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## 6<sup>th</sup> Annual SkateFest and Basic Skills Competition Sanction 22804

New Edge FSC

January 23, 2016

**DEADLINE January 6, 2016**

The SkateFest will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

**SERIES INFORMATION:** NEFSC is proud to participate in the Tri-State Council of Figure Skating Clubs' Championship Series for Test Track Skaters. At SkateFest points will be accumulated and tabulated for all individuals participating in Test Track events. **No need to register - nothing for you to do.** These points will be tallied for the entire season for participating competitions. You can follow your points on [www.sk8stuff.com](http://www.sk8stuff.com) website – under the "Series" tab, click on Tri-State Test Track Series. At the end of the season medals will be presented at the Tri-State Free Skating Competition to be held in April 2016 for those accumulating the most points.

**ELIGIBILITY/TEST LEVEL:**

**Test level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

**Age restrictions/requirements:** Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner–pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

**ENTRIES:** Entries must be postmarked by January 6, 2016. On-line entry available at [www.sk8stuff.com](http://www.sk8stuff.com), but checks and certification must be received by the deadline; entry forms are also available at the NEFSC website at: [www.newedgefsc.org](http://www.newedgefsc.org). Late entries will be accepted at the discretion of the organizers. Registering on-line is considered a commitment and payment/signatures must be mailed promptly.

**ENTRY FEES:** The entry fee is \$85 for the first event and \$40 for the second and any subsequent event; solo dance is \$65 for TWO DANCES. **BASIC SKILLS EVENTS** are \$45 for the first event and \$20 for each additional event.

**DISCOUNTS AVAILABLE:** Families with multiple skaters may count events together for discounts. For example, two skaters in one family each skating one event can pay \$85 for first event and \$40 for second event, even though they are different skaters from the same family. Any additional events for each skater will be charges at the additional event fee.

**Please make check payable to: New Edge FSC (NEFSC). Mail application and fees to:  
New Edge FSC, c/o Claudia Saliba, 2914 Ellwood, Berkley, MI 48072**

**REFUND POLICY:** Entry fees will not be refunded unless the event is canceled. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$30 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events.

**FACILITIES:** The competition will be held at John Lindell Ice Arena, 1403 Lexington Blvd., Royal Oak, Michigan, 48073 (248) 246-3950. The ice surface is oval shaped and measures 85' x 200'. The rink has a concession stand with food and drink items for purchase in the lobby. Generally, vendors will be selling skate apparel and accessories at the competition; also a photographer is available to take photos at the podium, and an engraver will be on hand to engrave medals for an additional charge.

**MUSIC:** Music will be required to be uploaded prior to the competition. Instructions will be emailed once applications are processed. The official competition music must be turned in at the registration table at the time of check-in. A duplicate CD should be readily available. Music may be picked up at the registration table following events. The NEFSC is not responsible for CDs left at the end of the competition.

**LIABILITY:** U.S. Figure Skating, New Edge FSC, the John Lindell Ice Arena and Suburban Management Company accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**JUDGING SYSTEM:** All events will be judged using the 6.0 Judging System.

**REGISTRATION:** Registration will begin one hour before the start of competition. Skaters will not be allowed to compete unless they have checked in at the registration table, music has been submitted, fees have been paid and signatures received. The registration table will be located upon entering the lobby of the ice arena. Please register promptly upon arrival. After the competition, please pick up your music from the registration table. Copies of the results will also be sold at the registration table.

**PRACTICE ICE:** Practice ice will be available in 20 minute increments at \$10 per session; practice sessions will be prior to the start of the competition and midway through the competition. Practice times will be set once the competition schedule is finalized. Advanced registration is not required and will be accepted until session is full. 20 skaters will be allowed on the ice during any one session. No music will be played. Practice Ice may be broken into sessions by skill level, depending on the number of registrants. Notification of competition and practice ice times will be available by email and will also be posted at: [www.newedgefsc.org](http://www.newedgefsc.org).

**AWARDS:** All events are final rounds. Medals will be presented IN THE LOBBY at the podium for first through fourth places. All other places will also receive medals, also available in the lobby. Awards will be presented as soon as results are posted. Skaters who placed should proceed to the lobby to receive their medals at the podium and to take pictures as soon as the results are posted. You are welcome to take photographs at the podium. **A professional photographer will also be taking photos at the podium which will be available for purchase through the photographer's website. An engraver is usually onsite to engrave medals for a nominal cost.**

**PHOTOGRAPHY/VIDEOGRAPHY:** All competitors will receive a video recording of their flight as a "Thank You" for participating. Make sure to pick up your copy before leaving. You are welcome to videotape and take your own photos during the competition, however **LIGHTED VIDEOTAPING AND FLASH PHOTOGRAPHY WILL NOT BE PERMITTED during the competition.**

**OFFICIAL NOTICES:** It is common for the time of schedule events and mid-day practice ice to change throughout the event. It is the responsibility of each competitor, parent and coach to check with the ice monitor for changes. Any cancellations will be posted with the Order of Events, generally posted inside the ice rink. **Skaters should arrive 1 hour prior to the scheduled time of their event and for practice ice.** A tentative schedule of events will be posted prior to the competition on the New Edge FSC website.

**INFORMATION REGARDING COACHES:**

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The NEFSC will have a list of compliant coaches who are cleared for a credential at the competition. **Coaches will need to check in at the event registration desk** and show a government issued photo I.D. to receive a credential. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

**CONTACT INFO:** If you have questions, please contact:

Claudia Saliba (248) 797-2611 Text messages preferred during business hours.

Email: [NewEdgeSkatefest@gmail.com](mailto:NewEdgeSkatefest@gmail.com)

**ADDITIONAL INFORMATION:** Please also check [www.newedgefsc.org](http://www.newedgefsc.org) for competition updates and [www.sk8stuff.com](http://www.sk8stuff.com).



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Test Track Free Skate

#### General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
4. Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
  - 0.1 from each mark for each technical element included that is not permitted in the event description.
  - 0.2 from the technical mark for each extra element included.
  - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	<i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front).</li> <li>• Max. 2 jump sequences</li> <li>• Max. 2 of any same jump</li> </ul>	<i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:40 Maximum	<i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>• Single rotation jumps: Salchow and toe loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump.</li> </ul>	<i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests



## U.S. Figure Skating Nonqualifying Competitions

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 maximum	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>)</li> <li>Single rotation jumps: Salchow, toe loop and loop only.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>Jumps with not more than one rotation (no Axels).</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)</li> <li>One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>Jumps with not more than one rotation (no Axels).</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One spin in one position, no change of foot (Min. 3 revolutions)</li> <li>One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test

<p>Juvenile 2:15 +/- 10 sec.</p>	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>Any single jumps, including Axel, are permitted.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One solo spin in one position, no change of foot (Min. 4 revolutions).</li> <li>One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot)</li> <li><i>Only solo spin may fly</i></li> </ul>	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p>
<p>Intermediate 2:30 +/- 10 sec.</p>	<p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow and double toe loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One must be a flying spin (min 5 revolutions),</li> <li>One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).</li> </ul>	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>
<p>Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.</p>	<p><i>Maximum of 7 jump elements for men and 6 for ladies:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop and double loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 3 spins, of a different nature:</i></p> <ul style="list-style-type: none"> <li>One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)</li> <li>The other spins are the option of the skater (min 6 revolutions per foot)</li> <li><i>All spins may fly</i></li> </ul>	<p>One step sequence or spiral sequence fully utilizing ice surface  (see rule 4104 &amp; 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>

<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Double jumps permitted: double Salchow, double toe loop, double loop and double flip</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position (Min. 6 revolutions)</li> <li>• One flying spin (Min. 6 revolutions)</li> <li>• One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)</li> </ul>	<p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>
<p>Senior</p> <p>Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Must include at least four different double jumps, one must be a double Lutz.</li> <li>• Triple jumps are not permitted</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position (Min. 6 revolutions)</li> <li>• One flying spin (Min. 6 revolutions)</li> <li>• One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)</li> </ul>	<p><i>Men:</i> Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)</p> <p><i>Ladies:</i> One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 &amp; 4105 for remarks.)</p>	<p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>

**2015-16 Singles Free Skating** – This chart has been updated with changes from the US Figure Skating Governing Council with changes that go into effect July 1, 2015. Junior and Senior events subject to change by ISU.

