

Garden City 34th Annual Competition Hosted by the Garden City Figure Skating Club March 7-9th 2014

The Garden City Annual Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

SERIES INFORMATION: The Tri State Council of Figure Skating Clubs is proud to continue our Championship Series for Test Track Skaters!

At this Competition points will be accumulated and tabulated for all individuals participating. **No need to register – nothing for you to do.** These points will be tallied for the entire season (from April 1, 2013 thru March 31, 2014). You can follow your points on www.sk8stuff.com website – just link to Tri State Council!

At the end of the season medals will be presented on the ice at our Tri State Free Skating Competition held in April 2014 for those accumulating the most points.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES: All entries must be postmarked no later than Feb 5, 2014. Late entries will be accepted by the discretion of the competition committee and will incur an additional late fee of \$30.00. Entry fees are per person, per event and payable in U.S. Dollars only. There will also be a \$35.00 service fee assessed for returned/NSF checks. Please register at <u>www.sk8stuff.com</u> and look for the Garden City Competition posting. Written applications will only be accepted if online registration is not possible. There will be a \$5.00 fee for processing written applications. Register online and then attach form and payment to:



Attn: Katie Saile Garden City FSC P.O. Box 917 Garden City Michigan 48136

Event fees are as follows: First event - \$85.00 Each additional event - \$30.00 Solo dance events First event - \$40.00 Each additional event - \$25.00 Basic Skills First event - \$40.00 Each additional Basic Skills event - \$20.00

<u>REFUND POLICY</u>: Entry fees will not be refunded after 2/5/14 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. Checks returned for non-sufficient funds will be issued a \$25 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by email and web.

FACILITIES: The competition will be held at Garden City Civic Arena 200 Log Cabin Rd, Garden City, MI 48135. <u>www.gardencityfsc.com</u> which has one ice surface each measuring 200' x 85'. Parking, dressing rooms, and vending machines are available at the arena. Registration desk with have list of local area restaurants. A vendor exhibition area will be inside the arena.

<u>MUSIC</u>: Music will be reproduced through the arena system on CDs furnished by each competitor at registration. All CDs must be clearly marked with name. Damaged or improperly marked CDs will not be accepted. The official competition music must be turned in at the registration table at the time of check-in. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the GCFSC cannot be responsible for CDs left at the end of the competition. Please have separate CDs for practice and competition.

LIABILITY: U.S. Figure Skating, Garden City Figure Skating, and Garden City Civic Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM

The International Judging System (IJS) will be used for the following events:

- Well Balanced Program free skate events, juvenile senior
- Short program events, intermediate senior

All competitors skating in these events need to submit the planned program content form online. This form is found in the Member's Only section at <u>www.usfigureskating.org</u>. The deadline to submit the form is 2/21/14.

The 6.0 Majority Judging System will be used for:

- Well Balanced Program free skate events, pre-preliminary pre-juvenile, and open juvenile
- Introductory free skate events (beginner, high beginner, no-test)
- All Test Track events
- Juvenile and Open Juvenile short program events
- All specialty singles events (spins, jumps, compulsory moves, etc.)
- All solo dance events



<u>REGISTRATION</u>: Registration will end at 2/5/14 at midnight. Registration table will be open one to two hours before the first event and run through the last event of the day. The registration table will be located at the main entrance of the GC Civic Arena. Please register promptly upon arrival.

<u>PRACTICE ICE:</u> Practice ice will be available competitors at a fee of \$12.00 per 20 minute session. Practice ice information will be available online at **sk8stuff.com**. Music will not be played on any practice session.

AWARDS: Medals will be awarded for first through 10th place

OFFICIAL NOTICES: An official bulletin board will be maintained within the arena. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 60 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: <u>http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf</u>

CONTACT INFO: Katie Saile GCFSCcomp@gmail.com

ADDITIONAL INFORMATION:



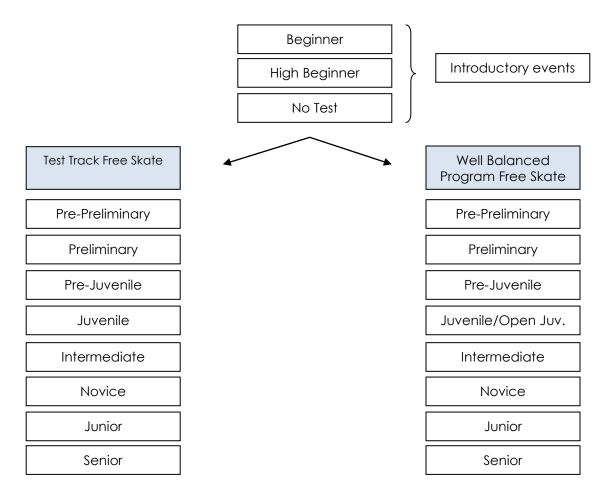
The official hotel of the competition is:

Hilton Garden Inn 31800 Smith Road Romulus, MI 48174 734/727-6000 Other hotels located at I-275 and Ford Road (approximately 5 miles from the rink) are:

Fairfield by Marriott	(734) 981-2440
Budgetel Inn	(734) 981-1808
Holiday Inn Crown Plaza	(734) 729-2600

SINGLES FREE SKATING EVENTS

Illustration of Singles Free Skating Events:





A. Introductory free skate events

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:30 +/- 10 sec.	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump 	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:30 +/- 10 sec.	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump. 	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
No-Test 1:30 +/- 10 sec.	 Max. 5 jump elements: Up to 2 may be jump combos or sequences Jump combos are limited to 2 jumps Jump sequences are limited to 3 single jumps (half-loop is not considered a single jump at this level) No Axels or double jumps are permitted 	 Max. 2 spins: Spins must be of different character. Each spin much have a Minimum of 3 revolutions. Spins may change feet, position and start with a fly. 	One step sequence that utilizes ½ of the ice surface	



B. Test Track free skate events

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:30 +/- 10 sec.	 Maximum of 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	Maximum of 2 spins: • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	 Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre- preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	 Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One spin in one position, no change of foot (Min. 3 revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre- juvenile free skate test



Juvenile 2:15 +/- 10 sec.	 Maximum of 5 jump elements: Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) Only solo spin may fly 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre- juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate 2:30 +/- 10 sec.	 Maximum of 6 jump elements: Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	 Maximum of 7 jump elements for men and 6 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	Maximum of 3 spins, of a different nature: • One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) • The other spins are the option of the skater (min 6 revolutions per foot) • All spins may fly	One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test



Junior Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	 Maximum of 8 jump elements for men and 7 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 3 spins of a different nature: One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) 	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.	 Maximum of 8 jump elements for men and 7 for ladies: Any single jumps. Must include at least four different double jumps, one must be a double Lutz. Triple jumps are not permitted Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 3 spins of a different nature: One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks) Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)	Skaters must have passed at least the U.S. Figure Skating junior free skate test

C. Well Balanced Program free skate

Level	Time	Jumps	Spins	Step Sequences
Pre- Preliminary	1:30 +/- 10 sec. Vocal music permitted	 Maximum of 5 jump elements: a) Any single jumps, including Axel, allowed. b) Max. 2 jump combinations or sequences c) Jump combinations are limited to 2 jumps. d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.) e) Axel may be repeated as an individual jump, as part of a jump combination or jump sequence. Max of 2 Axels. f) Double or triple jumps are not allowed. 	Maximum of 2 spins: a) Spins must be of a different nature b) Spins may change feet and/or position. c) Spins may start with a fly. d) Min. of 3 revolutions	One step sequenced that must use ½ of the ice surface.



