



## Event #12 – Summer Freeze Coliseum FSC of MI

### 2015 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 7, 2015

#### Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

1 <sup>st</sup> Place	6 points
2 <sup>nd</sup> Place	5 points
3 <sup>rd</sup> Place	4 points
4 <sup>th</sup> Place	3 points
5 <sup>th</sup> Place	2 points
6 <sup>th</sup> Place	1 point

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken.

**Points are accumulated for Compulsory and Free Skate events separately.**

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics **will NOT** be counted in the Freeskate and Elements/Compulsory Program Series for this 2015 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events **will NOT** be counted for this 2015 season.

At the end of the 2015 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as [www.sk8stuff.com](http://www.sk8stuff.com). Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

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Approval Code: 18057

## 9<sup>th</sup> Annual USFS Michigan Basic Skills Series – Hosted by the following:

<p>Event #1 Onyx-Suburban B/S Challenge  <b>March 21, 2015</b>  <b>Entry Deadline – February 28, 2015</b>  Suburban Ice Macomb  Contact: Jeanette Daskas  Phone: 248-917-9544  <a href="mailto:jendaskas@aol.com">jendaskas@aol.com</a></p>	<p>Event #2 – Mountain Town Classic  <b>April 18, 2015</b>  <b>Entry Deadline – March 28, 2015</b>  The I.C.E. Arena  Contact: Ginni Phillips  Phone: 989-560-3871  <a href="mailto:gpsk8r@gmail.com">gpsk8r@gmail.com</a></p>	<p>Event #3 - Arctic Basic Skills  <b>April 19, 2015</b>  <b>Entry Deadline – March 28, 2015</b>  Arctic Edge Ice Arena  Contact: Robin Liberatore  Phone: 734-634-3410  <a href="mailto:liberatoremom@gmail.com">liberatoremom@gmail.com</a></p>
<p>Event #4 – Skate the Zoo  <b>April 25, 2015</b>  <b>Entry Deadline – April 4, 2015</b>  Wing's West  Contacts: Jessica LaPorte  Phone: 269-363-9668  <a href="mailto:j8houk@hotmail.com">j8houk@hotmail.com</a></p>	<p>Event #5 Journey on the River Raisin  <b>May 30, 2015</b>  <b>Entry Deadline – May 9, 2015</b>  Monroe Multi-Sports Complex  Louis Lombardo III  Phone: 734-457-4219  <a href="mailto:louis@monroemultisports.com">louis@monroemultisports.com</a></p>	<p>Event #6 Ann Arbor Skills &amp; Showcase  <b>June 13, 2015</b>  <b>Entry Deadline: May 23, 2015</b>  Ann Arbor Ice Cube  Susan Erskine  Phone 734-213-6768 / 419-260-8470  <a href="mailto:sk8ersmom@gmail.com">sk8ersmom@gmail.com</a></p>
