

2015 High School Final Competition



OBM Arena operated by Iceland USA
15381 Royalton Rd
Strongsville, Ohio 44136

Hosted by Greater Cleveland Council of Figure
Skating Clubs
April 17-19, 2015

www.clevelandskating.com





2014-15 HIGH SCHOOL FINAL COMPETITION

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The High School Final competition will run in accordance to the 2014-15 U.S. Figure Skating High School competition Handbook and Technical Rulebook document found on the High School Programs page, as well as being conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook and any pertinent updates which have been posted on the U.S. Figure Skating website. This announcement and the High School Competition Handbook and Technical Rulebook will take precedence if there is a conflict with the U.S. Figure Skating Rulebook.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

HIGH SCHOOL COMPETITION INFORMATION, RULES, ELIGIBILITY AND TEST LEVEL SPECIFICS:

High School competitions are run as U.S. Figure Skating, sanctioned nonqualifying competitions.

Athletes participating in these events are considered to be student-athletes. Their education is of the highest priority, and in all decision making matters, the Program Development Committee and the LOC have a responsibility to minimize the days missed from school.

Test level: Athletes must enter at the highest test level passed or may "skate up" one level. Highest test passed is as of March 9, 2015. (It is permissible for an athlete to enter the free skate and short program at different levels if "skating up" qualifies them for both). Competition level is the highest test passed in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Dance: Athletes may skate up one level, with the exception of international.

Team maneuver: Athletes may "skate up" to any level they desire, but they may not compete on a team at a lower level than the highest level they have passed.

ENTRIES: All registration will be online through Entryeze. The registration deadline is 11:59pm Monday, March 9, 2015.

- All singles events are \$125 for the first event and \$60 for each additional event.
- Team maneuver events are \$185 per team, practice ice for the team is included.

Checks returned for any reason will carry a \$30.00 handling charge and no refunds will be made unless the event is eliminated by the LOC or chief referee.

Late entries will not be accepted.

If you incorrectly choose an event that results in the event needing to be changed, you will be assessed a \$20 change of event fee per changed event.

The Greater Cleveland Council of Figure Skating Clubs and Competition Chairpersons reserves the right to limit the number of entries, eliminate events due to insufficient

entries, and combine or divide groups as necessary.

Each skater will receive one complimentary chaperone credential, one competitor credential and one coach credential. Coach credentials will only be given to U.S. Figure Skating compliant coaches and must be picked up by the coach only.

All High School Teams participating in high school competitions must register with U.S. Figure Skating by filling out the **School Affiliated Club (SAC) Membership and Team Registration Form** and paying required annual membership dues by February 28, 2015. This application can be found on the High School Programs webpage at <http://www.usfigureskating.org/Programs.asp?id=67> and in the High School Competition Handbook. Teams are required to submit a copy of their SAC application or SAC Certificate for proof of membership to nrksk8@netscape.net by March 9, 2015.

REFUND POLICY: Entry fees will not be refunded after March 9, 2015 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$35 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available through Entryeeze and at www.clevelandskating.com.

FACILITIES: The competition will be held at OBM Arena operated by Iceland USA at 15381 Royalton Rd, Strongsville, Ohio 44136. OBM Arena contact information is 440-268-2800 and www.icelandusa.info. There are two ice surfaces (East rink and West rink) and both rinks are 200' x 85'. Dressing rooms, concession stand, pro shop and lobby will be available in the arena. Free parking is available. No outside food or drink. The Holiday Inn is our host hotel and is behind the arena within walking distance.

MUSIC: CDs are the only acceptable media. Music for free skate may have vocals and should have at least one change of tempo (speed). Music for short program may have vocals. The competitor's program must be the only music on the CD and it must start at the beginning.

Music should be clearly marked with the athlete's name, high school name and event. Music must be turned into the registration desk one hour before the event. Skaters are responsible for bringing a back-up copy.

LIABILITY: U.S. Figure Skating, Greater Cleveland Council of Figure Skating Clubs and OBM Arena operated by Iceland USA accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The 6.0 Majority judging system will be used for all events and levels at High School competitions. The ISU judging system will not be used.

