Black Hills Skating Academy

Presents The 12th Annual





February 18th, 2017
At the Roosevelt Park Ice Arena
235 Waterloo St.
Rapid City, South Dakota 57701

Competition Chair Samantha Ormesher (605) 209-5329 <u>samantha.ormesherlts@gmail.com</u>

*Entry deadline is January 16th, 2017

Competition Information

ENDORSEMENT: The Black Hills Gold Rush Competition is a Learn to Skate USA approved Basic Skills Competition hosted by the Black Hills Skating Academy. The purpose of this Basic Skills competition is to promote a FUN, introductory, competitive experience for the beginning skater.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program and those who are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with Learn to Skate USA or a member club. There will be no more than six competitors maximum in an event and all six should receive an award.

Eligibility and Test Requirements:

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-6 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed, including Moves in the Field or individual dances.

For the Pre-free skate, free skate 1-6, test track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the Local Organizing Committee discovers that a skater has been placed in a category that is below his/her class level, the chairman and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors. Please be sure to check for the director/instructor's signature confirming the level of the skater.

6.0 Judging to be used for all events!

REGISTRATION: The registration desk is located in the lobby and will be open during competition events. Skaters are required to check in between 8:00AM and 9:00 AM on February 18th. Schedules will be sent out in e-mail as soon as they are available. Any late changes in the schedule will be posted in the registration area and shall be considered sufficient notice to all participants.

PRACTICE ICE: Practice ice will be available on Friday, February 17th for out of town competitors at 5:00 PM and on Saturday morning before the competition. **Practice ice** will be available at a charge of **\$6 per person per session**. Practice ice must be purchased in advance with registration. There will be a 4 minute warm-up before each event.

AWARDS: Medals will be given for first through sixth place in every event, in the award reception area. All awards will be distributed immediately following the final result posting of each event.

MUSIC: CD is the required form of music and MUST be turned in at the time of registration. No CD –RW's. Please be sure they are properly labeled with your name and event. CDs should have no more than a three second lead-in. A SPARE CD MUST ALSO BE AVAILABLE FOR USE DURING PRACTICE SESSIONS AND AS A BACK-UP DURING COMPETITION. CDs must contain only one piece of music. The music committee will take every precaution to safeguard CDs but will not be responsible for music forgotten after practice ice or after the event. If music is left after the event, it will be held for two weeks and then discarded. Please contact Samantha Ormesher by email at samantha.ormesherlts@gmail.com or by phone at (605) 290-5329 to make arrangements for return of music.

ENTRY FEES: First Event \$30.00, Additional Events (per event) \$15.00

LATE FEE: If registration is received after January 16, there will be a \$35 late fee. Registrations will no longer be accepted after February 1, 2017.

*Entry deadline is January 16th, 2017



EVENT: Basic Elements: SNOWPLOW SAM - BASIC 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the <u>order listed below</u> (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- All elements must be skated in the order listed.

Level	Time	Skating rules/standards	
		March followed by a two-foot glide and dip	
Snowplow	1:00 max.	 Forward two-foot swizzles, 2-3 in a row 	
Sam		 Forward snowplow stop 	
		Backward wiggles, 2-6 in a row	
		Forward two-foot glide and dip	
Basic 1	1:00 max.	 Forward two-foot swizzles, 6-8 in a row 	
		 Beginning snowplow stop on two-feet or one-foot 	
		Backward wiggles, 6-8 in a row	
		Forward one-foot glide, either foot	
Basic 2	1:00 max.	 Scooter pushes, right and left foot, 2-3 each foot 	
		Moving snowplow stop	
		Two-foot turn in place, forward to backward	
		Backward two-foot swizzles, 6-8 in a row	
		Beginning forward stroking showing correct use of blade	
Basic 3	1:00 max.	 Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 	
		consecutive	
		Forward slalom	
		Beginning backward one-foot glide, either foot	
		 Moving forward to backward two-foot turn on a circle 	
		Backward one-foot glides, right and left	
Basic 4	1:00 max.	 Forward outside edge on a circle, clockwise or counter clockwise 	
		 Forward crossovers, 4-6 consecutive, both directions 	
		Beginning two-foot spin, 2-4 revolutions	
		Backward ½ swizzle pumps on a circle, one direction only	
		Backward outside edge on a circle, clockwise or counterclockwise	
		 Backward crossovers, 4-6 consecutive, both directions 	
Basic 5	1:00 max.	 Advanced two-foot spin, 4-6 revolutions 	
		 Forward outside three-turn, right and left 	
		Hockey stop	
		Forward inside three-turn, right and left	
Basic 6	1:00 max.	Bunny Hop	
		 Forward spiral on a straight line, right or left 	
		 Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry 	
		T-stop, right or left	



