

**Garden City 34<sup>th</sup> Annual Competition**  
**Hosted by the Garden City Figure Skating Club**  
**March 7-9<sup>th</sup> 2014**

The competition has been sanctioned by U.S. Figure Skating, will be conducted in accordance with the Rules set forth in the 2014 edition of the U.S. Figure Skating Rulebook, and is also sanctioned by Skate Canada. All freestyle events will be judged using the 6.0 system.

**ELIGIBILITY:** The competition is open to all eligible and re-instated skaters who are U.S. Figure Skating and Skate Canada members and qualify to enter events based on their test status as of November 05, 2014.

**EVENTS AND AWARDS:**

**TEST TRACK:** Limited Beginner – Senior

**ADULT FREESKATE:** Pre-Bronze – Gold

**SINGLE FREE SKATING:** Low Beginner – Senior

**ARTISTIC SHOWCASE:** Beginner – Novice

**SHORT PROGRAM:** Juvenile – Senior

**COMPULSORY MOVES:** Beginner – Pre-Juvenile

**PAIRS:** Preliminary – Pre-Juvenile

**SPINS:** Pre-Preliminary – Juvenile

**SOLO DANCE:** Preliminary - Gold

**JUMPS:** Beginner – Juvenile

**BASIC SKILLS COMPULSORY AND FREESKATE:**

Snowplow Sam – Freeskate 6

Medals will be awarded for first through 10th place

All events will be judged using 6.0 judging system

**ENTRIES AND FEES:** All entries must be postmarked no later than Feb 5, 2014. Late entries will be accepted by the discretion of the competition committee and will incur an additional late fee of \$30.00. Entry fees are per person, per event and payable in U.S. Dollars only. There will also be a \$35.00 service fee assessed for returned/NSF checks. Please register at [www.sk8stuff.com](http://www.sk8stuff.com) and look for the Garden City Competition posting. Written applications will only be accepted if online registration is not possible. There will be a \$5.00 fee for processing written applications. Register online and then attach form and payment to:

Attn: Katie Saile  
Garden City FSC  
P.O. Box 917  
Garden City Michigan 48136  
**GCFSCcomp@gmail.com**

**Event fees are as follows:**

**First event - \$85.00 Each additional event - \$30.00**

**Solo dance events First event - \$40.00 Each additional event - \$25.00**

**First Basic Skills event - \$40.00 Each additional Basic Skills event - \$20.00**

**REFUNDS:** No refunds will be issued after the closing date unless the event is cancelled for lack of participation. One entry constitutes a competition in any event. **NO REFUNDS WILL BE GIVEN FOR ANY REON, INCLUDING MEDICAL.**

**PRACTICE ICE:** Practice ice will be available to the competitors at a fee of \$12.00 per 20 minute session. Practice ice information will be available online at **sk8stuff.com**. Music will not be played on any practice session.

**REGISTRATION AT EVENT (CHECK-IN):** The official registration desk will open one hour prior to the start of the competition and remain open until the close of the competition March 9, 2014.

**Competitors must check in at the registration desk at least one hour prior to their event or they will not be allowed on the competition ice.**

**OFFICIAL NOTICES:** Will be maintained throughout the competition and will be considered adequate notice to all skaters and professionals of schedule changes

**SCHEDULE OF EVENTS:** All competition schedules will be posted online at **sk8stuff.com** and on the arena bulletin board once the competition begins. No admission fee will be charged.

**OFFICIAL ARENA:** The competition will be held at the **Garden City Civic Arena 200 Log Cabin Rd Garden City, MI 48135**, which has one ice surface each measuring 200' x 85'. Parking, dressing rooms, and vending machines facilities are available at the arena. Registration desk with have list of local area restaurants. A vendor exhibition area will be inside the arena.

**MUSIC:** Music will be reproduced through the arena system on CDs furnished by each competitor at registration. All CDs must be clearly marked with name, event and actual time of the music. Damaged or improperly marked CDs or practice CDs will not be accepted. Competitors must have a suitable emergency back-up at rink side during his/her event.

#### **Area Lodging: Bed and Breakfasts:**

The official hotel of the competition is:

Hilton Garden Inn  
31800 Smith Road  
Romulus, MI 48174  
734/727-6000

Other hotels located at I-275 and Ford Road (approximately 5 miles from the rink) are:

Fairfield by Marriott	(734) 981-2440
Budgetel Inn	(734) 981-1808
Holiday Inn Crown Plaza	(734) 729-2600

## **EVENTS AND ELIGIBILITY**

### **FREE SKATING EVENTS –Well Balanced Program and Competitive Test Track**

Skaters may enter EITHER the new test track free skate program or the well-balanced free skate program **but NOT both** during the same nonqualifying competition. Skaters may enter the event for which they have passed the required test or one level higher (i.e., skaters may “skate up” one level) except as noted below. Times stated for free skating events are +/-10 seconds. All events will be judged under the 6.0 system and the skaters will be entered in the **Tri-States Council Championship Series**. Deductions will be made for skaters including elements not permitted in the event description.

The Tri State Council of Figure Skating Clubs is proud to continue our Championship Series for Test Track Skaters!

At the *Edith Scheonrock International Competition*, points will be accumulated and tabulated for all individuals participating. **No need to register – nothing for you to do.**

These points will be tallied for the entire season (from April 1, 2013 thru March 31, 2014).