REGISTRATION DESK: Competition registration will begin one hour prior to the first practice ice or event of the day and run through the last event of the day. The registration desk will be located in the lobby. Please register promptly upon arrival.

PRACTICE ICE: Practice ice will be available once the schedule is complete. Practice ice will be available for purchase through Entryeeze and walk on available for purchase at the registration desk at OBM Arena. No music will be played during practice ice. Once the schedule is complete an email will be sent to all registrants with more details regarding practice ice.

PHOTOGRAPHY/VIDEOGRAPHY: ProEvent Photo will be the official photographer and videographer.

AWARDS: Medals will be awarded to places 1 – 3 in each event. Awards will be presented immediately following the posting of the results.

Admission: All event tickets are available for \$10. Daily tickets can be purchased for \$5 per day. Children 10 years of age and under are free. Tickets can be purchased through Entryeeze and at the registration desk.

OFFICIAL NOTICES: An official bulletin board will be maintained in the lobby. It is the responsibility of each competitor, parent, team and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters and teams are requested to arrive at least 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

Competitors Party: All skaters are invited to attend the competitors party that will be held following events and practice ice on Saturday evening. The party will be on the ice with a DJ and offer snacks, water and soda. Tickets to the competitors party are \$15 per person. Tickets can be purchased online through Entryeeze and at the registration desk.

CONTACT INFO: If you have questions, please contact Nicky Kopenhagen, Competition co-chair at nrksk8@netscape.net. www.clevelandskating.com will have information as well.

ADDITIONAL INFORMATION:

Official Hotel:
Holiday Inn Cleveland-Strongsville
15471 Royalton Rd
Strongsville, Ohio 44136
440-238-8800
877-408-4913 reference HSN for the group block

Visit www.clevelandskating.com for additional hotel information

Cleveland Hopkins International Airport (CLE) is approximately 15 minutes from OBM Arena. The Holiday Inn Cleveland-Strongsville offers complimentary shuttle service from Cleveland Hopkins International Airport.

EVENTS OFFERED:

Team maneuvers:	Low, Intermediate and High
Free skate:	Beginner, high beginner, no test, pre-preliminary, preliminary, pre-juvenile, juvenile, intermediate, novice, junior, junior championship, senior and senior championship
Short program:	Intermediate, novice, junior and senior
Solo dance:	Preliminary, juvenile, intermediate, novice, junior, senior, gold, international
Moves In The Field:	Pre-preliminary, preliminary, pre-juvenile, juvenile, intermediate, novice, junior and senior

HIGH SCHOOL TEAM COMPETITION RULES, ELIGIBILITY & ENTRY RESTRICTIONS

Each athlete may participate in a maximum of five competitive events, but not more than one of each of the following: one free skate, one short program or one compulsory, one team maneuver and two solo dances. Host clubs reserve the right to eliminate events if necessary to accommodate the amount of ice time available.

Each participating high school may have a maximum of 35 starts, including individual events and team maneuvers. Further, each high school may have no more than five entries in any of the senior events and no more than three entries in any other individual event. *(Championships events are considered separate events. Therefore, a high school could enter 5 athletes in senior free skate, 5 in senior championship free skate and 5 in senior short program, for a total of 15 starts in senior singles events).* Men's and ladies' events in singles free skating will be separate events, but men and ladies may compete in the same event in solo dance. Championship junior and senior events may be combined with the standard free skate events, at the discretion of the referee, and only in the event of a single entry in one of the categories.

ELIGIBILITY TO COMPETE:

1. Athletes must be eligible members in good standing of U.S. Figure Skating, and may be members of the figure skating club of their choice or be individual members of U.S. Figure Skating.
2. Competitors must be currently enrolled in a high school as a full-time student, as defined by the institution that they attend. This includes both traditional and home school students.
3. Athletes may compete either for the high school they are attending, or for area high school team in their district

- A minimum of two (2) skaters are required to form a team.

WARM-UP GROUPS:

Warm-up groups for events will be posted at the start of the competition, but are subject to change up to 15 minutes prior to the start of an event, due to withdrawals.

