



5th Annual SkateFest and Basic Skills Competition

New Edge FSC

January 31, 2015

DEADLINE January 6, 2015

The SkateFest will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

SERIES INFORMATION: NEFSC is proud to participate in the Tri State Council of Figure Skating Clubs' Championship Series for Test Track Skaters. At SkateFest points will be accumulated and tabulated for all individuals participating in Test Track events. **No need to register - nothing for you to do.** These points will be tallied for the entire season for participating competitions (from April 1, 2014 thru March 31, 2015). You can follow your points on www.sk8stuff.com website - just link to Tri State Council! At the end of the season medals will be presented on the ice at our Tri State Free Skating Competition held in April 2015 for those accumulating the most points.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES: Entries must be postmarked by January 6, 2015. On-line entry available at www.sk8stuff.com, but checks and certification must be received by the deadline; entry forms are also available at the NEFSC website at: www.newedgefsc.org. Late entries will be accepted at the discretion of the organizers.

ENTRY FEES: The entry fee is \$85 for the first event and \$40 for the second and any subsequent event; solo dance is \$45 for the first dance and \$20 each additional dance. BASIC SKILLS EVENTS are \$45 for the first event and \$20 for each additional event.

DISCOUNTS AVAILABLE:

- **Families with multiple skaters** may count events together for discounts. For example, two

This event is a standard U.S. Figure Skating Nonqualifying Competition



skaters in one family each skating one event can pay \$85 for first event and \$40 for second event, even though they are different skaters from the same family. Any additional events for each skater will be charged at the additional event fee.

Please make check payable to: **New Edge FSC (NEFSC)**. Mail application and fees to:

New Edge FSC
c/o Claudia Saliba
2914 Ellwood
Berkley, MI 48072

REFUND POLICY: Entry fees will not be refunded after January 6, 2015 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. **Checks returned for non-sufficient funds and contested credit card charges will be issued a \$30 fee.** Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by email and will also be posted at:
www.newedgefsc.org.

FACILITIES: The competition will be held at John Lindell Ice Arena, 1403 Lexington Blvd., Royal Oak, Michigan, 48073 (248) 246-3950. The ice surface is oval shaped and measures 85' x 200'. The rink has a concession stand with food and drink items for purchase in the lobby. For SkateFest, the New Edge FSC has invited several vendors to sell skate apparel and accessories. A photographer will be available to take photos at the podium and an engraver will be on hand to engrave medals.

MUSIC: Music will be required to be uploaded prior to the competition. Instructions will be emailed once applications are processed. The official competition music must be turned in at the registration table at the time of check-in. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the NEFSC cannot be responsible for CDs left at the end of the competition. Please have separate CDs for practice and competition.

LIABILITY: U.S. Figure Skating, New Edge FSC, the John Lindell Ice Arena and Suburban Management Company accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: All events will be judged using the 6.0 Judging System.

REGISTRATION: Registration will begin one hour before the start of competition. Skaters will not be allowed to compete unless they have checked in at the registration table, music has been submitted, fees have been paid and signatures received. The registration table will be located upon entering the lobby of the ice arena. Please register promptly upon arrival. After the competition, please pick up your music from the registration table. Copies of the results will also be sold at the registration table.

PRACTICE ICE: Practice ice will be available in 20 minute increments at \$10 per session; practice sessions will be prior to the start of the competition and midway through the competition. Practice times will be set once the competition schedule is finalized. Advanced registration is not required and will be accepted until session is full. 20 skaters will be allowed on the ice during any one session. No music will be played. Practice Ice may be broken into sessions by skill level, depending on the number of registrants.

AWARDS: All events will be final rounds. Medals will be presented IN THE LOBBY at the podium for first through fourth places. All other places will also receive medals, also available in the lobby. Awards will be presented as soon as results are posted. Skaters who placed should proceed to the lobby to receive their medals at the podium and to take pictures. You are welcome to take photographs at the podium. **A professional photographer will also be taking photos at the podium which will be available for purchase through the photographer's website. An engraver will also be onsite to engrave medals for a nominal cost.**

PHOTOGRAPHY/VIDEOGRAPHY: All competitors will receive a DVD of their flight as their "Thank You" gift for participating. DVDs can be picked up from the videographers table INSIDE the rink near the ice entrance. You are welcome to videotape and take your own photos during the competition, however **LIGHTED VIDEOTAPING AND FLASH PHOTOGRAPHY WILL NOT BE PERMITTED during the competition.**

OFFICIAL NOTICES: It is common for the time of schedule events and mid-day practice ice to change throughout the event. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event and for practice ice. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

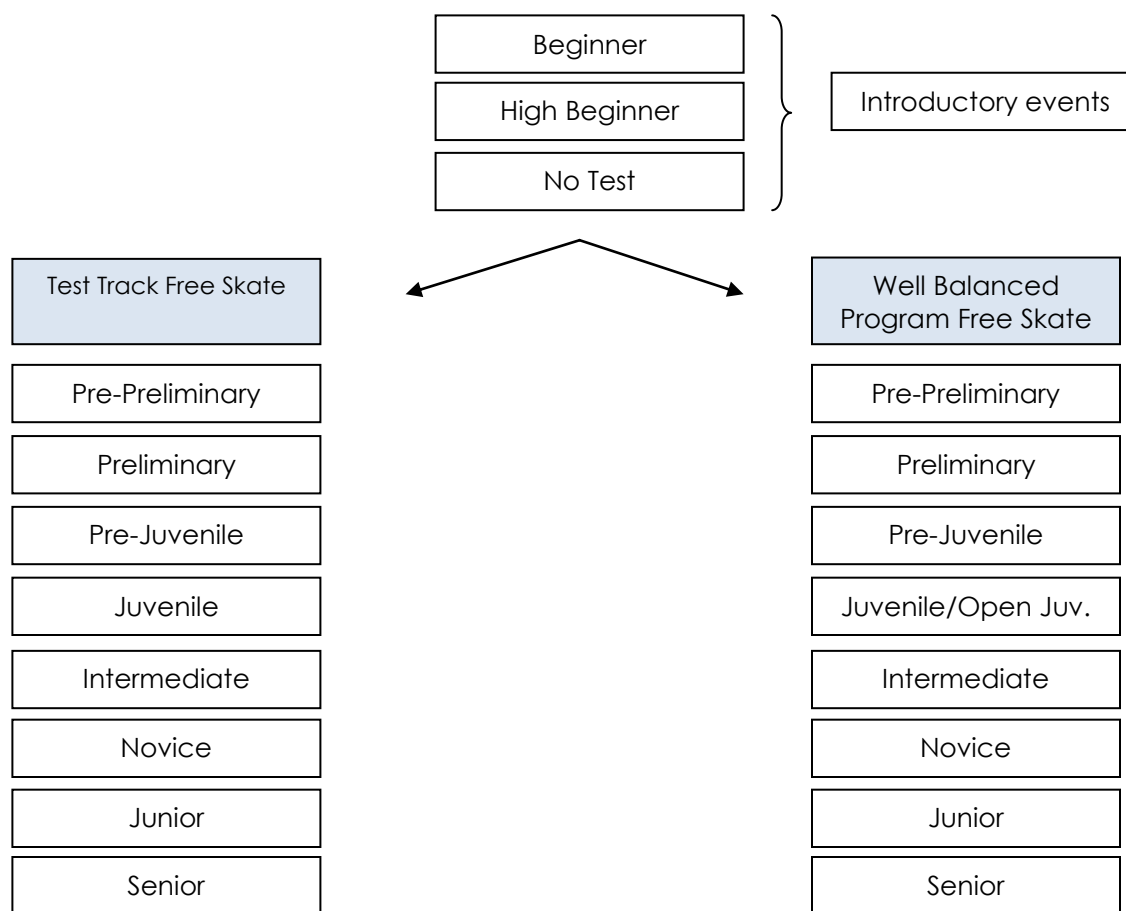
CONTACT INFO: If you have questions, please contact:
Claudia Saliba (248) 797-2611 Text messages preferred during business hours.
Email: NewEdgeSkatefest@gmail.com

