

# SCOTT HAMILTON SKATING ACADEMY



Presents

## *“DREAMS BEGIN HERE” In-house Basic Skills Competition*

April 4, 2015

Ford Ice Center  
5264 Hickory Hollow Parkway, Antioch, TN 37013

**Deadline: March 20, 2015**

*Sanctioned by:*



Registrar:

Paula Trujillo – Associate Director Scott Hamilton Skating Academy  
[Paula@scotthamiltonacademy.com](mailto:Paula@scotthamiltonacademy.com)

Scott Hamilton Skating Academy invites you to

## **DREAMS BEGIN HERE**

### **Basic Skills In-house Competition**

Register by March 20<sup>th</sup>, 2015

**Competition** will be held Saturday, April 5th. Competition for all levels, Basic Skills, and Adult, as governed by United States Figure Skating in the 2014 Basic Skills Competition Manual and USFS Rule 2014 Rule Book. This competition is sanctioned by US Figure Skating. This is an in-house only competition open to all current Scott Hamilton Skating Academy Membership and has also been approved by the US Figure Skating Basic Skills Committee, also accepted are USFS Members belonging to Music City FSC that wish to do exhibition of competitive programs during this event. This competition will be governed by the **current** US Figure Skating Rulebook except as modified by this announcement and US Figure Skating Rulebook errata as posted on the US Figure Skating website.

**Rink:** The competition is being held at the Ford Ice Center located at 5264 Hickory Hollow Parkway, Antioch, TN 37013. The rink is 85'x 200' with rounded corners.

**Eligibility:** Eligibility for entries is determined by tests passed and age as of **March 20, 2015**. Adult competitors must be age 18 or over. Skaters may enter up one level higher than the event level for which the skater qualifies by test but may not enter an event below their test level.

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating (Exhibitions only) To be eligible, skaters must have submitted a membership application or be a member in good standing.

Eligibility will be based on skill level as of closing date of entries. All **Snowplow Sam and Basic Skills 1-8** skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the **Free skate 1-6, and Well Balanced levels**, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

**Events:** The events include: Basic Skills Elements, Basic Skills with Music, Basic Skills Showcase, Compulsory Moves, Freestyle, Showcase Light Entertainment, Showcase Dramatic, Showcase Duets and Shoot the Duck. Two entries are considered an event. The referee may divide events with too many entries. Decisions by the referee on all matters will be final. The 6.0 scoring system will be used for all events. Single entries will be given first place (rule 1465). All skaters may skate up one level from their current tested level in all events, unless otherwise stated.

**Fees:** The entry fee for all events is \$35 for the First Event and \$10 for the Second Event. There is a late fee of \$20.00 that will be charged for entries not received by March 20, 2015. **Make checks payable to: Ford Ice Center** A fee of \$25.00 will be charged for a returned check.

**Officials for all events:** Non-certified judges may be used as a majority on the panel.

**Refunds:** will be issued in accordance with Rule 3235 of the US Figure Skating Rulebook and only if the event is not held. All refunds, if applicable, will be mailed within 30 days after the completion of the competition.

**Entries:** Registration is online only and can be found at the following link: [Don Korte's website \(I still need to get the info here\)](#). Entry forms must be filled out completely by the applicant, parent, skating director or club officer. **Entries must be completed online by March 20<sup>th</sup>, 2015.** **Entries after March 20 may be accepted at the referee's discretion and will be subject to a \$25.00 late entry fee.**

**Registration:** The registration desk will be located in the lobby of the rink and will be open at all times during the competition and during practice ice. All competitors are required to register as soon as possible after arrival at the rink and be ready to skate 45 minutes before the posted starting time for the competitor's event. Competition CD's must be turned in at time of registration.

**Admission:** All events are open to spectators, no admission will be charged. Invite your family and friends to come and see what you have been working on!

**Practice Ice:** Practice ice will be on April 4<sup>th</sup>, 2015 at 9:15am. Each session will last 30 minutes and cost \$12.00 in advance or \$15.00 walk-on, if space is available. CD's will be played one time through only, during practice ice, first come, first served based on date of receipt of practice ice request. Practice ice money is non-refundable. Practice Ice will be available for purchase on online registration site.