Preliminary	1:30 +/- 10 sec. Vocal music permitted	 Maximum of 5 jump elements: a) One must be an Axel or waltz-jump. b) Max. 2 jump combinations or sequences c) Jump combinations limited to 2 jumps d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.) e) Only 2 different double jumps may be attempted, selected from: double salchow, double toe-loop, double loop) f) Axel and no more than 2 different double jumps may be repeated as individual jumps, as part of jump combinations or jump sequences. g) Max. of 2 Axels or any double jump. h) Double flips, double Lutzes, double Axels or triple jumps are not allowed. 	 Maximum of 2 spins: a) Spins must be of a different nature b) Spins may change feet and/or position. c) Spins may start with a fly. d) Min. of 3 revolutions 	One step sequenced that must use ½ of the ice surface.
Pre-Juvenile	2:00 +/- 10 sec. Vocal music permitted	 Maximum of 5 jump elements: a) One must be an Axel or waltz -jump. b) Max. 2 jump combinations or sequences c) Jump combinations limited to 2 jumps d) Number of jumps in jump sequence is limited to a max. of 3 single or double jumps. (1/2 loop is not considered a single jump at this level.) e) Number of different double jumps is not limited. f) Axel and no more than 3 different double jumps may be repeated as individual jumps, as part of jump combination or jump sequence. g) Maximum of 2 Axels or any double jump 	 Maximum of 2 spins: a) 1 spin combination; with or without change of foot*, may fly. b) 1 spin with only 1 position*, may fly, no change of foot c) Min. 4 revolutions.; 6 revolutions for combo d) Spins must be of a different nature 	One step sequence fully utilizing ice surface.
Juvenile (under 14 years) (IJS) & Open Juvenile (14 years or older) (6.0)	2:15 +/- 10 sec.	 Maximum of 5 jump elements: a) One must be an Axel-type jump* b) Max. 2 jump combinations or sequences c) Jump combinations limited to 2 jumps d) Number of jumps in jump sequence is not limited e) No more than 3 double jumps may be repeated (1 each), but only as part of combination or sequence. Max 2 of same double jump. f) No triple jumps 	 Maximum of 2 spins: a) 1 spin combination; with/without change of foot* b) 1 spin with only 1 position; no change of foot* c) Both spins may start with a fly d) Min. 5 revolutions; 8 revolutions. for combination e) Min. 2 revolutions in position f) Spins must be of a different nature 	One choreographic step sequence fully utilizing ice surface.
Intermediate	2:30 +/- 10 sec.	 Maximum of 6 jump elements: a) 1 must be an Axel-type jump* b) Max 3 jump combinations (combos) or sequences c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted d) Number of jumps in jump sequence is not limited e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or sequence. Max. 2 of the same double or triple. Maximum of 6 jump elements: 	 Maximum of 2 spins: a) 1 spin combination; w/without change of foot* b) 1 spin with only 1 position; no change of foot* c) Both spins may start with a fly d) Min. 5 revolutions; 8 revolutions. for combo e) Min. 2 revolutions. in position f) Spins must be of a different nature Maximum of 3 spins: 	One choreographic step sequence fully utilizing ice surface.
Novice	3:00 +/-	a) One must be an Axel-type jump*	a) Spins must be of a	One leveled



Ladies	10 sec.	 b) Max. 3 jump combinations (combos) or sequences c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted d) Number of jumps in jump sequence is not limited e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or seq. Max. 2 same double or triple. 	 different nature b) 1 flying entry with no change of foot or position* c) 1 spin combination; w/without change of foot* d) 3rd spin is option of skater e) Min. 6 revolutions; 10 revolutions. for combo f) Min. 2 revolutions. in position g) Spins may change feet and start with a fly, except h) For the flying spin with no change of foot or position 	step sequence Fully utilizing the ice surface
Novice Men	3:30 +/- 10 sec.	 Maximum of 7 jump elements: a) One must be an Axel-type jump* b) Max. 3 jump combinations (combos) or sequences c) Combos limited to 2 jumps, but one 3-jump combo is permitted d) Number of jumps in jump sequence is not limited e) One double Axel and two different triple jumps may be repeated. f) If double Axel or triple jumps repeated, must be in combo or sequence. g) No more than two of the same type of double or triple may be attempted. 	 Maximum of 3 spins: a) Spins must be of a different nature b) 1 flying entry with no change of foot or position* c) 1 spin combination; with or without change of foot* d) 3rd spin is option of skater e) Min. 6 revolutions; 10 revolutions for combo f) Min. 2 revolutions in position g) Spins may change feet and start with a fly, except for the flying spin with no change of foot or position 	One leveled step sequence Fully utilizing the ice surface.
Junior Ladies	3:30 +/- 10 sec.	 Maximum of 7 jump elements: a) One must be an Axel-type jump * b) Max. 3 jump combinations (combos) or sequences c) Combos limited to 2 jumps, but one 3-jump combo is permitted d) Number of jumps in jump sequence is not limited e) 2 triples or quads may be repeated, but must be in combo or f) sequence g) Max. 2 double Axels as solo jump or in combo/sequence 	 Maximum of 3 spins: a) 1 flying entry* b) 1 spin combination; with or without change of foot* c) 1 spin with only 1 position * d) Min. 6 revolutions; 10 revs. for combo e) Min. 2 revolutions in position f) All spins may change feet and start with a fly g) Spins must be of a different nature 	One leveled step sequence Fully utilizing the ice surface.