You can follow your points on [www.sk8stuff.com](http://www.sk8stuff.com) website – just link to Tri State Council!

At the end of the season medals will be presented on the ice at our Tri State Free Skating Competition held in April 2014 for those accumulating the most points.

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The Tri State Council of Figure Skating Clubs is proud to continue our Championship Series for Test Track Skaters! At this Competition points will be accumulated and tabulated for all individuals participating. **No need to register – nothing for you to do.** These points will be tallied for the entire season (from April 1, 2013 thru March 31, 2014). You can follow your points on [www.sk8stuff.com](http://www.sk8stuff.com) website – just link to Tri State Council!

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### WELL BALANCED PROGRAM EVENTS

Level	Time	Jumps	Spins	Step Sequences
Pre-Preliminary	1:30 +/- 10 sec.  Vocal music permitted	Maximum of 5 jump elements: a) Any single jumps, including Axel, allowed. b) Max. 2 jump combinations or sequences c) Jump combinations are limited to 2 jumps. d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.) e) Axel may be repeated as an individual jump, as part of a jump combination or jump sequence. Max of 2 Axels. f) Double or triple jumps are not allowed.	Maximum of 2 spins: a) Spins must be of a different nature b) Spins may change feet and/or position. c) Spins may start with a fly. d) Min. of 3 revolutions	One step sequenced that must use ½ of the ice surface.
Preliminary	1:30 +/- 10 sec.  Vocal music permitted	Maximum of 5 jump elements: a) One must be an Axel or waltz-jump. b) Max. 2 jump combinations or sequences c) Jump combinations limited to 2 jumps d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.) e) Only 2 different double jumps may be attempted, selected from: double Salchow, double toe-loop, double loop) f) Axel and no more than 2 different double jumps may be repeated as individual jumps, as part of jump combinations or jump sequences. g) Max. of 2 Axels or any double jump. h) Double flips, double Lutzes, double Axels or triple jumps are not allowed.	Maximum of 2 spins: a) Spins must be of a different nature b) Spins may change feet and/or position. c) Spins may start with a fly. d) Min. of 3 revolutions	One step sequenced that must use ½ of the ice surface.
		Maximum of 5 jump elements:	Maximum of 2 spins:	

Pre-Juvenile	2:00 +/- 10 sec.  Vocal music permitted	<ul style="list-style-type: none"> <li>a) One must be an Axel or waltz –jump.</li> <li>b) Max. 2 jump combinations or sequences</li> <li>c) Jump combinations limited to 2 jumps</li> <li>d) Number of jumps in jump sequence is limited to a max. of 3 single or double jumps. ( ½ loop is not considered a single jump at this level.)</li> <li>e) Number of different double jumps is not limited.</li> <li>f) Axel and no more than 3 different double jumps may be repeated as individual jumps, as part of jump combination or jump sequence.</li> <li>g) Maximum of 2 Axels or any double jump</li> <li>h) No double Axels or triple jumps</li> </ul>	<ul style="list-style-type: none"> <li>a) 1 spin combination; with or without change of foot*, may fly.</li> <li>b) 1 spin with only 1 position*, may fly, no change of foot</li> <li>c) Min. 4 revolutions.; 6 revolutions for combo</li> <li>d) Spins must be of a different nature</li> </ul>	One step sequence fully utilizing ice surface.
Juvenile (under 14 years) & Open Juvenile (14 years or older)	2:15 +/- 10 sec.	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 2 jump combinations or sequences</li> <li>c) Jump combinations limited to 2 jumps</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double jumps may be repeated (1 each), but only as part of combination or sequence. Max 2 of same double jump.</li> <li>f) No triple jumps</li> </ul>	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> <li>a) 1 spin combination; with/without change of foot*</li> <li>b) 1 spin with only 1 position; no change of foot*</li> <li>c) Both spins may start with a fly</li> <li>d) Min. 5 revolutions; 8 revolutions. for combination</li> <li>e) Min. 2 revolutions in position</li> <li>f) Spins must be of a different nature</li> </ul>	One choreographic step sequence fully utilizing ice surface.
Intermediate	2:30 +/- 10 sec.	<p>Maximum of 6 jump elements:</p> <ul style="list-style-type: none"> <li>a) 1 must be an Axel-type jump*</li> <li>b) Max 3 jump combinations (combos) or sequences</li> <li>c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or sequence. Max. 2 of the same double or triple.</li> </ul>	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> <li>a) 1 spin combination; w/without change of foot*</li> <li>b) 1 spin with only 1 position; no change of foot*</li> <li>c) Both spins may start with a fly</li> <li>d) Min. 5 revolutions; 8 revolutions. for combo</li> <li>e) Min. 2 revolutions. in position</li> <li>f) Spins must be of a different nature</li> </ul>	One choreographic step sequence fully utilizing ice surface.
Novice Ladies	3:00 +/- 10 sec.	<p>Maximum of 6 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or seq. Max. 2 same double or triple.</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) Spins must be of a different nature</li> <li>b) 1 flying entry with no change of foot or position*</li> <li>c) 1 spin combination; w/without change of foot*</li> <li>d) 3rd spin is option of skater</li> <li>e) Min. 6 revolutions; 10 revolutions. for combo</li> <li>f) Min. 2 revolutions. in position</li> <li>g) Spins may change feet and start with a fly, except</li> <li>h) For the flying spin with no change of foot or position</li> </ul>	One leveled step sequence Fully utilizing the ice surface
Novice Men	3:30 +/- 10 sec.	<p>Maximum of 7 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 3 jump combinations (combos) or</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) Spins must be of a different nature</li> </ul>	One leveled step sequence