RESPONSIBILITY OF THE PARTICIPATING TEAMS:

It is each participating team's responsibility to review the competition schedule for accuracy within 72 hours of receipt, and notify the competition chair of any errors. Please ensure you have selected the correct events when registering. If you incorrectly choose an event that results in the event needing to be changed, you will be assessed a \$20 change of event fee per changed event.

GROUP SIZE:

No group will consist of more than 14 skaters. If more than 14 skaters are entered into one level then the skaters will be split as evenly as possible into as many groups as are necessary to keep each group no larger than 14 skaters.

QUALIFICATION FOR THE HIGH SCHOOL FINAL COMPETITION

Any registered High School team with current School-Affiliated Club membership is eligible to enter the 2015 High School Final Competition.

TEAM MANEUVERS EVENT:



High School Final Competition

EVENT: TEAM MANEUVERS EVENT

General event parameters:

- Team maneuver events consist of teams of at least 2 athletes (any mix of male and female) from the same high school or combined schools with no one skater performing more than half of the total number of elements.

Note:

- If a team has one athlete perform more than half of the elements, anything over half of the elements performed by that athlete will receive no credit.
 - If a competitor performs an element higher than that listed, that element will receive no credit. For example, if the element specified is a Salchow jump and the competitor performs a double Salchow jump, no credit is given for this element.
- Each high school may enter only one team in each competitive level.
 - An athlete may compete for only one team. Athletes may "skate up" to any level they desire, but they may not compete on a team at a lower level than the highest test they have passed.

Level	Jumps	Spins	Step or Moves in the Field Sequence
HIGH TEAM (Level A) Junior & Senior (no test restrictions)	a) Single Axel or double Axel b) Double jump – either double loop, double flip or double Lutz c) Combination Jump – consisting of two double jumps or a triple jump and a double jump d) Double or triple Lutz immediately preceded by footwork.	a) Solo spin of choice (min 8 revs in position) b) Camel Spin (min 8 revs) c) Flying Spin – Any entry and may include change of position (minimum 8 revs in position) d) Combination spin – with only 1 change of foot, at least 1 change of position, a minimum 6 revolutions per foot AND 2 revolutions	a) Choreographic Sequence –See Rule 4105 for description b) Forward loops (novice MIF) c) Ina bauer or spread eagle d) Junior or Senior Moves in the Field element of choice

			in position	
<p>INTERMEDIATE TEAM (Level B) Juvenile - Novice</p> <p>Skaters may not have passed higher than novice free skate test)</p>	<p>a) Single Axel b) Single or double loop c) Combination jump - consisting of a double jump and a single jump or two double jumps d) Double loop, flip or Lutz immediately preceded by connecting steps or other free skating movements</p>	<p>a) Solo spin (sit, camel, layback or cross foot spin (min. 5 revs) b) Forward scratch spin (min 5 revs) c) Back spin (min 5 revs) d) Combination spin – with only 1 change of foot, a min. of 1 change of position, a minimum of 5 revolutions per foot AND minimum of 2 revolutions in position</p>	<p>a) Choreographic Step Sequence – See Rule 4105 for description b) Ina bauer or spread eagle c) Juvenile Moves in the Field element of choice d) Novice Moves in the Field element of choice</p>	
<p>LOW TEAM (Level C) Beginner – Pre-Juvenile</p> <p>(May not have passed higher than pre-juvenile free skate test)</p>	<p>a) Single Salchow jump b) Single toe loop jump c) Waltz jump-toe loop combination d) Single jump, may include Axel</p>	<p>a) Upright spin (optional free foot position, may change foot, min. 3 revs) b) Sit spin (min 3 revs) c) Back upright spin (min 3 revs) d) Combination spin – camel to sit spin (no change of foot, minimum of 6 revs total)</p>	<p>a) Step Sequence – See Rule 4105 for description b) Forward spiral c) Preliminary Moves in the Field element of choice d) Pre-Juv MIF Moves in the Field element of choice</p>	

The event will be judged on a team basis. Athletes will have a general warm-up of STROKING ONLY for 2 minutes. There will also be individual warm-ups for each element for 1 minute. Teams will be assigned a place to line up along the barrier, and must remain on the ice for their entire event. Elements will be skated one-at-a-time, and the announcer will call the representative from each team when it is his or her turn to perform the prescribed element.

