



## Event #3 - Arctic Basic Skills April 19, 2015

### 2015 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 7, 2015

#### Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

1 <sup>st</sup> Place	6 points
2 <sup>nd</sup> Place	5 points
3 <sup>rd</sup> Place	4 points
4 <sup>th</sup> Place	3 points
5 <sup>th</sup> Place	2 points
6 <sup>th</sup> Place	1 point

In the event of tied total points, all skaters tied for a place will be awarded a medal, no ties will be broken.

**Points are accumulated for Compulsory and Free Skate events separately.**

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics **will NOT** be counted in the Freeskate and Elements/Compulsory Program Series for this 2015 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events **will NOT** be counted for this 2015 season.

At the end of the 2015 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as [www.sk8stuff.com](http://www.sk8stuff.com). Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

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Approval Code: 17982

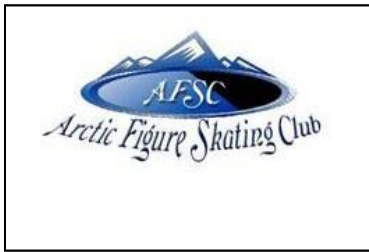
## 9<sup>th</sup> Annual USFS Michigan Basic Skills Series – Hosted by the following:

<p>Event #1 Onyx-Suburban B/S Challenge  <b>March 21, 2015</b>  <b>Entry Deadline – February 28, 2015</b>                  Suburban Ice Macomb                  Contact: Jeanette Daskas                  Phone: 248-917-9544  <a href="mailto:jendaskas@aol.com">jendaskas@aol.com</a></p>	<p>Event #2 – Mountain Town Classic  <b>April 18, 2015</b>  <b>Entry Deadline – March 28, 2015</b>                  The I.C.E. Arena                  Contact: Ginni Phillips                  Phone: 989-560-3871  <a href="mailto:gpsk8r@gmail.com">gpsk8r@gmail.com</a></p>	<p>Event #3 - Arctic Basic Skills  <b>April 19, 2015</b>  <b>Entry Deadline – March 28, 2015</b>                  Arctic Edge Ice Arena                  Contact: Robin Liberatore                  Phone: 734-634-3410  <a href="mailto:liberatoremom@gmail.com">liberatoremom@gmail.com</a></p>
<p>Event #4 – Skate the Zoo  <b>April 25, 2015</b>  <b>Entry Deadline – April 4, 2015</b>                  Wing’s West                  Contacts: Jessica LaPorte                  Phone: 269-363-9668  <a href="mailto:j8houk@hotmail.com">j8houk@hotmail.com</a></p>	<p>Event #5 Journey on the River Raisin  <b>May 30, 2015</b>  <b>Entry Deadline – May 9, 2015</b>                  Monroe Multi-Sports Complex                  Louis Lombardo III                  Phone: 734-457-4219  <a href="mailto:louis@monroemultisports.com">louis@monroemultisports.com</a></p>	<p>Event #6 Ann Arbor Skills &amp; Showcase  <b>June 13, 2015</b>  <b>Entry Deadline: May 23, 2015</b>                  Ann Arbor Ice Cube                  Susan Erskine                  Phone 734-213-6768 / 419-260-8470  <a href="mailto:sk8ersmom@gmail.com">sk8ersmom@gmail.com</a></p>
<p>Event #7 – Summer Swizzle  <b>June 20, 2015</b>  <b>Entry Deadline: May 30, 2015</b>                  Farmington Hills Ice Arena                  Contact: Kathy Krawczyk                  Phone: 313-806-0313  <a href="mailto:summerswizzle@fhfsc.org">summerswizzle@fhfsc.org</a></p>	<p>Event #8 ICES Basic Skills Challenge  <b>June 27, 2015</b>  <b>Entry Deadline – June 6, 2015</b>                  Troy Sports Center                  Contact: Kim Baxi                  Phone: 248-835-2732  <a href="mailto:kimsbaxi@hotmail.com">kimsbaxi@hotmail.com</a></p>	<p>Event #9 – Summer Chill Basic Skills  <b>July 11, 2015</b>  <b>Entry Deadline: June 20, 2015</b>                  Novi Ice Arena                  Contacts: Chelsea Walker                  Phone: 248-719-2724  <a href="mailto:chelseawalker17@aol.com">chelseawalker17@aol.com</a></p>
<p>Event #10 - Skate the Shores  <b>July 18, 2015</b>  <b>Entry Deadline : June 27, 2015</b>                  St Clair Shores Civic Arena                  Laura Delbarba                  Phone: 586-445-5350  <a href="mailto:Sk8ncoach@yahoo.com">Sk8ncoach@yahoo.com</a></p>	<p>Event #11 – I.C.E. Basic Skills Comp.  <b>August 8, 2015</b>  <b>Entry Deadline – July 18, 2015</b>                  Flint Iceland Arena                  Contact: Brandon Forsyth                  Phone: 860-305-9029  <a href="mailto:icefscoffice@gmail.com">icefscoffice@gmail.com</a></p>	<p>Event #12 Summer Freeze                  Coliseum FSC  <b>August 15, 2015</b>  <b>Entry Deadline – July 25, 2015</b>                  Arctic Coliseum                  Contact: Kayleah Crosby                  Phone: 517-581-0014  <a href="mailto:Kayleah.crosby@gmail.com">Kayleah.crosby@gmail.com</a></p>
<p>Event #13 – Skate Elite  <b>October 3, 2015</b>  <b>Entry Deadline: September 15, 2015</b>                  Crystal Fieldhouse                  Contact: Jacklinn Brayan                  Phone: 810-814-1744  <a href="mailto:eliteskatingacademy@gmail.com">eliteskatingacademy@gmail.com</a></p>	<p>Event #14 – Dearborn Basic Skills Comp  <b>October 10, 2015</b>  <b>Entry Deadline: Sept 19, 2015</b>                  Dearborn Ice Skating Center                  Contact: Stacy Holland                  Phone: 313—574-4534  <a href="mailto:ssholland76@gmail.com">ssholland76@gmail.com</a></p>	<p>Event #15- Tuxedo Invitational  <b>October 18, 2015</b>  <b>Entry Deadline: September 27, 2015</b>                  Bowling Green State University Arena                  Contact: Pat Rabb                  Phone: 419-308-4552  <a href="mailto:perabb59@gmail.com">perabb59@gmail.com</a></p>
<p>Event #16 – Plymouth FSC Spooktacular  <b>October 24, 2015</b>  <b>Entry Deadline: October 10, 2015</b>                  Compuware Sports Arena                  Contact: Ellen Elliott                  Phone: 734-233-1529  <a href="mailto:jejmelliott@aol.com">jejmelliott@aol.com</a></p>	<p>Event #17 - Skate Midland  <b>November 7, 2015</b>  <b>Entry Deadline: October 17, 2015</b>                  Midland Civic Arena                  Contact: Karen Boswell                  Phone: 989-695-4832  <a href="mailto:kboswell99@gmail.com">kboswell99@gmail.com</a></p>	<p style="text-align: center;"><b>SERIES AWARDS                  CEREMONY                  ON THE ICE                  AT THE MIDLAND                  COMPETITION</b></p>