		<p>sequences</p> <ul style="list-style-type: none"> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) One double Axel and two different triple jumps may be repeated.</li> <li>f) If double Axel or triple jumps repeated, must be in combo or sequence.</li> <li>g) No more than two of the same type of double or triple may be attempted.</li> </ul>	<ul style="list-style-type: none"> <li>b) 1 flying entry with no change of foot or position*</li> <li>c) 1 spin combination; with or without change of foot*</li> <li>d) 3rd spin is option of skater</li> <li>e) Min. 6 revolutions; 10 revolutions for combo</li> <li>f) Min. 2 revolutions in position</li> <li>g) Spins may change feet and start with a fly, except for the flying spin with no change of foot or position</li> </ul>	Fully utilizing the ice surface.
Junior Ladies	3:30 +/- 10 sec.	<p>Maximum of 7 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revs. for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>	One leveled step sequence Fully utilizing the ice surface.
Junior Men	4:00 +/- 10 sec.	<p>Maximum of 8 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revs. for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>	One leveled step sequence Fully utilizing the ice surface.
Senior Ladies	4:00 +/- 10 sec.	<p>Maximum of 7 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) Sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revolutions for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>	One leveled step sequence One choreographic sequence Fully utilizing the ice surface

Senior Men	4:30 +/- 10 sec.	<p>Maximum of 8 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) Sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul>	<p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revolutions for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>	<p>One leveled step sequence One choreographic sequence Fully utilizing the ice surface</p>
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### TEST TRACK EVENTS

Level	Jumps	Spins	Step Sequences	Qualifications
<p>Beginner</p> <p>1:30 +/- 10 sec.</p>	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front).</li> <li>• Max. 2 jump sequences</li> <li>• Max. 2 of any same jump</li> </ul>	<p>Max. 2 spins:</p> <ul style="list-style-type: none"> <li>• Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</li> </ul>	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests</p>
<p>High Beginner</p> <p>1:30 +/- 10 sec.</p>	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>• Single rotation jumps: Salchow and toe loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump.</li> </ul>	<p>Max. 2 spins:</p> <ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</li> </ul>	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests</p>
No-Test	Max. 5 jump elements:	Max. 2 spins:		

1:30 +/- 10 sec.	<ul style="list-style-type: none"> <li>Up to 2 may be jump combos or sequences</li> <li>Jump combos are limited to 2 jumps</li> <li>Jump sequences are limited to 3 single jumps (half-loop is not considered a single jump at this level)</li> <li>No Axels or double jumps are permitted</li> </ul>	<ul style="list-style-type: none"> <li>Spins must be of different character.</li> <li>Each spin must have a Minimum of 3 revolutions.</li> <li>Spins may change feet, position and start with a fly.</li> </ul>	One step sequence that utilizes ½ of the ice surface	
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Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>)</li> <li>Single rotation jumps: Salchow, toe loop and loop only.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>Jumps with not more than one rotation (no Axels).</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)</li> <li>One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>Jumps with not more than one rotation (no Axels).</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One spin in one position, no change of foot (Min. 3 revolutions)</li> <li>One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test

<p>Juvenile</p> <p>2:15 +/- 10 sec.</p>	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>Any single jumps, including Axel, are permitted.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One solo spin in one position, no change of foot (Min. 4 revolutions).</li> <li>One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot)</li> <li><i>Only solo spin may fly</i></li> </ul>	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p>
<p>Intermediate</p> <p>2:30 +/- 10 sec.</p>	<p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow and double toe loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One must be a flying spin (min 5 revolutions),</li> <li>One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).</li> </ul>	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>
<p>Novice</p> <p>Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.</p>	<p><i>Maximum of 7 jump elements for men and 6 for ladies:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop and double loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 3 spins, of a different nature:</i></p> <ul style="list-style-type: none"> <li>One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)</li> <li>The other spins are the option of the skater (min 6 revolutions per foot)</li> <li><i>All spins may fly</i></li> </ul>	<p>One step sequence or spiral sequence fully utilizing ice surface</p> <p>(see rule 4104 &amp; 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>
<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop, double loop and double flip</li> <li>Maximum of 3 jump</li> </ul>	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> <li>One spin in one position (Min. 6 revolutions)</li> <li>One flying spin (Min. 6 revolutions)</li> <li>One combination spin consisting of all</li> </ul>	<p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests</p>



	combinations or sequences <ul style="list-style-type: none"> <li>• Max. 2 of any same type jump</li> </ul>	three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)		higher than junior free skate test
Senior  Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.	<i>Maximum of 8 jump elements for men and 7 for ladies:</i> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Must include at least four different double jumps, one must be a double Lutz.</li> <li>• Triple jumps are not permitted</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<i>Maximum of 3 spins of a different nature:</i> <ul style="list-style-type: none"> <li>• One spin in one position (Min. 6 revolutions)</li> <li>• One flying spin (Min. 6 revolutions)</li> <li>• One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)</li> </ul>	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)  Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)	Skaters must have passed at least the U.S. Figure Skating junior free skate test

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## ADULT FREE SKATING EVENTS

Open to skaters who are 21 years old or older. Categories and tests passed as follows:

