

# 8<sup>th</sup> Annual SkateFest and Basic Skills Competition Sanction #26358 New Edge FSC January 20, 2018 DEADLINE January 4, 2018

SkateFest will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

### **ELIGIBILITY/TEST LEVEL:**

**Test level**: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

**Age restrictions/requirements:** Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program) must be at least 14 years of age at the close of entries.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

<u>ENTRIES:</u> Entries must be postmarked by <u>January 4, 2018.</u> On-line entry available at <u>www.sk8stuff.com</u>, but checks and certification must be received by the deadline; entry forms are also available at the NEFSC website at: <u>www.newedgefsc.org</u>. Late entries will be accepted at the discretion of the organizers. **Registering on-line is considered a commitment and payment/signatures must be mailed promptly**.

**ENTRY FEES**: The entry fee is \$85 for the first event and \$40 for the second event. **BASIC SKILLS EVENTS** are \$45 for the first event and \$20 for the second event. THERE IS NO CHARGE FOR THE THIRD AND SUBSEQUENT EVENTS.

<u>DISCOUNTS</u> <u>AVAILABLE</u>: Families with multiple skaters may count events together for discounts. For example, two skaters from <u>one family</u> each skating one event can pay \$85 for first event and \$40 for second event for the two skaters. Two Basic Skills skaters from the one family each skating one event can pay \$40 for the first skater and \$20 for the second skater. Two skaters from one family each skating one event in which one is a higher level skater and one is in Basic Skills can pay \$85 for the first event and \$20 for the second event.

Please make check payable to: New Edge FSC (NEFSC). Mail application and fees to: New Edge FSC, c/o Claudia Saliba, 2914 Ellwood, Berkley, MI 48072



**<u>REFUND POLICY:</u>** Entry fees will not be refunded unless the event is canceled. Checks returned for non-sufficient funds will be issued a \$30 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events.

**FACILITIES:** The competition will be held at John Lindell Ice Arena,1403 Lexington Blvd., Royal Oak, Michigan, 48073 (248) 246-3950. The ice surface is oval shaped and measures 85' x 200'. The rink has a concession stand with food and drink items for purchase in the lobby. Generally, vendors will be selling skate apparel and accessories at the competition; also a photographer is available to take photos at the podium, and an engraver will be on hand to engrave medals for an additional charge.

<u>MUSIC:</u> Music will be required to be uploaded prior to the competition. Instructions will be emailed once applications are processed. A back-up CD must be turned in at the registration table at the time of check-in. Please pick-up CDs at the registration table following your skater's events. All CDs left at the end of the competition will be discarded.

<u>LIABILITY:</u> U.S. Figure Skating, New Edge FSC, the John Lindell Ice Arena and Suburban Management Company accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**JUDGING SYSTEM:** All events will be judged using the 6.0 Judging System.

**REGISTRATION:** Registration will begin one hour before the start of competition. Skaters will not be allowed to compete unless they have checked in at the registration table, music has been submitted, fees have been paid and signatures received. The registration table will be located in the lobby of the ice arena. Please register promptly upon arrival and check in with the ice monitor prior to your event. After the competition, please pick up your music from the registration table. Copies of the results will also be sold at the registration table.

**PRACTICE ICE:** Practice ice will be available in 20 minute increments at \$10 per session; practice sessions will be prior to the start of the competition and midway through the competition. Practice times will be set once the competition schedule is finalized. Advanced registration is not required and will be accepted until session is full. 20 skaters will be allowed on the ice during any one session. No music will be played. Practice Ice may be broken into sessions by skill level, depending on the number of registrants. Notification of competition and practice ice times will be available approximately one week prior to the competition and posted at:

www.newedgefsc.org.

<u>AWARDS:</u> All events are final rounds. Medals will be presented IN THE LOBBY at the podium for first through fourth places. All other places will also receive medals, also available in the lobby. Skaters should proceed IMMEDIATELY to the lobby for the results and to receive their medals at the podium and to take pictures. You are welcome to take photographs at the podium. A photographer will also be taking photos at the podium which will be available via a website after the competition. You will receive an email as soon as the photos are available with download instructions. An engraver is usually onsite to engrave medals for a nominal cost; if an engraver is not present, you can order an engraved plate, for a nominal cost, with your skater's placement information on it that can be adhered to the back of their medal.

<u>PHOTOGRAPHY/VIDEOGRAPHY</u>: All competitors will receive a video recording of their flight as a "Thank You" for participating. They will be available via a link after the competition for you



to download. You will receive an email as soon as the videos are available with download instructions. You are welcome to videotape and take your own photos during the competition, however, **LIGHTED VIDEOTAPING AND FLASH PHOTOGRAPHY WILL NOT BE PERMITTED during the competition.** 

<u>OFFICIAL NOTICES:</u> It is common for the time of schedule events and mid-day practice ice to change throughout the event. It is the responsibility of each competitor, parent and coach to check with the ice monitor for changes. Any cancellations will be posted with the Order of Events. **Skaters should arrive 1 hour prior to the scheduled time of their event and for practice ice.** A tentative schedule of events will be posted prior to the competition on the New Edge FSC website at <a href="https://www.newedgefsc.org">www.newedgefsc.org</a>.

### **INFORMATION REGARDING COACHES:**

U.S. Figure Skating Rule MR 5.11 Coach Registration

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf

**CONTACT INFO:** If you have questions, please contact:

Claudia Saliba (248) 797-2611 Text messages preferred during business hours.

Email: NewEdgeSkatefest@gmail.com

<u>ADDITIONAL INFORMATION</u>: Please also check <u>www.newedgefsc.org</u> for competition updates and <u>www.sk8stuff.com</u>



# **SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow	1:10 max.	<ul> <li>Forward two-foot swizzles, 2-3 in a row</li> </ul>
Sam		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:10 max.	Forward two-foot swizzles, 6-8 in a row
		Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		Forward one-foot glide, either foot
Basic 2	1:10 max.	<ul> <li>Scooter pushes, right and left foot, 2-3 each foot</li> </ul>
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:10 max.	<ul> <li>Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6</li> </ul>
		consecutive
		Forward slalom
		Beginning backward one-foot glide, either foot
		Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:10 max.	Forward outside edge on a circle, clockwise or counter clockwise
		<ul> <li>Forward crossovers, 4-6 consecutive, both directions</li> </ul>
		Beginning two-foot spin, maximum 2-4 revolutions
		Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
	1:10 max.	Backward crossovers, 4-6 consecutive, both directions
Basic 5		<ul> <li>Advanced two-foot spin, maximum 4-6 revolutions</li> </ul>
		Forward outside three-turn, right and left
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:10 max.	Bunny Hop
		Forward spiral on a straight line, right or left
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry
		T-stop, right or left



# EVENT: Pre-Free Skate - Free Skate 6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul> <li>Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>Mazurka</li> <li>Waltz jump</li> </ul>
Free Skate 1	1:40 max	<ul> <li>Forward power stroking, 4-6 consecutive strokes</li> <li>Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> <li>Toe loop jump</li> <li>Half flip jump</li> </ul>
Free Skate 2	1:40 max.	<ul> <li>Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>Beginning back spin, up to two revolutions</li> <li>Half Lutz</li> <li>Salchow jump</li> </ul>
Free Skate 3	1:40 max	<ul> <li>Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>Advanced back spin with free foot in crossed leg position, min 3 revs</li> <li>Loop jump</li> <li>Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ul>
Free Skate 4	1:40 max.	<ul> <li>Forward power 3's, 2-3 consecutive sets, right or left</li> <li>Sit spin - minimum three revolutions</li> <li>Half Loop jump</li> <li>Flip jump</li> </ul>
Free Skate 5	1:40 max.	<ul> <li>Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>Camel spin - minimum three revolutions</li> <li>Waltz-loop jump combination</li> <li>Lutz jump</li> </ul>
Free Skate 6	1:40 max.	<ul> <li>Split jump or stag jump</li> <li>Camel, sit spin combination - minimum of four revolutions total</li> <li>Waltz jump, ½ loop, Salchow jump sequence</li> <li>Axel jump</li> </ul>