Junior Men	4:00 +/- 10 sec.	 Maximum of 8 jump elements: a) One must be an Axel-type jump * b) Max. 3 jump combinations (combos) or sequences c) Combos limited to 2 jumps, but one 3-jump combo is permitted d) Number of jumps in jump sequence is not limited e) 2 triples or quads may be repeated, but must be in combo or f) sequence g) Max. 2 double Axels as solo jump or in combo/sequence 	 Maximum of 3 spins: a) 1 flying entry* b) 1 spin combination; with or without change of foot* c) 1 spin with only 1 position * d) Min. 6 revolutions; 10 revs. for combo e) Min. 2 revolutions in position f) All spins may change feet and start with a fly g) Spins must be of a different nature 	One leveled step sequence Fully utilizing the ice surface.
Senior Ladies	4:00 +/- 10 sec.	 Maximum of 7 jump elements: a) One must be an Axel-type jump * b) Max. 3 jump combinations (combos) or sequences c) Combos limited to 2 jumps, but one 3-jump combo is permitted d) Number of jumps in jump sequence is not limited e) 2 triples or quads may be repeated, but must be in combo or f) Sequence g) Max. 2 double Axels as solo jump or in combo/sequence 	 Maximum of 3 spins: a) 1 flying entry* b) 1 spin combination; with or without change of foot* c) 1 spin with only 1 position * d) Min. 6 revolutions; 10 revolutions for combo e) Min. 2 revolutions in position f) All spins may change feet and start with a fly g) Spins must be of a different nature 	One leveled step sequence One choreographic sequence Fully utilizing the ice surface
Senior Men	4:30 +/- 10 sec.	 Maximum of 8 jump elements: a) One must be an Axel-type jump * b) Max. 3 jump combinations (combos) or sequences c) Combos limited to 2 jumps, but one 3-jump combo is permitted d) Number of jumps in jump sequence is not limited e) 2 triples or quads may be repeated, but must be in combo or f) Sequence g) Max. 2 double Axels as solo jump or in combo/sequence 	 Maximum of 3 spins: a) 1 flying entry* b) 1 spin combination; with or without change of foot* c) 1 spin with only 1 position * d) Min. 6 revolutions; 10 revolutions for combo e) Min. 2 revolutions in position f) All spins may change feet and start with a fly g) Spins must be of a different nature 	One leveled step sequence One choreographic sequence Fully utilizing the ice surface

SINGLES SHORT PROGRAM

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Intermediate short program Rule 4230
- B. Novice short program Rule 4220
- C. Junior short program Rule 4210
- D. Senior short program Rule 4200
- E. Juvenile short program same elements as Intermediate SP Rule 4230 (6.0 judging)
- F. Open Juvenile short program same elements as Intermediate SP Rule 4230 (6.0 judging)



SINGLES COMPULSORY MOVES

A. Introducte	A. Introductory events				
Level	Time	Skating rules/standards			
		1. Waltzjump			
Beginner	1:15 max.	2. ½ jump of choice			
		3. Forward two-foot or one-foot spin, minimum three revolutions			
		(free leg position optional)			
		4. Forward or backward spiral			
		1. Toe loop jump			
High	1:15 max.	2. Salchow jump			
Beginner		3. Forward scratch spin - minimum three revolutions			
		4. Forward or backward spiral			
		1. Loop jump			
No-Test	1:15 max.	2. Jump combination to include a toe loop (may not use a loop			
		or Axel)			
		3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions			
		4. Spiral sequence, must include a forward and backward spiral.			
		Additional spirals and balance moves may be included.			

B. Standard events

Level	Time	Skating rules/standards
Pre – Preliminary	1:00 max.	 Single flip Jump combination: single/single (no Axel) Sit spin or camel spin - minimum three revolutions Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:00 max.	 Single Lutz Jump combination: single/single (may include Axel) Back upright spin - minimum three revolutions Forward inside spiral
Pre – Juvenile	1:15 max.	 Single jump (may include Axel) Jump combination: single/single (may include Axel) Layback spin or camel spin - minimum three revolutions Step sequence - circular



SINGLES JUMPS CHALLENGE

Level	Time	Skating rules / standards
Beginner	1:15 max.	 Waltz jump (from backward crossovers) ½ flip or ½ Lutz Single Salchow
High Beginner	1:15 max.	 Waltz jump (from backward crossovers) Single Salchow Jump combination – waltz jump-toe loop
No-Test	1:15 max.	 Single toe loop Single loop Jump combination – Any two ½ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	 Single toe loop Single flip Jump combination - Any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max.	 Single flip Single Lutz Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile	1:15 max.	 Single Axel Single or double jump Jump combination – single/single (no Axel)
Juvenile & Open Juv.	1:15 max.	 Single Axel Double Salchow Jump combination – single/single or double/single (no Axel)
Intermediate	1:15 max.	 Single Axel Double loop* Jump combination – double/single (no Axel)
Novice	1:15 max.	 Double loop Double flip* Jump combination – double/double (may be double Axel)
Junior	1:15 max.	 Choice of double or triple jump Double or triple flip* Jump combination – double/double (may be double Axel)
Senior	1:15 max.	 Choice of double or triple jump Double or triple Lutz* Jump combination – double/double or triple/double (may be double Axel)