FREE SKATE EVENT:



High School Final Competition

EVENT: Free Skate Events

General event parameters:

- High School competitions will follow the 2014-15 nonqualifying competition "test track" format, where jump elements are restricted based on the required elements in the equivalent U.S. Figure Skating free skating test. Junior and senior will offer a "championship" free skate event where the standard well-balanced competition program rules will apply and jumps are not restricted.
- Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • Jumps with not more than one-half rotation 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • Two upright spins, no change of foot, no 	Connecting moves and steps should be demonstrated	Skaters may not have passed tests

	<p>(front to back or back to front)</p> <ul style="list-style-type: none"> • Max 2 jump sequences • Max 2 of any same jump 	<p>flying entry (Min 3 revolutions)</p>	<p>throughout the program.</p>	<p>higher than U.S. Figure Skating Basic Skills free skating badge tests</p>
<p>High Beginner</p> <p>1:40 Maximum</p>	<p>Max 5 jump elements:</p> <ul style="list-style-type: none"> • Jumps with not more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only • Max 2 jump combinations or sequences • Max 2 of any same type jump 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min 3 revolutions) 	<p>Connecting moves and steps should be demonstrated throughout the program.</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests</p>
<p>No-Test</p> <p>1:40 Maximum</p>	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> • Single jumps, with the exception of the single Axel, are allowed • Maximum of 2 jump combinations or sequences • Jump combinations limited to 2 jumps • Jump sequences limited to a maximum of 3 single jumps (half-loop is not considered a single jump at this level and may be performed without counting toward jump limit) <p>No single Axels, double jumps or triple jumps</p>	<p>Max. 2 spins:</p> <ul style="list-style-type: none"> • Spins may change feet and/or position • Spins may start with a fly • Minimum 3 revs. • Spins must be of a different character (For definition see rule 4103E) 	<ul style="list-style-type: none"> • Step sequence* • Must use one-half the ice surface • Moves in the field and spiral sequences are permitted but will not be counted as elements. • Jumps may be included in the step sequence 	
<p>Pre-Preliminary</p> <p>1:40 maximum</p>	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> • Jumps with not more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow, toe loop and loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions) 	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test</p>
<p>Preliminary</p> <p>1:30 +/- 10 sec.</p>	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). 	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> • One spin in one position; no change of foot, no flying 	<p>Connecting moves and steps should be demonstrated</p>	<p>Skaters must have passed at least the</p>

	<ul style="list-style-type: none"> Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p>entry. (Min. 3 revolutions)</p> <ul style="list-style-type: none"> One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	throughout the program	U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One spin in one position, no change of foot (Min. 3 revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Juvenile 2:15 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) <i>Only solo spin may fly</i> 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate 2:30 +/- 10 sec.	<p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	<p><i>Maximum of 7 jump elements for men and 6 for ladies:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double 	<p><i>Maximum of 3 spins, of a different nature:</i></p> <ul style="list-style-type: none"> One must be a combination spin with at least one change of foot and at least one 	One step sequence or spiral sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating

	<ul style="list-style-type: none"> loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<ul style="list-style-type: none"> change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly 	(see rule 4104 & 4105 for remarks)	intermediate free skate test but may not have passed tests higher than novice free skate test
<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec.</p> <p>Men: 4:00 +/- 10 sec.</p>	<p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) 	<p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for remarks)</p>	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
<p>Junior Championship</p> <p>Ladies: 3:30 +/-:10 sec</p> <p>Men: 4:00 +/- :10 sec</p>	Well-balanced program requirements per Rule 4210	Well-balanced program requirements per Rule 4210	Well-balanced program requirements per Rule 4210	Skaters must have passed at least the U.S. Figure Skating novice free skate test
<p>Senior</p> <p>Ladies: 4:00 +/- 10 sec.</p> <p>Men: 4:30 +/- 10 sec.</p>	<p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> Any single jumps. Must include at least four different double jumps, one must be a double Lutz. Triple jumps are not permitted Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	<p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	<p>Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)</p> <p>Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)</p>	Skaters must have passed at least the U.S. Figure Skating junior free skate test
<p>Senior Championship</p> <p>Ladies: 4:10 MAX</p> <p>Men: 4:40 MAX</p>	Well-balanced program requirements per Rule 4200	Well-balanced program requirements per Rule 4200	Well-balanced program requirements per Rule 4200	Skaters must have passed at least the U.S. Figure Skating junior free skate test

