

**2016 Shores Autumn Classic  
St. Clair Shores, MI  
September 16<sup>h</sup> and 17<sup>th</sup>, 2016**



**Hosted by the St. Clair Shores Figure Skating Club**

**Chief Referee: Barry Doren**

**Chair: Tina Miano**

**CONTACT INFO: [ShoresAutumnClassic2016@gmail.com](mailto:ShoresAutumnClassic2016@gmail.com) or 586-774-7530**

**Tri-State Council Series Participant**

**Sanction #24302**



*This event is a standard U.S. Figure Skating Nonqualifying Competition*





**34<sup>th</sup> Annual  
Shores Autumn Classic 2016  
St. Clair Shores Figure Skating Club  
September 16<sup>th</sup> and 17<sup>th</sup>, 2016**

The Shores Autumn Classic will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

**SERIES INFORMATION:**

This competition has been approved by U.S. Figure Skating as part Tri-States Council Championship Series (Test Track).

**ELIGIBILITY/TEST LEVEL:**

**Test level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

**Age restrictions/requirements:** Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

**ENTRIES:** Entries must be registered online at [www.sk8stuff.com](http://www.sk8stuff.com) by midnight EDT **August 26<sup>th</sup>, 2016**. Spaces are limited. Late entries, if accepted, will be assessed a \$25 late fee. No refunds after closing date unless no competition exists or the event is canceled. There are no medical refunds.

**Event Fees: Includes DVD of each event**

\$95 First event (6.0 and IJS)

\$50 each additional event

\$100 first pair event (\$50 per skater)

\$75 additional pairs event (\$37.50 per skater)

\*\*Final rounds will be held for Pre-Juvenile Well Balanced and Pre-Juvenile Test Track Free Skate levels and higher if numbers warrant. The Chief Referee, based on number of entries, will determine number of skaters qualifying for final rounds. There will be a \$25 fee for final round skaters, and practice ice will be available for purchase. \*\*

Mail your voucher with check (payable to SCSFSC)  
SCSFSC, Shores Autumn Classic, 20000 Stephens, St. Clair Shores, MI 48080



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**FACILITIES:** The competition will be held at St. Clair Shores Civic Arena 20000 Stephens Rd. St. Clair Shores, MI. All practice ice and competition events will take place at the St. Clair Shores Civic Arena, 20000 Stephens Drive, St. Clair Shores, Michigan 48080. The two ice surfaces measure 85' x 200'. The facility has locker rooms, ample parking and a concession area.

**MUSIC:** CDs only are acceptable, with one track of music per CD, and must be clearly marked. The official competition music must be turned in at the registration table at the time of check-in. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the enter club name cannot be responsible for CDs left at the end of the competition.

**LIABILITY:** U.S. Figure Skating, St. Clair Shores Figure Skating Club and the St. Clair Shores Civic Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

### **JUDGING SYSTEM:**

The International Judging System (IJS) will be used for the following events:

- *Well Balanced Program free skate events, juvenile – senior*
- *Short program events, juvenile – senior*
- *Pairs free skate events, juvenile – senior*
- *Pairs short program events, intermediate – senior*

All competitors skating in these events need to submit the planned program content form online. This form is found in the Member's Only section at [www.usfigureskating.org](http://www.usfigureskating.org). The deadline to submit the form is September 1<sup>st</sup>, 2016.

The 6.0 Majority Judging System will be used for:

- *Well Balanced Program free skate events, pre-preliminary – pre-juvenile, and Open Juvenile*
- *Pre-juvenile Pairs Free skating*
- *Open Juvenile SP*
- *All Test Track events*
- *All specialty singles events (spins, jumps, compulsory moves, etc.)*

**REGISTRATION:** Registration will begin on Friday, September 16<sup>th</sup> through Saturday September 17<sup>th</sup>, 2016. The Registration Desk will be open one hour before the start of competition through the end of competition each day. Skaters must check in at least one (1) hour prior to their first event. Registration will be your final confirmation of competition time.

**PRACTICE ICE:** Sessions will be available Friday morning through Saturday and will be designated by level and discipline. You may only reserve sessions appropriate to your entry. A practice ice schedule will be posted on [www.sk8stuff.com](http://www.sk8stuff.com).

Practice ice may be purchased online as part of entering the competition online at [www.sk8stuff.com](http://www.sk8stuff.com), or may be purchased at the practice ice desk during the competition. If you pre-pay for sessions and fail to select them online when the system goes 'live', your pre-payment may be applied towards sessions purchased at the practice ice desk during the competition. No music is played on practice ice.