EVENT: Basic Program: SNOWPLOW SAM - BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards	
		March followed by a two-foot glide and dip	
Snowplow	1:10 max.	Forward two-foot swizzles, 2-3 in a row	
Sam		Forward snowplow stop	
		Backward wiggles, 2-6 in a row	
		Forward two-foot glide and dip	
Basic 1	1:10 max.	Forward two-foot swizzles, 6-8 in a row	
		 Beginning snowplow stop on two-feet or one-foot 	
		Backward wiggles, 6-8 in a row	
		Forward one-foot glide, either foot	
Basic 2	1:10 max.	 Scooter pushes, right and left foot, 2-3 each foot 	
		Moving snowplow stop	
		Two-foot turn in place, forward to backward	
		Backward two-foot swizzles, 6-8 in a row	
		Beginning forward stroking showing correct use of blade	
Basic 3	1:10 max.	 Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 	
		consecutive	
		Forward slalom	
		Beginning backward one-foot glide, either foot	
		Moving forward to backward two-foot turn on a circle	
		Backward one-foot glides, right and left	
Basic 4	1:10 max.	Forward outside edge on a circle, clockwise or counter clockwise	
		 Forward crossovers, 4-6 consecutive, both directions 	
		 Beginning two-foot spin, 2-4 revolutions 	
		Backward ½ swizzle pumps on a circle, one direction only	
		Backward outside edge on a circle, clockwise or counterclockwise	
	1:10 max.	 Backward crossovers, 4-6 consecutive, both directions 	
Basic 5		 Advanced two-foot spin, 4-6 revolutions 	
		 Forward outside three-turn, right and left 	
		Hockey stop	
		Forward inside three-turn, right and left	
Basic 6	1:10 max.	Bunny Hop	
		Forward spiral on a straight line, right or left	
		 Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry 	
		T-stop, right or left	



EVENT: Pre-Free Skate – Free Skate 6 Compulsory

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max.	 Forward inside open Mohawk from a standstill position (R to L and L to R) Two forward crossovers into a forward inside Mohawk, step down and cross
Pre-Free Skale	1:15 max.	behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise
		One-foot upright spin, optional entry and free-foot position (minimum three)
		revolutions
		Mazurka
		Waltz jump
		Forward power stroking, 4-6 consecutive strokes
Free Skate 1	1:15 max.	Backward outside three-turns, right and left
		Upright spin, entry from backward crossovers - minimum 4-6 revolutions
		Toe loop
		Half flip jump
Free Skate 2	1:15 max.	Alternating forward outside and inside spirals on a continuous axis (2 sets) Parlament isside these types sight and left.
riee skale 2	1.15 IIIax.	Backward inside three-turns, right and left Backward inside three-turns resolutions
		Beginning back spin, up to two revolutions Half Lutz
		Salchow jump
		Alternating Mohawk/crossover sequence, right to left and left to right
Free Skate 3	1:15 max.	Waltz three-turns, clockwise and counterclockwise
		Advanced back spin with free foot in crossed leg position, min 3 revs
		Loop jump
		Waltz jump/toe loop or Salchow/toe loop jump combination
		Forward power 3's, 2-3 consecutive sets, right or left
Free Skate 4	1:15 max.	Sit spin - minimum three revolutions
		Half loop jump
		Flip jump
		Backward outside three-turn, Mohawk (backward power three-turn), both
Free Skate 5	1:15 max.	directions
		Camel spin - minimum three revolutions
		Waltz jump-loop jump combination
		Lutz jump
Fron Skata 6	1.15 may	Forward power pulls, right and left
Free Skate 6	1:15 max.	Split jump or stag jump
		Camel, sit spin combination - minimum of four revolutions total Walte in the Calebrate in the Calebrat
		Waltz jump, ½ loop, Salchow jump sequence Avol jump
		Axel jump