2015-16	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<p><b>NO TEST</b></p> <p><b><u>1:40 maximum</u></b></p> <p>*means element is required</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• All single jumps allowed except for the single Axel               <ul style="list-style-type: none"> <li>○ No single Axels, double, triple or quadruple jumps allowed</li> <li>○ Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>• Max 2 jump combinations or jump sequences               <ul style="list-style-type: none"> <li>○ Jump combinations limited to 2 jumps <u>except that one 3-jump combination with a maximum of 3 single jumps is permitted.</u></li> <li>○ Jump sequences limited to a maximum of 3 single jumps</li> <li>○ <u>Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination.</u></li> </ul> </li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins may change feet and/or position</li> <li>• Spins may start with a flying entry</li> <li>• Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• Step Sequence               <ul style="list-style-type: none"> <li>○ Must use one-half the ice surface</li> <li>○ Moves in the field and spiral sequences are permitted but will not be counted as elements</li> <li>○ Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>
<p><b>PRE- PRELIMINARY</b></p> <p><b><u>1:40 maximum</u></b></p> <p>*means element is required</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• All single jumps, including the single Axel, allowed               <ul style="list-style-type: none"> <li>○ No double, triple or quadruple jumps allowed</li> <li>○ Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels)</li> <li>○ Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>• Max 2 jump combinations or jump sequences               <ul style="list-style-type: none"> <li>○ Jump combinations limited to 2 jumps <u>except that one 3-jump combination with a maximum of 3 single jumps is permitted.</u></li> <li>○ Jump sequences limited to a maximum of 3 single jumps</li> <li>○ <u>Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination</u></li> </ul> </li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins may change feet and/or position</li> <li>• Spins may start with a flying entry</li> <li>• Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• Step Sequence               <ul style="list-style-type: none"> <li>○ Must use one-half the ice surface</li> <li>○ Moves in the field and spiral sequences are permitted but will not be counted as elements</li> <li>○ Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>



<p><b>PRELIMINARY</b></p> <p><b>1:30 +/- 10 sec</b></p> <p>*means element is required</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel or a waltz jump-type jump*</li> <li>• All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) <ul style="list-style-type: none"> <li>○ Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed</li> <li>○ An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination</li> <li>○ Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>• Max 2 jump combinations or sequences <ul style="list-style-type: none"> <li>○ Jump combinations limited to 2 jumps <u>except that one three jump combination with a maximum of 2 double jumps and 1 single jump permitted</u></li> <li>○ Jump sequences limited to a maximum of 3 single or double jumps.</li> <li>○ <u>Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination</u></li> </ul> </li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins may change feet and/or position</li> <li>• Spins may start with a flying entry</li> <li>• Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• Step Sequence <ul style="list-style-type: none"> <li>○ Must use one-half the ice surface</li> <li>○ Moves in the field and spiral sequences are permitted but will not be counted as elements</li> <li>○ Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>
<p><b>PRE-JUVENILE</b></p> <p><b>2:00 +/- 10 sec</b></p> <p>*means element is required</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• All single and double jumps allowed except for the double Axel <ul style="list-style-type: none"> <li>○ No triple or quadruple jumps allowed</li> <li>○ An Axel plus up to 3 different double jumps may be repeated once (but no more) as solo jumps, in jump sequences or in jump combinations</li> <li>○ Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>• Max 2 jump combinations or sequences <ul style="list-style-type: none"> <li>○ Jump combinations limited to 2 jumps <u>except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted</u></li> <li>○ Jump sequences limited to a maximum of 3 single or double jumps</li> <li>○ <u>Half-loop is considered a listed jump with the value of a single jump when used in a sequence or combination</u></li> </ul> </li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> <li>○ May start with a flying entry</li> <li>○ Min 6 revs</li> </ul> </li> <li>• 1 spin with only 1 position* <ul style="list-style-type: none"> <li>○ No change of foot</li> <li>○ May start with a flying entry</li> <li>○ Min 4 revs</li> </ul> </li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• Step Sequence <ul style="list-style-type: none"> <li>○ Must fully utilize the ice surface</li> <li>○ Moves in the field and spiral sequences are permitted but will not be counted as elements</li> <li>○ Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>

2015-16	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<b>JUVENILE and OPEN JUVENILE</b> <b>2:15 +/- 10 sec</b> *means element is required	<b>Max 5 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>All single and double jumps, including the double Axel, allowed               <ul style="list-style-type: none"> <li>No triple or quadruple jumps allowed</li> <li>No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence</li> <li>No double jump can be repeated more than once</li> </ul> </li> <li>Max 2 jump combinations or sequences               <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps <u>except one may be a 3-jump combination with a max of 2 double jumps and 1 single jump</u></li> <li><u>Half loop is considered a listed jump with the value of a single jump when used in a sequence or combination</u></li> <li>Number of jumps in jump sequence is not limited</li> </ul> </li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*               <ul style="list-style-type: none"> <li>Min 8 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 spin with only 1 position; no change of foot*               <ul style="list-style-type: none"> <li>Min 5 revs</li> </ul> </li> </ul> Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>One choreographic step sequence*               <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> </ul> </li> </ul>
<b>INTERMEDIATE</b> <b>2:30 +/- 10 sec</b> *means element is required	<b>Max 6 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump</li> <li>All single, double and triple jumps allowed               <ul style="list-style-type: none"> <li><u>No more than 2 different jumps with 2 ½ or 3 revolutions may be repeated</u></li> <li><u>If any double or triple jumps, including double Axel, are repeated, at least one attempt must be part of a jump combination or sequence</u></li> <li><u>No double or triple jump can be repeated more than once</u></li> </ul> </li> <li>Max 3 jump combinations or sequences               <ul style="list-style-type: none"> <li>Combinations are limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> <li>Number of jumps in jump sequence is not limited</li> </ul> </li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*               <ul style="list-style-type: none"> <li>Min 8 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 spin with only 1 position; no change of foot*               <ul style="list-style-type: none"> <li>Min 5 revs</li> </ul> </li> </ul> Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>One choreographic step sequence*               <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> </ul> </li> </ul>
<b>NOVICE LADIES</b> <b>3:00 +/- 10 sec</b> *means element is required	<b>Max 6 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>All single, double and triple jumps are allowed               <ul style="list-style-type: none"> <li><u>No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence.</u></li> <li>There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice</li> </ul> </li> <li>Max 3 jump combinations or sequences               <ul style="list-style-type: none"> <li>Combinations limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> <li>Number of jumps in jump sequence is not limited</li> </ul> </li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*               <ul style="list-style-type: none"> <li>Min 10 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 flying spin with no change of foot or position*               <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>3rd spin is option of skater</li> </ul> All spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>One leveled step sequence*               <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> </ul> </li> </ul>

<b>NOVICE MEN</b> <b>3:30 +/- 10 sec</b> *means element is required	<b>Max 7 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>All single, double and triple jumps are allowed               <ul style="list-style-type: none"> <li>No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least one attempt must be part of a jump combination or sequence.</li> <li>There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice</li> </ul> </li> <li>Max 3 jump combinations or sequences               <ul style="list-style-type: none"> <li>Combinations limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> <li>Number of jumps in jump sequence is not limited</li> </ul> </li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*               <ul style="list-style-type: none"> <li>Min 10 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 flying spin with no change of foot or position*               <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>3rd spin is option of skater</li> </ul> All spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>One leveled step sequence*               <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> </ul> </li> </ul>
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2014-15	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<b>JUNIOR LADIES</b> <b>3:30 +/- 10 sec</b> *means element is required	<b>Max 7 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Jumps can contain any number of revolutions               <ul style="list-style-type: none"> <li>Of all the triples or quads, only 2 can be executed twice                   <ul style="list-style-type: none"> <li>If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence</li> </ul> </li> <li>Max 3 jump combinations or sequences               <ul style="list-style-type: none"> <li>Combinations limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> <li>Number of jumps in a sequence is not limited</li> </ul> </li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*               <ul style="list-style-type: none"> <li>Min 10 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 spin with a flying entry*               <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>1 spin with only 1 position*               <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> </ul> All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>One leveled step sequence*               <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> </ul> </li> </ul>
<b>JUNIOR MEN</b> <b>4:00 +/- 10 sec</b> *means element is required	<b>Max 8 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Jumps can contain any number of revolutions               <ul style="list-style-type: none"> <li>Of all the triples or quads, only 2 can be executed twice                   <ul style="list-style-type: none"> <li>If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence</li> </ul> </li> <li>Max 3 jump combinations or sequences               <ul style="list-style-type: none"> <li>Combinations limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> <li>Number of jumps in a sequence is not limited</li> </ul> </li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*               <ul style="list-style-type: none"> <li>Min 10 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 spin with a flying entry*               <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>1 spin with only 1 position*               <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> </ul> All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>One leveled step sequence*               <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> </ul> </li> </ul>
<b>SENIOR LADIES</b> <b>4:00 +/- 10 sec</b> *means element is required	<b>Max 7 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Jumps can contain any number of revolutions               <ul style="list-style-type: none"> <li>Of all the triples or quads, only 2 can be executed twice                   <ul style="list-style-type: none"> <li>If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence</li> </ul> </li> <li>Max 3 jump combinations or sequences               <ul style="list-style-type: none"> <li>Combinations limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> <li>Number of jumps in a sequence is not limited</li> </ul> </li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*               <ul style="list-style-type: none"> <li>Min 10 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 spin with a flying entry*               <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>1 spin with only 1 position*               <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> </ul> All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 2 Sequences</b> <ul style="list-style-type: none"> <li>One leveled step sequence*               <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> </ul> </li> <li>One choreographic sequence*               <ul style="list-style-type: none"> <li>Must be clearly visible</li> </ul> </li> </ul>