**Music:** Music must be on a CD (no CD-RW's), labeled with skater or group name, the event, and the title of the music. Each event requires a separate CD. Music must start at the first track on the CD. Competition CD's must be turned in at registration. They will be available for pickup at the registration desk after the event. Competitors should also bring a backup CD. SHSA bears no responsibility for breakage or loss.

**Judging System:** The 6.0 closed system of judging will be used for all events.

**Awards:** Awards will be given immediately after the results from each event are posted. First, second, third and fourth place medals will be awarded. Participation awards will be given to all others in each event.

**General:** The Referee and Competition committee reserve the right to combine Ladies and Men events where permitted by current U.S. FIGURE SKATING Rulebook.

**Happy Ads:** Available by turning in the attached form and payment prior March 20, 2015

**Official Notices:** An Official Bulletin Board will be maintained in the lobby of the rink. All official announcements and schedules will be posted thereon. The starting time of each event will be posted on the bulletin board and this schedule will supersede all other schedules. Notices posted on the board are considered as sufficient notice to all competitors. Skaters are to be in the rink and ready to skate 60 minutes prior to the scheduled beginning of their event.

**Coaches Registration/ Credentials:** In accordance with current rules, all coaches participating in this event must be registered with U.S. Figure Skating. For more information on the registration process, please visit [www.usfigureskating.org](http://www.usfigureskating.org). We will provide all registered coaches with a credential. Every coach in attendance will be required to check in at the registration table. *To receive a coach credential, the **designated coach MUST:***

***Have completed the coaches' registration process***

- ***Be a member of U.S. Figure Skating Basic Skills and/or USFS Club Membership***
- ***Be Category C CER Compliant for Basic Skills competitors and Category B CER Compliant for PrePre and above for exhibitions.***

*The credentials are marked with the individual's name and non-transferable. You must have credentials to enter the competition areas and the warm-up area. We strongly recommend that you also bring any registration confirmation materials. Coaches must wear their badge at all times when coaching skaters at rinkside of a sanctioned competition. Monitors will be instructed to ensure that anyone standing rinkside has their credential. Exceptions are made for coaches less than 18 years of age and for coaches with only Basic Skills students, however, these coaches must still present an ID and will be issued a credential.*

**Privacy Policy:** Information provided to the Scott Hamilton Skating Academy on the entry form is intended for internal use of the competition committee, chief referee, and chief accountant only. We will never intentionally disclose any personal information about you (such as, for example, your full name, street address, telephone number, or e-mail address) to any third party without having received your permission.

## **Showcase Dramatic Events**

Showcase Dramatic will be offered for the Beginner through Preliminary levels. Times and qualifications are the same as for Freestyle. Time for Basic Skills Snowplow to Basic 8 is one minute maximum and for Free skate 1-6 the time is 1:30 maximum. Times for Non-Test through Preliminary are the same as for that level of Freestyle. Dramatic feeling and presentation are stressed more than technical difficulty in this event. Vocal or instrumental music with a slow paced, serious, dramatic, or romantic theme should be used. Costumes are to be conservative and fit the theme of the performance. Judging will be based upon artistic quality to program. Technical elements are allowed, but will not be judged. Men and Ladies may compete against each other at the same level. Non-certified judges may be used as a majority on the panel. Skaters will receive one mark from each judge for presentation.

## **Showcase Light Entertainment Events**

Showcase Light events will be offered for the Basic Skills through Preliminary levels. Qualifications are the same as for Freestyle or Basic Skills Elements. Time for Basic Skills Snowplow to Basic 8 is one minute maximum and for Free skate 1-6 the time is 1:30 maximum. Times for Non-Test through Preliminary are the same as for that level of Freestyle. Vocal or instrumental music with an upbeat, comedy, or entertaining theme is to be used. Costumes and props that fit the category and performance are encouraged. Props must be carried on and off the ice by the skater in no more than 30 seconds prior to and 30 seconds after the skater begins and ends their event. Technical elements are allowed, but will not be judged. Judging will be based on the entertainment appeal, originality, creativity, theatrical impression and interpretation of the music. Men and Ladies may compete against each other at the same level. Skaters will receive one mark for presentation from each judge. Non-certified judges may be used as a majority on the panel.