A schedule of practice sessions will be published online when the competition schedule is published. To ensure a fair chance for everyone, online capability for those sessions will be turned on at a time/date which will be published when the schedules are published. This turn-on time will be early evening at least 24 hours after the publication of the schedules. Online



reservation capability will be turned off at 6:00 pm on the day prior to the first scheduled practice session. Practice ice may be reserved online for those who have prepaid for sessions with their online entry, and will be scheduled on a first-come, first-served basis

To reserve your sessions online, you will log-on using a link which will be published on [www.sk8stuff.com](http://www.sk8stuff.com). You will need to use your name and a PIN number. When the schedule is posted there is a button next to the names dropdown that says "email me my pin". Click it and it comes automatically.

All sessions are 30 minutes in duration and the cost is \$15 per session. There is no refund for prepaid sessions, even if not used.

Checks should be made out to 'SCSFSC'. Please do not share your PIN with anyone else (neither SCSFSC nor sk8stuff.com are responsible for reservation changes made online by unauthorized users).

**PHOTOGRAPHY/VIDEOGRAPHY:** All events are recorded by Ledin Video (313) 928-9097. <http://ledinvideo.com/>. A DVD of each of event is included with your entry fee. DVDs must be picked up before the competition has ended; they are not mailed.

**AWARDS:** Medals are awarded for 1st — 4th places.

#### **INFORMATION REGARDING COACHES:**

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

**CONTACT INFO:** If you have questions, please contact **ShoresAutumnClassic2016@gmail.com** or **586-774-7530**.



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## SINGLES FREE SKATING EVENTS

### EVENT: Test Track Free Skate

#### EVENT: 2016-17 Test Track Free Skate – Introductory through Senior levels

General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
4. Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
  - 0.2 from the technical mark for each extra element included.
  - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.
6. **New Rule for the 2016-2017 season: Any skater that includes a technical element that is not permitted in the event description will be disqualified.**

| Level                            | Jumps   | Spins   | Step Sequences   | Qualifications  |
|----------------------------------|---|---|--|---|
| Beginner<br>1:40<br>maximum      | <i>Max. 5 jump elements:</i><br><input type="checkbox"/> Jumps with no more than one-half rotation (front to back or back to front).<br><input type="checkbox"/> Max. 2 jump sequences<br><input type="checkbox"/> Max. 2 of any same jump  | <i>Max. 2 spins:</i><br><input type="checkbox"/> Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)       | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |
| High Beginner<br>1:40<br>maximum | <i>Max. 5 jump elements:</i><br><input type="checkbox"/> Jumps with no more than one-half rotation (front to back or back to front including half-loop)<br><input type="checkbox"/> Single rotation jumps: Salchow and toe loop only.<br><input type="checkbox"/> Max. 2 jump combinations or sequences<br><input type="checkbox"/> Max. 2 of any same type jump. | <i>Max. 2 spins:</i><br><input type="checkbox"/> Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |

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| Pre-Preliminary<br>1:40<br>maximum | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>□ Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>)</li> <li>□ Single rotation jumps: Salchow, toe loop and loop only.</li> <li>□ Max. 2 jump combinations or sequences</li> <li>□ Max. 2 of any same type jump</li> </ul> | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>□ One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)</li> <li>□ One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>  | Connecting moves and steps should be demonstrate throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test   |
| Preliminary<br>1:30 +/- 10 sec.    | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>□ Jumps with not more than one rotation (no Axels).</li> <li>□ Max. 2 jump combinations or sequences</li> <li>□ Max. 2 of any same type jump</li> </ul>   | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>□ One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)</li> <li>□ One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>  | Connecting moves and steps should be demonstrate throughout the program | Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test |
| Pre-Juvenile<br>2:00 +/- 10 sec.   | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>□ Jumps with not more than one rotation (no Axels).</li> <li>□ Max. 2 jump combinations or sequences</li> <li>□ Max. 2 of any same type jump</li> </ul>   | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>□ One spin in one position, no change of foot (Min. 3 revolutions)</li> <li>□ One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.</li> </ul>                | One step sequence fully utilizing ice surface                           | Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test        |
| Juvenile<br>2:15 +/- 10 sec.       | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>□ Any single jumps, including Axel, are permitted.</li> <li>□ Max. 2 jump combinations or sequences</li> <li>□ Max. 2 of any same type jump</li> </ul>  | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>□ One solo spin in one position, no change of foot (Min. 4 revolutions).</li> <li>□ One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4</li> </ul> | One step sequence fully utilizing ice surface                           | Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than                                    |

