

Michigan High School Series

Hartland		4:00 PM Tuesday, December 15, 2015		3		1	2	3	4	5	6	7	8
Event #	Time	Event	# Skaters	Allow this time		Phyllis Little	Colleen Bohunicky	Eden Chrostowski	Mark Reina	Hallie Wilson	Cindy York	Lydia Wolanchuk	
Begin		End	D3-1										
4:00 PM		4:45 PM	Practice Ice		45								
4:45 PM		5:00 PM	Resurface		15								
1	5:00 PM			Level A Jumps	4	R		3	4	5	6	7	
2	5:00 PM			Level B Jumps	7	R	2	3	4	5	6		
3	5:00 PM	5:35 PM	Level C Jumps		6	36	R	2	3	4	5	6	
5:35 PM		5:40 PM	Break - NO RESURFACE		5								
4	5:40 PM			Level A Moves	4	R	2	3	4	5	6		
5	5:40 PM			Level B Moves	7	R	2		4	5	6	7	
6	5:40 PM	6:39 PM	Level C Moves		6	60	R	2	3	4	5	6	
6:39 PM		6:54 PM	Ice Make		15								
7	6:54 PM	6:54 PM	Level A Spins		4	R	2	3	4	5	6		
8	6:54 PM	6:54 PM	Level B Spins		7	R	2	3	4	5	6		
9	6:54 PM	7:31 PM	Level C Spins		6	37	R	2	3		5	6	7
Competition Ends													

Hosted by: **Hartland**

Sanction: 20619

At this competition, for each discipline the first 4 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat. After all 4 teams have skated, they leave the ice and the next 5 enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as shown below.

Jumps: 1,2,3,4 / 5,6,7, 8
 Moves: 2,3,4,1 / 6,7,8,5
 Spins: 3,4, 1,2 / 7,8,5,6

Note these are in SKATING order

		A	B	C	
Hartland United	ABC 1				1
Lakes Area	AB 2			X	2
Brighton	AC 3		X		3
Gabriel Richard	B 4	X		X	4
Ann Arbor Pioneer	ABC? 5				5
Skyline	ABC 6				6
Washtenaw Edge	BC 7	X			7
Howell	BC 8	X			8

Each team is permitted ONE reskated element per level, per competition.

rev 7a: 1/19/2015

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

First Group

Jumps Element 1

Hartland United	ABC
Lakes Area	AB
Brighton	AC
Gabriel Richard	B

Jumps Element 2

Lakes Area	AB
Brighton	AC
Gabriel Richard	B
Hartland United	ABC

Jumps Element 3

Brighton	AC
Gabriel Richard	B
Hartland United	ABC
Lakes Area	AB

Jumps Element 4

Gabriel Richard	B
Hartland United	ABC
Lakes Area	AB
Brighton	AC

First Group

Moves Element 1

Lakes Area	AB
Brighton	AC
Gabriel Richard	B
Hartland United	ABC

Moves Element 2

Brighton	AC
Gabriel Richard	B
Hartland United	ABC
Lakes Area	AB

Moves Element 3

Gabriel Richard	B
Hartland United	ABC
Lakes Area	AB
Brighton	AC

Moves Element 4

Hartland United	ABC
Lakes Area	AB
Brighton	AC
Gabriel Richard	B

First Group

Spins Element 1

Brighton	AC
Gabriel Richard	B
Hartland United	ABC
Lakes Area	AB

Spins Element 2

Gabriel Richard	B
Hartland United	ABC
Lakes Area	AB
Brighton	AC

Spins Element 3

Hartland United	ABC
Lakes Area	AB
Brighton	AC
Gabriel Richard	B

Spins Element 4

Lakes Area	AB
Brighton	AC
Gabriel Richard	B
Hartland United	ABC

Second Group

Jumps Element 1

Ann Arbor Pioneer	ABC?
Skyline	ABC
Washtenaw Edge	BC
Howell	BC

Jumps Element 2

Skyline	ABC
Washtenaw Edge	BC
Howell	BC
Ann Arbor Pioneer	ABC?

Jumps Element 3

Washtenaw Edge	BC
Howell	BC
Ann Arbor Pioneer	ABC?
Skyline	ABC

Jumps Element 4

Howell	BC
Ann Arbor Pioneer	ABC?
Skyline	ABC
Washtenaw Edge	BC

Second Group

Moves Element 1

Skyline	ABC
Washtenaw Edge	BC
Howell	BC
Ann Arbor Pioneer	ABC?

Moves Element 2

Washtenaw Edge	BC
Howell	BC
Ann Arbor Pioneer	ABC?
Skyline	ABC

Moves Element 3

Howell	BC
Ann Arbor Pioneer	ABC?
Skyline	ABC
Washtenaw Edge	BC

Moves Element 4

Ann Arbor Pioneer	ABC?
Skyline	ABC
Washtenaw Edge	BC
Howell	BC

Second Group

Spins Element 1

Washtenaw Edge	BC
Howell	BC
Ann Arbor Pioneer	ABC?
Skyline	ABC

Spins Element 2

Howell	BC
Ann Arbor Pioneer	ABC?
Skyline	ABC
Washtenaw Edge	BC

Spins Element 3

Ann Arbor Pioneer	ABC?
Skyline	ABC
Washtenaw Edge	BC
Howell	BC

Spins Element 4

Skyline	ABC
Washtenaw Edge	BC
Howell	BC
Ann Arbor Pioneer	ABC?

Reskates Log

Note these are in SKATING order

			A	B	C	
Hartland United	ABC	1				1
Lakes Area	AB	2			X	2
Brighton	AC	3		X		3
Gabriel Richard	B	4	X		X	4
Ann Arbor Pioneer	ABC?	5				5
Skyline	ABC	6				6
Washtenaw Edge	BC	7	X			7
Howell	BC	8	X			8