

Event 14 Dearborn Basic Skills Competition October 10, 2015

2015 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 7, 2015

Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

1 st Place	6 points
2 nd Place	5 points
3 rd Place	4 points
4 th Place	3 points
5 th Place	2 points
6 th Place	1 point

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken.

Points are accumulated for Compulsory and Free Skate events separately.

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics **will NOT** be counted in the Freeskate and Elements/Compulsory Program Series for this 2015 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events **will NOT** be counted for this 2015 season.

At the end of the 2015 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as www.sk8stuff.com. Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

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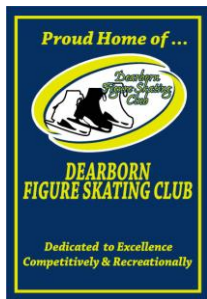
Approval Code:

9th Annual USFS Michigan Basic Skills Series – Hosted by the following:

<p>Event #1 Onyx-Suburban B/S Challenge March 21, 2015 Entry Deadline – February 28, 2015 Suburban Ice Macomb Contact: Jeanette Daskas Phone: 248-917-9544 jendaskas@aol.com</p>	<p>Event #2 – Mountain Town Classic April 18, 2015 Entry Deadline – March 28, 2015 The I.C.E. Arena Contact: Ginni Phillips Phone: 989-560-3871 gpsk8r@gmail.com</p>	<p>Event #3 - Arctic Basic Skills April 19, 2015 Entry Deadline – March 28, 2015 Arctic Edge Ice Arena Contact: Robin Liberatore Phone: 734-634-3410 liberatoremom@gmail.com</p>
<p>Event #4 – Skate the Zoo April 25, 2015 Entry Deadline – April 4, 2015 Wing's West Contacts: Jessica LaPorte Phone: 269-363-9668 j8houk@hotmail.com</p>	<p>Event #5 Journey on the River Raisin May 30, 2015 Entry Deadline – May 9, 2015 Monroe Multi-Sports Complex Louis Lombardo III Phone: 734-457-4219 louis@monroemultisports.com</p>	<p>Event #6 Ann Arbor Skills & Showcase June 13, 2015 Entry Deadline: May 23, 2015 Ann Arbor Ice Cube Susan Erskine Phone 734-213-6768 / 419-260-8470 sk8ersmom@gmail.com</p>
<p>Event #7 – Summer Swizzle June 20, 2015 Entry Deadline: May 30, 2015 Farmington Hills Ice Arena Contact: Kathy Krawczyk Phone: 313-806-0313 summerswizzle@fhfsc.org</p>	<p>Event #8 ICES Basic Skills Challenge June 27, 2015 Entry Deadline – June 6, 2015 Troy Sports Center Contact: Kim Baxi Phone: 248-835-2732 kimsbaxi@hotmail.com</p>	<p>Event #9 – Summer Chill Basic Skills July 11, 2015 Entry Deadline: June 20, 2015 Novi Ice Arena Contacts: Chelsea Walker Phone: 248-719-2724 chelseawalker17@aol.com</p>
<p>Event #10 - Skate the Shores July 18, 2015 Entry Deadline : June 27, 2015 St Clair Shores Civic Arena Laura Delbarba Phone: 586-445-5350 Sk8ncoach@yahoo.com</p>	<p>Event #11 – I.C.E. Basic Skills Comp. August 8, 2015 Entry Deadline – July 18, 2015 Flint Iceland Arena Contact: Brandon Forsyth Phone: 860-305-9029 icefscoffice@gmail.com</p>	<p>Event #12 Summer Freeze Coliseum FSC August 15, 2015 Entry Deadline – July 25, 2015 Arctic Coliseum Contact: Kayleah Crosby Phone: 517-581-0014 Kayleah.crosby@gmail.com</p>
<p>Event #13 – Skate Elite October 3, 2015 Entry Deadline: September 15, 2015 Crystal Fieldhouse Contact: Jacklinn Brayan Phone: 810-814-1744 eliteskatingacademy@gmail.com</p>	<p>Event #14 – Dearborn Basic Skills Comp October 10, 2015 Entry Deadline: Sept 19, 2015 Dearborn Ice Skating Center Contact: Stacy Holland Phone: 313-574-4534 ssholland76@gmail.com</p>	<p>Event #15- Tuxedo Invitational October 18, 2015 Entry Deadline: September 27, 2015 Bowling Green State University Arena Contact: Pat Rabb Phone: 419-308-4552 perabb59@gmail.com</p>
<p>Event #16 – Plymouth FSC Spooktacular October 24, 2015 Entry Deadline: October 10, 2015 Compuware Sports Arena Contact: Ellen Elliott Phone: 734-233-1529 jejmelliott@aol.com</p>	<p>Event #17 - Skate Midland November 7, 2015 Entry Deadline: October 17, 2015 Midland Civic Arena Contact: Karen Boswell Phone: 989-695-4832 kboswell99@gmail.com</p>	<p>SERIES AWARDS CEREMONY ON THE ICE AT THE MIDLAND COMPETITION</p>



