

Michigan High School Series

Wyandotte 4:30 PM Tuesday, February 17, 2015

17

1 2 3 4 5 6 7 8

Event #	Time		Event	# Skaters	Allow this time	Lore Murphy	Colleen Bohunicky	Lynn Fox	Phyllis Little	Don Korte	Dorothy Tank
	Begin	End									
D2-3											
	4:30 PM	5:15 PM	Practice Ice	45							
	5:15 PM	5:30 PM	Resurface	15							
1	5:30 PM		Level A Jumps	3		R	2	3	4	5	6
2	5:30 PM		Level B Jumps	4		R	2	3	4	5	6
3	5:30 PM	5:57 PM	Level C Jumps	6	27	R	2	3	4	5	6
	5:57 PM	6:02 PM	Break - NO RESURFACE	5							
4	6:02 PM		Level A Moves	3		R	2	3	4	5	6
5	6:02 PM		Level B Moves	4		R	2	3	4	5	6
6	6:02 PM	6:47 PM	Level C Moves	6	46	R	2	3	4	5	6
	6:47 PM	7:02 PM	Ice Make	15							
7	7:02 PM	7:02 PM	Level A Spins	3		R	2	3	4	5	6
8	7:02 PM	7:02 PM	Level B Spins	4		R	2	3	4	5	6
9	7:02 PM	7:30 PM	Level C Spins	6	29	R	2	3	4	5	6
Competition Ends											

Hosted by: **Trenton**

Sanction: 14758

At this competition, for each discipline the first 4 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat. After all 4 teams have skated, they leave the ice and the next 5 enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as shown below.

Jumps: 1,2,3 / 4, 5,6
 Moves: 2,3,1 / 5,6,4
 Spins: 3,1,2 / 6,4,5

Note these are in SKATING order

		A	B	C	
Southgate	ABC 1				1
Trenton	C 2	X	X		2
Wyandotte	BC 3	X			3
Downriver United	ABC 4				4
Cabrini	AC 5		X		5
Gabriel Richard	BC 6	X			6

Each team is permitted ONE reskated element per level, per competition.

rev 10; 2/17/2014

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

First Group

Jumps Element 1

Southgate	ABC
Trenton	C
Wyandotte	BC

Jumps Element 2

Trenton	C
Wyandotte	BC
Southgate	ABC

Jumps Element 3

Wyandotte	BC
Southgate	ABC
Trenton	C

Jumps Element 4

Southgate	ABC
Trenton	C
Wyandotte	BC

First Group

Moves Element 1

Trenton	C
Wyandotte	BC
Southgate	ABC

Moves Element 2

Wyandotte	BC
Southgate	ABC
Trenton	C

Moves Element 3

Southgate	ABC
Trenton	C
Wyandotte	BC

Moves Element 4

Trenton	C
Wyandotte	BC
Southgate	ABC

First Group

Spins Element 1

Wyandotte	BC
Southgate	ABC
Trenton	C

Spins Element 2

Southgate	ABC
Trenton	C
Wyandotte	BC

Spins Element 3

Trenton	C
Wyandotte	BC
Southgate	ABC

Spins Element 4

Wyandotte	BC
Southgate	ABC
Trenton	C

Second Group

Jumps Element 1

Downriver United	ABC
Cabrini	AC
Gabriel Richard	BC

Jumps Element 2

Cabrini	AC
Gabriel Richard	BC
Downriver United	ABC

Jumps Element 3

Gabriel Richard	BC
Downriver United	ABC
Cabrini	AC

Jumps Element 4

Downriver United	ABC
Cabrini	AC
Gabriel Richard	BC

Second Group

Moves Element 1

Cabrini	AC
Gabriel Richard	BC
Downriver United	ABC

Moves Element 2

Gabriel Richard	BC
Downriver United	ABC
Cabrini	AC

Moves Element 3

Downriver United	ABC
Cabrini	AC
Gabriel Richard	BC

Moves Element 4

Cabrini	AC
Gabriel Richard	BC
Downriver United	ABC

Second Group

Spins Element 1

Gabriel Richard	BC
Downriver United	ABC
Cabrini	AC

Spins Element 2

Downriver United	ABC
Cabrini	AC
Gabriel Richard	BC

Spins Element 3

Cabrini	AC
Gabriel Richard	BC
Downriver United	ABC

Spins Element 4

Gabriel Richard	BC
Downriver United	ABC
Cabrini	AC

Reskates Log

			A	B	C	
Southgate	ABC	1				1
Trenton	C	2	X	X		2
Wyandotte	BC	3	X			3
Downriver United	ABC	4				4
Cabrini	AC	5		X		5
Gabriel Richard	BC	6	X			6