EVENT: Pre-Free Skate – Free Skate 6 Program

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max.	Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise
		 One-foot upright spin, optional entry and free-foot position (minimum three revolutions
		Mazurka
		Waltz jump
		 Forward power stroking, 4-6 consecutive strokes
Free Skate 1	1:40 max.	 Upright spin, entry from backward crossovers - minimum 4-6 revolutions
		Toe loop jump
		Half flip jump
		 Alternating forward outside and inside spirals on a continuous axis (2 sets)
Free Skate 2	1:40 max.	Beginning back spin, up to two revolutions
		Half Lutz
		Salchow jump
		 Alternating Mohawk/crossover sequence, right to left and left to right
Free Skate 3	1:40 max.	 Advanced back spin with free foot in crossed leg position, min 3 revs
		Loop jump
		Waltz jump-toe loop or Salchow-toe loop jump combination
		 Forward power 3's, 2-3 consecutive sets, right or left
Free Skate 4	1:40 max.	Sit spin - minimum three revolutions
		Half Loop jump
		Flip jump
		Backward outside three-turn, Mohawk (backward power three-turn), both
Free Skate 5	1:40 max.	directions
		Camel spin - minimum three revolutions
		Waltz-loop jump combination
		Lutz jump
5 Cl + C	1.40	Split jump or stag jump
Free Skate 6	1:40 max.	Camel, sit spin combination - minimum of four revolutions total
		Waltz jump, ½ loop, Salchow jump sequence
		Axel jump



EVENT: Introductory Levels Compulsory

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards	
		Waltz jump	
Beginner	1:15 max.	• ½ jump of choice	
		Forward two-foot or one-foot spin - minimum three revolutions (free leg	
		position optional)	
		Forward or backward spiral	
		Toe loop jump	
High Beginner	1:15 max.	Salchow jump	
		Forward scratch spin - minimum three revolutions	
		Forward or backward spiral	



Compete USA Competitions

EVENT: Introductory Levels Free Skate Program

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump 	Max. 2 spins: Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump. 	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests



EVENT: COMPULSORY MOVES

- Elements skated on ½ ice
- Elements may be performed only once
- Music is not allowed

Level	Time	Skating rules/standards	
		Loop jump	
No-Test	1:15 max.	 Jump combination to include a toe loop (may not use a loop or Axel) 	
		 Solo spin - sit <u>or</u> camel spin - minimum three revolutions 	
		 Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included. 	
		Toe Loop jump	
Pre-Preliminary	1:15 max.	Jump combination: single/single (no Axel)	
		Sit spin or camel spin - minimum three revolutions	
		Spiral sequence with one forward spiral and one backward spiral (any edge)	
		Lutz jump	
Preliminary	1:15 max.	Jump combination: single/single (may include Axel)	
		Back upright spin - minimum three revolutions	
		Forward inside spiral	



