



Event #17 – Skate Midland 2016, Saturday November 5, 2016 10<sup>th</sup> Anniversary Finale

# 2016 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season – skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 5, 2016

## Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final

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1st Place	6 points
2 <sup>nd</sup> Place	5 points
3 <sup>rd</sup> Place	4 points
4 <sup>th</sup> Place	3 points
5 <sup>th</sup> Place	2 points
6 <sup>th</sup> Place	1 point

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken. Points are accumulated for Compulsory and Free Skate events separately.

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics <u>will NOT</u> be counted in the Freeskate and Elements/Compulsory Program Series for this 2016 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events <u>will NOT</u> be counted for this 2016 season. At the end of the 2016 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as <u>www.sk8stuff.com</u>. Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.



Approval Code: BSC# 22951 2016 Michigan Basic Skills Series - *Like us on facebook* 





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# 10<sup>th</sup> Annual USFS Michigan Basic Skills Series – Hosted by the following:

Event 1 Onyx-Suburban B/S Challenge	Event 2 – Mountain Town Classic	Event 3 - Arctic Basic Skills
February 20, 2016	April 9, 2016	April 17, 2016
Entry Deadline – February 1, 2016	Entry Deadline – March 21, 2016	Entry Deadline – March 28, 2016
Suburban Ice Macomb	The I.C.E. Arena	Arctic Edge Ice Arena
Contact: Jeanette Daskas	Contact: Ginni Phillips	Contact: Robin Liberatore
Phone: 248-917-9544	Phone: 989-560-3871	Phone: 734-634-3410
jendaskas@aol.com	gpsk8r@gmail.com	liberatoremom@gmail.com
Event 4 – Skate the Zoo	Event 5 Ann Arbor Skills/Showcase	Event 6 – Summer Swizzle
April 30, 2016	June 11, 2016	June 18, 2016
Entry Deadline – April 11, 2016	Entry Deadline: May 21, 2016	Entry Deadline: May 28, 2016
Wing's West	Ann Arbor Ice Cube	Farmington Hills Ice Arena
Contacts: Stacy Lightfoot	Craig Forsyth / Kristina Hakansson	Mike Cooper / Daphane Lee
Phone: <u>269-744-2648</u>	Phone 734-213-6768 / 734-369-3095	248-885-5428 / 248-219-6806
stacylightfoot@sbcglobal.net	<u>aafsc.officemanager@gmail /</u>	summerswizzle@fhsfsc.org /
	kicki@umich.edu	itsdlee@gmail.com
Event 7 ICES Basic Skills Challenge	Event 8 Skate the Shores	Event 9 Summer Chill Basic Skills
June 25, 2016	July 16, 2016 <	July 23, 2016
Entry Deadline – June 3, 2016	Entry Deadline : June 27, 2016	Entry Deadline: June 30, 2016
Troy Sports Center	St Clair Shores Civic Arena	Novi Ice Arena
Contact: Kim Baxi	Laura Delbarba	Contacts: Chelsea Walker
Phone: 248-835-2732	Phone: 586-445-5350	Phone: 248-719-2724
kimsbaxi@hotmail.com	Sk8ncoach@yahoo.com	chelseawalker17@aol.com
Event 10 – I.C.E. Basic Skills Comp.	Event 11 Journey on the River Raisin	Event 12 Coliseum Freeze
August 6, 2016	August 13, 2016	Coliseum FSC, Arctic Coliseum
Entry Deadline – July 16, 2016	Entry Deadline – July 25, 2016	September 17, 2016
Flint Iceland Arena	Monroe Multi-Sports Complex	Entry Deadline – August 30,
Contact: Hillary Rubin	Louis Lombardo III	2016 Contact: Kouloch Crachy Doulou
Phone: 810-953-0345	Phone: 734-457-4219	Contact: Kayleah Crosby-Rowley
icefscoffice@yahoo.com	louis@monroemultisports.com	Phone: 517-581-0014
Event 13 – Skate Elite	Event 14 – Dearborn Basic Skills	Kayleah.crosby@gmail.com
September 24, 2016	Comp October 8, 2016	Event 15 - Tuxedo Invitational October 16, 2016
Entry Deadline: September 5, 2016	Entry Deadline: Sept 20, 2016	Entry Deadline:September 25, 2016
Crystal Fieldhouse	Dearborn Ice Skating Center	Bowling Green State University
Contact: Jacklinn Brayan	Contact: Nicole Cornett	Contact: Pat Rabb
Phone: 810-814-1744	Phone: 313-333-5648	Phone: 419-308-4552
eliteskatingacademy@gmail.com	ncornett15@comcast.net	perabb59@gmail.com
<u>encondingacademy eginan.com</u>	<u>neometro e comeast.net</u>	perabbooleginal.com
Event 16 - Plymouth Spooktacular	Event 17 - Skate Midland	
October 22, 2016	November 5, 2016	SERIES AWARDS
Entry Deadline: October 8, 2016	Entry Deadline: October 15, 2016	CEREMONY
USA Hockey Arena	Midland Civic Arena	ON THE ICE
Contact: Jen DeJohn	Contact: Karen Boswell	AT THE MIDLAND
Phone: 313-605-4667		
FILUTIE. 313-003-4007	Phone: 989-695-4832	COMPETITION



