

Michigan High School Series

Dearborn		4:00 PM Tuesday, February 28, 2017		18	1	2	3	4	5	6	7	8
Event #	Time	Event	# Skaters	Allow this time	Bill Ziegler	Colleen Bohunicky	Mary Chapman	Phyllis Little	Kendra Wright	Cindy York		
	Begin	End	D5-3									
	4:00 PM	4:45 PM	Practice Ice		45							
	4:45 PM	5:00 PM	Resurface		15							
1	5:00 PM		Level A Jumps		4	R	2	3	4	5	6	
2	5:00 PM		Level B Jumps		6	R	2	3	4	5	6	
3	5:00 PM	5:27 PM	Level C Jumps		3	R	2	3	4	5	6	27
	5:27 PM	5:32 PM	Break - NO RESURFACE		5							
4	5:32 PM		Level A Moves		4	R	2	3	4	5	6	
5	5:32 PM		Level B Moves		6	R	2	3	4	5	6	
6	5:32 PM	6:17 PM	Level C Moves		3	R	2	3	4	5	6	46
	6:17 PM	6:32 PM	Ice Make		15							
7	6:32 PM	6:32 PM	Level A Spins		4	R	2	3	4	5	6	
8	6:32 PM	6:32 PM	Level B Spins		6	R	2	3	4	5	6	
9	6:32 PM	7:00 PM	Level C Spins		3	R	2	3	4	5	6	29
Competition Ends												

Hosted by: **Grosse Pointe**

Sanction: 24475

At this competition, for each discipline the first 4 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat. After all 4 teams have skated, they leave the ice and the next 5 enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as shown below.

Jumps: 1,2,3 / 4, 5,6
 Moves: 2,3,1 / 5,6,4
 Spins: 3,1,2 / 6,4,5

Note these are in SKATING order

		A	B	C	
Grosse Pointe Unified	ABC 1				1
GIC-DBN Unified	BC 2	X			2
Blue Water United	BC 3	X			3
West Bloomfield	AB 4			X	4
Macomb United	AB 5			X	5
Divine Child	B 6	X		X	6
University Liggert	A 7		X	X	7

Each team is permitted ONE reskated element per level, per competition.

rev 4; 12/3/2016

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

First Group

Jumps Element 1

Grosse Pointe Unified ABC
 GIC-DBN Unified BC
 Blue Water United BC

Jumps Element 2

GIC-DBN Unified BC
 Blue Water United BC
 Grosse Pointe Unified ABC

Jumps Element 3

Blue Water United BC
 Grosse Pointe Unified ABC
 GIC-DBN Unified BC

Jumps Element 4

Grosse Pointe Unified ABC
 GIC-DBN Unified BC
 Blue Water United BC

First Group

Moves Element 1

GIC-DBN Unified BC
 Blue Water United BC
 Grosse Pointe Unified ABC

Moves Element 2

Blue Water United BC
 Grosse Pointe Unified ABC
 GIC-DBN Unified BC

Moves Element 3

Grosse Pointe Unified ABC
 GIC-DBN Unified BC
 Blue Water United BC

Moves Element 4

GIC-DBN Unified BC
 Blue Water United BC
 Grosse Pointe Unified ABC

First Group

Spins Element 1

Blue Water United BC
 Grosse Pointe Unified ABC
 GIC-DBN Unified BC

Spins Element 2

Grosse Pointe Unified ABC
 GIC-DBN Unified BC
 Blue Water United BC

Spins Element 3

GIC-DBN Unified BC
 Blue Water United BC
 Grosse Pointe Unified ABC

Spins Element 4

Blue Water United BC
 Grosse Pointe Unified ABC
 GIC-DBN Unified BC

Second Group

Jumps Element 1

West Bloomfield AB
 Macomb United AB
 Divine Child B
 University Liggert A

Jumps Element 2

Macomb United AB
 Divine Child B
 University Liggert A
 West Bloomfield AB

Jumps Element 3

Divine Child B
 University Liggert A
 West Bloomfield AB
 Macomb United AB

Jumps Element 4

University Liggert A
 West Bloomfield AB
 Macomb United AB
 Divine Child B

Second Group

Moves Element 1

Macomb United AB
 Divine Child B
 University Liggert A
 West Bloomfield AB

Moves Element 2

Divine Child B
 University Liggert A
 West Bloomfield AB
 Macomb United AB

Moves Element 3

University Liggert A
 West Bloomfield AB
 Macomb United AB
 Divine Child B

Moves Element 4

West Bloomfield AB
 Macomb United AB
 Divine Child B
 University Liggert A

Second Group

Spins Element 1

Divine Child B
 University Liggert A
 West Bloomfield AB
 Macomb United AB

Spins Element 2

University Liggert A
 West Bloomfield AB
 Macomb United AB
 Divine Child B

Spins Element 3

West Bloomfield AB
 Macomb United AB
 Divine Child B
 University Liggert A

Spins Element 4

Macomb United AB
 Divine Child B
 University Liggert A
 West Bloomfield AB

Reskates Log

			A	B	C	
Grosse Pointe Unified	ABC	1				1
GIC-DBN Unified	BC	2	X			2
Blue Water United	BC	3	X			3
West Bloomfield	AB	4			X	4
Macomb United	AB	5			X	5
Divine Child	B	6	X		X	6
University Liggert	A	7		X	X	7