**The 2015 Basic Skills Day Camp will be held at the Novi Ice Arena on Sunday July 12th.**





Arctic - Basic Skills Competition  
Arctic Figure Skating Club  
Arctic Edge Ice Arena ♦ 46615 Michigan Avenue ♦ Canton MI 48188  
734-634-3410  
[www.arcticfsc.com](http://www.arcticfsc.com)

**Sunday, April 19, 2015**  
**Entry Deadline: March 28, 2015**

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The Arctic Basic Skills Competition, sponsored by the Arctic Figure Skating Club will be held at the Arctic Edge Ice Arena on April 19, 2015. The ice surface measures 200 x 85 feet. This is a United States Figure Skating approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Robin Liberatore, liberatoremom@gmail.com or 734-634-3410. E-mail communications are preferred.

**Mission Statement** – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

**Eligibility** - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-8 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

**Rules** – The competition will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program.

**Entry Fees** – The first event is \$50.00, the second event is \$20 and each additional event after that is \$10.00. All

entries must be postmarked no later than March 28, 2015. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

**Entry forms must be filled out legibly and completely** and mailed with a check made payable to AFSC to:

Robin Liberatore  
1143 W. Lemont Court  
Canton, MI 48187

There will be a \$35.00 fee for returned checks.

**Awards** – **All competitors will receive a medal.** All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

**Registration** – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. **Please register at least one hour before your competition time.**

**Schedule of Events** – Schedule will be posted on the Internet at the Figure Skater's Website, [www.sk8stuff.com](http://www.sk8stuff.com).

**Music** – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

**Practice Ice** – Practice Ice will be available in 20-minute sessions. Details will be provided in a mailing prior to the competition date. Sign-in and pay \$8.00 at the door.