## **Duets Showcase**

Duets will consist of two skaters of any level. Props must be carried on and off the ice by the skaters in no more than 30 seconds prior to and 30 seconds after the skaters begin and end their event. The duet may include both men and women. Time for Basic Skills Snowplow to Basic 8 is one minute maximum and for Free skate 1-6 the time is 1:30 maximum. Times for Non-Test through Preliminary are the same as for that level of Freestyle. Duet will be placed at highest test passed by both Skaters. Each skater must register separately, indicate their partner's name on the registration form and pay the fee (\$35 for 1<sup>st</sup> event and \$10.00 for additional event). Non-certified judges may be used as a majority on the panel.

## **Shoot the Duck**

One event with competitors divided into groups by the referee. Skaters must also be registered for another event. Event is judged on distance with additional points for style. Levels may be combined

## EVENT: BASIC ELEMENTS EVENT (NO MUSIC): SNOWPLOW SAM – BASIC 8

Format choice of the host: Each skater will perform each element when directed by a judge or referee OR have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
- To be skated on 1/3 to 1/2 ice
- No music
- **Elements must be skated in the order listed**

Level	Time	Skating rules / standards
Snowplow Sam 1-3	1:00 max.	<ul style="list-style-type: none"> <li>• March followed by a two foot glide and dip</li> <li>• Forward two foot swizzles 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles 2-6 in a row</li> </ul>
Basic 1	1:00 max.	<ul style="list-style-type: none"> <li>• Forward two foot glide and dip</li> <li>• Forward two foot swizzles 6-8 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles 6-8 in a row</li> </ul>
Basic 2	1:00 max.	<ul style="list-style-type: none"> <li>• Forward one foot glide - either foot</li> <li>• Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two foot turn in place- forward to backward</li> <li>• Backward two foot swizzles 6 - 8 in a row</li> </ul>
Basic 3	1:00 max.	<ul style="list-style-type: none"> <li>• Forward stroking</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Backward one foot glide - either foot</li> <li>• Two foot spin – minimum three revolutions</li> </ul>
Basic 4	1:00 max.	<ul style="list-style-type: none"> <li>• Standstill forward outside three-turn - R &amp; L</li> <li>• Forward outside edge on a circle clockwise or counter clockwise</li> <li>• Forward crossovers 4-6 consecutive both directions</li> <li>• Backward stroking - 4-6 strokes</li> <li>• Backward snowplow stop - R or L</li> </ul>
Basic 5	1:00 max.	<ul style="list-style-type: none"> <li>• Backward outside edge on a circle clockwise or counterclockwise</li> <li>• Backward crossovers 4-6 consecutive - both directions</li> <li>• Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions</li> <li>• Side toe hop -either direction</li> <li>• Hockey stop</li> </ul>
Basic 6	1:00 max.	<ul style="list-style-type: none"> <li>• Standstill forward inside three-turn - R &amp; L</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line - R or L</li> <li>• Lunge - R or L</li> <li>• T-stop - R or L</li> </ul>
Basic 7	1:00 max.	<ul style="list-style-type: none"> <li>• Standstill forward inside open Mohawk - R to L and L to R</li> <li>• Ballet Jump - either direction</li> <li>• Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>• Forward inside pivot</li> </ul>
Basic 8	1:00 max.	<ul style="list-style-type: none"> <li>• Moving forward outside or forward inside three-turns R &amp; L</li> <li>• Waltz jump</li> <li>• Mazurka - either direction</li> <li>• Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>• Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position - minimum three revolutions</li> </ul>

