



**41st Annual  
HOWARD E. VAN CAMP**



**2015 INVITATIONAL  
COMPETITION**

**MARCH 20<sup>TH</sup> - 22<sup>ND</sup>, 2015**

**2810 Hannah Blvd.  
East Lansing, MI 48823  
517.336.4272**

**SUBURBAN  
EAST LANSING  
ICE™**



---

**41<sup>st</sup> Annual  
Howard E. Van Camp Invitational Competition  
Lansing Skating Club  
March 20-22, 2015  
[www.lansingskatingclub.com](http://www.lansingskatingclub.com)**

The 2015 Howard E. Van Camp Invitational Competition is a non-qualifying competition and will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website. The competition events are standard U.S. Figure Skating Non-Qualifying Competition events, except where otherwise indicated. The Chief Referee is Barry Doren.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

**SERIES INFORMATION:** We are proud and excited to have been selected by U.S. Figure Skating to host the 2015 National Solo Dance Series Final on September 23-26, 2015 at Suburban Ice-East Lansing!

**ELIGIBILITY/TEST LEVEL:**

**Test level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher. The Open Solo and Couples/Pro-Am Pattern Dance events are open to all competitors and do not have any test requirements.

**Age restrictions/requirements:** Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program) must be at least 14 years of age at the close of entries.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

**ENTRIES:** Online registration at [www.sk8stuff.com](http://www.sk8stuff.com) is preferred. The voucher form will need to be printed and payment mailed within 48 hours following online registration. All online entries must be completed by **February 14, 2015** or paper entries postmarked by that date. Paper entries will be charged an additional \$15 processing fee. Late entries after the February 14<sup>th</sup> deadline may be accepted at the discretion of the LOC, but will include an additional **\$20 late fee**.

Voucher forms, paper entries, and payments are to be mailed to: **Suburban Ice East Lansing, c/o Mo Parisian, 2810 Hannah Blvd., East Lansing, MI 48823**

**FEES:** Includes a DVD of each event. Entry fees are per person, per event, payable in U.S. dollars by check or money order. **Make checks payable to Lansing Skating Club.**

- **First Event (IJS/6.0/Dance):** \$95
- **Second Event:** \$50
- **Each Additional Event:** \$25
- **First Basic Skills Event:** \$50
- **Each Additional Basic Skills Event:** \$25
- **Paper Processing Fee:** \$15
- **Late Entry Fee** \$20
- **Change of Event Fee** \$20 per event changed
- **Returned Check Fee** \$35 for each returned check. Cash, cashier's check, or money order only will be accepted for this fee.

Payment of all fees will be required before the skater is allowed to participate in practice ice or events.

**REFUND POLICY:** Entry fees will not be refunded after the entry deadline of February 14, 2015, however, if in a 6.0 event no competition exists, a refund will be offered. There will be no refunds for medical withdrawals.

**FACILITIES:** The competition will be held at Suburban Ice East Lansing, 2810 Hannah Blvd., East Lansing, Michigan 48823. The facility has two 85'x200' ice surfaces. Ample parking is available. A concession stand, vending machines, and an ATM are available. Clubs will be assigned locker rooms.

**MUSIC:** Competitors are to supply music on a CD (no CD-RWs), in a paper sleeve or plastic case, clearly marked with the skater's name and event. The CD must have only one track of music per CD. The official competition music must be turned in at the Registration Desk at the time of check-in. A duplicate CD should be readily available rink side. Music may be picked up at Registration 30 minutes after each event. Every reasonable care will be taken, but Lansing Skating Club cannot be responsible for CDs left at the end of the competition.

**LIABILITY:** U.S. Figure Skating, Lansing Skating Club, and Suburban Ice East Lansing accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

### **JUDGING SYSTEM:**

The **International Judging System (IJS)** will be used for the following events:

- *Well Balanced Program free skate events, juvenile/open juvenile--senior, adult gold – masters*
- *Short program events, juvenile/open juvenile – senior*

All competitors skating in these events need to submit the planned program content form online. This form is found in the Member's Only section at [www.usfigureskating.org](http://www.usfigureskating.org). The deadline to submit the form is March 11, 2015.

The **6.0 Majority Judging System** will be used for:

- *Well Balanced Program free skate events, pre-preliminary – pre-juvenile*
- *Introductory free skate events (beginner, high beginner, no-test)*
- *All Test Track events*
- *All specialty singles events (spins, jumps, compulsory moves, etc.)*
- *All Basic Skills events*
- *All showcase events*
- *All solo and couples dance events*
- *Adult events, except for free skate gold – masters as noted above*

**CRITIQUES:** Critiques will be available for Juvenile – Senior and Adult Gold - Masters IJS Free Skate events. A schedule will be posted at the Registration Desk.

**SCHEDULE OF EVENTS:** A tentative schedule of competition events and the skater's event time(s) will be posted at [www.sk8stuff.com](http://www.sk8stuff.com) as soon as it is known. All times are approximate. Please check with the Registration Desk for changes.

**REGISTRATION:** The official Registration Desk will be located in the lobby between Rinks 1 and 2, at the skate rental desk. The Registration Desk will open one hour before the first event each day, and remain open until the last event of the day. Please register promptly upon arrival. **Competitors must check in at the Registration Desk at least one hour before their event.** All registration and any other applicable fees must be paid before the skater may be registered.

**PRACTICE ICE:** Practice ice will be offered at various times on all days of the competition. Practice ice sessions may be purchased on [www.sk8stuff.com](http://www.sk8stuff.com) at the time of online entry, or may be purchased using the form in this announcement, or at the Practice Ice Desk during the competition. The practice ice schedule will be posted on [www.sk8stuff.com](http://www.sk8stuff.com). Practice ice sessions will be 20 minutes long and cost \$12/session.

**PHOTOGRAPHY/VIDEOGRAPHY:** A DVD of the full flight for each event entered is included with the entry fee and will be available for pickup at the DVD table located near rink side. DVDs will not be mailed. Professional photography will also be available for purchase in the vendor area.

**AWARDS:** Medals will be awarded for 1<sup>st</sup> – 3<sup>rd</sup> places. Ribbons will be given for all others.

**OFFICIAL NOTICES:** Official notices will be posted outside the Registration Desk. It is the responsibility of each competitor, parent and coach to check for notices frequently for any schedule changes and/or additional information.

**INFORMATION REGARDING COACHES:** U.S. Figure Skating Rule MR 5.11 Coach Compliance  
In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person 18 and older instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at

U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

**TEST SESSION:** There will be a test session conducted in conjunction with the competition, which we anticipate will be scheduled following the competition. The test form is contained within this announcement and also located on the Lansing Skating Club website at [www.lansingskatingclub.com](http://www.lansingskatingclub.com). Test forms must be postmarked by February 28, 2015. Test forms and payment are to be mailed to Test Chair Lisa Blaski, 8320 Country Farm Lane, Laingsburg, MI 48848. **Make checks payable to Lansing Skating Club.** For questions regarding the test session, contact Lisa at [lblaski@yahoo.com](mailto:lblaski@yahoo.com) or 517-749-2363.

**CONTACT INFO:** If you have questions regarding the competition or practice ice, please contact Van Camp Co-Chairs Mo Parisian at [mparisian@suburbanice.com](mailto:mparisian@suburbanice.com) (517-336-4272) or Corie Costello at [coriecostello@gmail.com](mailto:coriecostello@gmail.com). If you have questions regarding the test session, please contact Test Chair Lisa Blaski at [lblaski@yahoo.com](mailto:lblaski@yahoo.com) or 517-749-2363.

