EDITH SCHEONROCK INTERNATIONAL COMPETITION

Hosted by the Port Huron Figure Skating Club

SATURDAY FEBRUARY 7th, 2015



Sanctioned by U.S. Figure Skating & Skate Canada

GLACIER POINTE ARENA 4150 Dove Road Port Huron, MI 48060

CHIEF REFEREE: Don Korte CHIEF ACCOUNTANT: Calvin Carson

FOR ADDITIONAL INFORMATION CONTACT:

Ronda Bingham 3240 Hickory Lane Port Huron, MI 48060 (810) 841-0328 phfsclub@gmail.com

Entry Deadline: January 8, 2015

EDITH SCHEONROCK INTERNATIONAL COMPETITION

The *Edith Scheonrock International Competition* will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

SERIES INFORMATION:

- This competition is part of the 2014-2015 TEST TRACK CHAMPIONSHIP SERIES
- This competition is part of the 2014-2015 NATIONAL SHOWCASE COMPETITION

<u>ELIGIBILITY/TEST LEVEL:</u> Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

AGE RESTRICTIONS/REQUIREMENTS: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries. Skaters entering beginner—pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES: All entries must be postmarked no later than Jan 8, 2015. Space may be limited. Applications will be processed on a first-come, first-served basis. Late entries will be accepted by the discretion of the competition committee and will incur an additional late fee of \$25.00. Entry fees are per person, per event and payable in U.S. Dollars only. There will be a \$35.00 service fee assessed if the skater enters the wrong event and requests to be changed. There will also be a \$35.00 service fee assessed for returned/NSF checks.

Event fees are as follows: This includes DVD of each event entered

First event - \$90.00 Second event - \$45.00 each additional event - \$30.00

*Exception: Survivor Event will be \$20.00 no matter how many events are entered

Pairs FS / couples dance events (per pair) - \$100.00

First Basic Skills event - \$50.00 each additional Basic Skills event - \$25.00

<u>OFFICIAL ARENA:</u> The competition will be held at the **Glacier Pointe Arena**, 4150 Dove Rd., Port Huron MI 48060, which has two ice surfaces each measuring 200' x 85'. Parking, dressing rooms, and snack bar facilities are available at the arena. A vendor exhibition area will be inside the arena.

<u>MUSIC:</u> Music will be reproduced through the arena system on CDs furnished by each competitor at registration. All CDs must be clearly marked with name, event and actual time of the music. Damaged or improperly marked CDs or practice CDs will not be accepted. Competitors must have a suitable emergency back-up at rink side during his/her event. PHFSC will not be responsible for music left at the end of the competition

<u>LIABILITY:</u> U.S. Figure Skating, The Port Huron Figure Skating Club and Glacier Pointe Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The 6.0 Majority Judging System will be used for all events

REGISTRATION AT EVENT (CHECK-IN): The official registration desk will open one hour prior to the start of the competition and remain open until the close of the competition February 7, 2015.

Competitors must check in at the registration desk at least one hour prior to their event or they will not be allowed on the competition ice.

<u>OFFICIAL NOTICES:</u> An official bulletin board will be maintained in the lobby of the Glacier Pointe Arena. Posted schedules and announcements thereon shall constitute sufficient notice to competitors, coaches, chaperones and officials.

PRACTICE ICE: Practice ice will be available to the competitors at a fee of \$10.00 per 20 minute session. Practice ice information will be available online at **sk8stuff.com**. Music will not be played on any practice session.

DVD/PHOTOGRAPHY: Videotaping will be provided by *Ledin Photo and Video*.

http://www.ledinvideo.com. As a thank you for being a part of our 2015 competition we are providing you a DVD of the full flight for each event for which you are registered. This service is provided by the Port Huron Figure Skating Club and Ledin to all of our skaters for participating in our competition. Be advised that the DVD will not be mailed. Please pick up the DVD following the posting of results for each event in the US rink. You may take your own pictures immediately following presentation of medals.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf

For additional information please contact: Ronda Bingham (810) 841-0328 phfsclub@gmail.com

Area Lodging:

Amerihost Inn

1611 North Range Road Port Huron, MI 48060 (810) 364-8000

Fairfield Inn by Marriot

1635 Yeager Street Port Huron, MI 48060 (810) 982-4109

St Clair Inn

500 N. Riverside Ave St. Clair, MI 48079 (810) 329-2222

Super 8 Motel

1484 Gratiot Blvd. Marysville, MI 48040 (810) 364-7500

Comfort Inn

1700 Yeager Street Port Huron, MI 48060 (810) 982-5500

Best Western

2282 Water Street Port Huron MI 48060 (810) 987-1600

Hampton Inn

1655 Yeager Street Port Huron, MI 48060 (810) 966-9000

EVENTS AND AWARDS:

TEST TRACK: Pre-prelim – Senior

WELL BALANCED PROGRAM: Beg – Senior

SHORT PROGRAM: Juv – Senior COMPULSORY MOVES: Beg - Pre-Juv

SPINS: Beg - Senior **JUMPS:** Beg – Senior

MUSIC INTERPRETATION: Prelim – Senior

SHOWCASE: Beg - Novice SOLO DANCE: Prelim - Gold COUPLES DANCE: Prelim - Juv SURVIVOR: Beg - Senior PAIRS: Prelim - Pre-Juv

ADULT FREESKATE: Pre-Bronze - Gold BASIC SKILLS COMPULSORY: Sam - Basic 8 BASIC SKILLS FREESKATE: Sam - Basic

Medals will be awarded for first, second, third and fourth places

- All Freestyle events will be final rounds.
- All events will be judged using 6.0 judging system
- Juvenile, Intermediate, Novice, Junior and Senior Short Program and Freestyle events will not be combined events.
 FINAL ROUNDS for these events are possible if registration numbers dictate.