Awards will be handed out and a podium will be available for group and individual photos.

# BASIC ELEMENTS/PROGRAM W/MUSIC: SNOWPLOW SAM – BASIC 8

## All events listed on this page are eligible for Michigan Basic Skills Series Points

• **BASIC ELEMENTS**

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

• **BASIC PROGRAM W/MUSIC**

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- A .2 deduction will be taken **for each** element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p><b><u>Snowplow Sam - Tots:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles <u>2-3 in a row</u></li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles <u>2-6 in a row</u></li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise <u>or</u> counterclockwise <b>[not required for program with music]</b></li> <li>2. Backward crossovers <u>4-6 consecutive - both directions</u></li> <li>3. Basic one foot spin – <u>free leg held to side of spinning leg - minimum of three revolutions</u></li> <li>4. Side toe hop <u>-either direction</u></li> <li>5. Hockey stop</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide and dip</li> <li>2. Forward two foot swizzles <u>6 -8 in a row</u></li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles <u>6-8 in a row</u></li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside three turn - <u>R &amp; L</u></li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - <u>R or L</u></li> <li>4. Lunge - <u>R or L</u></li> <li>5. T-stop - <u>R or L</u></li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - <u>either foot</u></li> <li>2. Forward alternating ½ swizzle pumps, in a straight line - <u>2-3 each foot</u></li> <li>3. Moving snowplow stop</li> <li>4. Two foot turn in place forward to backward</li> <li>5. Backward two foot swizzles - <u>6 - 8 in a row</u></li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside open Mohawk - <u>R to L and L to R</u></li> <li>2. Ballet Jump - <u>either direction</u></li> <li>3. Back crossovers to a back outside edge landing position <u>clockwise and counter clockwise</u></li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise <u>or</u> counter clockwise <u>4-6 consecutive</u></li> <li>3. Forward slalom</li> <li>4. Backward one foot glide - <u>either foot</u></li> <li>5. Two foot spin – <u>minimum 3 revolutions</u></li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns <u>R &amp; L</u></li> <li>2. Waltz jump</li> <li>3. Mazurka - <u>either direction</u></li> <li>4. 1 combination move - <u>clockwise or counter clockwise</u> – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - <u>free foot held to side of spinning leg or crossed position minimum 3 revolutions</u></li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward outside three turn - <u>R &amp; L</u></li> <li>2. Forward outside edge on a circle clockwise <u>or</u> counter clockwise <b>[not required for program with music]</b></li> <li>3. Forward crossovers <u>4-6 consecutive both directions</u></li> <li>4. Backward stroking <u>4-6 strokes</u></li> <li>5. Backward snowplow stop - <u>R or L</u></li> </ol>	



**All events listed on this page are eligible for**  
**Michigan Basic Skills Series Points**  
**Compulsory Events**

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- *Skaters have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	TIME
BEGINNER (Formerly Limited Beginner)	<ol style="list-style-type: none"> <li>1. Waltz jump</li> <li>2. ½ jump of choice</li> <li>3. Forward two foot or one foot spin (free leg position optional) – <u>minimum 3 revolutions</u></li> <li>4. Forward <u>or</u> backward spiral</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	1:15
HIGH BEGINNER (formerly Beginner)	<ol style="list-style-type: none"> <li>1. Toe loop jump</li> <li>2. Salchow jump</li> <li>3. Forward scratch spin – <u>minimum 3 revolutions</u></li> <li>4. Forward <u>or</u> backward spiral</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	1:15
No Test	<ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (<u>may not use a loop or Axel</u>)</li> <li>3. Solo spin- sit <u>or</u> camel spin – <u>minimum 3 revolutions</u></li> <li>4. Spiral sequence- <u>must include a forward and backward spiral</u>. Additional spirals and balance moves may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	1:15