**ADULT PRE-BRONZE (Time: 1 min 40 secs)** Passed no higher than the Adult Pre-Bronze Free Skating Test or no higher than the Pre-Preliminary Free Skating Test. *No lutz, axels or double jumps.* **4600**

**ADULT BRONZE (Time: 1 min 50 secs)** Must have passed the Adult Bronze Free Skating Test or no higher than the Preliminary Free Skating Test. *No axels or double jumps* **4590**

**ADULT SILVER (Time: 2 min 10 secs)** Must have passed the Adult Silver Free Skating Test or the pre 1994 Juvenile free skate test but no higher; or the post 1994 Pre-Juvenile free skate test but no higher. *Axels are permitted. No double jumps* **4580**

**ADULT GOLD (Time: 2 min 40 secs)** Must have passed the Adult Gold Free Skating Test or no higher than Juvenile Free Skating Test. *May include Axels, double toe loops and double Salchows.* **4570**

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## SHORT PROGRAM EVENTS

All short programs will be skated with music. Program requirements for 2013-14 season. Test requirements the same as Freestyle.

### **OPEN JUVENILE 2 minutes max**

1. One jump combination consisting of one single jump and one double jump or two double jumps
2. Axel (May not be repeated)
3. Single jump, double toe-loop or double Salchow (May not be repeated in combination)
4. Solo spin – minimum 4 revolutions in one position. May not commence with a jump
5. Combination spin – only one change of foot and at least one change of position (minimum 4 revolutions on each foot)
6. Choreographic step sequence

### **JUVENILE 2 minutes max**

1. One jump combination consisting of one single jump and one double jump or two double jumps
2. Axel ( May not be repeated)
3. Double jump (May not be repeated in the combination)
4. Solo Spin – minimum 4 revolutions in one position. May not commence with a jump
5. Combination spin – only one change of foot and at least one change of position (minimum of 4 revolutions on each foot)
6. Choreographic step sequence

**INTERMEDIATE 2 minutes max** As stated by the 2013 US Figure Skating Rulebook, 4230

**NOVICE 2 min 30 sec max** As stated by the 2013 US Figure Skating Rulebook, 4220

**JUNIOR 2 min 50 sec max** As stated by the 2013 US Figure Skating Rulebook, 4210

**SENIOR 2 min 50 sec max** As stated by the 2013 US Figure Skating Rulebook, 4200

\*\*\*\*\*

### Compulsory Moves

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Waltz jump</li> <li>2. ½ jump of choice</li> <li>3. Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional)</li> <li>4. Forward or backward spiral</li> </ol>
High Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Toe loop jump</li> <li>2. Salchow jump</li> <li>3. Forward scratch spin - minimum three revolutions</li> <li>4. Forward or backward spiral</li> </ol>
No-Test	1:15 max.	<ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions</li> <li>4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>

Level	Time	Skating rules/standards
Pre – Preliminary	1:00 max.	<ol style="list-style-type: none"> <li>1. Single flip</li> <li>2. Jump combination: single/single (no Axel)</li> <li>3. Sit spin or camel spin - minimum three revolutions</li> <li>4. Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ol>
Preliminary	1:00 max.	<ol style="list-style-type: none"> <li>1. Single Lutz</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Back upright spin - minimum three revolutions</li> <li>4. Forward inside spiral</li> </ol>
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> <li>1. Single jump (may include Axel)</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence - circular</li> </ol>
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> <li>1. Single Axel</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence – circular</li> </ol>
Intermediate	1:30 max.	<ol style="list-style-type: none"> <li>1. Double Salchow or double toe loop</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Flying spin, minimum five revolutions</li> <li>4. Step sequence – straight line</li> </ol>
Novice	1:30 max.	<ol style="list-style-type: none"> <li>1. Double loop</li> <li>2. Jump combination: double/single or double/double</li> <li>3. Flying spin - minimum five revolutions</li> <li>4. Step sequence – straight line</li> </ol>
Junior	1:30 max.	<ol style="list-style-type: none"> <li>1. Double flip</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol>
Senior	1:30 max.	<ol style="list-style-type: none"> <li>1. Double Lutz</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol>

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## JUMPS

Level	Time	Skating rules / standards
Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Waltz jump (from backward crossovers)</li> <li>2. ½ flip or ½ Lutz</li> <li>3. Single Salchow</li> </ol>
High Beginner	1:15 max.	<ol style="list-style-type: none"> <li>1. Waltz jump (from backward crossovers)</li> <li>2. Single Salchow</li> <li>3. Jump combination – waltz jump-toe loop</li> </ol>
No-Test	1:15 max.	<ol style="list-style-type: none"> <li>1. Single toe loop</li> <li>2. Single loop</li> <li>3. Jump combination – Any two ½ or single revolution jumps (no Axel)</li> </ol>
Pre – Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>1. Single toe loop</li> <li>2. Single flip</li> <li>3. Jump combination - Any two ½ or single revolution jumps (no Axel)</li> </ol>

Preliminary	1:15 max.	5. Single flip 6. Single Lutz 7. Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile	1:15 max.	5. Single Axel 6. Single or double jump 7. Jump combination – single/single (no Axel)
Juvenile & Open Juv.	1:15 max.	5. Single Axel 6. Double Salchow 7. Jump combination – single/single or double/single (no Axel)
Intermediate	1:15 max.	5. Single Axel 6. Double loop* 7. Jump combination – double/single (no Axel)
Novice	1:15 max.	5. Double loop 6. Double flip* 7. Jump combination – double/double (may be double Axel)
Junior	1:15 max.	5. Choice of double or triple jump 6. Double or triple flip* 7. Jump combination – double/double (may be double Axel)
Senior	1:15 max.	5. Choice of double or triple jump 6. Double or triple Lutz* 7. Jump combination – double/double or triple/double (may be double Axel)