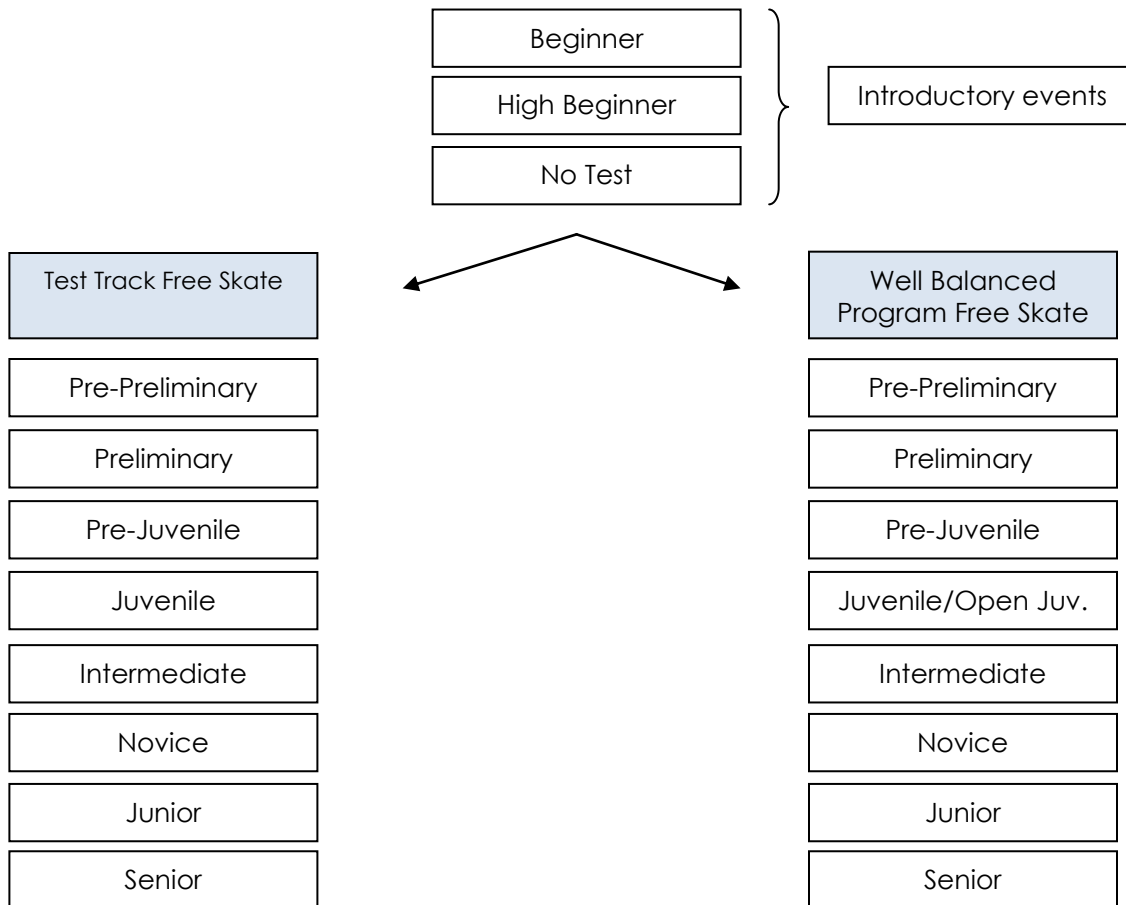
# Howard E. Van Camp Invitational Competition Events

## SINGLES FREE SKATING EVENTS

See current rulebook/website for current rules and requirements:

[http://www.usfigureskating.org/New\\_Judging.asp?id=361](http://www.usfigureskating.org/New_Judging.asp?id=361)

Illustration of Singles Free Skating Events:



## Introductory Levels Free Skate

General event parameters:

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. Minimum number of spin revolutions is in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	<i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front).</li> <li>• Max. 2 jump sequences</li> <li>• Max. 2 of any same jump</li> </ul>	<i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:40 Maximum	<i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>• Single rotation jumps: Salchow and toe loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump.</li> </ul>	<i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
No-Test 1:40 Maximum	<i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Single jumps, with the exception of the single Axel, are allowed</li> <li>• Maximum of 2 jump combinations or sequences</li> <li>• Jump combinations limited to 2 jumps</li> <li>• Jump sequences limited to a maximum of 3 single jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit)</li> <li>• No single Axels, double jumps or triple jumps</li> </ul>	<i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Spins may change feet and/or position</li> <li>• Spins may start with a fly</li> <li>• Minimum 3 revs.</li> <li>• Spins must be of a different character (For definition see rule 4103E)</li> </ul>	<ul style="list-style-type: none"> <li>• Step sequence*</li> <li>• Must use one-half the ice surface</li> <li>• Moves in the field and spiral sequences are permitted but will not be counted as elements.</li> <li>• Jumps may be included in the step sequence</li> </ul>	

## Test Track Free Skate

General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
4. Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
  - from each mark for each technical element included that is not permitted in the event description.
  - from the technical mark for each extra element included.
  - from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:30 +/- 10 sec.	<i>Maximum of 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>)</li> <li>• Single rotation jumps: Salchow, toe loop and loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> <li>• Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<i>Maximum of 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> <li>• One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)</li> <li>• One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<i>Maximum of 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<i>Maximum of 2 spins:</i> <ul style="list-style-type: none"> <li>• One spin in one position, no change of foot (Min. 3 revolutions)</li> <li>• One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test



<p>Juvenile</p> <p>2:15 +/- 10 sec.</p>	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>Any single jumps, including Axel, are permitted.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One solo spin in one position, no change of foot (Min. 4 revolutions).</li> <li>One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot)</li> <li><i>Only solo spin may fly</i></li> </ul>	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p>
<p>Intermediate</p> <p>2:30 +/- 10 sec.</p>	<p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow and double toe loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One must be a flying spin (min 5 revolutions),</li> <li>One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).</li> </ul>	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>
<p>Novice</p> <p>Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.</p>	<p><i>Maximum of 7 jump elements for men and 6 for ladies:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop and double loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 3 spins, of a different nature:</i></p> <ul style="list-style-type: none"> <li>One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)</li> <li>The other spins are the option of the skater (min 6 revolutions per foot)</li> <li><i>All spins may fly</i></li> </ul>	<p>One step sequence or spiral sequence fully utilizing ice surface</p> <p>(see rule 4104 &amp; 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>
<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop, double loop and double flip</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> <li>One spin in one position (Min. 6 revolutions)</li> <li>One flying spin (Min. 6 revolutions)</li> <li>One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)</li> </ul>	<p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>

<p>Senior</p> <p>Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Must include at least four different double jumps, one must be a double Lutz.</li> <li>• Triple jumps are not permitted</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position (Min. 6 revolutions)</li> <li>• One flying spin (Min. 6 revolutions)</li> <li>• One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)</li> </ul>	<p>Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. <i>(See rule 4105 for remarks)</i></p> <p>Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. <i>(See rule 4104 &amp; 4105 for remarks.)</i></p>	<p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>
---	--	---	---	---

# Well Balanced Program Free Skate

**2014-15 Singles Free Skating Requirements** – This chart has been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that will go into effect July 1, 2014.



2014-15	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<b>PRE- PRELIMINARY</b>  <b>1:40 Maximum</b>  *means element is required	<b>Max 5</b> <ul style="list-style-type: none"> <li>Single jumps, including the single Axel, are allowed</li> <li>Maximum of 2 jump combinations or sequences</li> <li>Jump combinations limited to 2 jumps</li> <li>Jump sequences limited to a maximum of 3 single jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit)</li> <li>Axel may be repeated as individual jump or as part of jump combination or sequence; Maximum of 2 Axels</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded.</li> <li>No double or triple jumps</li> </ul>	<b>Max 2</b> <ul style="list-style-type: none"> <li>Spins may change feet and/or position</li> <li>Spins may start with a fly</li> <li>Minimum 3 revs.</li> <li>Spins must be of a different character (For definition see rule 4103E)</li> </ul>	<b>Max 1</b> <ul style="list-style-type: none"> <li>Step sequence*</li> <li>Must use one-half the ice surface</li> <li>Moves in the field and spiral sequences are permitted but will not be counted as elements.</li> <li>Jumps may be included in the step sequence</li> </ul>
<b>PRELIMINARY</b>  <b>1:30 +/- 10 sec</b>  *means element is required	<b>Max 5</b> <ul style="list-style-type: none"> <li>1 must be an Axel/waltz jump-type jump*</li> <li>Maximum of 2 jump combinations or sequences</li> <li>Jump combinations limited to 2 jumps</li> <li>Jump sequences limited to a maximum of 3 single or double jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit)</li> <li>Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop, and double loop only)</li> <li>Axel and chosen double jumps may be repeated as individual jumps or as part of jump combination or sequence, but no Axel or double jump may be repeated more than once</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded.</li> <li>No double flips, double Lutzes, double Axels or triple jumps</li> </ul>	<b>Max 2</b> <ul style="list-style-type: none"> <li>Spins may change feet and/or position</li> <li>Spins may start with a fly</li> <li>Minimum 3 revs.</li> <li>Spins must be of a different character (For definition see rule 4103E)</li> </ul>	<b>Max 1</b> <ul style="list-style-type: none"> <li>Step sequence*</li> <li>Must use one-half the ice surface</li> <li>Moves in the field and spiral sequences are permitted but will not be counted as elements.</li> <li>Jumps may be included in the step sequence</li> </ul>
<b>PRE-JUVENILE</b>  <b>2:00 +/- 10 sec</b>  *means element is required	<b>Max 5</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Maximum of 2 jump combinations or sequences</li> <li>Jump combinations limited to 2 jumps</li> <li>Jump sequences limited to a maximum of 3 single or double jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit)</li> <li>Axel and no more than 3 different double jumps may be repeated as individual jumps or as part of jump combination or sequence, but no Axel or double jump may be repeated more than once</li> <li>All double jumps, except the double Axel are permitted. No triple jumps are permitted.</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded.</li> </ul>	<b>Max 2</b> <ul style="list-style-type: none"> <li>1 spin combination, w/out change of foot*, may start with a fly</li> <li>1 spin with only 1 position*, may start with a fly, no change of foot</li> <li>Minimum 4 revs.; 6 revs. for combination</li> <li>Spins must be of a different character (For definition see rule 4103E)</li> </ul>	<b>Max 1</b> <ul style="list-style-type: none"> <li>Step sequence*</li> <li>Fully utilizing the ice surface</li> <li>Moves in the field and spiral sequences are permitted but will not be counted as elements.</li> <li>Jumps may be included in the step sequence</li> </ul>

