Garden City 36th Annual Competition Hosted by the Garden City Figure Skating Club March 11-12th 2016

The Garden City Annual Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook.

SERIES INFORMATION: The Tri State Council of Figure Skating Clubs is proud to continue our Championship Series for Test Track Skaters!

At this Competition points will be accumulated and tabulated for all individuals participating. **No need to register - nothing for you to do.** These points will be tallied for the entire season (from April 1, 2015 thru March 31, 2016). You can follow your points on www.sk8stuff.com website - just link to Tri State Council!

At the end of the season medals will be presented on the ice at our Tri State Free Skating Competition held in April 2016 for those accumulating the most points.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES: All entries must be postmarked no later than Feb 12, 2016. Late entries will be accepted by the discretion of the competition committee and will incur an additional late fee of \$30.00. Entry fees are per person, per event and payable in U.S. Dollars only. There will also be a \$35.00 service fee assessed for returned/NSF checks. Please register at www.sk8stuff.com and look for the Garden City Competition posting. Written applications will only be accepted if online registration is not possible. There will be a \$5.00 fee for processing written applications. Register online and then attach form and payment to:

Attn: Katie Saile Garden City FSC P.O. Box 917 Garden City Michigan 481136

Event fees are as follows:

First event - \$95.00 Each additional event - \$40.00 Solo Pattern Dance events – 2 dances are equal to 1 event Basic Skills First event - \$50.00 Each additional Basic Skills event - \$30.00

REFUND POLICY: Entry fees will not be refunded after 2/12/16 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. Checks returned for non- sufficient funds will be issued a \$35 fee. Payment of the fee will be required before the skater is

allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by email and web.

FACILITIES: The competition will be held at Garden City Civic Arena 200 Log Cabin Rd, Garden City, which has one ice surface each measuring 200' x 85'.

Parking, dressing rooms, and snack bar are available at the arena. Registration desk will have list of local area restaurants. A vendor exhibition area will be inside the arena.

MUSIC: Music will be reproduced through the arena system on CDs furnished by each competitor at registration. All CDs must be clearly marked with name. Damaged or improperly marked CDs will not be accepted. The official competition music must be turned in at the registration table at the time of check-in. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the GCFSC cannot be responsible for CDs left at the end of the competition. Please have separate CDs for practice and competition.

LIABILITY: U.S. Figure Skating, Garden City Figure Skating, and Garden City Civic Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM

The International Judging System (IJS) will be used for the following events:

- Well Balanced Program free skate events, juvenile senior
- Short program events, intermediate senior

All competitors skating in these events need to submit the planned program content form online. This form is found in the Member's Only section at www.usfigureskating.org. The deadline to submit the form is 2/21/16.

The 6.0 Majority Judging System will be used for:

- Well Balanced Program free skate events, pre-preliminary pre-juvenile, and open juvenile
- Introductory free skate events (beginner, high beginner, no-test)
- All Test Track events
- Juvenile and Open Juvenile short program events
- All specialty singles events (spins, jumps, compulsory moves, etc.)
- All solo pattern dance events

REGISTRATION: Registration will end at 2/12/16 at midnight. Registration table will be open one

to two hours before the first event and run through the last event of the day. The registration table will be located at the main entrance of the GC Civic Arena. Please register promptly upon arrival.

PRACTICE ICE: Practice ice will be available competitors at a fee of \$12.00 per 20 minute session. Practice ice information will be available online at **sk8stuff.com**. Music will not be played on any practice session.