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## SPINS

Level	Time	Skating rules / standards
Beginner	1:30 max.	5. Upright one-foot spin (3) 6. Upright two-foot spin (3) 7. Sit spin (3)
High Beginner	1:30 max.	5. Upright one-foot spin (3) 6. Upright two-foot spin (3) 7. Sit spin (3)
No-Test	1:30 max.	5. Upright one-foot spin (3) 6. Upright two-foot spin (3) 7. Sit spin (3)
Pre – Preliminary	1:30 max.	4. Upright one-foot spin (3) 5. Upright two-foot spin (3) 6. Sit spin (3)
Preliminary	1:30 max.	8. Backward upright spin (3) 9. Combination spin with no of foot (4) 10. Sit spin (3)
Pre – Juvenile	1:30 max.	8. Camel spin (3) 9. Combination spin – camel to sit spin; no change of foot (6) 10. Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max.	8. Sit spin (4) 9. Combination spin – change of foot; optional change of position (4 per foot) 10. Girls – layback spin (4); Boys – camel spin (4)
		8. Flying camel spin (5)



**PRE JUVENILE** 1:40 minutes max.

**JUVENILE** 2:10 minutes max.

**INTERMEDIATE/ NOVICE** 2:10 minutes max.

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**SOLO DANCE**  
**2014 National Solo Dance Competition Series Event**

**PLEASE NOTE:**

**\*\*This event is a part of U.S. Figure Skating's National Solo Dance Series. If you are not a registered U.S. Figure Skating Solo Dance Series participant for this season, you may still compete in this event.\*\***

**All solo dance competitors must compete BOTH dances at their level. This includes *Solo Dance Series* competitors AND skaters that are not registered for Solo Dance Series**

**SOLO DANCE SERIES PATTERN DANCE EVENTS**

The solo dance series pattern dance event is comprised of two dances at each level. This event will be offered at the preliminary through International solo dance levels.

**SOLO PATTERN DANCE TEST LEVEL:**

All skaters must either compete at their test level or one level above of their highest completed dance test.

The determination of level will be based upon test level as of the 2014 Series entry level deadline of March 15, 2014 and/or when the skater submits their registration to be a solo dance series participant,(which ever date is earlier)\*\*.

**Any skaters not registered for the Solo Dance Series:** will compete at their level as of November 29<sup>th</sup>, 2013.

Skaters may not change or move up levels in the 2014 Series once the deadline has passed and/or when they submit their registration to U.S. Figure Skating.

**\*\* Test level may be either standard or solo dance.** Adult dance, adult solo dance, master's dance and master's solo dance do not fulfill the testing requirements for this event.

The solo pattern dance event is being offered as part of the U.S. Figure Skating Solo Dance Series and will be run in accordance with the 2014 Solo Dance Series Guidelines found at <http://www.usfigureskating.org/Programs.asp?id=479>. Please refer to the 2014 Solo Dance Series guidelines for current rules, levels and requirements.

**\*\*\*Skaters that are USFS registered participants in the 2014 National Solo Dance Competition Series must compete both dances at their level and they will be run as a combined event \*\*\***

**LEVEL REQUIREMENTS DANCES**

**Preliminary:** *No Test or Passed Preliminary Dutch Waltz - Rhythm Blues*

**Pre-Bronze:** *Passed Preliminary or Pre-Bronze Cha Cha - Fiesta Tango*

**Bronze:** *Passed Pre-Bronze or Bronze Willow Waltz - Ten Fox*

**Pre-Silver:** *Passed Bronze or Pre-Silver Fourteen Step - Foxtrot*

**Silver:** *Passed Pre-Silver or Silver American Waltz - Rocker Foxtrot*

**Pre-Gold:** *Passed Silver or Pre-Gold Paso Doble - Starlight*

**Gold:** *Passed Pre-Gold or Gold Viennese Waltz - Quickstep*

\*\*\*\*\*

**GARDEN CITY FIGURE SKATING CLUB  
34<sup>th</sup> COMPETITION PROGRAM ADVERTISEMENT**

Make the 34th Annual Garden City Figure Skating Competition memorable!! Place an advertisement for your business, send a message to a fellow skater, or thank your coach for being there for you. Just complete the information below, enclose proper payment and mail by the **February 5<sup>th</sup>, 2014** deadline.