# **INTRODUCTORY FREE SKATE PROGRAM**

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	<ul> <li>Max. 5 jump elements:</li> <li>Jumps with no more than one-half rotation (front to back or back to front).</li> <li>Max. 2 jump sequences</li> <li>Max. 2 of any same jump</li> </ul>	Max. 2 spins:  • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner  1:40 Maximum	<ul> <li>Max. 5 jump elements:         <ul> <li>Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>Single rotation jumps: Salchow and toe loop only.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type</li> </ul> </li> </ul>	Max. 2 spins:  • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests



EVENT: 2017-18 Test Track Free Skate – Introductory through Senior levels

- 1. Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- 4. Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
- 5. The following deductions will be taken:
  - 0.1 from each mark for each technical element included that is not permitted in the event description.
  - 0.2 from the technical mark for each extra element included.
  - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 maximum	Max. 5 jump elements:  • Jumps with no more than one-half rotation (front to back or back to front).  • Max. 2 jump sequences  • Max. 2 of any same jump	Maximum of 2 spins:  • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:40 maximum	Max. 5 jump elements:  Jumps with no more than one-half rotation (front to back or back to front including half-loop)  Single rotation jumps: Salchow and toe loop only.  Max. 2 jump combinations or sequences  Max. 2 of any same type jump.	Maximum of 2 spins:  • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Pre-Preliminary 1:40 maximum	Maximum of 5 jump elements:  Jumps with not more than one-half rotation (front to back or back to front including half-loop)  Single rotation jumps: Salchow, toe loop and loop only.  Max. 2 jump combinations or sequences  Max. 2 of any same type jump	Maximum of 2 spins:  • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre- preliminary free skate test

Preliminary 1:30 +/- 10 sec.	Maximum of 5 jump elements:  Jumps with not more than one rotation (no Axels).  Max. 2 jump combinations or sequences  Max. 2 of any same type jump	Maximum of 2 spins:  One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)  One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	Maximum of 5 jump elements:  Jumps with not more than one rotation (no Axels).  Max. 2 jump combinations or sequences  Max. 2 of any same type jump	Maximum of 2 spins:  One spin in one position, no change of foot (Min. 3 revolutions)  One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre- juvenile free skate test
Juvenile 2:20 +/- 10 sec.	Maximum of 5 jump elements:  Any single jumps, including Axel, are permitted.  Max. 2 jump combinations or sequences  Max. 2 of any same type jump	Maximum of 2 spins:  One solo spin in one position, no change of foot (Min. 4 revolutions).  One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot)  Only solo spin may fly	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate 2:40 +/- 10 sec.	<ul> <li>Maximum of 6 jump elements:</li> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow and double toe loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	Maximum of 2 spins:  One must be a flying spin (min 5 revolutions),  One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test

Level	Jumps	Spins	Step Sequences	Qualifications
Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	Maximum of 7 jump elements for men and 6 for ladies:  • Any single jumps.  • Double jumps permitted: double Salchow, double toe loop and double loop.  • Maximum of 3 jump combinations or sequences  • Max. 2 of any same type jump	Maximum of 3 spins, of a different nature:  • One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)  • The other spins are the option of the skater (min 6 revolutions per foot)  • All spins may fly	One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies:	Maximum of 3 spins of a different nature:  • One spin in one position (Min. 6 revolutions)  • One flying spin (Min. 6 revolutions)  • One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior  Ladies: 4:00 +/- 10 sec.  Men: 4:30 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies:  • Any single jumps.  • Must include at least four different double jumps, one must be a double Lutz.  • Triple jumps are not permitted  • Maximum of 3 jump combinations or sequences  • Max. 2 of any same type jump	Maximum of 3 spins of a different nature:  • One spin in one position (Min. 6 revolutions)  • One flying spin (Min. 6 revolutions)  • One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)  Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)	Skaters must have passed at least the U.S. Figure Skating junior free skate test

# **2017-18 Singles Free Skating Requirements** — This chart has been updated with the changes from the U.S. Figure Skating Governing Council that will go into effect July 1, 2017.



2017-18	JUMP ELEMENTS	SPINS	STEP SEQUENCES
NO TEST  1:40 maximum  *means element is required	Max 5 Jump Elements  All single jumps allowed except for the single Axel  No single Axels, double, triple or quadruple jumps allowed  Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded  Max 2 jump combinations or jump sequences  Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed  Jump sequences limited to a maximum of 3 single jumps	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs.  These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence  Step Sequence  Must use one-half the ice surface  Moves in the field and spiral sequences are allowed but will not be counted as elements  Jumps may be included in the step sequence
PRE-PRELIMINARY  1:40 maximum  *means element is required	Max 5 Jump Elements  All single jumps, including the single Axel, allowed  No double, triple or quadruple jumps allowed  Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels)  Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded  Max 2 jump combinations or jump sequences  Jump combinations limited to 2 jumps except that one 3-jump combination with a	Max 2 Spins  Spins may change feet and/or position Spins may start with a flying entry Min 3 revs.  These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	If IJS is used, then: ChSt  Max 1 Sequence  Step Sequence  Must use one-half the ice surface  Moves in the field and spiral sequences are allowed but will not be counted as elements  Jumps may be included
PRELIMINARY  1:30 +/- 10 sec  *means element is required	maximum of 3 single jumps is allowed  Jump sequences limited to a maximum of 3 single jumps  Max 5 Jump Elements  1 must be an Axel-type jump or a waltz jump*  All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop)  Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed  An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination  Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded  Max 2 jump combinations or sequences  Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed	Max 2 Spins  Spins may change feet and/or position  Spins may start with a flying entry  Min 3 revs.  These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	in the step sequence If IJS is used, then: ChSt  Max 1 Sequence  Step Sequence  Must use one-half the ice surface  Moves in the field and spiral sequences are allowed but will not be counted as elements  Jumps may be included in the step sequence  If IJS is used, then: ChSt
PRE-JUVENILE 2:00 +/- 10 sec  *means element is required	<ul> <li>Jump sequences limited to a maximum of 3 single or double jumps</li> <li>Max 5 Jump Elements</li> <li>1 must be an Axel-type jump*</li> <li>All single and double jumps allowed except for the double Axel         <ul> <li>No double Axels, triple or quadruple jumps allowed</li> <li>An Axel plus up to 3 different double jumps may be repeated once (but no more) as solo jumps or part of a jump sequence or jump combination</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>Max 2 jump combinations or sequences         <ul> <li>Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed</li> <li>Jump sequences limited to a maximum of 3 single or double jumps</li> </ul> </li> </ul>	Max 2 Spins  1 spin combination, with or without change of foot*  Min 6 revs  1 spin with only 1 position*  No change of foot  Min 4 revs  Both spins may start with a flying entry These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence  Step Sequence  Must fully utilize the ice surface  Moves in the field and spiral sequences are allowed but will not be counted as elements  Jumps may be included in the step sequence  If IJS is used, then: ChSt

# 2017-18 Adult Singles Free Skating Requirements – This chart has been updated with the changes from the U.S. Figure Skating Governing Council that will go into effect July 1, 2017.



