:05 PM	1:10 PM	Break - NO RESURFACE	5								
4	1:10 PM		Level A Moves	5	R	2	3	4		6	7	
5	1:10 PM		Level B Moves	6	R	2	3	4	5		7	
6	1:10 PM	2:09 PM	Level C Moves	6	R	2	3	4	5	6		
	2:09 PM	2:24 PM	Ice Make	15								
7	2:24 PM	2:24 PM	Level A Spins	5	R		3	4	5	6	7	
8	2:24 PM	2:24 PM	Level B Spins	6	R	2		4	5	6	7	
9	2:24 PM	3:01 PM	Level C Spins	6	R	2	3	4		6	7	
Competition Ends												

Hosted by: **Livonia**

Sanction: 28090

Note these are in SKATING order

At this competition, for each discipline the first 3 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat, except that we start the next element "one team down". After all teams have skated, they leave the ice and the next set of teams enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as indicated on the order list on the next page

				A	B	C	
United Farmington	C	1		X	X		1
Birmingham	ABC	2					2
Novi	AB	3				X	3
Livonia	BC	4	X				4
Plymouth / Canton	ABC	5					5
Northville	ABC	6					6
Mercy	ABC	7					7

Each team is permitted ONE reskated element per level, per competition.

r1: 11/30/2018

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

First Group

Jumps Element 1

United Farmington	C
Birmingham	ABC
Novi	AB

Jumps Element 2

Birmingham	ABC
Novi	AB
United Farmington	C

Jumps Element 3

Novi	AB
United Farmington	C
Birmingham	ABC

Jumps Element 4

United Farmington	C
Birmingham	ABC
Novi	AB

First Group

Moves Element 1

Birmingham	ABC
Novi	AB
United Farmington	C

Moves Element 2

Novi	AB
United Farmington	C
Birmingham	ABC

Moves Element 3

United Farmington	C
Birmingham	ABC
Novi	AB

Moves Element 4

Birmingham	ABC
Novi	AB
United Farmington	C

First Group

Spins Element 1

Novi	AB
United Farmington	C
Birmingham	ABC

Spins Element 2

United Farmington	C
Birmingham	ABC
Novi	AB

Spins Element 3

Birmingham	ABC
Novi	AB
United Farmington	C

Spins Element 4

Novi	AB
United Farmington	C
Birmingham	ABC

Second Group

Jumps Element 1

Livonia	BC
Plymouth / Canton	ABC
Northville	ABC
Mercy	ABC

Jumps Element 2

Plymouth / Canton	ABC
Northville	ABC
Mercy	ABC
Livonia	BC

Jumps Element 3

Northville	ABC
Mercy	ABC
Livonia	BC
Plymouth / Canton	ABC

Jumps Element 4

Mercy	ABC
Livonia	BC
Plymouth / Canton	ABC
Northville	ABC

Second Group

Moves Element 1

Plymouth / Canton	ABC
Northville	ABC
Mercy	ABC
Livonia	BC

Moves Element 2

Northville	ABC
Mercy	ABC
Livonia	BC
Plymouth / Canton	ABC

Moves Element 3

Mercy	ABC
Livonia	BC
Plymouth / Canton	ABC
Northville	ABC

Moves Element 4

Livonia	BC
Plymouth / Canton	ABC
Northville	ABC
Mercy	ABC

Second Group

Spins Element 1

Northville	ABC
Mercy	ABC
Livonia	BC
Plymouth / Canton	ABC

Spins Element 2

Mercy	ABC
Livonia	BC
Plymouth / Canton	ABC
Northville	ABC

Spins Element 3

Livonia	BC
Plymouth / Canton	ABC
Northville	ABC
Mercy	ABC

Spins Element 4

Plymouth / Canton	ABC
Northville	ABC
Mercy	ABC
Livonia	BC

Reskates Log

			A	B	C	
United Farmington	C	1	X	X		1
Birmingham	ABC	2				2
Novi	AB	3			X	3
Livonia	BC	4	X			4
Plymouth / Canton	ABC	5				5
Northville	ABC	6				6
Mercy	ABC	7				7