The 2015 Basic Skills Day Camp will be held at the Novi Ice Arena on Sunday July 12th.



Dearborn Basic Skills Competition
Dearborn Figure Skating Club
Dearborn Ice Skating Center ♦ 14900 Ford Rd ♦ Dearborn, MI 48126
(313) 943 – 4098
www.dearbornfsc.com

OCTOBER 10, 2015

Entry Deadline: September 19, 2015

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The Dearborn Basic Skills Competition, sponsored by the Dearborn Figure Skating Club will be held at the Dearborn Ice Skating Center on October 15, 2015. The ice surface measures 85 x 200 feet. This is a United States Figure Skating approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Stacy Holland, ssholland76@gmail.com or (313) 574 - 4534. E-mail communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-8 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

Rules – The competition will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program.

Entry Fees – The first event is \$50.00, the second event is \$20 and each additional event after that is \$10.00. All

entries must be postmarked no later than September 15, 2015. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out legibly and completely and mailed with a check made payable to DFSC to:

DISC Attn: Stacy Holland
14900 Ford Road
Dearborn, MI 48126

There will be a \$35.00 fee for returned checks.

Awards – All competitors will receive a medal. All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. ***Please register at least one hour before your competition time.***

Schedule of Events – Schedule will be posted on the Internet at the Figure Skater's Website, www.sk8stuff.com.

Music – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

Practice Ice – Practice Ice will be available in 20-minute sessions. Details will be provided in a mailing prior to the competition date. Sign-in and pay \$8.00 at the door.

Awards will be handed out and a podium will be available for group and individual photos.



BASIC ELEMENTS/PROGRAM W/MUSIC: SNOWPLOW SAM – BASIC 8

All events listed on this page are eligible for Michigan Basic Skills Series Points

• BASIC ELEMENTS

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

• BASIC PROGRAM W/MUSIC

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- A .2 deduction will be taken **for each** element performed from a higher level
- Time: 1:00 +/- 10 seconds

<u>Snowplow Sam - Tots:</u> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles <u>2-3 in a row</u> 3. Forward snowplow stop 4. Backward wiggles <u>2-6 in a row</u>	<u>Basic 5:</u> 1. Backward outside edge on a circle clockwise <u>or</u> counterclockwise [not required for program with music] 2. Backward crossovers <u>4-6 consecutive - both directions</u> 3. Basic one foot spin – <u>free leg held to side of spinning leg - minimum of three revolutions</u> 4. Side toe hop <u>-either direction</u> 5. Hockey stop
<u>Basic 1</u> 1. Forward two foot glide and dip 2. Forward two foot swizzles <u>6 -8 in a row</u> 3. Forward snowplow stop 4. Backward wiggles <u>6-8 in a row</u>	<u>Basic 6:</u> 1. Standstill forward inside three turn - <u>R & L</u> 2. Bunny Hop 3. Forward spiral on a straight line - <u>R or L</u> 4. Lunge - <u>R or L</u> 5. T-stop - <u>R or L</u>
<u>Basic 2</u> 1. Forward one foot glide - <u>either foot</u> 2. Forward alternating ½ swizzle pumps, in a straight line - <u>2-3 each foot</u> 3. Moving snowplow stop 4. Two foot turn in place forward to backward 5. Backward two foot swizzles - <u>6 - 8 in a row</u>	<u>Basic 7:</u> 1. Standstill forward inside open Mohawk - <u>R to L and L to R</u> 2. Ballet Jump - <u>either direction</u> 3. Back crossovers to a back outside edge landing position <u>clockwise and counter clockwise</u> 4. Forward inside pivot
<u>Basic 3</u> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise <u>or</u> counter clockwise <u>4-6 consecutive</u> 3. Forward slalom 4. Backward one foot glide - <u>either foot</u> 5. Two foot spin – <u>minimum 3 revolutions</u>	<u>Basic 8:</u> 1. Moving forward outside or forward inside three turns <u>R & L</u> 2. Waltz jump 3. Mazurka - <u>either direction</u> 4. 1 combination move - <u>clockwise or counter clockwise</u> – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - <u>free foot held to side of spinning leg or crossed position minimum 3 revolutions</u>
<u>Basic 4</u> 1. Standstill forward outside three turn - <u>R & L</u> 2. Forward outside edge on a circle clockwise <u>or</u> counter clockwise [not required for program with music] 3. Forward crossovers <u>4-6 consecutive both directions</u> 4. Backward stroking <u>4-6 strokes</u> 5. Backward snowplow stop - <u>R or L</u>	