EVENT: WELL BALANCED PROGRAM FREE SKATE

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

Level	Time	Jumps	Spins	Step Sequences
No-Test	1:40 Maximum	 Max. 5 jump elements: Single jumps, with the exception of the single Axel, are allowed No single Axels, double jumps or triple jumps Maximum of 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted Jump sequences limited to a maximum of 3 single jumps Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination 	Max. 2 spins: Spins may change feet and/or position Spins may start with a fly Minimum 3 revs. spins must be of a different character (For definition see rule 4103E)	Step sequence* Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the step sequence
Pre- Preliminary	1:40 Maximum Vocal music permitted	 Maximum of 5 jump elements: All single jumps, including single Axel, allowed No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump, as part of a jump combination or jump sequence. (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max. 2 jump combinations or sequences Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 3 jumps is permitted. Jump sequences limited to a maximum of 3 single jumps ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination 	Maximum of 2 spins: Spins may change feet and/or position. Spins may start with a fly. Minimum of 3 revolutions These spins must be of a different character (For definition see Rule 4103 (E)	One step sequenced that must use ½ of the ice surface. Moves in the field and spiral sequences are permitted, but will not count as elements Jumps may be included in the step sequence
Preliminary	1:40 Maximum Vocal music permitted	 Maximum of 5 jump elements: One must be an Axel or Waltz-jump type jump All single jumps, including single Axel, allowed. Only 2 different jumps may be attempted (limited to double Salchow, double toe loop and double loop) Double flip, double Lutz, double Axel, triple or quadruple jumps are not allowed An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of jump combinations or jump sequences Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or sequences Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted. Jump sequences limited to a maximum of 3 single or double jumps ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination 	Maximum of 2 spins: Spins may change feet and/or position. Spins may start with a fly. Minimum of 3 revolutions These spins must be of a different character (For definition see Rule 4103 (E)	One step sequenced that must use ½ of the ice surface. Moves in the field and spiral sequences are permitted, but will not count as elements Jumps may be included in the step sequence



EVENT: Test Track Free Skate

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- The following deductions will be taken:
- 0.1 from each mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element included.
- 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 max.	Maximum of 5 jump elements:	Maximum of 2 spins: • Two spins of a different nature, one position only. No change of foot, no flying entry (Minimum 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre- preliminary free skate test.
Preliminary 1:40 max.	Maximum of 5 jump elements:	 Maximum of 2 spins: One spin in one position; no change of foot, no flying entry. (Minimum 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test, but may not have passed tests higher than the preliminary free skate test.



Compete USA Competitions Suggested Additional Events

ADULT EVENTS: This event can be used as a Compulsory or Program Event Adult 1-6 Free Skate, Pre-Bronze and Bronze:

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from
 previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec unless otherwise noted

Adult 1		Adult 4
•	Falling and Recovery	Forward outside edge on a circle, right and left
•	Forward Marching	 Forward inside edge on a circle, right and left
•	Forward two-foot glide	Forward crossovers, clockwise and counterclockwise
•	Forward swizzle (4-6 in a row)	Backward one-foot glides, right and left
•	Forward snowplow stop – two feet or one foot	Hockey stop, both directions
Adult 2		Adult 5
•	Forward skating across the width of the ice	Backward outside edge on a circle, right and left
•	Forward one-foot glides	Backward inside edge on a circle, right and left
•	Forward slalom	Backward crossovers, clockwise and
•	Backward skating	counterclockwise
•	Backward swizzles, 4-6 in a row	 Forward outside three-turn, right and left
		Beginning two-foot spin
Adult 3		Adult 6
•	Forward stroking using the blade properly	 Forward stroking with crossover end patterns
•	Forward half-swizzle pumps on the circle, 6 to 8 in	 Backward stroking with crossover end patterns
	a row, clockwise and counterclockwise	 Forward inside three-turn, right and left
•	Backward skating to a long two-foot glide	T-stop
•	Forward chasses on a circle, clockwise and	 Lunge
	counterclockwise	Two-foot spin into one-foot spin
•	Backward snowplow stop, Right and Left	
Adult Pr	re-Bronze: Must have passed no higher than adult	Adult Bronze: Must have passed no higher than adult bronze
pre-bror	nze free skate test or pre-preliminary free skate test.	free skate test or the preliminary free skate test.
Time: 1:	40 maximum	Time: 1:50 maximum
Refer to	the current U.S. Figure Skating Rulebook #4600 for	Refer to the current U.S. Figure Skating Rulebook #4590 for
specific i	requirements.	specific requirements.