## EVENT: BASIC PROGRAM EVENT WITH MUSIC: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level

Level	Time	Skating rules / standards
Snowplow Sam 1-3	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• March followed by a two foot glide and dip</li> <li>• Forward two foot swizzles 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles 2-6 in a row</li> </ul>
Basic 1	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Forward two foot glide and dip</li> <li>• Forward two foot swizzles 6-8 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles 6-8 in a row</li> </ul>
Basic 2	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Forward one foot glide - either foot</li> <li>• Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two foot turn in place- forward to backward</li> <li>• Backward two foot swizzles 6 - 8 in a row</li> </ul>
Basic 3	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Forward stroking</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Backward one foot glide - either foot</li> <li>• Two foot spin – minimum three revolutions</li> </ul>
Basic 4	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Standstill forward outside three-turn - R &amp; L</li> <li>• Forward crossovers 4-6 consecutive both directions</li> <li>• Backward stroking - 4-6 strokes</li> <li>• Backward snowplow stop - R or L</li> </ul>
Basic 5	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Backward crossovers 4-6 consecutive - both directions</li> <li>• Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions</li> <li>• Side toe hop -either direction</li> <li>• Hockey stop</li> </ul>
Basic 6	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Standstill forward inside three-turn - R &amp; L</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line - R or L</li> <li>• Lunge - R or L</li> <li>• T-stop - R or L</li> </ul>
Basic 7	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Standstill forward inside open Mohawk - R to L and L to R</li> <li>• Ballet Jump - either direction</li> <li>• Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>• Forward inside pivot</li> </ul>
Basic 8	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Moving forward outside or forward inside three-turns R &amp; L</li> <li>• Waltz jump</li> <li>• Mazurka - either direction</li> <li>• Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>• Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ul>

## EVENT: Free Skate 1-6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Level	Time	Skating rules / standards
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> <li>• Advanced forward stroking - 4-6 consecutive</li> <li>• Backward outside three-turns R &amp; L</li> <li>• One-foot upright scratch spin from backward crossovers-minimum three revolutions</li> <li>• Waltz jump from backward crossovers</li> <li>• Half flip jump</li> </ul>
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> <li>• Forward outside or inside spiral - R or L</li> <li>• Waltz Three's - R or L, 2-3 sets</li> <li>• Beginning back spin - entry optional – minimum two revolutions</li> <li>• Waltz jump, side toe hop, waltz jump sequence</li> <li>• Toe loop jump</li> </ul>
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> <li>• Forward crossovers in a figure 8</li> <li>• Backward inside three-turns, R &amp; L</li> <li>• Back spin- minimum three revolutions</li> <li>• Salchow jump</li> <li>• Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ul>
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets-R or L</li> <li>• Sit spin- minimum three revolutions</li> <li>• Loop jump</li> <li>• Waltz jump/loop jump combination</li> </ul>
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> <li>• Camel spin- minimum three revolutions</li> <li>• Forward upright spin to back upright spin- minimum three revolutions, each foot</li> <li>• Loop/loop jump combination</li> <li>• Flip jump</li> </ul>
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> <li>• Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6)</li> <li>• Camel, sit spin combination - minimum of four revolutions total</li> <li>• Split jump or stag jump</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Lutz jump</li> </ul>



**EVENT: Free Skate 1-6 Program Event with Music**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Level	Time	Skating rules / standards
Free Skate 1	1:30+/-10 sec	<ul style="list-style-type: none"> <li>• Advanced forward stroking - 4-6 consecutive</li> <li>• One-foot upright scratch spin from backward crossovers- minimum three revolutions</li> <li>• Waltz jump from backward crossovers</li> <li>• Half flip jump</li> </ul>
Free Skate 2	1:30+/-10 sec	<ul style="list-style-type: none"> <li>• Forward outside spiral - R or L</li> <li>• Beginning back spin - entry optional – minimum two revolutions</li> <li>• Waltz jump, side toe hop, waltz jump sequence</li> <li>• Toe loop jump</li> </ul>
Free Skate 3	1:30+/-10 sec	<ul style="list-style-type: none"> <li>• Forward crossovers in a figure 8</li> <li>• Back spin- minimum three revolutions</li> <li>• Salchow jump</li> <li>• Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ul>
Free Skate 4	1:30+/-10 sec	<ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets -R or L</li> <li>• Sit spin- minimum three revolutions</li> <li>• Loop jump</li> <li>• Waltz jump/loop jump combination</li> </ul>
Free Skate 5	1:30+/-10 sec	<ul style="list-style-type: none"> <li>• Camel spin- minimum three revolutions</li> <li>• Forward upright spin to back upright spin- minimum three revolutions, each foot</li> <li>• Loop/loop jump combination</li> <li>• Flip jump</li> </ul>
Free Skate 6	1:30+/-10 sec	<ul style="list-style-type: none"> <li>• Camel, sit spin combination - minimum of four revolutions total</li> <li>• Split jump or stag jump</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Lutz jump</li> </ul>