<p>Event #7 – Summer Swizzle  <b>June 20, 2015</b>  <b>Entry Deadline: May 30, 2015</b>  Farmington Hills Ice Arena  Contact: Kathy Krawczyk  Phone: 313-806-0313  <a href="mailto:summerswizzle@fhfsc.org">summerswizzle@fhfsc.org</a></p>	<p>Event #8 ICES Basic Skills Challenge  <b>June 27, 2015</b>  <b>Entry Deadline – June 6, 2015</b>  Troy Sports Center  Contact: Kim Baxi  Phone: 248-835-2732  <a href="mailto:kimsbaxi@hotmail.com">kimsbaxi@hotmail.com</a></p>	<p>Event #9 – Summer Chill Basic Skills  <b>July 11, 2015</b>  <b>Entry Deadline: June 20, 2015</b>  Novi Ice Arena  Contacts: Chelsea Walker  Phone: 248-719-2724  <a href="mailto:chelseawalker17@aol.com">chelseawalker17@aol.com</a></p>
<p>Event #10 - Skate the Shores  <b>July 18, 2015</b>  <b>Entry Deadline : June 27, 2015</b>  St Clair Shores Civic Arena  Laura Delbarba  Phone: 586-445-5350  <a href="mailto:Sk8ncoach@yahoo.com">Sk8ncoach@yahoo.com</a></p>	<p>Event #11 – I.C.E. Basic Skills Comp.  <b>August 8, 2015</b>  <b>Entry Deadline – July 18, 2015</b>  Flint Iceland Arena  Contact: Brandon Forsyth  Phone: 860-305-9029  <a href="mailto:icefscoffice@gmail.com">icefscoffice@gmail.com</a></p>	<p>Event #12 Summer Freeze  Coliseum FSC  <b>August 15, 2015</b>  <b>Entry Deadline – July 25, 2015</b>  Arctic Coliseum  Contact: Kayleah Crosby-Rowley  Phone: 517-581-0014  <a href="mailto:Kayleah.crosby@gmail.com">Kayleah.crosby@gmail.com</a></p>
<p>Event #13 – Skate Elite  <b>October 3, 2015</b>  <b>Entry Deadline: September 15, 2015</b>  Crystal Fieldhouse  Contact: Jacklinn Brayan  Phone: 810-814-1744  <a href="mailto:eliteskatingacademy@gmail.com">eliteskatingacademy@gmail.com</a></p>	<p>Event #14 – Dearborn Basic Skills Comp  <b>October 10, 2015</b>  <b>Entry Deadline: Sept 19, 2015</b>  Dearborn Ice Skating Center  Contact: Stacy Holland  Phone: 313—574-4534  <a href="mailto:ssholland76@gmail.com">ssholland76@gmail.com</a></p>	<p>Event #15- Tuxedo Invitational  <b>October 18, 2015</b>  <b>Entry Deadline: September 27, 2015</b>  Bowling Green State University Arena  Contact: Pat Rabb  Phone: 419-308-4552  <a href="mailto:perabb59@gmail.com">perabb59@gmail.com</a></p>
<p>Event #16 – Plymouth FSC Spooktacular  <b>October 24, 2015</b>  <b>Entry Deadline: October 10, 2015</b>  Compuware Sports Arena  Contact: Ellen Elliott  Phone: 734-233-1529  <a href="mailto:jejmelliott@aol.com">jejmelliott@aol.com</a></p>	<p>Event #17 - Skate Midland  <b>November 7, 2015</b>  <b>Entry Deadline: October 17, 2015</b>  Midland Civic Arena  Contact: Karen Boswell  Phone: 989-695-4832  <a href="mailto:kboswell99@gmail.com">kboswell99@gmail.com</a></p>	<p><b>SERIES AWARDS  CEREMONY  ON THE ICE  AT THE MIDLAND  COMPETITION</b></p>