Compete USA Competitions Suggested Additional Events

SHOWCASE EVENTS:

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on www.usfigureskating.org.

Showcase categories may include:

- Levels can be subdivided, if necessary, depending on entry numbers and event set up
- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Beginner/High Beginner/ Adult 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.
No Test/ Pre-Preliminary/ Adult Pre-Bronze	3 jump maximum. No Axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre- Bronze free skate test.	Time: 1:30 max.
Preliminary/ Adult Bronze	3 jump maximum. Axels are permitted, but no double jumps allowed.	Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze test.	Time: 1:40 max.



Compete USA Competitions Suggested Additional Events

INTERPRETIVE PROGRAM:

Competition Format

The Organizing Committee must pre-select and edit musical choices appropriate for these events. During the warm-up, skaters will hear the selection of music twice. Following the warm-up, all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs, the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

Levels:

Levels should be broken by ability with ages divided appropriately.

Judging Rules:

Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression. Spins and jumps performed must be appropriate to competition level.

Time:

Music Duration: Pre-Free Skate - No Test: 1:00 Max

Pre-Preliminary - Preliminary: 1:00 Max

Coaching: There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.



Compete USA Competitions Suggested Additional Events

EVENT: Spins Challenge

General event parameters:

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
High Beginner	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
No Test	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
Pre – Preliminary	1:30 max.	 Upright one-foot spin (3) Upright back-scratch spin (3) Sit spin (3)
Preliminary	1:30 max.	 Forward scratch to back scratch spin (3) Combination spin with no change of foot (4) Sit spin (3)



Compete USA Competitions Suggested Additional Events

EVENT: Jumps Challenge

- Each jump may be attempted twice; the best attempt will be counted.
- To be skated on ½ ice

To be skated on 72 ite				
Level	Time	Skating rules / standards		
		Waltz jump (from backward crossovers)		
Beginner	1:15 max.	2. ½ flip or ½ Lutz		
		3. Single Salchow		
		Waltz jump (from backward crossovers)		
High Beginner	1:15 max.	2. Single Salchow		
		3. Jump combination – Waltz jump-toe loop		
		1. Single toe loop		
No Test	1:15 max.	2. Single loop		
		3. Jump combination – Any two ½ or single revolution jumps (no Axel)		
		1. Single toe loop		
Pre –	1:15 max.	2. Single flip		
Preliminary		3. Jump combination - Any two ½ or single revolution jumps (no Axel)		
		1. Single flip		
Preliminary	1:15 max.	2. Single Lutz		
		3. Jump combination – Any single jump + single loop (may be Axel)		

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Compete USA Competitions

EVENT: SPECIAL OLYMPICS BADGE PROGRAM

Competition hosts can use the skills listed below to create either an elements event or program event for Special Olympics competitors. If doing a program, music can be used and will be 1:10 max.

Badge 1

- A. Stand unassisted for five seconds
- B. Sit on ice or fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

Badge 2

- A. March forward ten steps unassisted
- **B.** Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- Two foot glide forward for distance of at least length of body

Badge 3

- A. Backward wiggle or march
- **B.** Five forward swizzles covering at least ten feet
- C. Forward skating across the rink
- D. Forward gliding dip covering at least length of body: left and right

Badge 4

- Backward two-foot glide covering at least length of body
- **B.** Two foot jump in place
- C. One foot snowplow stop: left and right
- D. Forward one foot glide covering at least length of body: left and right

Badge 5

- **A.** Forward stroking across rink
- **B.** Five backward swizzles covering at least ten feet
- **C.** Forward two-foot curves left and right across rink
- **D.** Two-foot turn front to back, on the spot

