

Westland

2014

All American Classic

Competition

November 15, 2014

Hosted by the Westland Figure Skating Club

Chief Referee Don Korte

The Westland All American Classic will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

SERIES INFORMATION: Part of the Tri State Series.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

USFSA Sanction # 14824

Skaters entering beginner–pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES: and Fees:

Method of entry, enter on line at www.sk8stuff.com.

Choose The Westland All American Classic Competition and follow the Registration instructions on the website. No registration is complete until payment is received.

Fees:

All 6.0 Single / Dance Events	1st event	\$85.00
	2nd event	\$35.00

All IJS Single Events	1st event	\$95.00
	2nd event	\$40.00

All Basic Skills Events	1st event	\$50.00
	2nd event	\$25.00

Make all checks payable to WFSC (Westland Figure Skating Club)

Send payment along with on line signed registration form to

..... Westland All American Classic

Barb French
22460 Puritan St.
Detroit, MI. 48223-1007

All entries and payments must be postmarked by October 25th, 2014. Late entries will be accepted at the discussion of the competition chairs, Barb French, Jeff Daugherty, and the referee.

REFUND POLICY:

Entry fees will not be refunded after October 31, 2014 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$20 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by email and on line.

FACILITIES:

The competition will be held at The Mike Modano Ice Arena, 6210 N. Wildwood, Westland Mi. 48285. One indoor rink facility with ice surface 200ft. X 85ft. The arena has a snack bar and many local restaurants within a few blocks. A mall and Bee's skating attire store within blocks of the arena. Also Podium Skates Store approximately 3 miles away.

MUSIC:

The competition music must be on CD only, clearly marked with the skaters name and level. Official competition music must be turned in at the registration table at the time of check-in. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the Westland Figure Skating Club cannot be responsible for CDs left at the end of the competition. Please have separate CDs for practice and competition.

LIABILITY: U.S. Figure Skating, The Westland Figure Skating Club, and The Mike Modano Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with

USFSA Sanction # 14824

Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The International Judging System (IJS) will be used for the following events:

- *Well Balanced Program free skate events, juvenile – senior*
- *Short program events, juvenile – senior*

All competitors skating in these events need to submit the planned program content form online. This form is found in the Member's only section at www.usfigureskating.org. The deadline to submit the form is Oct. 25, 2014

The 6.0 Majority Judging System will be used for:

- *Well Balanced Program free skate events, pre-preliminary – pre-juvenile*
- *Introductory free skate events (beginner, high beginner, no-test)*
- *All Test Track events*
- *All specialty singles events (spins, jumps, compulsory moves, etc.)*
- *All solo dance events*

REGISTRATION: Registration will begin on Sat. Nov. 15, 2014. Registration will be open 1 hour before the first event and run through the last event of the day. The registration table will be located in the lobby. Please register promptly upon arrival.

PRACTICE ICE: Practice ice times will be determined and be posted after registration is closed. We will place skaters in their appropriate levels. Practice ice is in 25 min. sessions \$10 per session. Once the referee has the competition set, you will be notified by email of the practice ice time. Morning is usually one hour before the starting of the competition, and another early in the afternoon. No Music will be played. Practice ice will be assigned according to skating level. Barb French competition chair, bafbama@aol.com

PHOTOGRAPHY/VIDEOGRAPHY: To thank you for participating in The Westland All American Classic you will receive a free DVD of each of your registered flights. This is being offered by the **Westland Figure Skating Club and Ledin Video**. *Please pick up your free DVD at the Ledin table at the far right end of the rink following the posting of results.*

AWARDS: Awards presented 1st -8th place. Located in the arena to the right..

