

Michigan High School Series

Farmington		4:15 PM Friday, December 19, 2014		5	1	2	3	4	5	6	7	8
Event #	Time	Begin	End	Event	# Skaters	Allow this time	Mary Chapman	Liz Barrow	Colleen Bohunicky	Melissa Garland	Mark Reina	Bobbie Stoermer
D1-1												
					45							
					15							
1	5:15 PM			Level A Jumps	5		R	2	3	4	5	6
2	5:15 PM			Level B Jumps	7		R	2	3	4	5	6
3	5:15 PM		5:52 PM	Level C Jumps	6	38	R	2	3	4	5	6
					5							
4	5:57 PM			Level A Moves	5		R	2	3	4	5	6
5	5:57 PM			Level B Moves	7		R	2	3	4	5	6
6	5:57 PM		7:00 PM	Level C Moves	6	63	R	2	3	4	5	6
					15							
7	7:15 PM		7:15 PM	Level A Spins	5		R	2	3	4	5	6
8	7:15 PM		7:15 PM	Level B Spins	7		R	2	3	4	5	6
9	7:15 PM		7:54 PM	Level C Spins	6	40	R	2	3	4	5	6
Competition Ends												

Hosted by: **Plymouth Canton**

Sanction: 14748

At this competition, for each discipline the first 4 teams A, B, and C will enter the ice together and have a 1-minute STROKING-ONLY warmup. Then each element will have a short warmup before it starts. For each element, the A skater from a team will skate, then the B skater, then the C skater, if present. Then we move to the next team and repeat. After all 4 teams have skated, they leave the ice and the next 5 enter, and repeat the process.

Skating order proceeds "down one team" at each discipline, as shown below.

Jumps: 1,2,3 / 4, 5,6,7
 Moves: 2,3,1 / 5,6,7,4
 Spins: 3,1,2 / 6,7,4,5

Note these are in SKATING order

				A	B	C	
AA Huron	BC	1		X			1
Mercy	ABC	2					2
Novi	ABC	3					3
United Farmington	AB	4				X	4
Birmingham	ABC	5					5
Plymouth Canton	ABC	6					6
Northville	BC	7		X			7

Each team is permitted ONE reskated element per level, per competition.

rev 5: 12/16/2014

Warm up - 2 minute stroking-only w/u at start of each grouping; 30 second w/u for each element

First Group**Jumps Element 1**

AA Huron	BC
Mercy	ABC
Novi	ABC

Jumps Element 2

Mercy	ABC
Novi	ABC
AA Huron	BC

Jumps Element 3

Novi	ABC
AA Huron	BC
Mercy	ABC

Jumps Element 4

AA Huron	BC
Mercy	ABC
Novi	ABC

Second Group**Jumps Element 1**

United Farmington	AB
Birmingham	ABC
Plymouth Canton	ABC
Northville	BC

Jumps Element 2

Birmingham	ABC
Plymouth Canton	ABC
Northville	BC
United Farmington	AB

Jumps Element 3

Plymouth Canton	ABC
Northville	BC
United Farmington	AB
Birmingham	ABC

Jumps Element 4

Northville	BC
United Farmington	AB
Birmingham	ABC
Plymouth Canton	ABC

First Group**Moves Element 1**

Mercy	ABC
Novi	ABC
AA Huron	BC

Moves Element 2

Novi	ABC
AA Huron	BC
Mercy	ABC

Moves Element 3

AA Huron	BC
Mercy	ABC
Novi	ABC

Moves Element 4

Mercy	ABC
Novi	ABC
AA Huron	BC

Second Group**Moves Element 1**

Birmingham	ABC
Plymouth Canton	ABC
Northville	BC
United Farmington	AB

Moves Element 2

Plymouth Canton	ABC
Northville	BC
United Farmington	AB
Birmingham	ABC

Moves Element 3

Northville	BC
United Farmington	AB
Birmingham	ABC
Plymouth Canton	ABC

Moves Element 4

United Farmington	AB
Birmingham	ABC
Plymouth Canton	ABC
Northville	BC

First Group**Spins Element 1**

Novi	ABC
AA Huron	BC
Mercy	ABC

Spins Element 2

AA Huron	BC
Mercy	ABC
Novi	ABC

Spins Element 3

Mercy	ABC
Novi	ABC
AA Huron	BC

Spins Element 4

Novi	ABC
AA Huron	BC
Mercy	ABC

Second Group**Spins Element 1**

Plymouth Canton	ABC
Northville	BC
United Farmington	AB
Birmingham	ABC

Spins Element 2

Northville	BC
United Farmington	AB
Birmingham	ABC
Plymouth Canton	ABC

Spins Element 3

United Farmington	AB
Birmingham	ABC
Plymouth Canton	ABC
Northville	BC

Spins Element 4

Birmingham	ABC
Plymouth Canton	ABC
Northville	BC
United Farmington	AB