



Event #4 – Spring Freeze
Basic Skills Competition
March 30, 2014

2014 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 2, 2013

Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

1 st Place	6 points
2 nd Place	5 points
3 rd Place	4 points
4 th Place	3 points
5 th Place	2 points
6 th Place	1 point

If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, all skaters tied for a place will be awarded a medal, no ties will be broken.

Points are accumulated for Compulsory and Free Skate events separately.

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics **will NOT** be counted in the Freeskate and Elements/Compulsory Program Series for this 2014 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events **will NOT** be counted for this 2014 season.

At the end of the 2014 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as www.sk8stuff.com. Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

Michigan Basic Skills Series - Like us on facebook



Approval Code:

8th Annual USFS Michigan Basic Skills Series – Hosted by the following:

<p>Event #1–Lakeshore Winter Freeze February 16, 2014 Entry Deadline – February 16, 2014 Lakeshore Ice Center Contact: Kayla Hinkle Phone: 231-357-5519 Kayla.hinkle14@gmail.com</p> 	<p>Event #2 Onyx-Suburban Basic Skills Challenge February 16, 2014 Entry Deadline – January 31, 2014 Suburban Ice Macomb Contact: Laura Schaffran Phone: 586-585-9129 Laura.Schaffran@ONSTAR.com</p>	<p>Event #3 – Skate the Capital March 15, 2014 Entry Deadline – February 28, 2014 Suburban Ice – East Lansing Contact: Alissa Folger Phone: 517-304-4216 Lansingbasicskills@yahoo.com</p>
<p>Event #4 – Spring Freeze at Coliseum FSC March 30, 2014 Entry Deadline – March 10, 2014 Arctic Coliseum Contact: Kayleah Crosby Phone: 517-581-0014 Kayleah.crosby@gmail.com</p>	<p>Event #5 – Mountain Town Classic April 12, 2014 Entry Deadline – March 28, 2014 The I.C.E. Arena Contact: Ginni Phillips Phone: 989-560-3871; 989-775-9148 gpsk8r@gmail.com</p>	<p>Event #6 - Arctic Basic Skills April 13, 2014 Entry Deadline – March 28, 2014 Arctic Edge Ice Arena Contact: Robin Liberatore Phone: 734-981-7109 liberatoremom@gmail.com</p>
<p>Event #7 – Skate the Zoo April 26, 2014 Entry Deadline – April 7, 2014 Wing’s West Contacts: Amy Wood / Jessica LaPorte Phone: 269-598-9184/269-353-9668 sk8Amy02@aol.com/J8houk@hotmail.com</p>	<p>Event #8 - Tulip City Classic May 10, 2014 Entry Deadline – April 25, 2014 Edge Ice Arena Jacqueline Alimpich Phone: 517-518-1210 jalimpich@gmail.com</p>	<p>Event #9 - Journey on the River Raisin May 31, 2014 Entry Deadline – May 17, 2014 Monroe Multi-Sports Complex Louis Lombardo III Phone: 734-457-4219 louis@monroemultisports.com</p>
<p>Event #10 –Ann Arbor Skills & Showcase June 14, 2014 Entry Deadline: May 30, 2014 Ann Arbor Ice Cube Logan Giulietti-Schmitt 630-750-2950 Logan_giulietti@hotmail.com Susan Erskine sk8ersmom@gmail.com</p>	<p>Event #11 – Summer Swizzle June 21, 2014 Entry Deadline: May 27, 2014 Farmington Hills Ice Arena Contact: Michael Cooper Phone: 248-885-5428 summerswizzle@fhfsc.org</p> 	<p>Event #12 – Summer Chill Basic Skills July 12, 2014 Entry Deadline: June 27, 2014 Novi Ice Arena Contacts: Heather Bauer Phone: 248-586-9261 Heatherbauer123@gmail.com</p>
<p>Event #13 - Skate the Shores July 19, 2014 Entry Deadline : July 1, 2014 St Clair Shores Civic Arena Laura Delbarba Phone: 586-445-5350 Sk8ncoach@yahoo.com</p>	<p>Event #14 – ICES B/S Challenge Showcase July 26, 2014 Entry Deadline – July 6, 2014 Troy Sports Center Contact: Theresa Bellish Phone: 586-596-4071 bellish@nsf.org</p>	<p>Event #15 – I.C.E. Basic Skills Competition August 9, 2014 Entry Deadline – July 25, 2014 Flint Iceland Arena Contact: Lia DiCicco Phone: 810-397-7506 coachlia@live.com</p>
<p>Event #16- Skate the Mountain of Fraser September 27, 2014 Entry Deadline: September 7, 2014 Fraser Hockeyland Coca-cola Contact: Jacklinn Brayan Phone: 810-624-4496 IMFSC@sbcglobal.net</p>	<p>Event #17 – Dearborn Basic Skills Comp October 11, 2014 Entry Deadline: Sept 21, 2014 Dearborn Ice Skating Center Contact: Nora Helwig Phone: 248-763-2653 Nhelwig1@gmail.com</p>	<p>Event #18 - Plymouth FSC Spooktacular October 25, 2014 Entry Deadline: October 4, 2014 Compuware Sports Arena Contact: Maria Panek Phone: 734-748-0884 mariapa@comcast.net</p>
<p>Event #19 Tuxedo Invitational Basic Skills October 26, 2014 Entry Deadline: October 11, 2014 Bowling Green State University Arena Contact: Pat Rabb Phone: 419-308-4552 Rabb1960@metalink.net</p>	<p>Event #20 – Skate Midland November 1, 2014 Entry Deadline: October 14, 2014 Midland Civic Arena Contact: Karen Boswell Phone: 989-695-4832 kboswell99@gmail.com</p>	<p>SERIES AWARDS CEREMONY ON THE ICE AT THE MIDLAND COMPETITION</p> 