OFFICIAL NOTICES: An official bulletin board will be maintained in the lobby. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

CONTACT INFO: If you have questions, please contact

Barb French c.(313 472 7695) h. (313) 592 9384. email: bafbama@aol.com

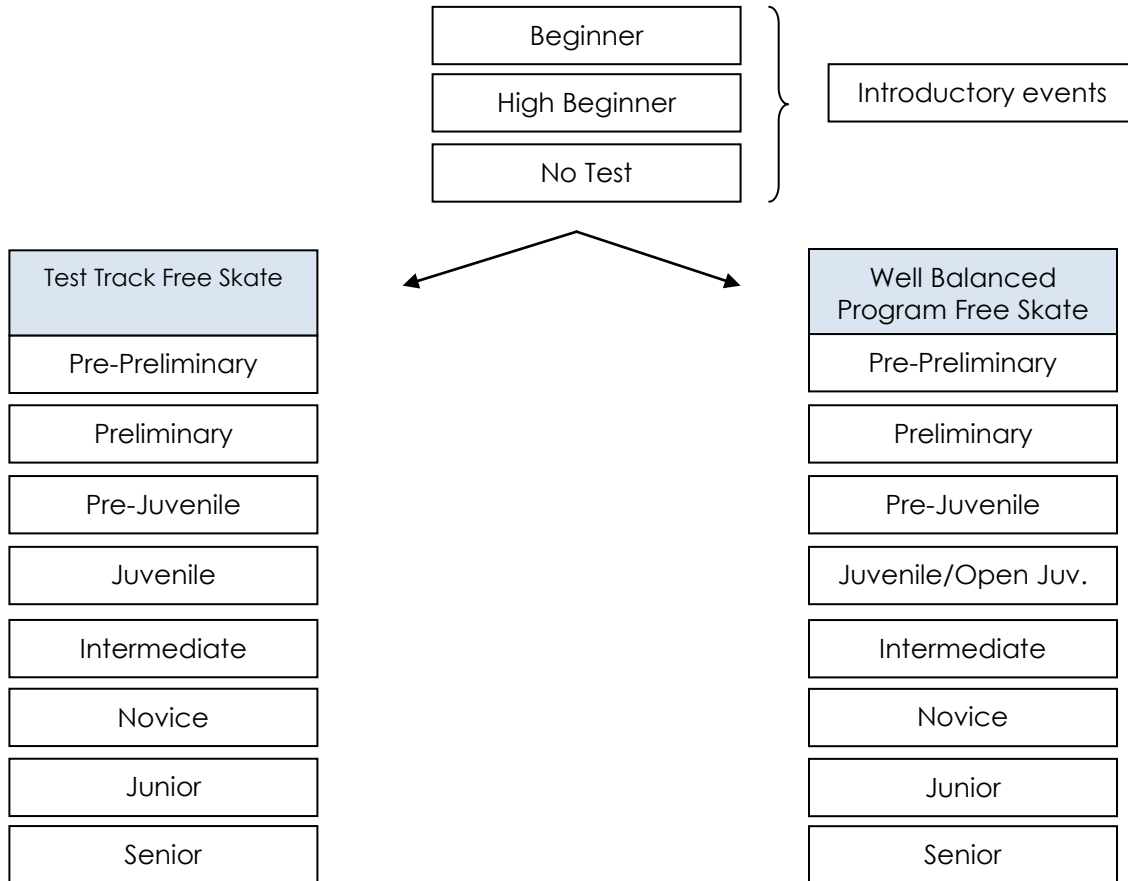
Jeff Daugherty c. (313) 408 6422. email: jdaugherty@wowway.com.

A tentative schedule will be posted on www.sk8stuff.com approximately one week prior to the competition.

SINGLES FREE SKATING EVENTS

See current rulebook or click [here](#) for current rules and requirements.

Illustration of Singles Free Skating Events:



EVENT: Introductory Levels Free Skate Program

General event parameters:

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequence	Qualifications
Beginner 1:30 +/- 10 sec.	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front). •Max. 2 jump sequences •Max. 2 of any same jump 	<p>Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</p>	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests</p>
High Beginner 1:30 +/- 10 sec.	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> •Jumps with no more than one-half rotation (front to back or back to front including half-loop) •Single rotation jumps: Salchow and toe loop only. •Max.2jump combinations or sequences • Max. 2 of any same type jump. 	<p>Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</p>	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests</p>
No-Test 1:40 max.	<p>Max. 5 jump elements: •Up to 2 may be jump combos or sequences •Jump combos are limited to 2 jumps</p> <ul style="list-style-type: none"> •Jump sequences are limited to 3 single jumps (half-loop is not considered a single jump at this level) •No Axels or double jumps are permitted 	<p>Max. 2 spins: •Spins must be of different character. •Each spin must have a Minimum of 3 revolutions. •Spins may change feet, position and start with a fly.</p>	<p>One step sequence that utilizes ½ of the ice surface</p>	

EVENT: Test Track Free

Skate General event

parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
4. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:30 +/- 10 sec.	Maximum of 5 jump elements: •Jumps with not more than one-half rotation (front to back or back to front including half-loop) •Single rotation jumps: Salchow, toe loop and loop only. •Max. 2 jump combinations or sequences •Max. 2 of any same type jump	Maximum of 2 spins: •Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	Maximum of 5 jump elements: •Jumps with not more than one rotation (no Axels). •Max. 2 jump combinations or sequences •Max. 2 of any same type jump	Maximum of 2 spins: •One spin in one position; no change of foot, no flying entry. (Min.3 revolutions) •One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	Maximum of 5 jump elements: •Jumps with not more than one rotation (no Axels). •Max. 2 jump combinations or sequences •Max. 2 of any same type jump	Maximum of 2 spins: •One spin in one position, no change of foot (Min. 3 revolutions) •One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly	One step sequence fully utilizing the ice	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test

<p>Juvenile</p> <p>2:15 +/- 10 sec</p>	<p>Maximum of 5 jump elements: •Any single jumps, including Axel, are permitted.</p> <ul style="list-style-type: none"> •Max. 2 jump combinations or sequences •Max. 2 of any same type jump 	<p>Maximum of 2 spins: •One solo spin in one position, no change of foot (Min. 4 revolutions). •One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot)</p> <ul style="list-style-type: none"> •Only solo spin may fly 	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p>
<p>Intermediate</p> <p>2:30 +/- 10 sec</p>	<p>Maximum of 6 jump elements:</p> <ul style="list-style-type: none"> •Any single jumps. •Double jumps permitted: double Salchow and double toe loop. •Maximum of 3 jump combinations or sequences •Max. 2 of any same type jump 	<p>Maximum of 2 spins: •One must be a flying spin (min 5 revolutions), •One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).</p>	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>
<p>Novice</p> <p>Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.</p>	<p>Maximum of 7 jump elements for men and 6 for ladies:</p> <ul style="list-style-type: none"> •Any single jumps. •Double jumps permitted: double Salchow, double toe loop and double loop. •Maximum of 3 jump combinations or sequences •Max. 2 of any same type jump 	<p>Maximum of 3 spins, of a different nature: •One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)</p> <ul style="list-style-type: none"> •The other spins are the option of the skater (min 6 revolutions per foot) •All spins may fly 	<p>One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>

<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> •Any single jumps. •Double jumps permitted: double S a l c h o w, double toe loop, double loop and double flip •Maximum of 3 jump combinations or sequences •Max. 2 of any same 	<p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> •One spin in one position (Min. 6 revolutions) •One flying spin (Min. 6 revolutions) •One combination spin consisting of all three basic positions and one change of foot (2 	<p>One step sequence fully utilizing ice surface (See rule 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>
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<p>Senior Ladies: 4:00 +/- 10 sec.</p> <p>Men: 4:30 +/- 10 sec.</p>	<p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> •Any single jumps. •Must include at least four different double jumps, one must be a double Lutz. •Triple jumps are not permitted •Maximum of 3 jump combinations or sequences •Max. 2 of any same type jump 	<p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> •One spin in one position (Min. 6 revolutions) •One flying spin (Min. 6 revolutions) •One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	<p>Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)</p> <p>Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)</p>	<p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>
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EVENT: Well Balanced Program Free Skate

General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted for pre-preliminary – intermediate.
3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. Either IJS or the 6.0 judging system may be used for this event.
5. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under “Technical Information,” then “Singles/Pairs”