All events listed on this page are eligible for Michigan Basic Skills Series Points

Compulsory Events

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- *Skaters have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	TIME
BEGINNER (Formerly Limited Beginner)	1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin (free leg position optional) – <u>minimum 3 revolutions</u> 4. Forward <u>or</u> backward spiral	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	1:15
HIGH BEGINNER (formerly Beginner)	1. Toe loop jump 2. Salchow jump 3. Forward scratch spin – <u>minimum 3 revolutions</u> 4. Forward <u>or</u> backward spiral	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	1:15
No Test	1. Loop jump 2. Jump combination to include a toe loop (<u>may not use a loop or Axel</u>) 3. Solo spin- sit <u>or</u> camel spin – <u>minimum 3 revolutions</u> 4. Spiral sequence- <u>must include a forward and backward spiral</u> . Additional spirals and balance moves may be included.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	1:15

Free Skate Events

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
BEGINNER [formerly Limited Beginner] Time: 1:40 MAX	1. Maximum of 5 jump elements 2. Jumps with not more than ½ rotation [front to back or back to front]. 3. Max 2 jump sequences allowed. 4. Max 2 of any same jump	1. Max 2 spins 2. Two upright spins, no change of foot or flying entry 3. Min 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program.	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
HIGH BEGINNER [formerly Beginner] Time: 1:40 MAX	1. Maximum of 5 jump elements 2. Jumps with not more than ½ rotation [front to back or back to front including half-loop] 3. Single rotation jumps: Salchow and Toe Loop only. 4. Max 2 jump combinations or sequences 5. Max 2 of any same type jump	1. Max 2 spins 2. Two upright spins, change of foot optional, no flying entry 3. Min 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]				
No Test Time: 1:40 MAX	1. Maximum of 5 2. Single Jumps [NO AXELS] 3. Max 2 combos or sequences [Combos limited to 2 jumps] 4. Number of jumps in sequence Limited to 3 [1/2 loop is not considered single jump]	1. Maximum of 2 spins of a different nature 2. Min. 3 revolutions 3. Spins may change Feet and start with a Fly	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed any official U.S. Figure Skating free skate tests.





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EVENT: Free Skate 1-6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Level	Time	Skating rules / standards
Free Skate 1	1:30+/-10 sec	<ol style="list-style-type: none"> 1. Advanced forward stroking, 4-6 consecutive 2. One-foot upright scratch spin from backward crossovers, minimum three revolutions 3. Waltz jump from backward crossovers 4. Half flip jump
Free Skate 2	1:30+/-10 sec	<ol style="list-style-type: none"> 1. Forward outside spiral, right or left 2. Beginning back spin – entry optional, minimum two revolutions 3. Waltz jump, side toe hop, waltz jump sequence 4. Toe loop jump
Free Skate 3	1:30+/-10 sec	<ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Back spin, minimum three revolutions 3. Salchow jump 4. Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:30+/-10 sec	<ol style="list-style-type: none"> 1. Forward power 3's, 2-3 consecutive sets, right or left 2. Sit spin, minimum three revolutions 3. Loop jump 4. Waltz jump-loop jump combination
Free Skate 5	1:30+/-10 sec	<ol style="list-style-type: none"> 1. Camel spin, minimum three revolutions 2. Forward upright spin to back upright spin, minimum three revolutions each foot 3. Loop-loop jump combination 4. Flip jump
Free Skate 6	1:30+/-10 sec	<ol style="list-style-type: none"> 1. Camel, sit spin combination, minimum of four revolutions total 2. Split jump or stag jump 3. Waltz jump, ½ loop, Salchow jump sequence 4. Lutz jump