\*\*\*\*\*

ADVERTISEMENT INFORMATION

**NAME:** \_\_\_\_\_  
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**ADDRESS:** \_\_\_\_\_  
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**CITY,** **STATE,** **ZIP:**  
\_\_\_\_\_





**34<sup>th</sup> ANNUAL GARDEN CITY FIGURE SKATING CLUB  
COMPETITION ENTRY FORM**

*March 7-9, 2014*

**PLEASE TYPE OR USE PEN – PRINT CLEARLY**

**I did register online**\_\_\_\_\_

**I did not register online**\_\_\_\_\_

**NAME**\_\_\_\_\_ **MALE** \_\_\_\_ **FEMALE**\_\_\_\_

**BIRTHDAY**\_\_\_\_\_

**Month    Day    Year**

**HOME CLUB**\_\_\_\_\_

**ADDRESS**\_\_\_\_\_  
\_\_\_\_\_

**CITY**\_\_\_\_\_

**STATE**\_\_\_\_\_ **ZIP**\_\_\_\_\_

PHONE (\_\_\_\_) \_\_\_\_\_  
E-MAIL \_\_\_\_\_ USFS/CFSA# \_\_\_\_\_

COACH NAME \_\_\_\_\_ PHONE (\_\_\_\_) \_\_\_\_\_  
EMAIL \_\_\_\_\_

HIGHEST TEST PASSED: F/S \_\_\_\_\_  
PAIR \_\_\_\_\_ DANCE \_\_\_\_\_  
(As of February 5, 2014)

FREESTYLE

COMPULSORY S/P

SPIN

\_\_\_ Senior

\_\_\_ Senior

\_\_\_ Junior/Senior

\_\_\_ Junior

\_\_\_ Junior

\_\_\_ Intermediate/Novice

\_\_\_ Novice

\_\_\_ Novice

\_\_\_ Juvenile

\_\_\_ Intermediate

\_\_\_ Intermediate

\_\_\_ Pre-Juvenile

\_\_\_ Juvenile

\_\_\_ Juvenile

\_\_\_ Preliminary

\_\_\_ Open Juvenile

\_\_\_ Open Juvenile

\_\_\_ Pre-Preliminary

\_\_\_ Pre-Juvenile

\_\_\_ Pre-Juvenile

\_\_\_ Beginner

\_\_\_ Preliminary

\_\_\_ Preliminary

\_\_\_ Preliminary Ltd.

\_\_\_ Pre-Preliminary

\_\_\_ No-Test

\_\_\_ Beginner

\_\_\_ Limited Beginner

\_\_\_ Adult Pre-Bronze

\_\_\_ Adult Bronze

\_\_\_ Adult Silver

\_\_\_ Adult Gold

ARTISTIC S/C

JUMPS

TEST TRACK FREESTYLE

\_\_\_ Group 1

\_\_\_ Pre-Preliminary

\_\_\_ Senior Test Track

\_\_\_ Group 2

\_\_\_ Preliminary

\_\_\_ Junior Test Track

\_\_\_ Group 3

\_\_\_ Pre-Juvenile/Juvenile

\_\_\_ Novice Test Track

\_\_\_ Group 4

\_\_\_ Intermediate/Novice  
\_\_\_ Junior/Senior

\_\_\_ Intermediate Test Track  
\_\_\_ Juvenile Test Track  
\_\_\_ Pre-Juvenile Test Track  
\_\_\_ Preliminary Test Track  
\_\_\_ Pre-Preliminary Test Track  
\_\_\_ Beginner Test Track  
\_\_\_ Limited Beginner Test Track

**CERTIFICATIONS AND WAIVER**

*The following certification and release must be completed before competitor may enter competition.*

**CERTIFICATION OF COMPETITOR:** I am an amateur under the rules of the USFS or CFSA eligible to enter the event checked.

**Signed:** \_\_\_\_\_

**CLUB OFFICER:** To the best of my knowledge, the above information is correct and true. The competitor is a member in good standing.

**Club Officer:** \_\_\_\_\_

**Title:** \_\_\_\_\_

**Waiver of Claims for Injury:**

The competitor and family hold the Garden City Figure Skating Club harmless from any and all liability for injuries to the Competitor and from any and all liabilities for damages to or loss of property. Competitors waive all claims for injury during the competition and practice sessions at the Garden City Civic Arena. I also understand that no refunds will be made after February 5, 2014. If the competitor is under 18 years of age, the parent or guardian must sign this release.

\_\_\_\_\_  
**Skater or Parent/ Legal Guardian (if skater is under 18)**

\*\*\*\*\*

**ENTRY DEADLINE:** Postmarked by **February 5, 2014**. **NO REFUNDS** after this date, unless event is canceled. **NO LATE ENTRIES** without a **\$30.00** late fee *and committee approval*.

**SEND ENTRIES TO:**

**GCFSC 34<sup>th</sup> ANNUAL COMPETITION**

**Katie Saile**

**P.O. Box 917**

**Garden City, MI 48136**

**GCFSCcomp@gmail.com**

P - 41518

**FEES:** **\$85.00** for first event, **\$30.00** each additional event. If competing in solo dance only, **\$40.00** for first dance entered and **\$25.00** for each additional dance.

Make checks or money orders payable to: **Garden City Figure Skating Club**. There will be a **\$30.00** service charge assessed for all returned checks.

## **BASIC SKILLS EVENTS**

### **BASIC SKILLS ELEMENTS: SNOWPLOW SAM – BASIC 8**

Format: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater. Skaters may compete at the highest level they have passed, or “skate up” to one level higher

- To be skated on 1/3 to 1/2 ice
- No music
- All elements must be skated in the order listed**
- Time: 1:00 or less

Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:00 max.	<ol style="list-style-type: none"> <li>1. March followed by a two-foot glide and dip</li> <li>2. Forward two-foot swizzles, 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles, 2-6 in a row</li> </ol>
Basic 1	1:00 max.	<ol style="list-style-type: none"> <li>1. Forward two-foot glide and dip</li> <li>2. Forward two-foot swizzles, 6-8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles, 6-8 in a row</li> </ol>
Basic 2	1:00 max.	<ol style="list-style-type: none"> <li>1. Forward one-foot glide, either foot</li> <li>2. Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot</li> <li>3. Moving snowplow stop</li> <li>4. Two-foot turn in place, forward to backward</li> <li>5. Backward two-foot swizzles, 6 - 8 in a row</li> </ol>
Basic 3	1:00 max.	<ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>3. Forward slalom</li> <li>4. Backward one-foot glide, either foot</li> </ol>