**The 2015 Basic Skills Day Camp will be held at the Novi Ice Arena on Sunday July 12th.**



Summer Freeze - Basic Skills Competition  
Coliseum FSC of MI  
Arctic Coliseum ♦ 501 Coliseum Drive ♦ Chelsea, MI 48118  
734-433-4444  
[www.arcticcoliseum.net](http://www.arcticcoliseum.net)

## August 15, 2015 Entry Deadline – July 25, 2015

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The Summer Freeze Basic Skills Competition, sponsored by the Coliseum Figure Skating Club will be held at the Arctic Coliseum on August 15, 2015. The ice surface measures 200 x 80 feet. This is a United States Figure Skating approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Kayleah Crosby-Rowley, [Kayleah.crosby@gmail.com](mailto:Kayleah.crosby@gmail.com) or 517-581-0014. E-mail communications are preferred.

**Mission Statement** – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

**Eligibility** - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-8 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

**Rules** – The competition will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program.

**Entry Fees** – The first event is \$50.00, the second event is \$20 and each additional event after that is \$10.00. All

entries must be postmarked no later than July 25th. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

**Entry forms must be filled out legibly and completely** and mailed with a check made payable to Coliseum FSC to:

CFSC – Summer Freeze  
501 Coliseum Drive  
Chelsea, MI 48118

There will be a \$35.00 fee for returned checks.

**Awards** – All competitors will receive a medal. All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

**Registration** – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. ***Please register at least one hour before your competition time.***

**Schedule of Events** – Schedule will be posted on the Internet at the Figure Skater's Website, [www.sk8stuff.com](http://www.sk8stuff.com).

**Music** – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

**Practice Ice** – Practice Ice will be available in 20-minute sessions. Details will be provided in a mailing prior to the competition date. Sign-in and pay \$8.00 at the door.

Awards will be handed out and a podium will be available for group and individual photos.



# BASIC ELEMENTS/PROGRAM W/MUSIC: SNOWPLOW SAM – BASIC 8

## All events listed on this page are eligible for Michigan Basic Skills Series Points

### • BASIC ELEMENTS

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

### • BASIC PROGRAM W/MUSIC

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- A .2 deduction will be taken **for each** element performed from a higher level
- Time: 1:00 +/- 10 seconds

<b><u>Snowplow Sam - Tots:</u></b> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles <u>2-3 in a row</u> 3. Forward snowplow stop 4. Backward wiggles <u>2-6 in a row</u>	<b><u>Basic 5:</u></b> 1. Backward outside edge on a circle clockwise <u>or</u> counterclockwise <b>[not required for program with music]</b> 2. Backward crossovers <u>4-6 consecutive</u> - both directions 3. Basic one foot spin – <u>free leg held to side of spinning leg</u> - minimum of three revolutions 4. Side toe hop <u>-either direction</u> 5. Hockey stop
<b><u>Basic 1</u></b> 1. Forward two foot glide and dip 2. Forward two foot swizzles <u>6 -8 in a row</u> 3. Forward snowplow stop 4. Backward wiggles <u>6-8 in a row</u>	<b><u>Basic 6:</u></b> 1. Standstill forward inside three turn - <u>R &amp; L</u> 2. Bunny Hop 3. Forward spiral on a straight line - <u>R or L</u> 4. Lunge - <u>R or L</u> 5. T-stop - <u>R or L</u>
<b><u>Basic 2</u></b> 1. Forward one foot glide - <u>either foot</u> 2. Forward alternating ½ swizzle pumps, in a straight line - <u>2-3 each foot</u> 3. Moving snowplow stop 4. Two foot turn in place forward to backward 5. Backward two foot swizzles - <u>6 - 8 in a row</u>	<b><u>Basic 7:</u></b> 1. Standstill forward inside open Mohawk - <u>R to L and L to R</u> 2. Ballet Jump - <u>either direction</u> 3. Back crossovers to a back outside edge landing position <u>clockwise and counter clockwise</u> 4. Forward inside pivot
<b><u>Basic 3</u></b> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise <u>or</u> counter clockwise <u>4-6 consecutive</u> 3. Forward slalom 4. Backward one foot glide - <u>either foot</u> 5. Two foot spin – <u>minimum 3 revolutions</u>	<b><u>Basic 8:</u></b> 1. Moving forward outside or forward inside three turns <u>R &amp; L</u> 2. Waltz jump 3. Mazurka - <u>either direction</u> 4. 1 combination move - <u>clockwise or counter clockwise</u> – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - <u>free foot held to side of spinning leg or crossed position</u> minimum 3 revolutions
<b><u>Basic 4</u></b> 1. Standstill forward outside three turn - <u>R &amp; L</u> 2. Forward outside edge on a circle clockwise <u>or</u> counter clockwise <b>[not required for program with music]</b> 3. Forward crossovers <u>4-6 consecutive both directions</u> 4. Backward stroking <u>4-6 strokes</u> 5. Backward snowplow stop - <u>R or L</u>	