<b>SENIOR MEN</b> <b>4:30 +/- 10 sec</b> *means element is required	<b>Max 8 Jump Elements</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Jumps can contain any number of revolutions               <ul style="list-style-type: none"> <li>Of all the triples or quads, only 2 can be executed twice                   <ul style="list-style-type: none"> <li>If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence</li> </ul> </li> <li>Max 3 jump combinations or sequences               <ul style="list-style-type: none"> <li>Combinations limited to 2 jumps</li> <li>One 3-jump combination is permitted</li> <li>Number of jumps in a sequence is not limited</li> </ul> </li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>1 spin combination; with or without change of foot*               <ul style="list-style-type: none"> <li>Min 10 revs</li> <li>Min 2 revs in each position</li> </ul> </li> <li>1 spin with a flying entry*               <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>1 spin with only 1 position*               <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> </ul> All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	<b>Max 2 Sequences</b> <ul style="list-style-type: none"> <li>One leveled step sequence*               <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> </ul> </li> <li>One choreographic sequence*               <ul style="list-style-type: none"> <li>Must be clearly visible</li> </ul> </li> </ul>
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## **SINGLES SHORT PROGRAM – All Short Program elements are from the 2015-16 season.**

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

Juv and Open Juv Short Program

Intermediate short program – Rule 4230

Novice short program – Rule 4220

Junior short program – Rule 4210

Senior short program – Rule 4200

### **Juvenile**

#### **Maximum 2 minutes**

- One jump combination consisting of one single jump and one double jump or two double jumps
- Axel (may not be repeated)
- Double jump (may not be repeated in the combination)
- Solo spin – minimum 4 revolutions in one position (may commence with a jump)
- Spin Combination – only one change of foot and at least one change of position (minimum 4 revolutions each foot)
- Choreographic step sequence

### **Open Juvenile**

#### **Maximum 2 minutes**

- One jump combination consisting of one single jump and one double jump or two double jumps
- Axel (may not be repeated)
- Double jump (May not be repeated in the combination)
- Solo Spin – minimum 4 revolutions in one position (may not commence with a jump)
- Spin Combination – only one change of foot and at least one change of position (minimum of 4 revolutions each foot)
- Choreographic step sequence

## 2015-16 Singles Short Program Requirements (Intermediate –Senior) –

This chart has been updated with changes from the US Figure Skating Governing Council with changes that go into effect July 1, 2015. Junior and Senior events subject to change by ISU.

<p><b>INTERMEDIATE LADIES/MEN</b> 2:00 max.</p>	<p><b>Single or Double Axel</b></p>	<p><b>Double or Triple Jump</b> Immediately preceded by connecting steps  May not repeat double Axel or <u>the triple jump used in the combination</u></p>	<p><b>Jump Combination</b>  Single/Double, Double/Double, Single/Triple, or Double/Triple  May not repeat Axel jump or solo jump performed</p>	<p><b>Spin</b> Only one position No change of foot May start with a fly Min. 5 revs.</p>	<p><b>Spin Combination</b> With only 1 change of foot and min. 1 change of position Min. 2 different basic positions with at least 2 revs. each No flying entry Min. 5 revs. each foot</p>	<p><b>Choreographic Step Sequence</b>  Fully utilizing the ice surface</p>
<p><b>NOVICE LADIES</b> 2:30 max.</p>	<p><b>Single or Double Axel</b></p>	<p><b>Double or Triple Jump</b> Immediately preceded by connecting steps  May not repeat double Axel or either jump in combo</p>	<p><b>Jump Combination</b>  Double/Double, Double/Triple or <u>Triple/Triple</u>  May not repeat double Axel or solo jump performed</p>	<p><b>Layback or Sideways Leaning Spin</b> No change of foot No flying entry Min. 6 revs.</p>	<p><b>Spin Combination</b> With only 1 change of foot and min. 1 change of position Min. 2 different basic positions with at least 2 revs. each No flying entry Min. 5 revs. each foot</p>	<p><b>Leveled Step Sequence</b>  Fully utilizing the ice surface</p>
<p><b>NOVICE MEN</b> 2:30 max.</p>	<p><b>Single or Double Axel</b></p>	<p><b>Double or Triple Jump</b> Immediately preceded by connecting steps  May not repeat double Axel or either jump in combo</p>	<p><b>Jump Combination</b>  Double/Double, Double/Triple or <u>Triple/Triple</u>  May not repeat Double Axel or solo jump performed</p>	<p><b>Camel or Sit Spin</b> With only 1 change of foot No change of position No flying entry Min. 5 revs. each foot</p>	<p><b>Spin Combination</b> With only 1 change of foot and min. 1 change of position Min. 2 different basic positions with at least 2 revs. each No flying entry Min. 5 revs. each foot</p>	<p><b>Leveled Step Sequence</b>  Fully utilizing the ice surface</p>

**All Short Program elements are from the 2015-16 season.**

**Junior** – 2:50 max – Rule 4210 (2016 US Figure Skating Rule Book)

**Senior** – 2:50 max – Rule 4200 (2016 US Figure Skating Rule Book)



## EVENT: BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level

Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. March followed by a two-foot glide and dip</li> <li>2. Forward two-foot swizzles, 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles, 2-6 in a row</li> </ol>
Basic 1	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Forward two-foot glide and dip</li> <li>2. Forward two-foot swizzles, 6-8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles, 6-8 in a row</li> </ol>
Basic 2	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Forward one-foot glide, either foot</li> <li>2. Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot</li> <li>3. Moving snowplow stop</li> <li>4. Two-foot turn in place, forward to backward</li> <li>5. Backward two-foot swizzles, 6 - 8 in a row</li> </ol>
Basic 3	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>3. Forward slalom</li> <li>4. Backward one-foot glide, either foot</li> <li>5. Two-foot spin, minimum three revolutions</li> </ol>
Basic 4	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Standstill forward outside three-turn, right and left</li> <li>2. Forward crossovers, 4-6 consecutive both directions</li> <li>3. Backward stroking, 4-6 strokes</li> <li>4. Backward snowplow stop, right or left</li> </ol>
Basic 5	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Backward crossovers, 4-6 consecutive, both directions</li> <li>2. Basic one-foot spin, free leg held to side of spinning leg, minimum three revolutions</li> <li>3. Side toe hop, either direction</li> <li>4. Hockey stop</li> </ol>
Basic 6	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Standstill forward inside three-turn, right and left</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line, right or left</li> <li>4. Lunge, right or left</li> <li>5. T-stop, right or left</li> </ol>
Basic 7	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Standstill forward inside open Mohawk, right to left and left to right</li> <li>2. Ballet Jump, either direction</li> <li>3. Back crossovers to a back outside edge landing position, clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
Basic 8	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns, right and left</li> <li>2. Waltz jump (from at standstill)</li> <li>3. Mazurka, either direction</li> <li>4. One combination move, clockwise <u>or</u> counter clockwise – two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Free Skate 1-6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Level	Time	Skating rules / standards
Free Skate 1	1:30+/-10 sec	<ol style="list-style-type: none"> <li>1. Advanced forward stroking, 4-6 consecutive</li> <li>2. One-foot upright scratch spin from backward crossovers, minimum three revolutions</li> <li>3. Waltz jump from backward crossovers</li> <li>4. Half flip jump</li> </ol>
Free Skate 2	1:30+/-10 sec	<ol style="list-style-type: none"> <li>1 Forward outside spiral, right or left</li> <li>2 Beginning back spin – entry optional, minimum two revolutions</li> <li>3 Waltz jump, side toe hop, waltz jump sequence</li> <li>4 Toe loop jump</li> </ol>
Free Skate 3	1:30+/-10 sec	<ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Back spin, minimum three revolutions</li> <li>3. Salchow jump</li> <li>4. Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ol>
Free Skate 4	1:30+/-10 sec	<ol style="list-style-type: none"> <li>1 Forward power 3's, 2-3 consecutive sets, right or left</li> <li>2 Sit spin, minimum three revolutions</li> <li>3 Loop jump</li> <li>4 Waltz jump-loop jump combination</li> </ol>
Free Skate 5	1:30+/-10 sec	<ol style="list-style-type: none"> <li>1 Camel spin, minimum three revolutions</li> <li>2 Forward upright spin to back upright spin, minimum three revolutions each foot</li> <li>3 Loop-loop jump combination</li> <li>4 Flip jump</li> </ol>
Free Skate 6	1:30+/-10 sec	<ol style="list-style-type: none"> <li>1 Camel, sit spin combination, minimum of four revolutions total</li> <li>2 Split jump or stag jump</li> <li>3 Waltz jump, ½ loop, Salchow jump sequence</li> <li>4 Lutz jump</li> </ol>



