



Event #3 – Arctic Basic Skills April 9, 2017

2017 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 4, 2017

Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

1 st Place - 6 points	2 nd Place - 5 points	3 rd Place - 4 points
4 th Place - 3 points	5 th Place - 2 points	6 th Place - 1 point

Skaters must participate in at least 3 of the 17 series competitions to be eligible to win an award with an overall placement at the finale. Skaters receive bonus points for moving up a level during the course of the Series [bonus points only awarded once each season]. Events eligible for a series finale award are:

Element and Basic Programs w/Music Events -

Learn to Skate Curriculum (Snowplow Sam thru Pre-Free Skate, Beginner & High Beginner)

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken.

Points are accumulated for Compulsory and Free Skate events separately.

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics **will NOT** be counted in the Freeskate and Elements/Compulsory Program Series for this 2017 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events **will NOT** be counted for this 2017 season.

At the end of the 2017 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as www.sk8stuff.com. Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

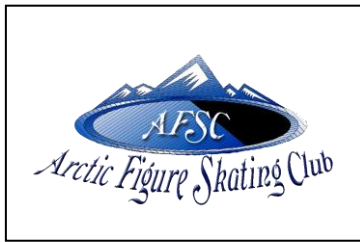
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11th Annual USFS Michigan Basic Skills Series – Hosted by the following:

<p>Event 1 Onyx-Suburban B/S Challenge February 4, 2017 Entry Deadline – January 15, 2017 Suburban Ice Macomb Contact: Jeanette Daskas Phone: 248-917-9544 jendaskas@aol.com</p>	<p>Event 2 – Skate Elite February 25, 2017 Entry Deadline: February 12, 2017 Crystal Fieldhouse Contact: Jacklinn Brayan Phone: 810-814-1744 eliteskatingacademy@gmail.com</p>	<p>Event 3 – Mountain Town Classic March 11, 2017 Entry Deadline – February 25, 2017 The I.C.E. Arena Contact: Ginni Phillips Phone: 989-560-3871 gpsk8r@gmail.com</p>
<p>Event 4 - Tuxedo Invitational March 25, 2017 Entry Deadline: March 10, 2017 Bowling Green State University Contact: Pat Rabb Phone: 419-308-4552 perabb59@gmail.com</p>	<p>Event 5 - Arctic Basic Skills April 9, 2017 Entry Deadline – March 20, 2017 Arctic Edge Ice Arena Contact: Elizabeth Taylor Phone: 734-649-6662 arcticfscclub@gmail.com</p>	<p>Event 6 – Skate the Zoo April 29, 2017 Entry Deadline – April 14, 2017 Wing's West Contacts: Stacy Lightfoot Phone: 269-744-2648 stacylightfoot@sbcglobal.net</p>
<p>Event 7 – Iceland Spring Fling. May 7, 2017 Entry Deadline – April 22, 2017 Flint Iceland Arena Contact: Cristy Bosley Phone: 810-814-1081 Chix44ever44@gmail.com</p>	<p>Event 8 Journey on the River Raisin May 27, 2017 Entry Deadline – May 12, 2017 Monroe Multi-Sports Complex Louis Lombardo III Phone: 734-457-4219 louis@monroemultisports.com</p>	<p>Event 9 ICES Basic Skills Challenge June 3, 2017 Entry Deadline – May 19, 2017 Troy Sports Center Contact: Kim Baxi Phone: 248-835-2732 kimsbaxi@hotmail.com</p>
<p>Event 10-Ann Arbor Skills/Showcase June 10, 2017 Entry Deadline: May 26, 2017 Ann Arbor Ice Cube Craig Forsyth Phone: 734-213-6768 aafsc.officemanager@gmail.com</p>	<p>Event 11 – Summer Swizzle June 17, 2017 Entry Deadline: June 1, 2017 Farmington Hills Ice Arena Daphane Lee 248-219-6806 summerswizzle@fhfsc.org</p>	<p>Event 12 Skate the Shores July 16, 2017 Entry Deadline : June 26, 2017 St Clair Shores Civic Arena Laura Delbarba Phone: 586-445-5350 Sk8ncoach@yahoo.com</p>
<p>Event 13 Summer Chill Basic Skills July 29, 2017 Entry Deadline: July 1, 2017 Novi Ice Arena Contacts: Chelsea Walker Phone: 248-719-2724 chelseawalker17@aol.com</p>	<p>Event 14 Coliseum Freeze Chelsea FSC, Arctic Coliseum September 16, 2017 Entry Deadline – August 29, 2017 Contact: Kayleah Crosby-Rowley Phone: 517-581-0014 Kayleah.crosby@gmail.com</p>	<p>Event 15 – Dearborn Basic Skills Comp October 7, 2017 Entry Deadline: Sept 19, 2017 Dearborn Ice Skating Center Contact: Stacy Holland Phone: 313-574-4534 ssholland76@gmail.com</p>
<p>Event 16 - Plymouth Spooktacular October 21, 2017 Entry Deadline: October 7, 2017 Plymouth Cultural Center Ice Arena Contact: Ellen Elliott Phone: 734-2331529 iejmelliott@aol.com</p>	<p>Event 17 - Skate Midland November 4, 2017 Entry Deadline: October 15, 2017 Midland Civic Arena Contact: Karen Boswell Phone: 989-695-4832 kboswell99@gmail.com</p>	<p>SERIES AWARDS CEREMONY ON THE ICE AT THE MIDLAND COMPETITION</p>