The 2016 Basic Skills Day Camp will be held at the Novi Ice Arena on Sunday July 24th.



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## Skate Midland 2016 - Basic Skills Competition Midland Figure Skating Club Midland Civic Arena ♦ 405 Fast Ice Drive ♦ Midland, MI 48642 www.midlandfigureskatingclub.org

# November 5, 2016 October 15, 2016

The 14<sup>th</sup> Annual Skate Midland Basic Skills Competition sponsored by the Midland Figure Skating Club will be held at the Midland Civic Arena on November 5, 2016. The ice surface measures 200 x 100 feet. This is a United States Figure Skating approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Karen Boswell, e-mail <u>kboswell99@gmail.com</u>, (989) 695-4832 or Sue Bakke, e-mail <u>bakkes@sbcglobal.net</u>, (989) 631-6242. E-mail communications are preferred.

**Mission Statement** – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

**Eligibility** - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-8 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

**Rules** – The competition will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program.

**Entry Fees** – The first event is \$50.00, the second event is \$20.00 and each additional event after that is \$10.00. All entries must be postmarked no later than October 15, 2016. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out legibly and completely and mailed with a check made payable to MFSC - Competitions to:

Sue Bakke 2907 Valorie Lane Midland, MI 48640 There will be a \$35.00 fee for returned checks.

Awards – <u>All competitors will receive a medal</u>. All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

**Registration** – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. *Please register at least one hour before your competition time*.

Schedule of Events - Schedule will be posted on the Internet at the Figure Skater's Website, www.sk8stuff.com.

**Music** – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

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**Practice Ice** – Practice Ice will be available in 20-minute sessions. Details will be provided in a mailing prior to the competition date. Sign-in and pay \$8.00 at the door or pre-register using attached form.

Awards will be handed out and a podium will be available for group and individual photos.



# BASIC ELEMENTS: SNOWPLOW SAM – BASIC 8 <u>Events listed on this page eligible for Michigan Basic Skills Series Points</u>

- To be skated on 1/3 to 1/2 ice
- No music
- <u>All elements must be skated in the order listed.</u> Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

