

Michigan High School Series

Dearborn		4:00 PM Monday, December 18, 2017		6	1	2	3	4	5	6	7	8
Event #	Time	Event	# Skaters	Allow this time	Cindy York	Colleen Bohunicky	Lynn Fox	William Lindsay	Sherri Redmond	Dorothy Tank	Kendra Wright	
	Begin	End	D5-1									
	4:00 PM	4:45 PM	Practice Ice		45							
	4:45 PM	5:00 PM	Resurface		15							
1	5:00 PM		Level A Jumps		5	R		3	4	5	6	7
2	5:00 PM		Level B Jumps		6	R	2		4	5	6	7
3	5:00 PM	5:33 PM	Level C Jumps		5	R	2	3		5	6	7
	5:33 PM	5:38 PM	Break - NO RESURFACE		5							
4	5:38 PM		Level A Moves		5	R	2	3	4		6	7
5	5:38 PM		Level B Moves		6	R	2	3	4	5		7
6	5:38 PM	6:34 PM	Level C Moves		5	R	2	3	4	5	6	
	6:34 PM	6:49 PM	Ice Make		15							
7	6:49 PM	6:49 PM	Level A Spins		5	R		3	4	5	6	7
8	6:49 PM	6:49 PM	Level B Spins		6	R	2		4	5	6	7
9	6:49 PM	7:24 PM	Level C Spins		5	R	2	3	4		6	7
Competition Ends												

Hosted by: **Divine Child**

Sanction: 26270

At this competition, for each discipline the first 4 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat. After all 4 teams have skated, they leave the ice and the next 5 enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as shown below.

Jumps: 1,2,3 / 4,5,6
 Moves: 2,3,1 / 5,6,4
 Spins: 3,1,2 / 6,4,5

Note these are in SKATING order

		A	B	C	
Divine Child	AC 1		X		1
West Bloomfield	ABC 2				2
Blue Water	B 3	X		X	3
GIC-DBN Combined	BC 4	X			4
Grosse Pointe Unified	ABC 5				5
Macomb United	AB 6			X	6
University Liggett	??? 7				7

Each team is permitted ONE reskated element per level, per competition.

rev 4; 12/3/2016

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

First Group

Jumps Element 1

Divine Child	AC
West Bloomfield	ABC
Blue Water	B

Jumps Element 2

West Bloomfield	ABC
Blue Water	B
Divine Child	AC

Jumps Element 3

Blue Water	B
Divine Child	AC
West Bloomfield	ABC

Jumps Element 4

Divine Child	AC
West Bloomfield	ABC
Blue Water	B

First Group

Moves Element 1

West Bloomfield	ABC
Blue Water	B
Divine Child	AC

Moves Element 2

Blue Water	B
Divine Child	AC
West Bloomfield	ABC

Moves Element 3

Divine Child	AC
West Bloomfield	ABC
Blue Water	B

Moves Element 4

West Bloomfield	ABC
Blue Water	B
Divine Child	AC

First Group

Spins Element 1

Blue Water	B
Divine Child	AC
West Bloomfield	ABC

Spins Element 2

Divine Child	AC
West Bloomfield	ABC
Blue Water	B

Spins Element 3

West Bloomfield	ABC
Blue Water	B
Divine Child	AC

Spins Element 4

Blue Water	B
Divine Child	AC
West Bloomfield	ABC

Second Group

Jumps Element 1

GIC-DBN Combined	BC
Grosse Point Unified	ABC
Macomb United	AB
University Liggett	???

Jumps Element 2

Grosse Point Unified	ABC
Macomb United	AB
University Liggett	???
GIC-DBN Combined	BC

Jumps Element 3

Macomb United	AB
University Liggett	???
GIC-DBN Combined	BC
Grosse Point Unified	ABC

Jumps Element 4

University Liggett	???
GIC-DBN Combined	BC
Grosse Point Unified	ABC
Macomb United	AB

Second Group

Moves Element 1

Grosse Point Unified	ABC
Macomb United	AB
University Liggett	???
GIC-DBN Combined	BC

Moves Element 2

Macomb United	AB
University Liggett	???
GIC-DBN Combined	BC
Grosse Point Unified	ABC

Moves Element 3

University Liggett	???
GIC-DBN Combined	BC
Grosse Point Unified	ABC
Macomb United	AB

Moves Element 4

GIC-DBN Combined	BC
Grosse Point Unified	ABC
Macomb United	AB
University Liggett	???

Second Group

Spins Element 1

Macomb United	AB
University Liggett	???
GIC-DBN Combined	BC
Grosse Point Unified	ABC

Spins Element 2

University Liggett	???
GIC-DBN Combined	BC
Grosse Point Unified	ABC
Macomb United	AB

Spins Element 3

GIC-DBN Combined	BC
Grosse Point Unified	ABC
Macomb United	AB
University Liggett	???

Spins Element 4

Grosse Point Unified	ABC
Macomb United	AB
University Liggett	???
GIC-DBN Combined	BC

Reskates Log

			A	B	C	
Divine Child	AC	1		X		1
West Bloomfield	ABC	2				2
Blue Water	B	3	X		X	3
GIC-DBN Combined	BC	4	X			4
Grosse Point Unified	ABC	5				5
Macomb United	AB	6			X	6
University Liggett	???	7				7