Badge 6

- **A.** Gliding forward to backward two-foot turn
- **B.** Five consecutive forward one-foot swizzles on circle: left and right
- C. Backward one foot glide length of body: left and right
- D. Forward pivot

Badge 7

- A. Backward stroking across the rink
- **B.** Gliding backward to forward two-foot turn
- **C.** T-stop left or right
- **D.** Forward two foot turn on a circle: left and right

Badge 8

- **A.** Five consecutive forward crossovers: left and right
- B. Forward outside edge: left and right
- C. Five consecutive backward ½ swizzles on a circle: left and right
- D. Two-foot spin

Badge 9

- A. Forward outside 3 turn: left and right
- B. Forward inside edge: left and right
- C. Forward lunge or shoot the duck at any depth
- D. Bunny hop

Badge 10

- **A.** Forward inside three-turn: left and right
- **B.** Five consecutive backward crossovers: left and right
- C. Hockey stop
- **D.** Forward spiral three times length of body

Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: left and right
- Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

Badge 12

- A. Waltz jump
- **B.** One foot spin: minimum of three revolutions
- **C.** Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- D. Combination of three moves chosen from badges 9-12

LEARN TO

Compete USA Competitions

EVENT: THERAPEUTIC SKATING BADGE PROGRAM

Competition hosts can use the skills listed below to create either a elements or program event for Special Olympics competitors. If doing a program, music can be used and will be 1:10 max.

Therapeutic 2 - ON ICE

- A. Stand on ice
- B. Fall and stand up
- C. Knee dip in place
- D. March forward 10 steps

Therapeutic 3

- A. Three swizzles standing still
- B. March forward 10 steps
- C. Forward two-foot glide
- D. Backward wiggle and march assisted

Therapeutic 4

- A. Backward wiggle or march
- B. Five forward swizzles
- C. Forward skating
- D. Forward gliding dip

Therapeutic 5

- A. Backward two-foot glide
- B. Two-foot jump in place
- C. One-foot snowplow stop, R or L
- D. Forward one-foot glide

Therapeutic 6

- A. Forward stroking across the rink
- B. Five backward swizzles
- C. forward two-foot curves
- D. Two-foot turn front to back standing still

Therapeutic 7

- A. Gliding forward to backward two-foot turn
- B. Five forward one-foot swizzles, R or L
- C. Backward one-foot glide, R or L
- D. Forward pivot

Therapeutic 8

- A. Backward stroking across the rink
- B. Gliding backward to forward two-foot turn
- C. T-stop R or L
- D. Forward two-foot turn on a circle, R and L

Therapeutic 9

- A. Forward outside edge on a circle
- B. Forward inside edge on a circle
- C. Five forward crossovers
- D. Five backward half swizzles, R or L

Therapeutic 10

- A. Forward outside three-turn, R and L
- B. Forward lunge or shoot the duck
- C. Back outside edge on a circle, R and L
- D. Back inside edge on a circle, R and L

Therapeutic 11

- A. Forward inside three-turn, R and L
- B. Five backward crossovers, R and L
- C. Hockey stop
- D. Two-foot spin

Therapeutic 12

- A. Two forward outside edges
- B. Two forward inside edges
- C. Forward Mohawk, R and L
- D. Forward spiral

Therapeutic 13

- A. Backward outside edges
- B. Two backward inside edges
- C. Two-foot to one-foot spin
- D. Side toe hop, R or L

Therapeutic 14

- A. One-foot spin
- B. Forward crossover inside Mohawk backward crossover
- step forward
- C. Backward crossovers to a back outside edge
- D. Waltz jump from a standing or moving position