## U.S. Figure Skating Nonqualifying Competitions

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### EVENT: Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ol style="list-style-type: none"><li>1 Waltz jump</li><li>2 ½ jump of choice</li><li>3 Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional)</li><li>4 Forward or backward spiral</li></ol>
High Beginner	1:15 max.	<ol style="list-style-type: none"><li>1 Toe loop jump</li><li>2 Salchow jump</li><li>3 Forward scratch spin - minimum three revolutions</li><li>4 Forward or backward spiral</li></ol>
No-Test	1:15 max.	<ol style="list-style-type: none"><li>1 Loop jump</li><li>2 Jump combination to include a toe loop (may not use a loop or Axel)</li><li>3 Solo spin - sit <u>or</u> camel spin - minimum three revolutions</li><li>4 Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li></ol>





## U.S. Figure Skating Nonqualifying Competitions

### EVENT: COMPULSORY MOVES

General event parameters:

- 1 Basic Skills – Juvenile: Elements skated on ½ ice
- 2 Intermediate – Senior: Elements skated on full-ice
- 3 Elements may be performed only once
- 4 Music is not allowed

Level	Time	Skating rules/standards
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>1 Single Toe Loop</li> <li>2 Jump combination: single/single (no Axel)</li> <li>3 Sit spin or camel spin - minimum three revolutions</li> <li>4 Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ol>
Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>1 Single Lutz</li> <li>2 Jump combination: single/single (may include Axel)</li> <li>3 Back upright spin - minimum three revolutions</li> <li>4 Forward inside spiral</li> </ol>
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> <li>1 Single jump (may include Axel)</li> <li>2 Jump combination: single/single (may include Axel)</li> <li>3 Layback spin or camel spin - minimum three revolutions</li> <li>4 Step sequence - circular</li> </ol>
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> <li>1 Single Axel</li> <li>2 Jump combination: single/single or double/single</li> <li>3 Layback spin or camel spin - minimum three revolutions</li> <li>4 Step sequence – circular</li> </ol>
Intermediate	1:30 max.	<ol style="list-style-type: none"> <li>1 Double Salchow or double toe loop</li> <li>2 Jump combination: single/single or double/single</li> <li>3 Flying spin, minimum five revolutions</li> <li>4 Step sequence – straight line</li> </ol>
Novice	1:30 max.	<ol style="list-style-type: none"> <li>1 Double loop</li> <li>2 Jump combination: double/single or double/double</li> <li>3 Flying spin - minimum five revolutions</li> <li>4 Step sequence – straight line</li> </ol>
Junior	1:30 max.	<ol style="list-style-type: none"> <li>1. Double flip</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol>
Senior	1:30 max.	<ol style="list-style-type: none"> <li>1. Double Lutz</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol>



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Basic Elements Event: SNOWPLOW SAM – BASIC 8

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**

Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:00 max.	<ol style="list-style-type: none"> <li>1 March followed by a two-foot glide and dip</li> <li>2 Forward two-foot swizzles, 2-3 in a row</li> <li>3 Forward snowplow stop</li> <li>4 Backward wiggles, 2-6 in a row</li> </ol>
Basic 1	1:00 max.	<ol style="list-style-type: none"> <li>1 Forward two-foot glide and dip</li> <li>2 Forward two-foot swizzles, 6-8 in a row</li> <li>3 Forward snowplow stop</li> <li>4 Backward wiggles, 6-8 in a row</li> </ol>
Basic 2	1:00 max.	<ol style="list-style-type: none"> <li>1 Forward one-foot glide, either foot</li> <li>2 Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot</li> <li>3 Moving snowplow stop</li> <li>4 Two-foot turn in place, forward to backward</li> <li>5 Backward two-foot swizzles, 6 - 8 in a row</li> </ol>
Basic 3	1:00 max.	<ol style="list-style-type: none"> <li>1 Forward stroking</li> <li>2 Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>3 Forward slalom</li> <li>4 Backward one-foot glide, either foot</li> <li>5 Two-foot spin – minimum three revolutions</li> </ol>
Basic 4	1:00 max.	<ol style="list-style-type: none"> <li>1 Standstill forward outside three-turn, right and left</li> <li>5 Forward outside edge on a circle, clockwise or counter clockwise</li> <li>6 Forward crossovers, 4-6 consecutive, both directions</li> <li>7 Backward stroking, 4-6 strokes</li> <li>8 Backward snowplow stop, right or left</li> </ol>
Basic 5	1:00 max.	<ol style="list-style-type: none"> <li>1 Backward outside edge on a circle, clockwise or counterclockwise</li> <li>2 Backward crossovers, 4-6 consecutive, both directions</li> <li>3 Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions</li> <li>4 Side toe hop, either direction</li> <li>5 Hockey stop</li> </ol>
Basic 6	1:00 max.	<ol style="list-style-type: none"> <li>1 Standstill forward inside three-turn, right and left</li> <li>2 Bunny Hop</li> <li>3 Forward spiral on a straight line, right or left</li> <li>4 Lunge, right or left</li> <li>5 T-stop, right or left</li> </ol>
Basic 7	1:00 max.	<ol style="list-style-type: none"> <li>1 Standstill forward inside open mohawk, right to left and left to right</li> <li>2 Ballet jump, either direction</li> <li>3 Back crossovers to a back outside edge landing position, clockwise and counter clockwise</li> <li>4 Forward inside pivot</li> </ol>
Basic 8	1:00 max.	<ol style="list-style-type: none"> <li>1 Moving forward outside or forward inside three-turns, right and left</li> <li>2 Waltz jump (from a standstill)</li> <li>3 Mazurka, either direction</li> <li>4 One combination move, clockwise or counter clockwise, two forward crossovers into forward inside mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum three revolutions</li> </ol>



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Free Skate 1-6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Level	Time	Skating rules / standards
Free Skate 1	1:15 max.	4. Advanced forward stroking, 4-6 consecutive 5. Backward outside three-turns, right and left 6. One-foot upright scratch spin from backward crossovers - minimum three revolutions 7. Waltz jump from backward crossovers 5. Half flip jump
Free Skate 2	1:15 max.	1 Forward outside or inside spiral, right or left 2 Waltz three's, right or left, 2-3 sets 3 Beginning back spin, entry optional - minimum two revolutions 4 Waltz jump, side toe hop, waltz jump sequence 5 Toe loop jump
Free Skate 3	1:15 max.	5. Forward crossovers in a figure 8 6. Backward inside three-turns, right and left 7. Back spin - minimum three revolutions 8. Salchow jump 9. Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	1 Forward power 3's, 2-3 consecutive sets, right or left 2 Sit spin - minimum three revolutions 3 Loop jump 4 Waltz jump/loop jump combination
Free Skate 5	1:15 max.	1 Camel spin - minimum three revolutions 2 Forward upright spin to back upright spin - minimum three revolutions each foot 3 Loop/loop jump combination 4 Flip jump
Free Skate 6	1:15 max.	1 Five step mohawk sequence - one set alternating pattern (refer to Basic Skills Curriculum Free skate 6) 2 Camel, sit spin combination - minimum of four revolutions total 3 Split jump or stag jump 4 Waltz jump, ½ loop, Salchow jump sequence 5 Lutz jump



## U.S. Figure Skating Nonqualifying Competitions

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### EVENT: Jumps Challenge

General event parameters:

- Each jump may be attempted twice; the best attempt will be counted.
- Pre-juvenile and lower will be skated ½ ice; Juvenile – senior will be skated on full ice
- Jumps with an "\*" must be preceded with connecting steps (intermediate – senior)

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Waltz jump (from backward crossovers)</li> <li>2. ½ flip or ½ Lutz</li> <li>3. Single Salchow</li> </ol>
High Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Waltz jump (from backward crossovers)</li> <li>2. Single Salchow</li> <li>3. Jump combination – waltz jump-toe loop</li> </ol>
No-Test	1:15 max.	<ol style="list-style-type: none"> <li>1. Single toe loop</li> <li>2. Single loop</li> <li>3. Jump combination – Any two ½ or single revolution jumps (no Axel)</li> </ol>
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>1. Single toe loop</li> <li>2. Single flip</li> <li>3. Jump combination - Any two ½ or single revolution jumps (no Axel)</li> </ol>
Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>1 Single flip</li> <li>2 Single Lutz</li> <li>3 Jump combination – Any single jump + single loop (may be Axel)</li> </ol>
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> <li>1 Single Axel</li> <li>2 Single or double jump</li> <li>3 Jump combination – single/single (no Axel)</li> </ol>
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> <li>1 Single Axel</li> <li>2 Double Salchow</li> <li>3 Jump combination – single/single or double/single (no Axel)</li> </ol>
Intermediate	1:15 max.	<ol style="list-style-type: none"> <li>1 Single Axel</li> <li>2 Double loop*</li> <li>3 Jump combination – double/single (no Axel)</li> </ol>
Novice	1:15 max.	<ol style="list-style-type: none"> <li>1 Double loop</li> <li>2 Double flip*</li> <li>3 Jump combination – double/double (may be double Axel)</li> </ol>
Junior	1:15 max.	<ol style="list-style-type: none"> <li>1 Choice of double or triple jump</li> <li>2 Double or triple flip*</li> <li>3 Jump combination – double/double (may be double Axel)</li> </ol>
Senior	1:15 max.	<ol style="list-style-type: none"> <li>1 Choice of double or triple jump</li> <li>2 Double or triple Lutz*</li> <li>3 Jump combination – double/double or triple/double (may be double Axel)</li> </ol>