		5. Two-foot spin – minimum three revolutions
Basic 4	1:00 max.	1. Standstill forward outside three-turn, right and left 2. Forward outside edge on a circle, clockwise or counter clockwise 3. Forward crossovers, 4-6 consecutive, both directions 4. Backward stroking, 4-6 strokes 5. Backward snowplow stop, right or left
Basic 5	1:00 max.	1. Backward outside edge on a circle, clockwise or counterclockwise 2. Backward crossovers, 4-6 consecutive, both directions 3. Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions 4. Side toe hop, either direction 5. Hockey stop
Basic 6	1:00 max.	1. Standstill forward inside three-turn, right and left 2. Bunny Hop 3. Forward spiral on a straight line, right or left 4. Lunge, right or left 5. T-stop, right or left
Basic 7	1:00 max.	6. Standstill forward inside open mohawk, right to left and left to right 1. Ballet jump, either direction 2. Back crossovers to a back outside edge landing position, clockwise and counter clockwise 3. Forward inside pivot
Basic 8	1:00 max.	1. Moving forward outside or forward inside three-turns, right and left 2. Waltz jump 3. Mazurka, either direction 4. 1 Combination move, clockwise <u>or</u> counter clockwise, two forward crossovers into forward inside mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum three revolutions

### **BASIC SKILLS PROGRAM EVENT: SNOWPLOW SAM – BASIC 8**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:00 +/-10 max.	1. March followed by a two-foot glide and dip 2. Forward two-foot swizzles, 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles, 2-6 in a row
Basic 1	1:00 +/-10 max.	1. Forward two-foot glide and dip 2. Forward two-foot swizzles, 6-8 in a row 3. Forward snowplow stop 4. Backward wiggles, 6-8 in a row

Basic 2	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1.Forward one-foot glide, either foot</li> <li>2.Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot</li> <li>3.Moving snowplow stop</li> <li>4.Two-foot turn in place, forward to backward</li> <li>5.Backward two-foot swizzles, 6 - 8 in a row</li> </ol>
Basic 3	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1.Forward stroking</li> <li>2.Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>3.Forward slalom</li> <li>4.Backward one-foot glide, either foot</li> <li>5.Two-foot spin, minimum three revolutions</li> </ol>
Basic 4	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1.Standstill forward outside three-turn, right and left</li> <li>2.Forward crossovers, 4-6 consecutive both directions</li> <li>3.Backward stroking, 4-6 strokes</li> <li>4.Backward snowplow stop, right or left</li> </ol>
Basic 5	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1.Backward crossovers, 4-6 consecutive, both directions</li> <li>2.Basic one-foot spin, free leg held to side of spinning leg, minimum three revolutions</li> <li>3.Side toe hop, either direction</li> <li>4.Hockey stop</li> </ol>
Basic 6	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1.Standstill forward inside three-turn, right and left</li> <li>2.Bunny Hop</li> <li>3.Forward spiral on a straight line, right or left</li> <li>4.Lunge, right or left</li> <li>5.T-stop, right or left</li> </ol>
Basic 7	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1.Standstill forward inside open Mohawk, right to left and left to right</li> <li>2.Ballet Jump, either direction</li> <li>3.Back crossovers to a back outside edge landing position, clockwise and counter clockwise</li> <li>4.Forward inside pivot</li> </ol>
Basic 8	1:00 +/-10 max.	<ol style="list-style-type: none"> <li>1.Moving forward outside or forward inside three-turns, right and left</li> <li>2.Waltz jump</li> <li>3.Mazurka, either direction</li> <li>4. 1 Combination move, clockwise <u>or</u> counter clockwise – two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>

### **Free Skate Event: Freestyle 1-6 Compulsory**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Level	Time	Skating rules / standards
Free Skate 1	1:15 max.	<ol style="list-style-type: none"> <li>1. Advanced forward stroking, 4-6 consecutive</li> <li>2. Backward outside three-turns, right and left</li> <li>3. One-foot upright scratch spin from backward crossovers - minimum three</li> </ol>

		revolutions 4. Waltz jump from backward crossovers 5. Half flip jump
Free Skate 2	1:15 max.	1. Forward outside or inside spiral, right or left 2. Waltz three's, right or left, 2-3 sets 3. Beginning back spin, entry optional – minimum two revolutions 4. Waltz jump, side toe hop, waltz jump sequence 5. Toe loop jump
Free Skate 3	1:15 max.	1. Forward crossovers in a figure 8 2. Backward inside three-turns, right and left 3. Back spin - minimum three revolutions 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	1. Forward power 3's, 2-3 consecutive sets, right or left 2. Sit spin - minimum three revolutions 3. Loop jump 4. Waltz jump/loop jump combination
Free Skate 5	1:15 max.	1. Camel spin - minimum three revolutions 2. Forward upright spin to back upright spin - minimum three revolutions each foot 3. Loop/loop jump combination 4. Flip jump
Free Skate 6	1:15 max.	1. Five step mohawk sequence - one set alternating pattern (refer to Basic Skills Curriculum Free skate 6) 2. Camel, sit spin combination - minimum of four revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow jump sequence 5. Lutz jump

