

2015-2016 MICHIGAN HIGH SCHOOL FIGURE SKATING TEAM COMPETITION SERIES

Individual Events

Music:

CDs only, one-track only, marked with skater's name, school, level, and program length. CDs must be turned in at registration. **Bring a back-up CD.**

Eligibility:

Skaters may not skate below their US Figure Skating test level as of November 15, 2015, but may skate up one level higher (ISI level equivalency on page one). Skaters may compete in a maximum of two individual events, but are not allowed to compete in two Free Skating event categories (2 dances or 2 artistic events are allowed, as long as the 2 total individual event limitation is not exceeded)

FREESKATING EVENT *Deductions in competitive freeskating programs are according to US Figure Skating rule 4910*

Long Program	Time	Rules
Beginner - NoTest	1:30 +/- 10 sec	Introductory NoTest elements; See USFS rules beginning Sept 1, 2014
Pre-Preliminary Test Track	1:30 +/- 10 sec	Test Track See USFS rules beginning Sept. 1, 2014
Preliminary Test Track	1:30 +/- 10 sec	Test Track See USFS rules beginning Sept. 1, 2014
Pre-Juvenile Test Track	2:00 +/- 10 sec	Test Track See USFS rules beginning Sept. 1, 2014
Juvenile Test Track	2:15 +/- 10 sec	Test Track See USFS rules beginning Sept. 1, 2014
Intermediate Test Track	2:30 +/- 10 sec	Test Track See USFS rules beginning Sept. 1, 2014
Novice Test Track	3:00 +/- 10 sec	Test Track See USFS rules beginning Sept. 1, 2014 (Ladies and Men combined; use Ladies timing for all)
Junior Test Track	3:30 +/- 10 sec	Test Track See USFS rules beginning Sept. 1, 2014 (Ladies and Men combined; use Ladies timing for all)
Senior Test Track	4:00 +/- 10 sec	Test Track See USFS rules beginning Sept. 1, 2014 (Ladies and Men combined; use Ladies timing for all)
Intermediate/Novice WB	3:00 +/- 10 sec Ladies 3 :30 +/- 10 sec. Men	Competitive – see Novice rules in USFS Rulebook
Junior/Senior WB	4:00 +/- 10 sec Ladies 4 :30 +/- 10 sec. Men	Competitive – see Senior rules in USFS Rulebook

SOLO DANCE EVENT *If a skater has passed the first Dance at a level, they must skate at that level or one level higher.*

Level	Dance	Rules	Level	Dance	Rules
Preliminary	Dutch Waltz	2 patterns	Silver	Tango	2 patterns
Pre-Bronze	Swing Dance	2 patterns	Pre-Gold	Blues	3 patterns
Bronze	Willow Waltz	2 patterns	Gold	Argentine Tango	2 patterns
Pre-Silver	Fourteenstep	3 patterns			

ARTISTIC SHOWCASE EVENT

Programs are to be skated to music and should be designed to entertain and/or emotionally move the audience. Costumes are encouraged. Hand Held Props only - must stay with the skater for the entire performance - may not be placed or tossed on the ice. Duets must skate at the level of the highest skater.

Event	Freestyle Level	Time	Rules
Artistic Solo	Ltd Beginner –PrePreliminary (max Preliminary Moves)	Max 1:40 minutes	Max PrePreliminary Moves. Single jumps only. No Axels
Artistic Solo	Preliminary – Pre-Juvenile	Max 1:40 minutes	No Axels or double jumps.
Artistic Solo	Juvenile – Intermediate	Max 2:10 minutes	No double jumps.
Artistic Solo	Novice - Senior	Max 2:40 minutes	May include one double jump.
Artistic Duet	Ltd Beginner – Pre-Juvenile	Max 1:40 minutes	No Axels or double jumps (max 2 skaters/team)
Artistic Duet	Juvenile - Novice	Max 2:40 minutes	May include one double jump (max 2 skaters)
Artistic Duet	Junior - Senior	Max 2:40 minutes	May include one double jump (max 2 skaters)