Level	Time	Jumps	Spins	Step Sequences
Pre-preliminary	1:40 max. Vocal music permitted	Maximum of 5 jump elements: a) Any single jumps, including Axel, allowed. b)Max. 2 jump combinations or sequences c) Jump combinations are limited to 2 jumps. d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.) e) Axel may be repeated as an individual jump, as part of a jump combination or jump sequence. Max of 2 Axels. f)Double or triple jumps are not allowed	Maximum of 2 spins: a)Spins must be of a different nature b) Spins may change feet and/or position. c) Spins may start with a fly. d)Min. of 3 revolutions	One step sequence d that must use ½ of the ice surface.
Preliminary	1:30 +/- 10 sec. Vocal music permitted	Maximum of 5 jump elements: a) One must be an Axel or waltz-jump. b)Max. 2 jump combinations or sequences c)Jump combinations limited to 2 jumps d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.) e)Only 2 different double jumps may be attempted, selected from: double Salchow, double toe-loop, double loop) f) Axel and no more than 2 different double jumps may be repeated as individual jumps, as part of jump combinations or jump sequences. g)Max. of 2 Axels or any double jump. h) Double flips, double Lutzes, double Axels or triple jumps are not allowed.	Maximum of 2 spins: a)Spins must be of a different nature b) Spins may change feet and/or position. c) Spins may start with a fly. d)Min. of 3 revolutions	One step sequence d that must use ½ of the ice surface.

Pre-Juvenile	2:00 +/- 10 sec. Vocal music permitted	Maximum of 5 jump elements: a) One must be an Axel or waltz –jump. b)Max. 2 jump combinations or sequences c)Jump combinations limited to 2 jumps d) Number of jumps in jump sequence is limited to a max. of 3 single or double jumps. (½ loop is not considered a single jump at this level.) e) Number of different double jumps is not limited. f)Axel and no more than 3 different double jumps may be repeated as individual jumps, as part of jump combination or jump sequence. g)Maximum of 2 Axels or any double jump h)No double Axels or triple jumps	Maximum of 2 spins: a)1 spin combination; with or without change of foot*, may fly. b)1 spin with only 1 position*, may fly, no change of foot c)Min. 4 revolutions.; 6 revolutions for combo d)Spins must be of a different nature	One step sequence fully utilizing ice surface.
Juvenile (under14 years) & Open Juvenile (14 years or older)	2:15 +/- 10 sec.	Maximum of 5 jump elements: a)One must be an Axel-type jump* b)Max. 2 jump combinations or sequences c)Jump combinations limited to 2 jumps d) Number of jumps in jump sequence is not limited e) No more than 3 double jumps may be repeated (1 each), but only as part of combination or sequence. Max 2 of same double jump. f)No triple jumps	Maximum of 2 spins: a)1 spin combination; with/without change of foot* b)1 spin with only 1 position; no change of foot* c)Both spins may start with a fly d)Min. 5 revolutions; 8 revolutions. for combination e)Min. 2 revolutions in position f)Spins must be of a different nature	One choreographic step sequence fully utilizing ice surface.
Intermediate	2:30 +/- 10 sec.	Maximum of 6 jump elements: a)1 must be an Axel-type jump* b)Max 3 jump combinations (combos) or sequences c)Jump combinations limited to 2 jumps, but one 3-jump combo is permitted d)Number of jumps in jump sequence is not limited e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or sequence. Max. 2 of the same double or triple.	Maximum of 2 spins: a)1spin combination; w/without change of foot* b)1 spin with only 1 position; no change of foot* c)Both spins may start with a fly d)Min.5 revolutions; 8 revolutions. for combo e) Min.2 revolutions. in position f)Spins must be of a different nature	One choreographic step sequence fully utilizing ice surface.