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|   |   | revolutions per foot)<br><input type="checkbox"/> Only solo spin may fly  |   | juvenile free skate test  |
| Intermediate<br>2:30 +/- 10 sec.                            | <i>Maximum of 6 jump elements:</i><br><input type="checkbox"/> Any single jumps.<br><input type="checkbox"/> Double jumps permitted: double Salchow and double toe loop.<br><input type="checkbox"/> Maximum of 3 jump combinations or sequences<br><input type="checkbox"/> Max. 2 of any same type jump   | <i>Maximum of 2 spins:</i><br><input type="checkbox"/> One must be a flying spin (min 5 revolutions),<br><input type="checkbox"/> One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).   | One step sequence fully utilizing ice surface   | Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test |
| Novice<br>Ladies: 3:00 +/- 10 sec.<br>Men: 3:30 +/- 10 sec. | <i>Maximum of 7 jump elements for men and 6 for ladies:</i><br><input type="checkbox"/> Any single jumps.<br><input type="checkbox"/> Double jumps permitted: double Salchow, double toe loop and double loop.<br><input type="checkbox"/> Maximum of 3 jump combinations or sequences<br><input type="checkbox"/> Max. 2 of any same type jump             | <i>Maximum of 3 spins, of a different nature:</i><br><input type="checkbox"/> One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)<br><input type="checkbox"/> The other spins are the option of the skater (min 6 revolutions per foot)<br><input type="checkbox"/> All spins may fly | One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks) | Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test   |
| Junior<br>Ladies: 3:30 +/- 10 sec.<br>Men: 4:00 +/- 10 sec. | <i>Maximum of 8 jump elements for men and 7 for ladies:</i><br><input type="checkbox"/> Any single jumps.<br><input type="checkbox"/> Double jumps permitted: double Salchow, double toe loop, double loop and double flip<br><input type="checkbox"/> Maximum of 3 jump combinations or sequences<br><input type="checkbox"/> Max. 2 of any same type jump | <i>Maximum of 3 spins of a different nature:</i><br><input type="checkbox"/> One spin in one position (Min. 6 revolutions)<br><input type="checkbox"/> One flying spin (Min. 6 revolutions)<br><input type="checkbox"/> One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)  | One step sequence fully utilizing ice surface (See rule 4105 for remarks)                           | Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test         |

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| <p>Senior<br/>Ladies: 4:00 +/- 10 sec.<br/>Men:<br/>4:30 +/- 10 sec.</p> | <p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Any single jumps.</li> <li><input type="checkbox"/> Must include at least four different double jumps, one must be a double Lutz.</li> <li><input type="checkbox"/> Triple jumps are not permitted</li> <li><input type="checkbox"/> Maximum of 3 jump combinations or sequences</li> <li><input type="checkbox"/> Max. 2 of any same type jump</li> </ul> | <p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> One spin in one position (Min. 6 revolutions)</li> <li><input type="checkbox"/> One flying spin (Min. 6 revolutions)</li> <li><input type="checkbox"/> One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)</li> </ul> | <p><i>Men:</i><br/>Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface.<br/><i>(See rule 4105 for remarks)</i></p> <p><i>Ladies:</i><br/>One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. <i>(See rule 4104 &amp; 4105 for remarks.)</i></p> | <p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p> |
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## EVENT: Well Balanced Program Free Skate

General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted for pre-preliminary – intermediate.
3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. Either IJS or the 6.0 judging system may be used for this event.
5. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on [www.usfigureskating.org](http://www.usfigureskating.org), under “Technical Information,” then “Singles/Pairs”

| 2016-2017   | Jump Elements   | Spins  | Step Sequences   |
|---|---|--|--|
| <p><b>NO TEST</b><br/> <b>1:40 maximum</b><br/>                     *means element is required</p>          | <p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• All single jumps allowed except for the single Axel                             <ul style="list-style-type: none"> <li>o No single Axels, double, triple or quadruple jumps</li> <li>o Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>• Max 2 jump combinations or jump sequences                             <ul style="list-style-type: none"> <li>o Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted.</li> <li>o Jump sequences limited to a maximum of 3 single jumps</li> </ul> </li> </ul>   | <p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins may change level and/or position</li> <li>• Spins may start with a flying entry</li> <li>• Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 410 (E))</p> | <p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• Step Sequence                             <ul style="list-style-type: none"> <li>o Must use one-half the ice surface</li> <li>o Moves in the field and spiral sequences are permitted but will not be counted as elements</li> <li>o Jumps may be included in the step sequence</li> </ul> </li> </ul> |
| <p><b>PRE- PRELIMINARY</b><br/> <b>1:40 maximum</b><br/>                     *means element is required</p> | <p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• All single jumps, including the single Axel, allowed                             <ul style="list-style-type: none"> <li>o No double, triple or quadruple jumps allowed</li> <li>o Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels)</li> <li>o Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>• Max 2 jump combinations or jump sequences                             <ul style="list-style-type: none"> <li>o Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted.</li> <li>o Jump sequences limited to a maximum of 3 single jumps</li> </ul> </li> </ul> | <p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins may change level and/or position</li> <li>• Spins may start with a flying entry</li> <li>• Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 410 (E))</p> | <p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• Step Sequence                             <ul style="list-style-type: none"> <li>o Must use one-half the ice surface</li> <li>o Moves in the field and spiral sequences are permitted but will not be counted as elements</li> <li>o Jumps may be included in the step sequence</li> </ul> </li> </ul> |