ADDITIONAL INFORMATION: Please also check www.newedgefsc.org for competition updates and www.sk8stuff.com.

SINGLES FREE SKATING EVENTS

See current rulebook.

Illustration of Singles Free Skating Events:



- A. Introductory free skate events (copy & paste appropriate chart below).
- B. Test Track free skate events (copy & paste appropriate chart below).
- C. Well Balanced Program free skate (copy & paste appropriate chart below).



U.S. Figure Skating Nonqualifying Competitions

EVENT: Introductory Levels Free Skate Program

General event parameters:

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:30 +/- 10 sec.	<i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump 	<i>Max. 2 spins:</i> <ul style="list-style-type: none"> • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:30 +/- 10 sec.	<i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump. 	<i>Max. 2 spins:</i> <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
No-Test 1:30 +/- 10 sec.	<i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> • Up to 2 may be jump combos or sequences • Jump combos are limited to 2 jumps • Jump sequences are limited to 3 single jumps (half-loop is not considered a single jump at this level) • No Axels or double jumps are permitted 	<i>Max. 2 spins:</i> <ul style="list-style-type: none"> • Spins must be of different character. • Each spin must have a Minimum of 3 revolutions. • Spins may change feet, position and start with a fly. 	One step sequence that utilizes ½ of the ice surface	



U.S. Figure Skating Nonqualifying Competitions

EVENT: Test Track Free Skate

General event parameters:

4. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
5. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
6. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
7. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
8. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:30 +/- 10 sec.	<i>Maximum of 5 jump elements:</i> <ul style="list-style-type: none"> Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>) Single rotation jumps: Salchow, toe loop and loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<i>Maximum of 5 jump elements:</i> <ul style="list-style-type: none"> Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<i>Maximum of 5 jump elements:</i> <ul style="list-style-type: none"> Jumps with not more than one rotation (no Axels). 	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> One spin in one position, no change of foot (Min. 3 	One step sequence fully utilizing ice	Skaters must have passed at least the U.S. Figure Skating

	<ul style="list-style-type: none"> Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<ul style="list-style-type: none"> revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	surface	preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Juvenile 2:15 +/- 10 sec.	<i>Maximum of 5 jump elements:</i> <ul style="list-style-type: none"> Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) Only solo spin may fly 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate 2:30 +/- 10 sec.	<i>Maximum of 6 jump elements:</i> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	<i>Maximum of 7 jump elements for men and 6 for ladies:</i> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<i>Maximum of 3 spins, of a different nature:</i> <ul style="list-style-type: none"> One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly 	One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test

<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) 	<p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>
<p>Senior</p> <p>Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> Any single jumps. Must include at least four different double jumps, one must be a double Lutz. Triple jumps are not permitted Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	<p>Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)</p> <p>Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)</p>	<p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>

2014-15 Singles Free Skate Requirements



2014-15	JUMP ELEMENTS Refer to Repeat Jump Chart	SPINS	STEP SEQUENCES
NO TEST 1:40 maximum *means element is required	Max 5 Jump Elements <ul style="list-style-type: none"> Single jumps <ul style="list-style-type: none"> No single Axels, double jumps or triple jumps Max 2 jump combinations or jump sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps Jump sequences limited to a maximum of 3 single jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit) 	Max 2 Spins <ul style="list-style-type: none"> Spins may change feet and/or position Spins may start with a flying entry <ul style="list-style-type: none"> Min 3 revs. <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	Max 1 Sequence <ul style="list-style-type: none"> Step sequence* <ul style="list-style-type: none"> Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence
PRE- PRELIMINARY 1:40 maximum *means element is required	Max 5 Jump Elements <ul style="list-style-type: none"> Single jumps, including the single Axel, are allowed <ul style="list-style-type: none"> Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded No double or triple jumps Max 2 jump combinations or jump sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps Jump sequences limited to a maximum of 3 single jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit) Axel may be repeated once as a solo jump or part of a jump sequence or jump combination Maximum of 2 single Axels 	Max 2 Spins <ul style="list-style-type: none"> Spins may change feet and/or position Spins may start with a flying entry <ul style="list-style-type: none"> Min 3 revs. <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	Max 1 Sequence <ul style="list-style-type: none"> Step sequence* <ul style="list-style-type: none"> Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence
PRELIMINARY 1:30 +/- 10 sec *means element is required	Max 5 Jump Elements <ul style="list-style-type: none"> 1 must be an Axel or a waltz jump-type jump* Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop, and double loop) Max 2 jump combinations or sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps Jump sequences limited to a maximum of 3 single or double jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit) An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded 	Max 2 Spins <ul style="list-style-type: none"> Spins may change feet and/or position Spins may start with a flying entry <ul style="list-style-type: none"> Min 3 revs. <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	Max 1 Sequence <ul style="list-style-type: none"> Step sequence* <ul style="list-style-type: none"> Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence
PRE-JUVENILE 2:00 +/- 10 sec *means element is required	Max 5 Jump Elements <ul style="list-style-type: none"> 1 must be an Axel-type jump* Double jumps are allowed except for the double Axel No triple jumps Max 2 jump combinations or sequences <ul style="list-style-type: none"> Jump combinations limited to 2 jumps Jump sequences limited to a maximum of 3 single or double jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit) An Axel plus up to 3 different double jumps may be repeated once (but no more) as solo jumps, in jump sequences or in jump combinations. Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded 	Max 2 Spins <ul style="list-style-type: none"> 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> May start with a flying entry Min 6 revs 1 spin with only 1 position* <ul style="list-style-type: none"> No change of foot May start with a flying entry Min 4 revs <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	Max 1 Sequence <ul style="list-style-type: none"> Step sequence* <ul style="list-style-type: none"> Fully utilizing the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence

Singles 2014-15 FS Elements Version 3.0 – 11/6/14 AB

This event is a standard U.S. Figure Skating Nonqualifying Competition



2014-15 Singles Free Skate Requirements



2014-15	JUMP ELEMENTS	SPINS	STEP SEQUENCES
JUVENILE 2:15 +/- 10 sec *means element is required	Max 5 Jump Elements <ul style="list-style-type: none"> 1 must be an Axel-type jump* No triple jumps Max 2 jump combinations or sequences <ul style="list-style-type: none"> ➤ Jump combinations limited to 2 jumps ➤ Number of jumps in jump sequence is not limited No more than 3 different double jumps may be repeated <ul style="list-style-type: none"> ➤ If repeated, at least one attempt must be in a jump combination or a jump sequence No more than 2 of the same double jump may be attempted 	Max 2 Spins <ul style="list-style-type: none"> 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ❖ Min 8 revs ❖ Min 2 revs in each position 1 spin with only 1 position; no change of foot* <ul style="list-style-type: none"> ❖ Min 5 revs <p>Both spins may start with a flying entry Spins must be of a different character</p>	Max 1 Sequence <ul style="list-style-type: none"> One choreographic step sequence* <ul style="list-style-type: none"> ✓ Fully utilizing the ice surface
INTERMEDIATE 2:30 +/- 10 sec *means element is required	Max 6 Jump Elements <ul style="list-style-type: none"> 1 must be an Axel-type jump Max 3 jump combinations or sequences <ul style="list-style-type: none"> ➤ Combinations are limited to 2 jumps ➤ One 3-jump combination is permitted ➤ Number of jumps in jump sequence is not limited No more than 3 different doubles or 2 different doubles & 1 triple may be repeated <ul style="list-style-type: none"> ➤ If repeated, at least one attempt must be part of jump combination or jump sequence. 	Max 2 Spins <ul style="list-style-type: none"> 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ❖ Min 8 revs ❖ Min 2 revs in each position 1 spin with only 1 position; no change of foot* <ul style="list-style-type: none"> ❖ Min 5 revs <p>Both spins may start with a flying entry Spins must be of a different character</p>	Max 1 Sequence <ul style="list-style-type: none"> One choreographic step sequence* <ul style="list-style-type: none"> ✓ Fully utilizing the ice surface
NOVICE LADIES 3:00 +/- 10 sec *means element is required	Max 6 Jump Elements <ul style="list-style-type: none"> 1 must be an Axel-type jump* Max 3 jump combinations or sequences <ul style="list-style-type: none"> ➤ Combinations limited to 2 jumps ➤ One 3-jump combination is permitted ➤ Number of jumps in jump sequence is not limited No more than two different jumps that are 2½ or 3 revolutions may be repeated <ul style="list-style-type: none"> ➤ If double Axel and/or triple jumps are repeated, at least one attempt must be part of a jump combination or jump sequence No more than 2 of the same double or triple jump may be attempted as solo jumps or part of a combination/sequence 	Max 3 Spins <ul style="list-style-type: none"> 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ❖ Min 10 revs ❖ Min 2 revs in each position 1 flying spin with no change of foot or position* <ul style="list-style-type: none"> ❖ Min 6 revs 3rd spin is option of skater <p>All spins may start with a flying entry Spins must be of a different character</p>	Max 1 Sequence <ul style="list-style-type: none"> One leveled step sequence* <ul style="list-style-type: none"> ✓ Fully utilizing the ice surface
NOVICE MEN 3:30 +/- 10 sec *means element is required	Max 7 Jump Elements <ul style="list-style-type: none"> 1 must be an Axel-type jump* Max 3 jump combinations or sequences <ul style="list-style-type: none"> ➤ Combinations limited to 2 jumps ➤ One 3-jump combination is permitted ➤ Number of jumps in jump sequence is not limited One double Axel and two different triple jumps may be repeated <ul style="list-style-type: none"> ➤ If double Axel or triple jumps are repeated, at least one attempt must be part of a jump combination or jump sequence No more than 2 of the same double or triple jump may be attempted as solo jumps or part of a combination/sequence 	Max 3 Spins <ul style="list-style-type: none"> 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> ❖ Min 10 revs ❖ Min 2 revs in each position 1 flying spin with no change of foot or position* <ul style="list-style-type: none"> ❖ Min 6 revs 3rd spin is option of skater <p>All spins may start with a flying entry Spins must be of a different character</p>	Max 1 Sequence <ul style="list-style-type: none"> One leveled step sequence* <ul style="list-style-type: none"> ✓ Fully utilizing the ice surface

Singles 2014-15 FS Elements Version 3.0 – 11/6/14 AB



2014-15 Singles Free Skate Requirements



2014-15	JUMP ELEMENTS	SPINS	STEP SEQUENCES
JUNIOR LADIES 3:30 +/- 10 sec *means element is required	Max 7 Jump Elements <ul style="list-style-type: none"> 1 must be an Axel-type jump* Max 3 jump combinations or sequences <ul style="list-style-type: none"> Combinations limited to 2 jumps One 3-jump combination is permitted Number of jumps in a sequence is not limited Of all the triples or quads, <u>only 2 can be executed twice</u> <ul style="list-style-type: none"> If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value Any double jump, including double Axel cannot be included more than twice in total as solo jump or part of a combination/sequence 	Max 3 Spins <ul style="list-style-type: none"> 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> Min 10 revs Min 2 revs in each position 1 spin with a flying entry* <ul style="list-style-type: none"> Min 8 revs 1 spin with only 1 position* <ul style="list-style-type: none"> Min 8 revs All spins may change feet and start with a flying entry Spins must be of a different character	Max 1 Sequence <ul style="list-style-type: none"> One leveled step sequence* <ul style="list-style-type: none"> Fully utilizing the ice surface
JUNIOR MEN 4:00 +/- 10 sec *means element is required	Max 8 Jump Elements <ul style="list-style-type: none"> 1 must be an Axel-type jump* Max 3 jump combinations or sequences <ul style="list-style-type: none"> Combinations limited to 2 jumps One 3-jump combination is permitted Number of jumps in a sequence is not limited Of all the triples or quads, <u>only 2 can be executed twice</u> <ul style="list-style-type: none"> If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value Any double jump, including double Axel cannot be included more than twice in total as solo jump or part of a combination/sequence 	Max 3 Spins <ul style="list-style-type: none"> 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> Min 10 revs Min 2 revs in each position 1 spin with a flying entry* <ul style="list-style-type: none"> Min 8 revs 1 spin with only 1 position* <ul style="list-style-type: none"> Min 8 revs All spins may change feet and start with a flying entry Spins must be of a different character	Max 1 Sequence <ul style="list-style-type: none"> One leveled step sequence* <ul style="list-style-type: none"> Fully utilizing the ice surface
SENIOR LADIES 4:00 +/- 10 sec *means element is required	Max 7 Jump Elements <ul style="list-style-type: none"> 1 must be an Axel-type jump* Max 3 jump combinations or sequences <ul style="list-style-type: none"> Combinations limited to 2 jumps One 3-jump combination is permitted Number of jumps in a sequence is not limited Of all the triples or quads, <u>only 2 can be executed twice</u> <ul style="list-style-type: none"> If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value Any double jump, including double Axel cannot be included more than twice in total as solo jump or part of a combination/sequence 	Max 3 Spins <ul style="list-style-type: none"> 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> Min 10 revs Min 2 revs in each position 1 spin with a flying entry* <ul style="list-style-type: none"> Min 8 revs 1 spin with only 1 position* <ul style="list-style-type: none"> Min 8 revs All spins may change feet and start with a flying entry Spins must be of a different character	Max 2 Sequences <ul style="list-style-type: none"> One leveled step sequence* <ul style="list-style-type: none"> Fully utilizing the ice surface One choreographic sequence* <ul style="list-style-type: none"> Fully utilizing the ice surface
SENIOR MEN 4:30 +/- 10 sec *means element is required	Max 8 Jump Elements <ul style="list-style-type: none"> 1 must be an Axel-type jump* Max 3 jump combinations or sequences <ul style="list-style-type: none"> Combinations limited to 2 jumps One 3-jump combination is permitted Number of jumps in a sequence is not limited Of all the triples and quads, <u>only 2 can be executed twice</u> <ul style="list-style-type: none"> If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value Any double jump, including double Axel cannot be included more than twice in total as solo jump or part of a combination/sequence 	Max 3 Spins <ul style="list-style-type: none"> 1 spin combination; with or without change of foot* <ul style="list-style-type: none"> Min 10 revs Min 2 revs in each position 1 spin with a flying entry* <ul style="list-style-type: none"> Min 8 revs 1 spin with only 1 position* <ul style="list-style-type: none"> Min 8 revs All spins may change feet and start with a flying entry Spins must be of a different character	Max 2 Sequences <ul style="list-style-type: none"> One leveled step sequence* <ul style="list-style-type: none"> Fully utilizing the ice surface One choreographic sequence* <ul style="list-style-type: none"> Fully utilizing the ice surface