AWARDS: Medals will be awarded for first through 10th place

OFFICIAL NOTICES: An official bulletin board will be maintained within the arena. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 60 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating either through a member club or as an individual member:
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential - no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf

CONTACT INFO: Katie Saile GCFSCcomp@gmail.com

The official hotel of the competition is:

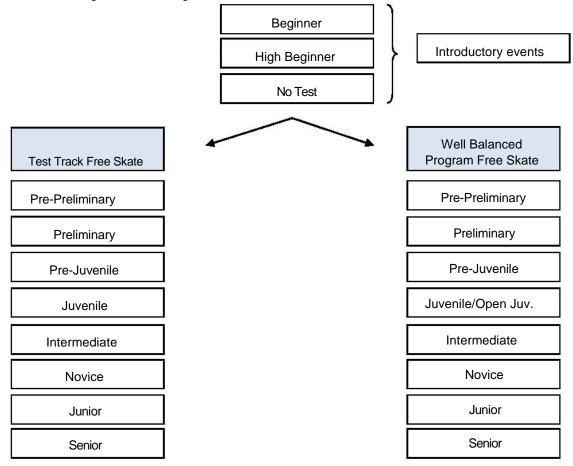
Hilton Garden Inn 31800 Smith Road Romulus, MI 48174 734/727-6000

Other hotels located at I-275 and Ford Road (approximately 5 miles from the rink) are:

Fairfield by Marriott (734) 981-2440 Budget Inn (734) 981-1808 Holiday Inn Crown Plaza (734) 729-2600

SINGLES FREE SKATING EVENTS

Illustration of Singles Free Skating Events:





EVENT: Introductory Levels Free Skate Program - Beginner, High Beginner

- 1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump 	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:40 Maximum	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump. 	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests

EVENT: Test Track Free Skate

- 1. Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- 4. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- 5. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:30 +/- 10 sec.	Maximum of 5 jump elements: • Jumps with not more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow, toe loop and loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump	Maximum of 2 spins: Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)	Connecting moves and steps should be demonstrate d throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	Maximum of 5 jump elements: • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump	 Maximum of 2 spins: One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrate d throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile	Maximum of 5 jump elements:	 Maximum of 2 spins: One spin in one position, no change of foot (Min. 3 	One step	Skaters must have passed at least the U.S.

2:00 +/- 10 sec.	 Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.	sequence fully utilizing ice surface	Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Juvenile 2:15 +/- 10 sec.	Maximum of 5 jump elements: Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump	 Maximum of 2 spins: One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) Only solo spin may fly 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate 2:30 +/- 10 sec.	Maximum of 6 jump elements: Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump	 Maximum of 2 spins: One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Ladies: 3:00 +/- 10 sec. Men:	Maximum of 7 jump elements for men and 6 for ladies: • Any single jumps. • Double jumps permitted: double Salchow,	Maximum of 3 spins, of a different nature: • One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)	One step sequence or spiral sequence	Skaters must have passed at least the U.S. Figure Skating

3:30 +/- 10 sec.	double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump	 The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly 	fully utilizing ice surface (see rule 4104 & 4105 for remarks)	intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies: • Any single jumps. • Double jumps permitted: double Salchow, double toe loop, double loop and double flip • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump	 Maximum of 3 spins of a different nature: One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) 	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test

Senior Ladies: 4:00 +/- sec. Men: 4:30 +/- sec.	jumps, one must be a double Lutz. Triple jumps are not permitted	Maximum of 3 spins of a different nature: • One spin in one position (Min. 6 revolutions) • One flying spin (Min. 6 revolutions) • One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating junior free skate test
			Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)	

2015-16 Singles Free Skating Requirements – This chart has been updated with the changes from the U.S. Figure Skating Governing Council with changes that will go into effect July 1, 2015. Junior and Senior events subject to change by the ISU.

2015-16	JUMP ELEMENTS	SPINS	STEP SEQUENCES
	Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
NO TEST 1:40 maximum *means element is required	All single jumps allowed except for the single Axel No single Axels, double, triple or quadruple jumps allowed Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted. Jump sequences limited to a maximum of 3 single jumps Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination.	Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence If IJS is used, then: ChSt
	Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
PRE-PRELIMINARY 1:40 maximum *means element is required	All single jumps, including the single Axel, allowed No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted. Jump sequences limited to a maximum of 3 single jumps Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination	Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence If IJS is used, then: ChSt
	Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
PRELIMINARY 1:30 +/- 10 sec *means element is required	 1 must be an Axel or a waltz jump-type jump* All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump permitted Jump sequences limited to a maximum of 3 single or double jumps. Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination 	Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence If IJS is used, then: ChSt

	Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
PRE-JUVENILE 2:00 +/- 10 sec	1 must be an Axel-type jump* All single and double jumps allowed except for the double Axel No triple or quadruple jumps allowed An Axel plus up to 3 different double jumps may be repeated once (but no more) as solo jumps, in jump sequences or in jump combinations Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded	1 spin combination, with or without change of foot*	Step Sequence Must fully utilize the ice surface Moves in the field and spiral sequences are permitted but will
*means element is required	Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted Jump sequences limited to a maximum of 3 single or double jumps Half-loop is considered a listed jump with the value of a single jump when used in a sequence or combination	May start with a flying entry Min 4 revs These spins must be of a different character	not be counted as elements Jumps may be included in the step sequence If IJS is used, then: ChSt_
		(For definition see U.S. Figure Skating rule 4103 (E))	

2015-16	JUMP ELEMENTS	SPINS	STEP SEQUENCES
JUVENILE and OPEN JUVENILE 2:15 +/- 10 sec *means element is required	Max 5 Jump Elements 1 must be an Axel-type jump* All single and double jumps, including the double Axel, allowed No triple or quadruple jumps allowed No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence No double jump can be repeated more than once Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except one may be a 3-jump combination with a max of 2 double jumps and 1 single jump Half loop is considered a listed jump with the value of a single jump when used in a sequence or combination Number of jumps in jump sequence is not limited	1 spin combination; with or without change of foot*	One choreographic step sequence* Must fully utilize the ice surface
INTERMEDIATE 2:30 +/- 10 sec *means element is required	Max 6 Jump Elements 1 must be an Axel-type jump All single, double and triple jumps allowed No more than 2 different jumps with 2 ½ or 3 revolutions may be repeated If any double or triple jumps, including double Axel, are repeated, at least one attempt must be part of a jump combination or sequence No double or triple jump can be repeated more than once Max 3 jump combinations or sequences Combinations are limited to 2 jumps One 3-jump combination is permitted Number of jumps in jump sequence is not limited	Max 2 Spins 1 spin combination; with or without change of foot* Min 8 revs Min 2 revs in each position 1 spin with only 1 position; no change of foot* Min 5 revs Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	One choreographic step sequence* Must fully utilize the ice surface
NOVICE LADIES 3:00 +/- 10 sec *means element is required	Max 6 Jump Elements 1 must be an Axel-type jump* All single, double and triple jumps are allowed No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence. There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice Max 3 jump combinations or sequences Combinations limited to 2 jumps One 3-jump combination is permitted Number of jumps in jump sequence is not limited	1 spin combination; with or without change of foot*	One leveled step sequence* Must fully utilize the ice surface

	Max 7 Jump Elements	Max 3 Spins	Max 1 Sequence
NOVICE MEN	 1 must be an Axel-type jump* All single, double and triple jumps are allowed No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least one attempt 	1 spin combination; with or without change of foot*	One leveled step sequence* Must fully utilize the ice surface
3:30 +/- 10 sec	must be part of a jump combination or sequence. There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice Max 3 jump combinations or sequences	position 1 flying spin with no change of foot or position* Min 6 revs 3rd spin is option of skater	ano los canado
*means element is required	 Combinations limited to 2 jumps One 3-jump combination is permitted Number of jumps in jump sequence is not limited 	All spins may start with a flying entry Spins must be of a different character	
		(For definition see U.S. Figure Skating rule 4103 (E))	

2015-16 Singles Free Skating Requirements – This chart has been updated with the changes from the U.S. Figure Skating Governing Council with changes that will go into effect July 1, 2015. Junior and Senior events subject to change by the ISU.