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| <p><b>PRELIMINARY</b><br/> <b>1:30 +/- 10 sec</b><br/> *means element is required</p>  | <p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel or a waltz jump*</li> <li>• All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) <ul style="list-style-type: none"> <li>o Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed</li> <li>o An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination</li> <li>o Number of single jumps is not limited provided the number of jump elements allowed is not exceeded</li> </ul> </li> <li>• Max 2 jump combinations or sequences <ul style="list-style-type: none"> <li>o Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump permitted</li> <li>o Jump sequences limited to a maximum of 3 single or double jumps.</li> </ul> </li> </ul> | <p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins may change feet and/or position</li> <li>• Spins may start with a flying entry</li> <li>• Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103)</p>   | <p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• Step Sequence <ul style="list-style-type: none"> <li>o Must use one-half the surface</li> <li>o Moves in the field and spiral sequences are permitted but will not be counted as elements</li> <li>o Jumps may be included in the step sequence</li> </ul> </li> </ul>   |
| <p><b>PRE-JUVENILE</b><br/> <b>2:00 +/- 10 sec</b><br/> *means element is required</p> | <p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• All single and double jumps allowed except for the double Axel <ul style="list-style-type: none"> <li>o No triple or quadruple jumps allowed</li> <li>o An Axel plus up to 3 different double jumps may be repeated once (but no more) as solo jumps or part of a jump sequence or jump combination</li> <li>o Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>• Max 2 jump combinations or sequences <ul style="list-style-type: none"> <li>o Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted</li> <li>o Jump sequences limited to a maximum of 3 single or double jumps</li> </ul> </li> </ul>   | <p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• 1 spin combination , with or without change of foot <ul style="list-style-type: none"> <li>o May start with a flying entry</li> <li>o Min 6 revs</li> </ul> </li> <li>• 1 spin with only 1 position* <ul style="list-style-type: none"> <li>o No change of foot</li> <li>o May start with a flying entry</li> <li>o Min 4 revs</li> </ul> </li> </ul> <p>These spins must be of a</p> | <p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• Step Sequence <ul style="list-style-type: none"> <li>o Must fully utilize the ice surface</li> <li>o Moves in the field and spiral sequences are permitted but will not be counted as elements</li> <li>o Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then:</b><br/> <b>ChSt</b></p> <ul style="list-style-type: none"> <li>o</li> </ul> |

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|--|---|---|---|
|  |   | different character<br>(For definition see U.S. Figure Skating rule 4103)   |   |
| <p><b>JUVENILE and OPEN JUVENILE</b><br/> <b>2:15 +/- 10 sec</b><br/> *means element is required</p> | <p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• All single and double jumps, including the double Axel, allowed <ul style="list-style-type: none"> <li>o No triple or quadruple jumps allowed</li> <li>o No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence</li> <li>□□ If both executions (of the double) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> <li>o No double jump can be included more than twice</li> </ul> </li> <li>• Max 2 jump combinations or sequences <ul style="list-style-type: none"> <li>o Jump combinations limited to 2 jumps except one may be a 3-jump combination with a max of 2 double jumps and 1 single jump</li> <li>o Number of jumps in jump sequence is not limited</li> </ul> </li> </ul> | <p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> <li>o Min 8 revs</li> <li>o All 3 basic positions with min 2 revs in each position for highest base value</li> </ul> </li> <li>• 1 spin with only 1 position; no change of foot* <ul style="list-style-type: none"> <li>o Min 5 revs</li> </ul> </li> </ul> <p>Both spins may start with a flying entry<br/> Spins must be of a different character<br/> (For definition see U.S. Figure Skating rule 4103 (E))</p> | <p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• One choreographic step sequence* <ul style="list-style-type: none"> <li>o Must fully utilize the ice surface</li> </ul> </li> </ul> |
| <p><b>INTERMEDIATE</b><br/> <b>2:30 +/- 10 sec</b><br/> *means element is required</p>               | <p><b>Max 6 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• All single, double and triple jumps allowed <ul style="list-style-type: none"> <li>o No more than 2 different jumps with 2 ½ or 3 revolutions may be repeated</li> <li>o If any double or triple jumps, including double Axel, are repeated, at least one attempt must be part of a jump combination or sequence</li> <li>□□ If both executions (of the double or triple) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> <li>o No double or triple jump can be included more than twice</li> </ul> </li> <li>• Max 3 jump combinations or sequences <ul style="list-style-type: none"> <li>o Combinations are limited to 2 jumps</li> <li>o One 3-jump combination is permitted</li> </ul> </li> </ul>  | <p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> <li>o Min 8 revs</li> <li>o All 3 basic positions with min 2 revs in each position for highest base value</li> </ul> </li> <li>• 1 spin with only 1 position; no change of</li> </ul>   | <p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• One choreographic step sequence* <ul style="list-style-type: none"> <li>o Must fully utilize the ice surface</li> </ul> </li> </ul> |