EVENTS AND ELIGIBILITY

FREE SKATING EVENTS – Well Balanced Program and Competitive Test Track

Skaters may enter EITHER the new test track free skate program or the well-balanced free skate program **but NOT both** during the same nonqualifying competition. Skaters may enter the event for which they have passed the required test or one level higher (i.e., skaters may "skate up" one level) except as noted below. Times stated for free skating events are +/-10 seconds. All events will be judged under the 6.0 system and the skaters will be entered in the **Tri-States Council Championship Series**. Deductions will be made for skaters including elements not permitted in the event description.

The Tri State Council of Figure Skating Clubs is proud to continue our Championship Series for Test Track Skaters!

At the *Edith Scheonrock International Competition*, points will be accumulated And tabulated for all individuals participating.



EVENT: Introductory Levels Free Skate Program

General event parameters:

- 1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:30 +/- 10 sec.	Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:30 +/- 10 sec.	Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump.	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
No-Test 1:40 max	Max. 5 jump elements: Up to 2 may be jump combos or sequences Jump combos are limited to 2 jumps Jump sequences are limited to 3 single jumps (half-loop is not considered a single jump at this level) No Axels or double jumps are permitted	Max. 2 spins: Spins must be of different character. Each spin much have a Minimum of 3 revolutions. Spins may change feet, position and start with a fly.	One step sequence that utilizes ½ of the ice surface	

EVENT: Test Track Free Skate

General event parameters:

- 1. Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- 4. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- 5. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:30 +/- 10 sec.	Maximum of 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre- preliminary free skate test
Preliminary 1:30 +/- 10 sec.	Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One spin in one position, no change of foot (Min. 3 revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test

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Juvenile 2:15 +/- 10 sec.	Maximum of 5 jump elements: Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) Only solo spin may fly	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate 2:30 +/- 10 sec.	Maximum of 6 jump elements: Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	Maximum of 7 jump elements for men and 6 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump	Maximum of 3 spins, of a different nature: One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly	One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies:	Maximum of 3 spins of a different nature: One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test

Senior Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies: Any single jumps. Must include at least four different double jumps, one must be a double Lutz. Triple jumps are not permitted Maximum of 3 jump combinations or sequences Max. 2 of any same type jump	Maximum of 3 spins of a different nature: One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks) Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)	Skaters must have passed at least the U.S. Figure Skating junior free skate test
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EVENT: Singles well balanced program

General event parameters:

- 1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted for pre-preliminary intermediate.
- 3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 4. The 6.0 judging system may be used for this event.

Pre-preliminary: 1:40 min max **Preliminary:** 1:30 min +/- 10 sec. Pre-Juvenile: 2:00 min. +/- 10 sec. Open Juvenile (14 years and over): 2:15 min +/- 10 sec. Juvenile (under 14 years) 2:15 min +/- 10 sec. Intermediate: 2:30 min +/- 10 sec. Novice: 3:00 min +/- 10 sec. Junior: 3:30 min +/- 10 sec. Senior: 4:00 min +/- 10 sec.

^{***}FOR FREE SKATING REQUIREMENTS PLEASE READ THE FOLLOWING CHARTS ***

2014-15 Singles Free Skating Requirements

2014-15	JUMP ELEMENTS	SPIN ELEMENTS	STEP SEQUENCES
PRE-PRELIMINARY 1:40 Maximum *means element is required	Single jumps, including the single Axel, are allowed Maximum of 2 jump combinations or sequences Jump combinations limited to 2 jumps Jump sequences limited to a maximum of 3 single jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit) Axel may be repeated as individual jump or as part of jump combination or sequence; Maximum of 2 Axels Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceded No double or triple jumps	Spins may change feet and/or position Spins may start with a fly Minimum 3 revs. Spins must be of a different character (For definition see rule 4103E)	Max 1 Step sequence* Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the Step sequence
PRELIMINARY 1:30 +/- 10 sec *means element is required	Max 5 1 must be an Axel/waltz jump-type jump* Maximum of 2 jump combinations or sequences Jump combinations limited to 2 jumps Jump sequences limited to a maximum of 3 single or double jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit) Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop, and double loop only) Axel and chosen double jumps may be repeated as individual jumps or as part of jump combination or sequence, but no Axel or double jump may be repeated more than once Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded. No double flips, double Lutzes, double Axels or triple jumps	Spins may change feet and/or position Spins may start with a fly Minimum 3 revs. Spins must be of a different character (For definition see rule 4103E)	Step sequence* Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the Step sequence
PRE-JUVENILE 2:00 +/- 10 sec *means element is required	Max 5 1 must be an Axel-type jump* Max 5 Maximum of 2 jump combinations or sequences Jump combinations limited to 2 jumps Jump sequences limited to a maximum of 3 single or double jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit) Axel and no more than 3 different double jumps may be repeated as individual jumps or as part of jump combination or sequence, but no Axel or double jump may be repeated more than once All double jumps, except the double Axel are permitted. No triple jumps are permitted. Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded	1 spin combination, w/without change of foot*, may start with a fly 1 spin with only 1 position*, may start with a fly, no change of foot Minimum 4 revs.; 6 revs. for combination Spins must be of a different character (For definition see rule 4103E)	Step sequence* Fully utilizing the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the Step sequence