	ately. If the skater attempts a retry, only the retry will count for that element.				
Level	Skating rules/standards				
	March followed by a two-foot glide and dip				
Snowplow	<ul> <li>Forward two-foot swizzles, 2-3 in a row</li> </ul>				
Sam 1-3	Forward snowplow stop				
	Backward wiggles, 2-6 in a row				
	Forward two-foot glide and dip				
Basic 1	<ul> <li>Forward two-foot swizzles, 6-8 in a row</li> </ul>				
	Forward snowplow stop				
	Backward wiggles, 6-8 in a row				
	Forward one-foot glide, either foot				
Basic 2	<ul> <li>Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot</li> </ul>				
	Moving snowplow stop				
	Two-foot turn in place, forward to backward				
	<ul> <li>Backward two-foot swizzles, 6-8 in a row</li> </ul>				
	Forward stroking				
Basic 3	<ul> <li>Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> </ul>				
	Forward slalom				
	Backward one-foot glide, either foot				
	Two-foot spin - minimum three revolutions				
	<ul> <li>Standstill forward outside three-turn, right and left</li> </ul>				
Basic 4	<ul> <li>Forward outside edge on a circle, clockwise or counter clockwise</li> </ul>				
	<ul> <li>Forward crossovers, 4-6 consecutive, both directions</li> </ul>				
	Backward stroking, 4-6 strokes				
	Backward snowplow stop, right or left				
	<ul> <li>Backward outside edge on a circle, clockwise or counterclockwise</li> </ul>				
	<ul> <li>Backward crossovers, 4-6 consecutive, both directions</li> </ul>				
Basic 5	<ul> <li>Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions</li> </ul>				
	Side toe hop, either direction				
	Hockey stop				
_	<ul> <li>Standstill forward inside three-turn, right and left</li> </ul>				
Basic 6	Bunny Hop				
	<ul> <li>Forward spiral on a straight line, right or left</li> </ul>				
	Lunge, right or left				
	T-stop, right or left				
- · -	<ul> <li>Standstill forward inside open Mohawk, right to left and left to right</li> </ul>				
Basic 7	Ballet jump, either direction				
	<ul> <li>Backward crossovers to a back outside edge landing position, clockwise and counter clockwise</li> </ul>				
	Forward inside pivot				
Desis	Moving forward outside or forward inside three-turns, right and left				
Basic 8	Waltz jump (from a standstill)				
	Mazurka, either direction				
	Combination move, clockwise or counter clockwise, two forward crossovers into forward inside				
	Mohawk, step down, cross behind, step into one backward crossover and step to a forward inside				
	edge Designing one factors into sign fact hold to side of existing langer and existing antiping of the side of existing and the side of th				
	<ul> <li>Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum</li> </ul>				
	three revolutions				

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# BASIC PROGRAM W/MUSIC: SNOWPLOW SAM – BASIC 8 Events listed on this page eligible for Michigan Basic Skills Series Points

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- The skater may use elements from a previous level.
- A .2 deduction will be taken for each element performed from a higher level

Level	Skating rules/standards				
	<ul> <li>March followed by a two-foot glide and dip</li> </ul>				
Snowplow					
Sam 1-3	Forward snowplow stop				
	Backward wiggles, 2-6 in a row				
	Forward two-foot glide and dip				
Basic 1	<ul> <li>Forward two-foot swizzles, 6-8 in a row</li> </ul>				
	Forward snowplow stop				
	<ul> <li>Backward wiggles, 6-8 in a row</li> </ul>				
	<ul> <li>Forward one-foot glide, either foot</li> </ul>				
Basic 2	<ul> <li>Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot</li> </ul>				
	Moving snowplow stop				
	Two-foot turn in place, forward to backward				
	Backward two-foot swizzles, 6-8 in a row				
	Forward stroking				
Basic 3	• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive				
	Forward slalom				
	Backward one-foot glide, either foot				
	Two-foot spin - minimum three revolutions				
	Standstill forward outside three-turn, right and left				
Basic 4	Forward crossovers, 4-6 consecutive both directions				
	<ul> <li>Backward stroking, 4-6 strokes</li> </ul>				
	<ul> <li>Backward snowplow stop, right or left</li> </ul>				
	Backward crossovers, 4-6 consecutive, both directions				
	<ul> <li>Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions</li> </ul>				
Basic 5	Side toe hop, either direction				
	Hockey stop				
	Standstill forward inside three-turn, right and left				
Basic 6	Bunny Hop				
	Forward spiral on a straight line, right or left				
	Lunge, right or left				
	T-stop, right or left				
	Standstill forward inside open Mohawk, right to left and left to right				
Basic 7	Ballet Jump, either direction				
	Back crossovers to a back outside edge landing position, clockwise and counter clockwise				
	Forward inside pivot				
	Moving forward outside or forward inside three-turns, right and left				
Basic 8	Waltz jump (from a standstill)				
	Mazurka, either direction				
	<ul> <li>Combination move, clockwise or counter clockwise – two forward crossovers into a forward inside</li> </ul>				
	Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge				
	Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum				
	three revolutions				