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|   | <ul style="list-style-type: none"> <li>o Number of jumps in jump sequence is not limited</li> </ul>  | <p>foot*</p> <ul style="list-style-type: none"> <li>o Min 5 revs</li> </ul> <p>Both spins may start with a flying entry<br/>Spins must be of a different character<br/>(For definition see U.S. Figure Skating rule 4103 (E))</p>   |   |
| <p><b>NOVICE LADIES</b><br/><b>3:00 +/- 10 sec</b><br/>*means element is required</p> | <p>Max 6 Jump Elements</p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• All single, double and triple jumps are allowed</li> <li>o No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence.</li> <li>□□ If both executions (of the double Axel or same triple) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> <li>o There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice</li> <li>• Max 3 jump combinations or sequences</li> <li>o Combinations limited to 2 jumps</li> <li>o One 3-jump combination is permitted</li> <li>o Number of jumps in jump sequence is not limited</li> </ul> | <p><b>Max 3 Spins</b></p> <ul style="list-style-type: none"> <li>• 1 spin combination; with or without change of foot*</li> <li>o Min 10 revs</li> <li>o All 3 basic positions with min 2 revs in each position for highest base value</li> <li>• 1 flying spin with no change of foot or position*</li> <li>o Min 6 revs</li> <li>• 3rd spin is option of skater</li> </ul> <p>All spins may start with a flying entry<br/>Spins must be of a different character<br/>(For definition see U.S. Figure Skating rule 4103 (E))</p> | <p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• One leveled step sequence*</li> <li>o Must fully utilize the ice surface</li> </ul> |

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| <p><b>NOVICE MEN</b><br/> <b>3:30 +/- 10 sec</b><br/> *means element is required</p>    | <p><b>Max 7 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• All single, double and triple jumps are allowed <ul style="list-style-type: none"> <li>o No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least one attempt must be part of a jump combination or sequence.</li> <li>□□ If both executions (of the double Axel or same triple) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> <li>o There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice</li> </ul> </li> <li>• Max 3 jump combinations or sequences <ul style="list-style-type: none"> <li>o Combinations limited to 2 jumps</li> <li>o One 3-jump combination is permitted</li> <li>o Number of jumps in jump sequence is not limited</li> </ul> </li> </ul> | <p><b>Max 3 Spins</b></p> <ul style="list-style-type: none"> <li>• 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> <li>o Min 10 revs</li> <li>o All 3 basic positions with min 2 revs in each position for highest base value</li> </ul> </li> <li>• 1 flying spin with no change of foot or position* <ul style="list-style-type: none"> <li>o Min 6 revs</li> <li>• 3rd spin is option of skater</li> </ul> </li> </ul> <p>All spins may start with a flying entry<br/> Spins must be of a different character<br/> (For definition see U.S. Figure Skating)</p> | <p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• One leveled step sequence*</li> <li>o Must fully utilize the ice surface</li> </ul> |
| <p><b>JUNIOR LADIES</b><br/> <b>3:30 +/- 10 sec</b><br/> *means element is required</p> | <p><b>Max 7 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• Jumps can contain any number of revolutions <ul style="list-style-type: none"> <li>o Of all the triples or quads, only 2 can be executed twice</li> <li>□□ If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> <li>o No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence</li> </ul> </li> <li>• Max 3 jump combinations or sequences <ul style="list-style-type: none"> <li>o Combinations limited to 2 jumps</li> <li>o One 3-jump combination is permitted</li> <li>o Number of jumps in a sequence is not limited</li> </ul> </li> </ul>  | <p><b>Max 3 Spins</b></p> <ul style="list-style-type: none"> <li>• 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> <li>o Min 10 revs</li> <li>o All 3 basic positions with min 2 revs in each position for highest base value</li> </ul> </li> <li>• 1 spin with a flying entry* <ul style="list-style-type: none"> <li>o Min 6 revs</li> <li>• 1 spin with only 1 position*</li> <li>o Min 6 revs</li> </ul> </li> </ul> <p>All spins may</p>   | <p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• One leveled step sequence*</li> <li>o Must fully utilize the ice surface</li> </ul> |