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Spins Challenge

#### General event parameters:

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	<ol style="list-style-type: none"> <li>1 Upright one-foot spin (3)</li> <li>2 Upright two-foot spin (3)</li> <li>3 Sit spin (3)</li> </ol>
High Beginner	1:30 max.	<ol style="list-style-type: none"> <li>1 Upright one-foot spin (3)</li> <li>2 Upright two-foot spin (3)</li> <li>3 Sit spin (3)</li> </ol>
No-Test	1:30 max.	<ol style="list-style-type: none"> <li>1 Upright one-foot spin (3)</li> <li>2 Upright two-foot spin (3)</li> <li>3 Sit spin (3)</li> </ol>
Pre – Preliminary	1:30 max.	<ol style="list-style-type: none"> <li>1 Upright one-foot spin (3)</li> <li>2 Upright back scratch spin (3)</li> <li>3 Sit spin (3)</li> </ol>
Preliminary	1:30 max.	<ol style="list-style-type: none"> <li>1 Forward scratch to back scratch spin (3)</li> <li>2 Combination spin with no of foot (4)</li> <li>3 Sit spin (3)</li> </ol>
Pre – Juvenile	1:30 max.	<ol style="list-style-type: none"> <li>1 Camel spin (3)</li> <li>2 Combination spin – camel to sit spin; no change of foot (6)</li> <li>3 Forward to backward scratch spin (3 per foot)</li> </ol>
Juvenile & Open Juv.	1:30 max.	<ol style="list-style-type: none"> <li>1 Sit spin (4)</li> <li>2 Combination spin – change of foot; optional change of position (4 per foot)</li> <li>3 Girls – layback spin (4); Boys – camel spin (4)</li> </ol>
Intermediate	1:30 max.	<ol style="list-style-type: none"> <li>1 Flying camel spin (5)</li> <li>2 Sit spin to backward sit spin (4 per foot)</li> <li>3 Combination spin – change of foot &amp; change of position (4 per foot)</li> </ol>
Novice	1:30 max.	<ol style="list-style-type: none"> <li>1 Choice of camel, sit or layback spin (6)</li> <li>2 Camel spin to backward camel spin (4 per foot in position)</li> <li>3 Combination spin – change of foot &amp; two changes of position (2 per position &amp; 5 per foot)</li> </ol>
Junior	1:30 max.	<ol style="list-style-type: none"> <li>1 Flying sit spin or flying reverse sit spin (6)</li> <li>2 Ladies – layback spin (6); men – cross-foot spin (6)</li> <li>3 Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ol>
Senior	1:30 max.	<ol style="list-style-type: none"> <li>1 Flying spin of choice (6)</li> <li>2 Solo spin of choice (6) – may not fly</li> <li>3 Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ol>



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Moves in the field

#### General event parameters:

- Levels are based on the skaters' highest Moves in the field test passed.
- A moves in the field competition event will consist of the skater performing two moves in the field patterns.
- The patterns to be skated depend on which quarter of the year the competition is held. The skater will perform the two patterns listed for their level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30<sup>th</sup> – July 2<sup>nd</sup>), the moves will be selected based on the start date of the competition listed in the announcement (in this example, the 2<sup>nd</sup> quarter).
- Each skater will complete both of their required patterns consecutively in the order listed, pausing briefly in between.

Level	January 1- March 31 <sup>st</sup>	April 1 <sup>st</sup> – June 30 <sup>th</sup>	July 1 <sup>st</sup> – September 30 <sup>th</sup>	October 1 <sup>st</sup> – December 31 <sup>st</sup>
Pre-Preliminary	1. Forward perimeter stroking (1/2 rink only) 2. Basic consecutive edges (Forward outside & forward inside only)	1. Forward perimeter stroking (1/2 rink only). 2. Waltz eight (2 patterns/foot)	1. Basic consecutive edges (Backward outside & backward inside only). 2. Forward left & right spirals	1. Waltz eight 2. Forward left & right spirals
Preliminary	1. Forward & backward crossovers 2. Forward power 3-turns	1. Forward & backward crossovers 2. Consecutive outside & inside spirals	1. Forward circle eight 2. Alternating forward 3-turns.	1. Forward circle eight 2. Forward power 3-turns.
Pre-Juvenile	1. Forward & backward perimeter stroking. 2. Forward outside and backward inside 3-turns.	1. Forward & backward power change of edge pulls. 2. Forward inside and backward outside 3-turns.	1. Five-step mohawk sequence. 2. Backward circle eight.	1. Forward outside-backward inside 3-turns. 2. Backward circle eight.
Juvenile	1. Forward power circle 2. Backward power 3-turns.	1. Backward power circle. 2. Forward double 3-turns.	1. Eight-step mohawk sequence. 2. Forward double 3-turns.	1. Forward & backward free skate cross strokes. 2. Backward power 3-turns.
Intermediate	1. Brackets in the field 2. Spiral sequence	1. Brackets in the field 2. Forward twizzles (right forward outside & right forward inside only)	1. Forward twizzles (left forward outside & left forward inside only). 2. Inside slide chasse pattern.	1. Backward double three-turns. 2. Brackets in the field
Novice	1. Inside 3-turns/rocker-choctaws 2. Twizzles (Backward outside only)	1. Forward & backward outside counters. 2. Twizzles (Backward inside only)	1. Forward & backward inside counters. 2. Forward inside & outside loops.	1. Backward rocker choctaw sequence 2. Forward inside & outside loops.
Junior	1. Forward & backward outside rockers 2. Backward loop pattern.	1. Forward & backward inside rockers 2. Choctaw sequence	1. Straight line step sequence. 2. Power pulls	1. Straight line step sequence 2. Backward loop pattern.
Senior	1. Sustained edge step 2. Serpentine step sequence	1. Spiral sequence 2. Serpentine step sequence	1. Backward outside power double 3-turns to power inside double rockers. 2. Serpentine step sequence	1. Backward inside double 3-turns to power double outside rockers 2. Serpentine step sequence



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Solo Pattern Dance

General event parameters:

- Levels are based upon the skaters' highest pattern dance test passed.
- A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for their level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30<sup>th</sup> – July 2<sup>nd</sup>), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the 2<sup>nd</sup> quarter).
- Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

Level	January 1- March 31 <sup>st</sup>	April 1 <sup>st</sup> – June 30 <sup>th</sup>	July 1 <sup>st</sup> – September 30 <sup>th</sup>	October 1 <sup>st</sup> – December 31 <sup>st</sup>
Preliminary	1. Dutch Waltz 2. Canasta Tango	1. Rhythm Blues 2. Dutch Waltz	1. Canasta Tango 2. Rhythm Blues	1. Rhythm Blues 2. Dutch Waltz
Pre-bronze	1. Swing 2. Cha-Cha	1. Fiesta Tango 2. Swing	1. Cha-Cha 2. Fiesta Tango	1. Swing 2. Cha-Cha
Bronze	1. Hickory Hoedown 2. Willow Waltz	1. Ten Fox 2. Hickory Hoedown	1. Willow Waltz 2. Ten Fox	1. Hickory Hoedown 2. Willow Watz
Pre-silver	1. Fourteenstep 2. European Waltz	1. Foxtrot 2. Fourteenstep	1. European Waltz 2. Foxtrot	1. Fourteenstep 2. European Waltz
Silver	1. American Waltz 2. Silver Tango	1. Rocker Foxtrot 2. American Waltz	1. Silver Tango 2. Rocker Foxtrot	1. American Waltz 2. Silver Tango
Pre-gold	1. Killian 2. Blues	1. Paso Doble 2. Starlight Waltz	1. Killian 2. Blues	1. Paso Doble 2. Starlight Waltz
Gold	1. Viennese Waltz 2. Argentine Tango	1. Westminster Waltz 2. Quickstep	1. Viennese Waltz 2. Argentine Tango	1. Westminster Waltz 2. Quickstep



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Showcase Events – Light Entertainment Events

#### Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and Scenery are permitted

#### General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline
3. Current guidelines and procedures for nonqualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under “Programs” on the National Showcase page.

