

Michigan High School Series

Birmingham		4:00 PM Monday, December 11, 2017		3								
Event #	Time	Event	# Skaters	Allow this time	1	2	3	4	5	6	7	8
	Begin	End	D1-1									
	4:00 PM	4:45 PM	Practice Ice		45							
	4:45 PM	5:00 PM	Resurface		15							
1	5:00 PM		Level A Jumps		7	R		3	4	5	6	7
2	5:00 PM		Level B Jumps		7	R	2		4	5	6	7
3	5:00 PM	5:44 PM	Level C Jumps		7	R	2	3		5	6	7
	5:44 PM	5:49 PM	Break - NO RESURFACE		5							
4	5:49 PM		Level A Moves		7	R	2	3	4		6	7
5	5:49 PM		Level B Moves		7	R	2	3	4	5		7
6	5:49 PM	7:02 PM	Level C Moves		7	R	2	3	4	5	6	
	7:02 PM	7:07 PM	Break - NO RESURFACE		5							
7	7:07 PM	7:07 PM	Level A Spins		7	R		3	4	5	6	7
8	7:07 PM	7:07 PM	Level B Spins		7	R	2		4	5	6	7
9	7:07 PM	7:53 PM	Level C Spins		7	R	2	3	4		6	7
Competition Ends												

Hosted by: **Birmingham**

Sanction: 26264

At this competition, for each discipline the first 4 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat. After all 4 teams have skated, they leave the ice and the next 5 enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as shown below.

Jumps: 1,2,3 / 4, 5,6,7
 Moves: 2,3,1 / 5,6,7,4
 Spins: 3,1,2 / 6,7,4,5

Note these are in SKATING order

	A	B	C	
Livonia ABC				1
Birmingham ABC				2
Plymouth-Canton ABC				3
United Farmington ABC				4
Novi ABC				5
Mercy ABC				6
Northville ABC				7

Each team is permitted ONE reskated element per level, per competition.

rev 4; 12/3/2016

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

First Group

Jumps Element 1

Livonia	ABC.
Birmingham	ABC
Plymouth-Canton	ABC

Jumps Element 2

Birmingham	ABC
Plymouth-Canton	ABC
Livonia	ABC.

Jumps Element 3

Plymouth-Canton	ABC
Livonia	ABC.
Birmingham	ABC

Jumps Element 4

Livonia	ABC.
Birmingham	ABC
Plymouth-Canton	ABC

First Group

Moves Element 1

Birmingham	ABC
Plymouth-Canton	ABC
Livonia	ABC.

Moves Element 2

Plymouth-Canton	ABC
Livonia	ABC.
Birmingham	ABC

Moves Element 3

Livonia	ABC.
Birmingham	ABC
Plymouth-Canton	ABC

Moves Element 4

Birmingham	ABC
Plymouth-Canton	ABC
Livonia	ABC.

First Group

Spins Element 1

Plymouth-Canton	ABC
Livonia	ABC.
Birmingham	ABC

Spins Element 2

Livonia	ABC.
Birmingham	ABC
Plymouth-Canton	ABC

Spins Element 3

Birmingham	ABC
Plymouth-Canton	ABC
Livonia	ABC.

Spins Element 4

Plymouth-Canton	ABC
Livonia	ABC.
Birmingham	ABC

Second Group

Jumps Element 1

United Farmington	ABC
Novi	ABC
Mercy	ABC
Northville	ABC

Jumps Element 2

Novi	ABC
Mercy	ABC
Northville	ABC
United Farmington	ABC

Jumps Element 3

Mercy	ABC
Northville	ABC
United Farmington	ABC
Novi	ABC

Jumps Element 4

Northville	ABC
United Farmington	ABC
Novi	ABC
Mercy	ABC

Second Group

Moves Element 1

Novi	ABC
Mercy	ABC
Northville	ABC
United Farmington	ABC

Moves Element 2

Mercy	ABC
Northville	ABC
United Farmington	ABC
Novi	ABC

Moves Element 3

Northville	ABC
United Farmington	ABC
Novi	ABC
Mercy	ABC

Moves Element 4

United Farmington	ABC
Novi	ABC
Mercy	ABC
Northville	ABC

Second Group

Spins Element 1

Mercy	ABC
Northville	ABC
United Farmington	ABC
Novi	ABC

Spins Element 2

Northville	ABC
United Farmington	ABC
Novi	ABC
Mercy	ABC

Spins Element 3

United Farmington	ABC
Novi	ABC
Mercy	ABC
Northville	ABC

Spins Element 4

Novi	ABC
Mercy	ABC
Northville	ABC
United Farmington	ABC

Reskates Log

	A	B	C
Livonia ABC. 1			1
Birmingham ABC 2			2
Plymouth-Canton ABC 3			3
United Farmington ABC 4			4
Novi ABC 5			5
Mercy ABC 6			6
Northville ABC 7			7