ENTRY FORM Black Hills Gold Rush 2017

Basic Skills Competition

Name (Last, First) _______ Age_____ Sex ____

Address				City					
	StateZipF		<u>Email</u>						
	Area Code/Phone #		Email USFS/Basic Skills # Last USFS Level Passed Phone #						
	Current Skating Level		Last LISES Level Passed						
	Home Rink		Coach's name				one ±	 	
	Coach's Email		<u> </u>	boden 3 name		'' ' '	TOTIC H		
	COacii S Eiliaii							_	
	Please check the event(s) you are entering:								
9	Snowplow Sam	Bas	ic 1	Basic 2		Basic 3		Basi	ic 4
	Elements		Elements		Elements		Elements		Elements
	Program with music		Program with music		Program with music		Program with music		Program with music
			Dramatic Showcase		Dramatic Showcase		Dramatic Showcase		Dramatic Showcase
			Light Ent. Showcase		Light Ent. Showcase		Light Ent. Showcase		Light Ent. Showcase
			Interpretive		Interpretive		Interpretive		Interpretive
Doo	ic 5	☐ Baa	Duet Showcase ic 6		Duet Showcase Pre-freskeate		Duet Showcase Freeskate 1		Duet Showcase
Das	Elements	Das	Elements		Elements		Compulsories		Freeskate 2 Compulsories
	Program with music		Program with music		Program with music		Program with music		Program with music
	Dramatic Showcase		Dramatic Showcase		Dramatic Showcase		Dramatic Showcase		Dramatic Showcase
	Light Ent. Showcase		Light Ent. Showcase		Light Ent. Showcase		Light Ent. Showcase		Light Ent. Showcase
	Interpretive		Interpretive		Interpretive		Interpretive		Interpretive
	Duet Showcase		Duet Showcase		Duet Showcase		Duet Showcase		Duet Showcase
	Free skate 3		Free skate 4		Free skate 5		Free skate 6		Daginary
	Compulsories		Compulsories		Compulsories		Compulsories		Beginner Compulsories
	Program with music		Program with music		Program with music		Program with music		FS Program (Test track)
	Dramatic Showcase		Dramatic Showcase		Dramatic Showcase		Dramatic Showcase		Spin Challenge
	Light Ent. Showcase		Light Ent. Showcase		Light Ent. Showcase		Light Ent. Showcase		Jump Challenge
	Interpretive		Interpretive		Interpretive		Interpretive		samp smannen.go
	Duet Showcase		Duet Showcase		Duet Showcase		Duet Showcase		
	High Beginner		No Test		Pre-preliminary		Preliminary		Special Olympics 1
	Compulsories		Compulsories		Compulsories		Compulsories		Elements
	FS Program (Test		Test Track		Test track FS program		Test track program		Program with music
	track)		FS Program		Limited FS program		FS program		
	Spins		Dramatic Showcase Light Ent. Showcase		FS Program		Dramatic Showcase		
	Dramatic Showcase Light Ent. Showcase		Interpretive		Dramatic Showcase Light Ent. Showcase		Light Ent. Showcase Interpretive		
	Interpretive		Duet Showcase		Interpretive		Duet Showcase		
	Duet Showcase		Spin Challenge		Duet Showcase		Spin Challenge		
	Spin Challenge		Jump Challenge		Spin Challenge		Jump Challenge		
	Jump Challenge				Jump Challenge				
	Special Olympics 2		Special Olympics 3		Special Olympics 4		Special Olympics 5	_	Special Olympics 6
	Elements Program with music		Elements Program with music		Elements Program with music		Elements Program with music		Elements Program with music
Ш	Program with music		Program with music		Program with music		Program with music		Program with music
	Special Olympics 7	Special Olympics 9		Special Olympics 9		Special Olympics 10			Special Olympics 11
	Special Olympics 7		Special Olympics 8			Special Olympics 10		Special Olympics 11	
	Elements		Elements		Elements		Elements		Elements
	Program with music		Program with music		Program with music		Program with music		Program with music