2017-18	JUMP ELEMENTS	SPINS	STEP SEQUENCE
CHAMPIONSHIP MASTERS JUNIOR-SENIOR & MASTERS JUNIOR-SENIOR  3:40 maximum * means element is required	Max 7 Jump Elements  1 must be an Axel-type jump* Max 3 combinations or sequences 1 jump combination may contain 3 jumps; the remaining jump combinations are limited to 2 jumps Number of jumps in sequence is unlimited, but only the 2 highest-value jumps in a jump sequence will be counted No Axels or multi-rotation jumps may be repeated more than once, and if repeated, those jumps must be in combination or sequence If both executions (of the same Axel or multi-rotation jump) are as solo jumps, the second of these jumps will receive 70% of its original base value	Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))     Min 5 revs total if no change of foot     Min 4 revs each foot if change of foot     Min 2 revs in each position	Max 1 Step Sequence     1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals)     Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
CHAMPIONSHIP MASTERS INTERMEDIATE- NOVICE & MASTERS INTERMEDIATE- NOVICE 3:10 maximum * means element is required	Max 6 Jump Elements  1 must be an Axel-type jump* Max 3 combinations or sequences 1 jump combination/sequence may contain 3 jumps; the remaining jump combinations/sequences are limited to 2 jumps Only 1 jump combination or sequence may include 2 double jumps Each jump may be repeated only once, and only as part of a combination or sequence If both executions of the same jump are as solo jumps, the second of these jumps will receive 70% of its original base value All single jumps and the following double jumps are permitted: double toe loop, double Salchow, double loop Double flip, double Lutz, double Axel and triple jumps are not permitted	Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))     Min 5 revs total if no change of foot     Min 4 revs each foot if change of foot     Min 2 revs in each position	Max 1 Step Sequence     1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals)     Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
CHAMPIONSHIP ADULT GOLD & ADULT GOLD 2:40 maximum	<ul> <li>Max 5 Jump Elements</li> <li>Max 3 combinations or sequences</li> <li>1 jump combination/sequence may contain 3 jumps; the remaining jump combinations/sequences are limited to 2 jumps</li> <li>Each jump combination or sequence may include only 1 double jump</li> <li>Each jump may be repeated only once, and only as part of a combination or sequence</li> <li>If both executions of the same jump are as solo jumps, the second of these jumps will receive 70% of its original base value</li> <li>All single jumps, including the single Axel, and the following double jumps are permitted: double toe loop, double Salchow.</li> <li>Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>	Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))     Min 4 revs total if no change of foot     Min 4 revs each foot if change of foot     Min 2 revs in each position	Max 1 Step Sequence     1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals)     Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.

This chart highlights the elements in each program. It is not meant to replace the reading of the rules in the current version of the U.S. Figure Skating Rulebook. Should this chart disagree with the current U.S. Figure Skating Rulebook in any aspect, the rulebook takes precedence.

Spins of a different character – this refers to the abbreviation of a spin, e.g. a combination spin with a change of foot (CCoSp) and a combination with no change of foot (CoSp) are spins of a different character; and a flying sit spin (FSSp) and a sit spin (SSp) are of a different character. For more information, see U.S. Figure Skating rule 4103 (E).

- **6.0 System Penalties:** 0.1 in each mark for each illegal element 0.1 in 1st mark for insufficient revs.

• 0.2 in 1st mark for each jump and/or spin element exceeding max.

- 0.1 in each mark for time violation
- 0.1 in 1st mark for step seq. not utilizing the ice as prescribed. 0.2 in 1st mark if a required element is omitted

# 2017-18 Adult Singles Free Skating Requirements – This chart has been updated with the changes from the U.S. Figure Skating Governing Council that will go into effect July 1, 2017.



2017-18	JUMP ELEMENTS	SPINS	STEP/SPIRAL SEQUENCES
CHAMPIONSHIP ADULT SILVER AND ADULT SILVER 2:10 maximum	<ul> <li>Max 5 Jump Elements</li> <li>Max 2 combinations or sequences</li> <li>1 combination/sequence may contain 3 jumps, and the other may contain only 2 jumps</li> <li>Additional jump sequences which contain non-listed jumps of not more than 1 revolution performed as part of connecting footwork preceding single jumps are permitted</li> <li>Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump)</li> <li>All single jumps, including single Axel, are permitted</li> <li>No double or triple jumps are permitted</li> </ul>	Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))     Min 3 revs total if no change of foot     Min 3 revs each foot if change of foot     Min 2 revs in each position	1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals)     Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
ADULT BRONZE 1:50 maximum	<ul> <li>Max 4 Jump Elements</li> <li>Max 2 combinations or sequences;</li> <li>1 combination/sequence may contain 3 jumps, and the other may contain only 2 jumps</li> <li>Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump)</li> <li>All single jumps are permitted (except single Axel)</li> <li>No single Axel, double or triple jumps are permitted</li> </ul>	Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))     Min 3 revs total if no change of foot     Min 3 revs each foot if change of foot     Min 2 revs in each position     No flying spins are permitted	Max 1 Sequence     1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals)     Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
ADULT PRE BRONZE 1:40 maximum	Max 4 Jump Elements  Max 2 combinations or sequences  1 jump combination/sequence may contain 3 jumps, and the other may contain only 2 jumps.  Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump)  Only single and half-revolution jumps are permitted  No single Lutz, single Axel or double or triple jumps are permitted	Max 2 Spins  Min 3 revs  Spins with a flying entry are not permitted	Max 1 Sequence     Connecting steps throughout the program are required

This chart highlights the elements in each program. It is not meant to replace the reading of the rules in the current version of the U.S. Figure Skating Rulebook. Should this chart disagree with the current U.S. Figure Skating Rulebook in any aspect, the rulebook takes precedence.

Spins of a different character – this refers to the abbreviation of a spin, e.g. a combination spin with a change of foot (CCoSp) and a combination with no change of foot (CoSp) are spins of a different character; and a flying sit spin (FSSp) and a sit spin (SSp) are of a different character. For more information, see U.S. Figure Skating rule 4103 (E).

- **6.0 System Penalties:** 0.1 in each mark for each illegal element 0.1 in 1st mark for insufficient revs.
  - 0.1 in each mark for time violation

- 0.2 in 1st mark for each jump and/or spin element exceeding max.
- 0.1 in 1st mark for step seq. not utilizing the ice as prescribed. 0.2 in 1st mark if a required element is omitted

NOTE: All times are MAXIMUM times. There is no +/- 10 second leeway for adult programs. All programs – IJS and 6.0 -- over the maximum time will receive a deduction.



