



## THE 16<sup>TH</sup> ANNUAL GRAND RAPIDS OPEN

JUNE 20 – 22, 2014

*An Event of the Meijer State Games*

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### **OVERVIEW/UPDATES:**

The Greater Grand Rapids Figure Skating Club is excited to present the 16<sup>th</sup> Annual Grand Rapids Open. This year we will continue our participation in the Solo Dance Series and have added additional judges to make this an even more exciting event. We will also be offering testing in conjunction with the competition. Testing details will be updated as they become available at our website: [www.ggrfsc.org](http://www.ggrfsc.org).

**CRITIQUES:** Critiques will be offered for all IJS events. Times for the critiques will be available at registration.

**MEIJER STATE GAMES:** The Grand Rapids Open is participating in the Meijer State Games of Michigan. For more information about the state games and opening ceremonies please visit: [www.stategamesofmichigan.org](http://www.stategamesofmichigan.org).

**LOCATION:** Patterson Ice Center located at 2250 Patterson Avenue, SE, Grand Rapids, MI 49546. Patterson Ice Center is a 2 rink indoor facility with ice surfaces of 200 x 100 and 200 x 80.

**COMPETITION CONTACTS:** Vicki Scott: 616.896.7139 or [grandrapidsopen@gmail.com](mailto:grandrapidsopen@gmail.com). All testing questions may be directed to Jennifer Vanzanten at [vanzanten5@att.net](mailto:vanzanten5@att.net). Questions related to Practice Ice can be sent to Renee Peirce at [rgpierce@comcast.net](mailto:rgpierce@comcast.net).

**REGISTRATION:** Please register online at [www.sk8stuff.com](http://www.sk8stuff.com). Voucher forms and payment should be mailed to: Vicki Scott, 3215 Michele Lane, Hamilton, MI 49419 within 48 hours of registration. The Registration Desk (located on the Main Level) will be open concurrent with the first practice ice session through the end of the day's competition. Skaters must check in at least one hour prior to their first event. Registration will be your final confirmation of competition time. ***All entries must be postmarked by May 18, 2014.***

**REFUND POLICY:** Entry fees will not be refunded **after entry deadline** unless no competition exists or is canceled. There will be no refunds for medical withdrawals. **The online processing fees are not refundable.** Checks returned for non-sufficient funds will be assessed a \$25 fee. Payment of the fee will be required before skater is allowed to participate in practice ice or events.

**SCHEDULE OF EVENTS:** A tentative schedule of competition events & the skater's event time(s) will be posted at [www.ggrfsc.org](http://www.ggrfsc.org) and [www.sk8stuff.com](http://www.sk8stuff.com) as soon as it is known. All times are approximate. Please check with Registration for changes and exact times.

The **GRAND RAPIDS OPEN** will be conducted in accordance with the rules and regulations of the U.S. Figure Skating, as set forth in the current Rulebook as well as any pertinent updates which have been posted of the U.S. Figure Skating web site.

This competition is open to all eligible, restricted, reinstated or a readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current Rulebook. Refer to the current rule book for non-U.S. Citizens.

**SERIES INFORMATION:** The Grand Rapids Open is a non-qualifying competition sanctioned by US Figure Skating and is a part of the Tri States Council Championship series and National Solo Dance. The Chief Referee is Barry Doren and the Chief Accountant is Calvin Carson.

**ELIGIBILITY/TEST LEVEL:**

**Test level:** Competition level is the highest test passed as of the entry deadline, in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

**Age restrictions/requirements:** Skaters entering Juvenile Free Skate events (either Test Track or Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering Open Juvenile Free Skate events (either Test Track or Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering Beginner – Pre-Juvenile events will be divided as closely as possible by age, should the number of entries warrant more than one group.

**LIABILITY:** U.S. Figure Skating, Greater Grand Rapids Figure Skating Club, Patterson Ice Arena and the Meijer State Games accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**JUDGING SYSTEM:** The International Judging System (IJS) will be used for Juvenile/Open Juvenile-Senior Free Skating, Short Programs and Adult Gold-Masters.

All competitors skating in these events need to submit the **PLANNED PROGRAM CONTENT FORM ONLINE**. This form is found at [www.usfigureskating.org](http://www.usfigureskating.org) in the member's only section. The deadline to submit the form is **June 10, 2014**. If program content is not received by this date, a \$25 late fee will apply.

The 6.0 Majority Judging System will be used for:

- *Well Balanced Program Free Skate events, Pre-preliminary – Pre-juvenile*
- *Introductory Free Skate events (Beginner, High Beginner, No Test)*
- *All Test Track events*
- *All specialty singles events (Spins, Jumps, Compulsory Moves, etc.)*
- *All Solo Dance events*

**PRACTICE ICE:** Practice Ice will be offered at a variety of times throughout the competition. Practice Ice schedule will be sold and posted online at [www.sk8stuff.com](http://www.sk8stuff.com). If you wish to order practice ice separate from your online entry a form is at the bottom of this announcement. Practice ice sessions will be 30 minutes long and are \$15/session.

**MUSIC:** The official competition music must be turned in at the registration table at the time of check-in. CD should have only one track of music per CD. A duplicate CD should be readily available rink side. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the Greater Grand Rapids Figure Skating Club cannot be responsible for CD's left at the end of the competition. **PLEASE HAVE SEPARATE CD'S FOR PRACTICE AND COMPETITION.**

**AWARDS:** Medals are awarded for 1<sup>st</sup> – 4<sup>th</sup> place; Ribbons are awarded for 5<sup>th</sup> – 9<sup>th</sup>.

**FEES:** *Includes DVD of each event*

\$95 First IJS event (Juvenile/Open Juvenile – Senior; Adult Gold)

\$50 Each additional IJS event

\$85 First 6.0 event

\$45 Each additional 6.0 event

\$50 Limited Beginner or Beginner Compulsory as **only** event

\$50 First Snow Plow Sam or Basic Skills 1-8

\$25 Second Snow Plow Sam or Basic Skills 1-8

\$20 change of event fee

\$25 NSF fee will be charged for all returned checks

\$25 Late fee for entries received after 5/18/14

**Make Checks Payable to GGRFSC**

#### **INFORMATION REGARDING COACHES:**

To coach at a U.S. Figure Skating qualifying level competition, a professional coach or choreographer must be:

- Declared by a skater in the registration process with the club
- Listed as Coaches Education Requirement (CER) Category A or B (Category C for Basic Skills events) compliant for the current season
- Current with Coach Registration (requires annual fee and background check)
- A current member in good standing with U.S. Figure Skating
- A current member in good standing with the PSA
- A coaches' requirements chart can be found here:  
<http://www.usfigureskating.org/Content/Coaches%20Requirement%20Chart.pdf>.