## **All events listed on this page are eligible for Michigan Basic Skills Series Points**

### **Compulsory Events**

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- *Skaters have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	TIME
BEGINNER (Formerly Limited Beginner)	1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin (free leg position optional) – <u>minimum 3 revolutions</u> 4. Forward <u>or</u> backward spiral	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	1:15
HIGH BEGINNER (formerly Beginner)	1. Toe loop jump 2. Salchow jump 3. Forward scratch spin – <u>minimum 3 revolutions</u> 4. Forward <u>or</u> backward spiral	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	1:15
No Test	1. Loop jump 2. Jump combination to include a toe loop ( <u>may not use a loop or Axel</u> ) 3. Solo spin- sit <u>or</u> camel spin – <u>minimum 3 revolutions</u> 4. Spiral sequence- <u>must include a forward and backward spiral</u> . Additional spirals and balance moves may be included.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	1:15

### **Free Skate Events**

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
BEGINNER [formerly Limited Beginner] Time-1:30 +/- 10	1. <b>Maximum of 5 jump elements</b> 2. Jumps with not more than ½ rotation [front to back or back to front]. 3. Max 2 jump sequences allowed. 4. Max 2 of any same jump	1. <b>Max 2 spins</b> 2. Two upright spins, no change of foot or flying entry 3. Min 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program.	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
HIGH BEGINNER [formerly Beginner] Time: 1:30 +/- 10	1. <b>Maximum of 5 jump elements</b> 2. Jumps with not more than ½ rotation [front to back or back to front including half-loop] 3. Single rotation jumps: Salchow and Toe Loop only. 4. Max 2 jump combinations or sequences 5. Max 2 of any same type jump	1. <b>Max 2 spins</b> 2. Two upright spins, change of foot optional, no flying entry 3. Min 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]</b>				
No Test Time: 1:30 +/-10	1. <b>Maximum of 5</b> 2. Single Jumps <b>[NO AXELS]</b> 3. Max 2 combos or sequences <b>[Combos limited to 2 jumps]</b> 4. Number of jumps in sequence Limited to 3 [1/2 loop is not considered single jump]	1. Maximum of 2 spins of a different nature 2. <b>Min. 3 revolutions</b> 3. Spins may change Feet and start with a Fly	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed any official U.S. Figure Skating free skate tests.





## SPECIAL OLYMPICS BADGE PROGRAM - events on this page eligible for Michigan Basic Skills Series Points

The Special Olympics Sports Skills Program is designed for people with mental handicaps who may exhibit any number of physical impairments. The Special Olympics Figure Skating Badge Program allows athletes to learn skills in a progressive order and earn badges at each level. Athletes who complete the Special Olympics Badge Program will be prepared to move into the existing badge program at local rinks.