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Freestyle 1-6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Level	Time	Skating rules / standards
Free Skate 1	1:15 max.	4. Advanced forward stroking, 4-6 consecutive 5. Backward outside three-turns, right and left 6. One-foot upright scratch spin from backward crossovers - minimum three revolutions 7. Waltz jump from backward crossovers 5. Half flip jump
Free Skate 2	1:15 max.	5. Forward outside or inside spiral, right or left 6. Waltz three's, right or left, 2-3 sets 7. Beginning back spin, entry optional – minimum two revolutions 8. Waltz jump, side toe hop, waltz jump sequence 9. Toe loop jump
Free Skate 3	1:15 max.	5. Forward crossovers in a figure 8 6. Backward inside three-turns, right and left 7. Back spin - minimum three revolutions 8. Salchow jump 9. Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	5. Forward power 3's, 2-3 consecutive sets, right or left 6. Sit spin - minimum three revolutions 7. Loop jump 8. Waltz jump/loop jump combination
Free Skate 5	1:15 max.	5. Camel spin - minimum three revolutions 6. Forward upright spin to back upright spin - minimum three revolutions each foot 7. Loop/loop jump combination 8. Flip jump
Free Skate 6	1:15 max.	5. Five step mohawk sequence - one set alternating pattern (refer to Basic Skills Curriculum Free skate 6) 6. Camel, sit spin combination - minimum of four revolutions total 7. Split jump or stag jump 8. Waltz jump, ½ loop, Salchow jump sequence 9. Lutz jump



Events listed on this page are **NOT** eligible for
Michigan Basic Skills Series Points

Compulsory Events

- Skated on ½ of ice surface. In program form, using a limited number of connecting steps, skating order of required elements optional
- No music allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- *Skaters have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	TIME
Pre-Preliminary	1. Single Flip jump 2. Jump combination : single / single [no Axel] 3. Sit or camel spin – minimum 3 revolutions 4. Spiral sequence – must include 1 forward and 1 backward spiral . Additional spirals and balance moves may be included	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test	1:00
Preliminary	1. Lutz jump 2. Single / single jump combination [may include Axel] 3. Back upright spin – minimum 3 revolutions 4. Forward Inside Spiral	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate	1:00

Free Skate Events

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from **EACH** mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element.
- 0.1 for any spin with less than required revolutions.

TEST TRACK FREE SKATE				
LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Pre-Preliminary Time: 1:30 +/- 10	1. Maximum of 5 jump elements. 2. Jumps with not more ½ rotation [front to back or back to front]. 3. Single rotation jumps: Salchow, toe loop and loop jump ONLY 4. Max 2 jump combinations or sequences [using above jumps only] 5. Max 2 of any same type jump	1. Max 2 spins 2. Two spins of a different nature, one position only, no change of foot, no flying entry. 3. Min 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test
Preliminary Time: 1:30 +/- 10	1. Maximum of 5 jump elements 2. Jumps with not more than one rotation [no axels]. 3. Max 2 jump combinations or sequences 4. Max 2 of any same type jump.	1. Max 2 spins: 2. One spin in one position, no change of foot, no flying entry (3 revolutions min) 2. One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	1. Connecting moves and steps should be demonstrated throughout the program	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate



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Michigan Basic Skills Series Points
Free Skate Events

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from **EACH** mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element.
- 0.1 for any spin with less than required revolutions.

WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]

Pre-Preliminary Time: 1:30 +/- 10	1. Maximum of 5 jump elements. 2. Single jumps – axel permitted – no doubles 3. Max 2 combos or sequences [limited to 2 jumps] 4.. Number of jumps in sequence Limited to 3 [1/2 loop not considered single jump], axel may be repeated as individual jump, combo or sequence [Max 2 axels] 5. Double or triple jumps not allowed	1. Maximum of 2 spins of a different nature 2. Spins may change feet and start with a fly 3. Minimum 3 revolutions	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular or serpentine	May not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary Time: 1:30 +/- 10	1. Maximum of 5 jump elements: 2. 1 Axel or Waltz jump type jump 3. Max 2 combos/sequences - Combos limited to 2 jumps, 4. Number of jumps in sequence - Limited to 3 [1/2 loop not considered a single jump] 5. 2 different double jumps allowed (double Salchow, double Toe or double Loop only) 6. Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences. 7. Max of 2 Axels or any double jump	1. Maximum of 2 spins of a different nature 2. Spins may change feet and start with a fly 3. Minimum 3 revolutions	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular or serpentine	Must have passed the no higher than U.S. Figure Skating preliminary free skate