Spins of a different character – this refers to the abbreviation of a spin, e.g. Combination spin with a change of foot (CCoSp) and a combination with no change of foot (CoSp) are spins of a different character; and a flying sit spin (FSSn) and a sit spin (SSn) are of a different character. For more information see rule 4103 (F)

2014-15	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<b>JUVENILE</b> 2:15 +/- 10 sec  *means element is required	<b>Max 5</b> <ul style="list-style-type: none"><li>1 must be an Axel-type jump*</li><li>Maximum 2 jump combinations or sequences</li><li>Jump combinations limited to 2 jumps</li><li>Number of jumps in jump sequence is not limited</li><li>No more than 3 different double jumps may be repeated (1 each) and, if repeated, at least one attempt must be part of jump combination or sequence. Max 2 of same double jump.</li><li>No triple jumps</li></ul>	<b>Max 2</b> <ul style="list-style-type: none"><li>1 spin combination; w/without change of foot*</li><li>1 spin with only 1 position; no change of foot*</li><li>Both spins may start with a fly</li><li>Minimum 5 revs.; 8 revs. for combination</li><li>Minimum 2 revs. in position</li><li>Spins must be of a different character</li></ul>	<b>Max 1</b> <ul style="list-style-type: none"><li>One choreographic step sequence*</li><li>Fully utilizing the ice surface</li></ul>
<b>INTERMEDIATE</b> 2:30 +/- 10 sec  *means element is required	<b>Max 6</b> <ul style="list-style-type: none"><li>1 must be an Axel-type jump*</li><li>Maximum of 3 jump combinations or sequences</li><li>Jump combinations limited to 2 jumps, but one 3-jump combination is permitted</li><li>Number of jumps in jump sequence is not limited</li><li>No more than 3 different double/triple jumps may be repeated; only 1 repeat may be a triple. If repeated, at least one attempt must be part of jump combination or sequence. Max 2 same double or triple.</li></ul>	<b>Max 2</b> <ul style="list-style-type: none"><li>1 spin combination; w/without change of foot*</li><li>1 spin with only 1 position; no change of foot*</li><li>Both spins may start with a fly</li><li>Minimum 5 revs.; 8 revs. for combination</li><li>Minimum 2 revs. in position</li><li>Spins must be of a different character</li></ul>	<b>Max 1</b> <ul style="list-style-type: none"><li>One choreographic step sequence*</li><li>Fully utilizing the ice surface</li></ul>
<b>NOVICE LADIES</b> 3:00 +/- 10 sec  *means element is required	<b>Max 6</b> <ul style="list-style-type: none"><li>1 must be an Axel-type jump*</li><li>Maximum of 3 jump combinations or sequences</li><li>Jump combinations limited to 2 jumps, but one 3-jump combination is permitted</li><li>Number of jumps in jump sequence is not limited</li><li>No more than 2 jumps that are 2½ or 3 revolutions may be repeated. If double Axel or triple jumps repeated, at least one attempt must be part of jump combination or sequence.</li><li>No more than two of the same type of double or triple jump may be attempted.</li></ul>	<b>Max 3</b> <ul style="list-style-type: none"><li>1 flying entry w/ no change of foot or position*</li><li>1 spin combination; w/without change of foot*</li><li>3rd spin is option of skater</li><li>Minimum 6 revs.; 10 revs. for combination</li><li>Minimum 2 revs. in position</li><li>Spins may change feet and start with a fly, except for the flying spin with no change of foot or position</li><li>Spins must be of a different character</li></ul>	<b>Max 1</b> <ul style="list-style-type: none"><li>One leveled step sequence*</li><li>Fully utilizing the ice surface</li></ul>
<b>NOVICE MEN</b> 3:30 +/- 10 sec  *means element is required	<b>Max 7</b> <ul style="list-style-type: none"><li>1 must be an Axel-type jump*</li><li>Maximum of 3 jump combinations or sequences</li><li>Jump combinations limited to 2 jumps, but one 3-jump combination is permitted</li><li>Number of jumps in jump sequence is not limited</li><li>One double Axel and two different triple jumps may be repeated. If double Axel or triple jumps repeated, at least one attempt must be part of jump combination or sequence.</li><li>No more than two of the same type of double or triple jump may be attempted.</li></ul>	<b>Max 3</b> <ul style="list-style-type: none"><li>1 flying entry w/ no change of foot or position*</li><li>1 spin combination; w/without change of foot*</li><li>3rd spin is option of skater</li><li>Minimum 6 revs.; 10 revs. for combination</li><li>Minimum 2 revs. in position</li><li>Spins may change feet and start with a fly, except for the flying spin with no change of foot or position</li><li>Spins must be of a different character</li></ul>	<b>Max 1</b> <ul style="list-style-type: none"><li>One leveled step sequence*</li><li>Fully utilizing the ice surface</li></ul>

2014-15	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<b>JUNIOR LADIES</b> 3:30 +/- 10 sec  *means element is required	<b>Max 7</b> <ul style="list-style-type: none"><li>1 must be an Axel-type jump*</li><li>Maximum of 3 jump combinations or sequences</li><li>Jump combinations limited to 2 jumps, but one 3-jump combination is permitted</li><li>Number of jumps in jump sequence is not limited</li><li>2 triples or quads may be repeated and, if repeated, at least one attempt must be part of a jump combination or sequence</li><li>Max 2 of any double jump, including double Axel, as solo jump or in combination/sequence</li></ul>	<b>Max 3</b> <ul style="list-style-type: none"><li>1 flying entry*</li><li>1 spin combination; w/without change of foot*</li><li>1 spin with only 1 position *</li><li>Minimum 6 revs.; 10 revs. for combination</li><li>Minimum 2 revs. in position</li><li>All spins may change feet and start with a fly</li><li>Spins must be of a different character</li></ul>	<b>Max 1</b> <ul style="list-style-type: none"><li>One leveled step sequence*</li><li>Fully utilizing the ice surface</li></ul>
<b>JUNIOR MEN</b> 4:00 +/- 10 sec  *means element is required	<b>Max 8</b> <ul style="list-style-type: none"><li>1 must be an Axel-type jump*</li><li>Maximum of 3 jump combinations or sequences</li><li>Jump combinations limited to 2 jumps, but one 3-jump combination is permitted</li><li>Number of jumps in jump sequence is not limited</li><li>2 triples or quads may be repeated and, if repeated, at least one attempt must be part of a jump combination or sequence</li><li>Max 2 of any double jump, including double Axel, as solo jump or in combination/sequence</li></ul>	<b>Max 3</b> <ul style="list-style-type: none"><li>1 flying entry*</li><li>1 spin combination; w/without change of foot*</li><li>1 spin with only 1 position*</li><li>Minimum 6 revs.; 10 revs. for combination</li><li>Minimum 2 revs. in position</li><li>All spins may change feet and start with a fly</li><li>Spins must be of a different character</li></ul>	<b>Max 1</b> <ul style="list-style-type: none"><li>One leveled step sequence*</li><li>Fully utilizing the ice surface</li></ul>
<b>SENIOR LADIES</b> 4:00 +/- 10 sec  *means element is required	<b>Max 7</b> <ul style="list-style-type: none"><li>1 must be an Axel-type jump*</li><li>Maximum of 3 jump combinations or sequences</li><li>Jump combinations limited to 2 jumps, but one 3-jump combination is permitted</li><li>Number of jumps in jump sequence is not limited</li><li>2 triples or quads may be repeated and, if repeated, at least one attempt must be part of a jump combination or sequence</li><li>Max 2 of any double jump, including double Axel, as solo jump or in combination/sequence</li></ul>	<b>Max 3</b> <ul style="list-style-type: none"><li>1 flying entry*</li><li>1 spin combination; w/without change of foot*</li><li>1 spin with only 1 position*</li><li>Minimum 6 revs.; 10 revs. for combination</li><li>Minimum 2 revs. in position</li><li>All spins may change feet and start with a fly</li><li>Spins must be of a different character</li></ul>	<b>Max 2</b> <ul style="list-style-type: none"><li>One leveled step sequence*</li><li>One choreographic sequence*</li><li>Fully utilizing the ice surface</li></ul>
<b>SENIOR MEN</b> 4:30 +/- 10 sec  *means element is required	<b>Max 8</b> <ul style="list-style-type: none"><li>1 must be an Axel-type jump*</li><li>Maximum of 3 jump combinations or sequences</li><li>Jump combinations limited to 2 jumps, but one 3-jump combination is permitted</li><li>Number of jumps in jump sequence is not limited</li><li>2 triples or quads may be repeated and, if repeated, at least one attempt must be part of a jump combination or sequence</li><li>Max 2 of any double jump, including double Axel, as solo jump or in combination/sequence</li></ul>	<b>Max 3</b> <ul style="list-style-type: none"><li>1 flying entry*</li><li>1 spin combination; w/without change of foot*</li><li>1 spin with only 1 position*</li><li>Minimum 6 revs.; 10 revs. for combination</li><li>Minimum 2 revs. in position</li><li>All spins may change feet and start with a fly</li><li>Spins must be of a different character</li></ul>	<b>Max 2</b> <ul style="list-style-type: none"><li>One leveled step sequence*</li><li>One choreographic sequence*</li><li>Fully utilizing the ice surface</li></ul>