2014-15	JUMP ELEMENTS	SPIN ELEMENTS	STEP SEQUENCES
JUVENILE 2:15 +/- 10 sec *means element is required	Max 5 1 must be an Axel-type jump* Max 5 Maximum 2 jump combinations or sequences Jump combinations limited to 2 jumps Number of jumps in jump sequence is not limited No more than 3 different double jumps may be repeated (1 each) and, if repeated, at least one attempt must be part of jump combination or sequence. Max 2 of same double jump. No triple jumps	Max 2 1 spin combination; w/without change of foot* 1 spin with only 1 position; no change of foot* Both spins may start with a fly Min 5 revs.; 8 revs. For combination Min 2 revs. in position Spins must be of different character	Max 1 One choreographic step sequence* Fully utilizing the ice surface
INTERMEDIATE 2:30 +/- 10 sec *means element is required	 Max 6 1 must be an Axel-type jump* Maximum of 3 jump combinations or sequences Jump combinations limited to 2 jumps, but one 3-jump combination is permitted Number of jumps in jump sequence is not limited No more than 3 different double/triple jumps may be repeated; only 1 repeat may be a triple. If repeated, at least one attempt must be part of jump combination or sequence. Max 2 same double or triple 	Max 2 1 spin combination; w/without change of foot* 1 spin with only 1 position; no change of foot* Both spins may start with a fly Min 5 revs.; 8 revs. For combination Min 2 revs. in position Spins must be of different character	Max 1 One choreographic step sequence* Fully utilizing the ice surface
NOVICE LADIES 3:00 +/- 10 sec *means element is required	 Max 6 1 must be an Axel-type jump* Maximum of 3 jump combinations or sequences Jump combinations limited to 2 jumps, but one 3-jump combination is permitted Number of jumps in jump sequence is not limited No more than 2 jumps that are 2½ or 3 revolutions may be repeated. If double Axel or triple jumps repeated, at least one attempt must be part of jump combination or sequence. No more than two of the same type of double or triple jump may be attempted 	Max 3 1 flying entry w/ no change of foot or position* 1 spin combination; w/without change of foot* 3rd spin is option of skater Minimum 6 revs.; 10 revs. for combination Minimum 2 revs. in position Spins may change feet and start with a fly, except for the flying spin with no change of foot or position Spins must be of a different character	Max 1 One choreographic step sequence* Fully utilizing the ice surface
NOVICE MEN 3:30 +/- 10 sec *means element is required	 Max 6 1 must be an Axel-type jump* Maximum of 3 jump combinations or sequences Jump combinations limited to 2 jumps, but one 3-jump combination is permitted Number of jumps in jump sequence is not limited No more than 2 jumps that are 2½ or 3 revolutions may be repeated. If double Axel or triple jumps repeated, at least one attempt must be part of jump combination or sequence. No more than two of the same type of double or triple jump may be attempted 	Max 3 1 flying entry w/ no change of foot or position* 1 spin combination; w/without change of foot* 3rd spin is option of skater Minimum 6 revs.; 10 revs. for combination Minimum 2 revs. in position Spins may change feet and start with a fly, except for the flying spin with no change of foot or position Spins must be of a different character	Max 1 One choreographic step sequence* Fully utilizing the ice surface