2014-15	JUMP ELEMENTS	SPINS	STEP SEQUENCES
	Max 7 Jump Elements	Max 3 Spins	Max 1 Sequence
JUNIOR LADIES 3:30 +/- 10 sec *means element is required	 1 must be an Axel-type jump* Jumps can contain any number of revolutions Of all the triples or quads, only 2 can be executed twice If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence Max 3 jump combinations or sequences Combinations limited to 2 jumps One 3-jump combination is permitted Number of jumps in a sequence is not limited 	1 spin combination; with or without change of foot* Min 10 revs Min 2 revs in each position 1 spin with a flying entry* Min 6 revs 1 spin with only 1 position* Min 6 revs All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	One leveled step sequence* Must fully utilize the ice surface
	Max 8 Jump Elements	Max 3 Spins	Max 1 Sequence
JUNIOR MEN 4:00 +/- 10 sec *means element is required	 1 must be an Axel-type jump* Jumps can contain any number of revolutions Of all the triples or quads, only 2 can be executed twice If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence Max 3 jump combinations or sequences Combinations limited to 2 jumps One 3-jump combination is permitted Number of jumps in a sequence is not limited 	1 spin combination; with or without change of foot*	One leveled step sequence* Must fully utilize the ice surface
SENIOR	Max 7 Jump Elements	Max 3 Spins	Max 2 Sequences
LADIES	4 must be on Avel ture in the	4 opin combination with	One leveled star
4:00 +/- 10 sec	 1 must be an Axel-type jump* Jumps can contain any number of revolutions Of all the triples or quads, only 2 can be executed twice If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump, including double Axel, can be 	1 spin combination; with or without change of foot* Min 10 revs Min 2 revs in each position 1 spin with a flying entry* Min 6 revs	One leveled step sequence* Must fully utilize the ice surface
means element is required	 No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence Max 3 jump combinations or sequences Combinations limited to 2 jumps 	1 spin with only 1 position Min 6 revs All spins may change feet and	One choreographic sequence* Must be clearly visible nction #20613

	 One 3-jump combination is permitted Number of jumps in a sequence is not limited 	start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	
SENIOR MEN 4:30 +/- 10 sec *means element is required	1 must be an Axel-type jump* Jumps can contain any number of revolutions Of all the triples or quads, only 2 can be executed twice If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence Max 3 jump combinations or sequences Combinations limited to 2 jumps One 3-jump combination is permitted Number of jumps in a sequence is not limited	1 spin combination; with or without change of foot* Min 10 revs Min 2 revs in each position 1 spin with a flying entry* Min 6 revs 1 spin with only 1 position* Min 6 revs All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	One leveled step sequence* Must fully utilize the ice surface One choreographic sequence* Must be clearly visible

EVENT: Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level

 Skaters may have the option to skate one level higher in compulsories than their free skate program

Level	Time	Skating rules/standards
Beginner	1:15 max.	 Waltz jump ½ jump of choice Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional) Forward or backward spiral
High Beginner	1:15 max.	 Toe loop jump Salchow jump Forward scratch spin - minimum three revolutions Forward or backward spiral
No-Test	1:15 max.	 Loop jump Jump combination to include a toe loop (may not use a loop or Axel) Solo spin - sit or camel spin - minimum three revolutions Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.

EVENT: COMPULSORY MOVES

- 1. Basic Skills Juvenile: Elements skated on ½ ice
- Intermediate Senior: Elements skated on full-ice
 Elements may be performed only once
- 4. Music is not allowed

Level	Time	Skating rules/standards
Pre – Preliminary	1:15 max.	 Single Toe Loop Jump combination: single/single (no Axel) Sit spin or camel spin - minimum three revolutions Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	 Single Lutz Jump combination: single/single (may include Axel) Back upright spin - minimum three revolutions Forward inside spiral
Pre – Juvenile	1:15 max.	 Single jump (may include Axel) Jump combination: single/single (may include Axel) Layback spin or camel spin - minimum three revolutions Step sequence - circular
Juvenile & Open Juv.	1:15 max.	 Single Axel Jump combination: single/single or double/single Layback spin or camel spin - minimum three revolutions Step sequence - circular
Intermediate	1:30 max.	 Double Salchow or double toe loop Jump combination: single/single or double/single Flying spin, minimum five revolutions Step sequence – straight line
Novice	1:30 max.	 Double loop Jump combination: double/single or double/double Flying spin - minimum five revolutions Step sequence – straight line
Junior	1:30 max.	 Double flip Jump combination: double/double or triple/double Combination spin - minimum 10 revolutions Step sequence - straight line
Senior	1:30 max.	 Double Lutz Jump combination: double/double or triple/double Combination spin - minimum 10 revolutions Step sequence - straight line