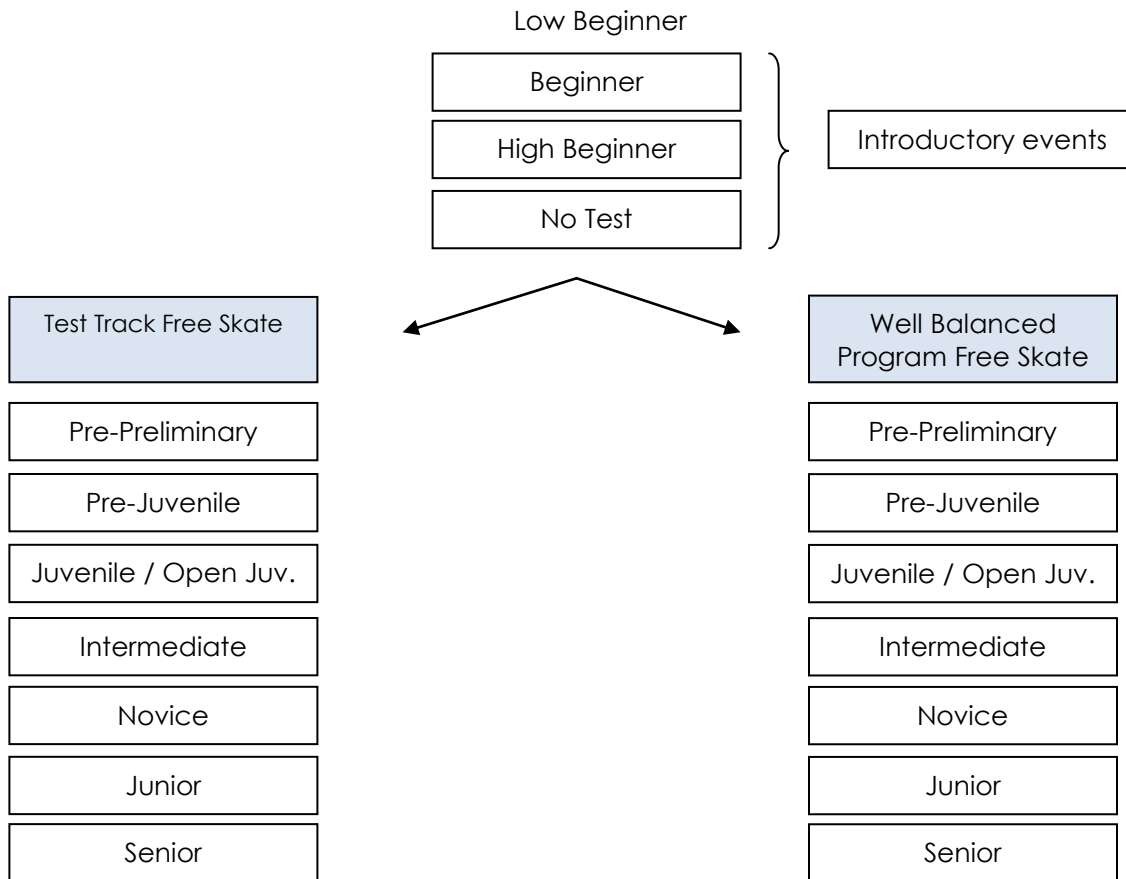
The local organizing committee/club will have a list of coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. Coaches who are NOT on the list will need to show proof of membership in BOTH U.S. Figure Skating and the PSA, a Coaches Registration card, proof of Category A or B (C for Basic Skills) compliance in CER, and a photo I.D. at check in. **If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions.**

## SINGLES FREE SKATING EVENTS

See current rulebook/web site for current rules and requirements:

[http://www.usfigureskating.org/New\\_Judging.asp?id=361](http://www.usfigureskating.org/New_Judging.asp?id=361))

Illustration of Singles Free Skating Events:





## U.S. Figure Skating Non Qualifying Competitions

### EVENT: Introductory Levels Free Skate Program

General event parameters:

- Skaters will skate to the music of their choice. Vocal music is permitted.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- *Low Beginner has been added in addition to the national announcement.*

Level	Time	Jumps	Spins	Step Sequences
Low Beginner	1:30 +/- 10 sec. Vocal Music permitted	Max 5 jump elements: May include any half revolution jumps plus Salchow, toe-loops and half loops (but no other full revolution jumps.)	Max 2 spins: May not include flying spins, combination spins or backspins.	Connecting moves and steps should be demonstrated throughout the program.
Beginner	1:30 +/- 10 sec. Vocal music permitted	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front). Max 2 jump sequences Max 2 of any same jump	Max 2 spins: Two upright spins, no change of foot, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.
High Beginner	1:30 +/- 10 sec. Vocal music permitted	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max 2 jump combinations or sequences Max 2 of any same type jump.	Max 2 spins: Two upright spins, change of foot optional, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.
No-Test	1:30 +/- 10 sec. Vocal music permitted	Max 5 jump elements: Single Jumps (no Axel) Max 2 combos or sequences. Combos limited to 2 jumps Number of jumps in sequence is limited to a max of 3 single jumps (half-loop is not considered a single jump).	Max 2 spins: Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly.	Connecting moves and steps should be demonstrated throughout the program.



## U.S. Figure Skating Non Qualifying Competitions

### EVENT: Test Track Free Skate

#### General event parameters:

- Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition.
- Skaters will skate to the music of their choice. Vocal music IS permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
- The following deductions will be taken:
  - -.1 from each mark for each technical element included that is not permitted in the event description.
  - -.2 from the technical mark for each extra element included.
  - -.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Time	Jumps	Spins	Step Sequences
Pre-Preliminary	1:30 +/- 10 sec.	Maximum of 5 jump elements: a) Jumps with not more than one-half rotation ( <i>front to back or back to front including half-loop</i> ) b) Single rotation jumps: Salchow, toe-loop and loop only. c) Max. 2 jump combinations or sequences d) Max. 2 of any same type jump	Maximum of 2 spins: Two spins of a different nature, one position only. No change of foot, no flying entry. (3)	Connecting moves and steps should be demonstrated throughout the program.
Preliminary	1:30 +/- 10 sec.	Maximum of 5 jump elements: a) Jumps with not more than one rotation (no Axels). b) Max. 2 jump combinations or sequences c) Max. 2 of any same type jump	Maximum of 2 spins: a) One spin in one position; no change of foot, no flying entry. (3) b) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (3 per foot)	Connecting moves and steps should be demonstrated throughout the program.
Pre-Juvenile	2:00 +/- 10 sec.	Maximum of 5 jump elements: a) Jumps with not more than one rotation (no Axels). b) Max. 2 jump combinations or sequences c) Max. 2 of any same type jump	Maximum of 2 spins: a) One spin in one position, no change of foot (3) b) One combination spin: forward camel spin to forward sit spin; change of foot optional (6). Spins may not fly.	One step sequence fully utilizing ice surface.



**EVENT:** Test Track Free Skate, continued

Level	Time	Jumps	Spins	Step Sequences
Intermediate	2:30 +/- 10 sec.	Maximum of 6 jump elements: a) Any single jumps. b) Double jumps permitted: double Salchow and double toe-loop. c) Maximum of 3 jump combinations or sequences d) Max. 2 of any same type jump	Maximum of 2 spins: a) One must be a flying spin (5), b) One must be a combination spin with at least one change of foot and at least one change of position (4 per foot).	One step sequence fully utilizing ice surface.
Novice	Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	Maximum of 7 jump elements for men and 6 for ladies: a) Any single jumps. b) Double jumps permitted: double Salchow, double toe-loop and double loop. c) Maximum of 3 jump combinations or sequences d) Max. 2 of any same type jump	Maximum of 3 spins, of a different nature: a) One must be a combination spin with at least one change of foot and at least one change of position (5 per foot) b) The other spins are the option of the skater (6) <i>* All spins may fly</i>	One step sequence or spiral sequence fully utilizing ice surface.  (See rule 4220, for remarks)
Junior	Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies: a) Any single jumps. b) Double jumps permitted: double Salchow, double toe-loop, double loop and double flip c) Maximum of 3 jump combinations or sequences d) Max. 2 of any same type jump	Maximum of 3 spins of a different nature: a) One spin in one position (6) b) One flying spin (6) c) One combination spin consisting of all three basic positions and one change of foot (2 per position, 5 per foot)	One step sequence fully utilizing ice surface.  (See rule 4210 for remarks)
Senior	Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies: a) Any single jumps. b) Must include at least four different double jumps, one must be a double Lutz. c) Triple jumps are not permitted d) Maximum of 3 jump combinations or sequences e) Max. 2 of any same type jump	Maximum of 3 spins of a different nature: a) One spin in one position (6) b) One flying spin (6) c) One combination spin consisting of all three basic spin positions and one change of foot (2 per position, 5 per foot)	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)  Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4200 for remarks.)