Arctic - Basic Skills Competition
Arctic Figure Skating Club
Arctic Edge Ice Arena ♦ 46615 Michigan Avenue ♦ Canton, MI 48188
734-649-6662 www.arcticfsc.com
Sunday, April 9, 2017
Entry Deadline: March 20, 2017

The Arctic Basic Skills Competition, sponsored by the Arctic Figure Skating Club will be held at the Arctic Edge Ice Arena on April 9, 2017. The ice surface measures 200 x 85 feet. This is a United States Figure Skating and Skate Canada approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Elizabeth Taylor, taylor3mom@live.com or 734-649-6662. E-mail communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or full members of US Figure Skating or Skate Canada. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-8 skaters must skate at highest level passed or one level higher and NO official

U.S. Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

Rules – The competition will be conducted under the rules set forth by the US Figure Skating Learn to Skate USA "Compete USA Competition Manual" program.

Entry Fees – The first event is \$50.00, the second event is \$20 and each additional event after that is \$10.00. All entries must be postmarked no later than March 20, 2017. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out legibly and completely and mailed with a check made payable to AFSC to:

Elizabeth Taylor
1124 Rue Deauville
Ypsilanti MI 48198

There will be a \$35.00 fee for returned checks.

Awards – **All competitors will receive a medal.** All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. ***Please register at least one hour before your competition time.***

Schedule of Events – Schedule will be posted on the Internet at the Figure Skater's Website, www.sk8stuff.com.

Music – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

Practice Ice – Practice Ice will be available in 20-minute sessions. Details will be provided in a mailing prior to the competition date. Sign-in and pay \$8.00 at the door.

Awards will be handed out and a podium will be available for group and individual photos.

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BASIC ELEMENTS: SNOWPLOW SAM – BASIC 8

Events listed on this page eligible for Michigan Basic Skills Series Points

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

Level	Skating rules/standards
Snowplow Sam	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left
Pre-Free Skate	<ul style="list-style-type: none"> • Forward inside open Mohawk from a standstill position (R to L and L to R) • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka (Right OR Left) • Waltz jump

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BASIC PROGRAM W/MUSIC: SNOWPLOW SAM – BASIC 8

Events listed on this page eligible for Michigan Basic Skills Series Points

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- The skater may use elements from a previous level.
- A .2 deduction will be taken **for each** element performed from a higher level

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka (Right OR Left) • Waltz jump

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INTRODUCTORY LEVEL COMPULSORY EVENTS

Events listed on this page eligible for Michigan Basic Skills Series Points

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- *Skaters may have the option to skate one level higher in compulsories than their free skate program.*

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ul style="list-style-type: none"> • Waltz jump • ½ jump of choice • Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional) • Forward or backward spiral
High Beginner	1:15 max.	<ul style="list-style-type: none"> • Toe loop jump • Salchow jump • Forward scratch spin - minimum three revolutions • Forward or backward spiral

