

Michigan High School Series

Farmington		4:00 PM Wednesday, February 11, 2015		15	1	2	3	4	5	6	7	8	
Event #	Time	Event	# Skaters	Allow this time	Don Korte	Colleen Bohunicky	Phyllis Little	Mary Chapman	Mark Reina	Cindy York			
											Begin	End	D1-3
4:00 PM		4:45 PM	Practice Ice		45								
4:45 PM		5:00 PM	Resurface		15								
1	5:00 PM	Level A Jumps		5	R	2	3	4	5	6			
2	5:00 PM	Level B Jumps		7	R	2	3	4	5	6			
3	5:00 PM	5:37 PM	Level C Jumps		6	38	R	2	3	4	5	6	
5:37 PM		5:42 PM	Break - NO RESURFACE		5								
4	5:42 PM	Level A Moves		5	R	2	3	4	5	6			
5	5:42 PM	Level B Moves		7	R	2	3	4	5	6			
6	5:42 PM	6:45 PM	Level C Moves		6	63	R	2	3	4	5	6	
6:45 PM		7:00 PM	Ice Make		15								
7	7:00 PM	7:00 PM	Level A Spins		5	R	2	3	4	5	6		
8	7:00 PM	7:00 PM	Level B Spins		7	R	2	3	4	5	6		
9	7:00 PM	7:39 PM	Level C Spins		6	40	R	2	3	4	5	6	
Competition Ends													

Hosted by: **Farmington**

Sanction: 14756

At this competition, for each discipline the first 4 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat. After all 4 teams have skated, they leave the ice and the next 5 enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as shown below.

Jumps: 1,2,3 / 4, 5,6,7
 Moves: 2,3,1 / 5,6,7,4
 Spins: 3,1,2 / 6,7,4,5

Note these are in SKATING order

				A	B	C	
United Farmington		AB	1			X	1
Birmingham		ABC	2				2
AA Huron		BC	3	X			3
Plymouth Canton		ABC	4				4
Novi		ABC	5				5
Northville		BC	6	X			6
Mercy		ABC	7				7

Each team is permitted ONE reskated element per level, per competition.

rev 9; 2/9/2014

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

First Group

Jumps Element 1

United Farmington	AB
Birmingham	ABC
AA Huron	BC

Jumps Element 2

Birmingham	ABC
AA Huron	BC
United Farmington	AB

Jumps Element 3

AA Huron	BC
United Farmington	AB
Birmingham	ABC

Jumps Element 4

United Farmington	AB
Birmingham	ABC
AA Huron	BC

First Group

Moves Element 1

Birmingham	ABC
AA Huron	BC
United Farmington	AB

Moves Element 2

AA Huron	BC
United Farmington	AB
Birmingham	ABC

Moves Element 3

United Farmington	AB
Birmingham	ABC
AA Huron	BC

Moves Element 4

Birmingham	ABC
AA Huron	BC
United Farmington	AB

First Group

Spins Element 1

AA Huron	BC
United Farmington	AB
Birmingham	ABC

Spins Element 2

United Farmington	AB
Birmingham	ABC
AA Huron	BC

Spins Element 3

Birmingham	ABC
AA Huron	BC
United Farmington	AB

Spins Element 4

AA Huron	BC
United Farmington	AB
Birmingham	ABC

Second Group

Jumps Element 1

Plymouth Canton	ABC
Novi	ABC
Northville	BC
Mercy	ABC

Jumps Element 2

Novi	ABC
Northville	BC
Mercy	ABC
Plymouth Canton	ABC

Jumps Element 3

Northville	BC
Mercy	ABC
Plymouth Canton	ABC
Novi	ABC

Jumps Element 4

Mercy	ABC
Plymouth Canton	ABC
Novi	ABC
Northville	BC

Second Group

Moves Element 1

Novi	ABC
Northville	BC
Mercy	ABC
Plymouth Canton	ABC

Moves Element 2

Northville	BC
Mercy	ABC
Plymouth Canton	ABC
Novi	ABC

Moves Element 3

Mercy	ABC
Plymouth Canton	ABC
Novi	ABC
Northville	BC

Moves Element 4

Plymouth Canton	ABC
Novi	ABC
Northville	BC
Mercy	ABC

Second Group

Spins Element 1

Northville	BC
Mercy	ABC
Plymouth Canton	ABC
Novi	ABC

Spins Element 2

Mercy	ABC
Plymouth Canton	ABC
Novi	ABC
Northville	BC

Spins Element 3

Plymouth Canton	ABC
Novi	ABC
Northville	BC
Mercy	ABC

Spins Element 4

Novi	ABC
Northville	BC
Mercy	ABC
Plymouth Canton	ABC

Reskates Log

			A	B	C	
United Farmington	AB	1			X	1
Birmingham	ABC	2				2
AA Huron	BC	3	X			3
Plymouth Canton	ABC	4				4
Novi	ABC	5				5
Northville	BC	6	X			6
Mercy	ABC	7				7