



Event #17 – Skate Midland 2016,
Saturday November 5, 2016
10th Anniversary Finale

ADDITIONAL EVENTS ADDED

ADULT EVENTS:

Adult 1-6 Free Skate, Pre-Bronze and Bronze:

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.

- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
 - A 0.2 deduction will be taken for each element performed from a higher level.
 - Time 1:30+/-10 sec unless otherwise noted
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- **Compulsory Moves: Skater to perform elements on half sheet of ice with no music. Connecting steps are allowed but will not be considered in scoring.**
 - **Program with music: Skater to perform elements on full sheet of ice with music.**
 - Connecting moves and steps should be demonstrated throughout the program.
 - Vocal music is allowed

<p>Adult 1</p> <ul style="list-style-type: none"> • Falling and Recovery • Forward Marching • Forward two-foot glide • Forward swizzle (4-6 in a row) • Forward snowplow stop – two feet or one foot 	<p>Adult 4</p> <ul style="list-style-type: none"> • Forward outside edge on a circle, right and left • Forward inside edge on a circle, right and left • Forward crossovers, clockwise and counterclockwise • Backward one-foot glides, right and left • Hockey stop, both directions
<p>Adult 2</p> <ul style="list-style-type: none"> • Forward skating across the width of the ice • Forward one-foot glides • Forward slalom • Backward skating • Backward swizzles, 4-6 in a row 	<p>Adult 5</p> <ul style="list-style-type: none"> • Backward outside edge on a circle, right and left • Backward inside edge on a circle, right and left • Backward crossovers, clockwise and counterclockwise • Forward outside three-turn, right and left • Beginning two-foot spin
<p>Adult 3</p> <ul style="list-style-type: none"> • Forward stroking using the blade properly • Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise • Backward skating to a long two-foot glide • Forward chasses on a circle, clockwise and counterclockwise • Backward snowplow stop, Right and Left 	<p>Adult 6</p> <ul style="list-style-type: none"> • Forward stroking with crossover end patterns • Backward stroking with crossover end patterns • Forward inside three-turn, right and left • T-stop • Lunge • Two-foot spin into one-foot spin
<p>Adult Pre-Bronze: Must have passed no higher than adult pre-bronze free skate test or pre-preliminary free skate test. Time: 1:40 maximum Refer to the current U.S. Figure Skating Rulebook #4600 for specific requirements.</p>	<p>Adult Bronze: Must have passed no higher than adult bronze free skate test or the preliminary free skate test. Time: 1:50 maximum Refer to the current U.S. Figure Skating Rulebook #4590 for specific requirements.</p>

EVENT #17 – SKATE MIDLAND 2016 - ADULT EVENTS
Entry Form [PLEASE PRINT CLEARLY]



Name _____ Age _____ **Birth Date** _____
 Last First

E-Mail Address _____

Address _____ City _____

State _____ Zip _____ Area Code/Phone # _____

Home Club _____ **USFSA #** _____

Male _____ Female _____

\$50 First Event; \$20 for Second Event; \$10 for Each Additional Event							
		Adult Compulsory		Adult Program w/music			
		Adult 1		Adult 1			
		Adult 2		Adult 2			
		Adult 3		Adult 3			
		Adult 4		Adult 4			
		Adult 5		Adult 5			
		Adult 6		Adult 6			
		Adult Pre-Bronze		Adult Pre-Bronze			
		Adult Bronze		Adult Bronze			

*Entry Fees are not refundable after the entry deadline unless an event is cancelled.
 If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program*

Event \$ _____
 Join USFSA \$ _____
TOTAL: \$ _____

Mail form and fees to: Sue Bakke
 2907 Valorie Lane
 Midland, MI 48640

Make check or money order payable to MFSC Competitions

ENTRIES MUST BE POSTMARKED BY October 15, 2016



Certification of Competitor

Competitor Name: _____

1. The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Midland Figure Skating Club and the Midland Civic Arena harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.
2. As a participant, or parent/guardian of a minor participant, in the SKATE MIDLAND 2016/Basic Skills Series, I understand that the SKATE MIDLAND 2016/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at SKATE MIDLAND 2016/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate SKATE MIDLAND 2016/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media
3. I have read the Concussion Awareness Information located on www.sk8stuff.com and by signing below, I am agreeing to the terms and conditions.

Club Officer/Program Director _____

Title _____ Date _____

COMPETITOR SIGNATURE _____ Date _____

Coach Signature: _____ Print Name: _____
Please print clearly

Registered on USFS Coaches Registry for the current season? Yes USFS # _____

If you are not registered, go to www.usfigureskating.org, click on the Coaches Registration button and follow the instruction for registration.

COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT

Phone _____ E-mail Address: _____
Please print clearly

CHECKLIST [please be sure the following is included]:

- | | |
|---|--|
| ____ Entry form with USFSA Number | ____ Club Officer/Program Director Signature |
| ____ Check payable to MFSC Competitions | ____ Events to be entered checked properly |