<b>Badge 1</b> <b>A.</b> Stand unassisted for five seconds <b>B.</b> Fall and stand up unassisted <b>C.</b> Knee dip standing still unassisted <b>D.</b> March forward ten steps assisted	<b>Badge 7</b> <b>A.</b> Backward stroking across the rink <b>B.</b> Gliding backward to forward two foot turn <b>C.</b> T-stop left of right <b>D.</b> Forward two foot turn on a circle: L & R
<b>Badge 2</b> <b>A.</b> March forward ten steps unassisted <b>B.</b> Swizzles, standing still: three repetitions <b>C.</b> Backward wiggle or march assisted <b>D.</b> Two foot glide forward for distance of at least length of body	<b>Badge 8</b> <b>A.</b> Five consecutive forward crossovers: L & R <b>B.</b> Forward outside edge: L & R <b>C.</b> Five consecutive backward ½ swizzles on a circle: L & R
<b>Badge 3</b> <b>A.</b> Backward wiggle or march <b>B.</b> Five forward swizzles covering at least ten feet <b>C.</b> Forward skating across the rink <b>D.</b> Forward gliding dip covering at least length of body: L & R	<b>Badge 9</b> <b>A.</b> Forward outside three turn: L & R <b>B.</b> Forward inside edge: L & R <b>C.</b> Forward lunge or shoot the duck at any depth <b>D.</b> Bunny hop
<b>Badge 4</b> <b>A.</b> Backward two foot glide covering at least length of body <b>B.</b> Two foot jump in place <b>C.</b> One foot snowplow stop: L & R <b>D.</b> Forward one foot glide covering at least length of body: L & R	<b>Badge 10</b> <b>A.</b> Forward inside three turn: L & R <b>B.</b> Five consecutive backward crossovers: L & R <b>C.</b> Hockey stop <b>D.</b> Forward spiral three times length of body
<b>Badge 5</b> <b>A.</b> Forward stroking across rink <b>B.</b> Five backward swizzles covering at least ten feet <b>C.</b> Forward two foot curves left and right across rink <b>D.</b> Two foot curves left and right across rink	<b>Badge 11</b> <b>A.</b> Consecutive forward outside edges: minimum of two on each foot <b>B.</b> Consecutive forward inside edges: minimum of two on each foot <b>C.</b> Forward inside Mohawk: L & R <b>D.</b> Consecutive backward outside edges: minimum of two on each foot <b>E.</b> Consecutive backward inside edges: minimum of two on each foot
<b>Badge 6</b> <b>A.</b> Gliding forward to backward two foot turn <b>B.</b> Five consecutive forward one foot swizzles on circle: L & R <b>C.</b> Backward one foot glide length of body: L & R <b>D.</b> Forward pivot	<b>Badge 12</b> <b>A.</b> Waltz jump <b>B.</b> One foot spin: minimum of three revolutions <b>C.</b> Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise <b>D.</b> Combination of three moves chosen from badges 9-12



**Events listed on this page are NOT eligible for  
Michigan Basic Skills Series Points**

**Compulsory Events**

- Skated on ½ of ice surface. In program form, using a limited number of connecting steps, skating order of required elements optional
- No music allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- *Skaters have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	TIME
Pre-Preliminary	1. Single Flip jump 2. Jump combination : single / single [no Axel] 3. Sit or camel spin – <b>minimum 3 revolutions</b> 4. Spiral sequence – <b>must include 1 forward and 1 backward spiral</b> . Additional spirals and balance moves may be included	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test	1:00
Preliminary	1. Lutz jump 2. Single / single jump combination [may include Axel] 3. Back upright spin – <b>minimum 3 revolutions</b> 4. Forward Inside Spiral	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate	1:00

**Free Skate Events**

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from **EACH** mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element.
- 0.1 for any spin with less than required revolutions.

TEST TRACK FREE SKATE				
LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
<b>Pre-Preliminary</b> Time: 1:30 +/- 10	1. <b>Maximum of 5 jump elements.</b> 2. Jumps with not more ½ rotation [front to back or back to front]. 3. Single rotation jumps: Salchow, toe loop and loop jump <b>ONLY</b> 4. Max 2 jump combinations or sequences [using above jumps only] 5. Max 2 of any same type jump	1. <b>Max 2 spins</b> 2. Two spins of a different nature, one position only, no change of foot, no flying entry. 3. Min 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test
<b>Preliminary</b> Time: 1:30 +/- 10	1. <b>Maximum of 5 jump elements</b> 2. Jumps with not more than one rotation [no axels]. 3. Max 2 jump combinations or sequences 4. Max 2 of any same type jump.	1. <b>Max 2 spins:</b> 2. One spin in one position, no change of foot, no flying entry (3 revolutions min) 2. One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	1. Connecting moves and steps should be demonstrated throughout the program	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate



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**Free Skate Events**

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from **EACH** mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element.
- 0.1 for any spin with less than required revolutions.