Special Olympics Badge Program - events on this page eligible for Michigan Basic Skills Series Points

The Special Olympics Sports Skills Program is designed for people with mental handicaps who may exhibit any number of physical impairments. The Special Olympics Figure Skating Badge Program allows athletes to learn skills in a progressive order and earn badges at each level. Athletes who complete the Special Olympics Badge Program will be prepared to move into the existing badge program at local rinks.

Badge 1 A. Stand unassisted for five seconds B. Fall and stand up unassisted C. Knee dip standing still unassisted D. March forward ten steps assisted	Badge 7 A. Backward stroking across the rink B. Gliding backward to forward two foot turn C. T-stop left of right D. Forward two foot turn on a circle: L & R
Badge 2 A. March forward ten steps unassisted B. Swizzles, standing still: three repetitions C. Backward wiggle or march assisted D. Two foot glide forward for distance of at least length of body	Badge 8 A. Five consecutive forward crossovers: L & R B. Forward outside edge: L & R C. Five consecutive backward ½ swizzles on a circle: L & R
Badge 3 A. Backward wiggle or march B. Five forward swizzles covering at least ten feet C. Forward skating across the rink D. Forward gliding dip covering at least length of body: L & R	Badge 9 A. Forward outside three turn: L & R B. Forward inside edge: L & R C. Forward lunge or shoot the duck at any depth D. Bunny hop
Badge 4 A. Backward two foot glide covering at least length of body B. Two foot jump in place C. One foot snowplow stop: L & R D. Forward one foot glide covering at least length of body: L & R	Badge 10 A. Forward inside three turn: L & R B. Five consecutive backward crossovers: L & R C. Hockey stop D. Forward spiral three times length of body
Badge 5 A. Forward stroking across rink B. Five backward swizzles covering at least ten feet C. Forward two foot curves left and right across rink D. Two foot curves left and right across rink	Badge 11 A. Consecutive forward outside edges: minimum of two on each foot B. Consecutive forward inside edges: minimum of two on each foot C. Forward inside Mohawk: L & R D. Consecutive backward outside edges: minimum of two on each foot E. Consecutive backward inside edges: minimum of two on each foot
Badge 6 A. Gliding forward to backward two foot turn B. Five consecutive forward one foot swizzles on circle: L & R C. Backward one foot glide length of body: L & R D. Forward pivot	Badge 12 A. Waltz jump B. One foot spin: minimum of three revolutions C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise D. Combination of three moves chosen from badges 9-12



ADDITIONAL EVENTS

BEGINNER SYNCHRONIZED SKATING

The beginner competition program is also part of the U.S. Figure Skating Basic Skills program. The beginner competition program is for Basic Skills level skaters who are interested in a first competition or “team” experience, taking the Synchro 1-4 badges a step further. Beginner teams compete at Basic Skills competitions and nonqualifying synchronized skating competitions around the country.

Required elements – Each level has specific required elements that must be completed:

LEVEL	CIRCLE	LINE	BLOCK	WHEEL	INTERSECTION
BEGINNER 1 8-16 skaters, majority under 9 years old 1 ½ - 2 minutes +/- 10 seconds	One circle, which must contain a two foot turn. Must contain a forward inside and/or forward outside edge glide. Stroking from backward to forward is permitted.	One line, which must cover half ice to full ice and must have only forward skating.	One block, which must cover half ice to full ice, and must have only 1 configuration.	One wheel, choice of 4-spoke or 3 spoke with backward pumps.	One intersection: Two lines facing each other, 2-foot glide at point of intersection.
BEGINNER 2 8-16 skaters, majority 9 – 11 years old 1 ½ - 2 minutes +/- 10 seconds	One circle, which must include the choreographed step sequence: 2 forward crossovers, FO 3 turn, back pump, BO 1 foot glide (held for at least 2 counts), back pump, 1 backward crossover, FI stroke (1 direction only, don't need to repeat)	One line, which must cover the ice and may include forward and backward skating.	One block, which must cover the ice and must have 1 or 2 configurations.	One wheel of the team's choice with backward pumps.	One intersection: Two lines facing each other, 2-foot or 1-foot glide at point of intersection.
BEGINNER 3 8-16 skaters, majority at least 12 years old 2 – 2 ½ minutes +/- 10 seconds	Circle element, which must include the combination move from Basic 8. (1 direction only, don't need to repeat)	Line element, which must cover the ice and must include forward and backward skating.	One block, which must cover the ice and must have 2 or 3 configurations.	Wheel element of the team's choice with backward pumps, chasses, or crossovers.	One intersection: Two lines facing each other, 1-foot glide or forward lunge at point of intersection.