Singles 2014-15 FS Elements Version 3.0 – 11/6/14 AB



SINGLES SHORT PROGRAM

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Juv and Open Juv Short Program
- B. Intermediate short program – Rule 4230
- C. Novice short program – Rule 4220
- D. Junior short program – Rule 4210
- E. Senior short program – Rule 4200

A Juv and Open Juv Short Program

Juvenile

Maximum 2 minutes

- Jump combination – one double jump and one single jump or two double jumps
- Axel (may not be repeated)
- Solo Jump – double jump preceded by connecting steps and/or other free skating movements (may not be repeated)
- Solo spin – minimum 4 revolutions in position (may commence with a jump)
- Spin Combination – only one change of foot and at least one change of position (4 revolutions each foot)
- Choreographic step sequence fully utilizing the ice surface

Open Juvenile

Maximum 2 minutes

- Jump combination – two single jumps or one double jump and one single jump
- Axel (may not be repeated)
- Solo Jump – single jump, double toe-loop jump or double Salchow jump (may not be repeated)
- Solo Spin – minimum 4 revolutions in position (may not commence with a jump)
- Spin Combination – only one change of foot and at least one change of position (4 revolutions each foot)
- Choreographic step sequence fully utilizing the ice surface



2014-15 Singles Short Program Requirements – This chart has been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that will go into effect July 1, 2014.

INTERMEDIATE LADIES/MEN 2:00 max.	Axel or Double Axel	Double or Triple Jump Immediately preceded by connecting steps May not repeat double Axel. May not be a triple if triple is in jump combination.	Jump Combination Single/Double, Double/Double, Single/Triple, or Double/Triple May not repeat Axel jump performed or solo jump. May not be triple if solo jump is a triple.	Spin Only one position No change of foot May start with a fly Min. 5 revs.	Spin Combination With only 1 change of foot and min. 1 change of position. No flying entry Min. 5 revs. each foot 2 revs. req. for position to count	Choreographic Step Sequence Fully utilizing the ice surface
NOMIE LADIES 2:30 max.	Axel or Double Axel	Double or Triple Jump Immediately preceded by connecting steps May not repeat double Axel.	Jump Combination Double/Double or Double/Triple May not repeat double Axel or solo jump	Layback or Sideways Leaning Spin No change of foot Min. 6 revs.	Spin Combination With only 1 change of foot No flying entry Min. 5 revs. each foot 2 revs. req. for position to count	Leveled Step Sequence Fully utilizing the ice surface
NOMIE MEN 2:30 max.	Axel or Double Axel	Double or Triple Jump Immediately preceded by connecting steps May not repeat double Axel.	Jump Combination Double/Double or Double/Triple May not repeat double Axel or solo jump	Camel or Sitt Spin With only 1 change of foot No change of position Min. 5 revs. each foot	Spin Combination With only 1 change of foot No flying entry Min. 5 revs. each foot 2 revs. req. for position to count	Leveled Step Sequence Fully utilizing the ice surface
JUNIOR LADIES 2:50 max.	Double Axel	Double or Triple Lutz Immediately preceded by connecting steps or other free skating movements	Jump Combination Double/Double, Double/Triple or Triple/Triple May not repeat double Axel or solo jump	Flying Camel Spin Camel position must be attained in the air. Min. 8 revs.	Spin Combination With only 1 change of foot No flying entry Min. 6 revs. each foot Min. 2 revs. in pos.	Leveled Step Sequence Fully utilizing the ice surface
JUNIOR MEN 2:50 max.	Double or Triple Axel	Double or Triple Lutz Immediately preceded by connecting steps or other free skating movements	Jump Combination Double/Triple or Triple/Triple May not repeat Axel jump performed or solo jump	Flying Camel Spin Camel position must be attained in the air. Min. 8 revs.	Spin Combination With only 1 change of foot No flying entry Min. 6 revs. each foot Min. 2 revs. in pos.	Leveled Step Sequence Fully utilizing the ice surface
SENIOR LADIES 2:50 max.	Double or Triple Axel	Any Triple Jump Immediately preceded by connecting steps or other free skating movements May not repeat triple Axel	Jump Combination Double/Triple or Triple/Triple May not repeat Axel jump performed or solo jump	Flying Spin Landing position different than layback sideways leaning spin Min. 8 revs.	Spin Combination With only 1 change of foot No flying entry Min. 6 revs. each foot Min. 2 revs. in pos.	Leveled Step Sequence Fully utilizing the ice surface
SENIOR MEN 2:50 max.	Double or Triple Axel	Any Triple or Quad/Triple Jump Immediately preceded by connecting steps or other free skating movements May not repeat triple Axel	Jump Combination Double/Triple, Triple/Triple, Quad/Double, or Quad/Triple May not repeat Axel jump performed or solo jump	Camel or Sitt Spin With only 1 change of foot No change of position Min. 6 revs. each foot	Spin Combination With only 1 change of foot No flying entry Min. 6 revs. each foot Min. 2 revs. in pos.	Leveled Step Sequence Fully utilizing the ice surface