# INTRODUCTORY LEVEL COMPULSORY EVENTS Events listed on this page eligible for Michigan Basic Skills Series Points

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on 1/2 ice. •
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards
		Waltz jump
Beginner	1:15 max.	• 1/2 jump of choice
		<ul> <li>Forward two-foot or one-foot spin - minimum three revolutions (free leg position</li> </ul>
		optional)
		Forward or backward spiral
		Toe loop jump
High	1:15 max.	Salchow jump
Beginner		<ul> <li>Forward scratch spin - minimum three revolutions</li> </ul>
		Forward or backward spiral
		Loop jump
No Test	1:15 max.	<ul> <li>Jump combination to include a toe loop (may not use a loop or Axel)</li> </ul>
		<ul> <li>Solo spin - sit or camel spin - minimum three revolutions</li> </ul>
		<ul> <li>Spiral sequence, must include a forward and backward spiral. Additional spirals</li> </ul>
		and balance moves may be included.

# INTRODUCTORY LEVEL FREE SKATE PROGRAMS Events listed on this page eligible for Michigan Basic Skills Series Points

- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

I:40 Maximum(front to Max. 2 Max. 2High BeginnerMax. 5 jump elen (front to loop)1:40 MaximumSingle loop on Max. 2No-TestMax. 5 jump elen (front to loop on Max. 21:40 MaximumMax. 5 jump elen Max. 2No-TestMax. 5 jump elen Maximum1:40 MaximumMax. 5 jump elen on single Jumps1:40 MaximumMax. 100 Maximum1:40 MaximumNo single Jumps1:40 MaximumNo single Jumps		Spins	Step Sequences	Qualifications
High Beginner 1:40 Maximum No-Test 1:40 No-Test Max. 5 jump elem Max. 2 Max. 2 Max. 2 Max. 2 Max. 2 Max. 2 Max. 5 jump elem Single Single Single Single Maximum Maximum Maximum	ements: ps with no more than one-half rotation t to back or back to front). . 2 jump sequences . 2 of any same jump	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
No-Test 1:40 Maximum Maximum Maximum Maximum Maximum Maximum Maximum Maximum Maximum Maximum Maximum Maximum	ps with no more than one-half rotation t to back or back to front including half- ) le rotation jumps: Salchow and toe	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Maximum jumps • Maximu sequen • Jump c	le jumps, with the exception of the e Axel, are allowed	Max. 2 spins: • Spins may change feet and/or position	<ul> <li>Step sequence*</li> <li>Must use one-half the ice surface</li> </ul>	
maximu • Jump s single j • Half-loo the valu	mum of 2 jump combinations or	<ul> <li>Spins may start with a fly</li> <li>Minimum 3 revs.</li> <li>Spins must be of a different character (For definition see rule 4103E)</li> </ul>	<ul> <li>Moves in the field and spiral sequences are permitted but will not be counted as elements.</li> <li>Jumps may be included in the step sequence</li> </ul>	

# Events listed on this page eligible for Michigan Basic Skills Series Points

The Special Olympics Sports Skills Program is designed for people with intellectual disabilities who may exhibit any number of physical impairments. The Special Olympics Badge Program allows skaters to learn skills in a progressive order and earn badges at each

#### Badge 1

- A. Stand unassisted for five seconds
- **B.** Fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

#### Badge 2

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- **D.** Two foot glide forward for distance of at least length of body

#### Badge 3

- A. Backward wiggle or march
- **B.** Five forward swizzles covering at least ten feet
- **C.** Forward skating across the rink
- D. Forward gliding dip covering at least length of body: left and right