Novice Ladies	3:00 +/- 10 sec.	<p>Maximum of 6 jump elements: a)One must be an Axel-type jump*</p> <p>b)Max. 3 jump combinations (combos) or sequences</p> <p>c)Jump combinations limited to 2 jumps, but one 3-jump combo is permitted</p> <p>d)Number of jumps in jump sequence is not limited</p> <p>e)No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or seq. Max. 2 same double or triple.</p>	<p>Maximum of 3 spins:</p> <p>a)Spins must be of a different nature</p> <p>b)1 flying entry with no change of foot or position*</p> <p>c)1 spin combination; w/without change of foot*</p> <p>d)3rd spin is option of skater</p> <p>e)Min. 6 revolutions; 10 revolutions. for combo</p> <p>f)Min. 2 revolutions. in position</p> <p>g)Spins may change feet and start with a fly, except</p> <p>h)For the flying spin with no change of foot or position</p>	One leveled step sequence Fully utilizing the ice surface
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Novice Men	3:30 +/- 10 sec.	<p>Maximum of 7 jump elements: a)One must be an Axel-type jump*</p> <p>b) Max. 3 jump combinations (combos) or sequences</p> <p>c)Combos limited to 2 jumps, but one 3-jump combo is permitted</p> <p>d)Number of jumps in jump sequence is not limited</p> <p>e)One double Axel and two different triple jumps may be repeated.</p> <p>f)If double Axel or triple jumps repeated, must be in combo or sequence.</p> <p>g)No more than two of the same type of double or triple may be attempted</p>	<p>Maximum of 3 spins:</p> <p>a)Spins must be of a different nature</p> <p>b)1 flying entry with no change of foot or position*</p> <p>c)1spin combination; with or without change of foot*</p> <p>d)3rd spin is option of skater</p> <p>e)Min. 6 revolutions; 10 revolutions for combo</p> <p>f)Min. 2 revolutions in position</p> <p>g)Spins may change feet and start with a fly, except for the flying spin with no change of foot or position</p>	One leveled step sequence Fully utilizing the ice surface
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Junior Ladies	3:30 +/- 10 sec.	<p>Maximum of 7 jump elements: a)One must be an Axel-type jump *</p> <p>b) Max. 3 jump combinations (combos) or sequences</p> <p>c)Combos limited to 2 jumps, but one 3-jump combo is permitted</p> <p>d)Number of jumps in jump sequence is not limited</p> <p>e)2 triples or quads may be repeated, but must be in combo or sequence</p> <p>f) Max. 2 double Axels as solo jump or in combo/sequence</p>	<p>Maximum of 3 spins:</p> <p>a)1 flying entry*</p> <p>b)1 spin combination; with or without change of foot*</p> <p>c)1 spin with only 1 position *</p> <p>d)Min. 6 revolutions; 10 revs. for combo e)Min. 2 revolutions in position</p> <p>f)All spins may change feet and start with a fly</p> <p>g)Spins must be of a different nature</p>	<p>One leveled step sequence</p> <p>Fully utilizing the ice surface</p>
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Junior Men	4:00 +/- 10 sec.	<p>Maximum of 8 jump elements: a)One must be an Axel-type jump *</p> <p>b) Max. 3 jump combinations (combos) or sequences</p> <p>c)Combos limited to 2 jumps, but one 3-jump combo is permitted</p> <p>d)Number of jumps in jump sequence is not limited</p> <p>e)2 triples or quads may be repeated, but must be in combo or sequence</p> <p>f) Max. 2 double Axels as solo jump or in combo/sequence</p>	<p>Maximum of 3 spins: a)1 flying entry* b)1spin combination; with or without change of foot*</p> <p>c)1 spin with only 1 position *</p> <p>d)Min. 6 revolutions; 10 revs. for combo e)Min. 2 revolutions in position</p> <p>f)All spins may change feet and start with a fly</p> <p>g)Spins must be of a different nature</p>	<p>One leveled step sequence</p> <p>Fully utilizing the ice surface</p>
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Senior Ladies	4:00 +/- 10 sec.	Maximum of 7 jump elements: a)One must be an Axel-type jump * b) Max. 3 jump combinations (combos) or sequences c)Combos limited to 2 jumps, but one 3-jump combo is permitted d)Number of jumps in jump sequence is not limited e)2 triples or quads may be repeated, but must be in combo or Sequence f) Max. 2 double Axels as solo jump or in combo/sequence	Maximum of 3 spins: a)1 flying entry* b)1 spin combination; with or without change of foot* c)1 spin with only 1 position * d)Min. 6 revolutions; 10 revolutions for combo e)Min. 2 revolutions in position f)All spins may change feet and start with a fly g)Spins must be of a different nature	One leveled step sequence One choreographic sequence Fully utilizing the ice surface
Senior Men	4:30 +/- 10 sec.	Maximum of 8 jump elements: a)One must be an Axel-type jump * b)Max. 3 jump combinations (combos) or sequences c)Combos limited to 2 jumps, but one 3-jump combo is permitted d)Number of jumps in jump sequence is not limited e)2 triples or quads may be repeated, but must be in combo or Sequence f)Max. 2 double Axels as solo jump or in combo/sequence	Maximum of 3 spins: a)1 flying entry* b)1 spin combination; with or without change of foot* c)1 spin with only 1 position * d)Min. 6 revolutions; 10 revolutions for combo e)Min. 2 revolutions in position f)All spins may change feet and start with a fly	One leveled step sequence One choreographic sequence Fully utilizing the ice surface