Singles 2014-15 SP Elements Version 2.0 – 6/12/14 AB





U.S. Figure Skating Nonqualifying Competitions

EVENT: BASIC PROGRAM EVENT: SNOWFLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level

Level	Time	Skating rules/standards
Snowflow Sam 1-3	1:00 +/-10 max.	<ol style="list-style-type: none"> 1. March followed by a two-foot glide and dip 2. Forward two-foot swizzles, 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles, 2-6 in a row
Basic 1	1:00 +/-10 max.	<ol style="list-style-type: none"> 1. Forward two-foot glide and dip 2. Forward two-foot swizzles, 6-8 in a row 3. Forward snowplow stop 4. Backward wiggles, 6-8 in a row
Basic 2	1:00 +/-10 max.	<ol style="list-style-type: none"> 1. Forward one-foot glide, either foot 2. Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot 3. Moving snowplow stop 4. Two-foot turn in place, forward to backward 5. Backward two-foot swizzles, 6 - 8 in a row
Basic 3	1:00 +/-10 max.	<ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive 3. Forward slalom 4. Backward one-foot glide, either foot 5. Two-foot spin, minimum three revolutions
Basic 4	1:00 +/-10 max.	<ol style="list-style-type: none"> 1. Standstill forward outside three-turn, right and left 2. Forward crossovers, 4-6 consecutive both directions 3. Backward stroking, 4-6 strokes 4. Backward snowplow stop, right or left
Basic 5	1:00 +/-10 max.	<ol style="list-style-type: none"> 1. Backward crossovers, 4-6 consecutive, both directions 2. Basic one-foot spin, free leg held to side of spinning leg, minimum three revolutions 3. Side toe hop, either direction 4. Hockey stop
Basic 6	1:00 +/-10 max.	<ol style="list-style-type: none"> 1. Standstill forward inside three-turn, right and left 2. Bunny Hop 3. Forward spiral on a straight line, right or left 4. Lunge, right or left 5. T-stop, right or left
Basic 7	1:00 +/-10 max.	<ol style="list-style-type: none"> 1. Standstill forward inside open Mohawk, right to left and left to right 2. Ballet Jump, either direction 3. Back crossovers to a back outside edge landing position, clockwise and counter clockwise 4. Forward inside pivot
Basic 8	1:00 +/-10 max.	<ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns, right and left 2. Waltz jump (from at standstill) 3. Mazurka, either direction 4. 1 Combination move, clockwise <u>or</u> counter clockwise – two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position -minimum three revolutions



U.S. Figure Skating Nonqualifying Competitions

EVENT: Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ol style="list-style-type: none">5. Waltz jump6. ½ jump of choice7. Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional)8. Forward or backward spiral
High Beginner	1:15 max.	<ol style="list-style-type: none">5. Toe loop jump6. Salchow jump7. Forward scratch spin - minimum three revolutions8. Forward or backward spiral
No-Test	1:15 max.	<ol style="list-style-type: none">6. Loop jump7. Jump combination to include a toe loop (may not use a loop or Axel)8. Solo spin - sit <u>or</u> camel spin - minimum three revolutions9. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.



U.S. Figure Skating Nonqualifying Competitions

EVENT: COMPULSORY MOVES

General event parameters:

9. Basic Skills – Juvenile: Elements skated on ½ ice
10. Intermediate – Senior: Elements skated on full-ice
11. Elements may be performed only once
12. Music is not allowed

Level	Time	Skating rules/standards
Pre – Preliminary	1:00 max.	<ol style="list-style-type: none"> 6. Single flip 7. Jump combination: single/single (no Axel) 8. Sit spin or camel spin - minimum three revolutions 9. Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:00 max.	<ol style="list-style-type: none"> 5. Single Lutz 6. Jump combination: single/single (may include Axel) 7. Back upright spin - minimum three revolutions 8. Forward inside spiral
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> 5. Single jump (may include Axel) 6. Jump combination: single/single (may include Axel) 7. Layback spin or camel spin - minimum three revolutions 8. Step sequence - circular
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> 6. Single Axel 7. Jump combination: single/single or double/single 8. Layback spin or camel spin - minimum three revolutions 9. Step sequence – circular
Intermediate	1:30 max.	<ol style="list-style-type: none"> 5. Double Salchow or double toe loop 6. Jump combination: single/single or double/single 7. Flying spin, minimum five revolutions 8. Step sequence – straight line
Novice	1:30 max.	<ol style="list-style-type: none"> 4. Double loop 5. Jump combination: double/single or double/double 6. Flying spin - minimum five revolutions 7. Step sequence – straight line
Junior	1:30 max.	<ol style="list-style-type: none"> 1. Double flip 2. Jump combination: double/double or triple/double 3. Combination spin - minimum 10 revolutions 4. Step sequence – straight line
Senior	1:30 max.	<ol style="list-style-type: none"> 1. Double Lutz 2. Jump combination: double/double or triple/double 3. Combination spin - minimum 10 revolutions 4. Step sequence – straight line



U.S. Figure Skating Nonqualifying Competitions

EVENT: Basic Elements Event: SNOWPLOW SAM – BASIC 8

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**

Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:00 max.	9. March followed by a two-foot glide and dip 10. Forward two-foot swizzles, 2-3 in a row 11. Forward snowplow stop 12. Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	9. Forward two-foot glide and dip 10. Forward two-foot swizzles, 6-8 in a row 11. Forward snowplow stop 12. Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	10. Forward one-foot glide, either foot 11. Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot 12. Moving snowplow stop 13. Two-foot turn in place, forward to backward 14. Backward two-foot swizzles, 6 - 8 in a row
Basic 3	1:00 max.	10. Forward stroking 11. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive 12. Forward slalom 13. Backward one-foot glide, either foot 14. Two-foot spin – minimum three revolutions
Basic 4	1:00 max.	9. Standstill forward outside three-turn, right and left 10. Forward outside edge on a circle, clockwise or counter clockwise 11. Forward crossovers, 4-6 consecutive, both directions 12. Backward stroking, 4-6 strokes 13. Backward snowplow stop, right or left
Basic 5	1:00 max.	9. Backward outside edge on a circle, clockwise or counterclockwise 10. Backward crossovers, 4-6 consecutive, both directions 11. Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions 12. Side toe hop, either direction 13. Hockey stop
Basic 6	1:00 max.	10. Standstill forward inside three-turn, right and left 11. Bunny Hop 12. Forward spiral on a straight line, right or left 13. Lunge, right or left 14. T-stop, right or left
Basic 7	1:00 max.	9. Standstill forward inside open mohawk, right to left and left to right 10. Ballet jump, either direction 11. Back crossovers to a back outside edge landing position, clockwise and counter clockwise 12. Forward inside pivot
Basic 8	1:00 max.	8. Moving forward outside or forward inside three-turns, right and left 9. Waltz jump (from a standstill) 10. Mazurka, either direction 4. 1 Combination move, clockwise <u>or</u> counter clockwise, two forward crossovers into forward inside mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum three revolutions