### Light Entertainment Levels

	Event	Must have passed(dance tests refer to solo or partnered standard track)	Must not have passed(dance tests refer to solo or partnered standard track)	Age	Time
Singles	Beginner, High Beginner, No Test*  Note: these levels do not qualify for National Showcase	-	Pre-Preliminary Free Skate	No Age restriction	1:30 max
	Pre-Preliminary*  Note: this level does not qualify for National Showcase	-	Preliminary Free Skate	No Age restriction	1:30 max
	Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate	No minimum age (max age 20)	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate 2 Preliminary Dances	Juvenile Free Skate or Complete Pre-Bronze Dance	No minimum age (max age 20)	1:40 max
	Juvenile	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	14-17	2:10 max
	Intermediate	Intermediate Free Skate Complete Bronze Dance	Novice Free Skate Any Gold Dance	17 and under	2:10 max
	Young Adult	Juvenile Free Skate Complete Preliminary Dance	Novice Free Skate Any Gold Dance	18-20	2:10 max
	Novice	Novice Free Skate One Silver Dance	Junior Free Skate Any Gold Dance	No age restriction	2:10 max



	Junior	Junior Free Skate Two Pre-Gold Dances	Senior Free Skate Completed Gold Dance		2:40 max
	Senior	Senior Free Skate Complete Gold Dance			2:40 max

*\*The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart*



## U.S. Figure Skating Nonqualifying Competitions

**EVENT:** Showcase Events – Dramatic Entertainment Events

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.
- Props and scenery are permitted

General event parameters:

- 1 Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 2 The determination of level will be based upon test requirement at the entry deadline
- 3 Current guidelines and procedures for nonqualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under "Programs" on the National Showcase page.

### Dramatic Entertainment Levels:

	Event	Must have passed(dance tests refer to solo or partnered standard track)	Must not have passed(dance tests refer to solo or partnered standard track)	Age	Time
Singles	Beginner, High Beginner, No Test*  Note: these levels do not qualify for National Showcase	-	Pre-Preliminary Free Skate	No Age restriction	1:30 max
	Pre-Preliminary*  Note: this level does not qualify for National Showcase	-	Preliminary Free Skate	No Age restriction	1:30 max
	Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate OR 2 Preliminary Dances	No minimum age	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate OR 2 Preliminary Dances	Juvenile Free Skate OR Complete Pre-Bronze Dance	No minimum age <i>(max age)</i>	1:40 max
	Juvenile	Juvenile Free Skate OR Complete Pre-Bronze Dance	Intermediate Free Skate OR Complete Bronze Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate OR Complete Pre-Bronze Dance	Intermediate Free Skate OR Complete Bronze Dance	14-17	2:10 max
	Intermediate	Intermediate Free Skate OR Complete Bronze Dance	Novice Free Skate OR One Silver Dance	17 and under	2:10 max

	Young Adult	Juvenile Free Skate OR Complete Pre-Bronze Dance	Novice Free Skate OR One Silver Dance	18-20	2:10 max
	Novice	Novice Free Skate OR One Silver Dance	Junior Free Skate OR Two Pre-Gold Dances	No age restriction	2:10 max
	Junior	Junior Free Skate OR Two Pre-Gold Dances	Senior Free Skate OR Completed Gold Dance		2:40 max
	Senior	Senior Free Skate OR Complete Gold Dance			2:40 max

*The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart.*



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Showcase Events – Interpretive Events

Format: Interpretive is a performance choreographed by the competitor, unaccompanied and unassisted, to music supplied by the competition committee. Programs should incorporate various elements of expressive movement and skating moves, to enhance the skater's interpretation of the music, rather than technical elements.

- The music will be played during a 30-minute off-ice session and twice during an on-ice warm-up prior to the performance.
  - The room will be attended only by the adult monitor assigned to play the music and the competing skaters in that group.
- **After the warm up skaters will go back to a room, with no music being played.**
- Skaters will be brought to the ice when the previous skater finishes.
- All competitors in an event will interpret the same music.
- Props are permitted but must be brought into the room prior to listening to the music, and be taken to the ice only when the skater is called to perform. Props may not be pre-positioned on the performance surface.

Current guidelines and procedures for nonqualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under "Programs" on the National Showcase page

### Interpretative Events and Levels

Level	Program Duration	Test Requirements
Pre-juvenile and below	1:00 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline
Juvenile - novice	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline
Junior and senior	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline
Teen and young adult	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline
All adult events	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline



# U.S. Figure Skating Non Qualifying Competition

EVENT: Adult Singles Free Skate

2015-16	JUMP ELEMENTS	SPINS	STEP SEQUENCE
<p><b>CHAMPIONSHIP MASTERS JUNIOR-SENIOR &amp; MASTERS JUNIOR-SENIOR</b></p> <p><b>3:40 maximum</b> * means element is required</p>	<p><b>Max 7 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• Min 1*, max 3 combinations or sequences</li> <li>• 1 jump combination may contain three jumps; the remaining jump combinations are limited to two jumps</li> <li>• Number of jumps in sequence is unlimited, but only the two highest-value jumps in a jump sequence will be counted</li> <li>• No Axels or multi-rotation jumps may be repeated more than once, and if repeated, those jumps must be in combination or sequence</li> </ul>	<p><b>Max 3 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>• Min 5 revs total if no change of foot</li> <li>• Min 4 revs each foot if change of foot</li> <li>• Min 2 revs in each position</li> </ul>	<p><b>Max 1 Step Sequence</b></p> <ul style="list-style-type: none"> <li>• <u>1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals.)</u></li> <li>• Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</li> </ul>
<p><b>CHAMPIONSHIP MASTERS INTERMEDIATE-NOVICE &amp; MASTERS INTERMEDIATE-NOVICE</b></p> <p><b>3:10 maximum</b> * means element is required</p>	<p><b>Max 6 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• Min 1*, max 3 combinations or sequences</li> <li>• 1 jump combination/sequence may contain three jumps; the remaining jump combinations/sequences are limited to two jumps</li> <li>• May perform only one double-double combination or sequence</li> <li>• Each jump may be repeated only once, and only as part of combination or sequence</li> <li>• All single jumps and the following double jumps are permitted: double toe loop, double Salchow, double loop</li> <li>• Only one double-double jump combination or sequence is permitted</li> <li>• Double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>	<p><b>Max 3 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>• Min 5 revs total if no change of foot</li> <li>• Min 4 revs each foot if change of foot</li> <li>• Min 2 revs in each position</li> </ul>	<p><b>Max 1 Step Sequence</b></p> <ul style="list-style-type: none"> <li>• <u>1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals.)</u></li> <li>• Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</li> </ul>
<p><b>CHAMPIONSHIP ADULT GOLD &amp; ADULT GOLD</b></p> <p><b>2:40 maximum</b> * means element is required</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• Min 1*, max 3 combinations or sequences</li> <li>• 1 jump combination/sequence may contain three jumps; the remaining jump combinations/sequences are limited to two jumps</li> <li>• Each jump may be repeated only once, and only as part of combination or sequence</li> <li>• All single jumps, including an Axel-type jump, are permitted, as are the following double jumps: double toe loop, double Salchow.</li> <li>• No double-double jump combinations or sequences are permitted</li> <li>• Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>	<p><b>Max 3 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>• Min 4 revs total if no change of foot</li> <li>• Min 4 revs each foot if change of foot</li> <li>• Min 2 revs in each position</li> </ul>	<p><b>Max 1 Step Sequence</b></p> <ul style="list-style-type: none"> <li>• <u>1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals.)</u></li> <li>• Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</li> </ul>

2015-16	JUMP ELEMENTS	SPINS	STEP/SPIRAL SEQUENCES
<p><b>CHAMPIONSHIP ADULT SILVER AND ADULT SILVER</b></p> <p><b>2:10 maximum</b> * means element is required</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• Min 1*, max 2 combinations or sequences</li> <li>• 1 combination/sequence may consist of three jumps, and the other may have only two jumps</li> <li>• Additional jump sequences which contain non-listed jumps of not more than one revolution performed as part of connecting footwork preceding single jumps are permitted</li> <li>• Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump)</li> <li>• All single jumps are permitted, including an Axel-type jump.</li> <li>• No double or triple jumps are permitted</li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>• Min 3 revs total if no change of foot</li> <li>• Min 3 revs each foot if change of foot</li> <li>• Min 2 revs in each position</li> </ul>	<p><b>Max 1 Sequence</b></p> <p>To be chosen from:</p> <ul style="list-style-type: none"> <li>• Step sequence</li> <li>or</li> <li>• Spiral sequence (any pattern)</li> </ul> <p>Must use at least ½ ice surface</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p>
<p><b>ADULT BRONZE</b></p> <p><b>1:50 maximum</b> * means element is required</p>	<p><b>Max 4 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• Min 1*, max 2 combinations or sequences;</li> <li>• 1 combination/sequence may consist of three jumps, and the other may have only two jumps</li> <li>• Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump)</li> <li>• All single jumps are permitted (except Axel)</li> <li>• No Axel, double or triple jumps are permitted</li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>• Min 3 revs total if no change of foot</li> <li>• Min 3 revs each foot if change of foot</li> <li>• Min 2 revs in each position</li> <li>• No flying spins are permitted</li> </ul>	<p><b>Max 1 Sequence</b></p> <p>To be chosen from:</p> <ul style="list-style-type: none"> <li>• Step sequence</li> <li>or</li> <li>• Spiral sequence (any pattern)</li> </ul> <p>Must use at least ½ ice surface</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p>

