

# Michigan High School Series

Farmington		4:00 PM Friday, December 18, 2015		5		1	2	3	4	5	6	7	8
Event #	Time		Event	# Skaters	Allow this time	Phyllis Little	Eden Chrowsowski	Susan Demeniuk	Mark Reina	Dorothy Tank	Cindy York		
	Begin	End											
<b>D1-1</b>													
		4:00 PM	4:45 PM	Practice Ice	45								
		4:45 PM	5:00 PM	Resurface	15								
1	5:00 PM			Level A Jumps	7	R	2	3	4	5	6		
2	5:00 PM			Level B Jumps	7	R	2	3	4	5	6		
3	5:00 PM	5:44 PM		Level C Jumps	7	R	2	3	4	5	6	44	
		5:44 PM	5:49 PM	Break - NO RESURFACE	5								
4	5:49 PM			Level A Moves	7	R	2	3	4	5	6		
5	5:49 PM			Level B Moves	7	R	2	3	4	5	6		
6	5:49 PM	7:02 PM		Level C Moves	7	R	2	3	4	5	6	74	
		7:02 PM	7:17 PM	Ice Make	15								
7	7:17 PM	7:17 PM		Level A Spins	7	R	2	3	4	5	6		
8	7:17 PM	7:17 PM		Level B Spins	7	R	2	3	4	5	6		
9	7:17 PM	8:03 PM		Level C Spins	7	R	2	3	4	5	6	46	
<b>Competition Ends</b>													

Hosted by: **Northville**

Sanction: 20621

At this competition, for each discipline the first 4 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat. After all 4 teams have skated, they leave the ice and the next 5 enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as shown below.

Jumps: 1,2,3 / 4, 5,6,7  
 Moves: 2,3,1 / 5,6,7,4  
 Spins: 3,1,2 / 6,7,4,5

Note these are in SKATING order

		A	B	C	
	Mercy ABC				1
	Novi ABC				2
	Livonia Stevenson ABC				3
	Northville ABC?				4
	Ann Arbor Huron B	X		X	5
	Birmingham ABC				6
	United Farmington AC		X		7
	Plymouth Canton ABC				8

**Each team is permitted ONE reskated element per level, per competition.**

rev 7a: 1/19/2015

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

**First Group**

**Jumps Element 1**

Mercy	ABC
Novi	ABC
Livonia Stevenson	ABC
Northville	ABC?

**First Group**

**Moves Element 1**

Novi	ABC
Livonia Stevenson	ABC
Northville	ABC?
Mercy	ABC

**First Group**

**Spins Element 1**

Livonia Stevenson	ABC
Northville	ABC?
Mercy	ABC
Novi	ABC

**Jumps Element 2**

Novi	ABC
Livonia Stevenson	ABC
Northville	ABC?
Mercy	ABC

**Moves Element 2**

Livonia Stevenson	ABC
Northville	ABC?
Mercy	ABC
Novi	ABC

**Spins Element 2**

Northville	ABC?
Mercy	ABC
Novi	ABC
Livonia Stevenson	ABC

**Jumps Element 3**

Livonia Stevenson	ABC
Northville	ABC?
Mercy	ABC
Novi	ABC

**Moves Element 3**

Northville	ABC?
Mercy	ABC
Novi	ABC
Livonia Stevenson	ABC

**Spins Element 3**

Mercy	ABC
Novi	ABC
Livonia Stevenson	ABC
Northville	ABC?

**Jumps Element 4**

Northville	ABC?
Mercy	ABC
Novi	ABC
Livonia Stevenson	ABC

**Moves Element 4**

Mercy	ABC
Novi	ABC
Livonia Stevenson	ABC
Northville	ABC?

**Spins Element 4**

Novi	ABC
Livonia Stevenson	ABC
Northville	ABC?
Mercy	ABC

**Second Group**

**Jumps Element 1**

Ann Arbor Huron	B
Birmingham	ABC
United Farmington	AC
Plymouth Canton	ABC

**Second Group**

**Moves Element 1**

Birmingham	ABC
United Farmington	AC
Plymouth Canton	ABC
Ann Arbor Huron	B

**Second Group**

**Spins Element 1**

United Farmington	AC
Plymouth Canton	ABC
Ann Arbor Huron	B
Birmingham	ABC

**Jumps Element 2**

Birmingham	ABC
United Farmington	AC
Plymouth Canton	ABC
Ann Arbor Huron	B

**Moves Element 2**

United Farmington	AC
Plymouth Canton	ABC
Ann Arbor Huron	B
Birmingham	ABC

**Spins Element 2**

Plymouth Canton	ABC
Ann Arbor Huron	B
Birmingham	ABC
United Farmington	AC

**Jumps Element 3**

United Farmington	AC
Plymouth Canton	ABC
Ann Arbor Huron	B
Birmingham	ABC

**Moves Element 3**

Plymouth Canton	ABC
Ann Arbor Huron	B
Birmingham	ABC
United Farmington	AC

**Spins Element 3**

Ann Arbor Huron	B
Birmingham	ABC
United Farmington	AC
Plymouth Canton	ABC

**Jumps Element 4**

Plymouth Canton	ABC
Ann Arbor Huron	B
Birmingham	ABC
United Farmington	AC

**Moves Element 4**

Ann Arbor Huron	B
Birmingham	ABC
United Farmington	AC
Plymouth Canton	ABC

**Spins Element 4**

Birmingham	ABC
United Farmington	AC
Plymouth Canton	ABC
Ann Arbor Huron	B

**Reskates Log**

			A	B	C	
Mercy	ABC	1				1
Novi	ABC	2				2
Livonia Stevenson	ABC	3				3
Northville	ABC?	4				4
Ann Arbor Huron	B	5	X		X	5
Birmingham	ABC	6				6
United Farmington	AC	7		X		7
Plymouth Canton	ABC	8				8