<b>WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]</b>				
<b>Pre-Preliminary</b> Time: 1:30 +/- 10	1. <b>Maximum of 5 jump elements.</b> 2. Single jumps – axel permitted – no doubles 3. Max 2 combos or sequences <b>[limited to 2 jumps]</b> 4.. Number of jumps in sequence Limited to 3 [1/2 loop not considered single jump], axel may be repeated as individual jump, combo or sequence [Max 2 axels] 5. Double or triple jumps not allowed	1. Maximum of 2 spins of a different nature 2. Spins may change feet and start with a fly 3. <b>Minimum 3               revolutions</b>	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular or serpentine	May not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
<b>Preliminary</b> Time: 1:30 +/- 10	1. Maximum of 5 jump elements: 2. 1 Axel or Waltz jump type jump 3. Max 2 combos/sequences - Combos limited to 2 jumps, 4. Number of jumps in sequence - Limited to 3 [1/2 loop not considered a single jump] 5. 2 different double jumps allowed ( <b>double               Salchow, double Toe or double Loop only</b> ) 6. Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences. 7. Max of 2 Axels or any double jump	1. Maximum of 2 spins of a different nature 2. Spins may change feet and start with a fly 3. <b>Minimum 3               revolutions</b>	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular or serpentine	Must have passed the no higher than U.S. Figure Skating preliminary free skate





## Additional Events

### SHOWCASE EVENTS:

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

\* For specific guidelines regarding the conduct of Showcase or Artistic competitions, refer to the Nonqualifying Showcase Guidelines posted on [www.usfigureskating.org](http://www.usfigureskating.org).

Showcase categories may include:

- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-8	Elements only from Basic 1-8 curriculum	May not have passed any higher than Basic 8 level.	Time: 1:00 max.
Free skate 1-6/ Beginner/High Beginner/ Adult 1-4	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.
No Test/ Pre-Preliminary/ Adult Pre-Bronze	3 jump maximum. No Axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Time: 1:30 max.
Preliminary/ Adult Bronze	3 jump maximum. Axels are permitted, but no double jumps allowed.	Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze test.	Time: 1:40 max.



## EVENT: Spins Challenge

General event parameters:

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	<ul style="list-style-type: none"><li>• Upright one-foot spin (3)</li><li>• Upright two-foot spin (3)</li><li>• Sit spin (3)</li></ul>
High Beginner	1:30 max.	<ul style="list-style-type: none"><li>• Upright one-foot spin (3)</li><li>• Upright two-foot spin (3)</li><li>• Sit spin (3)</li></ul>
No Test	1:30 max.	<ul style="list-style-type: none"><li>• Upright one-foot spin (3)</li><li>• Upright two-foot spin (3)</li><li>• Sit spin (3)</li></ul>
Pre – Preliminary	1:30 max.	<ul style="list-style-type: none"><li>• Upright one-foot spin (3)</li><li>• Upright back-scratch spin (3)</li><li>• Sit spin (3)</li></ul>
Preliminary	1:30 max.	<ul style="list-style-type: none"><li>• Forward scratch to back scratch spin (3)</li><li>• Combination spin with no change of foot (4)</li><li>• Sit spin (3)</li></ul>

### INTERPRETIVE PROGRAM:

#### Competition Format

The Organizing Committee must pre-select and edit musical choices appropriate for these events. During the warm-up, skaters will hear the selection of music twice. Following the warm-up, all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs, the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

#### Levels:

Levels should be broken by ability with ages divided appropriately.

#### Judging Rules:

Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression.

Spins and jumps performed must be appropriate to competition level.