This event is a standard U.S. Figure Skating Nonqualifying Competition





U.S. Figure Skating Nonqualifying Competitions

EVENT: Jumps Challenge

General event parameters:

13. Each jump may be attempted twice; the best attempt will be counted.
14. Pre-juvenile and lower will be skated $\frac{1}{2}$ ice; Juvenile – senior will be skated on full ice
15. Jumps with an "*" must be preceded with connecting steps (intermediate – senior)

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. $\frac{1}{2}$ flip or $\frac{1}{2}$ Lutz 3. Single Salchow
High Beginner	1:15 max.	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. Single Salchow 3. Jump combination – waltz jump-toe loop
No-Test	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single loop 3. Jump combination – Any two $\frac{1}{2}$ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> 1. Single toe loop 2. Single flip 3. Jump combination – Any two $\frac{1}{2}$ or single revolution jumps (no Axel)
Preliminary	1:15 max.	<ol style="list-style-type: none"> 14. Single flip 15. Single Lutz 16. Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> 14. Single Axel 15. Single or double jump 16. Jump combination – single/single (no Axel)
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> 15. Single Axel 16. Double Salchow 17. Jump combination – single/single or double/single (no Axel)
Intermediate	1:15 max.	<ol style="list-style-type: none"> 13. Single Axel 14. Double loop* 15. Jump combination – double/single (no Axel)
Novice	1:15 max.	<ol style="list-style-type: none"> 11. Double loop 12. Double flip* 13. Jump combination – double/double (may be double Axel)
Junior	1:15 max.	<ol style="list-style-type: none"> 5. Choice of double or triple jump 6. Double or triple flip* 7. Jump combination – double/double (may be double Axel)
Senior	1:15 max.	<ol style="list-style-type: none"> 5. Choice of double or triple jump 6. Double or triple Lutz* 7. Jump combination – double/double or triple/double (may be double Axel)



U.S. Figure Skating Nonqualifying Competitions

EVENT: Spins Challenge

General event parameters:

16. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
17. All events are skated on ½ ice.
18. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	13. Upright one-foot spin (3) 14. Upright two-foot spin (3) 15. Sit spin (3)
High Beginner	1:30 max.	13. Upright one-foot spin (3) 14. Upright two-foot spin (3) 15. Sit spin (3)
No-Test	1:30 max.	15. Upright one-foot spin (3) 16. Upright two-foot spin (3) 17. Sit spin (3)
Pre – Preliminary	1:30 max.	4. Upright one-foot spin (3) 5. Upright back scratch spin (3) 6. Sit spin (3)
Preliminary	1:30 max.	17. Forward scratch to back scratch spin (3) 18. Combination spin with no of foot (4) 19. Sit spin (3)
Pre – Juvenile	1:30 max.	17. Camel spin (3) 18. Combination spin – camel to sit spin; no change of foot (6) 19. Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max.	18. Sit spin (4) 19. Combination spin – change of foot; optional change of position (4 per foot) 20. Girls – layback spin (4); Boys – camel spin (4)
Intermediate	1:30 max.	16. Flying camel spin (5) 17. Sit spin to backward sit spin (4 per foot) 18. Combination spin – change of foot & change of position (4 per foot)
Novice	1:30 max.	14. Choice of camel, sit or layback spin (6) 15. Camel spin to backward camel spin (4 per foot in position) 16. Combination spin – change of foot & two changes of position (2 per position & 5 per foot)
Junior	1:30 max.	8. Flying sit spin or flying reverse sit spin (6) 9. Ladies – layback spin (6); men – cross-foot spin (6) 10. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)
Senior	1:30 max.	8. Flying spin of choice (6) 9. Solo spin of choice (6) – may not fly 10. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)



U.S. Figure Skating Nonqualifying Competitions

EVENT: Solo Pattern Dance

General event parameters:

19. Levels are based upon the skaters' highest pattern dance test passed.
20. A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
21. The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for their level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30th – July 2nd), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the 2nd quarter).
22. Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

Level	January 1- March 31 st	April 1 st – June 30 th	July 1 st – September 30 th	October 1 st – December 31 st
Preliminary	1. Dutch Waltz 2. Canasta Tango	1. Rhythm Blues 2. Dutch Waltz	1. Canasta Tango 2. Rhythm Blues	1. Rhythm Blues 2. Dutch Waltz
Pre-bronze	1. Swing 2. Cha-Cha	1. Fiesta Tango 2. Swing	1. Cha-Cha 2. Fiesta Tango	1. Swing 2. Cha-Cha
Bronze	1. Hickory Hoedown 2. Willow Waltz	1. Ten Fox 2. Hickory Hoedown	1. Willow Waltz 2. Ten Fox	1. Hickory Hoedown 2. Willow Watz
Pre-silver	1. Fourteenstep 2. European Waltz	1. Foxtrot 2. Fourteenstep	1. European Waltz 2. Foxtrot	1. Fourteenstep 2. European Waltz
Silver	1. American Waltz 2. Silver Tango	1. Rocker Foxtrot 2. American Waltz	1. Silver Tango 2. Rocker Foxtrot	1. American Waltz 2. Silver Tango
Pre-gold	1. Killian 2. Blues	1. Paso Doble 2. Starlight Waltz	1. Killian 2. Blues	1. Paso Doble 2. Starlight Waltz
Gold	1. Viennese Waltz 2. Argentine Tango	1. Westminster Waltz 2. Quickstep	1. Viennese Waltz 2. Argentine Tango	1. Westminster Waltz 2. Quickstep



U.S. Figure Skating Nonqualifying Competitions

EVENT: Showcase Events – Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and Scenery are permitted

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline
3. Current guidelines and groceures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Light Entertainment Levels

	Event	Must have passed(dance tests refer to solo or partnered standard track)	Must not have passed(dance tests refer to solo or partnered standard track)	Age	Time
Singles	Limited Beginner, Beginner, No Test* Note: these levels do not qualify for National Showcase	-	Pre-Preliminary Free Skate	No Age restriction	1:30 max
	Pre-Preliminary* Note: this level does not qualify for National Showcase	-	Preliminary Free Skate	No Age restriction	1:30 max
	Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate	No minimum age (max age 20)	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate 2 Preliminary Dances	Juvenile Free Skate or Complete Pre-Bronze Dance	No minimum age (max age 20)	1:40 max
	Juvenile	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	14-17	2:10 max

This event is a standard U.S. Figure Skating Nonqualifying Competition



	Intermediate	Intermediate Free Skate Complete Bronze Dance	Novice Free Skate Any Gold Dance	17 and under	2:10 max
	Young Adult	Juvenile Free Skate Complete Preliminary Dance	Novice Free Skate Any Gold Dance	18-20	2:10 max
	Novice	Novice Free Skate One Silver Dance	Junior Free Skate Any Gold Dance	No age restriction	2:10 max
	Junior	Junior Free Skate Two Pre-Gold Dances	Senior Free Skate Completed Gold Dance		2:40 max
	Senior	Senior Free Skate Complete Gold Dance			2:40 max
	Event	Must meet requirements for*	Must not have passed	Age	Time
	Adult Bronze	Adult Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test	Any Pre-Silver Dance Test	21 and older	1:40 max
	Adult Silver	Adult Silver Free Skate or Pairs Events or have passed one Pre- Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max
	Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre- Gold Dance Test	21 and older	1:40 max
	Masters	At least the Masters Intermediate or any Masters Pairs Event or have passed the complete Pre-Gold Dance Test		21 and older	1:40 max