INTRODUCTORY LEVEL FREE SKATE PROGRAMS

Events listed on this page eligible for Michigan Basic Skills Series Points

- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Max	Max. 5 jump elements: <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump 	Max. 2 spins: <ul style="list-style-type: none"> • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Max	Max. 5 jump elements: <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max. 2 jump combinations or sequences • Max. 2 of same type jump. 	Max. 2 spins: <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests

SPECIAL OLYMPICS BADGE PROGRAM

Events listed on this page eligible for Michigan Basic Skills Series Points

The Special Olympics Sports Skills Program is designed for people with intellectual disabilities who may exhibit any number of physical impairments. The Special Olympics Badge Program allows skaters to learn skills in a progressive order and earn badges at each

Badge 1

- A. Stand unassisted for five seconds
- B. Sit on ice or fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

Badge 2

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- D. Two foot glide forward for distance of at least length of body

Badge 3

- A. Backward wiggle or march
- B. Five forward swizzles covering at least ten feet
- C. Forward skating across the rink
- D. Forward gliding dip covering at least length of body: left and right

Badge 4

- A. Backward two-foot glide covering at least length of body
- B. Two foot jump in place
- C. One foot snowplow stop: left and right
- D. Forward one foot glide covering at least length of body: left and right

Badge 5

- A. Forward stroking across rink
- B. Five backward swizzles covering at least ten feet
- C. Forward two-foot curves left and right across rink
- D. Two-foot turn front to back, on the spot

Badge 6

- A. Gliding forward to backward two-foot turn
- B. Five consecutive forward one-foot swizzles on circle: left and right
- C. Backward one foot glide length of body: left and right
- D. Forward pivot

Badge 7

- A. Backward stroking across the rink
- B. Gliding backward to forward two-foot turn
- C. T-stop left or right
- D. Forward two foot turn on a circle: left and right

Badge 8

- A. Five consecutive forward crossovers: left and right
- B. Forward outside edge: left and right
- C. Five consecutive backward ½ swizzles on a circle: left and right
- D. Two-foot spin

Badge 9

- A. Forward outside 3 turn: left and right
- B. Forward inside edge: left and right
- C. Forward lunge or shoot the duck at any depth
- D. Bunny hop

Badge 10

- A. Forward inside three-turn: left and right
- B. Five consecutive backward crossovers: left and right
- C. Hockey stop
- D. Forward spiral three times length of body

Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: left and right
- D. Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

Badge 12

- A. Waltz jump
- B. One foot spin: minimum of three revolutions
- C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- D. Combination of three moves chosen from badges 9-12

Events listed on page NOT eligible for Michigan Basic Skills Series Points

ADULT EVENTS: This event can be used as a Compulsory or Program Event

Adult 1-6 Free Skate, Pre-Bronze and Bronze:

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.

Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec unless otherwise noted

Adult 1 <ul style="list-style-type: none"> • Falling and Recovery • Forward Marching • Forward two-foot glide • Forward swizzle (4-6 in a row) • Forward snowplow stop – two feet or one foot 	Adult 4 <ul style="list-style-type: none"> • Forward outside edge on a circle, right and left • Forward inside edge on a circle, right and left • Forward crossovers, clockwise and counterclockwise • Backward one-foot glides, right and left • Hockey stop, both directions
Adult 2 <ul style="list-style-type: none"> • Forward skating across the width of the ice • Forward one-foot glides • Forward slalom • Backward skating • Backward swizzles, 4-6 in a row 	Adult 5 <ul style="list-style-type: none"> • Backward outside edge on a circle, right and left • Backward inside edge on a circle, right and left • Backward crossovers, clockwise and counterclockwise • Forward outside three-turn, right and left • Beginning two-foot spin
Adult 3 <ul style="list-style-type: none"> • Forward stroking using the blade properly • Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise • Backward skating to a long two-foot glide • Forward chasses on a circle, clockwise and counterclockwise • Backward snowplow stop, Right and Left 	Adult 6 <ul style="list-style-type: none"> • Forward stroking with crossover end patterns • Backward stroking with crossover end patterns • Forward inside three-turn, right and left • T-stop • Lunge • Two-foot spin into one-foot spin
Adult Pre-Bronze: Must have passed no higher than adult pre-bronze free skate test or pre-preliminary free skate test. Time: 1:40 maximum Refer to the current U.S. Figure Skating Rulebook #4600 for specific requirements.	Adult Bronze: Must have passed no higher than adult bronze free skate test or the preliminary free skate test. Time: 1:50 maximum Refer to the current U.S. Figure Skating Rulebook #4590 for specific requirements.

