Michigan High School Series

Farmington Hil **4:00 PM Monday, January 14, 2019** **9**

Event #	Time Begin	Time End	Event	# Skaters	Allow this time	1 William Lindsay	2 Colleen Bohunicky	3 Mary Chapman	4 Eden Chrostowski	5 Phyllis Little	6 Sherry Redmond	7 Mark Reina	8 Bill Ziegler
			D1-1										
	4:00 PM	4:45 PM	Practice Ice		45								
	4:45 PM	5:00 PM	Resurface		15								
1	**5:00 PM**		Level A Jumps	5		R		3	4	5	6	7	
2	**5:00 PM**		Level B Jumps	6		R	2		4		6	7	8
3	**5:00 PM**	5:35 PM	Level C Jumps	6	36	R	2	3		5		7	8
	5:35 PM	5:40 PM	Break - NO RESURFACE		5								
4	**5:40 PM**		Level A Moves	5		R	2	3	4		6	7	
5	**5:40 PM**		Level B Moves	6		R	2		4	5		7	8
6	**5:40 PM**	6:39 PM	Level C Moves	6	60	R	2	3		5	6		8
	6:39 PM	6:54 PM	Ice Make		15								
7	**6:54 PM**	6:54 PM	Level A Spins	5		R		3	4	5	6		8
8	**6:54 PM**	6:54 PM	Level B Spins	6		R	2			5	6	7	8
9	**6:54 PM**	7:31 PM	Level C Spins	6	37	R	2	3	4		6	7	
			Competition Ends										

Hosted by: **Mercy** **Sanction: 28081**

At this competition, for each discipline the first 3 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat, except that we start the next element "one team down". After all teams have skated, they leave the ice and the next set of teams enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as indicated on the order list on the next page

Note these are in SKATING order

			A	B	C	
Plymouth / Canton	ABC	1				1
Livonia	BC	2	x			2
Mercy	ABC	3				3
United Farmington	C	4	x	x		4
Northville	ABC	5				5
Birmingham	ABC	6				6
Novi	AB	7			x	7

r1: 11/30/2018

Each team is permitted ONE reskated element per level, per competition.

Warm up - 2 minute stroking-onloy w/u at start of each grouping; 30 second w/u for each element

Monday, January 14, 2019	Farmington Hills	4:00 PM	D1-1

First Group		First Group		First Group	
Jumps Element 1		**Moves Element 1**		**Spins Element 1**	
Plymouth / Canton	ABC	Livonia	BC	Mercy	ABC
Livonia	BC	Mercy	ABC	Plymouth / Canton	ABC
Mercy	ABC	Plymouth / Canton	ABC	Livonia	BC
Jumps Element 2		**Moves Element 2**		**Spins Element 2**	
Livonia	BC	Mercy	ABC	Plymouth / Canton	ABC
Mercy	ABC	Plymouth / Canton	ABC	Livonia	BC
Plymouth / Canton	ABC	Livonia	BC	Mercy	ABC
Jumps Element 3		**Moves Element 3**		**Spins Element 3**	
Mercy	ABC	Plymouth / Canton	ABC	Livonia	BC
Plymouth / Canton	ABC	Livonia	BC	Mercy	ABC
Livonia	BC	Mercy	ABC	Plymouth / Canton	ABC
Jumps Element 4		**Moves Element 4**		**Spins Element 4**	
Plymouth / Canton	ABC	Livonia	BC	Mercy	ABC
Livonia	BC	Mercy	ABC	Plymouth / Canton	ABC
Mercy	ABC	Plymouth / Canton	ABC	Livonia	BC

Second Group		Second Group		Second Group	
Jumps Element 1		**Moves Element 1**		**Spins Element 1**	
United Farmington	C	Northville	ABC	Birmingham	ABC
Northville	ABC	Birmingham	ABC	Novi	AB
Birmingham	ABC	Novi	AB	United Farmington	C
Novi	AB	United Farmington	C	Northville	ABC
Jumps Element 2		**Moves Element 2**		**Spins Element 2**	
Northville	ABC	Birmingham	ABC	Novi	AB
Birmingham	ABC	Novi	AB	United Farmington	C
Novi	AB	United Farmington	C	Northville	ABC
United Farmington	C	Northville	ABC	Birmingham	ABC
Jumps Element 3		**Moves Element 3**		**Spins Element 3**	
Birmingham	ABC	Novi	AB	United Farmington	C
Novi	AB	United Farmington	C	Northville	ABC
United Farmington	C	Northville	ABC	Birmingham	ABC
Northville	ABC	Birmingham	ABC	Novi	AB
Jumps Element 4		**Moves Element 4**		**Spins Element 4**	
Novi	AB	United Farmington	C	Northville	ABC
United Farmington	C	Northville	ABC	Birmingham	ABC
Northville	ABC	Birmingham	ABC	Novi	AB
Birmingham	ABC	Novi	AB	United Farmington	C

Reskates Log			A	B	C	
Plymouth / Canton	ABC	1				1
Livonia	BC	2	X			2
Mercy	ABC	3				3
United Farmington	C	4	X	X		4
Northville	ABC	5				5
Birmingham	ABC	6				6
Novi	AB	7			X	7