SHORT PROGRAM EVENT:



High School Final Competition

EVENT: Short Program Events

General event parameters:

1. The short program consists of required elements with connecting steps, as prescribed by the 2014-15 Rulebook.
2. Program duration is maximum. There is no penalty for skating less music.
3. As with free skates, athletes may skate up one level from their highest test passed.
4. The short program events listed below will be skated.
5. The Rules will be in accordance to the current U.S. Figure Skating rulebook, except for where noted below.
6. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

Level	Jumps	Spins	Step Sequences
Intermediate Ladies and Men 2:00 max.	<ul style="list-style-type: none"> • <i>Axel or double Axel</i> • <i>Double or Triple Jump, immediately preceded by connecting steps</i> - May not repeat double Axel - May not be a Triple if Triple is in Combo • <i>Jump Combination: Single/Double, Double/Double, Single/Triple, or Double/Triple</i> - May not repeat Axel jump performed or solo jump 	<ul style="list-style-type: none"> • <i>Spin: Only one position</i> <ul style="list-style-type: none"> - No change of foot - May start with a fly - Min. 5 revs. • <i>Spin Combination</i> <ul style="list-style-type: none"> - With only 1 change of foot and minimum 1 change of position - 2 revs. required for position to count - No flying entry - Min. 5 revs. each foot 	<ul style="list-style-type: none"> • <i>Choreographic Step Sequence</i> <ul style="list-style-type: none"> - Fully utilizing the ice surface
Novice Ladies 2: 30 max.	<ul style="list-style-type: none"> • <i>Axel or double Axel</i> • <i>Double or Triple Jump, immediately preceded by connecting steps</i> - May not repeat double Axel • <i>Jump Combination: Double/Double or Double/Triple</i> - May not repeat Double Axel or solo jump 	<ul style="list-style-type: none"> • <i>Layback or Sideways Leaning Spin</i> <ul style="list-style-type: none"> - No change of foot - No flying entry - Min. 6 revs. • <i>Spin Combination</i> <ul style="list-style-type: none"> - With only 1 change of foot - No flying entry - Min. 5 revs each foot - 2 revs. req. for position to count 	<ul style="list-style-type: none"> • <i>Leveled Step Sequence</i> <ul style="list-style-type: none"> - Fully utilizing the ice surface
Novice Men 2: 30 max.	<ul style="list-style-type: none"> • <i>Axel or double Axel</i> • <i>Double or Triple Jump, immediately preceded by connecting steps</i> - May not repeat double Axel • <i>Jump Combination: Double/Double or Double/Triple</i> - May not repeat Double Axel or solo jump 	<ul style="list-style-type: none"> • <i>Camel or Sit Spin</i> <ul style="list-style-type: none"> - With only 1 change of foot - No change of position - Min. 5 revs each foot • <i>Spin Combination</i> <ul style="list-style-type: none"> - With only 1 change of foot - No flying entry - Min. 5 revs each foot - 2 revs req. for position to count 	<ul style="list-style-type: none"> • <i>Leveled Step Sequence</i> <ul style="list-style-type: none"> - Fully utilizing the ice surface
Junior Ladies 2:50 max.	<ul style="list-style-type: none"> • <i>Single or Double Axel</i> • <i>Double or Triple Lutz, immediately preceded by</i> 	<ul style="list-style-type: none"> • <i>Flying Camel spin</i> <ul style="list-style-type: none"> - Camel position must be attained in the air 	<ul style="list-style-type: none"> • <i>Leveled Step Sequence</i>