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|  |   | change feet and start with a flying entry<br>Spins must be of a different character<br>(For definition see U.S. Figure Skating rule 4103 (E))  |   |
| <b>JUNIOR MEN</b><br><b>4:00 +/- 10 sec</b><br>*means element is required    | <b>Max 8 Jump Elements</b> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• Jumps can contain any number of revolutions             <ul style="list-style-type: none"> <li>o Of all the triples or quads, only 2 can be executed twice</li> <li>□□ If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> <li>o No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence</li> </ul> </li> <li>• Max 3 jump combinations or sequences             <ul style="list-style-type: none"> <li>o Combinations limited to 2 jumps</li> <li>o One 3-jump combination is permitted</li> <li>o Number of jumps in a sequence is not limited                 <ul style="list-style-type: none"> <li>o</li> </ul> </li> </ul> </li> </ul> | <b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>• 1 spin combination; with or without change of foot*</li> <li>o Min 10 revs</li> <li>o All 3 basic positions with min 2 revs in each position for highest base value</li> <li>• 1 spin with a flying entry*</li> <li>o Min 6 revs</li> <li>• 1 spin with only 1 position*</li> <li>o Min 6 revs</li> </ul> <p>All spins may change feet and start with a flying entry<br/>Spins must be of a different character<br/>(For definition see U.S. Figure Skating rule 4103 (E))</p> | <b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>• One leveled step sequence*</li> <li>o Must fully utilize the ice surface             <ul style="list-style-type: none"> <li>o</li> </ul> </li> </ul> |
| <b>SENIOR LADIES</b><br><b>4:00 +/- 10 sec</b><br>*means element is required | <b>Max 7 Jump Elements</b> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• Jumps can contain any number of revolutions             <ul style="list-style-type: none"> <li>o Of all the triples or quads, only 2 can be</li> </ul> </li> </ul>  | <b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>• 1 spin combination; with or without</li> </ul>   | <b>Max 2 Sequences</b> <ul style="list-style-type: none"> <li>• One leveled step sequence*</li> <li>o Must fully utilize the</li> </ul>   |

|  |   |   |  |
|--|---|---|--|
|  | <p>executed twice</p> <ul style="list-style-type: none"> <li>□□ If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> <li>○ No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence <ul style="list-style-type: none"> <li>• Max 3 jump combinations or sequences</li> </ul> </li> <li>○ Combinations limited to 2 jumps</li> <li>○ One 3-jump combination is permitted</li> <li>○ Number of jumps in a sequence is not limited <ul style="list-style-type: none"> <li>○</li> </ul> </li> </ul>  | <p>change of foot*</p> <ul style="list-style-type: none"> <li>○ Min 10 revs</li> <li>○ All 3 basic positions with min 2 revs in each position for highest base value <ul style="list-style-type: none"> <li>• 1 spin with a flying entry*</li> </ul> </li> <li>○ Min 6 revs <ul style="list-style-type: none"> <li>• 1 spin with only 1 position*</li> </ul> </li> <li>○ Min 6 revs</li> </ul> <p>All spins may change feet and start with a flying entry<br/>Spins must be of a different character<br/>(For definition see U.S. Figure Skating rule 4103 (E))</p>   | <p>ice surface</p> <ul style="list-style-type: none"> <li>• One choreographic sequence*</li> <li>○ Must be clearly visible</li> </ul>  |
| <p><b>SENIOR MEN</b><br/><b>4:30 +/- 10 sec</b><br/>*means element is required</p> | <p><b>Max 8 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• Jumps can contain any number of revolutions <ul style="list-style-type: none"> <li>○ Of all the triples or quads, only 2 can be executed twice</li> </ul> </li> <li>□□ If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> <li>○ No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence <ul style="list-style-type: none"> <li>• Max 3 jump combinations or sequences</li> </ul> </li> <li>○ Combinations limited to 2 jumps</li> <li>○ One 3-jump combination is permitted</li> <li>○ Number of jumps in a sequence is not limited</li> </ul> | <p><b>Max 3 Spins</b></p> <ul style="list-style-type: none"> <li>• 1 spin combination; with or without change of foot*</li> <li>○ Min 10 revs</li> <li>○ All 3 basic positions with min 2 revs in each position for highest base value <ul style="list-style-type: none"> <li>• 1 spin with a flying entry*</li> </ul> </li> <li>○ Min 6 revs <ul style="list-style-type: none"> <li>• 1 spin with only 1 position*</li> </ul> </li> <li>○ Min 6 revs</li> </ul> <p>All spins may change feet and start with a flying entry<br/>Spins must be of a different character<br/>(For definition see U.S. Figure Skating rule 4103 (E))</p> | <p><b>Max 2 Sequences</b></p> <ul style="list-style-type: none"> <li>• One leveled step sequence* <ul style="list-style-type: none"> <li>○ Must fully utilize the ice surface</li> </ul> </li> <li>• One choreographic sequence* <ul style="list-style-type: none"> <li>○ Must be clearly visible</li> </ul> </li> </ul> |