**Free Skate Events**

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
<b>BEGINNER</b> [formerly Limited Beginner] Time: 1:40 MAX	<ol style="list-style-type: none"> <li>1. <b>Maximum of 5 jump elements</b></li> <li>2. Jumps with not more than ½ rotation [front to back or back to front].</li> <li>3. Max 2 jump sequences allowed.</li> <li>4. Max 2 of any same jump</li> </ol>	<ol style="list-style-type: none"> <li>1. <b>Max 2 spins</b></li> <li>2. Two upright spins, no change of foot or flying entry</li> <li>3. Min 3 revolutions</li> </ol>	<ol style="list-style-type: none"> <li>1. Connecting moves and steps should be demonstrated throughout the program.</li> </ol>	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>HIGH BEGINNER</b> [formerly Beginner] Time: 1:40 MAX	<ol style="list-style-type: none"> <li>1. <b>Maximum of 5 jump elements</b></li> <li>2. Jumps with not more than ½ rotation [front to back or back to front including half-loop]</li> <li>3. Single rotation jumps: Salchow and Toe Loop only.</li> <li>4. Max 2 jump combinations or sequences</li> <li>5. Max 2 of any same type jump</li> </ol>	<ol style="list-style-type: none"> <li>1. <b>Max 2 spins</b></li> <li>2. Two upright spins, change of foot optional, no flying entry</li> <li>3. Min 3 revolutions</li> </ol>	<ol style="list-style-type: none"> <li>1. Connecting moves and steps should be demonstrated throughout the program</li> </ol>	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]</b>				
<b>No Test</b> Time: 1:40 MAX	<ol style="list-style-type: none"> <li>1. <b>Maximum of 5</b></li> <li>2. Single Jumps [NO AXELS]</li> <li>3. Max 2 combos or sequences [Combos limited to 2 jumps]</li> <li>4. Number of jumps in sequence Limited to 3 [1/2 loop is not considered single jump]</li> </ol>	<ol style="list-style-type: none"> <li>1. Maximum of 2 spins of a different nature</li> <li>2. <b>Min. 3 revolutions</b></li> <li>3. Spins may change Feet and start with a Fly</li> </ol>	<ol style="list-style-type: none"> <li>1. Connecting moves and steps should be demonstrated throughout the program</li> </ol>	May not have passed any official U.S. Figure Skating free skate tests.





## SPECIAL OLYMPICS BADGE PROGRAM - events on this page eligible for Michigan Basic Skills Series Points

The Special Olympics Sports Skills Program is designed for people with mental handicaps who may exhibit any number of physical impairments. The Special Olympics Figure Skating Badge Program allows athletes to learn skills in a progressive order and earn badges at each level. Athletes who complete the Special Olympics Badge Program will be prepared to move into the existing badge program at local rinks.

<p><b>Badge 1</b></p> <ul style="list-style-type: none"> <li>A. Stand unassisted for five seconds</li> <li>B. Fall and stand up unassisted</li> <li>C. Knee dip standing still unassisted</li> <li>D. March forward ten steps assisted</li> </ul>	<p><b>Badge 7</b></p> <ul style="list-style-type: none"> <li>A. Backward stroking across the rink</li> <li>B. Gliding backward to forward two foot turn</li> <li>C. T-stop left of right</li> <li>D. Forward two foot turn on a circle: L &amp; R</li> </ul>
<p><b>Badge 2</b></p> <ul style="list-style-type: none"> <li>A. March forward ten steps unassisted</li> <li>B. Swizzles, standing still: three repetitions</li> <li>C. Backward wiggle or march assisted</li> <li>D. Two foot glide forward for distance of at least length of body</li> </ul>	<p><b>Badge 8</b></p> <ul style="list-style-type: none"> <li>A. Five consecutive forward crossovers: L &amp; R</li> <li>B. Forward outside edge: L &amp; R</li> <li>C. Five consecutive backward ½ swizzles on a circle: L &amp; R</li> </ul>
<p><b>Badge 3</b></p> <ul style="list-style-type: none"> <li>A. Backward wiggle or march</li> <li>B. Five forward swizzles covering at least ten feet</li> <li>C. Forward skating across the rink</li> <li>D. Forward gliding dip covering at least length of body: L &amp; R</li> </ul>	<p><b>Badge 9</b></p> <ul style="list-style-type: none"> <li>A. Forward outside three turn: L &amp; R</li> <li>B. Forward inside edge: L &amp; R</li> <li>C. Forward lunge or shoot the duck at any depth</li> <li>D. Bunny hop</li> </ul>
<p><b>Badge 4</b></p> <ul style="list-style-type: none"> <li>A. Backward two foot glide covering at least length of body</li> <li>B. Two foot jump in place</li> <li>C. One foot snowplow stop: L &amp; R</li> <li>D. Forward one foot glide covering at least length of body: L &amp; R</li> </ul>	<p><b>Badge 10</b></p> <ul style="list-style-type: none"> <li>A. Forward inside three turn: L &amp; R</li> <li>B. Five consecutive backward crossovers: L &amp; R</li> <li>C. Hockey stop</li> <li>D. Forward spiral three times length of body</li> </ul>
<p><b>Badge 5</b></p> <ul style="list-style-type: none"> <li>A. Forward stroking across rink</li> <li>B. Five backward swizzles covering at least ten feet</li> <li>C. Forward two foot curves left and right across rink</li> <li>D. Two foot curves left and right across rink</li> </ul>	<p><b>Badge 11</b></p> <ul style="list-style-type: none"> <li>A. Consecutive forward outside edges: minimum of two on each foot</li> <li>B. Consecutive forward inside edges: minimum of two on each foot</li> <li>C. Forward inside Mohawk: L &amp; R</li> <li>D. Consecutive backward outside edges: minimum of two on each foot</li> <li>E. Consecutive backward inside edges: minimum of two on each foot</li> </ul>
<p><b>Badge 6</b></p> <ul style="list-style-type: none"> <li>A. Gliding forward to backward two foot turn</li> <li>B. Five consecutive forward one foot swizzles on circle: L &amp; R</li> <li>C. Backward one foot glide length of body: L &amp; R</li> <li>D. Forward pivot</li> </ul>	<p><b>Badge 12</b></p> <ul style="list-style-type: none"> <li>A. Waltz jump</li> <li>B. One foot spin: minimum of three revolutions</li> <li>C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise</li> <li>D. Combination of three moves chosen from badges 9-12</li> </ul>



