

Michigan High School Series

Birmingham			4:00 PM Monday, February 8, 2016		14							
Event #	Time	Event	# Skaters	Allow this time	Bill Ziegler	Flo Abke	Richard Dalley	Susan Demeniuk	Mark Reina	Cindy York		
Begin		End	D1-3									
	4:00 PM	4:45 PM	Practice Ice	45								
	4:45 PM	5:00 PM	Resurface	15								
1	5:00 PM		Level A Jumps	7	R	2	3	4	5	6		
2	5:00 PM		Level B Jumps	7	R	2	3	4	5	6		
3	5:00 PM	5:44 PM	Level C Jumps	7 44	R	2	3	4	5	6		
	5:44 PM	5:49 PM	Break - NO RESURFACE	5								
4	5:49 PM		Level A Moves	7	R	2	3	4	5	6		
5	5:49 PM		Level B Moves	7	R	2	3	4	5	6		
6	5:49 PM	7:02 PM	Level C Moves	7 74	R	2	3	4	5	6		
	7:02 PM	7:17 PM	Ice Make	15								
7	7:17 PM	7:17 PM	Level A Spins	7	R	2	3	4	5	6		
8	7:17 PM	7:17 PM	Level B Spins	7	R	2	3	4	5	6		
9	7:17 PM	8:03 PM	Level C Spins	7 46	R	2	3	4	5	6		
Competition Ends												
Hosted by: Birmingham					Sanction: 20629							

Hosted by: **Birmingham**

Sanction: 20629

At this competition, for each discipline the first 4 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat. After all 4 teams have skated, they leave the ice and the next 5 enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as shown below.

Jumps: 1,2,3 / 4, 5,6
 Moves: 2,3,1 / 5,6,4
 Spins: 3,1,2 / 6,4,5

rev 7a: 1/19/2015

Note these are in SKATING order

		A	B	C	
Plymouth Canton	ABC 1				1
Ann Arbor Huron	B 2	X		X	2
Mercy	ABC 3				3
Birmingham	ABC 4				4
United Farmington	AC 5		X		5
Novi	ABC 6				6
Northville	ABC 7				7
Livonia Stevenson	ABC 8				8

Each team is permitted ONE reskated element per level, per competition.

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

First Group**Jumps Element 1**

Plymouth Canton	ABC
Ann Arbor Huron	B
Mercy	ABC
Birmingham	ABC

Jumps Element 2

Ann Arbor Huron	B
Mercy	ABC
Birmingham	ABC
Plymouth Canton	ABC

Jumps Element 3

Mercy	ABC
Birmingham	ABC
Plymouth Canton	ABC
Ann Arbor Huron	B

Jumps Element 4

Birmingham	ABC
Plymouth Canton	ABC
Ann Arbor Huron	B
Mercy	ABC

First Group**Moves Element 1**

Ann Arbor Huron	B
Mercy	ABC
Birmingham	ABC
Plymouth Canton	ABC

Moves Element 2

Mercy	ABC
Birmingham	ABC
Plymouth Canton	ABC
Ann Arbor Huron	B

Moves Element 3

Birmingham	ABC
Plymouth Canton	ABC
Ann Arbor Huron	B
Mercy	ABC

Moves Element 4

Plymouth Canton	ABC
Ann Arbor Huron	B
Mercy	ABC
Birmingham	ABC

First Group**Spins Element 1**

Mercy	ABC
Birmingham	ABC
Plymouth Canton	ABC
Ann Arbor Huron	B

Spins Element 2

Birmingham	ABC
Plymouth Canton	ABC
Ann Arbor Huron	B
Mercy	ABC

Spins Element 3

Plymouth Canton	ABC
Ann Arbor Huron	B
Mercy	ABC
Birmingham	ABC

Spins Element 4

Ann Arbor Huron	B
Mercy	ABC
Birmingham	ABC
Plymouth Canton	ABC

Second Group**Jumps Element 1**

United Farmington	AC
Novi	ABC
Northville	ABC
Livonia Stevenson	ABC

Jumps Element 2

Novi	ABC
Northville	ABC
Livonia Stevenson	ABC
United Farmington	AC

Jumps Element 3

Northville	ABC
Livonia Stevenson	ABC
United Farmington	AC
Novi	ABC

Jumps Element 4

Livonia Stevenson	ABC
United Farmington	AC
Novi	ABC
Northville	ABC

Second Group**Moves Element 1**

Novi	ABC
Northville	ABC
Livonia Stevenson	ABC
United Farmington	AC

Moves Element 2

Northville	ABC
Livonia Stevenson	ABC
United Farmington	AC
Novi	ABC

Moves Element 3

Livonia Stevenson	ABC
United Farmington	AC
Novi	ABC
Northville	ABC

Moves Element 4

United Farmington	AC
Novi	ABC
Northville	ABC
Livonia Stevenson	ABC

Second Group**Spins Element 1**

Northville	ABC
Livonia Stevenson	ABC
United Farmington	AC
Novi	ABC

Spins Element 2

Livonia Stevenson	ABC
United Farmington	AC
Novi	ABC
Northville	ABC

Spins Element 3

United Farmington	AC
Novi	ABC
Northville	ABC
Livonia Stevenson	ABC

Spins Element 4

Novi	ABC
Northville	ABC
Livonia Stevenson	ABC
United Farmington	AC

Reskates Log

			A	B	C	
Plymouth Canton	ABC	1				1
Ann Arbor Huron	B	2	X		X	2
Mercy	ABC	3				3
Birmingham	ABC	4				4
United Farmington	AC	5		X		5
Novi	ABC	6				6
Northville	ABC	7				7
Livonia Stevenson	ABC	8				8