#### Time:

Music Duration: Free Skate 1-6 - No Test: 1:15

Pre-Preliminary - Preliminary: 1:30

**Coaching:** There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.



# Summer Freeze -- Event #12

## Entry Form [PLEASE PRINT CLEARLY]



Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_

Last First

E-Mail Address \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Area Code/Phone # \_\_\_\_\_

Home Club \_\_\_\_\_ USFSA # \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ Name of Parent/Guardian \_\_\_\_\_

\$50 First Event			
\$20 For Second Event		\$10 Each Additional Event	
Basic Compulsory	Compulsory	SPECIAL OLYMPICS	Artistic Showcase
Snowplow Sam*	Beginner *	Badge 1	Basic 1-8
Basic 1 *	High Beginner *	Badge 2	Beginner/High Beginner/Adult
Basic 2 *	No Test *	Badge 3	No Test/Pre Pre/PreBronze
Basic 3 *	Pre-Preliminary	Badge 4	Preliminary
Basic 4 *	Preliminary	Badge 5	
Basic 5 *	Free Skate	Badge 6	Interpretive
Basic 6 *	Beginner *	Badge 7	Basic Skills-No Test
Basic 7 *	High Beginner *	Badge 8	Pre Preliminary-Preliminary
Basic 8 *	No Test *	Badge 9	
	Pre-Preliminary	Badge 10	
Basic Prog w/ Music	Preliminary	Badge 11	
Snowplow Sam*		Badge 12	
Basic 1 *	WELL - BALANCED	Spins Challenge	
Basic 2 *	Free Skate	Beginner	
Basic 3 *	No Test*	High Beginner	
Basic 4 *	Pre-Preliminary	No Test	
Basic 5 *	Preliminary	Pre Preliminary	
Basic 6 *		Preliminary	
Basic 7 *			
Basic 8 *			

Events listed above with an \* after them will be eligible for Michigan Basic Skills Series Points

Entry Fees are not refundable after the entry deadline unless an event is cancelled.

If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

First Event \$ \_\_\_\_\_

Additional Event \$ \_\_\_\_\_

Additional Event \$ \_\_\_\_\_

Additional Event \$ \_\_\_\_\_

Join USFSA \$ \_\_\_\_\_

TOTAL: \$ \_\_\_\_\_

ENTRIES MUST BE POST MARKED BY July 25, 2015



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Approval Code: 18057

2015 Michigan Basic Skills Series - Like us on facebook 180

18057

**Certification of Competitor**

Competitor Name: \_\_\_\_\_

1. The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Coliseum FSC of MI and Arctic Coliseum harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.
2. As a participant, or parent/guardian of a minor participant, in the Summer Freeze/Basic Skills Series, I understand that the Summer Freeze/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at Summer Freeze/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Summer Freeze/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media
3. I have read the Concussion Awareness Information located on [www.sk8stuff.com](http://www.sk8stuff.com) and by signing below, I am agreeing to the terms and conditions.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Club Officer/Program Director \_\_\_\_\_

Title \_\_\_\_\_ Date \_\_\_\_\_

COMPETITOR SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_

Coach Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

Please print clearly

Are you registered on USFS Coaches Registry for 2014-2015? Yes ☐ USFS # \_\_\_\_\_

If you are not registered, go to [www.usfigureskating.org](http://www.usfigureskating.org), click on the Coaches Registration button and follow the instruction for registration.

**COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT**

Phone \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Please print clearly

**CHECKLIST [please be sure the following is included]:**

\_\_\_\_ Entry form with USFSA Number      \_\_\_\_ Club Officer/Program Director Signature

\_\_\_\_ Check payable to Coliseum FSC      \_\_\_\_ Events to be entered checked properly





## MICHIGAN BASIC SKILLS SERIES PERFORMANCE CAMP

**Novi Ice Arena**  
**July 12, 2015**

This camp is opened to anyone 14 years or younger. Basic Skills skaters up to the Preliminary Free Skate test are eligible for this camp. We recommend that skaters can skate across the ice without assistance. Camp includes on & off ice instructions.

Parents Education Seminar has been revised. We will be having free Parent mini sessions throughout the day. You may attend one, two or all of them. Topics and Presenters will be determined at a later date.

For more information please contact Suzy Malloure - [suzymalloure@gmail.com](mailto:suzymalloure@gmail.com).