	<ul style="list-style-type: none"> connecting steps or free skating movements • Jump Combination: Double/Double, Double/Triple or Triple/Triple - May not repeat Double Axel or solo jump 	<ul style="list-style-type: none"> - Min. 8 revs. • Layback or sideways leaning spin <ul style="list-style-type: none"> - No flying entry - Min. 8 revs. each foot • Spin Combination <ul style="list-style-type: none"> - With only 1 change of foot - No flying entry - Min. 6 revs each foot - Min. 2 revs in pos. 	<ul style="list-style-type: none"> - Fully utilizing the ice surface
<p>Junior Men</p> <p>2: 50 max.</p>	<ul style="list-style-type: none"> • Single, Double or Triple Axel • Double or Triple Lutz, immediately preceded by connecting steps or free skating movements • Jump Combination: Double/Double, Double/Triple or Triple/Triple - May not repeat Double Axel or solo jump 	<ul style="list-style-type: none"> • Flying Camel spin <ul style="list-style-type: none"> - Camel position must be attained in the air - Min. 8 revs. • Sit Spin <ul style="list-style-type: none"> - With only 1 change of foot - No flying entry - Min. 6 revs each foot. • Spin Combination <ul style="list-style-type: none"> - With only 1 change of foot - No flying entry - Min. 6 revs each foot - Min 2 revs each position 	<ul style="list-style-type: none"> • Leveled Step Sequence - Fully utilizing the ice surface
<p>Senior ladies</p> <p>2:50 max.</p>	<ul style="list-style-type: none"> • Single, Double or Triple Axel • Any Double or Triple jump, immediately preceded by connecting steps or free skating movements - May not repeat Triple Axel • Jump Combination: Double/Double, Double/Triple or Triple/Triple - May not repeat Axel jump performed or solo jump 	<ul style="list-style-type: none"> • Flying spin <ul style="list-style-type: none"> - Landing position different than layback / sideways leaning spin - Min. 8 revs. • Sit spin <ul style="list-style-type: none"> - With only 1 change of foot - No flying entry - Min. 6 revs each foot • Spin Combination <ul style="list-style-type: none"> - With only 1 change of foot - No flying entry - Min. 6 revs each foot - Min. 2 revs in pos. 	<ul style="list-style-type: none"> • Leveled Step Sequence - Fully utilizing the ice surface
<p>Senior Men</p> <p>2:50 max.</p>	<ul style="list-style-type: none"> • Single, Double or Triple Axel • Any Double, Triple or Quad jump, immediately preceded by connecting steps or free skating movements - May not repeat Triple Axel • Jump Combination: Double/Double, Double/Triple, Triple/Triple, Quad/Double or Quad/Triple - May not repeat Axel jump performed or solo jump 	<ul style="list-style-type: none"> • Flying spin <ul style="list-style-type: none"> - Landing position different than spin in 1 position - Min 8 revs • Camel or Sit spin <ul style="list-style-type: none"> - With only 1 change of foot - No flying entry - Min. 6 revs each foot • Spin Combination <ul style="list-style-type: none"> - With only 1 change of foot - No flying entry - Min. 6 revs each foot - Min. 2 revs in position 	<ul style="list-style-type: none"> • Leveled Step Sequence - Fully utilizing the ice surface

SOLO PATTERN DANCE EVENT:



High School Final Competition

EVENT: Solo Pattern Dance

General event parameters:

1. Levels are based upon the skaters' highest pattern dance test passed.
2. The dances performed at the High School Final competition are listed below.

High School Final Competition
High School Final: Dance #1 will be skated

Solo dance levels, test requirements and dances to be skated:

Passing a dance test refers to having passed all of the dances at a particular level. Athletes may compete at their highest test passed, or one level higher, with the exception of the international level. Athletes must have passed a minimum of their gold test to compete at that level. Athletes who have not passed any dance tests may compete in preliminary.