<p><b>ADULT PRE BRONZE</b></p> <p><b>1:40 maximum</b> * means element is required</p>	<p><b>Max 4 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• Jump combinations and sequences are optional, but no more than 2 combinations or sequences may be included</li> <li>• 1 jump combination/sequence may consist of three jumps, and the other may have only two jumps.</li> <li>• Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump)</li> <li>• Only single and half-revolution jumps are allowed</li> <li>• No Lutz, Axel or double jumps are allowed</li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>• Min 3 revs</li> <li>• Spins with a flying entry are not permitted</li> </ul>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• Connecting steps throughout the program are required</li> </ul>
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EVENT: Adult Pairs Free Skate

2015-16	LIFTS	THROW JUMP	SOLO JUMP	JUMP SEQUENCE/ COMBINATION	SOLO SPIN/ COMBINATION	PAIR SPIN/ COMBINATION	PIVOT FIGURE or DEATH SPIRAL	STEP SEQUENCE	*ADDITIONAL ELEMENT
<p><b>CHAMPIONSHIP MASTERS PAIRS &amp; MASTERS PAIRS &amp; ADULT GOLD PAIRS</b></p> <p><b>3:40 maximum</b></p>	<p><b>Max 2* different</b></p> <p>One may be a twist lift with no limit on the number of revolutions</p> <p>If lifts are from the same group, they must be different (e.g. one star and one platter, both from Group 3)</p> <p>Min ½ rev and max 3½ revs by man required</p> <p>Variations of the lady's position, no-handed, one-handed and combination lifts are permitted</p> <p>Carry lifts and lifts that include a carry feature are not permitted</p>	<p><b>Max 2 different</b></p> <p>Must have different IJS codes</p> <p>No limit on number of revolutions</p>	<p><b>Max 1</b></p> <p>Single, double or triple jumps permitted</p>	<p><b>Max 1</b></p> <p>Single, double or triple jumps permitted</p> <p>Max two jumps in jump combination</p> <p>No limit to number of jumps in jump sequence</p>	<p><b>Max 1</b></p> <p>Min 4 revs If spin does not have a change of foot</p> <p>Min 6 revs If spin has a change of foot</p> <p>Min 2 revs in each position</p>	<p><b>Max 1*</b></p> <p>Pair spin: Min 4 revs Optional change of position Min 2 revs in each position</p> <p>Or</p> <p>Pair spin combination: Min 6 revs total Min 1 change of position by each partner Min 1 change of foot by each partner Min 2 revs in each position</p>	<p><b>Max 1*</b></p> <p>Regular one-hand to one-hand hold required</p> <p>At least ½ revolution with man in full pivot position</p>	<p><b>Max 1</b></p> <p><u>One choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals.)</u></p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p>	<p><b>Max 1</b></p> <p>May choose to perform one additional element from: Pair spin if not already performed Pair combination spin if not already performed Pivot figure/death spiral (max two per program, different IJS codes) Lift (max three per program, must be different) Additional elements must have an IJS code that is different from that of any other program element.</p>

2015-16	LIFTS	THROW JUMP	SOLO JUMP	JUMP SEQUENCE/ COMBINATION	SOLO SPIN/ COMBINATION	PAIR SPIN/ COMBINATION	PIVOT FIGURE or DEATH SPIRAL	STEP OR CHOREO GRAPHIC SEQUENCE
<p><b>ADULT SILVER PAIRS</b></p> <p><b>2:40 maximum</b></p>	<p><b>Max 2 different</b></p> <p>One <b>must</b> be from Group 1</p> <p>Other lift may be from Group 1 with a different take off or from Group 2 or may be a single twist lift</p> <p>Full extension is optional for Group 2 waist lift</p> <p>Min ½ rev and max 3½ revs by man required</p> <p>Variation of lady's position, no-handed, one-handed, overhead, carry and combination lifts, and lifts that include a carry feature are <b>not</b> permitted</p>	<p><b>Max 1</b></p> <p>Single throw jumps only</p> <p>Double or triple throw jumps <b>not</b> permitted</p>	<p><b>Max 1</b></p> <p>Single jumps only</p> <p>Double or triple jumps <b>not</b> permitted</p>	<p><b>Max 1</b></p> <p>Single jumps only</p> <p>Max two jumps in combination</p> <p>No limit to number of jumps in jump sequence</p>	<p><b>Max 1</b></p> <p>Min 3 revs If spin does not have a change of foot</p> <p>Min 5 revs If spin has a change of foot</p> <p>Min 2 revs in each position</p>	<p><b>Max 1</b></p> <p>Pair spin: Min 3 revs</p> <p>Optional change of position</p> <p>Min 2 revs in each position</p> <p>or</p> <p>Pair spin combination: Min 5 revs total</p> <p>Min 2 revs in each position</p>	<p><b>Max 1</b></p> <p>Pivot position <b>not</b> required</p> <p>Choice of hand hold</p>	<p><b>Max 1</b></p> <p>Chosen from:</p> <ul style="list-style-type: none"> <li>• Step sequence which must utilize at least ½ of ice surface</li> <li>or</li> <li>• Choreographic sequence which must be clearly visible</li> </ul> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such</p>



	<b>Max 1</b>	<b>Max 1</b>	<b>Max 1</b>	<b>Max 1</b>	<b>Max 1</b>	<b>Max 1</b>	<b>Max 1</b>	<b>Max 1</b>
<p><b>ADULT BRONZE PAIRS</b></p> <p><b>2:10 maximum</b></p>	<p>May be from Group 1 or a Group 2 waist lift</p> <p>Min ½ rev and max 3½ revs by man required</p> <p>Full extension is optional for Group 2 waist lift</p> <p>Variations of the lady's position, no-handed, one-handed, overhead, twist, carry and combination lifts, and lifts that include a carry feature are <b>not</b> permitted</p>	<p>Single throw jumps only</p> <p>Single Axel, double or triple throw jumps <b>not</b> permitted</p>	<p>Single jumps only</p> <p>Single Axel, double or triple jumps <b>not</b> permitted</p> <p>Max two jumps in jump combination</p> <p>No limit to number of jumps in jump sequence</p>	<p>Single jumps only</p> <p>Single Axel, double or triple jumps <b>not</b> permitted</p> <p>Max two jumps in jump combination</p> <p>No limit to number of jumps in jump sequence</p>	<p>Min 3 revs If spin does not have a change of foot</p> <p>Min 5 revs If spin has a change of foot</p> <p>Min 2 revs in each position</p>	<p>Pair spin: Min 3 revs Optional change of position</p> <p>Min 2 revs in each position</p> <p>or</p> <p>Pair spin combination: Min 5 revs total</p> <p>Min 2 revs in each position</p>	<p>Pivot position <b>not</b> required</p> <p>Choice of hand hold</p>	<p>Chosen from:</p> <ul style="list-style-type: none"> <li>• Step sequence which must utilize at least ½ of ice surface</li> <li>or</li> <li>• Choreographic Sequence which must be clearly visible</li> </ul> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but counted as transitions and marked as such</p>

<p><b>CENTENNIAL PAIRS</b> 3:10 max</p>	<p><b>Max 2 different</b></p> <p>Lifts may be from Group 1 or Group 2 or one may be a single twist lift</p> <p>*If from the same group, each must have different take off (for example, one Lutz lift and one Axel lift, both from Group 1)</p> <p>Full extension is optional for Group 2 waist lift</p> <p>Min ½ rev and max 3½ revs by man required</p> <p>Variations of the lady's position, no-handed, one-handed, overhead, carry and combination lifts, and lifts that include a carry feature are not permitted</p>	<p><b>Max 1</b></p> <p>Single throw jumps only</p> <p>Single Axel throw jumps are permitted</p>	<p><b>Max 1</b></p> <p>Single jumps only</p> <p>Single Axel jumps are permitted</p>	<p><b>Max 1</b></p> <p>Single jumps only</p> <p>Max two jumps in jump combination</p> <p>No limit to number of jumps in jump sequence</p> <p>Single Axel jumps are permitted</p>	<p><b>Max 1</b></p> <p>Min 3 revs If spin does not have a change of foot</p> <p>Min 5 revs If spin has a change of foot</p> <p>Min 2 revs in each position</p>	<p><b>Max 1</b></p> <p>Pair spin: Min 3 revs Optional change of position</p> <p>Min 2 revs in each position</p> <p>or</p> <p>Pair spin combination: Min 5 revs total Min 2 revs in each position</p>	<p><b>Max 1</b></p> <p>Pivot position <b>not</b> required</p> <p>Choice of hand hold</p>	<p><b>Max 1</b></p> <p>Chosen from: Step sequence which must utilize at least ½ of ice surface or Choreographic sequence which must be clearly visible</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such</p>
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## U.S. Figure Skating Nonqualifying Competitions

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### EVENT: Adult Compulsory Moves

#### General event parameters:

1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
2. All events are skated on ½ ice.
3. Minimum number of revolutions are noted in parentheses.