SINGLES SPINS CHALLENGE

Level	Time	Skating rules / standards		
Beginner	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3) 		
High Beginner	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3) 		
No-Test	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3) 		
Pre – Preliminary	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3) 		



		8. Backward upright spin (3)
Preliminary	1:30 max.	9. Combination spin with no of foot (4)
,		10. Sit spin (3)
		8. Camel spin (3)
Pre –	1:30 max.	 Combination spin – camel to sit spin; no change of foot (6)
Juvenile		10. Forward to backward scratch spin (3 per foot)
		4. Sit spin (4)
Juvenile &	1:30 max.	5. Combination spin – change of foot; optional change of position (4
Open Juv.		per foot)
		6. Girls – layback spin (4); Boys – camel spin (4)
		4. Flying camel spin (5)
Intermediate	1:30 max.	5. Sit spin to backward sit spin (4 per foot)
		Combination spin – change of foot & change of position (4 per foot)
		4. Choice of camel, sit or layback spin (6)
Novice	1:30 max.	5. Camel spin to backward camel spin (4 per foot in position)
		 Combination spin – change of foot & two changes of position (2 per position % 5 per fact)
		position & 5 per foot)4. Flying sit spin or flying reverse sit spin (6)
	1.00	 Fight g sit spirt of tight g reverse sit spirt (6) Ladies – layback spin (6); men – cross-foot spin (6)
Junior	1:30 max.	 Combination spin – with change of foot & utilizing all three positions (2)
		per position & 5 per foot)
		4. Flying spin of choice (6)
Senier	1.20 ma and	5. Solo spin of choice (6) – may not fly
Senior	1:30 max.	 Combination spin – with change of foot & utilizing all three positions (2)
		per position & 5 per foot)

SOLO PATTERN DANCE

A. Fie-piel	iminary -	- international
Level	Januai	ry 1-
	March	31 st
Preliminary	1.	Dutch Waltz
1	2.	Canasta Tango
Pre-bronze	1.	Swing
	2.	Cha-Cha
Bronze	1.	Hickory Hoedown
	2.	Willow Waltz
Pre-silver	1.	Fourteenstep
	2.	European Waltz
Silver	1.	American Waltz
	2.	Silver Tango
Pre-gold	1.	Killian
	2.	Blues
Gold	1.	Viennese Waltz
	2.	Argentine Tango



SHOWCASE EVENTS: Light Entertainment

	Event	Must have passed(dance tests refer to solo or partnered standard track)	Must not have passed(dance tests refer to solo or partnered standard track)	Age	Time
	Beginner, High Beginner, No Test* Note: these levels do not qualify for National Showcase	-	Pre-Preliminary Free Skate	No Age restriction	1:30 max
	Pre-Preliminary* Note: this level does not qualify for National Showcase	-	Preliminary Free Skate	No Age restriction	1:30 max
	Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate	No minimum age (max age 20)	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate 2 Preliminary Dances	Juvenile Free Skate or Complete Pre-Bronze Dance	No minimum age (max age 20)	1:40 max
Singles	Juvenile	Juvenile Free Skate Complete Preliminary Dance	Intermediate Free Skate Any Silver Dance	13 and under	2:10 max
	Intermediate	Intermediate Free Skate Complete Bronze Dance	Novice Free Skate Any Gold Dance	17 and under	2:10 max
	Novice	Novice Free Skate One Silver Dance	Junior Free Skate Any Gold Dance	No age restriction	2:10 max



34th ANNUAL GARDEN CITY FIGURE SKATING CLUB COMPETITION ENTRY FORM <u>March 7-9, 2014</u>

PLEASE TYPE OR USE PEN – PRINT CLEARLY

NAME	MALEFEMALE
BIRTHDAY	USFS/CFSA#
HOME CLUB	
]	
PHONE ()	
	PHONE ()
EMAIL HIGHEST TEST PASSED: F/S	DANCE

(As of February 5, 2014)