			g)Spins must be of a different nature	
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SINGLES SHORT PROGRAM

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Juvenile short program –Rule 4230 (same as Intermediate short program)
- B. Intermediate short program – Rule 4230
- C. Novice short program – Rule 4220
- D. Junior short program – Rule 4210
- E. Senior short program – Rule 4200

EVENT: Solo Pattern Dance

General event parameters:

1. Levels are based upon the skaters' highest pattern dance test passed.
2. A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
3. The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for their level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30th – July 2nd), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the 2nd quarter).
4. Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

Level	January 1- March 31 st	April 1 st – June 30 th	July 1 st – September 30 th	October 1 st – December 31 st
Preliminary	1. Dutch Waltz 2. Canasta Tango	1. Rhythm Blues 2. Dutch Waltz	1. Canasta Tango 2. Rhythm Blues	1. Rhythm Blues 2. Dutch Waltz
Pre-bronze	1. Swing 2. Cha-Cha	1. Fiesta Tango 2. Swing	1. Cha-Cha 2. Fiesta Tango	1. Swing 2. Cha-Cha
Bronze	1. Hickory Hoedown 2. Willow Waltz	1. Ten Fox 2. Hickory Hoedown	1. Willow Waltz 2. Ten Fox	1. Hickory Hoedown 2. Willow Waltz
Pre-silver	1. Fourteenstep 2. European Waltz	1. Foxtrot 2. Fourteenstep	1. European Waltz 2. Foxtrot	1. Fourteenstep 2. European Waltz
Silver	1. American Waltz 2. Silver Tango	1. Rocker Foxtrot 2. American Waltz	1. Silver Tango 2. Rocker Foxtrot	1. American Waltz 2. Silver Tango
Pre-gold	1. Killian 2. Blues	1. Paso Doble 2. Starlight Waltz	1. Killian 2. Blues	1. Paso Doble 2. Starlight Waltz
Gold	1. Viennese Waltz 2. Argentine Tango	1. Westminster Waltz 2. Quickstep	1. Viennese Waltz 2. Argentine Tango	1. Westminster Waltz 2. Quickstep

SHOWCASE EVENTS:

Showcase Events – Artistic Showcase (Light entertainment, Dramatic)

Format:

• Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.

• Props and Scenery are permitted

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

2. The determination of level will be based upon test requirement at the entry deadline

3. Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under “Programs” on the National Showcase page.