Events listed on page NOT eligible for Michigan Basic Skills Series Points

COMPULSORY MOVES

General event parameters:

- Elements skated on ½ ice / Elements may be performed only once / Music is not allowed

Level	Time	Skating rules/standards
No-Test	1:15 max.	<ul style="list-style-type: none">• Loop jump• Jump combination to include a toe loop (may not use a loop or Axel)• Solo spin - sit <u>or</u> camel spin - minimum three revolutions• Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.
Pre-Preliminary	1:15 max.	<ul style="list-style-type: none">• Toe Loop jump• Jump combination: single/single (no Axel)• Sit spin or camel spin - minimum three revolutions• Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	<ul style="list-style-type: none">• Lutz jump• Jump combination: single/single (may include Axel)• Back upright spin - minimum three revolutions• Forward inside spiral

Events listed on page NOT eligible for Michigan Basic Skills Series Points

WELL BALANCED PROGRAM FREE SKATE

General event parameters:

- Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

Level	Time	Jumps	Spins	Step Sequences
No-Test	1:40 Maximum	Max. 5 jump elements: 1. Single jumps, with the exception of the single Axel, are allowed 2. No single Axels, double jumps or triple jumps 3. Maximum of 2 jump combinations or sequences 4. Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted 5. Jump sequences limited to a maximum of 3 single jumps Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination	Max. 2 spins: 1. Spins may change feet and/or position 2. Spins may start with a fly 3. Minimum 3 revs. Spins must be of a different character (For definition see rule 4103E)	1. Must use one-half the ice surface 2. Moves in the field and spiral sequences are permitted but will not be counted as elements. 3. Jumps may be included in the step sequence
Pre-Preliminary	1:40 Maximum Vocal music permitted	Maximum of 5 jump elements: 1. All single jumps, including single Axel, allowed 2. No double, triple or quadruple jumps allowed 3. Axel may be repeated once as a solo jump, as part of a jump combination or jump sequence. (maximum of 2 single Axels) 4. Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded 5. Max. 2 jump combinations or sequences 6. Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 3 jumps is permitted. 7. Jump sequences limited to a maximum of 3 single jumps 8. ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination	Maximum of 2 spins: 1. Spins may change feet and/or position. 2. Spins may start with a fly. 3. Minimum of 3 revolutions These spins must be of a different character (For definition see Rule 4103 (E))	1. Must use ½ of the ice surface. 2. Moves in the field and spiral sequences are permitted, but will not count as elements 3. Jumps may be included in the step sequence
Preliminary	1:40 Maximum Vocal music permitted	Maximum of 5 jump elements: 1. One must be an Axel or Waltz-jump type jump 2. All single jumps, including single Axel, allowed. Only 2 different jumps may be attempted (limited to double Salchow, double toe loop and double loop) 3. Double flip, double Lutz, double Axel, triple or quadruple jumps are not allowed 4. An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of jump combinations or jump sequences 5. Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded 6. Maximum 2 jump combinations or sequences 7. Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted. 8. Jump sequences limited to a maximum of 3 single or double jumps 9. ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination	Maximum of 2 spins: 1. Spins may change feet and/or position. 2. Spins may start with a fly. 3. Minimum of 3 revolutions These spins must be of a different character (For definition see Rule 4103 (E))	1. Must use ½ of the ice surface. 2. Moves in the field and spiral sequences are permitted, but will not count as elements 3. Jumps may be included in the step sequence

Events listed on page NOT eligible for Michigan Basic Skills Series Points

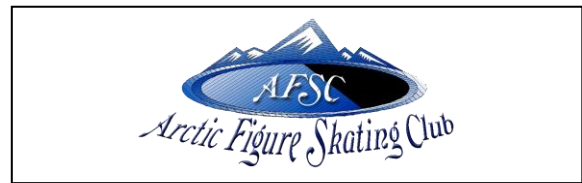
Test Track Free Skate

General event parameters:

- Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- The following deductions will be taken: 0.1 from each mark for each technical element included that is not permitted in the event description; 0.2 from the technical mark for each extra element included; 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 max.	Maximum of 5 jump elements: <ul style="list-style-type: none"> • Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>) • Single rotation jumps: Salchow, toe loop and loop only • Maximum 2 jump combinations or sequences • Maximum 2 of any same type jump 	Maximum of 2 spins: <ul style="list-style-type: none"> • Two spins of a different nature, one position only. No change of foot, no flying entry (Minimum 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test.
Preliminary 1:40 max..	Maximum of 5 jump elements: <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels) • Maximum 2 jump combinations or sequences • Maximum 2 of any same type jump 	Maximum of 2 spins: <ul style="list-style-type: none"> • One spin in one position; no change of foot, no flying entry. (Minimum 3 revolutions) • One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test, but may not have passed tests higher than the preliminary free skate test.

Arctic Basic Skills – Event #5
Entry Form [PLEASE PRINT CLEARLY]



Name _____ Age _____ **Birth Date** _____
 Last First

E-Mail Address _____

Address _____ City _____

State _____ Zip _____ Area Code/Phone # _____

Home Club _____ **USFSA #** _____

Male _____ Female _____ Name of Parent/Guardian _____

\$50 First Event; \$20 for Second Event; \$10 for Each Additional Event					
Basic Compulsory		Compulsory		SPECIAL OLYMPICS	
Snowplow Sam*		Beginner *		Badge 1*	Adult 1
Basic 1 *		High Beginner *		Badge 2*	Adult 2
Basic 2 *		No Test		Badge 3*	Adult 3
Basic 3 *		Pre-Preliminary		Badge 4*	Adult 4
Basic 4 *		Preliminary		Badge 5*	Adult 5
Basic 5 *		Free Skate		Badge 6*	Adult 6
Basic 6 *		Beginner *		Badge 7*	Adult Pre-Bronze
Pre-Free Skate*		High Beginner *		Badge 8*	Adult Bronze
		Pre-Preliminary		Badge 9*	
		Preliminary		Badge 10*	
Basic Prog w/ Music				Badge 11*	
Snowplow Sam*				Badge 12*	
Basic 1 *		WELL - BALANCED			
Basic 2 *		Free Skate			
Basic 3 *		No Test			
Basic 4 *		Pre-Preliminary			
Basic 5 *		Preliminary			
Basic 6 *					
Pre-Free Skate*					

Events listed above with an * after them will be eligible for Michigan Basic Skills Series Points

Entry Fees are not refundable after the entry deadline unless an event is cancelled.

If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

First Event \$ _____
 Additional Event \$ _____
 Additional Event \$ _____
 Additional Event \$ _____
 Join USFSA \$ _____
TOTAL: \$ _____

**ENTRIES MUST BE POST
 MARKED BY March 20, 2017**

Mail form and fees to: Elizabeth Taylor
 1124 Rue Deauville
 Ypsilanti MI 48198

Make check or money order payable **to AFSC**

Certification of Competitor

Competitor Name: _____

1. The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the ARCTIC FIGURE SKATING CLUB AND ARCTIC EDGE ICE ARENA harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.
2. As a participant, or parent/guardian of a minor participant, in the Event #5 Arctic Basic Skills Series, I understand that the Event #5 Arctic Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at Event #5 Arctic Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Event #5 Arctic Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media
3. I have read the Concussion Awareness Information located on www.sk8stuff.com and by signing below, I am agreeing to the terms and conditions.

Parent/Guardian Signature _____ Date _____

Club Officer/Program Director _____

Title _____ Date _____

COMPETITOR SIGNATURE _____ Date _____

Coach Signature: _____ Print Name: _____
Please print clearly

Registered on USFS Coaches Registry for the current season? Yes ☐ USFS # _____

If you are not registered, go to www.usfigureskating.org, click on the Coaches Registration button and follow the instruction for registration.

COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT

Phone _____ E-mail Address: _____
Please print clearly

CHECKLIST [please be sure the following is included]:

____ Entry form with USFSA Number ____ Club Officer/Program Director Signature

____ Check payable to AFSC ____ Events to be entered checked properly