#### Badge 4

- A. Backward two-foot glide covering at least length of body
- B. Two foot jump in place
- C. One foot snowplow stop: left and right
- D. Forward one foot glide covering at least length of body: left and right

#### Badge 5

- A. Forward stroking across rink
- **B.** Five backward swizzles covering at least ten feet
- C. Forward two-foot curves left and right across rink
- D. Two-foot turn front to back, on the spot

#### Badge 6

- A. Gliding forward to backward two-foot turn
- B. Five consecutive forward one-foot swizzles on circle: left and right
- **C.** Backward one foot glide length of body: left and right
- D. Forward pivot

#### Badge 7

- A. Backward stroking across the rink
- B. Gliding backward to forward two-foot turn
- C. T-stop left or right
- D. Forward two foot turn on a circle: left and right

#### Badge 8

- A. Five consecutive forward crossovers: left and right
- B. Forward outside edge: left and right
- C. Five consecutive backward ½ swizzles on a circle: left and right

#### Badge 9

- A. Forward outside 3 turn: left and right
- B. Forward inside edge: left and right
- C. Forward lunge or shoot the duck at any depth
- D. Bunny hop

#### Badge 10

- A. Forward inside 3 turn: left and right
- B. Five consecutive backward crossovers: left and right
- C. Hockey stop
- D. Forward spiral three times length of body

#### Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: left and right
- D. Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

#### Badge 12

- A. Waltz jump
- **B.** One foot spin: minimum of three revolutions
- **C.** Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- D. Combination of three moves chosen from badges 9-12





#### Events listed on page NOT eligible for Michigan Basic Skills Series Points COMPULSORY MOVES

General event parameters:

- Elements skated on 1/2 ice
- Elements may be performed only once
- Music is not allowed

Level	Time	Skating rules/standards
Pre- Preliminary	1:15 max.	<ul> <li>Toe Loop jump</li> <li>Jump combination: single/single (no Axel)</li> <li>Sit spin or camel spin - minimum three revolutions</li> <li>Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ul>
Preliminary	1:15 max.	<ul> <li>Lutz jump</li> <li>Jump combination: single/single (may include Axel)</li> <li>Back upright spin - minimum three revolutions</li> <li>Forward inside spiral</li> </ul>

#### WELL BALANCED PROGRAM FREE SKATE

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted for pre-preliminary intermediate.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The 6.0 judging system will be used for this event.
- All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on <u>www.usfigureskating.org</u>, under "Technical Information," then "Singles/Pairs".

Level	Time	Jumps	Spins	Step Sequences
Pre- Preliminary	1:40 Max Vocal music permitted	<ul> <li>Maximum of 5 jump elements: <ul> <li>All single jumps, including single Axel, allowed</li> <li>No double, triple or quadruple jumps allowed</li> <li>Axel may be repeated once as a solo jump, as part of a jump combination or jump sequence. (maximum of 2 single Axels)</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> <li>Max. 2 jump combinations or sequences</li> <li>Jump combination with a maximum of 3 jumps is permitted.</li> <li>Jump sequences limited to a maximum of 3 single jumps</li> <li>½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination.</li> </ul> </li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>Spins must be of a different nature.</li> <li>Spins may change feet and/or position.</li> <li>Spins may start with a fly.</li> <li>Minimum of 3 revolutions</li> </ul>	One step sequenced that must use ½ of the ice surface.
Preliminary	1:40 Max Vocal music permitted	<ul> <li>Maximum of 5 jump elements:</li> <li>One must be an Axel or Waltz-jump type jump</li> <li>All single jumps, including single Axel, allowed. Only 2 different jumps may be attempted (limited to double Salchow, double toe loop and double loop)</li> <li>Double flip, double Lutz, double Axel, triple or quadruple jumps are not allowed</li> <li>An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of jump combinations or jump sequences</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> <li>Maximum 2 jump combinations or sequences</li> <li>Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted.</li> <li>Jump sequences limited to a maximum of 3 single or double jumps</li> <li>½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination.</li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>Spins must be of a different nature.</li> <li>Spins may change feet and/or position.</li> <li>Spins may start with a fly.</li> <li>Minimum of 3 revolutions</li> </ul>	One step sequenced that must use ½ of the ice surface.