# **SNOWPLOW SAM – BASIC 6 ELEMENTS**

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the <u>order listed below</u> (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- All elements must be skated in the order listed.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow	1:00 max.	<ul> <li>Forward two-foot swizzles, 2-3 in a row</li> </ul>
Sam		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:00 max.	<ul> <li>Forward two-foot swizzles, 6-8 in a row</li> </ul>
		<ul> <li>Beginning snowplow stop on two-feet or one-foot</li> </ul>
		Backward wiggles, 6-8 in a row
		Forward one-foot glide, either foot
Basic 2	1:00 max.	<ul> <li>Scooter pushes, right and left foot, 2-3 each foot</li> </ul>
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:00 max.	<ul> <li>Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6</li> </ul>
		consecutive
		Forward slalom
		Beginning backward one-foot glide, either foot
		Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:00 max.	<ul> <li>Forward outside edge on a circle, clockwise or counter clockwise</li> </ul>
		<ul> <li>Forward crossovers, 4-6 consecutive, both directions</li> </ul>
		<ul> <li>Beginning two-foot spin, maximum 2-4 revolutions</li> </ul>
		Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
		<ul> <li>Backward crossovers, 4-6 consecutive, both directions</li> </ul>
Basic 5	1:00 max.	<ul> <li>Advanced two-foot spin, maximum 4-6 revolutions</li> </ul>
		<ul> <li>Forward outside three-turn, right and left</li> </ul>
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:00 max.	Bunny Hop
		<ul> <li>Forward spiral on a straight line, right or left</li> </ul>
		<ul> <li>Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry</li> </ul>
		T-stop, right or left



# PRE-FREE SKATE – FREE SKATE 6 COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

Level	Time	Skating rules/standards
		<ul> <li>Forward inside open Mohawk from a standstill position (R to L and L to R)</li> </ul>
		Two forward crossovers into a forward inside Mohawk, step down and
Pre-Free Skate	1:15 max	cross behind, step into one backward crossover and step to a forward
		inside edge, clockwise and counterclockwise
		<ul> <li>One-foot upright spin, optional entry and free-foot position (minimum</li> </ul>
		three revolutions
		Mazurka
		Waltz jump
		<ul> <li>Forward power stroking, 4-6 consecutive strokes</li> </ul>
Free Skate 1	1:15 max.	Backward outside three-turns, right and left
		<ul> <li>Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> </ul>
		Toe loop
		Half flip jump
		<ul> <li>Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> </ul>
Free Skate 2	1:15 max.	Backward inside three-turns, right and left
		Beginning back spin, up to two revolutions
		Half Lutz
		Salchow jump
		<ul> <li>Alternating Mohawk/crossover sequence, right to left and left to right</li> </ul>
Free Skate 3	1:15 max.	Waltz three-turns, clockwise and counterclockwise
		<ul> <li>Advanced back spin with free foot in crossed leg position, min 3 revs</li> </ul>
		Loop jump
		Waltz jump/toe loop or Salchow/toe loop jump combination
		<ul> <li>Forward power 3's, 2-3 consecutive sets, right or left</li> </ul>
Free Skate 4	1:15 max.	Sit spin - minimum three revolutions
		Half loop jump
		Flip jump
		Backward outside three-turn, Mohawk (backward power three-turn), both
Free Skate 5	1:15 max.	directions
		Camel spin - minimum three revolutions
		Waltz jump-loop jump combination
		Lutz jump
		Forward power pulls, right and left
Free Skate 6	1:15 max.	Split jump or stag jump
		Camel, sit spin combination - minimum of four revolutions total
		Waltz jump, ½ loop, Salchow jump sequence
		Beginning Axel jump



### INTRODUCTORY LEVELS COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards
		Waltz jump
Beginner	1:15 max.	• ½ jump of choice
		<ul> <li>Forward two-foot or one-foot spin - minimum three revolutions (free</li> </ul>
		leg position optional)
		Forward or backward spiral
		Toe loop jump
High Beginner	1:15 max.	Salchow jump
		<ul> <li>Forward scratch spin - minimum three revolutions</li> </ul>
		Forward or backward spiral

<u>Compete USA competitions may include through the Preliminary compulsory level.</u> This chart can be found on the nonqualifying competition announcement page; Compulsory Moves – Singles; Compulsory Moves (No Test-Senior).



**EVENT: COMPULSORY MOVES** 

- 1. No Test Juvenile: Elements skated on ½ ice
- 2. Intermediate Senior: Elements skated on full-ice
- 3. The skater must demonstrate the required elements (performed once only) and may use any additional elements from previous levels.
- 4. A 0.2 deduction will be taken for each element performed from a higher level.
- 5. Music is not allowed.
- 6. Skaters may compete at their test level or one level higher.

Level	Time	Skating rules/standards
		1. Loop jump
No-Test	1:15 max.	2. Jump combination to include a toe loop (may not use a loop or Axel)
		3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions
		4. Spiral sequence, must include a forward and backward spiral.
		Additional spirals and balance moves may be included.
		1. Toe Loop jump
Pre-	1:15 max.	2. Jump combination: single/single (no Axel)
Preliminary		3. Sit spin or camel spin - minimum three revolutions
		4. Spiral sequence with one forward spiral and one backward spiral
		(any edge)
		1. Single Lutz
Preliminary	1:15 max.	2. Jump combination: single/single (may include Axel)
,	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	3. Back upright spin - minimum three revolutions
		4. Forward inside spiral
		1. Single jump (may include Axel)
Pre –	1:15 max.	2. Jump combination: single/single (may include Axel)
Juvenile		3. Layback spin or camel spin - minimum three revolutions
30 / 01 1110		4. Step sequence - circular
		1. Single Axel
Juvenile &	1:15 max.	Jump combination: single/single or double/single
Open Juv.		3. Layback spin or camel spin - minimum three revolutions
		4. Step sequence – circular
		1. Double Salchow or double toe loop
Intermediate	1:30 max.	Jump combination: single/single or double/single
		3. Flying spin, minimum five revolutions
		4. Step sequence – straight line
		1. Double loop
Novice	1:30 max.	Jump combination: double/single or double/double
		3. Flying spin - minimum five revolutions
		4. Step sequence – straight line
		1. Double flip
Junior	1:30 max.	Jump combination: double/double or triple/double
		3. Combination spin - minimum 10 revolutions
		4. Step sequence – straight line
		1. Double Lutz
Senior	1:30 max.	Jump combination: double/double or triple/double
		3. Combination spin - minimum 10 revolutions
		4. Step sequence – straight line



# **EVENT**: Adult Compulsory Moves

- 1. Pre-Bronze to Silver: Elements skated on  $\frac{1}{2}$  ice
- Gold/Masters: Elements skated on full-ice
   Elements may be performed only once
- 4. Music is not allowed
- 5. Minimum number of revolutions is noted in parentheses

Level	Time	Elements
Adult Pre-Bronze	1:30 MAX	<ul> <li>Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>Jump combination or sequence consisting of only ½ revolution jumps (half loop is considered a full revolution jump) – maximum of 2 jumps in a combination and 3 jumps in a sequence</li> <li>Forward upright spin (Min. 3 revolutions)</li> <li>Forward spiral (any edge)</li> </ul>
Adult Bronze	1:30 MAX	<ul> <li>Single Salchow</li> <li>Waltz jump – toe loop combination jump</li> <li>Backward Upright Spin – entry optional (Min. 3 revolutions)</li> <li>Spiral sequence (Min. 2 spirals)</li> </ul>
Adult Silver	1:30 MAX	<ul> <li>Single loop</li> <li>Single/single jump combination</li> <li>Sit spin (Min. 3 revolutions)</li> <li>Straight line step sequence</li> </ul>
Adult Gold	1:30 MAX	<ul> <li>Single Lutz or Axel</li> <li>Single/single or single/double jump combination</li> <li>Camel spin (Min. 4 revolutions)</li> <li>Straight line step sequence</li> </ul>
Masters Intermediate/Novice	1:30 MAX	<ul> <li>Axel, double Salchow, double toe loop or double loop</li> <li>Jump combination (double/double, single/double or double/single) that may include double Salchow, double toe loop or double loop and any single jump including Axel</li> <li>Solo spin of skater's choice (Min. 6 revolutions)</li> <li>Straight line step sequence</li> </ul>
Masters Junior/Senior	1:30 MAX	<ul> <li>Choice of any double jump</li> <li>Jump combination that may include any double jump</li> <li>Solo spin of skater's choice (Min. 8 revolutions)</li> <li>Straight line step sequence</li> </ul>

# 2017-18 Adult Pairs Free Skating Requirements – This chart has been updated with the changes from the U.S. Figure Skating Governing Council that will go into effect July 1, 2017.