## **Singles Short Program**

The short program events listed below will be skated. The IJS Judging system will be used for the Juvenile (including Open Juvenile) through Senior. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Juvenile and Open Juvenile Short Program – Same as Intermediate Short Program Rule 4230**
- B. Intermediate Short Program – Rule 4230**
- C. Novice Short Program – Rule 4220**
- D. Junior Short Program – Rule 4210**
- E. Senior Short Program – Rule 4200**



## **U.S. Figure Skating Non-Qualifying Competitions**

### **Solo Pattern Dance**

General event parameters:

1. A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
2. Skaters may compete at their test level and/or one level above their highest completed pattern dance test level. Competitors may enter 1 event (2 dances) or 2 events (4 dances). This eligibility requirement differs from the USFS standard announcement.
3. The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for their level, based upon the date of the competition.
4. Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.
5. The number of patterns to be skated will be the number used for Competition (Rule 6075).
6. Traditional dance music will be provided.

Level	January 1- March 31 <sup>st</sup>
Preliminary	1. Dutch Waltz 2. Canasta Tango
Pre-bronze	1. Swing 2. Cha-Cha
Bronze	1. Hickory Hoedown 2. Willow Waltz
Pre-silver	1. Fourteenstep 2. European Waltz
Silver	1. American Waltz 2. Silver Tango
Pre-gold	1. Killian 2. Blues
Gold	1. Viennese Waltz 2. Argentine Tango

## Dance Events

~These events are NOT standard USFS non-qualifying competition events~

### “Open” Solo Pattern Dances

General event parameters:

1. The “Open” Solo Pattern Dances are open to all skaters and do not have any test requirements.
2. Number of patterns skated will be the number used for Testing (NOT Competition) in the 2014-2015 Test Book, **TR 42.05A**.
3. Each individual dance is a separate event.
4. If entries warrant, events may be divided by age.
5. Traditional dance music will be provided.

Level	Dances		Level	Dances
<b>Preliminary</b>	Canasta Tango Rhythm Blues		<b>Silver</b>	Rocker Foxtrot Tango
<b>Pre-Bronze</b>	Cha-Cha Fiesta Tango		<b>Pre-Gold</b>	Kilian Blues
<b>Bronze</b>	Hickory Hoedown Willow Waltz		<b>Gold</b>	Viennese Waltz Quickstep
<b>Pre-Silver</b>	Foxtrot European Waltz		<b>International</b>	Silver Samba Rhumba

### “Open” Couples/Pro-Am Pattern Dances

General event parameters:

1. The “Open” Couples/Pro-Am Pattern Dances are open to all skaters and do not have any test requirements.
2. “Open” means any male/female dance couple. Competitive dance teams are encouraged to compete, as well as adult dance teams and Professional Skaters with their students (Pro-Am).
3. Number of patterns skated will be the number used for Testing (NOT Competition) in the 2014-2015 Test Book, **TR 42.05A**.
4. Each individual dance is a separate event.
5. If entries warrant, events may be divided by age.
6. Couples may provide their own music for each dance following USFS's Skater's Choice guidelines. Chosen music may be +/- 2 beats/minute from the tempo stated in the dance description. May include vocals. If couples do not wish to provide their own music, traditional dance music will be provided.

Level	Dances		Level	Dances
<b>Preliminary</b>	Canasta Tango Rhythm Blues		<b>Silver</b>	American Waltz Tango
<b>Pre-Bronze</b>	Swing Dance Fiesta Tango		<b>Pre-Gold</b>	Starlight Waltz Blues

<b>Bronze</b>	Willow Waltz Ten Fox		<b>Gold</b>	Argentine Tango Quickstep
<b>Pre-Silver</b>	Fourteenstep European Waltz		<b>International</b>	Tango Romantica Yankee Polka

**PLEASE SUBMIT YOUR PARTNER'S NAME OR PRO NAME IN THE "PARTNER NAME" BOX DURING REGISTRATION. BOTH PARTNERS (EXCEPT PROS) MUST SUBMIT ENTRIES AND PAY THE EVENT FEE. IF SKATING WITH A PRO, THE PRO DOES NOT NEED TO REGISTER OR PAY AN ENTRY FEE.**

## **Jumps Challenge**

General event parameters:

- Each jump may be attempted twice; the best attempt will be counted.
- Pre-juvenile and lower will be skated ½ ice; Juvenile – senior will be skated on full ice
- Jumps with an "\*" must be preceded with connecting steps (intermediate – senior)

Level	Time	Skating rules / standards
Beginner	1:15 max.	1. Waltz jump (from backward crossovers) 2. ½ flip or ½ Lutz 3. Single Salchow
High Beginner	1:15 max.	1. Waltz jump (from backward crossovers) 2. Single Salchow 3. Jump combination – waltz jump-toe loop
No-Test	1:15 max.	1. Single toe loop 2. Single loop 3. Jump combination – Any two ½ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	1. Single toe loop 2. Single flip 3. Jump combination - Any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max.	1. Single flip 2. Single Lutz 3. Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile	1:15 max.	1. Single Axel 2. Single or double jump 3. Jump combination – single/single (no Axel)
Juvenile & Open Juv.	1:15 max.	1. Single Axel 2. Double Salchow 3. Jump combination – single/single or double/single (no Axel)
Intermediate	1:15 max.	1. Single Axel 2. Double loop* 3. Jump combination – double/single (no Axel)
Novice	1:15 max.	1. Double loop 2. Double flip* 3. Jump combination – double/double (may be double Axel)
Junior	1:15 max.	1. Choice of double or triple jump 2. Double or triple flip* 3. Jump combination – double/double (may be double Axel)
Senior	1:15 max.	1. Choice of double or triple jump 2. Double or triple Lutz* 3. Jump combination – double/double or triple/double (may be double Axel)

## Spins Challenge

General event parameters:

1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
2. All events are skated on ½ ice.
3. Minimum number of revolutions is noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	<ol style="list-style-type: none"> <li>1. Upright one-foot spin (3)</li> <li>2. Upright two-foot spin (3)</li> <li>3. Sit spin (3)</li> </ol>
High Beginner	1:30 max.	<ol style="list-style-type: none"> <li>1. Upright one-foot spin (3)</li> <li>2. Upright two-foot spin (3)</li> <li>3. Sit spin (3)</li> </ol>
No-Test	1:30 max.	<ol style="list-style-type: none"> <li>1. Upright one-foot spin (3)</li> <li>2. Upright two-foot spin (3)</li> <li>3. Sit spin (3)</li> </ol>
Pre – Preliminary	1:30 max.	<ol style="list-style-type: none"> <li>1. Upright one-foot spin (3)</li> <li>2. Upright back scratch spin (3)</li> <li>3. Sit spin (3)</li> </ol>
Preliminary	1:30 max.	<ol style="list-style-type: none"> <li>1. Forward scratch to back scratch spin (3)</li> <li>2. Combination spin with no of foot (4)</li> <li>3. Sit spin (3)</li> </ol>
Pre – Juvenile	1:30 max.	<ol style="list-style-type: none"> <li>1. Camel spin (3)</li> <li>2. Combination spin – camel to sit spin; no change of foot (6)</li> <li>3. Forward to backward scratch spin (3 per foot)</li> </ol>
Juvenile & Open Juv.	1:30 max.	<ol style="list-style-type: none"> <li>1. Sit spin (4)</li> <li>2. Combination spin – change of foot; optional change of position (4 per foot)</li> <li>3. Girls – layback spin (4); Boys – camel spin (4)</li> </ol>
Intermediate	1:30 max.	<ol style="list-style-type: none"> <li>1. Flying camel spin (5)</li> <li>2. Sit spin to backward sit spin (4 per foot)</li> <li>3. Combination spin – change of foot &amp; change of position (4 per foot)</li> </ol>
Novice	1:30 max.	<ol style="list-style-type: none"> <li>1. Choice of camel, sit or layback spin (6)</li> <li>2. Camel spin to backward camel spin (4 per foot in position)</li> <li>3. Combination spin – change of foot &amp; two changes of position (2 per position &amp; 5 per foot)</li> </ol>
Junior	1:30 max.	<ol style="list-style-type: none"> <li>1. Flying sit spin or flying reverse sit spin (6)</li> <li>2. Ladies – layback spin (6); men – cross-foot spin (6)</li> <li>3. Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ol>
Senior	1:30 max.	<ol style="list-style-type: none"> <li>1. Flying spin of choice (6)</li> <li>2. Solo spin of choice (6) – may not fly</li> <li>3. Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ol>



## Compulsory Moves

General event parameters: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- Elements may be performed only once
- A 0.2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Waltz jump</li> <li>2. ½ jump of choice</li> <li>3. Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional)</li> <li>4. Forward or backward spiral</li> </ol>
High Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Toe loop jump</li> <li>2. Salchow jump</li> <li>3. Forward scratch spin - minimum three revolutions</li> <li>4. Forward or backward spiral</li> </ol>
No-Test	1:15 max.	<ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions</li> <li>4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>

Level	Time	Skating rules/standards
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>1. Single Toe Loop</li> <li>2. Jump combination: single/single (no Axel)</li> <li>3. Sit spin or camel spin - minimum three revolutions</li> <li>4. Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ol>
Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>1. Single Lutz</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Back upright spin - minimum three revolutions</li> <li>4. Forward inside spiral</li> </ol>
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> <li>1. Single jump (may include Axel)</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence - circular</li> </ol>

## **Adult Compulsory Moves**

General event parameters:

1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
2. All events are skated on ½ ice.
3. Minimum number of revolutions is noted in parentheses.

Level	Time	Elements
Adult Beginner	1:15	<ol style="list-style-type: none"> <li>1. Forward crossovers (Min. 5 consecutive)</li> <li>2. Waltz jump</li> <li>3. Two foot upright spin</li> <li>4. Forward spiral (any edge)</li> </ol>
Adult Pre-Bronze	1:15	<ol style="list-style-type: none"> <li>1. Backward crossovers (Min. 5 consecutive)</li> <li>2. Waltz jump</li> <li>3. Forward upright spin (Min. 3 revolutions)</li> <li>4. Forward outside spiral</li> </ol>
Adult Bronze	1:15	<ol style="list-style-type: none"> <li>1. Single Salchow</li> <li>2. Waltz jump – toe loop combination jump</li> <li>3. Sit spin (Min. 3 revolutions)</li> <li>4. Spiral sequence (Min. 2 spirals)</li> </ol>
Adult Silver	1:30	<ol style="list-style-type: none"> <li>1. Single loop</li> <li>2. Single/single jump combination</li> <li>3. Sit spin (Min. 3 revolutions)</li> <li>4. Straight line step sequence</li> </ol>
Adult Gold	1:30	<ol style="list-style-type: none"> <li>1. Single Lutz or Axel</li> <li>2. Single/single or single/double jump combination</li> <li>3. Camel spin (Min. 4 revolutions)</li> <li>4. Straight line step sequence</li> </ol>
Masters Intermediate/Novice	2:00	<ol style="list-style-type: none"> <li>1. Axel, double Salchow , double toe loop or double loop</li> <li>2. Jump combination (double/double, single/double or double/single) that may include double Salchow , double toe loop or double loop and any single jump including Axel</li> <li>3. Solo spin of skater's choice (Min. 6 revolutions)</li> <li>4. Straight line step sequence</li> </ol>
Masters Junior/Senior	2:00	<ol style="list-style-type: none"> <li>1. Choice of any double jump</li> <li>2. Jump combination that may include any double jump</li> <li>3. Solo spin of skater's choice (Min. 8 revolutions)</li> <li>4. Straight line step sequence</li> </ol>

## **Adult Free Skate**

General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. Minimum number of spin revolutions is in parentheses following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
  - -0.1 from each mark for each technical element included that is not permitted in the event description.
  - -0.2 from the technical mark for each extra element included.
  - -0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences
<b>CHAMPIONSHIP MASTERS JUNIOR-SENIOR &amp; MASTERS JUNIOR-SENIOR</b>  3:40 max * means element is required	<b>Max. 7</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Min. 1*, max. 3 combinations or sequences</li> <li>One jump combination may contain three jumps; the remaining jump combinations are limited to two jumps</li> <li>Number of jumps in sequence is unlimited, but only the two highest-value jumps in a jump sequence will be counted</li> <li>No Axels and multi-rotation jumps may be repeated more than once, and if repeated, those jumps must be in combination or sequence</li> </ul>	<b>Max. 3</b> <ul style="list-style-type: none"> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 5 revolutions total if no change of foot</li> <li>Min. 4 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> </ul>	<b>Max. 1</b> To be chosen from: <ul style="list-style-type: none"> <li>Choreographic step sequence or</li> <li>Choreographic sequence</li> </ul> Must fully utilize the ice surface  Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
<b>CHAMPIONSHIP MASTERS INTERMEDIATE-NOVICE &amp; MASTERS INTERMEDIATE-NOVICE</b>  3:10 max * means element is required	<b>Max. 6</b> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>Min. 1*, max. 3 combinations or sequences</li> <li>One jump combination may contain three jumps; the remaining jump combinations are limited to two jumps</li> <li>Each jump may be repeated only once, and only as part of combination or sequence</li> <li>All single jumps and the following double jumps are permitted: double toe loop, double Salchow, double loop</li> <li>Only one double-double jump combination or sequence is permitted</li> <li>Double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>	<b>Max. 3</b> <ul style="list-style-type: none"> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 5 revolutions total if no change of foot</li> <li>Min. 4 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> </ul>	<b>Max. 1</b> To be chosen from: <ul style="list-style-type: none"> <li>Choreographic step sequence or</li> <li>Choreographic sequence</li> </ul> Must fully utilize the ice surface  Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
<b>CHAMPIONSHIP ADULT GOLD &amp; ADULT GOLD</b>  2:40 max * means element is required	<b>Max. 5</b> <ul style="list-style-type: none"> <li>Min. 1*, max. 3 combinations or sequences</li> <li>One jump combination may contain three jumps; the remaining jump combinations are limited to two jumps</li> <li>Each jump may be repeated only once, and only as part of combination or sequence</li> <li>All single jumps, including an Axel-type jump, are permitted, as are the following double jumps: double toe loop, double Salchow.</li> <li>No double-double jump combinations or sequences are permitted</li> <li>Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>	<b>Max. 3</b> <ul style="list-style-type: none"> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 4 revolutions total if no change of foot</li> <li>Min. 4 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> </ul>	<b>Max. 1</b> To be chosen from: <ul style="list-style-type: none"> <li>Choreographic step sequence or</li> <li>Choreographic sequence</li> </ul> Must fully utilize the ice surface  Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
<b>ADULT SILVER</b>  2:10 max * means element is required	<b>Max. 5</b> <ul style="list-style-type: none"> <li>Min. 1*, max. 2 combinations or sequences</li> <li>One combination/sequence may consist of three jumps, and the other may have only two jumps</li> <li>Additional jump sequences which contain non-listed jumps of not more than one revolution (i.e. mazurkas, half-loops, etc.) performed as part of connecting footwork preceding single jumps are permitted</li> <li>Each jump may be repeated only once, and only as part of combination or sequence (maximum of 2 of any jump)</li> <li>All single jumps are permitted,</li> </ul>	<b>Max. 2</b> <ul style="list-style-type: none"> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 3 revolutions total if no change of foot</li> <li>Min. 3 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> </ul>	<b>Max. 1</b> To be chosen from: <ul style="list-style-type: none"> <li>Step sequence or</li> <li>Spiral sequence (any pattern)</li> </ul> Must use at least ½ ice surface  Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.