Level	Time	Elements
Adult Beginner	1:15	<ol style="list-style-type: none"><li>1. Forward crossovers (Min. 5 consecutive)</li><li>2. Waltz jump</li><li>3. Two foot upright spin</li><li>4. Forward spiral (any edge)</li></ol>
Adult Pre-Bronze	1:15	<ol style="list-style-type: none"><li>1. Backward crossovers (Min. 5 consecutive)</li><li>2. Waltz jump</li><li>3. Forward upright spin (Min. 3 revolutions)</li><li>4. Forward outside spiral</li></ol>
Adult Bronze	1:15	<ol style="list-style-type: none"><li>1. Single Salchow</li><li>2. Waltz jump – toe loop combination jump</li><li>3. Sit spin (Min. 3 revolutions)</li><li>4. Spiral sequence (Min. 2 spirals)</li></ol>
Adult Silver	1:30	<ol style="list-style-type: none"><li>1. Single loop</li><li>2. Single/single jump combination</li><li>3. Sit spin (Min. 3 revolutions)</li><li>4. Straight line step sequence</li></ol>
Adult Gold	1:30	<ol style="list-style-type: none"><li>1. Single Lutz or Axel</li><li>2. Single/single or single/double jump combination</li><li>3. Camel spin (Min. 4 revolutions)</li><li>4. Straight line step sequence</li></ol>
Masters Intermediate/Novice	2:00	<ol style="list-style-type: none"><li>1. Axel, double Salchow , double toe loop or double loop</li><li>2. Jump combination (double/double, single/double or double/single) that may include double Salchow , double toe loop or double loop and any single jump including Axel</li><li>3. Solo spin of skater's choice (Min. 6 revolutions)</li><li>4. Straight line step sequence</li></ol>
Masters Junior/Senior	2:00	<ol style="list-style-type: none"><li>1. Choice of any double jump</li><li>2. Jump combination that may include any double jump</li><li>3. Solo spin of skater's choice (Min. 8 revolutions)</li><li>4. Straight line step sequence</li></ol>

## 2016 SKATEFEST ENTRY FORM

Name:		U.S. Figure Skating #	
Date of Birth:		Sex:	
Address:			
<b>Email REQUIRED:</b>			
Cell phone:			
Name of parent or guardian:			
Highest MITF test:		Highest free skate test:	
Highest dance test:		Highest pairs test:	
Home figure skating club:			
Coach name:		Coach U.S. Figure Skating#	
Coach email:		Coach cell phone:	

**\$85 first event, \$40 add'l events; dance \$65 for two dances. See application for family discounts. CIRCLE EVENTS ON THE FOLLOWING PAGE.**

First Event           \$ \_\_\_\_\_  
 Additional Event   \$ \_\_\_\_\_  
 Additional Event   \$ \_\_\_\_\_  
**Total:**               \$ \_\_\_\_\_

**The completed entry form, with fees, must be postmarked no later than January 6, 2016**  
 Make checks payable to **NEFSC** and mail to: **Claudia Saliba, 2914 Ellwood, Berkley 48072**

**ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELED.**

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the (NEFSC, John Lindell Ice Arena, Suburban Management) harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Instructor/coach has verified that the skater/team is entered in the correct level.

The Program Director/Club Officer has verified that the skater/team is in good standing.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Competitor Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Instructor/Coach Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Program Director/Club Officer \_\_\_\_\_ Date \_\_\_\_\_

## SkateFest Events (Circle Event Entering)

### FREE SKATE

#### Test Track

Beginner  
High Beginner  
Pre-Preliminary  
Preliminary  
Pre-Juvenile  
Juvenile  
Intermediate  
Novice  
Junior  
Senior

#### Free Skate

No- Test  
Pre-Preliminary  
Preliminary  
Pre-Juvenile  
Juv/Open Juv  
Intermediate  
Novice  
Junior  
Senior

#### Short Program

Juv/Open Juv  
Intermediate  
Novice  
Junior  
Senior

### COMPULSORY

#### Introductory

Beginner  
High Beginner  
No-Test

Pre-Preliminary  
Preliminary  
Pre-Juvenile  
Juvenile/Open Juv  
Intermediate  
Novice  
Junior  
Senior

### JUMPS

Beginner  
High Beginner  
No-Test  
Pre-Preliminary  
Preliminary  
Pre-Juvenile  
Juvenile/Open Juv  
Intermediate  
Novice  
Junior  
Senior

### SPINS

Beginner  
High Beginner  
No-Test  
Pre-Preliminary  
Preliminary  
Pre-Juvenile  
Juvenile/Open Juv  
Intermediate  
Novice  
Junior  
Senior

### MOVES IN FIELD

Pre-Preliminary  
Preliminary  
Pre-Juvenile  
Juvenile  
Intermediate  
Novice  
Junior  
Senior

### SOLO DANCE

Preliminary  
Pre-Bronze  
Bronze  
Pre-Silver  
Silver  
Pre-Gold  
Gold

### SHOWCASE

#### Lgt Entertainment

Beg, High Beg, NoTest  
Pre-Preliminary  
Preliminary  
Pre-Juvenile  
Juvenile  
Teen  
Intermediate  
Young Adult  
Novice  
Junior  
Senior

#### Dramatic

Beg, High Beg, No Test  
Pre-Preliminary  
Preliminary  
Pre-Juvenile  
Juvenile  
Teen  
Intermediate  
Young Adult  
Novice  
Junior  
Senior

#### Interpretive

Pre-Juv and Below  
Juv-Novice  
Junior-Senior  
Teen-Young Adult  
Adult

### ADULT

#### Adult Pairs

Champ Master Pairs-  
Master Pairs-Adult Gold  
Adult Silver Pairs  
Adult Bronze Pairs  
Centennial Pairs

#### Adult Free Skate

Champ Masters Jun-Sen/  
Master Jun-Sen  
Champ Masters Inter-Nov  
Master Inter-Novice  
Champ Gold- Adult Gold  
Champ Silver-Adult Silver  
Adult Bronze  
Adult Pre-Bronze

#### Adult Compulsory

Beginner  
Pre-Bronze  
Bronze  
Silver  
Gold  
Masters Inter-Nov  
Master Jun-Sen

## 2016 SKATEFEST BASIC SKILLS ENTRY FORM

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_  
Last First

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

**Email Address REQUIRED**

\_\_\_\_\_

Phone# \_\_\_\_\_ Birthdate \_\_\_\_\_

\*U.S. Figure Skating number \_\_\_\_\_ Highest Level Passed \_\_\_\_\_

Program/Club Affiliation \_\_\_\_\_

Director's/Instructor's Name \_\_\_\_\_

**\$45 for the first event, \$20 for each additional event. Total enclosed \$** \_\_\_\_\_

**Please check the event(s) you are entering:**

**Basic Elements (no music):**

\_\_\_\_\_ Snowplow Sam  
 \_\_\_\_\_ Basic 1                      \_\_\_\_\_ Basic 5  
 \_\_\_\_\_ Basic 2                      \_\_\_\_\_ Basic 6  
 \_\_\_\_\_ Basic 3                      \_\_\_\_\_ Basic 7  
 \_\_\_\_\_ Basic 4                      \_\_\_\_\_ Basic 8

\_\_\_\_\_ Free Skate 1                      \_\_\_\_\_ Free Skate 4  
 \_\_\_\_\_ Free Skate 2                      \_\_\_\_\_ Free Skate 5  
 \_\_\_\_\_ Free Skate 3                      \_\_\_\_\_ Free Skate 6

**Basic Free Skate Program Event (music):**

\_\_\_\_\_ Snowplow Sam  
 \_\_\_\_\_ Basic 1                      \_\_\_\_\_ Basic 5  
 \_\_\_\_\_ Basic 2                      \_\_\_\_\_ Basic 6  
 \_\_\_\_\_ Basic 3                      \_\_\_\_\_ Basic 7  
 \_\_\_\_\_ Basic 4                      \_\_\_\_\_ Basic 8

\_\_\_\_\_ Free Skate 1                      \_\_\_\_\_ Free Skate 4  
 \_\_\_\_\_ Free Skate 2                      \_\_\_\_\_ Free Skate 5  
 \_\_\_\_\_ Free Skate 3                      \_\_\_\_\_ Free Skate 6

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Instructor/coach has verified that the skater/team is entered in the correct level.

The Program Director/Club Officer has verified that the skater/team is in good standing.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Competitor Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Instructor/Coach Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Program Director/Club Officer \_\_\_\_\_ Date \_\_\_\_\_