2014-15	JUMP ELEMENTS	SPIN ELEMENTS	STEP SEQUENCES
JUNIOR LADIES 3:30 +/- 10 sec *means element is required	Max 7 1 must be an Axel-type jump* Maximum of 3 jump combinations or sequences Jump combinations limited to 2 jumps, but one 3-jump combination Is permitted Number of jumps in jump sequence is not limited 2 triples or quads may be repeated and, if repeated, at least one	 Max 3 1 flying entry* 1 spin combination; w/without change of foot* 1 spin with only 1 position * Minimum 6 revs.; 10 revs. for combination Minimum 2 revs. in position All spins may change feet and start with a fly 	Max 1 One leveled step sequence* Fully utilizing the ice surface
	attempt must be part of a jump combination or sequence Max 2 of any double jump, including double Axel, as solo jump or in combination/sequence Max 8 1 must be an Axel-type jump*	Spins must be of a different character Max 3 1 flying entry*	Max 1 One leveled step
JUNIOR MEN 4:00 +/- 10 sec *means element is required	 Maximum of 3 jump combinations or sequences Jump combinations limited to 2 jumps, but one 3-jump combination Is permitted Number of jumps in jump sequence is not limited 2 triples or quads may be repeated and, if repeated, at least one 	 1 spin combination; w/without change of foot* 1 spin with only 1 position * Minimum 6 revs.; 10 revs. for combination Minimum 2 revs. in position All spins may change feet and start with a fly 	sequence* • Fully utilizing the ice surface
Toquilos	attempt must be part of a jump combination or sequence • Max 2 of any double jump, including double Axel, as solo jump or in combination/sequence Max 7 • 1 must be an Axel-type jump*	Spins must be of a different character Max 3 1 flying entry*	Max 1 · One leveled step
SENIOR LADIES 4:00 +/- 10 sec	 Maximum of 3 jump combinations or sequences Jump combinations limited to 2 jumps, but one 3-jump combination Is permitted Number of jumps in jump sequence is not limited 	 1 spin combination; w/without change of foot* 1 spin with only 1 position * Minimum 6 revs.; 10 revs. for combination Minimum 2 revs. in position 	sequence* • Fully utilizing the ice surface
*means element is required	 2 triples or quads may be repeated and, if repeated, at least one attempt must be part of a jump combination or sequence Max 2 of any double jump, including double Axel, as solo jump or in combination/sequence 	All spins may change feet and start with a fly Spins must be of a different character	
SENIOR MEN	 Max 8 1 must be an Axel-type jump* Maximum of 3 jump combinations or sequences Jump combinations limited to 2 jumps, but one 3-jump combination 	 Max 3 1 flying entry* 1 spin combination; w/without change of foot* 1 spin with only 1 position * 	Max 1 One leveled step sequence* Fully utilizing the ice surface
4:30 +/- 10 sec *means element is required	 Is permitted Number of jumps in jump sequence is not limited 2 triples or quads may be repeated and, if repeated, at least one attempt must be part of a jump combination or sequence Max 2 of any double jump, including double Axel, as solo jump or in combination/sequence 	 Minimum 6 revs.; 10 revs. for combination Minimum 2 revs. in position All spins may change feet and start with a fly Spins must be of a different character 	-

USFS tests conversions to Skate Canada tests

	USFS test	Skate Canada test
NO TEST	No test requirement	
PRE-PRELIMINARY	passed Pre-preliminary FS test	
PRELIMINARY	passed Preliminary FS test	passed Preliminary FS test
PRE-JUVENILE	passed Pre-juvenile FS test	passed Junior Bronze FS test
JUVENILE	passed Juvenile FS test	passed Juvenile Competitive or Senior Bronze FS test
INTERMEDIATE	passed Intermediate FS test	passed Pre-novice Competitive FS test
NOVICE	passed Novice FS test	passed Novice Competitive or Junior Silver FS test
JUNIOR	passed Junior FS test	passed Junior Competitive or Senior Silver FS test
SENIOR	passed Senior FS test	passed Senior Competitive or Gold FS test

ADULT FREE SKATING EVENTS

Open to skaters who are 21 years old or older. Categories and tests passed as follows:

<u>ADULT PRE-BRONZE</u> (Time: 1 min 40 secs) Passed no higher than the Adult Pre-Bronze Free Skating Test or no higher than the Pre-Preliminary Free Skating Test. *No lutz, axels or double jumps.* 4600

<u>ADULT BRONZE</u> (Time: 1 min 50 secs) Must have passed the Adult Bronze Free Skating Test or no higher than the Preliminary Free Skating Test. *No axels or double jumps* **4590**

<u>ADULT SILVER</u> (Time: 2 min 10 secs) Must have passed the Adult Silver Free Skating Test or the pre 1994 Juvenile free skate test but no higher; or the post 1994 Pre-Juvenile free skate test but no higher. *Axels are permitted. No double jumps* **4580**

<u>ADULT GOLD</u> (Time: 2 min 40 secs) Must have passed the Adult Gold Free Skating Test or no higher than Juvenile Free Skating Test. *May include Axels, double toe loops and double Salchows.* **4570**

SHORT PROGRAM EVENTS

All short programs will be skated with music. Program requirements for 2014-15 season. Test requirements the same as Freestyle.

OPEN JUVENILE 2 minutes max

- 1. One jump combination consisting of one single jump and one double jump or two double jumps
- 2. Axel (May not be repeated)
- 3. Single jump, double toe-loop or double Salchow (May not be repeated in combination)
- 4. Solo spin minimum 4 revolutions in one position. May not commence with a jump
- 5. Combination spin only one change of foot and at least one change of position (minimum 4 revolutions on each foot)
- 6. Choreographic step sequence

JUVENILE 2 minutes max

- 1. One jump combination consisting of one single jump and one double jump or two double jumps
- 2. Axel (May not be repeated)
- 3. Double jump (May not be repeated in the combination)
- 4. Solo Spin minimum 4 revolutions in one position. May not commence with a jump
- 5. Combination spin only one change of foot and at least one change of position (minimum of 4 revolutions on each foot)
- 6. Choreographic step sequence

INTERMEDIATE 2 minutes max As stated by the 2014 US Figure Skating Rulebook, 4230

NOVICE 2 min 30 sec max As stated by the 2014 US Figure Skating Rulebook, 4220

JUNIOR 2 min 50 sec max As stated by the 2014 US Figure Skating Rulebook, 4210

SENIOR 2 min 50 sec max As stated by the 2014 US Figure Skating Rulebook, 4200

COMPULSORY MOVES

All events shall be skated without music, in a program form using ½ the ice surface. Skaters may not exceed the stated time limit. Test requirements for compulsory moves are the same as the freestyle level indicated. Skaters may skate up one level but may not skate at more than one level. Axel is considered a single jump. Elements may be performed only once. Music is not allowed. Boys and girls may skate in combined events if numbers warrant.