Level	Skater must have passed the following dance test:	Dances to be skated
Preliminary	Preliminary dance test	1. Dutch Waltz*
Juvenile	Pre-bronze dance test	1. Fiesta Tango
Intermediate	Bronze dance test	1. Willow Waltz *
Novice	Pre-silver dance test	1. Foxtrot
Junior	Silver dance test	1. Rocker Foxtrot *
Senior	Pre-gold test	1. Paso Doble
Gold	Gold test dance test	1. Argentine Tango *
International	Gold or international	1. Rhumba *

Notes on the conduct of the competition:

Dance events that are starred (*) above may be double-paneled at the discretion of the referee.

Ladies will skate the ladies steps and men will skate the men's steps, no exceptions.

Athletes will perform two (2) patterns of each dance except the following: 14- Step, Killian and Quickstep, the skaters will perform three (3) patterns of those dances. All athletes should start their patterns facing the judges unless otherwise directed to by the referee

MOVES IN THE FIELD TO MUSIC EVENT:



High School Final Competition

EVENT: MOVES IN THE FIELD TO MUSIC

General event parameters:

- Each level will skate a program consisting of specified moves in the field elements skated to music of the skater's choice.
- Each program must contain the specified moves within the required time duration.
 - Note: The time duration is maximum time – no deduction will be given for being under the specified time.
- The moves may be skated in any order.
- Music may be vocal or instrumental.
- Skaters must wear all black skating attire or costume
- This will be judged on the 6.0 system.
- Skaters receive two marks.
 - The technical mark will be based on the focuses of the specified moves. Difficulty of transitional elements will not be rewarded in the technical mark.
 - The presentation mark will be based on carriage, projection, style, ice coverage, phrasing of movements to music and creativity of transitional elements.

Level	Time	Required Elements
Pre – Preliminary	2:10 max.	<ol style="list-style-type: none"> 1. Forward perimeter stroking – Clockwise direction only 2. Backward inside consecutive edges 3. Forward left foot spiral 4. Waltz Eight
Preliminary	2:20 max.	<ol style="list-style-type: none"> 1. Forward and Backward Crossovers 2. Consecutive inside spirals 3. Forward power three-turns – Right foot only 4. Forward circle eight
Pre – Juvenile	2:20 max.	<ol style="list-style-type: none"> 1. Forward perimeter power stroking 2. RFO – LBI three-turns in the field 3. Backward power change of edge pulls 4. Five-step mohawk sequence
Juvenile	2:30 max.	<ol style="list-style-type: none"> 1. Forward power circle – Clockwise only 2. Backward power three-turns 3. Forward free skate cross strokes 4. Forward double three-turns – Outside only
Intermediate	2:50 max.	<ol style="list-style-type: none"> 1. Spiral sequence – First side only 2. RFO – LBI Brackets in the field sequence 3. Forward twizzles – Outside only 4. Inside slide chasse
Novice	3:00 max.	<ol style="list-style-type: none"> 1. Inside three-turns/rocker choctaws sequence 2. Forward and backward outside counters – Right only 3. Forward outside loops 4. Backward twizzles – Inside only
Junior	3:15 max.	<ol style="list-style-type: none"> 1. Outside rocker – Right only 2. Power pulls – Left foot only 3. Choctaw sequence – R – L – R 4. Backward loop sequence – Outside only 5. Straight line step sequence – Right foot start only
Senior	3:30 max.	<ol style="list-style-type: none"> 1. Sustained edge step – Clockwise only 2. Spiral step – Right foot start and side only 3. BO power double three-turns to double inside rockers – Left foot only 4. BI power double three-turns to power double outside rockers – Right foot only 5. Serpentine step sequence – Counterclockwise only

CONTACT INFORMATION

Nicky Kappenhagen – Competition co-chair

Nrksk8@netscape.net

www.clevelandskating.com

Chief Referee: Hannelore Murphy

National Vice Chair, School Programs, U.S. Figure Skating Program Development Committee:

Dorothy Tank:

E-mail: datank7@gmail.com

Phone: (313) 386-7936

Chair, Program Development Committee:

Mary-Elizabeth Wightman

E-mail: marye81@mac.com

Director, Skating Programs - U.S. Figure Skating:

Brenda Glidewell

E-mail: bglidewell@usfigureskating.org

Phone: (719) 635-5200 ext. 436