# **Events listed on page NOT eligible for Michigan Basic Skills Series Points**

# Test Track Free Skate

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- The following deductions will be taken:
- 0.1 from each mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element included.
- 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre- Preliminary 1:40 max.	<ul> <li>Maximum of 5 jump elements:         <ul> <li>Jumps with not more than one-half rotation (front to back or back to front including half-loop)</li> <li>Single rotation jumps: Salchow, toe loop and loop only</li> <li>Maximum 2 jump combinations or sequences</li> <li>Maximum 2 of any same type jump</li> </ul> </li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>Two spins of a different nature, one position only. No change of foot, no flying entry (Minimum 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre- preliminary free skate test.
Preliminary 1:40 max	<ul> <li>Maximum of 5 jump elements:</li> <li>Jumps with not more than one rotation (no Axels)</li> <li>Maximum 2 jump combinations or sequences</li> <li>Maximum 2 of any same type jump</li> </ul>	<ul> <li>Maximum of 2 spins:</li> <li>One spin in one position; no change of foot, no flying entry. (Minimum 3 revolutions)</li> <li>One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test, but may not have passed tests higher than the preliminary free skate test.



# Additional Events

# The following events are NOT eligible for Michigan Basic Skills Series Points

# Spins Challenge

General event parameters:

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on 1/2 ice.
- Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	<ul> <li>Upright one-foot spin (3)</li> <li>Upright two-foot spin (3)</li> <li>Sit spin (3)</li> </ul>
High Beginner	1:30 max.	<ul> <li>Upright one-foot spin (3)</li> <li>Upright two-foot spin (3)</li> <li>Sit spin (3)</li> </ul>
No Test	1:30 max.	<ul> <li>Upright one-foot spin (3)</li> <li>Upright two-foot spin (3)</li> <li>Sit spin (3)</li> </ul>
Pre – Preliminary	1:30 max.	<ul> <li>Upright one-foot spin (3)</li> <li>Upright back-scratch spin (3)</li> <li>Sit spin (3)</li> </ul>
Preliminary	1:30 max.	<ul> <li>Forward scratch to back scratch spin (3)</li> <li>Combination spin with no change of foot (4)</li> <li>Sit spin (3)</li> </ul>

## Jumps Challenge

- Each jump may be attempted twice; the best attempt will be counted.
- To be skated on 1/2 ice

Level	Time	Skating rules / standards
Beginner	1:15 max.	1. Waltz jump (from backward crossovers)
		2. 1/2 flip or 1/2 Lutz
		3. Single Salchow
High Beginner	1:15 max.	1. Waltz jump (from backward crossovers)
		2. Single Salchow
		<ol><li>Jump combination – Waltz jump-toe loop</li></ol>
No Test	1:15 max.	1. Single toe loop
		2. Single loop
		3. Jump combination – Any two ½ or single
		revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	1. Single toe loop
		2. Single flip
		3. Jump combination - Any two ½ or single
		revolution jumps (no Axel)
Preliminary	1:15 max.	1. Single flip
		2. Single Lutz
		<ol><li>Jump combination – Any single jump + single</li></ol>
		loop (may be Axel)



#### **SHOWCASE EVENTS:**

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A .2 deduction will be assessed by the referee against each judges' mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

\* For specific guidelines regarding the conduct of Showcase or Artistic competitions, refer to the Nonqualifying Showcase Guidelines posted on <u>www.usfigureskating.org</u>.