Summer Camp will be in Farmington Hills [June 22nd]. Check out the details at the end of this announcement!!!





Spring Freeze Basic Skills Competition

Coliseum FSC of MI

Arctic Coliseum Arena ♦ 501 Coliseum Dr ♦ Chelsea, MI 48118

734-433-4444

www.arcticcoliseum.net

Saturday, March 30, 2014

Entry Deadline - March 10, 2014

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The Spring Freeze, sponsored by the Coliseum Figure Skating Club of MI will be held at the Arctic Coliseum on Saturday March 30, 2014. The ice surface measures 100/200 feet. This is a United States Figure Skating approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Kayleah Crosby, kayleah.crosby@gmail.com or 517-581-0014. E-mail communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-8 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

Rules – The competition will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program.

Entry Fees – The first event is \$40.00 [Events not eligible for Series points will be \$50.00 for first event], and each additional event is \$20.00. All entries must be

postmarked no later than March 10, 2014. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out legibly and completely and mailed with a check made payable to CFSC of MI to:

Coliseum FSC of MI
501 Coliseum Dr
Chelsea, MI 48118

There will be a \$35.00 fee for returned checks.

Awards – **All competitors will receive a medal.** All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. **Please register at least one hour before your competition time.**

Schedule of Events – Schedule will be posted on the Internet at the Figure Skater's Website, www.sk8stuff.com.

Music – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

Practice Ice – Practice Ice will be available in 20-minute sessions. Details will be provided in a mailing prior to the competition date. Sign-in and pay \$8.00 at the door.

Awards will be handed out and a podium will be available for group and individual photos.