## SINGLES SHORT PROGRAM

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. IJS Juvenile and Open Juvenile short program-Same as Intermediate-Rule 4230
- B. Intermediate short program – Rule 4230
- c. Novice short program – Rule 4220
- D. Junior short program – Rule 4210
- E. Senior short program – Rule 4200

## PAIRS FREE SKATING EVENTS

Pair events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Pre-juvenile – senior (See rules 5200-5250)

## PAIRS SHORT PROGRAM EVENTS

Pair events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Intermediate short program – Rule 5230
- B. Novice short program – Rule 5220
- C. Junior short program – Rule 5210
- D. Senior short program – Rule 5200

### EVENT: Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

| Level         | Time      | Skating rules/standards  |
|---------------|-----------|--|
| Beginner      | 1:15 max. | <ol style="list-style-type: none"> <li>1. Waltz jump</li> <li>2. ½ jump of choice</li> <li>3. Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional)</li> <li>4. Forward or backward spiral</li> </ol>  |
| High Beginner | 1:15 max. | <ol style="list-style-type: none"> <li>1. Toe loop jump</li> <li>2. Salchow jump</li> <li>3. Forward scratch spin - minimum three revolutions</li> <li>4. Forward or backward spiral</li> </ol>  |
| No-Test       | 1:15 max. | <ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions</li> <li>4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol> |





## EVENT: COMPULSORY MOVES

### General event parameters:

1. Basic Skills – Juvenile: Elements skated on ½ ice
2. Intermediate – Senior: Elements skated on full-ice
3. Elements may be performed only once
4. Music is not allowed

| Level                | Time      | Skating rules/standards  |
|----------------------|-----------|--|
| Pre – Preliminary    | 1:15 max. | <ol style="list-style-type: none"> <li>1. Single Toe Loop</li> <li>2. Jump combination: single/single (no Axel)</li> <li>3. Sit spin or camel spin - minimum three revolutions</li> <li>4. Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ol> |
| Preliminary          | 1:15 max. | <ol style="list-style-type: none"> <li>1. Single Lutz</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Back upright spin - minimum three revolutions</li> <li>4. Forward inside spiral</li> </ol>  |
| Pre – Juvenile       | 1:15 max. | <ol style="list-style-type: none"> <li>1. Single jump (may include Axel)</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence - circular</li> </ol>                       |
| Juvenile & Open Juv. | 1:15 max. | <ol style="list-style-type: none"> <li>1. Single Axel</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence – circular</li> </ol>  |
| Intermediate         | 1:30 max. | <ol style="list-style-type: none"> <li>1. Double Salchow or double toe loop</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Flying spin, minimum five revolutions</li> <li>4. Step sequence – straight line</li> </ol>                                  |
| Novice               | 1:30 max. | <ol style="list-style-type: none"> <li>1. Double loop</li> <li>2. Jump combination: double/single or double/double</li> <li>3. Flying spin - minimum five revolutions</li> <li>4. Step sequence – straight line</li> </ol>   |
| Junior               | 1:30 max. | <ol style="list-style-type: none"> <li>1. Double flip</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol>  |
| Senior               | 1:30 max. | <ol style="list-style-type: none"> <li>1. Double Lutz</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol>  |

## SINGLES JUMPS CHALLENGE

EVENT: Jumps Challenge

General event parameters:

1. Each jump may be attempted twice; the best attempt will be counted.
2. Pre-juvenile and lower will be skated  $\frac{1}{2}$  ice; Juvenile – senior will be skated on full ice
3. Jumps with an "\*" must be preceded with connecting steps (intermediate – senior)

| Level                  | Time      | Skating Rules/Standards   |
|------------------------|-----------|---|
| Beginner               | 1:15 max. | 1.Waltz jump (from backward crossovers)<br>2. $\frac{1}{2}$ flip or $\frac{1}{2}$ Lutz<br>3.Single Salchow                                |
| High Beginner          | 1:15 max. | 1.Waltz jump (from backward crossovers)<br>2.Single Salchow<br>3.Jump combination – waltz jump-toe loop                                   |
| No Test                | 1:15 max. | 1.Single toe loop<br>2.Single loop<br>3.Jump combination – Any two $\frac{1}{2}$ or single revolution jumps (no Axel)                     |
| Pre-preliminary        | 1:15 max. | 1.Single toe loop<br>2.Single flip<br>3.Jump combination - Any two $\frac{1}{2}$ or single revolution jumps (no Axel)                     |
| Preliminary            | 1:15 max. | 1.Single flip<br>2.Single Lutz<br>3.Jump combination – Any single jump + single loop (may be Axel)  |
| Pre-Juvenile           | 1:15 max. | 1.Single Axel<br>2.Single or double jump<br>3.Jump combination – single/single (no Axel)  |
| Juvenile/Open Juvenile | 1:15 max. | 1.Single Axel<br>2.Double Salchow<br>3.Jump combination – single/single or double/single (no Axel)  |
| Intermediate           | 1:15 max. | 1.Single Axel<br>2.Double loop*<br>3.Jump combination – double/single (no Axel)   |
| Novice                 | 1:15 max. | 1.Double loop<br>2.Double flip*<br>3.Jump combination – double/double (may be double Axel)  |
| Junior                 | 1:15 max. | 1.Choice of double or triple jump<br>2.Double or triple flip*<br>3.Jump combination – double/double (may be double Axel)                  |
| Senior                 | 1:15 max. | 1.Choice of double or triple jump<br>2.Double or triple Lutz*<br>3.Jump combination – double/double or triple/double (may be double Axel) |



This event is a standard U.S. Figure Skating Nonqualifying Competition



## SINGLES SPINS CHALLENGE

General event parameters:

1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
2. All events are skated on ½ ice.
3. Minimum number of revolutions are noted in parentheses.

| Level                  | Time | Skating Rules/Standards  |
|------------------------|------|--|
| Beginner               | 1:30 | 1.Upright one-foot spin (3)<br>2.Upright two-foot spin (3)<br>3.Sit spin (3)   |
| High Beginner          | 1:30 | 1.Upright one-foot spin (3)<br>2.Upright two-foot spin (3)<br>3.Sit spin (3)   |
| No test                | 1:30 | 1.Upright one-foot spin (3)<br>2.Upright two-foot spin (3)<br>3.Sit spin (3)   |
| Pre-preliminary        | 1:30 | 1.Upright one-foot spin (3)<br>2.Upright two-foot spin (3)<br>3.Sit spin (3)   |
| Preliminary            | 1:30 | 1.Backward upright spin (3)<br>2.Combination spin with no of foot (4)<br>3.Sit spin (3)  |
| Pre-Juvenile           | 1:30 | 1.Camel spin (3)<br>2.Combination spin – camel to sit spin; no change of foot (6)<br>3.Forward to backward scratch spin (3 per foot)   |
| Juvenile/Open Juvenile | 1:30 | 1.Sit spin (4)<br>2.Combination spin – change of foot; optional change of position (4 per foot)<br>3.Girls – layback spin (4); Boys – camel spin (4)   |
| Intermediate           | 1:30 | 1.Flying camel spin (5)<br>2.Sit spin to backward sit spin (4 per foot)<br>3.Combination spin – change of foot & change of position (4 per foot)   |
| Novice                 | 1:30 | 1.Choice of camel, sit or layback spin (6)<br>2.Camel spin to backward camel spin (4 per foot in position)<br>3.Combination spin – change of foot & two changes of position (2 per position & 5 per foot)            |
| Junior                 | 1:30 | 1.Flying sit spin or flying reverse sit spin (6)<br>2.Ladies – layback spin (6); men – cross-foot spin (6)<br>3.Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot) |
| Senior                 | 1:30 | 1.Flying spin of choice (6)<br>2.Solo spin of choice (6) – may not fly<br>3.Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)                                     |

## Hotels

Please mention Shores Autumn Classic Competition to receive the group rate. Rates are good for September 16-18<sup>th</sup>, 2016. Rates include Continental Breakfast.

Courtyard Marriott  
30190 Van Dyke Avenue  
Warren MI, 48093  
586-751-5777

Rate: \$92 for king  
\$102 for Queen/Queen  
Must book by August 25th

Baymont Inn Warren  
7447 Convention Blvd.

Rate: \$88.99 2 Double beds  
Must reserve by August 29th

Warren, MI 48092  
586-977-7270

Holiday Inn Express  
11500 E 11 Mile Rd.  
Warren, MI 48089  
586-754-9700

Rate: \$100 for 2 Double beds  
Reserve by September 2nd