### **Free Skate Event: Freestyle 1-6 Program**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Level	Time	Skating rules / standards
Free Skate 1	1:30+/-10 sec	1. Advanced forward stroking, 4-6 consecutive 2. One-foot upright scratch spin from backward crossovers, minimum three revolutions 3. Waltz jump from backward crossovers 4. Half flip jump



Free Skate 2	1:30+/-10 sec	1.Forward outside spiral, right or left 2.Beginning back spin – entry optional, minimum two revolutions 3.Waltz jump, side toe hop, waltz jump sequence 4.Toe loop jump
Free Skate 3	1:30+/-10 sec	1. Forward crossovers in a figure 8 2.Back spin, minimum three revolutions 3.Salchow jump 4.Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:30+/-10 sec	1.Forward power 3's, 2-3 consecutive sets, right or left 2.Sit spin, minimum three revolutions 3.Loop jump 4.Waltz jump-loop jump combination
Free Skate 5	1:30+/-10 sec	1.Camel spin, minimum three revolutions 2.Forward upright spin to back upright spin, minimum three revolutions each foot 3.Loop-loop jump combination 4.Flip jump
Free Skate 6	1:30+/-10 sec	1.Camel, sit spin combination, minimum of four revolutions total 2.Split jump or stag jump 3.Waltz jump, ½ loop, Salchow jump sequence 4.Lutz jump

## 34<sup>th</sup> ANNUAL GARDEN CITY FIGURE SKATING CLUB COMPETITION ENTRY FORM

*March 7-9, 2014*

**PLEASE TYPE OR USE PEN – PRINT CLEARLY**

**I did register online** \_\_\_\_\_

**I did not register online** \_\_\_\_\_

**NAME** \_\_\_\_\_ **MALE** \_\_\_\_ **FEMALE** \_\_\_\_

**BIRTHDAY** \_\_\_\_\_

**Month    Day    Year**

**HOME CLUB** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

\_\_\_\_\_

CITY \_\_\_\_\_  
STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (\_\_\_\_\_) \_\_\_\_\_  
E-MAIL \_\_\_\_\_ USFS/CFSA# \_\_\_\_\_

COACH NAME \_\_\_\_\_ PHONE (\_\_\_\_\_) \_\_\_\_\_  
EMAIL \_\_\_\_\_

HIGHEST TEST PASSED: F/S \_\_\_\_\_  
(As of February 5, 2014)

**Basic Skills Elements**

\_\_\_ Snowplow Sam  
\_\_\_ Basic 1  
\_\_\_ Basic 2  
\_\_\_ Basic 3  
\_\_\_ Basic 4  
\_\_\_ Basic 5  
\_\_\_ Basic 6  
\_\_\_ Basic 7  
\_\_\_ Basic 8

**Basic Skills Program**

\_\_\_ Snowplow Sam  
\_\_\_ Basic 1  
\_\_\_ Basic 2  
\_\_\_ Basic 3  
\_\_\_ Basic 4  
\_\_\_ Basic 5  
\_\_\_ Basic 6  
\_\_\_ Basic 7  
\_\_\_ Basic 8

**Free Skate Elements**

\_\_\_ Free Skate 1  
\_\_\_ Free Skate 2  
\_\_\_ Free Skate 3  
\_\_\_ Free Skate 4  
\_\_\_ Free Skate 5  
\_\_\_ Free Skate 6

**Free Skate Program**

\_\_\_ Free Skate 1  
\_\_\_ Free Skate 2  
\_\_\_ Free Skate 3  
\_\_\_ Free Skate 4  
\_\_\_ Free Skate 5  
\_\_\_ Free Skate 6

**CERTIFICATIONS AND WAIVER**

*The following certification and release must be completed before competitor may enter competition.*

**CERTIFICATION OF COMPETITOR:** I am an amateur under the rules of the USFS or CFSA eligible to enter the event checked.

Signed: \_\_\_\_\_

**CLUB OFFICER:**

To the best of my knowledge, the above information is correct and true. The competitor is a member in good standing.

**Club Officer:** \_\_\_\_\_

**Title:** \_\_\_\_\_

**Waiver of Claims for Injury:**

The competitor and family hold the Garden City Figure Skating Club harmless from any and all liability for injuries to the Competitor and from any and all liabilities for damages to or loss of property. Competitors waive all claims for injury during the competition and practice sessions at the Garden City Civic Arena. I also understand that no refunds will be made after February 5, 2014. If the competitor is under 18 years of age, the parent or guardian must sign this release.

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**Skater or Parent/ Legal Guardian (if skater is under 18)**

**ENTRY DEADLINE:** Postmarked by **February 5, 2014**. **NO REFUNDS** after this date, unless event is canceled. **NO LATE ENTRIES** without a **\$30.00** late fee *and committee approval*.

**SEND ENTRIES TO:**

**GCFSC 34<sup>th</sup> ANNUAL COMPETITION**

**Katie Saile**

**P.O. Box 917**

**Garden City, MI 48136**

**GCFSCcomp@gmail.com**

**FEES:** **\$40.00** for first event, **\$20.00** each additional event. .

Make checks or money orders payable to: **Garden City Figure Skating Club**. There will be a **\$30.00** service charge assessed for all returned checks.