2017-18	LIFTS	THROW JUMP	SOLO JUMP	JUMP SEQUENCE/ COMBINATION	SOLO SPIN/ COMBINATION	PAIR SPIN/ COMBINATION	PIVOT FIGURE or DEATH SPIRAL	STEP SEQUENCE	*ADDITIONAL ELEMENT
CHAMPIONSHIP MASTERS PAIRS & MASTERS PAIRS & ADULT GOLD PAIRS 3:40 maximum	Max 2* different  One may be a twist lift with no limit on the number of revolutions  If lifts are from the same group, they must be different (e.g. one star and one platter, both from Group 3)  Min ½ rev and max 3½ revs by man required  Variations of the lady's position, no-handed, one- handed and combination lifts are permitted  Carry lifts and lifts that include a carry feature are not permitted	Max 2 different Must have different IJS codes No limit on number of revolutions	Max 1 Single, double or triple jumps permitted	Max 1 Single, double or triple jumps permitted Max two jumps in jump combination No limit to number of jumps in jump sequence	Max 1  Min 4 revs by both partners If spin does not have a change of foot  Min 6 revs by both partners If spin has a change of foot  Min 2 revs in each position	Max 1*  Pair spin:  Min 4 revs by both partners  Optional change of position  Min 2 revs in each position by both partners  Or  Pair spin combination:  Min 6 revs total by both partners  Min 1 change of position by each partner  Min 1 change of foot by each partner  Min 2 revs in each position by both partners	Max 1*  Regular one-hand to one-hand hold required  At least ½ revolution with man in full pivot position	Max 1  One choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals)  Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such	Max 1  May choose to perform one additional element from:  Pair spin if not already performed Pair spin combination if not already performed Pivot figure/death spiral (max two per program, different IJS codes) Lift (max three per program, must be different)  Additional elements must have an IJS code that is different from that of any other program element.

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**6.0 System Penalties**: • 0.1 in each mark for each illegal element • 0.1 in 1st mark for insufficient revs.

• 0.2 in 1st mark for each jump and/or spin element exceeding max.

- 0.1 in each mark for time violation
- 0.1 in 1st mark for step seq. not utilizing the ice as prescribed. 0.2 in 1st mark if a required element is omitted

# 2017-18 Adult Pairs Free Skating Requirements – This chart has been updated with the changes from the U.S. Figure Skating Governing Council that will go into effect July 1, 2017.



2017-18	LIFTS	THROW JUMP	SOLO JUMP	JUMP SEQUENCE/ COMBINATION	SOLO SPIN/ COMBINATION	PAIR SPIN/ COMBINATION	PIVOT FIGURE or DEATH SPIRAL	STEP OR CHOREOGRAPHIC SEQUENCE
ADULT SILVER PAIRS 2:40 maximum	Max 2 different  One must be from Group 1  Other lift may be from Group 1 with a different take off or from Group 2 or may be a single twist lift  Full extension is optional for Group 2 waist lift  Min ½ rev and max 3½ revs by man required  Variation of lady's position, no-handed, one-handed, overhead, carry and combination lifts, and lifts that include a carry feature are not permitted	Max 1 Single throw jumps only Double or triple throw jumps not permitted	Max 1 Single jumps only Double or triple jumps not permitted	Max 1 Single jumps only Max two jumps in jump combination No limit to number of jumps in jump sequence	Max 1  • Min 3 revs by both partners If spin does not have a change of foot  • Min 5 revs by both partners If spin has a change of foot  • Min 2 revs in each position	Max 1  Pair spin:  • Min 3 revs by both partners  • Optional change of position  • Min 2 revs in each position by both partners  or  Pair spin combination:  • Min 5 revs total by both partners  • Min 2 revs in each position by both partners	Max 1  Pivot position not required  Choice of position and hand hold	Max 1  Chosen from: • Step sequence which must utilize at least ½ of ice surface or • Choreographic sequence which must be clearly visible  Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such
ADULT BRONZE PAIRS 2:10 maximum	Max 1  May be from Group 1 or a Group 2 waist lift  Min ½ rev and max 3½ revs by man required  Full extension is optional for Group 2 waist lift  Variations of the lady's position, nohanded, one-handed, overhead, twist, carry and combination lifts, and lifts that include a carry feature are not permitted	Max 1  Single throw jumps only  Single Axel, double or triple throw jumps not permitted	Max 1 Single jumps only Single Axel, double or triple jumps not permitted	Max 1 Single jumps only Single Axel, double or triple jumps not permitted Max two jumps in jump combination No limit to number of jumps in jump sequence	Max 1  • Min 3 revs by both partners If spin does not have a change of foot  • Min 5 revs by both partners If spin has a change of foot  • Min 2 revs in each position	Max 1  Pair spin:  • Min 3 revs by both partners  • Optional change of position  • Min 2 revs in each position by both partners  or  Pair spin combination:  • Min 5 revs total by both partners  • Min 2 revs in each position by both partners	Max 1  Pivot position not required  Choice of position and hand hold	Max 1  Chosen from: • Step sequence which must utilize at least ½ of ice surface or • Choreographic sequence which must be clearly visible  Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such

This chart highlights the elements in each program. It is not meant to replace the reading of the rules in the current version of the U.S. Figure Skating Rulebook. Should this chart disagree with the current U.S. Figure Skating Rulebook in any aspect, the rulebook takes precedence.

- **6.0 System Penalties**: 0.1 in each mark for each illegal element 0.1 in 1st mark for insufficient revs.

• 0.2 in 1st mark for each jump and/or spin element exceeding max.

- 0.1 in each mark for time violation
- 0.1 in 1st mark for step seq. not utilizing the ice as prescribed. 0.2 in 1st mark if a required element is omitted

# 2017-18 Adult Pairs Free Skating Requirements – This chart has been updated with the changes from the U.S. Figure Skating Governing Council that will go into effect July 1, 2017.



2017-18	LIFTS	THROW JUMP	SOLO JUMP	JUMP SEQUENCE/ COMBINATION	SOLO SPIN/ COMBINATION	PAIR SPIN/ COMBINATION	PIVOT FIGURE or DEATH SPIRAL	STEP OR CHOREOGRAPHIC SEQUENCE
	Max 2 different	Max 1	Max 1	Max 1	Max 1	Max 1	Max 1	Max 1
CENTENNIAL PAIRS 3:10 max	Lifts may be from Group 1 or Group 2 or one may be a single twist lift  *If from the same group, each must have different take off (for example, one Lutz lift and one Axel lift, both from Group 1)  Full extension is optional for Group 2 waist lift  Min ½ rev and max 3½ revs by man required  Variations of the lady's position, no-handed, one-handed, overhead, carry and combination lifts, and lifts that include a carry feature are not permitted	Single throw jumps only Single Axel throw jumps are permitted	Single jumps only Single Axel jumps are permitted	Single jumps only Single Axel jumps are permitted  Max two jumps in jump combination  No limit to number of jumps in jump sequence	Min 3 revs by both partners If spin does not have a change of foot     Min 5 revs by both partners If spin has a change of foot     Min 2 revs in each position	Pair spin:  Min 3 revs by both partners  Optional change of position  Min 2 revs in each position by both partners  or  Pair spin combination:  Min 5 revs total by both partners  Min 2 revs in each position by both partners	Pivot position <b>not</b> required  Choice of position and hand hold	Chosen from: Step sequence which must utilize at least ½ of ice surface or Choreographic sequence which must be clearly visible  Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such

This chart highlights the elements in each program. It is not meant to replace the reading of the rules in the current version of the U.S. Figure Skating Rulebook. Should this chart disagree with the current U.S. Figure Skating Rulebook in any aspect, the rulebook takes precedence.

