

Michigan High School Series

Detroit SC

3:30 PM Thursday, January 7, 2016

8

1 2 3 4 5 6 7 8

Event #	Time	Event	# Skaters	Allow this time	Bill Ziegler
	Begin	End			Eden Chrostowski
	3:30 PM	4:15 PM Practice Ice	45		Phyllis Little
	4:15 PM	4:30 PM Resurface	15		Mark Reina
1	4:30 PM	Level A Jumps	6	R 2 3 4 5 6	Hallie Wilson
2	4:30 PM	Level B Jumps	7	R 2 3 4 5 6	Cindy York
3	4:30 PM	5:05 PM Level C Jumps	4 36	R 2 3 4 5 6	
	5:05 PM	5:10 PM Break - NO RESURFACE	5		
4	5:10 PM	Level A Moves	6	R 2 3 4 5 6	
5	5:10 PM	Level B Moves	7	R 2 3 4 5 6	
6	5:10 PM	6:09 PM Level C Moves	4 60	R 2 3 4 5 6	
	6:09 PM	6:24 PM Ice Make	15		
7	6:24 PM	6:24 PM Level A Spins	6	R 2 3 4 5 6	
8	6:24 PM	6:24 PM Level B Spins	7	R 2 3 4 5 6	
9	6:24 PM	7:01 PM Level C Spins	4 37	R 2 3 4 5 6	
Competition Ends					

Hosted by: Bloomfield HS

Sanction: 20624

At this competition, for each discipline the first 4 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat. After all 4 teams have skated, they leave the ice and the next 5 enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as shown below.

Jumps: 1,2,3 / 4,5,6
Moves: 2,3,1 / 5,6,4
Spins: 3,1,2 / 6,4,5

Note these are in SKATING order

	A	B	C	
Berkley ABC 1				1
Christian Combined B 2	X		X	2
Lake Orion AB 3			X	3
Bloomfield Hills ABC 4				4
CDMCK ABC 5				5
Rochester United AB 6			X	6
Royal Oak ABC 7				7

Each team is permitted ONE reskated element per level, per competition.

rev 7a: 1/19/2015

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

12/29/2015

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3:30 PM

D6-2

First Group		First Group		First Group	
Jumps Element 1		Moves Element 1		Spins Element 1	
Berkley	ABC	Christian Combined	B	Lake Orion	AB
Christian Combined	B	Lake Orion	AB	Berkley	ABC
Lake Orion	AB	Berkley	ABC	Christian Combined	B
Jumps Element 2		Moves Element 2		Spins Element 2	
Christian Combined	B	Lake Orion	AB	Berkley	ABC
Lake Orion	AB	Berkley	ABC	Christian Combined	B
Berkley	ABC	Christian Combined	B	Lake Orion	AB
Jumps Element 3		Moves Element 3		Spins Element 3	
Lake Orion	AB	Berkley	ABC	Christian Combined	B
Berkley	ABC	Christian Combined	B	Lake Orion	AB
Christian Combined	B	Lake Orion	AB	Berkley	ABC
Jumps Element 4		Moves Element 4		Spins Element 4	
Berkley	ABC	Christian Combined	B	Lake Orion	AB
Christian Combined	B	Lake Orion	AB	Berkley	ABC
Lake Orion	AB	Berkley	ABC	Christian Combined	B
Second Group		Second Group		Second Group	
Jumps Element 1		Moves Element 1		Spins Element 1	
Bloomfield Hills	ABC	CDMCK	ABC	Rochester United	AB
CDMCK	ABC	Rochester United	AB	Royal Oak	ABC
Rochester United	AB	Royal Oak	ABC	Bloomfield Hills	ABC
Royal Oak	ABC	Bloomfield Hills	ABC	CDMCK	ABC
Jumps Element 2		Moves Element 2		Spins Element 2	
CDMCK	ABC	Rochester United	AB	Royal Oak	ABC
Rochester United	AB	Royal Oak	ABC	Bloomfield Hills	ABC
Royal Oak	ABC	Bloomfield Hills	ABC	CDMCK	ABC
Bloomfield Hills	ABC	CDMCK	ABC	Rochester United	AB
Jumps Element 3		Moves Element 3		Spins Element 3	
Rochester United	AB	Royal Oak	ABC	Bloomfield Hills	ABC
Royal Oak	ABC	Bloomfield Hills	ABC	CDMCK	ABC
Bloomfield Hills	ABC	CDMCK	ABC	Rochester United	AB
CDMCK	ABC	Rochester United	AB	Royal Oak	ABC
Jumps Element 4		Moves Element 4		Spins Element 4	
Royal Oak	ABC	Bloomfield Hills	ABC	CDMCK	ABC
Bloomfield Hills	ABC	CDMCK	ABC	Rochester United	AB
CDMCK	ABC	Rochester United	AB	Royal Oak	ABC
Rochester United	AB	Royal Oak	ABC	Bloomfield Hills	ABC

Reskates Log

	A	B	C	
Berkley	ABC	1		
Christian Combined	B	2	X	X
Lake Orion	AB	3		X
Bloomfield Hills	ABC	4		
CDMCK	ABC	5		
Rochester United	AB	6		X
Royal Oak	ABC	7		