EVENT: Jumps Challenge

- 1. Each jump may be attempted twice; the best attempt will be counted.
- Pre-juvenile and lower will be skated ½ ice; Juvenile senior will be skated on full ice
 Jumps with an "*" must be preceded with connecting steps (intermediate senior)

Level	Time	Skating rules / standards
Beginner	1:15 max.	 Waltz jump (from backward crossovers) ½ flip or ½ Lutz Single Salchow
High Beginner	1:15 max.	Waltz jump (from backward crossovers) Single Salchow Jump combination – waltz jump-toe loop
No-Test	1:15 max.	 Single toe loop Single loop Jump combination – Any two ½ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	 Single toe loop Single flip Jump combination - Any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max.	5. Single flip6. Single Lutz7. Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile	1:15 max.	5. Single Axel6. Single or double jump7. Jump combination – single/single (no Axel)
Juvenile & Open Juv.	1:15 max.	5. Single Axel6. Double Salchow7. Jump combination – single/single or double/single (no Axel)
Intermediate	1:15 max.	 5. Single Axel 6. Double loop* 7. Jump combination – double/single (no Axel)
Novice	1:15 max.	 5. Double loop 6. Double flip* 7. Jump combination – double/double (may be double Axel)
Junior	1:15 max.	 5. Choice of double or triple jump 6. Double or triple flip* 7. Jump combination – double/double (may be double Axel)
Senior	1:15 max.	. Choice of double or triple jump . Double or triple Lutz* . Jump combination – double/double or triple/double (may be double Axel)

EVENT: Spins Challenge

- 1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
- 2. All events are skated on ½ ice.
- 3. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
High Beginner	1:30 max.	1. Upright one-foot spin (3) 2. Upright two-foot spin (3) 3. Sit spin (3)
No-Test	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
Pre – Preliminary	1:30 max.	4. Upright one-foot spin (3)5. Upright back scratch spin (3)6. Sit spin (3)
Preliminary	1:30 max.	 Forward scratch to back scratch spin (3) Combination spin with no of foot (4) Sit spin (3)
Pre – Juvenile	1:30 max.	 Camel spin (3) Combination spin – camel to sit spin; no change of foot (6) Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max.	 Sit spin (4) Combination spin – change of foot; optional change of position (4 per foot) Girls – layback spin (4); Boys – camel spin (4)
Intermediate	1:30 max.	Flying camel spin (5) Sit spin to backward sit spin (4 per foot) Combination spin – change of foot & change of position (4 per foot)
Novice	1:30 max.	 Choice of camel, sit or layback spin (6) Camel spin to backward camel spin (4 per foot in position) Combination spin – change of foot & two changes of position (2 per position & 5 per foot)
Junior	1:30 max.	 Flying sit spin or flying reverse sit spin (6) Ladies – layback spin (6); men – cross-foot spin (6) Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)
Senior	1:30 max.	 Flying spin of choice (6) Solo spin of choice (6) – may not fly Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)

EVENT: Solo Pattern Dance

General event parameters:

- 1. Levels are based upon the skaters' highest pattern dance test passed.
- 2. A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
- 3. The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for their level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30th July 2nd), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the 2nd quarter).
- 4. Each skater will complete both of their dances, consecutively, in the order listed, pausing briefly in between.