**The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart.*



U.S. Figure Skating Nonqualifying Competitions

EVENT: Showcase Events – Dramatic Entertainment Events

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.
- Props and scenery are permitted

General event parameters:

- Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The determination of level will be based upon test requirement at the entry deadline
- Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Dramatic Entertainment Levels:

	Event	Must have passed(dance tests refer to solo or partnered standard track)	Must not have passed(dance tests refer to solo or partnered standard track)	Age	Time
Singles	Limited Beginner, Beginner, No Test* Note: these levels do not qualify for National Showcase	-	Pre-Preliminary Free Skate	No Age restriction	1:30 max
	Pre-Preliminary* Note: this level does not qualify for National Showcase	-	Preliminary Free Skate	No Age restriction	1:30 max
	Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate	No minimum age (max age 20)	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate 2 Preliminary Dances	Juvenile Free Skate or Complete Pre-Bronze Dance	No minimum age (max age 20)	1:40 max
	Juvenile	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	13 and under	2:10 max

	Teen	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	14-17	2:10 max
	Intermediate	Intermediate Free Skate Complete Bronze Dance	Novice Free Skate Any Gold Dance	17 and under	2:10 max
	Young Adult	Juvenile Free Skate Complete Preliminary Dance	Novice Free Skate Any Gold Dance	18-20	2:10 max
	Novice	Novice Free Skate One Silver Dance	Junior Free Skate Any Gold Dance	No age restriction	2:10 max
	Junior	Junior Free Skate Two Pre-Gold Dances	Senior Free Skate Completed Gold Dance		2:40 max
	Senior	Senior Free Skate Complete Gold Dance			2:40 max
	Event	Must meet requirements for*	Must not have passed	Age	Time
	Adult Bronze	Adult Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test	Any Pre-Silver Dance Test	21 and older	1:40 max
	Adult Silver	Adult Silver Free Skate or Pairs Events or have passed one Pre- Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max
	Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre- Gold Dance Test	21 and older	1:40 max
	Masters	At least the Masters Intermediate or any Masters Pairs Event or have passed the complete Pre-Gold Dance Test		21 and older	1:40 max

**The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart.*



U.S. Figure Skating Non Qualifying Competition

EVENT: Adult Free Skate

General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
 - -0.1 from each mark for each technical element included that is not permitted in the event description.
 - -0.2 from the technical mark for each extra element included.
 - -0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Time	Jumps	Spins	Step Sequences
CHAMPIONSHIP MASTERS JUNIOR/SENIOR & MASTERS JUNIOR & MASTERS SENIOR 3:40 max * means element is required		Max. 7 <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Min. 1*, max. 3 combinations or sequences • Two combinations/sequences are limited to two jumps, and one three-jump combination/sequence is permitted • Number of jumps in sequence is unlimited, but only the two highest-value jumps in a jump sequence will be counted • No Axels and multi-rotation jumps may be repeated more than once, and if repeated, those jumps must be in combination or sequence 	Max. 3 <ul style="list-style-type: none"> • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E) • Min. 5 revolutions total if no change of foot • Min. 4 revolutions each foot if change of foot • Min. 2 revolutions in position 	Max. 1 To be chosen from: <ul style="list-style-type: none"> • Choreographic step sequence or • Choreographic sequence Must fully utilize the ice surface Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
CHAMPIONSHIP MASTERS INTERMEDIATE/NOVICE & MASTERS INTERMEDIATE & MASTERS NOVICE 3:10 max * means element is required		Max. 6 <ul style="list-style-type: none"> • 1 must be an Axel-type jump* • Min. 1*, max. 3 combinations or sequences • Two combinations/sequences are limited to two jumps, and one three-jump combination/sequence is permitted • Each jump may be repeated only once, and only as part of combination or sequence • All single jumps and the following double jumps are permitted: double toe loop, double Salchow, double loop • Only one double-double jump combination or sequence is permitted • Double flip, double Lutz, double Axel and triple jumps are not permitted 	Max. 3 <ul style="list-style-type: none"> • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E) • Min. 5 revolutions total if no change of foot • Min. 4 revolutions each foot if change of foot • Min. 2 revolutions in position 	Max. 1 To be chosen from: <ul style="list-style-type: none"> • Choreographic step sequence or • Choreographic sequence Must fully utilize the ice surface Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and

				marked as such.
CHAMPIONSHIP GOLD & ADULT GOLD 2:40 max * means element is required		Max. 5 <ul style="list-style-type: none"> Min. 1*, max. 3 combinations or sequences Two combinations/sequences are limited to two jumps, and one three-jump combination/sequence is permitted Each jump may be repeated only once, and only as part of combination or sequence All single jumps, including an Axel-type jump, are permitted, as are the following double jumps: double toe loop, double <u>Salschow</u>. No double-double jump combinations or sequences are permitted Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted 	Max. 3 <ul style="list-style-type: none"> Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E) Min. 4 revolutions total if no change of foot Min. 4 revolutions each foot if change of foot Min. 2 revolutions in position 	Max. 1 To be chosen from: <ul style="list-style-type: none"> Choreographic step sequence or Choreographic sequence Must fully utilize the ice surface Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
ADULT SILVER 2:10 max * means element is required		Max. 5 <ul style="list-style-type: none"> Min. 1*, max. 2 combinations or sequences One combination/sequence may consist of three jumps, and the other may have only two jumps Additional jump sequences which contain non-listed jumps of not more than one revolution (i.e. mazurkas, half-loops, etc.) performed as part of connecting footwork preceding single jumps are permitted Each jump may be repeated only once, and only as part of combination or sequence All single jumps are permitted, including an Axel-type jump. No double or triple jumps are permitted 	Max. 2 <ul style="list-style-type: none"> Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E) Min. 3 revolutions total if no change of foot Min. 3 revolutions each foot if change of foot Min. 2 revolutions in position 	Max. 1 To be chosen from: <ul style="list-style-type: none"> Step sequence or Spiral sequence (any pattern) Must use at least 1/2 ice surface Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
ADULT BRONZE 1:50 max * means element is required		Max. 4 <ul style="list-style-type: none"> Min. 1*, max. 2 combinations or sequences; One combination/sequence may consist of three jumps, and the other may have only two jumps Each jump may be repeated only once, and only as part of combination or sequence (maximum of 2 of any jump) All single jumps are permitted (except Axel) No Axel, double or triple jumps are permitted 	Max. 2 <ul style="list-style-type: none"> Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E) Min. 3 revolutions total if no change of foot Min. 3 revolutions each foot if change of foot Min. 2 revolutions in position No flying spins are permitted 	Max. 1 To be chosen from: <ul style="list-style-type: none"> Step sequence or Spiral sequence (any pattern) Must use at least 1/2 ice surface

				Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
ADULT PRE BRONZE 1:40 max * means element is required		Max. 4 <ul style="list-style-type: none"> Jump combinations and sequences are optional, but no more than 2 combinations or sequences may be included One jump combination/sequence may consist of three jumps, and the other may have only two jumps. Each jump may be repeated only once and only as part of combination or sequence (maximum of 2 of any jump) Only single and half-revolution jumps are allowed No Lutz, Axel or double jumps are allowed 	Max. 2 <ul style="list-style-type: none"> Min. 3 revolutions No flying spins are permitted 	Max. 1 <ul style="list-style-type: none"> Connecting steps throughout the program are required



U.S. Figure Skating Nonqualifying Competitions

EVENT: Adult Compulsory Moves

General event parameters:

23. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
24. All events are skated on ½ ice.
25. Minimum number of revolutions are noted in parentheses.

Level	Time	Elements
Adult Beginner	1:15	1. Forward crossovers (Min. 5 consecutive) 2. Waltz jump 3. Two foot upright spin 4. Forward spiral (any edge)
Adult Pre-Bronze	1:15	1. Backward crossovers (Min. 5 consecutive) 2. Waltz jump 3. Forward upright spin (Min. 3 revolutions) 4. Forward outside spiral
Adult Bronze	1:15	1. Single Salchow 2. Waltz jump – toe loop combination jump 3. Sit spin (Min. 3 revolutions) 4. Spiral sequence (Min. 2 spirals)
Adult Silver	1:30	1. Single loop 2. Single/single jump combination 3. Sit spin (Min. 3 revolutions) 4. Straight line step sequence
Adult Gold	1:30	1. Single Lutz or Axel 2. Single/single or single/double jump combination 3. Camel spin (Min. 4 revolutions) 4. Straight line step sequence
Masters Intermediate/Novice	2:00	1. Axel, double Salchow , double toe loop or double loop 2. Jump combination (double/double, single/double or double/single) that may include double Salchow , double toe loop or double loop and any single jump including Axel 3. Solo spin of skater's choice (Min. 6 revolutions) 4. Straight line step sequence
Masters Junior/Senior	2:00	1. Choice of any double jump 2. Jump combination that may include any double jump 3. Solo spin of skater's choice (Min. 8 revolutions) 4. Straight line step sequence

2015 SKATEFEST ENTRY FORM

Name:		U.S. Figure Skating #	
Date of Birth:		Sex:	
Address:			
Email REQUIRED:			
Cell phone:			
Name of parent or guardian:			
Highest MITF test:		Highest free skate test:	
Highest dance test:		Highest pairs test:	
Home figure skating club:			
Coach name:		Coach U.S. Figure Skating#	
Coach email:		Coach cell phone:	

**\$85 first event, \$40 add'l; dance \$45 first event \$20 add'l – see application for family discounts.
CIRCLE EVENTS ON THE FOLLOWING PAGE.**

First Event \$ _____
 Additional Event \$ _____
 Additional Event \$ _____
Total: \$ _____

The completed entry form, with fees, must be postmarked no later than January 6, 2015
 Make checks payable to **NEFSC** and mail to: **Claudia Saliba, 2914 Ellwood, Berkley 48072**

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELED.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the (NEFSC, John Lindell Ice Arena, Suburban Management) harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Instructor/coach has verified that the skater/team is entered in the correct level.

The Program Director/Club Officer has verified that the skater/team is in good standing.

Parent/Guardian Signature _____	Date _____
Competitor Signature _____	Date _____
Instructor/Coach Signature _____	Date _____
Program Director/Club Officer _____	Date _____

This event is a standard U.S. Figure Skating Nonqualifying Competition



SkateFest Events (Circle Event Entering)

Free Skate

Introductory

Beginner
High Beginner
No-Test

Test Track

Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile
Intermediate
Novice
Junior
Senior

Free Skate

No- Test
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile
Intermediate
Novice
Junior
Senior

Short Program

Juv/Open Juv
Intermediate
Novice
Junior
Senior

Compulsory

Introductory

Beginner
High Beginner
No-Test

Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile/Open Juv
Intermediate
Novice
Junior
Senior

Jumps

Beginner
High Beginner
No-Test
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile/Open Juv
Intermediate
Novice
Junior
Senior

Spins

Beginner
High Beginner
No-Test
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile/Open Juv
Intermediate
Novice
Junior
Senior

Solo Dance

Preliminary
Pre-Bronze
Bronze
Pre-Silver
Silver
Pre-Gold
Gold

Showcase

Lgt Entertainment

Lmt Beg, Beg, NoTest
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile
Teen
Intermediate
Young Adult
Novice
Junior
Senior
Adult Bronze
Adult Silver
Adult Gold
Masters

Dramatic

Lmt Beg, Beg, No Test
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile
Teen
Intermediate
Young Adult
Novice
Junior
Senior
Adult Bronze
Adult Silver
Adult Gold
Masters

Adult Free Skate

Champ Masters Jun Sen/
Mast Jun/Mast Sen
Champ Masters/
Mast Int/Mast Novice
Champ Gold/Ad Gold
Adult Silver
Adult Bronze
Adult Pre-Bronze

Adult Compulsory

Beginner
Pre-Bronze
Bronze
Silver
Gold
Masters Inter/Nov
Master Jun/Sen

2015 SKATEFEST BASIC SKILLS ENTRY FORM

Name _____ Age _____ Sex _____
Last First

Address _____ City _____ Zip _____

Email Address REQUIRED

Phone# _____ Birthdate _____

*U.S. Figure Skating number _____ Highest Level Passed _____

Program/Club Affiliation _____

Director's/Instructor's Name _____

Please check the event(s) you are entering:

Basic Elements (no music):

_____ Snowplow Sam
_____ Basic 1 _____ Basic 5
_____ Basic 2 _____ Basic 6
_____ Basic 3 _____ Basic 7
_____ Basic 4 _____ Basic 8

Basic Free Skate Program Event (music):

_____ Snowplow Sam
_____ Basic 1 _____ Basic 5
_____ Basic 2 _____ Basic 6
_____ Basic 3 _____ Basic 7
_____ Basic 4 _____ Basic 8

The completed entry form, with fees, must be postmarked no later than January 6, 2015
Make checks payable to **NEFSC** and mail to: **Claudia Saliba, 2914 Ellwood, Berkley 48072**

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELED.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the (NEFSC, John Lindell Ice Arena, Suburban Management) harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Instructor/coach has verified that the skater/team is entered in the correct level.

The Program Director/Club Officer has verified that the skater/team is in good standing.

Parent/Guardian Signature _____ Date _____

Competitor Signature _____ Date _____

Instructor/Coach Signature _____ Date _____

Program Director/Club Officer _____ Date _____