## EVENT: Well Balanced Compulsory Moves

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ul style="list-style-type: none"> <li>• Waltz jump</li> <li>• ½ jump of choice</li> <li>• Forward two foot or one foot spin, minimum three revolutions (free leg position optional)</li> <li>• Forward or backward spiral</li> </ul>
High Beginner	1:15 max.	<ul style="list-style-type: none"> <li>• Toe loop jump</li> <li>• Salchow jump</li> <li>• Forward scratch spin- minimum three revolutions</li> <li>• Forward or backward spiral</li> </ul>
No Test	1:15 max.	<ul style="list-style-type: none"> <li>• Loop jump</li> <li>• Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>• Solo spin- sit <u>or</u> camel spin - minimum three revolutions</li> <li>• Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ul>
Pre – Preliminary	1:15 max.	<ul style="list-style-type: none"> <li>• Single flip</li> <li>• Jump combination: single / single (no Axel)</li> <li>• Sit spin or camel spin; min. 3 revolutions</li> <li>• Spiral sequence with 1 forward spiral and 1 backward spiral (any edge)</li> </ul>
Preliminary	1:15 max.	<ul style="list-style-type: none"> <li>• Single Lutz</li> <li>• Jump combination: single / single (may include Axel)</li> <li>• Back upright spin; min., 3 revolutions</li> <li>• Forward inside spiral</li> </ul>

## EVENT: Well Balanced Program Free Skate with Music

General event parameters:

- Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.

Level	Time	Jumps	Spins	Step Sequences
No-Test	1:30 +/- 10 sec.	Max 5 jump elements: <ul style="list-style-type: none"> <li>• Single Jumps (no Axel)</li> <li>• Max 2 combos or sequences.</li> <li>• Combos limited to 2 jumps</li> <li>• Number of jumps in sequence is limited to a max of 3 single jumps (half-loop is not considered a single jump).</li> </ul>	Max 2 spins: <ul style="list-style-type: none"> <li>• Spins must be a different nature.</li> <li>• Minimum three revolutions each.</li> <li>• Spins may change feet, position and start with a fly.</li> </ul>	Connecting moves and steps should be demonstrated throughout the program.
Pre-Preliminary	1:30 +/- 10 sec.	Max 5 jump elements: <ul style="list-style-type: none"> <li>• Any single jumps, including Axel, allowed.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Jump combinations are limited to 2 jumps.</li> <li>• Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.)</li> <li>• Axel may be repeated as an individual jump, as part of a jump combination or jump sequence. Max of 2 Axels.</li> <li>• Double or triple jumps are not allowed.</li> </ul>	Max 2 spins: <ul style="list-style-type: none"> <li>• Spins must be of a different nature</li> <li>• Spins may change feet and/or position.</li> <li>• Spins may start with a fly.</li> <li>• Minimum of 3 revolutions</li> </ul>	One step sequenced that must use ½ of the ice surface.
Preliminary	1:30 +/- 10 sec.	Max 5 jump elements: <ul style="list-style-type: none"> <li>• One must be an Axel or waltz-jump.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Jump combinations limited to 2 jumps</li> <li>• Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.)</li> <li>• Only 2 different double jumps may be attempted, selected from: double Salchow, double toe-loop, double loop)</li> <li>• Axel and no more than 2 different double jumps may be repeated as individual jumps, as part of jump combinations or jump sequences.</li> <li>• Maximum of 2 Axels or any double jump.</li> <li>• Double flips, double Lutzes, double Axels or triple jumps are not allowed.</li> </ul>	Max 2 spins: <ul style="list-style-type: none"> <li>• Spins must be of a different nature</li> <li>• Spins may change feet and/or position.</li> <li>• Spins may start with a fly.</li> <li>• Minimum of 3 revolutions</li> </ul>	One step sequenced that must use ½ of the ice surface.