Level	January 1-		
	March 31st		
Preliminary	Dutch Waltz Canasta Tango		
Pre-bronze	1. Swing 2. Cha-Cha		
Bronze	Hickory Hoedown Willow Waltz		
Pre-silver	Fourteenstep European Waltz		
Silver	American Waltz Silver Tango		
Pre-gold	1. Killian 2. Blues		
Gold	Viennese Waltz Argentine Tango		

EVENT: Showcase Events – Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift
 and entertain the audience through related skating movements, gestures and physical
 actions.
- Props and Scenery are permitted

- 1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 2. The determination of level will be based upon test requirement at the entry deadline
- 3. Current guidelines and grocecures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

	Event	Must have passed(dance tests refer to solo or partnered standard track)	Must not have passed(dance tests refer to solo or partnered standard track)	Age	Time
	Beginner, High Beginner, No Test* Note: these levels do not qualify for National Showcase	-	Pre-Preliminary Free Skate	No Age restriction	1:30 max
	Pre-Preliminary*Note: this level does not qualify for National Showcase	-	Preliminary Free Skate	No Age restriction	1:30 max
	Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate	No minimum age	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate 2 Preliminary Dances	Juvenile Free Skate or Complete Pre-Bronze Dance	No minimum age(max age 20)	1:40 max
	Juvenile	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	14-17	2:10 max
	Intermediate	Intermediate Free Skate Complete Bronze Dance	Novice Free Skate Any Gold Dance	17 and under	2:10 max
	Young Adult	Juvenile Free Skate Complete Preliminary Dance	Novice Free Skate Any Gold Dance	18-20	2:10 max
Singles	Novice	Novice Free Skate One Silver Dance	Junior Free Skate Any Gold Dance		2:10 max
	Junior	Junior Free Skate Two Pre-Gold Dances	Senior Free Skate Completed Gold Dance	No age restriction	2:40 max
	Senior	Senior Free Skate Complete Gold Dance			2:40 max
	Adult Silver	Adult Silver Free Skateor Pairs Events or have passed one Pre- Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max
	Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre- Gold Dance Test	21 and older	1:40 max
	Masters	At least the Masters Intermediate or any Masters Pairs Event or have passed the		21 and older	1:40 max

^{*}The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart

36th ANNUAL GARDEN CITY FIGURE SKATING CLUB COMPETITION ENTRY FORM

March 11-12, 2016

PLEASE TYPE OR USE PEN - PRINT CLEARLY

NAME_____FEMALE___

BIRTHDAY	USFS	3/CFSA#	
HOME CLUB			
]			
PHONE ()			
E-MAIL			
COACH NAME	PI	HONE ()	
EMAIL			
HIGHEST TEST PAS (As of February 5, 201		DANCE	
Well Balanced	Spin Challenge	Jump Challenge	Compulsory
Well Balanced Senior IJS Junior IJS Novice IJS Intermediate IJS Juvenile IJS Open Juvenile (6.0) PreJuvenile Preliminary PrePreliminary NoTest High Beginner Beginner	SeniorJuniorNoviceIntermediateJuvenileOpen JuvenilePreJuvenilePreJuvenilePreliminaryPrePreliminaryNoTestHigh BeginnerBeginner	Jump Challenge SeniorJuniorNoviceIntermediateJuvenileOpen JuvenilePreJuvenilePreliminaryPrePreliminaryNoTestHigh BeginnerBeginner	Compulsory Senior SP IJS Junior SP IJS Novice SP IJS Intermediate SP IJS Juvenile SP (6.0) Open Juvenile SP (6.0) PreJuvenile CM Preliminary CM PrePreliminary CM NoTest CM High Beginner CM Beginner CM
Senior IJS Junior IJS Novice IJS Intermediate IJS Juvenile IJS Open Juvenile (6.0) PreJuvenile Preliminary PrePreliminary NoTest High Beginner	SeniorJuniorNoviceIntermediateJuvenileOpen JuvenilePreJuvenilePreliminaryPrePreliminaryNoTestHigh Beginner	SeniorJuniorNoviceIntermediateJuvenileOpen JuvenilePreJuvenilePreliminaryPrePreliminaryNoTestHigh Beginner	Senior SP IJS Junior SP IJS Novice SP IJS Intermediate SP IJS Juvenile SP (6.0) Open Juvenile SP (6.0) PreJuvenile CM Preliminary CM PrePreliminary CM NoTest CM High Beginner CM



CERTIFICATIONS AND WAIVER

The following certification and release must be completed before competitor may enter competition.