**Events listed on this page are NOT eligible for  
Michigan Basic Skills Series Points**

**Compulsory Events**

- Skated on ½ of ice surface. In program form, using a limited number of connecting steps, skating order of required elements optional
- No music allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- *Skaters have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	TIME
Pre-Preliminary	1. Single Flip jump 2. Jump combination : single / single [no Axel] 3. Sit or camel spin – <b>minimum 3 revolutions</b> 4. Spiral sequence – <b>must include 1 forward and 1 backward spiral</b> . Additional spirals and balance moves may be included	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test	1:00
Preliminary	1. Lutz jump 2. Single / single jump combination [may include Axel] 3. Back upright spin – <b>minimum 3 revolutions</b> 4. Forward Inside Spiral	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate	1:00

**Free Skate Events**

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from **EACH** mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element.
- 0.1 for any spin with less than required revolutions.

TEST TRACK FREE SKATE				
LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
<b>Pre-Preliminary</b> Time: 1:30 +/- 10	1. <b>Maximum of 5 jump elements.</b> 2. Jumps with not more ½ rotation [front to back or back to front]. 3. Single rotation jumps: Salchow, toe loop and loop jump <b>ONLY</b> 4. Max 2 jump combinations or sequences [using above jumps only] 5. Max 2 of any same type jump	1. <b>Max 2 spins</b> 2. Two spins of a different nature, one position only, no change of foot, no flying entry. 3. Min 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test
<b>Preliminary</b> Time: 1:30 +/- 10	1. <b>Maximum of 5 jump elements</b> 2. Jumps with not more than one rotation [no axels]. 3. Max 2 jump combinations or sequences 4. Max 2 of any same type jump.	1. <b>Max 2 spins:</b> 2. One spin in one position, no change of foot, no flying entry (3 revolutions min) 2. One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	1. Connecting moves and steps should be demonstrated throughout the program	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate





**Events listed on this page are NOT eligible for  
Michigan Basic Skills Series Points**

**Free Skate Events**

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from **EACH** mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element.
- 0.1 for any spin with less than required revolutions.

<b>WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]</b>				
<b>Pre-Preliminary</b> Time: 1:30 +/- 10	1. <b>Maximum of 5 jump elements.</b> 2. Single jumps – axel permitted – no doubles 3. Max 2 combos or sequences [ <b>limited to 2 jumps</b> ] 4.. Number of jumps in sequence Limited to 3 [1/2 loop not considered single jump], axel may be repeated as individual jump, combo or sequence [Max 2 axels] 5. Double or triple jumps not allowed	1. Maximum of 2 spins of a different nature 2. Spins may change feet and start with a fly 3. <b>Minimum 3 revolutions</b>	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular or serpentine	May not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
<b>Preliminary</b> Time: 1:30 +/- 10	1. Maximum of 5 jump elements: 2. 1 Axel or Waltz jump type jump 3. Max 2 combos/sequences - Combos limited to 2 jumps, 4. Number of jumps in sequence - Limited to 3 [1/2 loop not considered a single jump] 5. 2 different double jumps allowed ( <b>double Salchow, double Toe or double Loop only</b> ) 6. Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences. 7. Max of 2 Axels or any double jump	1. Maximum of 2 spins of a different nature 2. Spins may change feet and start with a fly 3. <b>Minimum 3 revolutions</b>	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular or serpentine	Must have passed the no higher than U.S. Figure Skating preliminary free skate