A. Basic Skills (copy & paste appropriate chart)

Artistic Showcase Levels:

	Event	Must have passed (dance tests refer to solo or partnered standard track)	Must not have passed (dance tests refer to solo or partnered standard track)	Age	Time
	Limited Beginner, Beginner, No Test* Note: these levels do not qualify for National Showcase	-	Pre-Preliminary Free Skate	No Age restriction	1:30 max
	Pre-Preliminary* Note: this level does not qualify for National Showcase	-	Preliminary Free Skate	No Age restriction	1:30 max
	Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate	No minimum age (max age 20)	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate 2 Preliminary Dances	Juvenile Free Skate or Complete Pre-Bronze Dance	No minimum age (max age 20)	1:40 max
	Juvenile	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	14-17	2:10 max
	Intermediate	Intermediate Free Skate Complete Bronze Dance	Novice Free Skate Any Gold Dance	17 and under	2:10 max
	Young Adult	Juvenile Free Skate Complete Preliminary Dance	Novice Free Skate Any Gold Dance	18-20	2:10 max

Singles	Novice	Novice Free Skate One Silver Dance	Junior Free Skate Any Gold Dance	No age restriction	2:10 max
	Junior	Junior Free Skate Two Pre-Gold Dances	Senior Free Skate Completed Gold Dance		2:40 max
	Senior	Senior Free Skate Complete Gold Dance			2:40 max
	Event	Must meet requirements for*	Must not have passed	Age	Time
	Adult Bronze	Adult Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test	Any Pre-Silver Dance Test	21 and older	1:40 max
	Adult Silver	Adult Silver Free Skate or Pairs Events or have passed one Pre- Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max
	Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre- Gold Dance Test	21 and older	1:40 max
	Masters	At least the Masters Intermediate or any Masters Pairs Event or have passed the complete Pre-Gold Dance Test		21 and older	1:40 max

**The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart.*

Basic Elements Event: SNOWPLOW SAM – BASIC 8

Each skater will perform each element when directed by a judge or referee. Referee driven format: all skaters perform first element before moving on to the next and so on.

- To be skated on 1/3 to 1/2 ice.
- No music
- **All elements must be skated in order listed**
- **Each skater performs one element at a time and will perform the next element only when directed by a judge or referee**

Required Elements

Snowplow Sam (1-3)

1. March followed by a two foot glide and dip
2. Forward two foot swizzles ~ 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles ~ 2-6 in a row

Basic 1

1. Forward two foot glide and dip
2. Forward two foot swizzles ~ 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles ~ 6-8 in a row

Basic 2

1. Forward one foot glide ~ either foot
2. Forward alternating 1/2 swizzle pumps in a straight line 2-3 each foot
3. Moving snowplow stop
4. Two foot turn in place ~ forward to backward
5. Backward two foot swizzles~6-8 in a row

Basic 3

1. Forward stroking
2. Forward 1/2 swizzle pumps on a circle either clockwise or counterclockwise ~4- 6 consecutive
3. Forward slalom
4. Backward one

foot glide ~ either
foot 5. Two foot
spin min 3
revolutions

Basic 4

1. Standstill forward outside 3-turn ~ right and left
2. Forward outside edge on a circle either clockwise or counterclockwise
3. Forward crossovers ~ 4-6 consecutive, both directions
4. Backward stroking~4-6
5. Backward snowplow stop ~ Right or Left

Basic 5

1. Backward outside edge on a circle either clockwise or counterclockwise
2. Backward crossovers ~ 4-6 consecutive, both directions
3. Basic One foot spin ~free leg held to side of spinning leg minimum of 3 revolutions
4. Side toe hop ~ either direction
5. Hockey stop

Basic 6

1. Standstill forward inside 3-turn ~ Right and Left
2. Bunny hop
3. Forward (spiral) on a straight line ~ right or left 4. Lunge ~ right or left
5. T – Stop ~ right or left

Basic 7

1. Standstill Forward inside open mohawk ~ Right to Left & Left to Right
2. Ballet jump ~ either direction
3. Backward crossovers to a backward outside edge landing position ~ clockwise and counterclockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside or forward inside 3-turns ~ Right and Left
2. Waltz jump
3. Mazurka – either direction

4. 1Combination move ~ clockwise or counterclockwise –two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge.
5. Beginning one foot upright spin, free foot held to side of spinning leg or crossed position. Min 3 rev