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Well Balanced Program Free Skate

#### General event parameters:

- Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted for pre-preliminary – intermediate.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Either IJS or the 6.0 judging system may be used for this event.
- All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on [www.usfigureskating.org](http://www.usfigureskating.org), under "Technical Information," then "Singles/Pairs"

Level	Time	Jumps	Spins	Step Sequences
Pre-Preliminary	1:30 +/- 10 sec.  Vocal music permitted	Maximum of 5 jump elements: e) Any single jumps, including Axel, allowed. f) Max. 2 jump combinations or sequences g) Jump combinations are limited to 2 jumps. h) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.) i) Axel may be repeated as an individual jump, as part of a jump combination or jump sequence. Max of 2 Axels. j) Double or triple jumps are not allowed.	Maximum of 2 spins: a) Spins must be of a different nature b) Spins may change feet and/or position. c) Spins may start with a fly. d) Min. of 3 revolutions	One step sequenced that must use ½ of the ice surface.
Preliminary	1:30 +/- 10 sec.  Vocal music permitted	Maximum of 5 jump elements: a) One must be an Axel or waltz-jump. b) Max. 2 jump combinations or sequences c) Jump combinations limited to 2 jumps d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.) e) Only 2 different double jumps may be attempted, selected from: double Salchow, double toe-loop, double loop) f) Axel and no more than 2 different double jumps may be repeated as individual jumps, as part of jump combinations or jump sequences. g) Max. of 2 Axels or any double jump. h) Double flips, double Lutzes, double Axels or triple jumps are not allowed.	Maximum of 2 spins: a) Spins must be of a different nature b) Spins may change feet and/or position. c) Spins may start with a fly. d) Min. of 3 revolutions	One step sequenced that must use ½ of the ice surface.
Pre-Juvenile	2:00 +/- 10 sec.  Vocal music permitted	Maximum of 5 jump elements: a) One must be an Axel or waltz –jump. b) Max. 2 jump combinations or sequences c) Jump combinations limited to 2 jumps d) Number of jumps in jump sequence is limited to a max. of 3 single or double jumps. (½ loop is not considered a single jump at this level.) e) Number of different double jumps is not limited. f) Axel and no more than 3 different double jumps may be repeated as individual jumps, as part of jump combination or jump sequence. g) Maximum of 2 Axels or any double jump h) No double Axels or triple jumps	Maximum of 2 spins: a) 1 spin combination; with or without change of foot*, may fly. b) 1 spin with only 1 position*, may fly, no change of foot c) Min. 4 revolutions.; 6 revolutions for combo d) Spins must be of a different nature	One step sequence fully utilizing ice surface.
		Maximum of 5 jump elements:	Maximum of 2 spins:	



Juvenile (under 14 years) & Open Juvenile (14 years or older)	2:15 +/- 10 sec.	<ul style="list-style-type: none"> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 2 jump combinations or sequences</li> <li>c) Jump combinations limited to 2 jumps</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double jumps may be repeated (1 each), but only as part of combination or sequence. Max 2 of same double jump.</li> <li>f) No triple jumps</li> </ul>	<ul style="list-style-type: none"> <li>a) 1 spin combination; with/without change of foot*</li> <li>b) 1 spin with only 1 position; no change of foot*</li> <li>c) Both spins may start with a fly</li> <li>d) Min. 5 revolutions; 8 revolutions. for combination</li> <li>e) Min. 2 revolutions in position</li> <li>f) Spins must be of a different nature</li> </ul>	One choreographic step sequence fully utilizing ice surface.
Intermediate	2:30 +/- 10 sec.	<p>Maximum of 6 jump elements:</p> <ul style="list-style-type: none"> <li>a) 1 must be an Axel-type jump*</li> <li>b) Max 3 jump combinations (combos) or sequences</li> <li>c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or sequence. Max. 2 of the same double or triple.</li> </ul>	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> <li>a) 1 spin combination; w/without change of foot*</li> <li>b) 1 spin with only 1 position; no change of foot*</li> <li>c) Both spins may start with a fly</li> <li>d) Min. 5 revolutions; 8 revolutions. for combo</li> <li>e) Min. 2 revolutions. in position</li> <li>f) Spins must be of a different nature</li> </ul>	One choreographic step sequence fully utilizing ice surface.
Novice Ladies	3:00 +/- 10 sec.	<p>Maximum of 6 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or seq. Max. 2 same double or triple.</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) Spins must be of a different nature</li> <li>b) 1 flying entry with no change of foot or position*</li> <li>c) 1 spin combination; w/without change of foot*</li> <li>d) 3rd spin is option of skater</li> <li>e) Min. 6 revolutions; 10 revolutions. for combo</li> <li>f) Min. 2 revolutions. in position</li> <li>g) Spins may change feet and start with a fly, except</li> <li>h) For the flying spin with no change of foot or position</li> </ul>	One leveled step sequence Fully utilizing the ice surface
Novice Men	3:30 +/- 10 sec.	<p>Maximum of 7 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) One double Axel and two different triple jumps may be repeated.</li> <li>f) If double Axel or triple jumps repeated, must be in combo or sequence.</li> <li>g) No more than two of the same type of double or triple may be attempted.</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) Spins must be of a different nature</li> <li>b) 1 flying entry with no change of foot or position*</li> <li>c) 1 spin combination; with or without change of foot*</li> <li>d) 3rd spin is option of skater</li> <li>e) Min. 6 revolutions; 10 revolutions for combo</li> <li>f) Min. 2 revolutions in position</li> <li>g) Spins may change feet and start with a fly, except for the flying spin with no change of foot or position</li> </ul>	One leveled step sequence Fully utilizing the ice surface.
Junior Ladies	3:30 +/- 10 sec.	<p>Maximum of 7 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> </ul>	One leveled step sequence Fully utilizing the ice surface.

		<ul style="list-style-type: none"> <li>d) combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul>	<ul style="list-style-type: none"> <li>d) Min. 6 revolutions; 10 revs. for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>	
Junior Men	4:00 +/- 10 sec.	<p>Maximum of 8 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revs. for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>	One leveled step sequence Fully utilizing the ice surface.
Senior Ladies	4:00 +/- 10 sec.	<p>Maximum of 7 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) Sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revolutions for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>	One leveled step sequence One choreographic sequence Fully utilizing the ice surface
Senior Men	4:30 +/- 10 sec.	<p>Maximum of 8 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) Sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revolutions for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>	One leveled step sequence One choreographic sequence Fully utilizing the ice surface

**SINGLE SHORT PROGRAM:** The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Juvenile and Open Juvenile Short Program (will follow Intermediate short program rule 4230)
- B. Intermediate Short Program – Rule 4230
- C. Novice Short Program – Rule 4220
- D. Junior Short Program – Rule 4210
- E. Senior Short Program – Rule 4200



## U.S. Figure Skating Non Qualifying Competitions

### EVENT: Adult Free Skate

#### General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music IS permitted at all levels.
3. Level will be determined by the highest Free Skate test passed.
4. Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
5. Either IJS or the 6.0 judging system may be used for this event.
6. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on [www.usfigureskating.org](http://www.usfigureskating.org), under "Technical Information", then "Adult Skating"
7. The following deductions will be taken:
  - Spins of a different character – this refers to the abbreviation of a spin, e.g. Combination spin with a change of foot (CCoSp) and a combination with no change of foot (CoSp) are spins of a different character; and a flying sit spin (FSSp) and a sit spin (SSp) are of a different character. For more information, see USFS rule 4103E.