Well Balanced	Test Track	Adult	Compulsory
 Senior IJS Junior IJS Novice IJS Intermediate IJS Juvenile IJS Open Juvenile (6.0) PreJuvenile Preliminary PrePreliminary NoTest High Beginner Beginner 	Senior Junior Novice Intermediate Juvenile PreJuvenile Preliminary PrePreliminary	Adult PreBronze Adult Bronze Adult Silver Adult Gold	 Senior SP IJS Junior SP IJS Novice SP IJS Intermediate SP IJS Juvenile SP (6.0) Open Juvenile SP (6.0) PreJuvenile CM Preliminary CM PrePreliminary CM NoTest CM High Beginner CM Beginner CM
Jumps	Spins	Showcase	Solo Dance
Senior Junior Novice Intermediate Juvenile PreJuvenile Preliminary PrePreliminary	Senior Junior Novice Intermediate Juvenile PreJuvenile Preliminary PrePreliminary	Beginner PrePreliminary Preliminary PreJuvenile Juvenile Intermediate Novice	List Dances Below



CERTIFICATIONS AND WAIVER

The following certification and release must be completed before competitor may enter competition.

CERTIFICATION OF COMPETITOR: I am an amateur under the rules of the USFS or CFSA eligible to enter the event checked.

Signed:_____

CLUB OFFICER: To the best of my knowledge, the above information is correct and true. The competitor is a member in good standing.

Club Officer:_____ Title:_____

Waiver of Claims for Injury:

The competitor and family hold the Garden City Figure Skating Club harmless from any and all liability for injuries to the Competitor and from any and all liabilities for damages to or loss of property. Competitors waive all claims for injury during the competition and practice sessions at the Garden City Civic Arena. I also understand that no refunds will be made after February 5, 2014. If the competitor is under18 years of age, the parent or guardian must sign this release.

Skater or Parent/ Legal Guardian (if skater is under 18)

ENTRY DEADLINE: Postmarked by <u>February 5, 2014</u>. NO REFUNDS after this date, unless event is canceled. NO LATE ENTRIES without a \$30.00 late fee *and committee approval*.

SEND ENTRIES TO:

GCFSC 34th ANNUAL COMPETITION Katie Saile P.O. Box 917 Garden City, MI 48136

GCFSCcomp@gmail.com

P - 41518

FEES: \$85.00 for first event, \$30.00 each additional event. If competing in solo dance only, \$40.00 for first dance entered and \$25.00 for each additional dance.

Make checks or money orders payable to: **Garden City Figure Skating Club**. There will be a **\$30.00** service charge assessed for all returned checks.



BASIC SKILLS EVENTS

BASIC SKILLS ELEMENTS: SNOWPLOW SAM - BASIC 8

Format: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater. Skaters may compete at the highest level they have passed, or "skate up" to one level higher

- □ To be skated on 1/3 to 1/2 ice
- 🗆 No music
- □ All elements must be skated in the order listed
- □ Time: 1:00 or less

Level	Time	Skating rules/standards
		1.March followed by a two-foot glide and dip
Snowplow	1:00 max.	2.Forward two-foot swizzles, 2-3 in a row
Sam 1-3		3.Forward snowplow stop
		4.Backward wiggles, 2-6 in a row
		1.Forward two-foot glide and dip
Basic 1	1:00 max.	2.Forward two-foot swizzles, 6-8 in a row
		3.Forward snowplow stop
		4.Backward wiggles, 6-8 in a row
		1.Forward one-foot glide, either foot
Basic 2	1:00 max.	2.Forward alternating 1/2 swizzle pumps in a straight line, 2-3 each foot
		3.Moving snowplow stop
		4.Two-foot turn in place, forward to backward
		5.Backward two-foot swizzles, 6 - 8 in a row
		1. Forward stroking
Basic 3	1:00 max.	2. Forward ½ swizzle pumps on a circle, either clockwise or counter
		clockwise, 4-6 consecutive
		3. Forward slalom
		 Backward one-foot glide, either foot
		5. Two-foot spin – minimum three revolutions
		1.Standstill forward outside three-turn, right and left
Basic 4	1:00 max.	2.Forward outside edge on a circle, clockwise or counter clockwise
		3.Forward crossovers, 4-6 consecutive, both directions
		4.Backward stroking, 4-6 strokes
		5.Backward snowplow stop, right or left
		1.Backward outside edge on a circle, clockwise or counterclockwise
	1:00 max.	2.Backward crossovers, 4-6 consecutive, both directions
Basic 5		3.Basic one-foot spin, free leg held to side of spinning leg - minimum three
		revolutions
		4.Side toe hop, either direction
	_	5.Hockey stop
		1.Standstill forward inside three-turn, right and left
Basic 6	1:00 max.	2.Bunny Hop
		3.Forward spiral on a straight line, right or left
		4.Lunge, right or left
	4	5.T-stop, right or left
		6.Standstill forward inside open mohawk, right to left and left to right
Basic 7	1:00 max.	1.Ballet jump, either direction
		2.Back crossovers to a back outside edge landing position, clockwise and