BASIC ELEMENTS AND PROGRAM W/MUSIC EVENT: SNOWPLOW SAM – BASIC 8

• **BASIC ELEMENTS**

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

• **BASIC PROGRAM W/MUSIC**

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- A .2 deduction will be taken **for each** element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles <u>2-3 in a row</u> 3. Forward snowplow stop 4. Backward wiggles <u>2-6 in a row</u> 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise <u>or</u> counterclockwise <u>[not required for program with music]</u> 2. Backward crossovers 4-6 consecutive - both directions 3. Basic one foot spin – <u>free leg held to side of spinning leg - minimum of three revolutions</u> 4. Side toe hop -<u>either direction</u> 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles <u>6-8 in a row</u> 3. Forward snowplow stop 4. Backward wiggles <u>6-8 in a row</u> 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside three turn - <u>R & L</u> 2. Bunny Hop 3. Forward spiral on a straight line - <u>R or L</u> 4. Lunge - <u>R or L</u> 5. T-stop - <u>R or L</u>
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - <u>either foot</u> 2. Forward alternating ½ swizzle pumps, in a straight line - <u>2-3 each foot</u> 3. Moving snowplow stop 4. Two foot turn in place forward to backward 5. Backward two foot swizzles - <u>6 - 8 in a row</u> 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside open Mohawk - <u>R to L and L to R</u> 2. Ballet Jump - <u>either direction</u> 3. Back crossovers to a back outside edge landing position <u>clockwise and counter clockwise</u> 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise <u>or</u> counter clockwise <u>4-6 consecutive</u> 3. Forward slalom 4. Backward one foot glide - <u>either foot</u> 5. Two foot spin – <u>minimum 3 revolutions</u> 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns <u>R & L</u> 2. Waltz jump 3. Mazurka - <u>either direction</u> 4. 1 combination move - <u>clockwise or counter clockwise</u> – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - <u>free foot held to side of spinning leg or crossed position minimum 3 revolutions</u>
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Standstill forward outside three turn - <u>R & L</u> 2. Forward outside edge on a circle clockwise <u>or</u> counter clockwise <u>[not required for program with music]</u> 3. Forward crossovers <u>4-6 consecutive both directions</u> 4. Backward stroking <u>4-6 strokes</u> 5. Backward snowplow stop - <u>R or L</u> 	

All events listed on this page are eligible for
Michigan Basic Skills Series Points
Compulsory Events

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- *Skaters have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	TIME
BEGINNER (Formerly Limited Beginner)	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin (free leg position optional) – <u>minimum 3 revolutions</u> 4. Forward <u>or</u> backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	1:15
HIGH BEGINNER (formerly Beginner)	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin – <u>minimum 3 revolutions</u> 4. Forward <u>or</u> backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	1:15
No Test	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (<u>may not use a loop or Axel</u>) 3. Solo spin- sit <u>or</u> camel spin – <u>minimum 3 revolutions</u> 4. Spiral sequence- <u>must include a forward and backward spiral</u>. Additional spirals and balance moves may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	1:15

Free Skate Events

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
BEGINNER [formerly Limited Beginner] Time-1:30 +/- 10	<ol style="list-style-type: none"> 1. Maximum of 5 jump elements 2. Jumps with not more than ½ rotation [front to back or back to front]. 3. Max 2 jump sequences allowed. 4. Max 2 of any same jump 	<ol style="list-style-type: none"> 1. Max 2 spins 2. Two upright spins, no change of foot or flying entry 3. Min 3 revolutions 	<ol style="list-style-type: none"> 1. Connecting moves and steps should be demonstrated throughout the program. 	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
HIGH BEGINNER [formerly Beginner] Time: 1:30 +/- 10	<ol style="list-style-type: none"> 1. Maximum of 5 jump elements 2. Jumps with not more than ½ rotation [front to back or back to front including half-loop] 3. Single rotation jumps: Salchow and Toe Loop only. 4. Max 2 jump combinations or sequences 5. Max 2 of any same type jump 	<ol style="list-style-type: none"> 1. Max 2 spins 2. Two upright spins, change of foot optional, no flying entry 3. Min 3 revolutions 	<ol style="list-style-type: none"> 1. Connecting moves and steps should be demonstrated throughout the program 	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]				
No Test Time: 1:30 +/-10	<ol style="list-style-type: none"> 1. Maximum of 5 2. Single Jumps [NO AXELS] 3. Max 2 combos or sequences [Combos limited to 2 jumps] 4. Number of jumps in sequence Limited to 3 [1/2 loop is not considered single jump] 	<ol style="list-style-type: none"> 1. Maximum of 2 spins of a different nature 2. Min. 3 revolutions 3. Spins may change Feet and start with a Fly 	<ol style="list-style-type: none"> 1. Connecting moves and steps should be demonstrated throughout the program 	May not have passed any official U.S. Figure Skating free skate tests.



Events listed on this page are **NOT** eligible for Michigan Basic Skills Series Points

Compulsory Events

- Skated on ½ of ice surface. In program form, using a limited number of connecting steps, skating order of required elements optional
- No music allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- *Skaters have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	TIME
Pre-Preliminary	1. Single Flip jump 2. Jump combination: single / single [no Axel] 3. Sit or camel spin – minimum 3 revolutions 4. Spiral sequence – must include 1 forward and 1 backward spiral . Additional spirals and balance moves may be included	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test	1:15
Preliminary	1. Lutz jump 2. Single / single jump combination [may include Axel] 3. Back upright spin – minimum 3 revolutions 4. Forward Inside Spiral	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate	1:15

Free Skate Events

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from **EACH** mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element.
- 0.1 for any spin with less than required revolutions.