The emphasis of the Beginner competition is on mastering the “basic skills” of synchronized skating:

- Control of rotation in wheels and circles.
- Straight lines in lines, blocks and intersections.
- Unison and use of skills such as guiding and shadowing.
- Incorporating skills from the Basic 1-8 levels to strengthen skating skills.
- Learning how to do transitions and skate to music.
- Learning skills that will be the foundation for higher levels.

Restrictions in Beginner 1 & 2:

- Additional elements are not allowed (the team must do only their required elements).
- Teams may only use hand-to-hand, shoulder-to-shoulder and choo-choo holds.
- Wheels and circles may not travel, change rotational direction or change configuration.
- Beginner 1 teams may not do steps higher than Basic 5, with the exception of forward chasses.
- Beginner 2 teams may not do steps higher than Free Skate 1, with the exception of forward chasses.

Restrictions in Beginner 3:

- No traveling within elements (change of configuration and rotational direction are allowed).

Restrictions in all levels: All of the synchronized skating “illegal elements” found in Rule #7160 of the U.S. Figure Skating Rulebook



ARTISTIC/SHOWCASE EVENTS:

Artistic/Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted. Skaters will be judged on musical interpretation and feeling, expression, and how the skating relates to the music. Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description

Categories may include:

- Light entertainment
- Dramatic entertainment
- Duets
- Small Ensembles (3-7 skaters)
- Group Production (8-30 skaters)

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-8	Elements only from Basic 1-8 curriculum	May not have passed any higher than Basic 8 level.	Time 1:00
Free skate 1-6/ Limited Beginner/ Beginner/ Adult 1-4	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S.Figure Skating free skate tests.	Time: 1:30
No Test/ Pre-preliminary/ Adult Pre-Bronze	3 jump maximum. No axels or double jumps permitted.	Must have passed no higher than U.S.Figure Skating Pre-Preliminary or Adult Pre-Bronze free skate test.	Time: 1:30
Preliminary/ Adult Bronze	3 jump maximum. Axels are permitted, but no double jumps allowed.	Must have passed no higher than U.S.Figure Skating Preliminary free skate or Adult Bronze test.	Time: 1:40

DANCE: Solo

LEVEL	DANCE
Preliminary	Dutch Waltz
	Canasta Tango
	Rythym Blues
Pre-Bronze	Swing Dance
	Cha-Cha
	Fiesta Tango



Dearborn Basic Skills Competition
Entry Form [PLEASE PRINT CLEARLY]



Name _____ Age _____ **Birth Date** _____

_____ Last _____ First _____
E-Mail Address _____

Address _____ City _____

State _____ Zip _____ Area Code/Phone # _____

Home Club _____ **USFSA #** _____

Male _____ Female _____ Name of Parent/Guardian _____

\$50 First Event			
\$20 For Second Event		\$10 Each Additional Event	
Basic Compulsory	Compulsory	SPECIAL OLYMPICS	Synchronized
Snowplow Sam*	Beginner *	Badge1	Beg 1
Basic 1 *	High Beginner *	Badge 2	Beg 2
Basic 2 *	No Test *	Badge 3	Beg 3
Basic 3 *	Pre-Preliminary	Badge 4	
Basic 4 *	Preliminary	Badge 5	Must submit Synchro Entry Form
Basic 5 *	Free Skate	Badge 6	Artistic Showcase
Basic 6 *	Beginner *	Badge 7	Basic Skills
Basic 7 *	High Beginner *	Badge 8	Beginner
Basic 8 *	No Test *	Badge 9	Pre-Preliminary
	Pre-Preliminary	Badge 10	Preliminary
Basic Prog w/ Music	Preliminary	Badge 11	Duet Y N Partner name
Snowplow Sam*		Badge 12	
Basic 1 *	WELL - BALANCED	Freestyle 1-6 Program TESTS PASSED:	Freestyle 1-6 Compulsory
Basic 2 *	Free Skate	FS1	FS1
Basic 3 *	No Test*	FS2	FS2
Basic 4 *	Pre-Preliminary	FS3	FS3
Basic 5 *	Preliminary	FS4	FS4
Basic 6 *		FS5	FS5
Basic 7 *		FS6	FS6
Basic 8 *		DANCE	
		Preliminary	Pre-Bronze
		Dutch Waltz	Swing Dance
		Canasta Tango	Cha Cha
		Rhythm Blues	Fiesta Tango