ENTRY DEADLINE: Postmarked by February 12, 2016. NO REFUNDS after this date, unless event is canceled. NO LATE ENTRIES without a \$30.00 late fee and committee approval.

SEND ENTRIES TO:

GCFSC 36th ANNUAL COMPETITION
Katie Saile
P.O. Box 917
Garden City, MI 48136

GCFSCcomp@gmail.com

FEES: \$95.00 for first event, \$40.00 each additional event. If competing in solo dance only, \$50.00 for first dance entered and \$30.00 for each additional dance.

Make checks or money orders payable to: **Garden City Figure Skating Club**. There will be a \$30.00 service charge assessed for all returned checks.



EVENT: Basic Elements Event: SNOWPLOW SAM - BASIC 8

Elements performed as directed by refree.

- To be skated on 1/3 to 1/2 ice
- No music
- All elements must be skated in the order listed

• All e	<u>iements must</u>	be skated in the order listed
Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:00 max.	 March followed by a two-foot glide and dip Forward two-foot swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	 Forward two-foot glide and dip Forward two-foot swizzles, 6-8 in a row Forward snowplow stop Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	 Forward one-foot glide, either foot Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward two-foot swizzles, 6 - 8 in a row
Basic 3	1:00 max.	 Forward stroking Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive Forward slalom Backward one-foot glide, either foot Two-foot spin – minimum three revolutions
Basic 4	1:00 max.	 Stand still forward outside three-turn, right and left Forward outside edge on a circle, clockwise or counter clockwise Forward crossovers, 4-6 consecutive, both directions Backward stroking, 4-6 strokes Backward snowplow stop, right or left
Basic 5	1:00 max.	 Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, 4-6 consecutive, both directions Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions Side toe hop, either direction Hockey stop
Basic 6	1:00 max.	 Standstill forward inside three-turn, right and left Bunny Hop Forward spiral on a straight line, right or left Lunge, right or left T-stop, right or left
Basic 7	1:00 max.	 Standstill forward inside open mohawk, right to left and left to right Ballet jump, either direction Back crossovers to a back outside edge landing position, clockwise and counter clockwise Forward inside pivot
Basic 8	1:00 max.	 Moving forward outside or forward inside three-turns, right and left Waltz jump (from a standstill) Mazurka, either direction 1 Combination move, clockwise or counter clockwise, two forward crossovers into forward inside mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge Beginning one-foot upright spin, free foot held to side of spinning leg or
		crossed position - minimum three revolutions

EVENT: BASIC PROGRAM EVENT: SNOWPLOW SAM - BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level

		vill be taken for each element performed from a higher level
Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:00 +/-10 max.	 March followed by a two-foot glide and dip Forward two-foot swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row
Basic 1	1:00 +/-10 max.	 Forward two-foot glide and dip Forward two-foot swizzles, 6-8 in a row Forward snowplow stop Backward wiggles, 6-8 in a row
Basic 2	1:00 +/-10 max.	 Forward one-foot glide, either foot Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward two-foot swizzles, 6 - 8 in a row
Basic 3	1:00 +/-10 max.	 Forward stroking Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive Forward slalom Backward one-foot glide, either foot Two-foot spin, minimum three revolutions
Basic 4	1:00 +/-10 max.	 Standstill forward outside three-turn, right and left Forward crossovers, 4-6 consecutive both directions Backward stroking, 4-6 strokes Backward snowplow stop, right or left
Basic 5	1:00 +/-10 max.	 Backward crossovers, 4-6 consecutive, both directions Basic one-foot spin, free leg held to side of spinning leg, minimum three revolutions Side toe hop, either direction Hockey stop
Basic 6	1:00 +/-10 max.	 Standstill forward inside three-turn, right and left Bunny Hop Forward spiral on a straight line, right or left Lunge, right or left T-stop, right or left
Basic 7	1:00 +/-10 max.	 Standstill forward inside open Mohawk, right to left and left to right Ballet Jump, either direction Back crossovers to a back outside edge landing position, clockwise and counter clockwise Forward inside pivot
Basic 8	1:00 +/-10 max.	 Moving forward outside or forward inside three-turns, right and left Waltz jump (from at standstill) Mazurka, either direction 1 Combination move, clockwise or counter clockwise – two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position -minimum three revolutions