#### 6.0 System Penalties:

- 0.1 in each mark for each illegal element
- 0.1 in 1st mark for insufficient revs.
- 0.2 in 1st mark should be deducted for each jump and/or spin element exceeding the max.
- 0.1 in each mark for time violation
- 0.1 in 1st mark for step seq. not fully utilizing the ice
- 0.2 in 1st mark should be deducted if an element indicated by an \* is omit

Level	Time	Jumps	Spins	Step Sequences
ADULT PRE BRONZE  * means element is required	1:40 max	Max 5 • Jump combinations and sequences are optional, but no more than 2 combinations or sequences may be included • One jump combination/sequence may consist of three jumps, and the other may have only two jumps. • Each jump may be repeated only once and only as part of combination or sequence (maximum of 2 of any jump) • Only single and half-revolution jumps are allowed • No Lutz, Axel or double jumps are allowed	Max 3 • Spins must be of different character (for definition, see USFS rule 4103E) • Min 4 revs total if no change of foot • Min 4 revs each foot if change of foot • Min 2 revs in position	Max 1 To be chosen from: • Choreographic step sequence or • Choreographic sequence Must fully utilize the ice surface Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
ADULT BRONZE  * means element is required	1:50 max	Max 4 • Min 1*, max 2 combinations or sequences; • One combination/sequence may consist of three jumps, and the other may have only two jumps • Each jump may be repeated only once, and only as part of combination or sequence (maximum of 2 of any	Max 2 • Spins must be of different character (for definition, see USFS rule 4103E) • Min 3 revs total if no change of foot • Min 3 revs each foot if change of foot • Min 2 revs in position • No flying spins are permitted	Max 1 To be chosen from: • Step sequence or • Spiral sequence (any pattern) Must use at least ½ ice surface Additional moves in the field, spiral and step

		<p>jump)</p> <ul style="list-style-type: none"> <li>• All single jumps are permitted (except Axel)</li> <li>• No Axel, double or triple jumps are permitted</li> </ul>		<p>sequences will not be counted as elements but will be counted as transitions and marked as such.</p>
<p>ADULT SILVER</p> <p>* means element is required</p>	<p>2:10 max</p>	<p>Max 5</p> <ul style="list-style-type: none"> <li>• Min 1*, max 2 combinations or sequences</li> <li>• One combination/sequence may consist of three jumps, and the other may have only two jumps</li> <li>• Additional jump sequences which contain non-listed jumps of not more than one revolution (i.e. mazurkas, half-loops, etc.) performed as part of connecting footwork preceding single jumps are permitted</li> <li>• Each jump may be repeated only once, and only as part of combination or sequence</li> <li>• All single jumps are permitted, including an Axel-type jump.</li> <li>• No double or triple jumps are permitted</li> </ul>	<p>Max 2</p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see USFS rule 4103E)</li> <li>• Min 3 revs total if no change of foot</li> <li>• Min 3 revs each foot if change of foot</li> <li>• Min 2 revs in position</li> </ul>	<p>Max 1</p> <p>To be chosen from:</p> <ul style="list-style-type: none"> <li>• Step sequence or</li> <li>• Spiral sequence (any pattern)</li> </ul> <p>Must use at least ½ ice surface</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p>
<p>ADULT GOLD</p> <p>* means element is required</p>	<p>2:40 max</p>	<p>Max 5</p> <ul style="list-style-type: none"> <li>• Min 1*, max 3 combinations or sequences</li> <li>• Two combinations/sequences are limited to two jumps, and one three jump combination/sequence is permitted</li> <li>• Each jump may be repeated only once, and only as part of combination or sequence</li> <li>• All single jumps, including an Axel-type jump, are permitted, as are the following double jumps: double toe loop, double Salchow.</li> <li>• No double-double jump combinations or sequences are permitted</li> <li>• Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>	<p>Max 3</p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see USFS rule 4103E)</li> <li>• Min 4 revs total if no change of foot</li> <li>• Min 4 revs each foot if change of foot</li> <li>• Min 2 revs in position</li> </ul>	<p>Max 1</p> <p>To be chosen from:</p> <ul style="list-style-type: none"> <li>• Choreographic step sequence or</li> <li>• Choreographic sequence</li> </ul> <p>Must fully utilize the ice surface</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p>



## U.S. Figure Skating Non Qualifying Competitions

### EVENT: Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*
- *Low Beginner has been added in addition to the national announcement.*

Level	Time	Skating rules / standards
Low Beginner	1:00 max.	<ol style="list-style-type: none"> <li>1. Toe-loop</li> <li>2. ½ jump of choice</li> <li>3. Two-foot spin (minimum 3 revolutions)</li> <li>4. Lunge</li> </ol>
Beginner	1:15 max.	<ul style="list-style-type: none"> <li>• Waltz jump</li> <li>• ½ jump of choice</li> <li>• Forward two foot or one foot spin, minimum three revolutions (free leg position optional)</li> <li>• Forward or backward spiral</li> </ul>
High Beginner	1:15 max.	<ul style="list-style-type: none"> <li>• Toe loop jump</li> <li>• Salchow jump</li> <li>• Forward scratch spin- minimum three revolutions</li> <li>• Forward or backward spiral</li> </ul>
No Test	1:15 max.	<ul style="list-style-type: none"> <li>• Loop jump</li> <li>• Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>• Solo spin- sit <u>or</u> camel spin - minimum three revolutions</li> <li>• Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ul>



## U.S. Figure Skating Non Qualifying Competitions

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### EVENT: COMPULSORY MOVES

General event parameters:

- Basic Skills – Juvenile & Open Juv.: Elements skated on ½ ice
- Elements may be performed only once.
- Music is not allowed.

Level	Time	Skating rules / standards
Pre – Preliminary	1:00 max.	<ol style="list-style-type: none"><li>1. Single flip</li><li>2. Jump combination: single / single (no Axel)</li><li>3. Sit spin or camel spin; min. 3 revolutions</li><li>4. Spiral sequence with 1 forward spiral and 1 backward spiral (any edge)</li></ol>
Preliminary	1:00 max.	<ul style="list-style-type: none"><li>• Single Lutz</li><li>• Jump combination: single / single (may include Axel)</li><li>• Back upright spin; min., 3 revolutions</li><li>• Forward inside spiral</li></ul>
Pre – Juvenile	1:15 max.	<ul style="list-style-type: none"><li>• Single jump (may include Axel)</li><li>• Jump combination: single / single (may include Axel)</li><li>• Layback spin or camel spin; min. 3 revolutions</li><li>• Step sequence - Circular</li></ul>
Juvenile & Open Juv.	1:15 max.	<ul style="list-style-type: none"><li>• Single Axel</li><li>• Jump combination: single / single or double / single</li><li>• Layback spin or camel spin; min. 3 revolutions</li><li>• Step sequence – Circular</li></ul>



## U.S. Figure Skating Non Qualifying Competitions

### EVENT: Jumps Challenge

#### General event parameters:

- Each jump may be attempted twice; the best attempt will be counted.
- Pre-juvenile and lower will be skated ½ ice; Juvenile – senior will be skated on full ice
- Jumps with an “\*” must be preceded with connecting steps (intermediate – senior)