**Arctic Basic Skills – Event #3**  
**Entry Form [PLEASE PRINT CLEARLY]**



Name \_\_\_\_\_ Age \_\_\_\_\_ **Birth Date** \_\_\_\_\_

Last First

**E-Mail Address** \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Area Code/Phone # \_\_\_\_\_

**Home Club** \_\_\_\_\_ **USFSA #** \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ Name of Parent/Guardian \_\_\_\_\_

<b>\$50 First Event</b>			
<b>\$20 For Second Event</b>		<b>\$10 Each Additional Event</b>	
<b>Basic Compulsory</b>	<b>Compulsory</b>	<b>SPECIAL OLYMPICS</b>	
Snowplow Sam*	Beginner *	Badge 1	
Basic 1 *	High Beginner *	Badge 2	
Basic 2 *	No Test *	Badge 3	
Basic 3 *	Pre-Preliminary	Badge 4	
Basic 4 *	Preliminary	Badge 5	
Basic 5 *	<b>Free Skate</b>	Badge 6	
Basic 6 *	Beginner *	Badge 7	
Basic 7 *	High Beginner *	Badge 8	
Basic 8 *	No Test *	Badge 9	
	Pre-Preliminary	Badge 10	
<b>Basic Prog w/ Music</b>	Preliminary	Badge 11	
Snowplow Sam*		Badge 12	
Basic 1 *	<b>WELL - BALANCED</b>		
Basic 2 *	<b>Free Skate</b>		
Basic 3 *	No Test*		
Basic 4 *	Pre-Preliminary		
Basic 5 *	Preliminary		
Basic 6 *			
Basic 7 *			
Basic 8 *			

*Events listed above with an \* after them will be eligible for Michigan Basic Skills Series Points*

*Entry Fees are not refundable after the entry deadline unless an event is cancelled.*

*If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program*

First Event \$ \_\_\_\_\_  
 Additional Event \$ \_\_\_\_\_  
 Additional Event \$ \_\_\_\_\_  
 Join USFSA \$ \_\_\_\_\_  
**TOTAL:** \$ \_\_\_\_\_

**ENTRIES MUST BE POST MARKED BY March 28, 2015**  
 Mail form and fees to: Robin Liberatore  
 1143 W. Lemont Ct  
 Canton, MI 48187

Make check or money order payable to **AFSC**



## Certification of Competitor

Competitor Name: \_\_\_\_\_

1. The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the ARCTIC FIGURE SKATING CLUB AND ARCTIC EDGE ICE ARENA harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.
2. As a participant, or parent/guardian of a minor participant, in the Event #3 Arctic Basic Skills Series Basic Skills Series, I understand that the Event #3 Arctic Basic Skills Series Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at Event #3 Arctic Basic Skills Series Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Event #3 Arctic Basic Skills Series Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media
3. I have read the Concussion Awareness Information located on [www.sk8stuff.com](http://www.sk8stuff.com) and by signing below, I am agreeing to the terms and conditions.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Club Officer/Program Director \_\_\_\_\_

Title \_\_\_\_\_ Date \_\_\_\_\_

COMPETITOR SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_

Coach Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

Please print clearly

Registered on USFS Coaches Registry for Current Season? Yes  USFS # \_\_\_\_\_

If you are not registered, go to [www.usfigureskating.org](http://www.usfigureskating.org), click on the Coaches Registration button and follow the instruction for registration.

**COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT**

Phone \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Please print clearly

### **CHECKLIST [please be sure the following is included]:**

\_\_\_\_ Entry form with USFSA Number      \_\_\_\_ Club Officer/Program Director Signature

\_\_\_\_ Check payable to AFSC      \_\_\_\_ Events to be entered checked properly





## MICHIGAN BASIC SKILLS SERIES PERFORMANCE CAMP

**Novi Ice Arena**  
**July 12, 2015**

This camp is opened to anyone 14 years or younger. Basic Skills skaters up to the Preliminary Free Skate test are eligible for this camp. We recommend that skaters can skate across the ice without assistance. Camp includes on & off ice instructions.

Parents Education Seminar has been revised. We will be having free Parent mini sessions throughout the day. You may attend one, two or all of them. Topics and Presenters will be determined at a later date.

For more information please contact Suzy Malloure - [suzymalloure@gmail.com](mailto:suzymalloure@gmail.com) .