LEVEL	DESCRIPTION	TIME
BEGINNER	1. ½ Flip or Half Lutz jump	1 minute max
	2. Salchow jump	
	3. Upright Scratch Spin (minimum 3 revolutions)	
	4. Forward Spiral	
	5. Waltz jump	
HIGH BEGINNER	Waltz jump/Toe Loop combination	1 minute max
	2. Loop jump	
	3. Upright Scratch Spin (minimum 3 revolutions)	
	4. Forward Spiral	
	5. Salchow jump	
PRE-PRELIMINARY	1. Single flip jump	1 minute max
	2. Jump combination: single/single (no Axel)	
	3. Sit Spin or camel spin (minimum 3 revolutions)	
	4. Spiral sequence with one forward spiral and one backward spiral (any edges)	
PRELIMINARY	1. Single lutz jump	1 minute max
	2. Jump combination: single/single (may include axel)	
	3. Back upright spin (minimum 3 revolutions)	
	4. Forward inside spiral	
PRE-JUVENILE	1. Single jump (may include axel)	1:15 minute max
	2. Jump combination: single/single (may include axel)	
	3. Layback spin or camel spin (minimum 3 revolutions)	
	4. Step sequence - circular	

JUMPS

- General event parameters:

 1. Each jump may be attempted twice; the best attempt will be counted.

 2. Pre-juvenile and lower will be skated ½ ice; Juvenile senior will be skated on full ice

 3. Jumps with an "*" must be preceded with connecting steps (intermediate senior)

Level	Time	Skating rules / standards
Beginner	1:15 max.	 Waltz jump (from backward crossovers) ½ flip or ½ Lutz Single Salchow
High Beginner	1:15 max.	 Waltz jump (from backward crossovers) Single Salchow Jump combination – waltz jump-toe loop
No-Test	1:15 max.	 Single toe loop Single loop Jump combination – Any two ½ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	 Single toe loop Single flip Jump combination - Any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max.	 Single flip Single Lutz Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile	1:15 max.	 Single Axel Single or double jump Jump combination – single/single (no Axel)
Juvenile & Open Juv.	1:15 max.	 Single Axel Double Salchow Jump combination – single/single or double/single (no Axel)
Intermediate	1:15 max.	 Single Axel Double loop* Jump combination – double/single (no Axel)
Novice	1:15 max.	 Double loop Double flip* Jump combination – double/double (may be double Axel)
Junior	1:15 max.	 Choice of double or triple jump Double or triple flip* Jump combination – double/double (may be double Axel)
Senior	1:15 max.	 Choice of double or triple jump Double or triple Lutz* Jump combination – double/double or triple/double (may be double Axel)

SPINS

General event parameters:

- 1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- 2. All events are skated on ½ ice.
- 3. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
High Beginner	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
No-Test	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
Pre – Preliminary	1:30 max.	4. Upright one-foot spin (3)5. Upright two-foot spin (3)6. Sit spin (3)
Preliminary	1:30 max.	4. Backward upright spin (3)5. Combination spin with no of foot (4)6. Sit spin (3)
Pre – Juvenile	1:30 max.	 Camel spin (3) Combination spin – camel to sit spin; no change of foot (6) Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max.	 Sit spin (4) Combination spin – change of foot; optional change of position (4 per foot) Girls – layback spin (4); Boys – camel spin (4)
Intermediate	1:30 max.	 4. Flying camel spin (5) 5. Sit spin to backward sit spin (4 per foot) 6. Combination spin – change of foot & change of position (4 per foot)
Novice	1:30 max.	 4. Choice of camel, sit or layback spin (6) 5. Camel spin to backward camel spin (4 per foot in position) 6. Combination spin – change of foot & two changes of position (2 per position & 5 per foot)
Junior	1:30 max.	 Flying sit spin or flying reverse sit spin (6) Ladies – layback spin (6); men – cross-foot spin (6) Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)
Senior	1:30 max.	 Flying spin of choice (6) Solo spin of choice (6) – may not fly Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)

SURVIVOR

Please Note: The registration fee for this event is \$20.00 no matter how many events a skater has entered.

Skaters in each level will compete to see who can hold the longest spiral, spin, and landing position. An overall winner will be determined at each level by adding "duration of spiral in seconds" + "duration of spin in seconds" + "duration of landing position in seconds". The skater with the highest total wins. Boys may compete against girls in this event. Coaching from the sidelines will be permitted during this event.

Spirals will be skated one at a time and will be timed by two officials with stopwatches. Timing will begin when the free leg reaches a parallel position and will stop when it falls below parallel. No change of foot is allowed. No catch foot is allowed. Proper edge must be maintained in levels pre-juvenile through senior or no credit will be given for the spiral. The official time will be the average of the two officials' recorded times.

Spins will be skated one at a time. Any spin, including combination spins with one change of foot are allowed. Timing of the spin will begin when the skater steps on the spinning foot and will end when the skater falls or steps out of the spin, in the manner as described above.

Jumps will be skated one at a time. Jumps will be timed beginning at the attainment of an acceptable landing position and will stop when the landing position breaks. The official time will be determined by the method described above. A fall results in a time of zero seconds. No retries will be allowed.