	<p>including an Axel-type jump.</p> <ul style="list-style-type: none"> <li>No double or triple jumps are permitted</li> </ul>		
<p><b>ADULT BRONZE</b></p> <p>1:50 max</p> <p>* means element is required</p>	<p><b>Max. 4</b></p> <ul style="list-style-type: none"> <li>Min. 1*, max. 2 combinations or sequences;</li> <li>One combination/sequence may consist of three jumps, and the other may have only two jumps</li> <li>Each jump may be repeated only once, and only as part of combination or sequence (maximum of 2 of any jump)</li> <li>All single jumps are permitted (except Axel)</li> <li>No Axel, double or triple jumps are permitted</li> </ul>	<p><b>Max. 2</b></p> <ul style="list-style-type: none"> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>Min. 3 revolutions total if no change of foot</li> <li>Min. 3 revolutions each foot if change of foot</li> <li>Min. 2 revolutions in position</li> <li>No flying spins are permitted</li> </ul>	<p><b>Max. 1</b></p> <p>To be chosen from:</p> <ul style="list-style-type: none"> <li>Step sequence or</li> <li>Spiral sequence (any pattern)</li> </ul> <p>Must use at least ½ ice surface</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p>
<p><b>ADULT PRE BRONZE</b></p> <p>1:40 max</p> <p>* means element is required</p>	<p><b>Max. 4</b></p> <ul style="list-style-type: none"> <li>Jump combinations and sequences are optional, but no more than 2 combinations or sequences may be included</li> <li>One jump combination/sequence may consist of three jumps, and the other may have only two jumps.</li> <li>Each jump may be repeated only once and only as part of combination or sequence (maximum of 2 of any jump)</li> <li>Only single and half-revolution jumps are allowed</li> <li>No Lutz, Axel or double jumps are allowed</li> </ul>	<p><b>Max. 2</b></p> <ul style="list-style-type: none"> <li>Min. 3 revolutions</li> <li>No flying spins are permitted</li> </ul>	<p><b>Max. 1</b></p> <ul style="list-style-type: none"> <li>Connecting steps throughout the program are required</li> </ul>

**Spins of a different character** – this refers to the abbreviation of a spin, e.g. a combination spin with a change of foot (CCoSp) and a combination with no change of foot (CoSp) are spins of a different character; and a flying sit spin (FSSp) and a sit spin (SSp) are of a different character. See Rule 4103E.

## 6.0 System Penalties:

- 0.1 in each mark for each illegal element
- 0.1 in 1<sup>st</sup> mark for insufficient revolutions
- 0.2 in 1<sup>st</sup> mark for each jump and/or spin element exceeding the max.
- 0.1 in each mark for time violation
- 0.1 in 1<sup>st</sup> mark for step sequence not fully utilizing the ice
- 0.2 in 1<sup>st</sup> mark if a required element is omitted

## **Showcase: Light Entertainment/Dramatic Entertainment Events**

### **Format:**

- This event differs from the USFS standard announcement in that the Light Entertainment and Dramatic Entertainment events have been combined. Skaters may perform either a Light Entertainment or a Dramatic Entertainment program.
- A Light Entertainment program should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- A Dramatic Entertainment program should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.
- Props and scenery are permitted

### **General event parameters:**

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline.
3. Current guidelines and procedures for non-qualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under "Programs" on the National Showcase page.

	Event	Must have passed(dance tests refer to solo or partnered standard track)	Must not have passed(dance tests refer to solo or partnered standard track)	Age	Time
<b>Singles</b>	Limited Beginner, Beginner, No Test*  Note: these levels do not qualify for National Showcase	-	Pre-Preliminary Free Skate	No Age restriction	1:30 max
	Pre-Preliminary*  Note: this level does not qualify for National Showcase	-	Preliminary Free Skate	No Age restriction	1:30 max
	Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate	No minimum age (max age 20)	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate 2 Preliminary Dances	Juvenile Free Skate or Complete Pre-Bronze Dance	No minimum age (max age 20)	1:40 max
	Juvenile	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	14-17	2:10 max

	Intermediate	Intermediate Free Skate Complete Bronze Dance	Novice Free Skate Any Gold Dance	17 and under	2:10 max
	Young Adult	Juvenile Free Skate Complete Preliminary Dance	Novice Free Skate Any Gold Dance	18-20	2:10 max
	Novice	Novice Free Skate One Silver Dance	Junior Free Skate Any Gold Dance	No age restriction	2:10 max
	Junior	Junior Free Skate Two Pre-Gold Dances	Senior Free Skate Completed Gold Dance		2:40 max
	Senior	Senior Free Skate Complete Gold Dance			2:40 max
	<b>Event</b>	<b>Must meet requirements for*</b>	<b>Must not have passed</b>	<b>Age</b>	<b>Time</b>
	Adult Bronze	Adult Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test	Any Pre-Silver Dance Test	21 and older	1:40 max
	Adult Silver	Adult Silver Free Skate or Pairs Events or have passed one Pre- Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max
	Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre- Gold Dance Test	21 and older	1:40 max
	Masters	At least the Masters Intermediate or any Masters Pairs Event or have passed the complete Pre-Gold Dance Test		21 and older	1:40 max

*\*The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart.*

## **Showcase: Interpretive Events**

Interpretive is a performance choreographed by the competitor, unaccompanied and unassisted, to music supplied by the competition committee. All competitors in an event will interpret the same music. Programs should incorporate various elements of expressive movement and skating moves, to enhance the skater's interpretation of the music, rather than technical elements.

- During warm-up, skaters will listen to the selected music twice.
- Following the warm-up, all skaters except for the first skater will be escorted to a soundproof area of the arena.
- The first skater will hear the music one more time and then perform a program to the music.
- As each skater performs, the next skater in the skating order will be brought back to rink side and allowed to hear the music for the 3<sup>rd</sup> time before they perform to the music. The listening skater will not be allowed to view the performing skater.
- Props will not be permitted. This differs from the USFS standard announcement.

During this event, no instruction is allowed from coaches, parents, or fellow skaters. The staging area must be kept clear except for the monitor and the listening competitor.

Current guidelines and procedures for non-qualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org) under "Programs" on the National Showcase page.

Level	Program Duration	Test Requirements
Pre-juvenile and below	1:00 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline
Juvenile - novice	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline
Junior and senior	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline
Teen and young adult	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline
All adult events	1:30 maximum	Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline

## **Basic Elements Event (Snowplow Sam – Basic 8)**

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:00 max.	<ol style="list-style-type: none"> <li>1. March followed by a two-foot glide and dip</li> <li>2. Forward two-foot swizzles, 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles, 2-6 in a row</li> </ol>
Basic 1	1:00 max.	<ol style="list-style-type: none"> <li>1. Forward two-foot glide and dip</li> <li>2. Forward two-foot swizzles, 6-8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles, 6-8 in a row</li> </ol>
Basic 2	1:00 max.	<ol style="list-style-type: none"> <li>1. Forward one-foot glide, either foot</li> <li>2. Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot</li> <li>3. Moving snowplow stop</li> <li>4. Two-foot turn in place, forward to backward</li> <li>5. Backward two-foot swizzles, 6 - 8 in a row</li> </ol>
Basic 3	1:00 max.	<ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>3. Forward slalom</li> <li>4. Backward one-foot glide, either foot</li> <li>5. Two-foot spin, minimum three revolutions</li> </ol>
Basic 4	1:00 max.	<ol style="list-style-type: none"> <li>1. Standstill forward outside three-turn, right and left</li> <li>2. Forward outside edge on a circle, clockwise or counter clockwise</li> <li>3. Forward crossovers, 4-6 consecutive both directions</li> <li>4. Backward stroking, 4-6 strokes</li> <li>5. Backward snowplow stop, right or left</li> </ol>
Basic 5	1:00 max.	<ol style="list-style-type: none"> <li>1. Backward outside edge on a circle, clockwise or counter clockwise</li> <li>2. Backward crossovers, 4-6 consecutive, both directions</li> <li>3. Basic one-foot spin, free leg held to side of spinning leg, minimum three revolutions</li> <li>4. Side toe hop, either direction</li> <li>5. Hockey stop</li> </ol>
Basic 6	1:00 max.	<ol style="list-style-type: none"> <li>1. Standstill forward inside three-turn, right and left</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line, right or left</li> <li>4. Lunge, right or left</li> <li>5. T-stop, right or left</li> </ol>
Basic 7	1:00 max.	<ol style="list-style-type: none"> <li>1. Standstill forward inside open Mohawk, right to left and left to right</li> <li>2. Ballet jump, either direction</li> <li>3. Backward crossovers to a back outside edge landing position, clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
Basic 8	1:00 max.	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns, right and left</li> <li>2. Waltz jump (from a standstill)</li> <li>3. Mazurka, either direction</li> <li>4. 1 combination move, clockwise <u>or</u> counter clockwise – two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>