**ADULT EVENTS: Compulsories, Adult 1-6 Free Skate, Pre-Bronze and Bronze:**

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec unless otherwise noted

<p><b>Adult 1</b></p> <ul style="list-style-type: none"> <li>• Falling and Recovery</li> <li>• Forward Marching</li> <li>• Forward two-foot glide</li> <li>• Forward swizzle</li> <li>• Moving Snowplow Stops</li> </ul>	<p><b>Adult 4</b></p> <ul style="list-style-type: none"> <li>• Basic forward outside and forward inside consecutive edges</li> <li>• Backward edges on a circle, (outside and inside, clockwise and counterclockwise)</li> <li>• Backward crossovers, (clockwise and counterclockwise, 5 consecutive)</li> <li>• Forward outside 3-turns, right and left</li> <li>• Forward outside swing rolls to a count of 6</li> </ul>
<p><b>Adult 2</b></p> <ul style="list-style-type: none"> <li>• Forward stroking showing correct use of the blade</li> <li>• Forward ½ swizzle pumps on a circle, (clockwise and counterclockwise) 4-6 in a row</li> <li>• Forward one-foot glides</li> <li>• Slalom</li> <li>• Backward swizzles, (4 to 6 in a row, clockwise and counterclockwise)</li> </ul>	<p><b>Adult 5</b></p> <ul style="list-style-type: none"> <li>• Forward and Backward Crossovers in a Figure 8 pattern</li> <li>• Forward outside to inside change of edge on a line</li> <li>• T-stop, right or left</li> <li>• Forward inside 3-turns, R &amp; L</li> <li>• Beginning one foot spin</li> </ul>
<p><b>Adult 3</b></p> <ul style="list-style-type: none"> <li>• Forward outside and inside edges on a circle, (clockwise and counterclockwise)</li> <li>• Forward crossovers, (clockwise and counterclockwise)</li> <li>• Backward ½ swizzle pumps on a circle (4 to 6 in a row consecutive, clockwise and counterclockwise)</li> <li>• Moving forward to backward and backward to forward two-foot turn</li> <li>• Beginning 2-foot spin</li> </ul>	<p><b>Adult 6</b></p> <ul style="list-style-type: none"> <li>• Forward Perimeter Stroking with crossover end patterns</li> <li>• Backward crossovers to a backward outside edge glide (landing position)</li> <li>• Lunge</li> <li>• Spiral</li> <li>• Footwork sequence: (3-5 forward crossovers to an inside Mohawk, 3-5 backward crossovers, step forward inside the circle and repeat)</li> </ul>
<p><b>Adult Pre-Bronze:</b></p> <ul style="list-style-type: none"> <li>• Must have passed no higher than adult pre-bronze free skate test or pre-pre free skate test.</li> <li>• Time: 1:40 max</li> <li>• Refer to the current U.S. Figure Skating Rulebook #4600 for specific requirements</li> </ul>	<p><b>Adult Bronze:</b></p> <ul style="list-style-type: none"> <li>• Must have passed no higher than adult bronze free skate test or the preliminary free skate test.</li> <li>• Time: 1:50 max</li> <li>• Refer to the current U.S. Figure Skating Rulebook #4590 for specific requirements</li> </ul>

**“DREAMS BEGIN HERE “ REGISTRATION APPLICATION**  
**ALL SKATERS MUST REGISTER ONLINE AT THE FOLLOWING LINK...insert link here**  
**(COACHES MAY USE THIS FORM TO ASSIST PARENTS IN EVENTS TO SIGN UP FOR)**

First Name:		Last Name:		Sex:
Address:		City:	State:	Zip:
Email Address			Area Code & Phone:	
Basic Skills Membership#/USFS#:			Basic Skills Rink/Club Name:	
Highest Level Passed:			Age:	DOB:
Coach Name:		Coach Phone:		Coach Email:

**\*\*\*\*Please check the event(s) you are entering\*\*\*\***

LEVEL	BASIC ELEMENTS (No music)	FREESKATE PROGRAMS (Music)	COMPULSORIES (No music)	SHOWCASE LIGHT ENT. (Music)	SHOWCASE DRAMATIC (Music)
Snowplow Sam					
Basic 1					
Basic 2					
Basic 3					
Basic 4					
Basic 5					
Basic 6					
Basic 7					
Basic 8					
Freestyle 1					
Freestyle 2					
Freestyle 3					
Freestyle 4					
Freestyle 5					
Beginner					
High Beginner					
No Test					
Pre-Preliminary					
Preliminary					
Adult 1					
Adult 2					
Adult 3					
Adult 4					
Adult 5					
Adult 6					
Adult Pre-Bronze					
Adult Bronze					
Duets	Level:	Partner Name and Level:			
Shoot the Duck:	Level:				