Special Olympics 12	Therapeutic 2	Therapeutic 3	Therapeutic 4	Therapeutic 5		
☐ Elements ☐ Program with music	☐ Elements ☐ Program with music	☐ Elements ☐ Program with music	☐ Elements ☐ Program with music	☐ Elements ☐ Program with music		
Therapeutic 6	Therapeutic 7	Therapeutic 8	Therapeutic 9	Therapeutic 10		
☐ Elements ☐ Program with music	☐ Elements ☐ Program with music	☐ Elements ☐ Program with music	☐ Elements ☐ Program with music	☐ Elements ☐ Program with music		
Therapeutic 11	Therapeutic 12	Therapeutic 13	Therapeutic 14	Adult 1		
☐ Elements ☐ Program with music	☐ Elements ☐ Program with music	☐ Elements ☐ Program with music	☐ Elements ☐ Program with music	☐ Compulsories ☐ Program with music ☐ Dramatic Showcase ☐ Light Ent. Showcase ☐ Interpretive ☐ Duet Showcase		
Adult 2	Adult 3	Adult 4	Adult 5	Adult 6		
Compulsories Program with music Dramatic Showcase Light Ent. Showcase Interpretive Duet Showcase	Compulsories Program with music Dramatic Showcase Light Ent. Showcase Interpretive Duet Showcase	□ Compulsories □ Program with music □ Dramatic Showcase □ Light Ent. Showcase □ Interpretive □ Duet Showcase	□ Compulsories □ Program with music □ Dramatic Showcase □ Light Ent. Showcase □ Interpretive □ Duet Showcase	Compulsories Program with music Dramatic Showcase Light Ent. Showcase Interpretive Duet Showcase		
Adult Pre-Bronze	Adult Bronze	Duet Showcase	<u> </u>	•		
Compulsories Program with music Dramatic Showcase Light Ent. Showcase Interpretive Duet Showcase	Compulsories Program with music Dramatic Showcase Light Ent. Showcase Interpretive Duet Showcase	. Partner name & Level				
Skater's name First Event \$ Additional Event \$ LTS USA Basic skills Late Fee (\$35) - if r Practice ice (\$6 pe Total: \$	30.00 (15 x numb membership \$ eceived after January 16 r session) \$	(\$13.50 only if you n 5	eed to register with Black	: Hills Skating Academy)		
Credit Card Name:	The completed entry form, with fees, must be postmarked no later than January 16, 2017. Credit Card Name:expexpexp.					
CVC (3dig	Credit Card Name:exp					

Make check or money order payable to the City of Rapid City and mail to:

Roosevelt Park Ice Arena Black Hills Gold Rush 235 Waterloo St. Rapid City, SD 57701

For additional information call Samantha Ormesher (605) 209-5329 or email samantha.ormesherlts@gmail.com

IMPORTANT---ENTRY FEES ARE **NOT** REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS THE EVENT IS CANCELED BY THE CITY OF RAPID CITY.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor holds the Black Hills Skating Academy, The Roosevelt Park Ice Arena and the City of Rapid City harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature	Date				
*Instructor Signature (Coach certifies that his/her student is competing at the correct level and has not passed any Pre Juvenile Free skate tests).					
Coach:	Date				
*Program Director/Club Officer	Date				
COMPETITOR SIGNATURE	Date				

BHGR 2017 COMPETITION PROGRAM ADVERTISING ORDER FORM

-- DEADLINE Feb 1st, 2017 --

Name	
Address	
City/State/Zip	
Phone	
E-Mail Address	
SKATER'S AD - only \$5 Please follow this 3 step process to create your STEP 1: Write Skater's Name as you want it to	o appear in the ad:
STEP 2: Select a Message	
Good Luck!	
② Have Fun!	
🛚 Skate Great!	
Write your own using line below	
Write your own using line below	

Please mail this completed advertising order form with payment to:

Gold Rush Skater Ad C/O Roosevelt Park Ice Arena 235 Waterloo St. Rapid City, South Dakota 57701

For questions contact Samantha Ormesher at 605-209-5329 or samantha.ormesherlts@gmail.com

^{**} All advertisements must be submitted electronically via e-mail to samantha.ormesherlts@gmail.com by Feb 1st 2017 **