Showcase categories may include:

- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-8	Elements only from Basic 1-8 curriculum	May not have passed any higher than Basic 8 level.	Time 1:00 Max
Free skate 1- 6/ Beginner/ High Beginner/ Adult 1-4	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 Max
No Test/ Pre- preliminary/ Adult Pre- Bronze	3 jump maximum. No axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Time: 1:30 Max
Preliminary/ Adult Bronze	3 jump maximum. Axels are permitted, but no double jumps allowed.	Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze test.	Time: 1:40 Max



# Solo Pattern Dance

General event parameters:

- Levels are based upon the skaters' highest pattern dance test passed.
- A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for his/her level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30th July 2nd), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the 2nd quarter).
- Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.
  - 1. Preliminary: Rhythm Blues Dutch Waltz
  - 2. Pre-Bronze: Swing Dance Cha-Cha

# **HOCKEY 1-4 Elements Events:**

Hockey 1-4 Elements: Each skater will perform each element when directed by a judge or referee.

- All elements must be skated in the order listed
- To be skated on 1/3 to ½ ice
- Time: 1:00 or less

<ul> <li>Hockey 1</li> <li>Proper forward and backward stance</li> <li>March forward across the ice, 8-10 steps</li> <li>March forward with two foot glides and dips</li> <li>Stationary snowplow stop</li> <li>Forward swizzles (2 to 4 in a row)</li> </ul>	<ul> <li>Hockey 2</li> <li>Alternating forward c-cuts on a straight line</li> <li>Scooting or skateboard push, on circle (Right &amp; Left)</li> <li>Backwards march then glide on two feet</li> <li>Backward swizzles (2 to 4 in a row)</li> <li>Alternating backward c-cuts in a straight line</li> </ul>
<ul> <li>Hockey 3</li> <li>One foot snowplow stop-introduce hips with ¼ turn twist to hockey stop</li> <li>Full strides using 45 degree V-push with good recovery using alternating arm drive</li> <li>Shuffle stride- explosive powerful alternating heel pushes</li> <li>Backwards c-cuts or power pushes on circle/backward outside edge glide on a circle</li> </ul>	<ul> <li>Hockey 4</li> <li>Forward crossovers on circle (R&amp;L)</li> <li>Forward alternating crossovers down the length of the ice with wide step transitions</li> <li>Hockey Stops</li> <li>Backward crossovers on circle (R&amp;L)</li> <li>Backward alternating crossovers down ice with wide step transitions.</li> </ul>



## EVENT #17 – SKATE MIDLAND 2016 Entry Form [PLEASE PRINT CLEARLY]

			<	
Name			Age	Birth Date
	Last	First		
E-Mail Address		CIO Y		
Address	149	210 01	City	
State	_Zip	Area Code/Phone #	¥	
Home Club	22		USFSA #	
Male	Female	Name of Parent/Gu	lardian	· · · ·

\$50 First Event; \$20 for Second Event; \$10 for Each Additional Event					
Basic Compulsory		Compulsory	SPECIAL OLYMPIC	CS	JUMPS Challenge
Snowplow Sam*		Beginner *	Badge1*		Beginner
Basic 1 *		High Beg <mark>inner *</mark>	Badge 2*		High Beginner
Basic 2 *		No Test *	Badge 3*		No Test
Basic 3 *		Pre-Preliminary	Badge 4*		Pre-Preliminary
Basic 4 *		Preliminary	Badge 5*		Preliminary
Basic 5 *		Free Skate	Badge 6*		SHOWCASE
Basic 6 *		Beginner *	Badge 7*		Basic 1-8
Basic 7 *		High Beginner *	Badge 8*		Beginner/Hi Beg
Basic 8 *		No Test *	Badge 9*		No Test/Pre-Pre
		Pre-Preliminary	Badge 10*		Preliminary
Basic Prog w/ Music		Preliminary	Badge 11*	1	SPINS Challenge
Snowplow Sam*			Badge 12*		Beginner
Basic 1 *	1	WELL - BALANCED	HOCKEY Element	S	High Beginner
Basic 2 *		Free Skate	Hockey 1		No Test
Basic 3 *			Hockey 2		Pre-Preliminary
Basic 4 *		Pre-Preliminary	Hockey 3		Preliminary
Basic 5 *		Preliminary	Hockey 4		
Basic 6 *			DANCE (select level as an added event)		
Basic 7 *			PRELIMINARY		PRE-BRONZE
Basic 8 *			Rhythm Blues	0	Swing Dance
			Dutch Waltz		Cha-Cha