TEST TRACK FREE SKATE

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Pre-Preliminary Time: 1:30 +/- 10	1. Maximum of 5 jump elements. 2. Jumps with not more ½ rotation [front to back or back to front]. 3. Single rotation jumps: Salchow, toe loop and loop jump ONLY 4. Max 2 jump combinations or sequences [using above jumps only] 5. Max 2 of any same type jump	1. Max 2 spins 2. Two spins of a different nature, one position only, no change of foot, no flying entry. 3. Min 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test
Preliminary Time: 1:30 +/- 10	1. Maximum of 5 jump elements 2. Jumps with not more than one rotation [no axels]. 3. Max 2 jump combinations or sequences 4. Max 2 of any same type jump.	1. Max 2 spins: 2. One spin in one position, no change of foot, no flying entry (3 revolutions min) 2. One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	1. Connecting moves and steps should be demonstrated throughout the program	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate



**Events listed on this page are NOT eligible for
Michigan Basic Skills Series Points**

Free Skate Events

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from **EACH** mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element.
- 0.1 for any spin with less than required revolutions.

WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]				
Pre-Preliminary Time: 1:30 +/- 10	1. Maximum of 5 jump elements. 2. Single jumps – axel permitted – no doubles 3. Max 2 combos or sequences [limited to 2 jumps] 4.. Number of jumps in sequence Limited to 3 [1/2 loop not considered single jump], axel may be repeated as individual jump, combo or sequence [Max 2 axels] 5. Double or triple jumps not allowed	1. Maximum of 2 spins of a different nature 2. Spins may change feet and start with a fly 3. Minimum 3 revolutions	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular or serpentine	May not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary Time: 1:30 +/- 10	1. Maximum of 5 jump elements: 2. 1 Axel or Waltz jump type jump 3. Max 2 combos/sequences - Combos limited to 2 jumps, 4. Number of jumps in sequence - Limited to 3 [1/2 loop not considered a single jump] 5. 2 different double jumps allowed (double Salchow, double Toe or double Loop only) 6. Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences. 7. Max of 2 Axels or any double jump	1. Maximum of 2 spins of a different nature 2. Spins may change feet and start with a fly 3. Minimum 3 revolutions	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular or serpentine	Must have passed the no higher than U.S. Figure Skating preliminary free skate

Additional Events

BEGINNER SPINS:

No music on half-ice. Spins should be skated exactly as stated and in this order. Skaters will perform one spin at a time (no excessive connecting steps). Skaters will be given one opportunity to perform each spin. Groups will be divided according to Basic/Free Skate test level. Spins should be a minimum of three revolutions each.

Basic Skills: Forward pivot- either foot, Two foot spin, Forward one foot spin- optional free leg position

Beginner: Two foot spin, Forward one foot spin – optional free leg position, Sit Spin

Pre-Preliminary: Forward Scratch spin, Backward one foot spin (crossed leg position), Camel spin

Preliminary: Forward Scratch Spin, Backward one foot spin, Combination spin of choice- minimum two changes of position or foot

JUMPS:

Entrants will qualify according to their free skate level, but may ‘skate up’ one level. All levels will be skated on ½ ice. Jumps should be performed exactly as stated. Skaters will be given two opportunities to perform each jump and will be judged on the best one. Repeated jumps must be the same as the original. The following format will be used: the first skater will take the ice and attempt the first jump twice, then attempt the second jump twice before going to the next skater. The repeat of each jump element must be the same jump(s) as the first when there is a choice. This procedure will be repeated throughout the event. Maximum time is 1 minute.