## **Basic Program Event (Snowplow Sam – Basic 8)**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level

Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. March followed by a two-foot glide and dip</li> <li>2. Forward two-foot swizzles, 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles, 2-6 in a row</li> </ol>
Basic 1	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Forward two-foot glide and dip</li> <li>2. Forward two-foot swizzles, 6-8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles, 6-8 in a row</li> </ol>
Basic 2	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Forward one-foot glide, either foot</li> <li>2. Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot</li> <li>3. Moving snowplow stop</li> <li>4. Two-foot turn in place, forward to backward</li> <li>5. Backward two-foot swizzles, 6 - 8 in a row</li> </ol>
Basic 3	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>3. Forward slalom</li> <li>4. Backward one-foot glide, either foot</li> <li>5. Two-foot spin, minimum three revolutions</li> </ol>
Basic 4	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Standstill forward outside three-turn, right and left</li> <li>2. Forward crossovers, 4-6 consecutive both directions</li> <li>3. Backward stroking, 4-6 strokes</li> <li>4. Backward snowplow stop, right or left</li> </ol>
Basic 5	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Backward crossovers, 4-6 consecutive, both directions</li> <li>2. Basic one-foot spin, free leg held to side of spinning leg, minimum three revolutions</li> <li>3. Side toe hop, either direction</li> <li>4. Hockey stop</li> </ol>
Basic 6	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Standstill forward inside three-turn, right and left</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line, right or left</li> <li>4. Lunge, right or left</li> <li>5. T-stop, right or left</li> </ol>
Basic 7	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Standstill forward inside open Mohawk, right to left and left to right</li> <li>2. Ballet jump, either direction</li> <li>3. Back crossovers to a back outside edge landing position, clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
Basic 8	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns, right and left</li> <li>2. Waltz jump (from a standstill)</li> <li>3. Mazurka, either direction</li> <li>4. 1 combination move, clockwise <u>or</u> counter clockwise – two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>

## 2015 Howard E. Van Camp Invitational Competition Practice Ice Information

Practice Ice for the Howard E. Van Camp Invitational Competition may be reserved during the online registration process at [www.sk8stuff.com](http://www.sk8stuff.com), or may be purchased at the Practice Ice Desk during the competition. If you pre-pay for sessions and fail to reserve them online, your pre-payment may be applied to sessions purchased at the Practice Ice Desk during the competition, subject to availability.

If you did not reserve your sessions at the time of your online registration and would still like to reserve practice ice, please fill out this form and indicate the number of sessions you wish to reserve. Mail the form, along with your payment, to the address below.

A schedule of practice ice sessions will be published at [www.sk8stuff.com](http://www.sk8stuff.com) shortly after the competition schedule is published, along with the date/time when the Practice Ice reservation system will be activated. To reserve your sessions online, you will log-on using a link provided on [www.sk8stuff.com](http://www.sk8stuff.com). You will need to use your name and the PIN number provided to you at the time of online registration. Do not share your PIN number with anyone else (neither Lansing Skating Club nor sk8stuff.com are responsible for reservation changes made online by unauthorized users).

Sessions are 20 minutes in duration and the cost is \$12 per session. There is no refund for pre-paid sessions, even if not used. Sessions may be designated by level and discipline if entries warrant.

**Checks should be made payable to Lansing Skating Club.** Practice ice payments are not refundable. Sessions will not be held without payment. Please mail check or money order payments to:

**Lansing Skating Club  
Van Camp Practice Ice  
2810 Hannah Blvd  
East Lansing, MI 48823**

Skater Name \_\_\_\_\_

Events Entered \_\_\_\_\_

Email Address \_\_\_\_\_

Phone \_\_\_\_\_

**Number of Sessions: \_\_\_\_\_ @ \$12 each 20 minute session**

**\$ \_\_\_\_\_ Total Payment Due**

Competitors may also drop-in on regular freestyle sessions which may be scheduled on March 20<sup>th</sup> and 21<sup>st</sup>, as space permits. Please go to [www.lansingskatingclub.com](http://www.lansingskatingclub.com) (Forms and Links) for the freestyle schedule.

# 41<sup>st</sup> Annual Howard E. Van Camp Invitational Competition

## Program Personal Ad Order Form



**Wish your skater good luck! Thank your coach!**  
**Place a Happy Ad in the competition program**

**Maximum 3 lines - \$5 each ad, \$12 for 3 ads**

---

---

---

**Deadline for Program Ads: March 13, 2015**

**Number of Ads:** \_\_\_\_\_

**Total Payment Due: \$** \_\_\_\_\_

Checks payable to: **Lansing Skating Club**  
Mail check and forms to:

**Lansing Skating Club  
Van Camp Program Ad  
2810 Hannah Blvd  
East Lansing, MI 48823**

If you would like to advertise in our Program, please contact Mo Parisian at [mparisian@suburbanice.com](mailto:mparisian@suburbanice.com) or 517-336-4272 for further information.

## Area Hotels

### **TownPlace Suites East Lansing by Marriott**

**Adjacent to the rink (1 min)**

2855 Hannah Blvd  
East Lansing, MI 48823  
517-203-1000  
[www.marriott.com/lants](http://www.marriott.com/lants)

### **Holiday Inn Express & Suites – Okemos**

**4.75 miles to rink (9 min)**

2209 University Park Drive  
Okemos, MI 48864  
517-349-8700  
<http://www.ihg.com/holidayinnexpress/hotels/us/en/okemos/lanok/hoteldetail/directions>

### **Hampton Inn and Suites – E. Lansing/Okemos**

**4.7 miles to rink (9 min)**

2200 Hampton Place  
Okemos, MI 48864  
517-349-6100  
[www.lansing.hamptoninn.com](http://www.lansing.hamptoninn.com)

### **East Lansing Marriott at University Place**

**2.5 miles to rink (8 min)**

300 M.A.C.  
East Lansing, MI 48823  
517-337-4440  
[www.marriott.com/lanea](http://www.marriott.com/lanea)

### **The Gatehouse Suites East Lansing**

**1.2 miles to rink (3 min)**

1600 East Grand River Avenue  
East Lansing, MI 48823  
517-332-7711  
[www.gatehousesuiteseastlansing.com](http://www.gatehousesuiteseastlansing.com)

### **Fairfield Inn East Lansing**

**4.3 miles to rink (8 min)**

2335 Woodlake Drive  
Okemos, MI 48864  
517-347-1000  
<http://www.marriott.com/hotels/travel/lanfi-fairfield-inn-east-lansing/>

### **Staybridge Suites – Lansing/Okemos**

**4.4 miles to rink (8 min)**

3553 Meridian Crossings Dr.  
Okemos, MI 48864  
517-347-3044  
<http://www.ihg.com/staybridge/hotels/us/en/okemos/lanom/hoteldetail>



## 41<sup>st</sup> Annual Howard E. Van Camp Invitational Entry Form

**March 20-22, 2015**

**Registration Deadline: February 14, 2015**

Skater Name:		U.S. Figure Skating #	
Date of Birth:		Age:	Male/Female
Address:			
City:	State:	Zip:	
Contact Email:			
Cell phone:			
Name of parent or guardian:			
Highest MIF test:		Highest free skate test:	
Highest dance test:			
Home figure skating club (no abbreviations):			
Coach name:		Coach U.S. Figure Skating#	
Coach email:		Coach cell phone:	
Skater T-Shirt Size (Please circle)	Youth S    M    L	Adult S    M    L	

**Mark an "X" in the box next to events you are entering. Please read carefully and talk with your coach. If you enter the wrong event and need to make a change for any reason, you will be assessed a \$20 fee for each event changed.**

### FREE SKATE EVENTS:

Introductory Events	X	Test Track Events	X	Well Balanced Program Events	X
Beginner		Pre-Preliminary		Pre-Preliminary	
High Beginner		Preliminary		Preliminary	
No Test		Pre-Juvenile		Pre-Juvenile	
		Juvenile		Open Juvenile – IJS	
		Intermediate		Juvenile – IJS	
		Novice		Intermediate – IJS	
		Junior		Novice – IJS	
		Senior		Junior – IJS	
				Senior – IJS	