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Waltz jump (from backward crossovers)</li> <li>2. ½ flip or ½ Lutz</li> <li>3. Single Salchow</li> </ol>
High Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Waltz jump (from backward crossovers)</li> <li>2. Single Salchow</li> <li>3. Jump combination – waltz jump-toe loop</li> </ol>
No Test	1:15 max.	<ol style="list-style-type: none"> <li>1. Single toe-loop</li> <li>2. Single loop</li> <li>3. Jump combination – Any two ½ or single revolution jumps (no Axel)</li> </ol>
Pre – Preliminary	1:15 max.	<ul style="list-style-type: none"> <li>• Single toe-loop</li> <li>• Single flip</li> <li>• Jump combination - Any two ½ or single revolution jumps (no Axel)</li> </ul>
Preliminary	1:15 max.	<ul style="list-style-type: none"> <li>• Single flip</li> <li>• Single Lutz</li> <li>• Jump combination – Any single jump + single loop (may be Axel)</li> </ul>
Pre – Juvenile	1:15 max.	<ul style="list-style-type: none"> <li>• Single Axel</li> <li>• Single or double jump</li> <li>• Jump combination – single / single (no Axel)</li> </ul>
Juvenile & Open Juv.	1:15 max.	<ul style="list-style-type: none"> <li>• Single Axel</li> <li>• Double Salchow</li> <li>• Jump combination – single / single or double / single (no Axel)</li> </ul>
Intermediate	1:15 max.	<ul style="list-style-type: none"> <li>• Single Axel</li> <li>• Double loop*</li> <li>• Jump combination – double / single (no Axel)</li> </ul>
Novice	1:15 max.	<ul style="list-style-type: none"> <li>• Double loop</li> <li>• Double flip*</li> <li>• Jump combination – double / double (may be double Axel)</li> </ul>
Junior	1:15 max.	<ul style="list-style-type: none"> <li>• Choice of double or triple jump</li> <li>• Double or triple flip*</li> <li>• Jump combination – double / double (may be double Axel)</li> </ul>
Senior	1:15 max.	<ul style="list-style-type: none"> <li>• Choice of double or triple jump</li> <li>• Double or triple Lutz*</li> <li>• Jump combination – double / double or triple / double (may be double Axel)</li> </ul>



## U.S. Figure Skating Non Qualifying Competitions

### EVENT: Spins Challenge

#### General event parameters:

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in ( ).

Level	Time	Skating rules / standards
Beginner	1:30 max.	<ul style="list-style-type: none"> <li>• Upright one-foot spin (3)</li> <li>• Upright two-foot spin (3)</li> <li>• Sit spin (3)</li> </ul>
High Beginner	1:30 max.	<ul style="list-style-type: none"> <li>• Upright one-foot spin (3)</li> <li>• Upright two-foot spin (3)</li> <li>• Sit spin (3)</li> </ul>
No Test	1:30 max.	<ul style="list-style-type: none"> <li>• Upright one-foot spin (3)</li> <li>• Upright two-foot spin (3)</li> <li>• Sit spin (3)</li> </ul>
Pre – Preliminary	1:30 max.	<ul style="list-style-type: none"> <li>• Upright one-foot spin (3)</li> <li>• Upright two-foot spin (3)</li> <li>• Sit spin (3)</li> </ul>
Preliminary	1:30 max.	<ul style="list-style-type: none"> <li>• Backward upright spin (3)</li> <li>• Combination spin with no of foot (4)</li> <li>• Sit spin (3)</li> </ul>
Pre – Juvenile	1:30 max.	<ul style="list-style-type: none"> <li>• Camel spin (3)</li> <li>• Combination spin – camel to sit spin; no change of foot (6)</li> <li>• Forward to backward scratch spin (3 per foot)</li> </ul>
Juvenile & Open Juv.	1:30 max.	<ul style="list-style-type: none"> <li>• Sit spin (4)</li> <li>• Combination spin – change of foot; optional change of position (4 per foot)</li> <li>• Girls – layback spin (4); Boys – camel spin (4)</li> </ul>
Intermediate	1:30 max.	<ul style="list-style-type: none"> <li>• Flying camel spin (5)</li> <li>• Sit spin to backward sit spin (4 per foot)</li> <li>• Combination spin – change of foot &amp; change of position (4 per foot)</li> </ul>
Novice	1:30 max.	<ul style="list-style-type: none"> <li>• Choice of camel, sit or layback spin (6)</li> <li>• Camel spin to backward camel spin (4 per foot in position)</li> <li>• Combination spin – change of foot &amp; two changes of position (2 per position &amp; 5 per foot)</li> </ul>
Junior	1:30 max.	<ul style="list-style-type: none"> <li>• Flying sit spin or flying reverse sit spin (6)</li> <li>• Ladies – layback spin (6); men – cross-foot spin (6)</li> <li>• Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ul>
Senior	1:30 max.	<ul style="list-style-type: none"> <li>• Flying spin of choice (6)</li> <li>• Solo spin of choice (6) – may not fly</li> <li>• Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ul>





## 2014 U.S. Figure Skating Solo Dance Series Events

The Grand Rapids Open is a participating competition within the 2014 Solo Dance Series.

***The solo pattern dance event, and combined events are being offered as part of the 2014 U.S. Figure Skating Solo Dance Series and will be conducted in accordance with the 2014 Solo Dance Series Handbook found at <http://www.usfigureskating.org/Programs.asp?id=479>. Please refer to the 2014 Solo Dance Series handbook for the current Series rules, levels and event requirements that will be in effect for this competition.***

**Solo Pattern Dance Event:** The solo pattern dance event is comprised of two dances at each level. This event is being offered at the Preliminary, Pre-Bronze, Bronze, Pre-Silver, Silver, Pre-Gold, Gold and International levels.

### 2014 SOLO DANCE SERIES EVENTS BEING OFFERED:

Level	Dances
Preliminary	Dutch Waltz Rhythm & Blues
Pre-Bronze	Swing Dance Fiesta Tango
Bronze	Hickory Hoedown Ten Fox
Pre-Silver	European Waltz Fourteen Step
Silver	Rocker Foxtrot Tango
Pre-Gold	Blues Starlight Waltz
Gold	Viennese Waltz Quick Step
International	Tango Romantica Yankee Polka

Refer to the 2014 Solo Dance Series Handbook found at <http://www.usfigureskating.org/Programs.asp?id=479> for the solo pattern dance event rules, test requirements and details.

**Combined Event:** The combined dance event is comprised of the following:

1.) JUVENILE, INTERMEDIATE, NOVICE: One solo pattern dance chosen by the referee out of two possible dances as selected by U.S. Figure Skating. This dance will not be posted until the starting order is posted at the competition.

**Pattern Dance Selection for Juvenile:** Willow Waltz and Ten Fox

**Pattern Dance Selection for Intermediate:** European Waltz and Foxtrot

**Pattern Dance Selection for Novice:** Tango and American Waltz

JUNIOR, SENIOR: A short dance

2.) A solo free dance

The pattern dances competed in the combined dance event are separate from those in the solo pattern dance event and the results will not count towards the solo pattern dance event or results. This event is offered at the juvenile, intermediate, novice, junior and senior levels. Refer to the 2014 Solo Dance Series Handbook found at

<http://www.usfigureskating.org/Programs.asp?id=479> for the combined event rules and details.