		counter clockwise 3.Forward inside pivot
Basic 8	1:00 max.	 Moving forward outside or forward inside three-turns, right and left Waltz jump Mazurka, either direction 1 Combination move, clockwise <u>or</u> counter clockwise, two forward crossovers into forward inside mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum three revolutions

BASIC SKILLS PROGRAM EVENT: SNOWPLOW SAM - BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

□ To be skated on full ice

□ The skater may use elements from a previous level

- □ A .2 deduction will be taken for each element performed from a higher level
- □ Time: 1:00 +/- 10 seconds

Level	Time	Skating rules/standards
		1.March followed by a two-foot glide and dip
Snowplow	1:00 +/-10	2.Forward two-foot swizzles, 2-3 in a row
Sam 1-3	max.	3.Forward snowplow stop
		4.Backward wiggles, 2-6 in a row
		1.Forward two-foot glide and dip
Basic 1	1:00 +/-10	2.Forward two-foot swizzles, 6-8 in a row
	max.	3.Forward snowplow stop
		4.Backward wiggles, 6-8 in a row
		1.Forward one-foot glide, either foot
Basic 2	1:00 +/-10	2.Forward alternating 1/2 swizzle pumps in a straight line, 2-3 each foot
	max.	3.Moving snowplow stop
		4.Two-foot turn in place, forward to backward
		5.Backward two-foot swizzles, 6 - 8 in a row
		1.Forward stroking
Basic 3	1:00 +/-10	2.Forward ½ swizzle pumps on a circle, either clockwise or counter
	max.	clockwise, 4-6 consecutive
		3.Forward slalom
		4.Backward one-foot glide, either foot
		5.Two-foot spin, minimum three revolutions
		 Standstill forward outside three-turn, right and left
Basic 4	1:00 +/-10	2.Forward crossovers, 4-6 consecutive both directions
	max.	3.Backward stroking, 4-6 strokes
		4.Backward snowplow stop, right or left
		1.Backward crossovers, 4-6 consecutive, both directions
	1:00 +/-10	2.Basic one-foot spin, free leg held to side of spinning leg, minimum three
Basic 5	max.	revolutions
		3.Side toe hop, either direction
		4.Hockey stop
		1.Standstill forward inside three-turn, right and left
Basic 6	1:00 +/-10	2.Bunny Hop
	max.	3.Forward spiral on a straight line, right or left
		4.Lunge, right or left



		5.T-stop, right or left
		1.Standstill forward inside open Mohawk, right to left and left to right
Basic 7	1:00 +/-10	2.Ballet Jump, either direction
	max.	3.Back crossovers to a back outside edge landing position, clockwise and counter clockwise
		4.Forward inside pivot
		1.Moving forward outside or forward inside three-turns, right and left
Basic 8	1:00 +/-10	2.Waltz jump
	max.	3.Mazurka, either direction
		4. 1 Combination move, clockwise or counter clockwise – two forward
		crossovers into a forward inside Mohawk, step down, cross behind, step into
		one back crossover and step to a forward inside edge
		5. Beginning one-foot upright spin, free foot held to side of spinning leg or
		crossed position -minimum three revolutions

Free Skate Event: Freestyle 1-6 Compulsory

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on $\frac{1}{2}$ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Level	Time	Skating rules / standards
Free Skate 1	1:15 max.	 Advanced forward stroking, 4-6 consecutive Backward outside three-turns, right and left One-foot upright scratch spin from backward crossovers - minimum three revolutions Waltz jump from backward crossovers Half flip jump
Free Skate 2	1:15 max.	 Forward outside or inside spiral, right or left Waltz three's, right or left, 2-3 sets Beginning back spin, entry optional – minimum two revolutions Waltz jump, side toe hop, waltz jump sequence Toe loop jump
Free Skate 3	1:15 max.	 Forward crossovers in a figure 8 Backward inside three-turns, right and left Back spin - minimum three revolutions Salchow jump Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum three revolutions Loop jump Waltz jump/loop jump combination