**PLEASE DROP BY APPLICATION AND PAYMENT TO FRONT DESK OF FORD ICE CENTER. BE SURE TO GET A RECEIPT!**

<b>First Event:</b>	<b>\$35.00</b>
<b>Additional Event:</b>	<b>10.00 x _____ (add. Events) = _____</b>
<b>Practice Ice Session:</b>	<b>\$12.00 x _____ (# sessions) = _____</b>
<b>Happy Ad:</b>	<b>\$15.00</b>
<b>TOTAL DUE FORD ICE CENTER</b>	

**\*\*\*MAKE CHECKS PAYABLE TO FORD ICE CENTER\*\*\***

**ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELLED. REGISTRATION MUST INCLUDE PAYMENT AND RELEASE FORMS**

**DREAMS BEGIN HERE Certification of Eligibility**

Skater's name \_\_\_\_\_ \*Basic Skills Level \_\_\_\_\_

I am over 18 years or I am a parent/guardian of a skater under 18 years who is eligible to enter the event or events listed on the previous page, under US Figure Skating rules. I grant permission for me or my son/daughter to participate in the competition. I understand that contestants waive all claims for injury and liabilities for damage or loss of property.

\_\_\_\_\_  
Signature of Skater or Parent/Guardian if skater is under age 18 Date

The above named skater is an eligible member in good standing and is eligible to enter.

\_\_\_\_\_  
Signature and Title of Club Officer (not required for Basic Skills) Date

The above named skater is an eligible US Figure Skating Basic Skills skater and I confirm their test level as shown above

\_\_\_\_\_  
Signature of Basic Sills Instructor (if applicable) Date

\* Level is not required unless skating at Basic Skills or BS Freestyle level  
\*\*\*\*\*

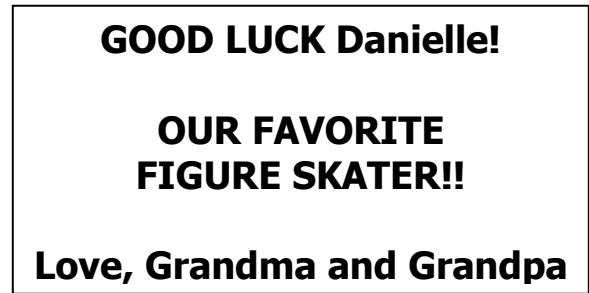
**DREAMS BEGIN HERE IN-HOUSE COMPETITION  
PRACTICE ICE REQUEST**

Last Name:		First Name:	
Address:			
Phone:		Email Address:	
Skating Level	Moves:	Freestyle:	
<b>Register for 30-minute sessions at \$12.00 per session in advance (\$15.00 walk on, if space permits) There will be no refunds for practice ice unless the sessions requested are not available. Sessions are scheduled “first come, first served”.</b>			

<input type="checkbox"/> SESSION #1: 9:15am Session
<input type="checkbox"/> SESSION #2: 9:45am Session
NUMBER OF SESSIONS REQUESTED: _____ @ \$12.00= \$_____
TOTAL AMOUNT PRACTICE ICE (transfer to registration form) \$_____
<b>Payment should be combined with competition registration form</b>
<b>Practice Ice Questions may be directed to Paula Trujillo</b>

## GET A GOOD LUCK AD FOR YOUR FAVORITE ICE SKATER

Purchase a business card size ad to wish your favorite participant good luck in the "Dreams Begin Here" competition for only \$15! Your individualized ad will be in the program.



TEXT: \_\_\_\_\_

\_\_\_\_\_

Indicate the graphic you would like on your ad or if you have a photo of your skater:



- \_\_\_\_\_
- No graphic, thanks.
  - See checked Graphic above
  - Skater photo attached or E-mailed to [paula@scotthamiltonacademy.com](mailto:paula@scotthamiltonacademy.com)
  - Enclose \$15.00 payment with the registration information. E-mail ad or enclose this form with the check. Payment for ads must be received by March 20, 2015

Your Name \_\_\_\_\_

Skater Name: \_\_\_\_\_

E-mail address: \_\_\_\_\_



Phone number \_\_\_\_\_