## U.S. Figure Skating Non Qualifying Competitions

### EVENT: Free Skate 1-6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Level	Time	Skating rules / standards
Free Skate 1	1:30+/-10 sec	<ul style="list-style-type: none"> <li>• Advanced forward stroking - 4-6 consecutive</li> <li>• One-foot upright scratch spin from backward crossovers-minimum three revolutions</li> <li>• Waltz jump from backward crossovers</li> <li>• Half flip jump</li> </ul>
Free Skate 2	1:30+/-10 sec	<ul style="list-style-type: none"> <li>• Forward outside spiral - R or L</li> <li>• Beginning back spin - entry optional – minimum two revolutions</li> <li>• Waltz jump, side toe hop, waltz jump sequence</li> <li>• Toe loop jump</li> </ul>
Free Skate 3	1:30+/-10 sec	<ul style="list-style-type: none"> <li>• Forward crossovers in a figure 8</li> <li>• Back spin- minimum three revolutions</li> <li>• Salchow jump</li> <li>• Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ul>
Free Skate 4	1:30+/-10 sec	<ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets -R or L</li> <li>• Sit spin- minimum three revolutions</li> <li>• Loop jump</li> <li>• Waltz jump/loop jump combination</li> </ul>
Free Skate 5	1:30+/-10 sec	<ul style="list-style-type: none"> <li>• Camel spin- minimum three revolutions</li> <li>• Forward upright spin to back upright spin- minimum three revolutions, each foot</li> <li>• Loop/loop jump combination</li> <li>• Flip jump</li> </ul>
Free Skate 6	1:30+/-10 sec	<ul style="list-style-type: none"> <li>• Camel, sit spin combination - minimum of four revolutions total</li> <li>• Split jump or stag jump</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Lutz jump</li> </ul>



## U.S. Figure Skating Non Qualifying Competitions

### EVENT: Basic Elements Event: SNOWPLOW SAM – BASIC 8

Format choice of the host: Each skater will perform each element when directed by a judge or referee OR have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

Level	Time	Skating rules / standards
Snowplow Sam 1-3	1:00 max.	<ul style="list-style-type: none"> <li>• March followed by a two foot glide and dip</li> <li>• Forward two foot swizzles 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles 2-6 in a row</li> </ul>
Basic 1	1:00 max.	<ul style="list-style-type: none"> <li>• Forward two foot glide and dip</li> <li>• Forward two foot swizzles 6-8 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles 6-8 in a row</li> </ul>
Basic 2	1:00 max.	<ul style="list-style-type: none"> <li>• Forward one foot glide - either foot</li> <li>• Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two foot turn in place- forward to backward</li> <li>• Backward two foot swizzles 6 - 8 in a row</li> </ul>
Basic 3	1:00 max.	<ul style="list-style-type: none"> <li>• Forward stroking</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Backward one foot glide - either foot</li> <li>• Two foot spin – minimum three revolutions</li> </ul>
Basic 4	1:00 max.	<ul style="list-style-type: none"> <li>• Standstill forward outside three-turn - R &amp; L</li> <li>• Forward outside edge on a circle clockwise or counter clockwise</li> <li>• Forward crossovers 4-6 consecutive both directions</li> <li>• Backward stroking - 4-6 strokes</li> <li>• Backward snowplow stop - R or L</li> </ul>
Basic 5	1:00 max.	<ul style="list-style-type: none"> <li>• Backward outside edge on a circle clockwise or counterclockwise</li> <li>• Backward crossovers 4-6 consecutive - both directions</li> <li>• Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions</li> <li>• Side toe hop -either direction</li> <li>• Hockey stop</li> </ul>
Basic 6	1:00 max.	<ul style="list-style-type: none"> <li>• Standstill forward inside three-turn - R &amp; L</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line - R or L</li> <li>• Lunge - R or L</li> <li>• T-stop - R or L</li> </ul>
Basic 7	1:00 max.	<ul style="list-style-type: none"> <li>• Standstill forward inside open Mohawk - R to L and L to R</li> <li>• Ballet Jump - either direction</li> <li>• Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>• Forward inside pivot</li> </ul>
Basic 8	1:00 max.	<ul style="list-style-type: none"> <li>• Moving forward outside or forward inside three-turns R &amp; L</li> <li>• Waltz jump</li> <li>• Mazurka - either direction</li> <li>• 1 Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>• Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ul>



## U.S. Figure Skating Non Qualifying Competitions

### EVENT: BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

Level	Time	Skating rules / standards
Snowplow Sam 1-3	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• March followed by a two foot glide and dip</li> <li>• Forward two foot swizzles 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles 2-6 in a row</li> </ul>
Basic 1	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Forward two foot glide and dip</li> <li>• Forward two foot swizzles 6-8 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles 6-8 in a row</li> </ul>
Basic 2	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Forward one foot glide - either foot</li> <li>• Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two foot turn in place- forward to backward</li> <li>• Backward two foot swizzles 6 - 8 in a row</li> </ul>
Basic 3	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Forward stroking</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Backward one foot glide - either foot</li> <li>• Two foot spin – minimum three revolutions</li> </ul>
Basic 4	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Standstill forward outside three-turn - R &amp; L</li> <li>• Forward crossovers 4-6 consecutive both directions</li> <li>• Backward stroking - 4-6 strokes</li> <li>• Backward snowplow stop - R or L</li> </ul>
Basic 5	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Backward crossovers 4-6 consecutive - both directions</li> <li>• Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions</li> <li>• Side toe hop -either direction</li> <li>• Hockey stop</li> </ul>
Basic 6	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Standstill forward inside three-turn - R &amp; L</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line - R or L</li> <li>• Lunge - R or L</li> <li>• T-stop - R or L</li> </ul>
Basic 7	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Standstill forward inside open Mohawk - R to L and L to R</li> <li>• Ballet Jump - either direction</li> <li>• Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>• Forward inside pivot</li> </ul>
Basic 8	1:00 +/-10 max.	<ul style="list-style-type: none"> <li>• Moving forward outside or forward inside three-turns R &amp; L</li> <li>• Waltz jump</li> <li>• Mazurka - either direction</li> <li>• Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into Fl Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>• Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ul>



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Showcase Events – Light Entertainment Events

#### Format:

- Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Props and Scenery ARE permitted

#### General event parameters:

- Level will be determined by the highest Free Skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
- The determination of level will be based upon test requirement at the entry deadline
- Current Guidelines and Procedures for Nonqualifying Showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under Programs and on the National Showcase page.

#### Light Entertainment Levels

	Level	Program Duration	Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test	Age
Singles	Preliminary	1:40 max	Preliminary Free Skate Preliminary Dance	Pre Juvenile Pre-Bronze	no age restriction
	Pre Juvenile	1:40 max	Pre Juvenile Free Skate Pre-Bronze Dance	Juvenile Bronze	no age restriction
	Juvenile	2:10 max	Juvenile Free Skate Bronze Dance	Intermediate Pre-Silver	13 and under
	Teen	2:10 max	Juvenile Free Skate Pre-Silver Dance	Intermediate Silver	14-17
	Intermediate	2:10 max	Intermediate Free Skate Silver Dance	Novice Pre-Gold	17 and under
	Young Adult	2:10 max	Juvenile Free Skate Pre-Silver Dance	Novice Silver	18-20
	Novice	2:10 max	Novice Free Skate Silver Dance	Junior Pre-Gold	no age restriction
	Junior	2:40 max	Junior Free Skate Pre-Gold Dance	Senior Gold	
	Senior	2:40 max	Senior Free Skate Gold Dance		
		Level	Program Duration	Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test
	Adult Bronze Rule 4740	1:40 max	Adult Bronze Free Skating or Pairs or Passed complete Pre-Bronze Dance	Any Pre-Silver Dance	21 and older
	Adult Silver Rule 4730	1:40 max	Adult Silver Free Skating or Pairs or Passed one Pre-Silver dance	Any Pre-Gold Dance	21 and older
	Adult Gold Rule 4720	1:40 max	Adult Gold Free Skating or Masters Pairs or Passed one Pre-Gold Dance	Complete Pre-Gold Dance	21 and older

# Entry Form 2014 Grand Rapids Open Figure Skating Competition

PLEASE PRINT! Forms must be completely filled in before it can be processed.