Free Skate 5	1:15 max.	 Camel spin - minimum three revolutions Forward upright spin to back upright spin - minimum three revolutions each foot Loop/loop jump combination Flip jump
Free Skate 6	1:15 max.	 Five step mohawk sequence - one set alternating pattern (refer to Basic Skills Curriculum Free skate 6) Camel, sit spin combination - minimum of four revolutions total Split jump or stag jump Waltz jump, ½ loop, Salchow jump sequence Lutz jump

Free Skate Event: Freestyle 1-6 Program

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Level	Time	Skating rules / standards
Free Skate 1	1:30+/-10 sec	 Advanced forward stroking, 4-6 consecutive One-foot upright scratch spin from backward crossovers, minimum three revolutions Waltz jump from backward crossovers Half flip jump
Free Skate 2	1:30+/-10 sec	 Forward outside spiral, right or left Beginning back spin – entry optional, minimum two revolutions Waltz jump, side toe hop, waltz jump sequence Toe loop jump
Free Skate 3	1:30+/-10 sec	 Forward crossovers in a figure 8 Back spin, minimum three revolutions Salchow jump Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:30+/-10 sec	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin, minimum three revolutions Loop jump Waltz jump-loop jump combination
Free Skate 5	1:30+/-10 sec	 Camel spin, minimum three revolutions Forward upright spin to back upright spin, minimum three revolutions each foot Loop-loop jump combination 4.Flip jump
Free Skate 6	1:30+/-10 sec	1.Camel, sit spin combination, minimum of four revolutions total 2.Split jump or stag jump 3.Waltz jump, ½ loop, Salchow jump sequence 4.Lutz jump

34th ANNUAL GARDEN CITY FIGURE SKATING CLUB



COMPETITION ENTRY FORM

<u>March 7-9, 2014</u>

PLEASE TYPE OR USE PEN – PRINT CLEARLY				
NAME	MALE	FEMALE		
BIRTHDAY	USFS/CFSA#			
HOME CLUB				
ADDRESS				
] CITY,STATE, ZIP				
PHONE ()				
E-MAIL				
COACH NAME	PHONE ()			
EMAIL				

HIGHEST TEST PASSED: F/S_____

(As of February 5, 2014)

Basic Skills Elements	Basic Skills Program
 Snowplow Sam Elements Basic 1 Elements Basic 2 Elements Basic 3 Elements Basic 4 Elements Basic 5 Elements Basic 6 Elements Basic 7 Elements Basic 8 Elements 	 Snowplow Sam Program Basic 1 Program Basic 2 Program Basic 3 Program Basic 4 Program Basic 5 Program Basic 6 Program Basic 7 Program Basic 8 Program
Free Skate Elements	Free Skate Program
Free Skate 1 Elements Free Skate 2 Elements Free Skate 3 Elements Free Skate 4 Elements Free Skate 5 Elements Free Skate 6 Elements	 Free Skate 1 Program Free Skate 2 Program Free Skate 3 Program Free Skate 4 Program Free Skate 5 Program Free Skate 6 Program

CERTIFICATIONS AND WAIVER



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CERTIFICATION OF COMPETITOR: I am an amateur under the rules of the USFS or CFSA eligible to enter the event checked.

Signed: _____

CLUB OFFICER: To the best of my knowledge, the above information is correct and true. The competitor is a member in good standing.

Club Officer:_	
Title:	

Waiver of Claims for Injury:

The competitor and family hold the Garden City Figure Skating Club harmless from any and all liability for injuries to the Competitor and from any and all liabilities for damages to or loss of property. Competitors waive all claims for injury during the competition and practice sessions at the Garden City Civic Arena. I also understand that no refunds will be made after February 5, 2014. If the competitor is under18 years of age, the parent or guardian must sign this release.

Skater or Parent/ Legal Guardian (if skater is under 18)

ENTRY DEADLINE: Postmarked by <u>February 5, 2014</u>. NO REFUNDS after this date, unless event is canceled. NO LATE ENTRIES without a \$30.00 late fee *and committee approval*.

SEND ENTRIES TO: GCFSC 34th ANNUAL COMPETITION

Katie Saile

P.O. Box 917 Garden City, MI 48136

FEES: \$40.00 for first event, \$20.00 each additional event. .

Make checks or money orders payable to: **Garden City Figure Skating Club**. There will be a **\$30.00** service charge assessed for all returned checks.