Beginner: Waltz jump; toe loop or Salchow

Pre-Preliminary: Toe loop; combination of any two single jumps (no Axels)

Preliminary: Loop; combination of any two single jumps



INTERPRETIVE PROGRAM:

During warm-up skaters will hear selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater. **Coaching:** There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Beginner	No flying spins or combination spins	Basic 7-No Test	Time 1:15 Max
Pre-Preliminary	No flying spins, Axels, or double jumps	Passed no higher than Pre Preliminary Free Skate test	Time: 1:30 Max
Preliminary	No Double Jumps	Passed no higher than Preliminary Free Skate test	Time: 1:30 Max



Spring Freeze – Event #4

Entry Form [PLEASE PRINT CLEARLY]

Name _____ Age _____ **Birth Date** _____

_____ Last First
E-Mail Address _____

Address _____ City _____

State _____ Zip _____ Area Code/Phone # _____

Home Club _____ **USFSA #** _____

Male _____ Female _____ Name of Parent/Guardian _____

\$40 First Event				\$50 First Event			
\$20 Each Additional Event				\$20 Each Additional Event			
Basic Compulsory		Compulsory		Compulsory		Jumps	
Snowplow Sam*		Beginner *		Compulsory		Beginner	
Basic 1 *		High Beginner *		Pre-Preliminary		Pre-Preliminary	
Basic 2 *		No Test *		Preliminary		Preliminary	
Basic 3 *		Free Skate		Free Skate			
Basic 4 *		Beginner *		Pre-Preliminary			
Basic 5 *		High Beginner *		Preliminary		Interpretive	
Basic 6 *						Beginner	
Basic 7 *		WELL - BALANCED		WELL - BALANCED		Pre-Preliminary	
Basic 8 *		Free Skate		Free Skate		Preliminary	
		No Test *		Pre-Preliminary			
				Preliminary			
Basic Prog w/ Music							
Snowplow Sam*		Tests Passed:					
Basic 1 *		Freestyle:		Spins			
Basic 2 *				Basic Skills			
Basic 3 *				Beginner			
Basic 4 *				Pre-Preliminary			
Basic 5 *				Preliminary			
Basic 6 *							
Basic 7 *							
Basic 8 *							

*Events listed above with an * after them will be eligible for Michigan Basic Skills Series Points*

Entry Fees are not refundable after the entry deadline unless an event is cancelled.

If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

TOTAL: \$ _____

First Event \$ _____

Additional Event \$ _____

Additional Event \$ _____

Additional Event \$ _____

Join USFSA \$ _____

**ENTRIES MUST BE POST MARKED BY
March 10, 2014**

Mail form and fees to: CFSC of MI
501 Coliseum Dr
Chelsea, MI 48118

Make check or money order payable to **CFSC of MI**



Approval Code: _____



Certification of Competitor

Competitor Name: _____

The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Coliseum Figure Skating Club of MI and the Arctic Coliseum harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.

As a participant, or parent/guardian of a minor participant, in the Spring Freeze/Basic Skills Series, I understand that the Spring Freeze/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at Spring Freeze/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Spring Freeze/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media

Parent/Guardian Signature _____ Date _____

Club Officer/Program Director _____

Title _____ Date _____

COMPETITOR SIGNATURE _____ Date _____

Have you already completed a Concussion Form at a previous series event? Yes No

Coach Signature: _____ Print Name: _____

Please print clearly

Are you registered on USFS Coaches Registry for 2013-2014? Yes USFS # _____

If you are not registered, go to www.usfigureskating.org, click on the Coaches Registration button and follow the instruction for registration.

COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT

Phone _____ E-mail Address: _____

Please print clearly

CHECKLIST [please be sure the following is included]:

____ Entry form with USFSA Number ____ Club Officer/Program Director Signature

____ Check payable to CFSC of MI ____ Events to be entered checked properly

NEW LOCATION & DATE CHANGE



MICHIGAN BASIC SKILLS SERIES CAMP PARENTS EDUCATION SEMINAR

JUNE 22, 2014

**FARMINGTON HILLS ICE ARENA
35500 WEST EIGHT MILE ROAD
FARMINGTON HILLS, MI 48335**

This camp is opened to anyone 14 years or younger. Basic Skills skaters up to the Preliminary Free Skate test are eligible for this camp. Camp includes on & off ice instruction. The camp is in the process of a revision. Details to follow.

Parents Education Seminar will also be revised. The seminar for the Parents includes; Understanding U.S. Figure Skating, Being a Supportive Skating Parent, Understanding the Judges System, Outfitting your Skater and getting Involved in your local club.

For more information please contact Suzy Malloure malkidsx4@aol.com



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