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Level	Time	Skating rules / standards
Free Skate 1	1:15 max.	 Advanced forward stroking, 4-6 consecutive Backward outside three-turns, right and left One-foot upright scratch spin from backward crossovers - minimum three revolutions Waltz jump from backward crossovers Half flip jump
Free Skate 2	1:15 max.	 Forward outside or inside spiral, right or left Waltz three's, right or left, 2-3 sets Beginning back spin, entry optional – minimum two revolutions Waltz jump, side toe hop, waltz jump sequence Toe loop jump
Free Skate 3	1:15 max.	 Forward crossovers in a figure 8 Backward inside three-turns, right and left Back spin - minimum three revolutions Salchow jump Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	 4. Forward power 3's, 2-3 consecutive sets, right or left 5. Sit spin - minimum three revolutions 6. Loop jump 7. Waltz jump/loop jump combination
Free Skate 5	1:15 max.	 8. Camel spin - minimum three revolutions 9. Forward upright spin to back upright spin - minimum three revolutions each foot 10. Loop/loop jump combination- 11. Flip jump
Free Skate 6	1:15 max.	 12. Five step mohawk sequence - one set alternating pattern (refer to Basic Skills Curriculum Free skate 6) 13. Camel, sit spin combination - minimum of four revolutions total 14. Split jump or stag jump 15. Waltz jump, ½ loop, Salchow jump sequence 16. Lutz jump

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Level	Time	Skating rules / standards
Free Skate 1	1:30+/-10 sec	 5. Advanced forward stroking, 4-6 consecutive 6. One-foot upright scratch spin from backward crossovers, minimum three revolutions 7. Waltz jump from backward crossovers 4. Half flip jump
Free Skate 2	1:30+/-10 sec	 6. Forward outside spiral, right or left 7. Beginning back spin – entry optional, minimum two revolutions 8. Waltz jump, side toe hop, waltz jump sequence 9. Toe loop jump
Free Skate 3	1:30+/-10 sec	 6. Forward crossovers in a figure 8 7. Back spin, minimum three revolutions 8. Salchow jump 9. Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:30+/-10 sec	17. Forward power 3's, 2-3 consecutive sets, right or left 18. Sit spin, minimum three revolutions 19. Loop jump 20. Waltz jump-loop jump combination
Free Skate 5	1:30+/-10 sec	 21. Camel spin, minimum three revolutions 22. Forward upright spin to back upright spin, minimum three revolutions each foot 23. Loop-loop jump combination- 24. Flip jump
Free Skate 6	1:30+/-10 sec	25. Camel, sit spin combination, minimum of four revolutions total 26. Split jump or stag jump 27. Waltz jump, ½ loop, Salchow jump sequence 28. Lutz jump

COMPETITION ENTRY FORM

March 11-12, 2016

NAME_______MALE____FEMALE___

BIRTHDAY_____USFS/CFSA#____

PLEASE TYPE OR USE PEN - PRINT CLEARLY

HOME CLUB	
HOME CLUB	
ADDRESS	
]	
CITY,STATE, ZIP	
PHONE ()	
E-MAIL	
COACH NAMEPH	ONE ()
EMAIL_	
HIGHEST TEST PASSED: F/S(As of February 5, 2014)	
Basic Skills Elements	Basic Skills Program
Snowplow Sam Elements Basic 1 Elements Basic 2 Elements Basic 3 Elements Basic 4 Elements	Snowplow Sam Program Basic 1 Program Basic 2 Program Basic 3 Program
Basic 5 Elements Basic 6 Elements Basic 7 Elements Basic 8 Elements	Basic 4 Program Basic 5 Program Basic 6 Program Basic 7 Program Basic 8 Program
Basic 5 Elements Basic 6 Elements Basic 7 Elements	Basic 5 Program Basic 6 Program Basic 7 Program



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Katie Saile

P.O. Box 917 Garden City, MI 48136

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