## E-MAIL ADDRESS REQUIRED

Read carefully, talk to your coach, if you enter the wrong event and need to change it for any reason, you will be assessed a \$20 change fee.

First Name:		Last Name:		USFSA #:	
Address:			City:		Solo Dance Series Registration #:
Date of Birth:		Gender: Female <input type="checkbox"/> Male <input type="checkbox"/>		State:	Zip:
Cell Phone:		Home Phone:		Email:	
Home Club: Do Not Abbreviate				Coach's Name:	
<b>Highest Test Passed</b>		Check if NO standard level tests passed <input type="checkbox"/>			
Free Skating:		Dance:			

Please check off event(s) entered. One entry form may be used for all events entered.

All skaters entered in an IJS event must complete a PPCS form online

### Senior

- Short Program (IJS)
- Free Skating (IJS)
- Jumps Only
- Spins Only
- Test Track
- Showcase

### Junior

- Short Program (IJS)
- Free Skating (IJS)
- Jumps Only
- Spins Only
- Test Track
- Showcase

### Novice

- Short Program (IJS)
- Free Skating (IJS)
- Jumps Only
- Spins Only
- Test Track
- Showcase

### Intermediate

- Short Program (IJS)
- Free Skating (IJS)
- Jumps Only
- Spins Only
- Test Track
- Showcase

### Juvenile

- Short Program (IJS)
- Free Skating (IJS)
- Jumps Only
- Spins Only
- Test Track
- Showcase

### Open Juvenile

- Short Program (IJS)
- Free Skating (IJS)
- Jumps Only
- Spins Only

### Pre-Juvenile

- Free Skating
- Compulsory
- Jumps Only
- Spins Only
- Test Track
- Showcase

### Preliminary

- Free Skating
- Free Skating Limited
- Compulsory
- Jumps Only
- Spins Only
- Test Track
- Showcase

### Pre-Preliminary

- Free Skating
- Free Skating Limited
- Compulsory
- Jumps Only
- Spins Only
- Test Track
- Showcase

### Adult

- Pre-Bronze
- Bronze
- Silver
- Gold (IJS)
- Jumps Only
- Spins Only
- Showcase

### High Beginner

- Free Skating
- Compulsory
- Jumps Only
- Spins Only

### Beginner

- Free Skating
- Compulsory
- Jumps Only
- Spins Only

### Low Beginner

- Free Skating
- Compulsory

### No Test

- Free Skating
- Compulsory
- Jumps Only
- Spins Only

### Free Skate Event 1-6

- Free Skate 1
- Free Skate 2
- Free Skate 3
- Free Skate 4
- Free Skate 5
- Free Skate 6

### Basic Skills Element (no music)

- Snowplow Sam (Tots)
- Basic Skills 1
- Basic Skills 2
- Basic Skills 3
- Basic Skills 4
- Basic Skills 5
- Basic Skills 6
- Basic Skills 7
- Basic Skills 8

### Basic Skills Program (music)

- Snowplow Sam (Tots)
- Basic Skills 1
- Basic Skills 2
- Basic Skills 3
- Basic Skills 4
- Basic Skills 5
- Basic Skills 6
- Basic Skills 7
- Basic Skills 8

### Solo Pattern Dance

- Preliminary
- Pre-Bronze
- Bronze
- Pre-Silver
- Silver
- Pre-Gold
- Gold

### Combined Dance

- Juvenile
- Intermediate
- Novice
- Junior
- Senior

**DEADLINE FOR ONLINE REGISTRATION VOUCHER AND PAYMENT IS MAY 18, 2014**

**MAIL TO:** Vicki Scott, 3215 Michele Lane, Hamilton, MI 49419

## Certificate of Competitor by Club Officer

I hereby approve the entry of \_\_\_\_\_ (the competitor) into the 2014 Grand Rapids Open Figure Skating Competition. I further certify that he/she is a full member in good standing of our club, is an eligible skater as defined in the official Rules of US Figure Skating and has passed the appropriate tests to skate the events entered. If you are an individual member, you will certify your own form.

Club Officer Name:	Title:
Signature:	Date:

## Certification by Athlete and Parent/Guardian and Authorization for Medical Treatment

**Athlete:** I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon this competition and upon the sport of figure skating, and that is consistent with the high standards of the sport. I agree to respect the person and property of others, and in the event I cause injury, damage, or loss to another or to the property of another, I hereby indemnify US Figure Skating, the local Competition Committee, the Greater Grand Rapids Figure Skating Club, and their officers, directors, members, committees, representatives, employees and agents, and agree to hold them harmless against any and all claims that another person may have or which may arise out of such injury, damage or loss, together with any reasonable costs and attorney's fees that may be incurred as results of any such claims, whether valid or not.

**Athlete/Parent/Guardian:** I understand that US Figure Skating and the Greater Grand Rapids Figure Skating Club or organizers of this competition undertake no responsibility for damages or injuries, or loss of property suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, US Figure Skating, organizers of the competition, the Greater Grand Rapids Figure Skating Club and its officers, and their entries shall be accepted only on such condition.

In the event (I) (parent if athlete is under 18 years of age) or (my son/daughter) am unavailable, I hereby give permission for any emergency medical treatment and further authorize and consent to the release of any pertinent medical information and records regarding the treatment, diagnosis, and/or examination of (myself)/(my son/daughter) to the medical committee of the competition for which I am entered by the physician representative of the medical committee of the sanctioned competition in which (I) (my son/daughter) is entered.

_____ Athlete's Signature	_____ Date
_____ Parent/Guardian's Signature (if Athlete is under age 18)	_____ Date

## Coach's Certification

Coach's Name:	Registered Coach of USFSA: <input type="checkbox"/> Yes <input type="checkbox"/> No	USFSA #:
Signature:	Email:	
Phone:		

### Check List:

- Entry Form/Voucher from [www.sk8stuff.com](http://www.sk8stuff.com)
- Check Payable to GGRFSC**
- Certificate of Competitor Form
- PPCS, submitted online [www.usfsonline.org](http://www.usfsonline.org) for **EACH** IJS event
- Signed Meijer State Games of Michigan Release of Liability
- Grand Rapids Open Competition Wear Form
- Program Personal Ad Order Form

### Fees:

- \$95 First IJS event
- \$50 Each additional IJS event
- \$85 First 6.0 event
- \$45 Each additional 6.0 event
- \$50 First Basic Skills 1-8 event
- \$25 Second Basic Skills 1-8 event
- \$25 Late fee for entries received after 5/18/14

**DEADLINE FOR ONLINE REGISTRATION VOUCHER AND PAYMENT IS MAY 18, 2014**  
**MAIL TO: Vicki Scott, 3215 Michele Lane, Hamilton, MI 49419**





**RELEASE OF LIABILITY AND COVENANT NOT TO SUE**

In consideration of my participation (or the participation of the minor identified herein) in the Meijer State Games of Michigan (the "Event"), I agree to the following Release of Liability and Covenant Not to Sue (the "Release"):

**1. Acknowledgment and Assumption of Risks.** I understand that participating in the Event is potentially dangerous and it involves significant risks of personal injury, death, and property damage. I understand that some risks are foreseeable, including but not limited to risks associated with the following, and other risks are unforeseeable: (i) strenuous physical activity; (ii) the weather, including snow, ice, rain, wet, icy and/or muddy conditions, and heat and/or humidity; (iii) the design, construction, maintenance, or condition of the premises used for the Event ("Venue"); and (iv) the negligent or wanton acts of West Michigan Sports Commission (the "Organizer") or any Event sponsors, volunteers, officials, referees or participants. I hereby assume and accept responsibility for all risks of personal injury, death, and property damage which might be associated with my participation in the Event whether known or unknown and whether attributable to my actions or inactions or the actions or inactions (including negligence) of anyone else.