<u>LEVEL</u>	TEST STATUS (No Higher Test Than This) (Skaters may skate up one level)	<u>ELEMENTS</u>
Beginner	No tests passed.	Forward spiral(any edge or straight line) One foot spin Waltz jump
Pre-Preliminary	Passed Pre-Preliminary free skating test, must not have passed Preliminary free skating test	Forward spiral(any edge or straight line) One foot spin Salchow jump
Preliminary	Passed Preliminary free skating test	Forward outside spiral Any spin Loop jump
Pre-juvenile	Passed Pre-juvenile free skating test Skate Canada -Cannot have passed all of Jr. Bronze free skating test	Forward outside spiral Any spin Lutz
Juvenile	Passed Juvenile free skating test. Skate Canada -Passed Jr. Bronze free skating test	Forward inside spiral Any spin Axel
Intermediate	Passed Intermediate free skating test Skate Canada -Passed Sr. Bronze free skating test	Forward outside spiral Any spin Double salchow
Novice	Passed Novice free skating-test Skate Canada—Passed Jr. Silver free skating test	Forward inside spiral Any spin Double loop
Junior/Senior	Passed Jr. Free skating test Skate Canada -Passed Jr. Free skating test or Canadian Sr. Silver	Forward outside spiral Any spin Double Flip

MUSIC INTERPRETATION

Music Interpretation consists of a single program **composed/choreographed entirely by the skater**, demonstrating ability to interpret music by combining moves, turns, footwork, jumps and spins. During warm-up, skaters are not to converse with coaches, parents or friends. There will be one minute without music, followed by three minutes with the selected music played twice. Skaters will finish the warm-up and be led to a locker room, where there will continue to be no communication with coaches, parents and friends. Each skater will hear the music a third time with his/her back to the ice at rink side while the prior competitor is performing. **There will be no props or costumes allowed for this event.** The judges will be marking on the interpretation of the music. Guest judges may judge this event.

Judging Rules:

Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression.

Spins and jumps performed must be appropriate to competition level.

Coaching: There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.

Preliminary	1:15 min. duration	Preliminary Freestyle Test, no higher.
Pre-Juvenile/Juvenile	1:15 min. duration	Juvenile Freestyle Test, no higher.
Intermediate/Novice	1:30 min. duration	Novice Freestyle Test, no higher.
Junior/Senior	1:30 min. duration	Up to Senior Freestyle Test.

SHOWCASE

Skaters must enter at the same level as their free skate event. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Groups will be divided by number of entries and ages if possible. Vocal music is permitted. Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery are allowed. The 6.0 judging system will be used. One mark will be awarded by each judge for each competitor. Deductions will apply for negligence relating to: costumes, props, program times.

Showcase programs utilize emotional qualities from either dramatic or light entertainment. Skaters will use their skating skills to express their musical interpretation. Performances will be judged from an entertainment standpoint, for theatrical and artistic qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form and extension.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on www.usfigureskating.org. Competitors at the preliminary through novice levels at this event who place first, second, third or fourth in a contested showcase/artistic/theatrical/interpretive skating event at a sanctioned nonqualifying competition will receive an invitation to compete at the National Showcase Competition held each August. For more information, contact Melissa Bowman, National Vice Chair for National Showcase at <a href="mailto:patients-night-new-mailto:patients-night-new-mailto:patients-night-new-mailto:patients-night-new-mailto:patients-night-new-mailto:patients-night-new-mailto:patients-night-night-night-new-mailto:patients-night-

SHOWCASE EVENTS

BEGINNER/ PRE-PRELIMINARY	1:30 minutes max
PRELIMINARY	1:40 minutes max.
PRE JUVENILE	1:40 minutes max.
JUVENILE	2:10 minutes max.
INTERMEDIATE/ NOVICE	2:10 minutes max.

PAIRS FREE SKATE

Skaters may enter events as qualified by their test level or **one level higher**. Except where specified under Qualifications, please refer to the USFS Rule Book for detailed event requirements.

** The Competition will be conducted according to the rules of U.S. Figure Skating as set forth in the 2014 Rulebook, including new or amended provisions approved at the 2014 Governing Council.

PRELIMINARY 1:30 minutes May NOT have passed Pre-Juvenile Pair test.

Required Elements: One lift selected from Group 1 or a waist loop lift from Group 2; One solo jump, single; One pair spin with no change of foot or change of position (3 revs); One solo spin (3 revs); Stroking both forward and backward, clockwise and counterclockwise; Footwork and connecting moves such as spirals, spread eagles etc. utilizing one-half of the ice surface.

Optional Elements: One throw jump, single; One jump sequence; One death spiral or pivot spiral (no full revolution requirements)

PRE-JUVENILE 2:00 minutes

Must have passed the Pre-juvenile Pairs test and no higher USFS rulebook; 5250

SOLO DANCE

SOLO PATTERN DANCE TEST LEVEL:

Skaters must compete both dances at their level

All skaters must either compete at their test level or one level above of their highest completed dance test. Competitors will compete at their level as of November 28th, 2014.

** **Test level may be either standard or solo dance.** Adult dance, adult solo dance, master's dance and master's solo dance do not fulfill the testing requirements for this event.