SHORT PROGRAM:		COMPULSORY MOVES:		JUMPS CHALLENGE:	
Short Program Events	X	Compulsory Moves	X	Jumps Challenge Events	X
Open Juvenile – IJS		Beginner		Beginner	
Juvenile – IJS		High Beginner		High Beginner	
Intermediate – IJS		No Test		No Test	
Novice – IJS		Pre-Preliminary		Pre-Preliminary	
Junior – IJS		Preliminary		Preliminary	
Senior - IJS		Pre-Juvenile		Pre-Juvenile	
				Open Juvenile/ Juvenile	
				Intermediate	
				Novice	
				Junior	
				Senior	

OPEN DANCE EVENTS:		SPINS CHALLENGE:			
Solo Pattern Dance Events	X	Couples Pattern Dance Events	X	Spins Challenge Events	X
Canasta Tango		Canasta Tango		Beginner	
Rhythm Blues		Rhythm Blues		High Beginner	
Cha Cha		Swing Dance		No Test	
Fiesta Tango		Fiesta Tango		Pre-Preliminary	
Hickory Hoedown		Willow Waltz		Preliminary	
Willow Waltz		Ten Fox		Pre-Juvenile	
Foxtrot		Fourteenstep		Juv/ Open Juvenile	
European Waltz		European Waltz		Intermediate	
Rocker Foxtrot		American Waltz		Novice	
Tango		Tango		Junior	
Killian		Starlight Waltz		Senior	
Blues		Blues			
Viennese Waltz		Argentine Tango			
Quickstep		Quickstep			
Silver Samba		Tango Romantica			
Rumba		Yankee Polka			

### Couples Pattern Dance Events

Partner Name: \_\_\_\_\_

### NON-SERIES SOLO PATTERN DANCE EVENTS:

Solo Pattern Dance Events	X
Preliminary	
Pre-Bronze	
Bronze	
Pre-Silver	
Silver	
Pre-Gold	
Gold	

**ADULT FREE SKATE:****ADULT COMPULSORY MOVES:****ADULT SHOWCASE:**

<b>Adult Free Skate Events</b>	<b>X</b>	<b>Adult Compulsory Moves Events</b>	<b>X</b>	<b>Adult Light Entertainment/Dramatic Entertainment Events</b>	<b>X</b>
Adult Pre-Bronze		Adult Beginner		Adult Bronze	
Adult Bronze		Adult Pre-Bronze		Adult Silver	
Adult Silver		Adult Bronze		Adult Gold	
Adult Gold - IJS		Adult Silver		Masters	
Masters IJS Intermediate/Nov.		Adult Gold			
Masters IJS Junior/Senior		Masters Intermediate/Novice			
		Masters Junior/Senior			

**SHOWCASE:**

<b>Interpretive Events</b>	<b>X</b>	<b>Light Entertainment/Dramatic Entertainment Events</b>	<b>X</b>
Pre-Juvenile & below		Limited Beginner, Beginner, No Test	
Juvenile - Novice		Pre-Preliminary	
Junior & Senior		Preliminary	
Teen & Young Adult		Pre-Juvenile	
Adult		Juvenile	
		Teen	
		Intermediate	
		Young Adult	
		Novice	
		Junior	
		Senior	

**BASIC SKILLS EVENTS:**

<b>Basic Elements Events (no music)</b>	<b>X</b>	<b>Basic Program Events (with music)</b>	<b>X</b>
Snowplow Sam 1-3		Snowplow Sam 1-3	
Basic Skills 1		Basic Skills 1	
Basic Skills 2		Basic Skills 2	
Basic Skills 3		Basic Skills 3	
Basic Skills 4		Basic Skills 4	
Basic Skills 5		Basic Skills 5	
Basic Skills 6		Basic Skills 6	
Basic Skills 7		Basic Skills 7	
Basic Skills 8		Basic Skills 8	



**Entry Fees payable to Lansing Skating Club** (includes DVD of each event)

First Event (IJS/6.0/Dance): <b>\$95</b>	\$ _____
Second Event: <b>\$50</b>	\$ _____
Each Additional Event: <b>\$25</b>	\$ _____
First Basic Skills Event: <b>\$50</b>	\$ _____
Each Additional Basic Skills Event: <b>\$25</b>	\$ _____
Paper entry fee: <b>\$15</b>	\$ _____
Late entry fee: <b>\$20</b>	\$ _____
<b>TOTAL</b>	<b>\$ _____</b>

Online entries must be completed by **February 14, 2015** with voucher forms and payment mailed within 48 hours of registration. Paper entry forms with fees must be postmarked by February 14. **ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELED.** There is a \$35 service fee for all returned checks.

Mail forms and fees to:  
**Lansing Skating Club**  
**c/o Mo Parisian**  
**2810 Hannah Blvd.**  
**East Lansing, MI 48823**

**Certification of Competitor:** The Competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Lansing Skating Club, its Board of Governors and volunteers, and Suburban Ice East Lansing and its agents harmless from any and all liability either during practice or the competition, or while on the property, and from any and all liability for damages to or loss of property.

The Coach has verified that the skater is entered in the correct level and events.

The Club Officer has verified that the skater is a member in good standing.

Parent/Guardian Signature _____	Date _____
Competitor Signature _____	Date _____
Coach Signature _____	Date _____
Club Officer Signature _____	Date _____





Date Received: \_\_\_\_\_

/ Session Requested: \_\_\_\_\_



## Lansing Skating Club Test Application

Name: \_\_\_\_\_ M/F: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ USFS #: \_\_\_\_\_

LSC Member ? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_ Home Club: \_\_\_\_\_

*\*Non-LSC members must pay Out of Club fee of \$25 per test session and have written permission from Home Test Chair*Dancers specify: \_\_\_\_\_ Solo: \_\_\_\_\_ Adult: \_\_\_\_\_ Masters: \_\_\_\_\_ Test Completes Series: \_\_\_\_\_  
Name of partner yes/no check yes/no

Dance	Price	Free Dance	Field Moves	Adult Moves	Adult Freeskate	Pairs (Per Tester)	Freeskate
<b>Preliminary</b>	<b>\$20 Each</b>	Juvenile \$25.00	Pre-Preliminary \$25.00	Pre-Bronze \$40.00	Pre-Bronze \$25.00	Preliminary \$20.00	Pre-Preliminary \$20.00
Dutch Waltz		Intermediate \$30.00	Preliminary \$35.00	Bronze \$45.00	Bronze \$35.00	Preliminary \$25.00	Preliminary \$25.00
Canasta Tango		Novice \$35.00	Pre-Juvenile \$40.00	Silver \$50.00	Silver \$45.00	Pre-Juvenile \$30.00	Pre-Juvenile \$30.00
Rhythm Blues		Junior \$40.00	Juvenile \$40.00	Junior \$55.00	Junior \$50.00	Juvenile \$35.00	Juvenile \$35.00
		Senior \$50.00	Intermediate \$45.00	Gold \$60.00	Gold \$55.00	Intermediate \$40.00	Intermediate \$40.00
<b>Pre-Bronze</b>	<b>\$25 Each</b>					Novice \$45.00	Novice \$45.00
Swing Dance						Junior \$50.00	Junior \$50.00
Cha Cha						Senior \$55.00	Senior \$55.00
Fiesta Tango							
<b>Bronze</b>	<b>\$25 Each</b>						
Hickory Hoedown							
Willow Waltz							
Ten Fox							
<b>Pre-Silver</b>	<b>\$30 Each</b>						
14 Step							
European Waltz							
Foxtrot							
<b>Silver</b>	<b>\$35 Each</b>						
American Waltz							
Harris Tango							
Rocker Foxtrot							
<b>Pre-Gold</b>	<b>\$35 Each</b>						
Killian							
Blues							
Paso Doble							
<b>Gold/International</b>	<b>\$40 Each</b>						
1. _____		Preliminary \$20.00					
2. _____		Juvenile \$25.00					
3. _____		Intermediate \$30.00					
4. _____		Novice \$35.00					
		Junior \$40.00					
		Senior \$50.00					

### Fee Total Calculation

Total for all tests \_\_\_\_\_

Judge's Fee \$10.00\*Out of Club Fee \_\_\_\_\_  
\$25.00

Total Enclosed \_\_\_\_\_

Check Number \_\_\_\_\_

Make checks payable to LSC

Coach Signature: \_\_\_\_\_ Skater Signature: \_\_\_\_\_

Parent/Guardian Signature (if skater is under 18 yrs. of age): \_\_\_\_\_ Date: \_\_\_\_\_