**2. Release of Liability and Covenant not to Sue.** I hereby release and discharge the Organizer, Event sponsors, owners and lessees of any Venue that is part of the Event, and all of their respective directors, officers, shareholders, members, volunteers, employees, and agents (collectively, the "Released Parties") from any responsibility, liability, claims, damages, costs and expenses (including attorneys' fees), and from any causes of action either known or unknown, relating to or arising out of my participation in the Event (collectively, "Liabilities and Claims"). Further, I hereby covenant not to sue or assert any claim against the Released Parties relating to or arising out of my participation in the Event.

**3. Indemnity.** I agree to indemnify and hold harmless the Released Parties from and against any Liability and Claims attributable to personal injury or death, or to damage or destruction of property relating to or arising out of my participation in the Event. If I am signing this Release on behalf of a minor, I agree to indemnify and hold harmless the Released Parties from and against any Liabilities and Claims attributable to personal injury or death, or to damage or destruction of property relating to or arising out of the participation in the Event by such minor, including any claims made by or on behalf of such minor.

**4. Representations.** I represent that: (i) I am 18 years old or older; (ii) I know of no reason, medical or otherwise, which would prevent me from participating in the Event; and (iii) I understand and agree that this Release is binding upon me, and my heirs and assigns; and (iv) if I am signing this Release on behalf of a minor, I represent that I have full legal authority to do so and realize the binding effect of this Release on them, as well as on myself.

**5. Consent to Medical Treatment.** If I, or the minor on whose behalf I am signing this Release, is injured or becomes ill, I consent to and authorize the provision of emergency first aid or medical treatment.

**6. Photo/Video Release.** I grant permission to the Organizer to take (or cause others to take) photographs and videos of me during the Event, and to use the same for any purpose including but not limited to promoting, advertising and marketing. I acknowledge and agree that any such photographs and videos shall be the sole property of the Organizer and its assigns.

**7. Execution by Parent/Guardian.** If I am signing this Release on behalf of a minor, the pronouns "me" and "my" when used in reference to participation in the Event shall refer to the minor (e.g., my participation shall mean the minor's participation).

**8. Governing Law.** This Release shall be construed according to the laws of the State of Michigan. Any action arising out of the Event or this Release shall be litigated in either a state court located in Kent County, Michigan or the United States District Court for the Western District of Michigan.

**I, THE UNDERSIGNED, HAVE CAREFULLY READ THIS RELEASE, I FULLY UNDERSTAND ITS TERMS AND I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT. I HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE OR GUARANTEE BEING MADE TO ME AND I INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF RELEASED PARTIES TO THE GREATEST EXTENT ALLOWED BY LAW.**

Print Name of Participant \_\_\_\_\_ Age of Participant \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_, 201\_\_

*If Participant Is Under 18 Years Old:*

Print Name of Parent or Guardian \_\_\_\_\_

Signature of Parent or Guardian \_\_\_\_\_ Date: \_\_\_\_\_, 201\_\_

## Program Personal Ad Order Form

What better way to thank your coach or wish your favorite skater good luck?! Place a personal ad in this year's competition program. Maximum 3 lines - \$10 each Ad or 3 Ads for \$25

Tell us what you want to say:

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

1 Pre-order Program for \$4.00

1 Ad for \$10.00

3 Ads for \$25.00

Personal Ad(s)/Program Total: \$ \_\_\_\_\_

Would you like to advertise in our program? Please contact Vicki Scott @ 616.896.7139 for more information regarding promotional opportunities!

## 2014 Greater Grand Rapids Open Competition Practice Ice Information

Practice ice for the Greater Grand Rapids Open may be reserved online or may be purchased at the Practice Ice desk during the competition. If you pre-pay for sessions and fail to reserve them online, your pre-payment may be applied to sessions purchased at the Practice Ice desk during the competition.

If you did not reserve your sessions at the time of registration and would still like to reserve them online, please fill out this form and indicate the number of sessions you desire. Mail the form, along with your payment, to the address shown below.

To reserve your sessions online, you will need to go to our event page at <http://www.sk8stuff.com/>. From there you will be able to request your pin number which will allow you to login and reserve your pre-paid sessions. Be sure to read the Practice Ice info provided on the website carefully for help understanding the online reservation/PIN process.

All sessions are 30 minutes long and the cost per session is \$15.00. There is no refund for prepaid sessions, even if not used.

Sessions will be available throughout the competition to be released as they become available. Sessions will be designated by level and discipline (Beginner, Juvenile, etc.). You may only reserve sessions appropriate to your entry. This will not be verified at the time of the reservation however, if you are found to be practicing on an inappropriate session, the monitor may remove you from the session without refund.

Checks should be made payable to: GGRFSC. Do not share your PIN with anyone (neither GGRFSC volunteers nor sk8stuff.com are responsible for reservation changes made online by "authenticated users"). Practice ice payments are not refundable.

Please contact Renee Peirce at 616.682.4525 or [rgpeirce@comcast.net](mailto:rgpeirce@comcast.net) with any questions. Payments may be sent to:

Renee Peirce  
1161 Spice Bush Dr. SE  
Ada, MI 49301

Skater's name: \_\_\_\_\_

Number of Sessions desired: \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

(GRO admin. use only) PIN \_\_\_\_\_

Check # \_\_\_\_\_



**Hilton**

**Grand Rapids Airport**

4747 28<sup>th</sup> Street, SE

Grand Rapids, MI 49512

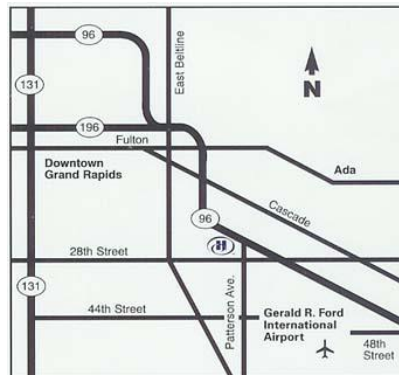
(616) 957-0100

[www.grandrapids.hilton.com](http://www.grandrapids.hilton.com)

Our host hotel for the Grand Rapids Open is the Hilton Grand Rapids Airport conveniently located across from the Patterson Ice Arena. We have reserved blocks of rooms at the Hilton as well as additional hotels for the Grand Rapids Open Figure Skating Competition: Rates are available from **6/19/14 - 6/22/14**. Since we are part of the Meijer State Games rooms will go quickly to accommodate other events. We recommend you book early. The last day to book to take advantage of special pricing is: **5/30/14**.

**HILTON GRAND RAPIDS AIRPORT** (across from Patterson Ice Rink)

Room Rate: Double: \$92.00 (\$2.00 discount off breakfast buffet)



**COURTYARD MARRIOTT** (directly behind the Hilton and close to Patterson Ice Rink)

4741 28th St, SE, Grand Rapids MI 49512

616.954.0500

[www.marriott.com](http://www.marriott.com)

Book your group rate: GGRFSC

Room Rate: \$95 (includes breakfast)

**HAMPTON INN & SUITES/SPRING HILL SUITES** (behind Target on 28<sup>th</sup> Street - 5 minutes from Patterson Ice Rink)

5200 28th Street SE

Grand Rapids, MI 49512

616.575.9144

Room Rate: Double \$123 per night

[HamptonInn.Hilton.com/GRR](http://HamptonInn.Hilton.com/GRR)

<http://www.marriott.com/hotels/travel/grrse-springhill-suites-grand-rapids-airport-southeast>