LEVEL	REQUIREMENTS	DANCES
Preliminary:	No Test or Passed Preliminary	Dutch Waltz – Canasta Tango
Pre-Bronze:	Passed Preliminary or Pre-Bronze	Swing Dance - Cha-Cha
Bronze:	Passed Pre-Bronze or Bronze	<u> Hickory Hoedown – Willow Waltz</u>
Pre-Silver:	Passed Bronze or Pre-Silver	Fourteen Step – European Waltz
Silver:	Passed Pre-Silver or Silver	American Waltz - Tango
Pre-Gold:	Passed Silver or Pre-Gold	Kilian - Blues
Gold:	Passed Pre-Gold or Gold	Viennese Waltz – Argentine Tango

COUPLES DANCE

The number of patterns skated will be determined by the 2014 U.S. Figure Skating Rulebook. Each couple will skate the first dance immediately followed by each couple skating the second dance. Couples may enter as many levels as they desire **at or above** their test level.

PRELIMINARY: For beginner couples Dance teams

Dutch Waltz - Canasta Tango

PRE-JUVENILE: Both partners must have passed two Preliminary dances but no higher than Pre-Bronze

Fiesta Tango - Swing Dance

JUVENILE: Both partners must have passed the Preliminary Dance test

Willow Waltz - Ten Fox

EDITH SCHEONROCK INTERNATIONAL - ENTRY FORM



February 7, 2015

Hosted by the Port Huron Figure Skating Club

Name		Hosted	of by the Port Huro Phonetic Spelling	n Figure Skating (Slub	S	ex: Female Male		
Address	City State Zip								
Phone (E-Mail	Phonetic Spelling Sex:FemaleMale								
Date of Bi	E-Mail Home Club (no abbreviation) Date of Birth Age Partners Name (pairs/couples dance only) Tests Passed as of November 28, 2014 Free skate Dance Pairs								
Tests Pas	ssed as of November 28, 2	014 Free ska	te	Dance			Pairs		
	FREESTYLE	COMP	ULSORY MOVES	SURVIVOR E	VENT		SHOWCASE		
	Beginner	Beginner High Beginner		Beginner Pre-preliminary		Bes	ginner		
	High Beginner						e-preliminary/Prelim		
	No Test		preliminary Preliminary				e-juvenile		
	Pre-preliminary	Prelimi			<u> </u>		venile		
	Preliminary	Pre-juv	· ·	Juvenile		Int	ermediate/Novice		
	Pre-juvenile			Intermediate		1 ' '	· · · · · · · · · · · · · · · · · · ·		
	Open Juvenile		JUMPS	Novice			PAIRS FREE SKATE		
	Juvenile	Beginn	er	Junior/Senior		Pre	eliminary		
	Intermediate	High Be	eginner			Pre	e-juvenile		
	Novice	No Test		MUSIC INTERPRI	ETATION				
	Junior	Pre-Pre	liminary	Preliminary			COUPLES DANCE		
	Senior	Prelimi	nary	Pre-juvenile/Juv	venile	Pre	eliminary		
	Adult Pre-bronze	Pre-Juv	enile	Intermediate/N		Pre	e-Juvenile		
	Adult Bronze	-	e/Open Juvenile	Junior/Senior		Juv	venile		
	Adult Silver	Interme							
	Adult Gold	Novice		SOLO DANCE]		
	Pre-preliminary TT	Junior		PRELIM	Dutch	M/altz	-		
	Preliminary TT	Senior		TILLIIVI		a Tango	-		
	Pre-juvenile TT			PRE- BRONZE	Swing I		-		
	Juvenile TT		SPINS	THE BROWLE	Cha-Ch		-		
	Intermediate TT	Beginn	er	BRONZE		y Hoedown	-		
	Novice TT	High Be	eginner	-	Willow		-		
	Junior TT	No Test	t	PRE-SILVER	Fourteen St	en Step			
	Senior TT	Pre-Pre	liminary	SILVER	European Waltz American Waltz				
		Prelimi	nary						
	SHORT PROGRAM	Pre-Juv	enile		Tango				
	Juvenile	Juvenile	e/Open Juv	PRE-GOLD	Kilian				
	Open Juvenile	Interme	ediate		Blues				
	Intermediate	Novice		GOLD		se Waltz			
		-			Argent	ine Tango			
	Novice	Junior							
	Junior	Senior							
	Senior				_				
						First even	t· \$90.00		
	Entries must be postmarked Second event: \$45.00 Entries must be postmarked Fach additional event: \$30.00								
Chack	Chacks novelle to: DUESC Edith REGISTER ONLINE AT: Pairs FS & Couples dance:								
Checks payable to: PHFSC Edith www.sk8stuff.com \$100.00 per pa				0 per pair or couple					
	ns/payment or online pay								
PHFS	SC Edith C/O Ronda I	Bingham 3	3240 Hickory Lane	e, Port Huron, MI	48060				
Date rec	eived:			Check	#:	/	Amount:		

CONTESTANT CERTIFICATION:

I am an amateur, eligible under the Rules of the United States Figure Skating Association to enter the event(s) checked on this entry form.