**6.0 System Penalties**: • 0.1 in each mark for each illegal element • 0.1 in 1st mark for insufficient revs.

- 0.2 in 1st mark for each jump and/or spin element exceeding max.
- 0.1 in each mark for time violation
- 0.1 in 1st mark for step seq. not utilizing the ice as prescribed. 0.2 in 1st mark if a required element is omitted



**EVENT**: Solo Pattern Dance

- 1. Levels are based upon the skaters' highest pattern dance test passed.
- 2. A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
- 3. The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for their level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30<sup>th</sup> July 2<sup>nd</sup>), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the 2<sup>nd</sup> quarter).
- 4. Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

Level	January 1-		April 1	st _	July 1st -		Octob	October 1st –		
	March 3	31 <sup>st</sup>	June 3	O <sup>th</sup>	Septer	mber 30 <sup>th</sup>	Decer	nber 31st		
Preliminary	1.	Dutch Waltz	1.	Rhythm Blues	1.	Canasta	1.	Rhythm Blues		
, , , , , , , , , , , , , , , , , , , ,	2.	Canasta Tango	2.	Dutch Waltz		Tango	2	. Dutch Waltz		
					2.	Rhythm Blues				
Pre-bronze	1.	Swing	1.	Fiesta Tango	1.	Cha-Cha	1.	Swing		
	2.	Cha-Cha	2.	Swing	2.	Fiesta Tango	2.	Cha-Cha		
Bronze	1.	Hickory Hoedown	1.	Ten Fox	1.	Willow Waltz	1.	Hickory Hoedown		
	2.	Willow Waltz	2.	Hickory Hoedown	2.	Ten Fox	2.	Willow Watz		
Pre-silver	1.	Fourteenstep	1.	Foxtrot	1.	European	1.	Fourteenstep		
	2.	European Waltz	2.	Fourteenstep		Waltz	2.	European Waltz		
					2.	Foxtrot				
Silver	1.	American Waltz	1.	Rocker Foxtrot	1.	Silver Tango	1.	American Waltz		
	2.	Silver Tango	2.	American Waltz	2.	Rocker Foxtrot	2.	Silver Tango		
Pre-gold	1.	Killian	1.	Paso Doble	1.	Killian	1.	Paso Doble		
	2.	Blues	2.	Starlight Waltz	2.	Blues	2.	Starlight Watlz		
Gold	1.	Viennese Waltz	1.	Westminster	1.	Viennese Waltz	1.	Westminster		
<b>C</b> C.C.	2.	Argentine Tango		Waltz	2.	Argentine		Waltz		
		_	2.	Quickstep		Tanao	2.	Quickstep		



**EVENT**: Jumps Challenge

- 1. Each jump may be attempted twice; the best attempt will be counted.
- 2. Pre-juvenile and lower will be skated ½ ice; Juvenile senior will be skated on full ice
- 3. Jumps with an "\*" must be preceded with connecting steps (intermediate senior)

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ol> <li>Waltz jump (from backward crossovers)</li> <li>½ flip or ½ Lutz</li> <li>Single Salchow</li> </ol>
High Beginner	1:15 max.	<ol> <li>Waltz jump (from backward crossovers)</li> <li>Single Salchow</li> <li>Jump combination – waltz jump-toe loop</li> </ol>
No-Test	1:15 max.	<ol> <li>Single toe loop</li> <li>Single loop</li> <li>Jump combination – Any two ½ or single revolution jumps (no Axel)</li> </ol>
Pre – Preliminary	1:15 max.	<ol> <li>Single toe loop</li> <li>Single flip</li> <li>Jump combination - Any two ½ or single revolution jumps (no Axel)</li> </ol>
Preliminary	1:15 max.	<ol> <li>Single flip</li> <li>Single Lutz</li> <li>Jump combination – Any single jump + single loop (may be Axel)</li> </ol>
Pre – Juvenile	1:15 max.	<ol> <li>Single Axel</li> <li>Single or double jump</li> <li>Jump combination – single/single (no Axel)</li> </ol>
Juvenile & Open Juv.	1:15 max.	<ol> <li>Single Axel</li> <li>Double Salchow</li> <li>Jump combination – single/single or double/single (no Axel)</li> </ol>
Intermediate	1:30 max.	<ol> <li>Single Axel</li> <li>Double loop*</li> <li>Jump combination – double/single (no Axel)</li> </ol>
Novice	1:30 max.	Double loop     Double flip*     Jump combination – double/double (may be double Axel)
Junior	1:30 max.	<ol> <li>Choice of double or triple jump</li> <li>Double or triple flip*</li> <li>Jump combination – double/double (may be double Axel)</li> </ol>
Senior	1:30 max.	Choice of double or triple jump     Double or triple Lutz*     Jump combination – double/double or triple/double (may be double Axel)



**EVENT**: Spins Challenge

- 1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- 2. All events are skated on  $\frac{1}{2}$  ice.
- 3. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	<ol> <li>Upright one-foot spin (3)</li> <li>Upright two-foot spin (3)</li> <li>Sit spin (3)</li> </ol>
High Beginner	1:30 max.	<ol> <li>Upright one-foot spin (3)</li> <li>Upright two-foot spin (3)</li> <li>Sit spin (3)</li> </ol>
No-Test	1:30 max.	<ol> <li>Upright one-foot spin (3)</li> <li>Upright two-foot spin (3)</li> <li>Sit spin (3)</li> </ol>
Pre – Preliminary	1:30 max.	<ol> <li>Upright one-foot spin (3)</li> <li>Upright back scratch spin (3)</li> <li>Sit spin (3)</li> </ol>
Preliminary	1:30 max.	<ol> <li>Forward scratch to back scratch spin (3)</li> <li>Combination spin with no change of foot (4)</li> <li>Sit spin (3)</li> </ol>
Pre – Juvenile	1:30 max.	<ol> <li>Camel spin (3)</li> <li>Combination spin – camel to sit spin; no change of foot (6)</li> <li>Forward to backward scratch spin (3 per foot)</li> </ol>
Juvenile & Open Juv.	1:30 max.	<ol> <li>Sit spin (4)</li> <li>Combination spin – with change of foot; optional change of position (4 per foot)</li> <li>Girls – layback spin (4); Boys – camel spin (4)</li> </ol>
Intermediate	1:30 max.	<ol> <li>Flying camel spin (5)</li> <li>Sit spin to backward sit spin (4 per foot)</li> <li>Combination spin – change of foot &amp; change of position (4 per foot)</li> </ol>
Novice	1:30 max.	<ol> <li>Choice of camel, sit or layback spin (6)</li> <li>Camel spin to backward camel spin (4 per foot in position)</li> <li>Combination spin – change of foot &amp; two changes of position (2 per position &amp; 5 per foot)</li> </ol>
Junior	1:30 max.	<ol> <li>Flying sit spin or flying reverse sit spin (6)</li> <li>Solo spin of choice (6) – may not fly</li> <li>Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ol>
Senior	1:30 max.	<ol> <li>Flying spin of choice (6)</li> <li>Solo spin of choice (6) – may not fly</li> <li>Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ol>



**EVENT**: Moves in the field

- 1. Levels are based on the skaters' highest Moves in the field test passed.
- 2. A moves in the field competition event will consist of the skater performing two moves in the field patterns.
- 3. The patterns to be skated depend on which quarter of the year the competition is held. The skater will perform the two patterns listed for their level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30<sup>th</sup> July 2<sup>nd</sup>), the moves will be selected based on the start date of the competition listed in the announcement (in this example, the 2<sup>nd</sup> quarter).
- 4. Each skater will complete both of their required patterns consecutively in the order listed, pausing briefly in between.
- 5. The host club may choose to play background music, at a low volume, at their discretion.