*Events listed above with an * after them will be eligible for Michigan Basic Skills Series Points*

Entry Fees are not refundable after the entry deadline unless an event is cancelled.

If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

First Event \$ _____
 Additional Event \$ _____
 Additional Event \$ _____
 Additional Event \$ _____
 Join USFSA \$ _____

TOTAL: \$ _____

ENTRIES MUST BE POST MARKED BY 9/19/15

Mail form and fees to: DISC Attn Stacy Holland
 14900 Ford Road
 Dearborn, MI 48126

Make check or money order payable to **DFSC**



14

Approval Code:

2015 Michigan Basic Skills Series - Like us on facebook



Certification of Competitor

Competitor Name: _____

1. The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Dearborn Figure Skating Club and the Dearborn Ice Skating Center harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.
2. As a participant, or parent/guardian of a minor participant, in the Dearborn Basic Skills/Basic Skills Series, I understand that the Dearborn Basic Skills/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at Dearborn Basic Skills/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Dearborn Basic Skills/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media
3. I have read the Concussion Awareness Information located on www.sk8stuff.com and by signing below, I am agreeing to the terms and conditions.

Parent/Guardian Signature _____ Date _____

Club Officer/Program Director _____

Title _____ Date _____

COMPETITOR SIGNATURE _____ Date _____

Coach Signature: _____ Print Name: _____

Please print clearly

Are you registered on USFS Coaches Registry for 2013-2014? Yes ☐ USFS # _____

If you are not registered, go to www.usfigureskating.org, click on the Coaches Registration button and follow the instruction for registration.

COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT

Phone _____ E-mail Address: _____

Please print clearly

CHECKLIST [please be sure the following is included]:

____ Entry form with USFSA Number ____ Club Officer/Program Director Signature

____ Check payable to ?????????? ____ Events to be entered checked properly



MICHIGAN BASIC SKILLS SERIES PERFORMANCE CAMP

Novi Ice Arena
July 12, 2015

This camp is opened to anyone 14 years or younger. Basic Skills skaters up to the Preliminary Free Skate test are eligible for this camp. We recommend that skaters can skate across the ice without assistance. Camp includes on & off ice instructions.

Parents Education Seminar has been revised. We will be having free Parent mini sessions throughout the day. You may attend one, two or all of them. Topics and Presenters will be determined at a later date.

For more information please contact Suzy Malloure - suzymalloure@gmail.com.



BEGINNER SYNCHRONIZED SKATING TEAM

ENTRY FORM 1: Team Information

Team name:		U.S. Figure Skating #:	
Club: (if applicable)			
Team contact person:			
Daytime phone number:		E-mail:	
Address:		City	State / ZIP
Primary coach:		U.S. Figure Skating #	
Daytime phone number:		E-mail:	
Number of skaters:		Number of alternates:	

Please check the level and/or event (s) entered:

- ☐ BS Beginner 1
☐ BS Beginner 2
☐ BS Beginner 3

Entry Fee: Enclosed is

\$ ____ for ____ beginner events \$ 50 per team / beginner event

\$ ____ for ____ competitors \$ 5 per skater / beginner event

Beginner teams may choose to represent either a full member club or a U.S. Figure Skating Basic Skills school / program.



BEGINNER SYNCHRONIZED SKATING / ENTRY FORM p. 2

Name of the team:
Name of the club of program represented:

TEAM ROSTER (Please list skaters in alphabetical order. It is not necessary to indicate who is an alternate).

Skater's name	Membership #	Age	Signature of skater / parent if under 18