BASIC PROGRAMS EVENT / SNOWPLOW SAM – BASIC 8 (WITH MUSIC)

Time: 1:00 +/- 10 seconds. Programs are to be skated on full ice

- The skating order of the required elements is optional
- The elements are not restricted as to the number of times elements are executed, length of glides, number of revolutions in a spin, etc., unless otherwise stated
- May use vocal music
- May use elements from a previous level.
- **To be skated on full ice a .2 deduction will be taken for each element performed from a higher level.**

Required Elements

Snowplow Sam Program (Tots)

1. March Followed by a two foot glide and dip
2. Forward two foot swizzles ~ 2-3 in a row
3. Backward wiggles ~ 2-6 in a row
4. Forward Snowplow stop

Basic 1

1. Forward two foot glide and dip
2. Forward two foot swizzles ~ 6-8 in a row
3. Backward wiggles ~ 6-8 in a row
4. Forward snowplow stop

Basic 2

1. Forward one foot glide ~ either foot
2. Two foot turn in place ~ forward to backward
3. Backward two foot swizzles ~ 6-8 in a row
4. Forward alternating ½ swizzle pumps in a straight line 2-3 each foot
5. Moving snowplow stop

Basic 3

1. Forward stroking
2. Forward ½ swizzle pumps on a circle either clockwise or counterclockwise ~ 4-6 consecutive .
3. Backward one foot glide ~ either foot Forward slalom
4. Two foot spin min 3 rev

Basic 4

1. Forward crossovers ~ 4-6 consecutive, both directions
2. Standstill forward outside 3-turn ~ Right and Left
3. Backward stroking ~4-6
4. Backward snowplow stop ~ Right or Left

Basic 5

1. Backward crossovers ~ 4-6 consecutive, both directions
2. Basic One foot spin ~Free leg held to side of spinning leg minimum of 3 revolutions

3. Side toe hop ~ either direction
4. Hockey stop

Basic 6

1. Standstill forward inside 3-turn ~ Right and Left
2. Bunny hop
3. Forward spiral on a straight line ~ Right or Left
4. Lunge ~ Right or Left
5. T-stop ~ Right or Left

Basic 7

1. Standstill Forward inside open Mohawk ~ Right to Left & Left to Right
2. Ballet jump ~ either direction
3. Back crossovers to a back outside edge landing position ~ clockwise and counterclockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside or forward inside 3 turns ~ Right and Left
2. Waltz jump
3. Mazurka – either direction
4. 1Combination move ~ clockwise or counterclockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge.
5. Beginning one foot upright spin, free foot held to side of spinning leg or crossed position. Min 3 rev



U.S. Figure Skating Nonqualifying Competitions

EVENT: Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ol style="list-style-type: none">1. Waltz jump2. ½ jump of choice3. Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional)4. Forward or backward spiral
High Beginner	1:15 max.	<ol style="list-style-type: none">1. Toe loop jump2. Salchow jump3. Forward scratch spin - minimum three revolutions4. Forward or backward spiral
No-Test	1:15 max.	<ol style="list-style-type: none">1. Loop jump2. Jump combination to include a toe loop (may not use a loop or Axel)3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.



U.S. Figure Skating Nonqualifying Competitions

EVENT: COMPULSORY MOVES

General event parameters:

1. Basic Skills – Juvenile: Elements skated on ½ ice
2. Intermediate – Senior: Elements skated on full-ice
3. Elements may be performed only once
4. Music is not allowed

Level	Time	Skating rules/standards
Pre – Preliminary	1:00 max.	<ol style="list-style-type: none">1. Single flip2. Jump combination: single/single (no Axel)3. Sit spin or camel spin - minimum three revolutions4. Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:00 max.	<ol style="list-style-type: none">1. Single Lutz2. Jump combination: single/single (may include Axel)3. Back upright spin - minimum three revolutions4. Forward inside spiral
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none">1. Single jump (may include Axel)2. Jump combination: single/single (may include Axel)3. Layback spin or camel spin - minimum three revolutions4. Step sequence - circular