Level	January 1-	April 1st –	July 1st -	October 1st –
	March 31st	June 30 <sup>th</sup>	September 30 <sup>th</sup>	December 31st
Pre-Preliminary	Forward perimeter stroking (1/2 rink only)     Basic consecutive edges (Forward outside & forward inside only)	1. Forward perimeter stroking (1/2 rink only). 2. Waltz eight (2 patterns/foot)	Basic consecutive edges (Backward outside & backward inside only).     Forward left & right spirals	Waltz eight     Forward left & right     spirals
Preliminary	Forward & backward crossovers     Forward power 3-turns	1. Forward &     backward crossovers     2. Consecutive outside     & inside spirals	Forward circle eight     Alternating forward 3-turns.	Forward circle eight     Forward power 3-turns.
Pre-Juvenile	Forward & backward perimeter stroking.     Forward outside and backward inside 3-turns.	Forward & backward power change of edge pulls.     Forward inside and backward outside 3-turns.	Five-step mohawk sequence.     Backward circle eight.	Forward outside-backward inside 3-turns.     Backward circle eight.
Juvenile	Forward power circle     Backward power 3- turns.	Backward power circle.     Forward double 3-turns.	Eight-step mohawk sequence.     Forward double 3-turns.	Forward & backward free skate cross strokes.     Backward power 3-turns.
Intermediate	Brackets in the field     Spiral sequence	Brackets in the field     Forward twizzles (right forward outside & right forward inside only)	Forward twizzles (left forward outside & left forward inside only).     Inside slide chasse pattern.	Backward double three-turns.     Brackets in the field
Novice	Inside 3-turns/rocker- choctaws     Twizzles (Backward outside only)	Forward & backward outside counters.     Twizzles (Backward inside only)	Forward & backward inside counters.     Forward inside & outside loops.	Backward rocker choctaw sequence     Forward inside & outside loops.
Junior	Forward & backward outside rockers     Backward loop pattern.	Forward & backward inside rockers     Choctaw sequence	Straight line step sequence.     Power pulls	Straight line step sequence     Backward loop pattern.
Senior	Sustained edge step     Serpentine step     sequence	Spiral sequence     Serpentine step     sequence	Backward outside     power double 3-turns to     power inside double     rockers.     Serpentine step     sequence	Backward inside     double 3-turns to power     double outside rockers     Serpentine step     sequence



**EVENT**: Step Sequences

- 1. Levels are based on the skaters' highest Moves in the Field test passed.
- 2. Music of skater's choice, including vocal music, not to exceed the maximum (less time is fine).
- 3. Skates perform two different step sequences of their choice; any shape or pattern is permitted; however, skaters must make it clear when their first step sequence ends, and their second begins.
- 4. Each of the step sequences must include the required steps and/or turns listed for each level.
- 5. Each step sequence may, and is encouraged to, include additional steps or turns.
- 6. Each step sequence must utilize the full ice surface.
- 7. Skaters are encouraged to focus on edge quality, clarity of turns, multi-directional and one-foot skating.

Level	Time	Required elements
Pre- Preliminary	1:00 max.	Each of the two step sequences must include: - Forward outside 3-turn - Inside mohawk - Demonstration of forward outside & forward inside edges
Preliminary	1:00 max.	Each of the two step sequences must include:  - At least two consecutive forward outside power 3-turns - Forward inside 3-turn - At least one set of alternating 3-turns (outside or inside)
Pre-Juvenile	1:00 max.	Each of the two step sequences must include:  1. Backward inside 3-turns on each foot  2. Backward outside 3-turns on each foot  3. At least 2 consecutive power pulls (backward or forward)
Juvenile & Open Juv.	1:30 max.	Each of the two step sequences must include:  1. Forward outside double 3 (either foot)  2. Forward inside double 3 (either foot)  3. At least 2 consecutive cross strokes (backward or forward)
Intermediate	1:30 max.	Each of the two step sequences must include:  1. Choice of backward double 3  2. At least 2 different brackets with clear entry & exit edges  3. Forward inside 1 ½ twizzle  4. Forward outside 1 ½ twizzle
Novice	2:00 max.	Each of the two step sequences must include:  1. At least 2 different counters with clear entry & exit edges  2. Forward outside & forward inside loop (either foot)  3. Backward outside double twizzle  4. Backward inside double twizzle
Junior	2:00 max.	Each of the two step sequences must include:  1. At least 2 different rockers with clear entry & exit edges 2. At least 2 different choctaws 3. Backward outside & backward inside loop (either foot) 4. A combination of at least 3 different turns done on one foot
Senior	2:00 max.	<ol> <li>Each of the two step sequences must include:         <ol> <li>At least 1 of each of the following turns: 3-turn, bracket, rocker, counter, choctaw, loop, and twizzle.</li> <li>A combination of at least 3 different turns, to be selected from counter, rocker, bracket, twizzle and loop, done on one foot.</li> </ol> </li> <li>An upper body movement. (Any movements of the arms, head and torso that have an effect on the balance of the main body core.)</li> </ol>
		Note: If necessary, skaters may combine items 1 & 2. For example, performing 3 different consecutive turns on one foot may also count towards the requirement of demonstrating all seven of the listed turns/steps.



# **EVENT**: Showcase Events – Interpretive Events

Format: Interpretive is a performance choreographed by the competitor, unaccompanied and unassisted, to music supplied by the competition committee / LOC. Programs should incorporate various elements of expressive movement and skating moves, to enhance the skater's interpretation of the music, rather than technical elements.

- The music will be played continuously during a 30-minute off-ice session in a room and twice during an on-ice warm-up prior to the performance.
  - o The room will be attended only by the adult monitor assigned to play the music and the competing skaters.
- After the warm up, skaters will go back to a room, with no music being played.
- Skaters will be brought to the ice when the previous skater finishes.
- All competitors in an event will interpret the same music.
- Props are permitted but must be brought into the room prior to listening to the music, and be taken to the ice only when the skater is called to perform. Props may not be prepositioned on the performance surface.

Current guidelines and procedures for nonqualifying showcase competitions can be found at <a href="https://www.usfigureskating.org">www.usfigureskating.org</a>, under "Programs" on the National Showcase page.

# **Interpretative Events and Levels:**

Except for Adult events, skaters must compete at the highest level for which they qualify

Level	Program Duration	Test Requirements (Freeskate or Free Dance)
Pre-juvenile and below	1:00 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Juvenile - novice	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Junior and senior	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
Teen and young adult	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.
All adult events	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline.