Contestant Signature:	
CERTIFICATION OF CLUB OFFICER OR TEST CHAIRMAN: To the best of my knowledge, the information on this entry form standing of our club.	in true and correct. The competitor is a member in good
Club Name:	
Signature:	Phone #: ()
Title:	Date:
COACHES INFORMATION:	
Name	
Phone ()	_ Cell ()
E-Mail Address	
All USFS coaches must be registered with USFSA. Coaches mu	ust be in compliance with Rules MR 5.12 and MR 5.13 in
the current US Figure Skating Rulebook. Failure to do so will res	sult in that coach not being allowed at the venue.
All Skate Canada coaches must be registered with Skate Canada	da
WAIVER OF CLAIMS FOR INJURY	
The competitor and family holds Port Huron Figure Skating Club liability for injuries to the competitor and from any and all liability that no refunds will be made after January 2, 2015, INCLUD	for damages to or loss of property. I also understand
Parent/Guardian Signature:	Date:
Schedules and Entry confirmation will be posted	on <u>www.sk8stuff.com</u> .





No refunds after closing date unless the event is canceled. Cancellation of event is at the discretion of event chair. There will be a \$35 service charge assessed for returned checks.



BASIC SKILLS EVENTS



BASIC SKILLS ELEMENTS: SNOWPLOW SAM - BASIC 8

Format: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the <u>order listed below</u> (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- All elements must be skated in the order listed
- Time: 1:00 or less

Snowplow Sam: 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row	 Basic 5: Backward outside edge on a circle clockwise or counterclockwise Backward crossovers 4-6 consecutive - both directions Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions Side toe hop -either direction Hockey stop
Basic 1 1. Forward two foot glide and dip 2. Forward two foot swizzles 6-8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row	Basic 6: 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
 Basic 2 Forward one foot glide - either foot Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot Moving snowplow stop Two foot turn in place- forward to backward Backward two foot swizzles 6 - 8 in a row 	Basic 7: Standstill forward inside open Mohawk - R to L and L to R Ballet Jump - either direction Back crossovers to a back outside edge landing position clockwise and counter clockwise Forward inside pivot
 Basic 3 Forward stroking Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive Forward slalom Backward one foot glide - either foot Two foot spin – minimum three revolutions 	 Basic 8: Moving forward outside or forward inside three-turns R & L Waltz jump Mazurka - either direction Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions
 Basic 4 Standstill forward outside three-turn - R & L Forward outside edge on a circle clockwise or counter clockwise Forward crossovers 4-6 consecutive both directions Backward stroking - 4-6 strokes Backward snowplow stop - R or L 	

BASIC SKILLS PROGRAM EVENT: SNOWPLOW SAM - BASIC 8

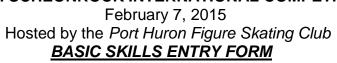
Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

Snowplow Sam: 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop	 Basic 5: 1. Backward crossovers 4-6 consecutive in both directions 2. Basic one-foot spin – free leg held to side of spinning leg - minimum three revolutions 3. Side toe hop -either direction 4. Hockey stop
Basic 1 1. Forward two foot glide and dip 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop	Basic 6: 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
 Basic 2 1. Forward one foot glide - either foot 2. Two foot turn in place- forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line - 2-3 each foot 5. Moving snowplow stop 	Basic 7: 1. Standstill forward inside open Mohawk - R to L and L to R 2. Ballet Jump- either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
 Basic 3 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Backward one foot glide – either foot 4. Forward slalom 5. Two foot spin – minimum three revolutions 	 Basic 8: Moving forward outside or forward inside three-turns R & L Waltz jump Mazurka in either direction 1 Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions
 Basic 4 1. Forward crossovers 4-6 consecutive both directions 2. Standstill forward outside three- turn - R & L 3. Backward stroking - 4-6 strokes 4. Backward snowplow stop - R or L 	



EDITH SCHEONROCK INTERNATIONAL COMPETITION





Name Phonetic Spelling							
Age	Date of Birth:			Sex :FemaleMa			
Address							
City							
Phone ()							
E-Mail Address							
USFS # or SKATE CANADA #							
Highest Basic Skills level Passed of N							
Program / Home Club (Do not abbrevi							
Director / Coach							
BASIC SKILLS ELEMENTS	BASIC	SKILLS PROGRAM					
Snowplow Sam	Snowplow			For Further In Ronda E		ntact:	
Basic 1	Basic 1			(810) 84			
Basic 2	Basic 2				@gmail.com		
Basic 3	Basic 3						
Basic 4	Basic 4			Please Note	<u>e:</u>		
Basic 5	Basic 5			Entry Fees a	are not refun	dable	
Basic 6	Basic 6			after the er	try deadline	unless	
Basic 7	Basic 7			the event is	cancelled		
Basic 8	Basic 8						
First Event - \$50.00				Entries m	ust be postm	arked	
Second Event - \$25.00				"	nuary 8, 201		
If not a current USFS Bas	-			REGISTER ONLINE AT:			
Skate Canada members v	vill not pay this extra	a fee.			_		
Total				www	.sk8stuff.cor	n	
Checks payable to: PHFSC Edi Mail form/payment or online pay	yment coupon to:	PHFSC Edith 3240 Hickory			_		
Date received:		Ch	neck #: _		Amount:		
The Competitor is eligible to enter the FSC and Glacier Point Arena harmless all liability for damages to or loss of pro	events checked. It is from any and all liab		competi				
Parent/Guardian Signature			D	ate			
Competitor Signature							
Instructor/Coach Signature			D	ate			
Program Director/Club Officer			D	ate			