

Michigan High School Series

Bay City		1:00 PM Sunday, February 19, 2017		17	1	2	3	4	5	6	7	8
Event #	Time	Event	# Skaters	Allow this time	Mary Chapman	Melissa Garland	Phyllis Little	Lynmarie Posey	Mark Reina	Val Terry	Hallie Wilson	
	Begin	End	D4-3									
	1:00 PM	1:45 PM	Practice Ice		45							
	1:45 PM	2:00 PM	Resurface		15							
1	2:00 PM		Level A Jumps		5	R	2	3	4	5	6	
2	2:00 PM		Level B Jumps		7	R	2	3	4	5		7
3	2:00 PM	2:37 PM	Level C Jumps		6	R	2	3	4	5		7
	2:37 PM	2:42 PM	Break - NO RESURFACE		5							
4	2:42 PM		Level A Moves		5	R	2	3	4	5	6	
5	2:42 PM		Level B Moves		7	R	2	3	4	5		7
6	2:42 PM	3:45 PM	Level C Moves		6	R	2	3	4	5		7
	3:45 PM	4:00 PM	Ice Make		15							
7	4:00 PM	4:00 PM	Level A Spins		5	R	2	3	4	5	6	
8	4:00 PM	4:00 PM	Level B Spins		7	R	2	3	4	5		7
9	4:00 PM	4:39 PM	Level C Spins		6	R	2	3	4	5		7
Competition Ends												

Hosted by: **Midland**

Sanction: 24474

At this competition, for each discipline the first 4 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat. After all 4 teams have skated, they leave the ice and the next 5 enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as shown below.

Jumps: 1,2,3 / 4, 5,6
 Moves: 2,3,1 / 5,6,4
 Spins: 3,1,2 / 6,4,5

Note these are in SKATING order

	A	B	C		
Middle Mitt Michigan ABC 1					1
Kalamazoo Area ABC 2					2
Flint Area United BC 3	X				3
Capital Area ABC 4					4
Traverse City Combined AB 5			X		5
Alpena BC 6	X				6
Midland Area ABC 7					7

Each team is permitted ONE reskated element per level, per competition.

rev 3: 12/2/2016

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

First Group

Jumps Element 1

Middle Mitt Michigan ABC
 Kalamazoo Area ABC
 Flint Area United BC

First Group

Moves Element 1

Kalamazoo Area ABC
 Flint Area United BC
 Middle Mitt Michigan ABC

First Group

Spins Element 1

Flint Area United BC
 Middle Mitt Michigan ABC
 Kalamazoo Area ABC

Jumps Element 2

Kalamazoo Area ABC
 Flint Area United BC
 Middle Mitt Michigan ABC

Moves Element 2

Flint Area United BC
 Middle Mitt Michigan ABC
 Kalamazoo Area ABC

Spins Element 2

Middle Mitt Michigan ABC
 Kalamazoo Area ABC
 Flint Area United BC

Jumps Element 3

Flint Area United BC
 Middle Mitt Michigan ABC
 Kalamazoo Area ABC

Moves Element 3

Middle Mitt Michigan ABC
 Kalamazoo Area ABC
 Flint Area United BC

Spins Element 3

Kalamazoo Area ABC
 Flint Area United BC
 Middle Mitt Michigan ABC

Jumps Element 4

Middle Mitt Michigan ABC
 Kalamazoo Area ABC
 Flint Area United BC

Moves Element 4

Kalamazoo Area ABC
 Flint Area United BC
 Middle Mitt Michigan ABC

Spins Element 4

Flint Area United BC
 Middle Mitt Michigan ABC
 Kalamazoo Area ABC

Second Group

Jumps Element 1

Capital Area ABC
 Traverse City Combined AB
 Alpena BC
 Midland Area ABC

Second Group

Moves Element 1

Traverse City Combined AB
 Alpena BC
 Midland Area ABC
 Capital Area ABC

Second Group

Spins Element 1

Alpena BC
 Midland Area ABC
 Capital Area ABC
 Traverse City Combined AB

Jumps Element 2

Traverse City Combined AB
 Alpena BC
 Midland Area ABC
 Capital Area ABC

Moves Element 2

Alpena BC
 Midland Area ABC
 Capital Area ABC
 Traverse City Combined AB

Spins Element 2

Midland Area ABC
 Capital Area ABC
 Traverse City Combined AB
 Alpena BC

Jumps Element 3

Alpena BC
 Midland Area ABC
 Capital Area ABC
 Traverse City Combined AB

Moves Element 3

Midland Area ABC
 Capital Area ABC
 Traverse City Combined AB
 Alpena BC

Spins Element 3

Capital Area ABC
 Traverse City Combined AB
 Alpena BC
 Midland Area ABC

Jumps Element 4

Midland Area ABC
 Capital Area ABC
 Traverse City Combined AB
 Alpena BC

Moves Element 4

Capital Area ABC
 Traverse City Combined AB
 Alpena BC
 Midland Area ABC

Spins Element 4

Traverse City Combined AB
 Alpena BC
 Midland Area ABC
 Capital Area ABC

Reskates Log

			A	B	C	
Middle Mitt Michigan	ABC	1				1
Kalamazoo Area	ABC	2				2
Flint Area United	BC	3	X			3
Capital Area	ABC	4				4
Traverse City Combined	AB	5			X	5
Alpena	BC	6	X			6
Midland Area	ABC	7				7