**EVENT**: Showcase Events – Dramatic Entertainment Events

### Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness.
- Props and scenery ARE permitted.

# General event parameters:

- 1. Level will be determined by the highest free skate or dance (solo or partnered) test passed, as listed in the table below. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 2. The determination of level will be based upon test requirement at the entry deadline.
- 3. Current guidelines and procedures for nonqualifying showcase competitions can be found at <a href="https://www.usfigureskating.org">www.usfigureskating.org</a>, under "Programs" on the National Showcase page.

### **Dramatic Entertainment Levels:**

Except for Adult events, skaters must compete at the highest level for which they qualify.

Event	Must meet requirements*  Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
No Test (does not qualify for National Showcase)	No Free Skate test passed	Pre-Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Pre-Preliminary (does not qualify for National Showcase)	Pre-Preliminary Free Skate	Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	3 and under	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max

Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance	2:40 max
Senior	Senior Free Skate OR Senior Free Dance		2:40 max



**EVENT**: Showcase Events – Light Entertainment Events

### Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery are permitted.

### General event parameters:

- 1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 2. The determination of level will be based upon test requirement at the entry deadline.
- 3. Current guidelines and procedures for nonqualifying showcase competitions can be found at <a href="https://www.usfigureskating.org">www.usfigureskating.org</a>, under "Programs" on the National Showcase page.

# **Light Entertainment Levels:**

Except for Adult events, skaters must compete at the highest level for which they qualify.

Event	Must meet requirements*  Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
No Test (does not qualify for National Showcase)	No Free Skate test passed	Pre-Preliminary Free Skate OR Any Free Dance	No age restriction	1:30 max
Pre-Preliminary (does not qualify for National Showcase)	Pre-Preliminary Free Skate	Preliminary Free Skate OR Any Free Dance	No age restriction	1:30 max
Preliminary	Pre Juvenile Free Skate OR Juvenile Free Dance		No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	3 and under	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate  OR  Intermediate Free Dance  Novice Free Skate  OR  Novice Free Dance		17 and under	2:10 max
Young Adult	Juvenile Free Skate OR OR Juvenile Free Dance  Novice Free Skate OR Novice Free Dance		18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance  Junior Free Skate OR Junior Free Dance			2:10 max

Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance	2:40 max
Senior	Senior Free Skate OR Senior Free Dance		2:40 max

# 2018 SKATEFEST ENTRY FORM

Name:	U.S. Figure Skating #
Date of Birth:	Sex:
Address:	
Email REQUIRED:	
Cell phone:	
Name of parent or guardian:	
Highest MITF test:	Highest free skate test:
Highest dance test:	Highest pairs test:
Home figure skating club:	
Coach name:	Coach U.S. Figure Skating#
Coach email:	Coach cell phone:
Additional Event \$ There is no charge for the third ar  Total: \$	 id subsequent events.
	st be postmarked no later than January 4, 2018 nil to: Claudia Saliba, 2914 Ellwood, Berkley 48072
ENTRY FEES ARE NOT REFUNDABLE AFTER Certification of Competitor: The Competitor and family holds the (NEFSC	THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELED.  titor is eligible to enter the events checked. It is agreed that the  John LIndell Ice Arena, Suburban Management) harmless from any the competition, and from any and all liability for damages to or loss of
Instructor/coach has verified that the sk	ater/team is entered in the correct level.
The Program Director/Club Officer has v	erified that the skater/team is in good standing.
Parent/Guardian Signature	Date
Competitor Signature	Date
Instructor/Coach Signature	Date
Program Director/Club Officer	Date

# SkateFest Events (Circle Event Entering)

### SPECIAL EVENTS

## **SOLO DANCE**

### FREE SKATE

# **Test Track**

Beginner
High Beginner
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile
Intermediate
Novice
Junior
Senior

# Free Skate

No- Test Pre-Preliminary Preliminary Pre-Juvenile

### **COMPULSORY**

No-Test
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile/Open Juv
Intermediate
Novice
Junior
Senior

# JUMPS Beginner

Beginner
High Beginner
No-Test
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile/Open Juv
Intermediate
Novice
Junior
Senior

### **SPINS**

Beginner
High Beginner
No-Test
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile/Open Juv
Intermediate
Novice
Junior
Senior

# **STEP SEQUENCES**

Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile/Open Juv
Intermediate
Novice
Junior
Senior

# **Moves in the Field**

Pre-Preliminary Preliminary Pre-Juvenile juvenile Intermediate Novice Junior Senior Preliminary Pre-Bronze Bronze Pre-Silver Silver Pre-Gold Gold

### **SHOWCASE**

# Lgt Entertainment

NoTest
Pre-Preliminary
Pre-Juvenile
Juvenile
Teen
Intermediate
Young Adult
Novice
Junior
Senior

# <u>Dramatic</u>

No Test
Pre-Preliminary
Pre-Juvenile
Juvenile
Teen
Intermediate
Young Adult
Novice
Junior
Senior

### Interpretive

Pre-Juv and Below Juv-Novice Junior-Senior Teen-Young Adult Adult

### **ADULT**

### **Adult Pairs**

Champ Master Pairs-Master Pairs-Adult Gold Adult Silver Pairs Adult Bronze Pairs Centennial Pairs

# **Adult Free Skate**

Champ Masters Jun-Sen/
Master Jun-Sen
Champ Masters Inter-Nov
Master Inter-Novice
Champ Gold/Adult Gold
Champ Silver-Adult Silver
Adult Bronze
Adult Pre-Bronze

# **Adult Compulsory**

Pre-Bronze
Bronze
Silver
Gold
Masters Inter-Nov
Master Jun-Sen

# 2017 SKATEFEST BASIC SKILLS ENTRY FORM

Name			Sex
Last	I	First	
Address	City _		Zip
Email Address REQUIRED			
Phone#	Birthdate_		
*U.S. Figure Skating number	Basic	Skills Class Passed	
Program/ClubAffiliation			
Director's/Instructor's Name			
\$45 for the first event, \$20 for the se	cond event. There is no c	harge for the third and	d subsequent events.
Total enclosed \$			
Please check the event(s) you are en	_		
Basic Elements (no music):	<u>!</u>	Basic Free Skate Progra	<mark>ım Event (music):</mark>
Snowplow Sam Basic 1	Basic 5	Snowplow Sam Basic 1	Basic 5
Basic 2	Basic 6	Basic 2	Basic 6
Basic 3		Basic 3	
Basic 4	Pre-Free Skate _	Basic 4	Pre-Free Skate
Free Skate 1	Free Skate 4	Free Skate 1	Free Skate 4
Free Skate 2	Free Skate 5	Free Skate 2	Free Skate 5
Free Skate 3	Free Skate 6	Free Skate 3	Free Skate 6
Beginner	High Beginner _	Beginner	High Beginner
The completed entry form, with Make checks payable to NEFSC			
ENTRY FEES ARE NOT REFUNDABLE			
•	e (NEFSC, John Lindell	Ice Arena, Suburbo	s checked. It is agreed that the an Management) harmless from an and all liability for damages to or los
Instructor/coach has verified th	at the skater/team is	entered in the corre	ect level.
The Program Director/Club Office	cer has verified that th	ne skater/team is in	good standing.
Parent/Guardian Signature	<b>.</b>		_ Date
Competitor Signature			
Dragues Diragtor/Club Off	•		Deta .