Events listed above with an \* after them will be eligible for Michigan Basic Skills Series Points Entry Fees are not refundable after the entry deadline unless an event is cancelled. If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

First Event	\$
Additional Event	\$
Additional Event	\$
Additional Event	\$
Join USFSA	\$
TOTAL:	\$

#### ENTRIES MUST BE POSTMARKED BY October 15, 2016 Mail form and fees to: Sue Bakke

2907 Valorie Lane Midland, MI 48640

Make check or money order payable to MFSC Competitions

14 Approval Code: BSC# 22951 2016 Michigan Basic Skills Series - Like us on facebook



# Certification of Competitor

Competitor Name:\_\_\_\_\_

- The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Midland Figure Skating Club and the Midland Civic Arena harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.
- 2. As a participant, or parent/guardian of a minor participant, in the SKATE MIDLAND 2016/Basic Skills Series, I understand that the SKATE MIDLAND 2016/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at SKATE MIDLAND 2016/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate SKATE MIDLAND 2016/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media
- 3. I have read the Concussion Awareness Information located on <u>www.sk8stuff.com</u> and by signing below, I am agreeing to the terms and conditions.

Parent/Guardian Signature	Date				
Club Officer/Program Director					
Title	Date				
COMPETITOR SIGNATURE	Date				
Coach Signature:	Print Name: Please print clearly				
Registered on USFS Coaches Registry for the current season?       Yes       USFS #         If you are not registered, go to www.usfigureskating.org , click on the Coaches Registration button and follow the instruction for registration.       COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT					
Phone	E-mail Address: Please print clearly				
CHECKLIST [please be sure the following is included]:					
Entry form with USFSA Number	Club Officer/Program Director Signature				
Check payable to MFSC Competitions	s Events to be entered checked properly				



Approval Code: BSC# 22951 2016 Michigan Basic Skills Series - *Like us on facebook*  **PRACTICE ICE:** Practice Ice will be available on Saturday prior to the start of the competition and mid-day. Practice ice for those competing in events eligible for the Michigan Basic Skills Series points will be scheduled for practice ice prior to the start of the competition. The cost is \$8 for 20 minutes of ice time. Please reserve a spot for practice ice below. Only one (1) session may be reserved per skater. Practice ice will also be sold the day of the competition on a first come first serve basis.

Practice Ice Reservation (\$8 for 20 minutes of ice time)			
Skater's Name:	_E-mail:		
Include payment for practice ice: \$8.00			

**HAPPY AD** in Competition Program: Send a message to a fellow skater, a special thank you to your coach, or just a fun message to support your skater. You may submit .jpeg ready artwork electronically in business card size (2"x3") (e-mail: <u>kboswell99@gmail.com</u>) or add two lines of message below. You may purchase more than one ad to make a larger tribute.

# o	f Business Card ac	s X \$5 = \$ (must	be submitted by October 15, 2016)
Line 1:			(25 characters)
Line 2: _			(25 characters)
Contact Nam	ne		
	\$		
Happy Ad:	\$		
Total:	\$	Check or Money Order payable to MFSC-Competitions	
Mail check f	for Practice Ice Re	eservation and/or Happy Ad form to	: Sue Bakke 2907 Valorie Lane Midland, MI 48640
	d by October 15, 2 hay be submitted v		



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# MICHIGAN BASIC SKILLS SERIES PERFORMANCE CAMP

# Novi Ice Arena July 24, 2016

This camp is opened to anyone 14 years or younger. Basic Skills skaters up to the Preliminary Free Skate test are eligible for this camp. We recommend that skaters can skate across the ice without assistance. Camp includes on & off ice instructions.

Parents Education Seminar has been revised. We will be having free Parent mini sessions throughout the day. You may attend one, two or all of them. Topics and Presenters will be determined at a later date.

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For more information please contact Suzy Malloure - suzymalloure@gmail.com .

